

2025 MSSA SC State Cup - 12/10/2025**Team Rankings - Through Event 21****Combined Team Scores**

Place	Team		Points
1	Phoenix Masters Swimming Club	Phoenix Masters Swimming Club	687
2	UniSA Swimming Club	UniSA Swimming Club	643
3	Marion Masters Swimming	Marion Masters Swimming	591
4	Tea Tree Gully Kingfishers Mas	Tea Tree Gully Kingfishers Mas	430
5	Adelaide Masters	Adelaide Masters	354
6	Atlantis Masters	Atlantis Masters	330
7	Noarlunga Masters	Noarlunga Masters	291
8	Henley Beach Masters	Henley Beach Masters	236
8	Aquadome Otters	Aquadome Otters	236
10	Mount Barker Masters SA	Mount Barker Masters SA	57
11	Western Districts Masters Swim	Western Districts Masters Swim	30
12	Cairns Mudcrabs	Cairns Mudcrabs	26
Total			3,911.00

2025 MSSA SC State Cup – 12 October 2025				
Possible National Records Achieved				
UniSA	Eva Kemp Mardi Brain Victoria Dewallef Charlotte Dowling	72-99	4x25m Women's Medley Relay	1m06.18s
SA State Records Achieved				
Leila Nazimi	Henley Beach	40-44	400m Freestyle	4m47.23s
Rebecca Gumm	Phoenix Masters	40-44	50m Breaststroke	37.43s
Josephine Varney	Henley Beach	50-54	50m Freestyle	29.92s
Joanne Sutcliffe	Phoenix Masters	65-69	400m Freestyle	5m15.35s
Joanne Sutcliffe	Phoenix Masters	65-69	200m Freestyle	2m31.59s
Joanne Sutcliffe	Phoenix Masters	65-69	100m Freestyle	1m10.18s
Alvin Chow	UniSA	18-24	200m Freestyle	2m02.65s
Jack Thiele	UniSA	25-29	50m Butterfly	26.63s
Shaun Herbert	Atlantis	55-59	100m Freestyle	1m00.34s
Mark Smedley	Adelaide Masters	65-69	25m Breaststroke	16.64s
Mark Smedley	Adelaide Masters	65-69	50m Breaststroke	36.95s
Mark Smedley	Adelaide Masters	65-69	100m Breaststroke	1m25.39s

2025 MSSA SC State Cup - 12/10/2025**Individual Rankings - Through Event 21****18-24 Women - Individual Scores**

Place	Name	Age	Team	Points
1	Dewallef, Victoria	23	UniSA Swimming Club	30
1	Dowling, Charlotte	18	UniSA Swimming Club	30
3	Kemp, Eva	22	UniSA Swimming Club	27

25-29 Women - Individual Scores

Place	Name	Age	Team	Points
1	Vidura, Kimberley	29	UniSA Swimming Club	30

30-34 Women - Individual Scores

Place	Name	Age	Team	Points
1	Wallen, Amy	32	UniSA Swimming Club	30
1	Carter, Aimee	31	Marion Masters Swimming	30
3	Menz, Matilda	34	Henley Beach Masters	29
3	Brain, Mardi	34	UniSA Swimming Club	29
5	Trebilcock, Bronwyn	34	Aquadome Otters	27
6	Small, Amy	30	Noarlunga Masters	26
6	Kilner, Kelly	32	Phoenix Masters Swimming Club	26

35-39 Women - Individual Scores

Place	Name	Age	Team	Points
1	Palombo, Mattea	35	Marion Masters Swimming	30
2	Daughtry, Chelsea	36	Phoenix Masters Swimming Club	28
3	Johnson, Annelise	38	Henley Beach Masters	19

40-44 Women - Individual Scores

Place	Name	Age	Team	Points
1	Nazimi, Leila	42	Henley Beach Masters	30
1	Gumm, Rebecca	42	Phoenix Masters Swimming Club	30
3	Osman-Walton, Sarah	41	Marion Masters Swimming	29
3	Appelkamp, Riki-Lee	44	Mount Barker Masters SA	29
5	Horn, Danielle	40	Tea Tree Gully Kingfishers Mas	28

45-49 Women - Individual Scores

Place	Name	Age	Team	Points
1	Wellington, Kim	49	Phoenix Masters Swimming Club	30
1	Tsoutouras, Emily	45	Adelaide Masters	30
3	Rickers, Natalie	48	Marion Masters Swimming	29
4	Smith, Sonia	48	Mount Barker Masters SA	28
4	Palmer, Brigetta	49	Aquadome Otters	28
6	Hoffmann, Laura	45	Aquadome Otters	25

50-54 Women - Individual Scores

Place	Name	Age	Team	Points
1	Goldner, Caroline	50	Aquadome Otters	30
1	Varney, Josephine	54	Henley Beach Masters	30
1	McGiffert, Natalie	53	Phoenix Masters Swimming Club	30
4	Alvino-Felquer, Lidia	52	Adelaide Masters	29
5	Chavez, Claudia	52	Atlantis Masters	27

55-59 Women - Individual Scores

Place	Name	Age	Team	Points
1	Beaver, Sharon	58	Phoenix Masters Swimming Club	30
1	Taylor, Julie	58	Phoenix Masters Swimming Club	30

2025 MSSA SC State Cup - 12/10/2025**Individual Rankings - Through Event 21**

Place	Name	Age	Team	Points
1	Mckenna, Amanda	59	Phoenix Masters Swimming Club	30
1	Hayes, Helen	55	Noarlunga Masters	30
5	Evans, Maggie	58	Marion Masters Swimming	29
6	Schulte, Sheryl	56	Henley Beach Masters	26
6	Maher, Joanne	55	Cairns Mudcrabs	26
8	Vas, Angela	58	Tea Tree Gully Kingfishers Mas	25
9	Buchanan, Bernadette	56	Marion Masters Swimming	18

60-64 Women - Individual Scores

Place	Name	Age	Team	Points
1	Gallasch, Judith	61	Adelaide Masters	30
2	Bowman, Julie	60	Adelaide Masters	29
3	Blackmore, Anita	61	Tea Tree Gully Kingfishers Mas	28
3	Chambers, Cheryl	63	Phoenix Masters Swimming Club	28
5	Blogg Marquardt, Meg	61	Marion Masters Swimming	27
6	Haberfield, Helen	63	Tea Tree Gully Kingfishers Mas	26
7	Doddridge, Margaret	63	Atlantis Masters	25
8	Impagnatiello, Anna	64	Henley Beach Masters	24
9	Brown, Yumi	60	Aquadome Otters	21
10	Bigioli, Danila	60	Phoenix Masters Swimming Club	19
11	Guerin, Carolyn	63	Atlantis Masters	12
11	Bradley, Jenny	64	Atlantis Masters	12

65-69 Women - Individual Scores

Place	Name	Age	Team	Points
1	Ruler, Amanda	66	Adelaide Masters	30
1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	30
3	Shears, Bernadette	65	Tea Tree Gully Kingfishers Mas	28
3	O'Shea, Penelope	68	Aquadome Otters	28
3	Garrett, Lea	68	Atlantis Masters	28
3	Wareing, Deborah	69	Marion Masters Swimming	28

70-74 Women - Individual Scores

Place	Name	Age	Team	Points
1	Mayton, Eithne	74	Tea Tree Gully Kingfishers Mas	30
1	Wilton, Jeannette	71	Noarlunga Masters	30
1	Bell, Janet	73	Aquadome Otters	30
4	Gill, Janice	72	Tea Tree Gully Kingfishers Mas	29
5	Gunn, Pamela	71	Adelaide Masters	28
6	Ormsby, Robyn	70	Atlantis Masters	27

75-79 Women - Individual Scores

Place	Name	Age	Team	Points
1	Mulqueen, Jennifer	79	Tea Tree Gully Kingfishers Mas	30
2	Faulkner, Gillian	75	Noarlunga Masters	28
3	Hill, Jeanette	77	Tea Tree Gully Kingfishers Mas	27

85-89 Women - Individual Scores

Place	Name	Age	Team	Points
1	Pearce, Barbara	88	Marion Masters Swimming	30

2025 MSSA SC State Cup - 12/10/2025**Individual Rankings - Through Event 21****18-24 Men - Individual Scores**

Place	Name	Age	Team	Points
1	Chow, Alvin Keng Yin	21	UniSA Swimming Club	30
2	Nip, Hugo	21	UniSA Swimming Club	29
3	Brouwers, John	24	UniSA Swimming Club	28
3	Seewsagur, Govind	23	UniSA Swimming Club	28
5	Fu, Alvin	23	UniSA Swimming Club	26
5	Sztolc, Samuel	23	UniSA Swimming Club	26
7	Mak, Julius	21	UniSA Swimming Club	23
8	ChowPC, Paco	24	UniSA Swimming Club	20

25-29 Men - Individual Scores

Place	Name	Age	Team	Points
1	Thiele, Jack	29	UniSA Swimming Club	30
1	Yip, James	27	Adelaide Masters	30
3	Truong, Andrew	29	UniSA Swimming Club	29

30-34 Men - Individual Scores

Place	Name	Age	Team	Points
1	Gravier, Charles	33	Adelaide Masters	30

35-39 Men - Individual Scores

Place	Name	Age	Team	Points
1	Warr, Ben	39	Marion Masters Swimming	30

40-44 Men - Individual Scores

Place	Name	Age	Team	Points
1	Pope, Adrian	41	Henley Beach Masters	30
2	De Silva, Ushan	40	Aquadome Otters	29
3	Le, Kim	42	UniSA Swimming Club	26
4	Smith, Matthew	41	Phoenix Masters Swimming Club	20
5	Kim, Eoin	40	Tea Tree Gully Kingfishers Mas	19

45-49 Men - Individual Scores

Place	Name	Age	Team	Points
1	Spence, Justin	45	Phoenix Masters Swimming Club	30
1	Lewis, Ace	45	Marion Masters Swimming	30
3	Medefindt, Craig	47	Tea Tree Gully Kingfishers Mas	29
4	Brodie, Mathew	46	Phoenix Masters Swimming Club	27
5	Buche, Cedric	46	UniSA Swimming Club	25
6	Popplewell, Joel	47	Phoenix Masters Swimming Club	24
7	Mckay, Greg	47	Phoenix Masters Swimming Club	20
7	Coulter, Garth	46	Tea Tree Gully Kingfishers Mas	20

50-54 Men - Individual Scores

Place	Name	Age	Team	Points
1	Howe, Simon	51	Phoenix Masters Swimming Club	30
1	Osborne, Andrew	50	Phoenix Masters Swimming Club	30
1	Cranley, Andrew	52	Noarlunga Masters	30
1	Velliaris, Christopher	50	Western Districts Masters Swim	30
5	Cranley, Matthew	50	Noarlunga Masters	28

55-59 Men - Individual Scores

Place	Name	Age	Team	Points
1	Osborne, Stephen	56	Phoenix Masters Swimming Club	30

2025 MSSA SC State Cup - 12/10/2025**Individual Rankings - Through Event 21**

Place	Name	Age	Team	Points
1	Sztolc, Radek	56	UniSA Swimming Club	30
3	Herbert, Shaun	55	Atlantis Masters	28
4	Rowell, Gavin	56	Marion Masters Swimming	25
5	Plouffe, James	57	UniSA Swimming Club	22
6	Guse, Dean	57	Marion Masters Swimming	21
7	Eldridge, Nic	57	UniSA Swimming Club	15

60-64 Men - Individual Scores

Place	Name	Age	Team	Points
1	Bullock, Rowan	60	Noarlunga Masters	30
2	Coombs, Mark	61	Tea Tree Gully Kingfishers Mas	29
2	Dundon, John	63	Phoenix Masters Swimming Club	29
4	Taylor, Dean	60	Phoenix Masters Swimming Club	28
5	Spurling, Mike	62	Atlantis Masters	26
5	McKenny, Brian	60	Atlantis Masters	26
7	Holley, Peter	62	Adelaide Masters	25
8	Loader, Marc	60	Marion Masters Swimming	24
9	Pearce, Roger	62	Marion Masters Swimming	14

65-69 Men - Individual Scores

Place	Name	Age	Team	Points
1	Sawicki, Ricky	65	Phoenix Masters Swimming Club	30
1	Smedley, Mark	65	Adelaide Masters	30
3	Morris, Brian	67	Adelaide Masters	29
3	Crowder, George	69	Marion Masters Swimming	29

70-74 Men - Individual Scores

Place	Name	Age	Team	Points
1	Fowler, Anthony	70	Marion Masters Swimming	30
1	Young, Ian	73	Marion Masters Swimming	30
1	Fuller, Geoff	74	Henley Beach Masters	30

75-79 Men - Individual Scores

Place	Name	Age	Team	Points
1	Bland, Tom	76	Atlantis Masters	30
1	Gamlen, John	78	Tea Tree Gully Kingfishers Mas	30
1	Incher, David	76	Marion Masters Swimming	30
4	Faulkner, Geoffrey	76	Noarlunga Masters	27
4	Koudelka, Antonin	77	Atlantis Masters	27

80-84 Men - Individual Scores

Place	Name	Age	Team	Points
1	Suskin, Allan	83	Atlantis Masters	30
2	Axton, Bryan	84	Noarlunga Masters	28

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 1 Female 25-29 400 SC Metre Freestyle**

National: 4:27.07 N 30/05/2010 **KELLY HIGGINS**
State: 4:29.10 S 4/08/1991 **S. PALMER-WHITE**

	Name	Age	Team	Finals Time	Points
1	Vidura, Kimberley	29	UniSA Swimming Club	5:33.56	10
	16.67	35.42 (18.75)		1:15.42 ()	
	1:36.36 (20.94)	1:58.21 (21.85)	2:19.63 (21.42)	2:41.17 (21.54)	
	3:02.41 (21.24)	3:23.82 (21.41)	3:45.79 (21.97)	4:07.55 (21.76)	
	4:29.40 (21.85)	4:51.54 (22.14)	5:12.76 (21.22)	5:33.56 (20.80)	

Event 1 Female 40-44 400 SC Metre Freestyle

National: 4:27.99 N 6/10/2017 **KIRSTEN CAMERON**
State: 4:47.27 S 21/08/2009 **SHARON BEAVER**

1	Nazimi, Leila	42	Henley Beach Masters	4:47.23 S	10
	15.53	32.75 (17.22)		1:08.35 ()	
	1:26.38 (18.03)	1:44.49 (18.11)	2:02.91 (18.42)	2:21.42 (18.51)	
	2:39.97 (18.55)	2:58.28 (18.31)	3:17.02 (18.74)	3:35.32 (18.30)	
	3:53.50 (18.18)	4:11.82 (18.32)	4:30.28 (18.46)	4:47.23 (16.95)	
2	Osman-Walton, Sarah	41	Marion Masters Swimming	5:23.94	9
	16.52	35.31 (18.79)		1:14.54 ()	
	1:34.57 (20.03)	1:55.23 (20.66)	2:15.59 (20.36)	2:36.59 (21.00)	
	2:57.27 (20.68)	3:18.22 (20.95)	3:39.39 (21.17)	4:00.62 (21.23)	
	4:21.35 (20.73)	4:42.37 (21.02)	5:03.19 (20.82)	5:23.94 (20.75)	

Event 1 Female 45-49 400 SC Metre Freestyle

National: 4:43.25 N 27/05/2012 **PAMELA NIX**
State: 4:48.07 S 13/09/2009 **S. PALMER-WHITE**

1	Palmer, Brigetta	49	Aquadome Otters	5:59.03	10
	19.31	40.04 (20.73)	1:01.83 (21.79)	1:24.34 (22.51)	
	1:47.28 (22.94)	2:09.81 (22.53)	2:33.21 (23.40)	2:56.04 (22.83)	
	3:19.26 (23.22)	3:42.10 (22.84)	4:05.62 (23.52)	4:28.54 (22.92)	
	4:51.74 (23.20)	5:14.33 (22.59)	5:37.13 (22.80)	5:59.03 (21.90)	

Event 1 Female 50-54 400 SC Metre Freestyle

National: 4:43.61 N 3/08/2008 **JENNY WHITELEY**
State: 4:53.32 S 31/08/2014 **S. PALMER-WHITE**

1	Goldner, Caroline	50	Aquadome Otters	7:44.57	10
		54.08 ()		1:51.64 ()	
		2:50.17 ()		3:50.50 ()	
		4:48.66 ()		5:49.29 ()	
		6:47.42 ()	7:44.57 (57.15)		

Event 1 Female 55-59 400 SC Metre Freestyle

National: 4:53.65 N 5/10/2019 **S. PALMER-WHITE**
State: 4:53.65 S 5/10/2019 **S. PALMER-WHITE**

1	Hayes, Helen	55	Noarlunga Masters	6:55.17	10
	23.17	49.13 (25.96)	1:15.34 (26.21)	1:42.17 (26.83)	
	2:09.16 (26.99)	2:35.63 (26.47)	3:02.12 (26.49)	3:28.17 (26.05)	
	3:54.61 (26.44)	4:20.28 (25.67)	4:46.51 (26.23)	5:12.65 (26.14)	
	5:38.86 (26.21)	6:05.07 (26.21)	6:30.53 (25.46)	6:55.17 (24.64)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 1 Female 60-64 400 SC Metre Freestyle****National: 4:50.75 N 15/06/2025 JEANETTE BRITS****State: 5:09.15 S 5/06/2021 JOANNE SUTCLIFFE**

1	Bowman, Julie	60	Adelaide Masters	5:26.03	10
	17.71	37.40 (19.69)	57.59 (20.19)	1:18.15 (20.56)	
	1:38.90 (20.75)	1:59.83 (20.93)	2:20.34 (20.51)	2:40.84 (20.50)	
	3:01.14 (20.30)	3:21.65 (20.51)	3:42.26 (20.61)	4:02.81 (20.55)	
	4:23.47 (20.66)	4:44.24 (20.77)	5:05.65 (21.41)	5:26.03 (20.38)	
2	Haberfield, Helen	63	Tea Tree Gully Kingfishers Mas	7:11.82	9
	22.47	47.99 (25.52)	1:13.99 (26.00)	1:41.45 (27.46)	
	2:08.45 (27.00)	2:36.23 (27.78)	3:03.36 (27.13)	3:31.07 (27.71)	
	3:58.65 (27.58)	4:26.92 (28.27)	4:54.91 (27.99)	5:22.92 (28.01)	
	5:50.55 (27.63)	6:18.17 (27.62)	6:46.05 (27.88)	7:11.82 (25.77)	

Event 1 Female 65-69 400 SC Metre Freestyle**National: 5:03.64 N 18/06/2023 JENNY WHITELEY****State: 5:31.60 S 1/05/2022 M. HEFFERNAN**

1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	5:15.35 S	10
	16.95	35.95 (19.00)	55.51 (19.56)	1:15.09 (19.58)	
	1:34.63 (19.54)	1:54.47 (19.84)	2:14.52 (20.05)	2:34.48 (19.96)	
	2:54.50 (20.02)	3:14.74 (20.24)	3:35.06 (20.32)	3:55.46 (20.40)	
	4:15.68 (20.22)	4:36.07 (20.39)	4:56.20 (20.13)	5:15.35 (19.15)	
2	Wareing, Deborah	69	Marion Masters Swimming	5:52.44	9
	18.91	39.89 (20.98)	1:01.14 (21.25)	1:23.59 (22.45)	
	1:45.75 (22.16)	2:08.27 (22.52)	2:30.61 (22.34)	2:53.22 (22.61)	
	3:15.52 (22.30)	3:38.22 (22.70)	4:00.90 (22.68)	4:23.95 (23.05)	
	4:46.62 (22.67)	5:09.14 (22.52)	5:31.79 (22.65)	5:52.44 (20.65)	

Event 1 Female 70-74 400 SC Metre Freestyle**National: 5:56.99 N 17/03/2013 JEN THOMASSON****State: 6:50.76 S 8/10/2022 EITHNE MAYTON**

1	Gunn, Pamela	71	Adelaide Masters	8:17.69	10
	25.94	56.16 (30.22)	1:26.70 (30.54)	1:58.95 (32.25)	
	2:30.50 (31.55)	3:02.45 (31.95)	3:32.96 (30.51)	4:05.52 (32.56)	
	4:36.65 (31.13)	5:09.26 (32.61)	5:41.17 (31.91)	6:12.32 (31.15)	
	6:43.37 (31.05)	7:15.04 (31.67)	7:45.64 (30.60)	8:17.69 (32.05)	

Event 1 Female 75-79 400 SC Metre Freestyle**National: 6:26.62 N 23/03/2024 TRACY CLARKSON****State: 7:31.45 S 10/09/2017 JOY PAGE**

1	Faulkner, Gillian	75	Noarlunga Masters	9:30.49	10
	31.15	1:03.17 (32.02)	1:37.82 (34.65)	2:11.95 (34.13)	
	2:49.10 (37.15)	3:23.82 (34.72)	4:01.55 (37.73)	4:37.24 (35.69)	
	5:15.99 (38.75)	5:50.17 (34.18)	6:28.49 (38.32)	7:03.48 (34.99)	
	7:40.95 (37.47)	8:18.02 (37.07)	8:56.08 (38.06)	9:30.49 (34.41)	

Event 1 Male 40-44 400 SC Metre Freestyle**National: 4:07.46 N 20/08/2011 MARK THOMPSON****State: 4:43.29 S 9/09/2012 TJ SCOTT**

1	Pope, Adrian	41	Henley Beach Masters	5:51.57	10
	18.16	38.91 (20.75)	59.78 (20.87)	1:21.23 (21.45)	
	1:42.91 (21.68)	2:05.33 (22.42)	2:27.38 (22.05)	2:49.93 (22.55)	
	3:12.43 (22.50)	3:35.30 (22.87)	3:58.11 (22.81)	4:21.60 (23.49)	
	4:44.73 (23.13)	5:08.36 (23.63)	5:29.92 (21.56)	5:51.57 (21.65)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 1 Male 45-49 400 SC Metre Freestyle****National: 4:08.87 N 11/04/2015 MARK THOMPSON****State: 4:33.98 S 13/09/2009 MARK SMEDLEY**

1	Spence, Justin	45	Phoenix Masters Swimming Club	5:08.64	10
		33.45 ()	1:10.50 ()		
		1:48.97 ()	2:28.78 ()		
		3:09.60 ()	3:50.18 ()		
		4:30.03 ()	5:08.64 (38.61)		
2	Buche, Cedric	46	UniSA Swimming Club	5:50.14	9
		38.81 ()	1:21.76 ()		
		2:05.89 ()	2:50.90 ()		
		3:35.92 ()	4:21.82 ()		
		5:06.94 ()	5:50.14 (43.20)		
---	Coulter, Garth	46	Tea Tree Gully Kingfishers Mas	NS	
---	Baranoff, John	49	Phoenix Masters Swimming Club	NS	

Event 1 Male 50-54 400 SC Metre Freestyle**National: 4:21.85 N 14/06/2008 FRANCIS CHRISTIAN****State: 4:37.19 S 13/09/2009 GRANT L SIMPSON**

1	Velliaris, Christopher	50	Western Districts Masters Swim	5:00.77	10
		15.21	32.78 (17.57)	1:09.34 ()	
		1:28.15 (18.81)	1:47.30 (19.15)	2:06.53 (19.23)	2:25.80 (19.27)
		2:45.10 (19.30)	3:04.80 (19.70)	3:24.39 (19.59)	3:43.78 (19.39)
		4:03.24 (19.46)	4:22.66 (19.42)	4:41.89 (19.23)	5:00.77 (18.88)
2	Cranley, Matthew	50	Noarlunga Masters	5:15.26	9
		16.16	35.00 (18.84)	1:14.37 ()	
		1:34.67 (20.30)	1:55.20 (20.53)	2:15.55 (20.35)	2:35.74 (20.19)
		2:55.55 (19.81)	3:15.73 (20.18)	3:35.94 (20.21)	3:55.83 (19.89)
		4:15.83 (20.00)	4:35.85 (20.02)	4:56.25 (20.40)	5:15.26 (19.01)

Event 1 Male 55-59 400 SC Metre Freestyle**National: 4:22.69 N 22/04/2022 PAUL LEMMON****State: 4:43.43 S 11/09/2011 GRANT SIMPSON**

1	Sztolc, Radek	56	UniSA Swimming Club	8:06.98	10
		44.85 ()	1:10.84 (25.99)	1:39.14 (28.30)	
		2:09.46 (30.32)	2:40.98 (31.52)	3:13.00 (32.02)	3:45.23 (32.23)
		4:18.28 (33.05)	4:51.35 (33.07)	5:25.26 (33.91)	5:59.24 (33.98)
		6:32.61 (33.37)	7:06.93 (34.32)	7:39.34 (32.41)	8:06.98 (27.64)

Event 1 Male 60-64 400 SC Metre Freestyle**National: 4:41.66 N 6/10/2018 PAUL BLACKBEARD****State: 4:52.00 S 9/09/2012 IAN YOUNG**

1	Holley, Peter	62	Adelaide Masters	6:56.77	10
		23.04	47.64 (24.60)	1:13.23 (25.59)	1:38.98 (25.75)
		2:05.39 (26.41)	2:31.72 (26.33)	2:58.71 (26.99)	3:25.45 (26.74)
		3:52.77 (27.32)	4:18.62 (25.85)	4:44.52 (25.90)	5:11.97 (27.45)
		5:38.40 (26.43)	6:05.53 (27.13)	6:31.44 (25.91)	6:56.77 (25.33)

Event 1 Male 70-74 400 SC Metre Freestyle**National: 5:14.35 N 15/06/2025 ROBERT BUTCHER****State: 5:20.13 S 24/09/2023 IAN YOUNG**

1	Young, Ian	73	Marion Masters Swimming	5:35.21	10
		17.87	37.67 (19.80)	58.13 (20.46)	1:18.53 (20.40)
		1:39.96 (21.43)	2:01.81 (21.85)	2:23.40 (21.59)	2:44.88 (21.48)
		3:06.29 (21.41)	3:27.41 (21.12)	3:49.27 (21.86)	4:10.81 (21.54)
		4:32.41 (21.60)	4:54.09 (21.68)	5:15.39 (21.30)	5:35.21 (19.82)

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 1 Male 75-79 400 SC Metre Freestyle**

National: 5:47.47 N 5/11/2017 **JOHN RICHARDS**
State: 6:07.65 S 24/09/2023 **STEPHEN CARTHEW**

1	Incher, David	76	Marion Masters Swimming	6:44.97	10
	23.83	48.24 (24.41)	1:12.26 (24.02)	1:37.31 (25.05)	
	2:01.76 (24.45)	2:26.85 (25.09)	2:51.66 (24.81)	3:16.52 (24.86)	
	3:41.57 (25.05)	4:06.93 (25.36)	4:32.30 (25.37)	4:59.29 (26.99)	
	5:24.61 (25.32)	5:51.37 (26.76)	6:17.80 (26.43)	6:44.97 (27.17)	
2	Faulkner, Geoffrey	76	Noarlunga Masters	8:46.37	9
	24.72	52.60 (27.88)	1:24.60 (32.00)	1:58.15 (33.55)	
	2:31.70 (33.55)	3:05.70 (34.00)	3:39.54 (33.84)	4:13.60 (34.06)	
	4:48.13 (34.53)	5:21.76 (33.63)	5:56.37 (34.61)	6:30.09 (33.72)	
	7:05.73 (35.64)	7:39.87 (34.14)	8:15.36 (35.49)	8:46.37 (31.01)	

Event 2 Female 35-39 100 SC Metre Breaststroke

National: 1:10.65 N 18/07/2010 **LINLEY FRAME**
State: 1:22.56 S 3/06/2012 **SARAH GOODWIN**

1	Palombo, Mattea	35	Marion Masters Swimming	1:45.85	10
	24.00	50.73 (26.73)	1:17.83 (27.10)	1:45.85 (28.02)	

Event 2 Female 50-54 100 SC Metre Breaststroke

National: 1:16.49 N 30/08/2009 **JENNY WHITELEY**
State: 1:29.30 S 22/10/2017 **ILZE OSTROVSKA**

1	McGiffert, Natalie	53	Phoenix Masters Swimming Club	1:37.66	10
		45.61 ()	1:37.66 (52.05)		

Event 2 Female 55-59 100 SC Metre Breaststroke

National: 1:18.45 N 11/05/2013 **JENNY WHITELEY**
State: 1:33.01 S 30/07/2017 **JOANNE SUTCLIFFE**

1	Taylor, Julie	58	Phoenix Masters Swimming Club	1:38.75	10
	22.01	46.81 (24.80)	1:12.20 (25.39)	1:38.75 (26.55)	
2	Schulte, Sheryl	56	Henley Beach Masters	2:04.82	9
	27.76	58.18 (30.42)	1:31.58 (33.40)	2:04.82 (33.24)	

Event 2 Female 60-64 100 SC Metre Breaststroke

National: 1:20.50 N 26/05/2018 **JENNY WHITELEY**
State: 1:33.02 S 8/07/2018 **M. HEFFERNAN**

1	Chambers, Cheryl	63	Phoenix Masters Swimming Club	1:53.76	10
	24.90	53.93 (29.03)	1:23.86 (29.93)	1:53.76 (29.90)	

Event 2 Female 65-69 100 SC Metre Breaststroke

National: 1:24.93 N 20/05/2023 **JENNY WHITELEY**
State: 1:35.75 S 7/05/2022 **M. HEFFERNAN**

1	O'Shea, Penelope	68	Aquadome Otters	2:05.20	10
	26.55	58.53 (31.98)	1:31.06 (32.53)	2:05.20 (34.14)	
2	Shears, Bernadette	65	Tea Tree Gully Kingfishers Mas	2:05.45	9
	27.90	1:00.73 (32.83)	1:32.21 (31.48)	2:05.45 (33.24)	

Event 2 Male 18-24 100 SC Metre Breaststroke

National: 1:03.04 N 30/08/2008 **KARL WURZER**
State: 1:09.31 S 8/09/2024 **KAINAN CHEN**

1	Chow, Alvin Keng Yin	21	UniSA Swimming Club	1:09.65	10
	14.85	32.69 (17.84)	50.84 (18.15)	1:09.65 (18.81)	
2	Seewsagur, Govind	23	UniSA Swimming Club	1:16.81	9
		35.77 ()	1:16.81 (41.04)		

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 2 Male 40-44 100 SC Metre Breaststroke****National: 1:06.61 N 4/08/2024 TRAVIS KELLY****State: 1:11.13 S 17/03/2002 MARK SMEDLEY**

1	Kim, Eoin	40	Tea Tree Gully Kingfishers Mas	1:28.85	10
	20.72	42.63 (21.91)	1:05.47 (22.84)	1:28.85 (23.38)	

Event 2 Male 45-49 100 SC Metre Breaststroke**National: 1:05.62 N 23/04/2022 CALEB LANGELAAN****State: 1:12.26 S 23/10/2005 MARK SMEDLEY**

1	Lewis, Ace	45	Marion Masters Swimming	1:13.16	10
	15.48	34.11 (18.63)	53.41 (19.30)	1:13.16 (19.75)	

Event 2 Male 65-69 100 SC Metre Breaststroke**National: 1:15.69 N 15/10/2017 STUART ELLICOTT****State: 1:28.68 S 9/05/1998 DIETER LOELIGER**

1	Smedley, Mark	65	Adelaide Masters	1:25.39 S	10
	18.87	41.27 (22.40)	1:03.48 (22.21)	1:25.39 (21.91)	

Event 2 Male 75-79 100 SC Metre Breaststroke**National: 1:26.84 N 6/10/2012 TONY GOODWIN****State: 1:43.41 S 23/04/2006 JONATHAN DAVIES**

1	Bland, Tom	76	Atlantis Masters	2:10.75	10
	26.76	58.40 (31.64)	1:34.32 (35.92)	2:10.75 (36.43)	

Event 3 Female 18-24 50 SC Metre Backstroke**National: 30.41 N 17/06/2023 ASHLEIGH ESKDALE****State: 31.68 S 13/09/2009 C. MARGRISON**

1	Dewallef, Victoria	23	UniSA Swimming Club	36.33	10
	18.30	36.33 (18.03)			
2	Kemp, Eva	22	UniSA Swimming Club	36.53	9
	18.01	36.53 (18.52)			

Event 3 Female 25-29 50 SC Metre Backstroke**National: 29.92 N 1/07/2011 C. MARGRISON****State: 29.92 S 1/07/2011 C. MARGRISON**

1	Vidura, Kimberley	29	UniSA Swimming Club	33.35	10
	16.83	33.35 (16.52)			

Event 3 Female 30-34 50 SC Metre Backstroke**National: 31.37 N 12/10/2024 KAT ASTEROVA****State: 31.81 S 24/06/2018 CHARLENE SMITH**

1	Wallen, Amy	32	UniSA Swimming Club	42.22	10
	20.94	42.22 (21.28)			

Event 3 Female 45-49 50 SC Metre Backstroke**National: 32.01 N 9/04/2015 JENNIE BUCKNELL****State: 32.77 S 21/05/2023 NICOL WRIGHT**

1	Rickers, Natalie	48	Marion Masters Swimming	41.62	10
	20.15	41.62 (21.47)			

Event 3 Female 55-59 50 SC Metre Backstroke**National: 33.49 N 23/10/2022 JENNIE BUCKNELL****State: 34.85 S 30/07/2017 JOANNE SUTCLIFFE**

1	Beaver, Sharon	58	Phoenix Masters Swimming Club	39.92	10
	19.89	39.92 (20.03)			
2	Evans, Maggie	58	Marion Masters Swimming	46.99	9
	23.81	46.99 (23.18)			

2025 MSSA SC State Cup - 12/10/2025**Results - 1****(Event 3 Female 55-59 50 SC Metre Backstroke)**

3	Schulte, Sheryl	56	Henley Beach Masters	1:01.23	8
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Event 3 Female 60-64 50 SC Metre Backstroke

National:	35.53	N	16/05/2021	JOANNE SUTCLIFFE
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State:	35.53	S	16/05/2021	JOANNE SUTCLIFFE
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1	Bowman, Julie	60	Adelaide Masters	42.24	10
	20.97		42.24 (21.27)		

2	Guerin, Carolyn	63	Atlantis Masters	1:00.82	9
	30.78		1:00.82 (30.04)		

Event 3 Female 65-69 50 SC Metre Backstroke

National:	35.72	N	27/07/2025	JOANNE SUTCLIFFE
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State:	35.72	S	27/07/2025	JOANNE SUTCLIFFE
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1	Ruler, Amanda	66	Adelaide Masters	1:07.19	10
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Event 3 Female 70-74 50 SC Metre Backstroke

National:	37.78	N	5/09/2015	CLARY MUNNS
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State:	48.07	S	13/09/2020	TERRY CARTER
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1	Wilton, Jeannette	71	Noarlunga Masters	49.14	10
	24.42		49.14 (24.72)		

2	Gill, Janice	72	Tea Tree Gully Kingfishers Mas	1:02.41	9
	31.19		1:02.41 (31.22)		

3	Ormsby, Robyn	70	Atlantis Masters	1:04.76	8
	32.55		1:04.76 (32.21)		

Event 3 Male 18-24 50 SC Metre Backstroke

National:	25.92	N	9/04/2015	ZAC CHARLTON
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State:	27.85	S	3/08/2014	PHILIP BLUNT
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---	ChowPC, Paco	24	UniSA Swimming Club	DQ 32.46	
	Non-continuous turning action				
	15.88		DQ 32.46 (16.58)		

Event 3 Male 25-29 50 SC Metre Backstroke

National:	26.72	N	17/09/1999	BRENT WALKER
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State:	28.33	S	15/09/2021	RIAN PATE
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1	Truong, Andrew	29	UniSA Swimming Club	34.96	10
	17.02		34.96 (17.94)		

Event 3 Male 50-54 50 SC Metre Backstroke

National:	30.04	N	22/08/2021	BRENT WALKER
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State:	31.26	S	8/10/2023	MARK PREISS
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1	Osborne, Andrew	50	Phoenix Masters Swimming Club	33.59	10
	16.59		33.59 (17.00)		

Event 3 Male 65-69 50 SC Metre Backstroke

National:	33.66	N	25/05/2024	CAMERON HORN
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State:	34.92	S	23/02/2019	FRANK LINDSAY
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1	Morris, Brian	67	Adelaide Masters	49.81	10
	23.59		49.81 (26.22)		

---	Camp-Smith, Peter	67	Tea Tree Gully Kingfishers Mas	NS	
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2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 3 Male 70-74 50 SC Metre Backstroke****National:** 35.51 N 20/08/2022 **GRAEME ARMSTRONG****State:** 41.35 S 14/06/2009 **MICHAEL GRAY**

1	Fowler, Anthony	70	Marion Masters Swimming	47.19	10
	23.22	47.19 (23.97)			

Event 3 Male 75-79 50 SC Metre Backstroke**National:** 39.19 N 13/07/2025 **STEPHEN LAMY****State:** 45.98 S 24/09/2023 **STEPHEN CARTHEW**

1	Gamlen, John	78	Tea Tree Gully Kingfishers Mas	48.48	10
	25.02	48.48 (23.46)			

Event 4 Female 18-24 25 SC Metre Freestyle**National:** 12.57 N 21/04/2024 **ASHLEIGH ESKDALE****State:** 12.93 S 11/04/2021 **CHELSEA ROBINSON**

1	Dowling, Charlotte	18	UniSA Swimming Club	13.81	10
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Event 4 Female 30-34 25 SC Metre Freestyle**National:** 12.09 N 6/07/2019 **NADINE LOOF****State:** 12.66 S 23/09/2018 **SALLY HUNTER**

1	Carter, Aimee	31	Marion Masters Swimming	14.41	10
2	Menz, Matilda	34	Henley Beach Masters	14.78	9
3	Small, Amy	30	Noarlunga Masters	16.88	8
4	Kilner, Kelly	32	Phoenix Masters Swimming Club	17.66	7

Event 4 Female 40-44 25 SC Metre Freestyle**National:** 12.35 N 21/07/2007 **JENNIE BUCKNELL****State:** 13.74 S 30/08/2015 **JOSEPHINE VARNEY**

1	Appelkamp, Riki-Lee	44	Mount Barker Masters SA	17.00	10
2	Horn, Danielle	40	Tea Tree Gully Kingfishers Mas	17.89	9

Event 4 Female 45-49 25 SC Metre Freestyle**National:** 12.91 N 28/06/2025 **LENE KNUDSEN****State:** 13.76 S 15/09/2021 **NICOL WRIGHT**

1	Wellington, Kim	49	Phoenix Masters Swimming Club	14.74	10
2	Smith, Sonia	48	Mount Barker Masters SA	15.89	9
3	Palmer, Brigetta	49	Aquadome Otters	16.30	8
4	Hoffmann, Laura	45	Aquadome Otters	20.64	7
---	Bowen, Joanne	46	Phoenix Masters Swimming Club	NS	

Event 4 Female 50-54 25 SC Metre Freestyle**National:** 13.01 N 9/04/2010 **JENNY WHITELEY****State:** 13.90 S 3/06/2012 **JUDY THOMAS**

1	Chavez, Claudia	52	Atlantis Masters	18.04	10
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Event 4 Female 55-59 25 SC Metre Freestyle**National:** 13.15 N 20/10/2024 **JENNIE BUCKNELL****State:** 13.41 S 7/07/2013 **JUDY THOMAS**

1	Mckenna, Amanda	59	Phoenix Masters Swimming Club	17.11	10
2	Buchanan, Bernadette	56	Marion Masters Swimming	17.37	9
3	Vas, Angela	58	Tea Tree Gully Kingfishers Mas	17.65	8

Event 4 Female 60-64 25 SC Metre Freestyle**National:** 13.81 N 23/04/2022 **JENNY WHITELEY****State:** 14.29 S 23/02/2019 **JUDY THOMAS**

1	Blackmore, Anita	61	Tea Tree Gully Kingfishers Mas	16.38	10
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2025 MSSA SC State Cup - 12/10/2025**Results - 1****(Event 4 Female 60-64 25 SC Metre Freestyle)**

2	Bowman, Julie	60	Adelaide Masters	16.56	9
3	Brown, Yumi	60	Aquadome Otters	18.02	8
4	Bradley, Jenny	64	Atlantis Masters	18.40	7
5	Doddridge, Margaret	63	Atlantis Masters	18.55	6
6	Impagnatiello, Anna	64	Henley Beach Masters	19.53	5

Event 4 Female 65-69 25 SC Metre Freestyle

National: 14.07 N 20/05/2023 **JENNY WHITELEY**

State: 15.35 S 16/07/2023 **JUDY THOMAS**

1	Garrett, Lea	68	Atlantis Masters	20.93	10
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Event 4 Female 70-74 25 SC Metre Freestyle

National: 15.59 N 9/04/2022 **JANETTE JEFFREY**

State: 16.56 S 7/07/2013 **JOY PAGE**

1	Ormsby, Robyn	70	Atlantis Masters	22.05	10
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Event 4 Female 75-79 25 SC Metre Freestyle

National: 16.75 N 23/06/2018 **JEN THOMASSON**

State: 17.28 S 24/06/2018 **JOY PAGE**

1	Mulqueen, Jennifer	79	Tea Tree Gully Kingfishers Mas	22.87	10
2	Hill, Jeanette	77	Tea Tree Gully Kingfishers Mas	25.40	9
3	Faulkner, Gillian	75	Noarlunga Masters	26.83	8

Event 4 Male 18-24 25 SC Metre Freestyle

National: 10.58 N 21/04/2024 **ETHAN BANKS**

State: 10.77 S 11/04/2021 **ETHAN CROOK**

1	Brouwers, John	24	UniSA Swimming Club	11.50	10
2	Nip, Hugo	21	UniSA Swimming Club	11.52	9
3	Fu, Alvin	23	UniSA Swimming Club	11.68	8
4	Mak, Julius	21	UniSA Swimming Club	12.53	7

Event 4 Male 25-29 25 SC Metre Freestyle

National: 10.59 N 24/05/2014 **M. PATTERSON**

State: 11.36 S 27/07/2025 **JACK THIELE**

1	Thiele, Jack	29	UniSA Swimming Club	11.43	10
2	Truong, Andrew	29	UniSA Swimming Club	13.52	9

Event 4 Male 30-34 25 SC Metre Freestyle

National: 10.78 N 23/04/2022 **ANDREW COWAN**

State: 11.66 S 11/08/2019 **CHRISTOPHER RYAN**

1	Gravier, Charles	33	Adelaide Masters	16.83	10
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Event 4 Male 35-39 25 SC Metre Freestyle

National: 10.78 N 28/06/2025 **ANDREW COWAN**

State: 11.87 S 17/03/2024 **ISLAM SHAMA**

1	Warr, Ben	39	Marion Masters Swimming	12.50	10
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Event 4 Male 40-44 25 SC Metre Freestyle

National: 11.16 N 3/09/2016 **TODD ROBINSON**

State: 11.34 S 22/10/2017 **ANDREW STEPHENSON**

1	Smith, Matthew	41	Phoenix Masters Swimming Club	12.72	10
2	De Silva, Ushan	40	Aquadome Otters	13.34	9
3	Le, Kim	42	UniSA Swimming Club	15.40	8

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 4 Male 45-49 25 SC Metre Freestyle****National: 10.94 N 6/07/2019****TODD ROBINSON****State: 11.58 S 23/08/2020****ANDREW STEPHENSON**

1	Spence, Justin	45	Phoenix Masters Swimming Club	12.39	10
2	Medefindt, Craig	47	Tea Tree Gully Kingfishers Mas	12.94	9
---	Baranoff, John	49	Phoenix Masters Swimming Club	NS	

Event 4 Male 50-54 25 SC Metre Freestyle**National: 10.96 N 23/04/2022****CHRIS FYDLER****State: 11.97 S 7/10/2023****MARK PREISS**

1	Howe, Simon	51	Phoenix Masters Swimming Club	16.87	10
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Event 4 Male 55-59 25 SC Metre Freestyle**National: 11.70 N 21/04/2024****JOHN MCKAIG****State: 12.55 S 4/08/2024****STEPHEN OSBORNE**

1	Osborne, Stephen	56	Phoenix Masters Swimming Club	12.60	10
2	Herbert, Shaun	55	Atlantis Masters	13.00	9
3	Rowell, Gavin	56	Marion Masters Swimming	13.43	8
4	Plouffe, James	57	UniSA Swimming Club	14.13	7
5	Guse, Dean	57	Marion Masters Swimming	15.71	6
---	Eldridge, Nic	57	UniSA Swimming Club	DQ 14.56	
	False start				

Event 4 Male 60-64 25 SC Metre Freestyle**National: 11.84 N 17/05/2025****GUY FARROW****State: 13.40 S 21/08/2016****GRANT SIMPSON**

1	Dundon, John	63	Phoenix Masters Swimming Club	15.10	10
2	Coombs, Mark	61	Tea Tree Gully Kingfishers Mas	15.57	9
3	McKenny, Brian	60	Atlantis Masters	15.70	8
4	Loader, Marc	60	Marion Masters Swimming	17.15	7
5	Pearce, Roger	62	Marion Masters Swimming	20.99	6

Event 4 Male 65-69 25 SC Metre Freestyle**National: 12.46 N 3/07/2011****ALAN BROWN****State: 13.07 S 23/02/2019****FRANK LINDSAY**

1	Sawicki, Ricky	65	Phoenix Masters Swimming Club	14.46	10
2	Morris, Brian	67	Adelaide Masters	16.81	9
---	Garrett, Leigh	69	Atlantis Masters	NS	

Event 4 Male 75-79 25 SC Metre Freestyle**National: 13.93 N 20/05/2022****ROBERT PATTERSON****State: 14.88 S 16/05/2021****RON HARDIE**

1	Gamlén, John	78	Tea Tree Gully Kingfishers Mas	18.45	10
2	Faulkner, Geoffrey	76	Noarlunga Masters	22.01	9
3	Koudelka, Antonin	77	Atlantis Masters	23.17	8

Event 4 Male 80-84 25 SC Metre Freestyle**National: 15.34 N 9/04/2010****MAX VAN GELDER****State: 17.40 S 5/06/2022****ALLAN SUSKIN**

1	Suskin, Allan	83	Atlantis Masters	18.87	10
2	Axton, Bryan	84	Noarlunga Masters	27.64	9
---	Brock, Neill	83	Aquadome Otters	NS	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 5 Female 40-44 200 SC Metre Butterfly****National: 2:24.13 N 15/07/2018 L. D. CARVALHO****State: 2:31.33 S 27/07/2007 PALMER-WHITE**

1	Nazimi, Leila	42	Henley Beach Masters	2:36.60	10
	15.45	35.38 (19.93)	53.79 (18.41)	1:15.08 (21.29)	
	1:34.16 (19.08)	1:54.59 (20.43)	2:15.87 (21.28)	2:36.60 (20.73)	
2	Appelkamp, Riki-Lee	44	Mount Barker Masters SA	4:09.19	9
	25.08	52.88 (27.80)	1:22.61 (29.73)	1:54.71 (32.10)	
	2:29.21 (34.50)	3:03.34 (34.13)	3:37.62 (34.28)	4:09.19 (31.57)	

Event 5 Female 50-54 200 SC Metre Butterfly**National: 2:35.49 N 26/06/2016 S. PALMER-WHITE****State: 2:35.49 S 26/06/2016 S. PALMER-WHITE**

1	Varney, Josephine	54	Henley Beach Masters	2:48.06	10
	17.01	36.64 (19.63)	57.03 (20.39)	1:17.66 (20.63)	
	1:39.24 (21.58)	2:01.38 (22.14)	2:24.26 (22.88)	2:48.06 (23.80)	

Event 5 Female 55-59 200 SC Metre Butterfly**National: 2:33.91 N 23/02/2019 S. PALMER-WHITE****State: 2:33.91 S 23/02/2019 S. PALMER-WHITE**

1	Hayes, Helen	55	Noarlunga Masters	4:30.84	10
	28.62	1:02.43 (33.81)	1:36.40 (33.97)	2:11.09 (34.69)	
	2:46.38 (35.29)	3:21.89 (35.51)	3:57.23 (35.34)	4:30.84 (33.61)	

Event 6 Female 25-29 100 SC Metre IM**National: 1:05.10 N 19/06/2021 KADY IBELL****State: 1:08.03 S 27/05/2011 C. MARGRISON**

1	Vidura, Kimberley	29	UniSA Swimming Club	1:21.30	10
	15.95	36.94 (20.99)	1:02.85 (25.91)	1:21.30 (18.45)	

Event 6 Female 30-34 100 SC Metre IM**National: 1:06.66 N 18/07/2025 KELLY BOWDEN****State: 1:11.13 S 30/07/2017 CHARLENE SMITH**

1	Brain, Mardi	34	UniSA Swimming Club	1:27.96	10
	18.04	41.08 (23.04)	1:07.28 (26.20)	1:27.96 (20.68)	

Event 6 Female 45-49 100 SC Metre IM**National: 1:09.68 N 16/08/2003 JENNY WHITELEY****State: 1:14.59 S 4/08/2024 NICOL WRIGHT**

1	Rickers, Natalie	48	Marion Masters Swimming	1:31.68	10
	18.77	41.45 (22.68)	1:10.48 (29.03)	1:31.68 (21.20)	

Event 6 Female 50-54 100 SC Metre IM**National: 1:09.22 N 9/08/2009 JENNY WHITELEY****State: 1:17.24 S 21/08/2016 S. PALMER-WHITE**

1	Alvino-Felquer, Lidia	52	Adelaide Masters	1:31.98	10
	19.44	41.99 (22.55)	1:09.66 (27.67)	1:31.98 (22.32)	
2	Chavez, Claudia	52	Atlantis Masters	1:55.58	9
	23.64	54.51 (30.87)	1:32.03 (37.52)	1:55.58 (23.55)	

Event 6 Female 55-59 100 SC Metre IM**National: 1:10.66 N 23/06/2013 JENNY WHITELEY****State: 1:18.39 S 30/07/2017 JOANNE SUTCLIFFE**

1	Maher, Joanne	55	Cairns Mudcrabs	1:55.91	10
	25.98	55.24 (29.26)	1:29.06 (33.82)	1:55.91 (26.85)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 6 Female 60-64 100 SC Metre IM****National: 1:12.19 N 13/10/2018 JENNY WHITELEY****State: 1:19.86 S 5/06/2021 JOANNE SUTCLIFFE**

1	Gallasch, Judith	61	Adelaide Masters	1:35.63	10
	20.05	44.94 (24.89)	1:15.11 (30.17)	1:35.63 (20.52)	
2	Blogg Marquardt, Meg	61	Marion Masters Swimming	1:40.48	9
	20.24	47.99 (27.75)	1:18.09 (30.10)	1:40.48 (22.39)	

Event 6 Female 65-69 100 SC Metre IM**National: 1:17.89 N 4/08/2024 JENNY WHITELEY****State: 1:24.44 S 16/05/2021 M. HEFFERNAN**

1	Wareing, Deborah	69	Marion Masters Swimming	1:31.88	10
	20.32	43.79 (23.47)	1:10.96 (27.17)	1:31.88 (20.92)	
2	Shears, Bernadette	65	Tea Tree Gully Kingfishers Mas	1:56.16	9
	25.85	58.48 (32.63)	1:30.39 (31.91)	1:56.16 (25.77)	
3	O'Shea, Penelope	68	Aquadome Otters	2:04.02	8
	27.92	1:03.09 (35.17)	1:35.74 (32.65)	2:04.02 (28.28)	

Event 6 Female 70-74 100 SC Metre IM**National: 1:24.41 N 26/06/2016 CLARY MUNNS****State: 1:43.61 S 3/06/2012 JOY PAGE**

1	Wilton, Jeannette	71	Noarlunga Masters	1:54.29	10
	25.12	52.63 (27.51)	1:28.18 (35.55)	1:54.29 (26.11)	

Event 6 Male 25-29 100 SC Metre IM**National: 57.70 N 21/07/1990 GUY FARROW****State: 1:02.47 S 3/08/2008 XIAOJUN ZHANG**

1	Truong, Andrew	29	UniSA Swimming Club	1:19.12	10
	14.72	34.71 (19.99)	58.99 (24.28)	1:19.12 (20.13)	

Event 6 Male 45-49 100 SC Metre IM**National: 1:00.12 N 22/04/2022 JAMES HICKMAN****State: 1:04.79 S 5/06/2005 MARK SMEDLEY**

1	Spence, Justin	45	Phoenix Masters Swimming Club	1:14.36	10
	14.60	34.33 (19.73)	57.09 (22.76)	1:14.36 (17.27)	
2	Brodie, Mathew	46	Phoenix Masters Swimming Club	1:22.75	9
	15.94	37.71 (21.77)	1:03.04 (25.33)	1:22.75 (19.71)	
---	Baranoff, John	49	Phoenix Masters Swimming Club	NS	

Event 6 Male 50-54 100 SC Metre IM**National: 1:03.71 N 20/10/2013 STUART MOFFATT****State: 1:05.61 S 7/04/2010 MARK SMEDLEY**

1	Cranley, Andrew	52	Noarlunga Masters	1:46.63	10
	24.55	52.16 (27.61)	1:21.81 (29.65)	1:46.63 (24.82)	

Event 6 Male 60-64 100 SC Metre IM**National: 1:08.60 N 23/08/2020 MARK SMEDLEY****State: 1:08.60 S 23/08/2020 MARK SMEDLEY**

1	Spurling, Mike	62	Atlantis Masters	1:50.13	10
	23.75	54.15 (30.40)	1:25.56 (31.41)	1:50.13 (24.57)	

Event 6 Male 65-69 100 SC Metre IM**National: 1:14.31 N 4/08/2024 CAMERON HORN****State: 1:16.18 S 5/06/2021 GRANT SIMPSON**

---	Camp-Smith, Peter	67	Tea Tree Gully Kingfishers Mas	NS	
---	Ferguson, Robert	65	Atlantis Masters	NS	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 7 Female 30-34 100 SC Metre Backstroke****National: 1:05.83 N 23/10/2022 GEMMA JOHNSON****State: 1:12.66 S 2/09/1994 JOANNE SUTCLIFFE**

1	Wallen, Amy	32	UniSA Swimming Club	1:30.11	10
	21.30	43.67 (22.37)	1:06.61 (22.94)	1:30.11 (23.50)	
2	Trebilcock, Bronwyn	34	Aquadome Otters	1:45.60	9
	26.90	1:21.09 ()	1:45.60 (24.51)		

Event 7 Female 35-39 100 SC Metre Backstroke**National: 1:08.70 N 10/08/2002 HELEN WHITFORD****State: 1:11.93 S 13/09/2020 CHARLENE SMITH**

1	Daughtry, Chelsea	36	Phoenix Masters Swimming Club	1:42.30	10
	23.15	48.53 (25.38)	1:15.51 (26.98)	1:42.30 (26.79)	

Event 7 Female 45-49 100 SC Metre Backstroke**National: 1:09.04 N 28/08/2016 HELEN WHITFORD****State: 1:12.13 S 4/08/2024 NICOL WRIGHT**

1	Hoffmann, Laura	45	Aquadome Otters	2:08.94	10
	27.75	1:00.85 (33.10)	1:35.38 (34.53)	2:08.94 (33.56)	

Event 7 Female 60-64 100 SC Metre Backstroke**National: 1:16.35 N 11/04/2021 JOANNE SUTCLIFFE****State: 1:16.35 S 11/04/2021 JOANNE SUTCLIFFE**

1	Haberfield, Helen	63	Tea Tree Gully Kingfishers Mas	1:53.51	10
	26.27	54.38 (28.11)	1:24.75 (30.37)	1:53.51 (28.76)	

Event 7 Female 65-69 100 SC Metre Backstroke**National: 1:17.96 N 27/07/2025 JOANNE SUTCLIFFE****State: 1:17.96 S 27/07/2025 JOANNE SUTCLIFFE**

1	Ruler, Amanda	66	Adelaide Masters	2:40.28	10
	39.66	2:01.65 ()	2:40.28 (38.63)		

Event 7 Female 70-74 100 SC Metre Backstroke**National: 1:25.13 N 3/08/2014 CLARY MUNNS****State: 1:45.52 S 27/10/2024 JEANNETTE WILTON**

1	Gill, Janice	72	Tea Tree Gully Kingfishers Mas	2:17.95	10
	32.40	1:06.48 (34.08)	1:42.19 (35.71)	2:17.95 (35.76)	

Event 7 Female 85-89 100 SC Metre Backstroke**National: 1:52.16 N 20/11/2022 HELEN BIRD****State: 2:27.43 S 1/11/2020 DIANE ROSS**

1	Pearce, Barbara	88	Marion Masters Swimming	3:04.05	10
	44.39	1:29.09 (44.70)	2:18.24 (49.15)	3:04.05 (45.81)	

Event 7 Male 18-24 100 SC Metre Backstroke**National: 57.06 N 18/10/2008 M. PATTERSON****State: 1:02.39 S 3/08/2014 PHILIP BLUNT**

1	ChowPC, Paco	24	UniSA Swimming Club	1:11.70	10
	17.25	35.58 (18.33)	53.72 (18.14)	1:11.70 (17.98)	

Event 7 Male 25-29 100 SC Metre Backstroke**National: 58.18 N 3/09/2000 BRENT WALKER****State: 1:04.90 S 4/08/2024 GUAN LIN ONG**

1	Yip, James	27	Adelaide Masters	1:12.01	10
	17.48	35.42 (17.94)	53.93 (18.51)	1:12.01 (18.08)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 7 Male 45-49 100 SC Metre Backstroke**

National: 58.98 N 28/05/2022 JAMES HICKMAN

State: 1:06.68 S 11/06/2006 MARK SMEDLEY

1	Coulter, Garth	46	Tea Tree Gully Kingfishers Mas	1:14.67	10
	17.61	36.47 (18.86)	55.39 (18.92)	1:14.67 (19.28)	

Event 7 Male 50-54 100 SC Metre Backstroke

National: 1:03.87 N 4/08/2018 MARTIN BANKS

State: 1:07.69 S 9/04/2010 MARK SMEDLEY

1	Cranley, Matthew	50	Noarlunga Masters	1:18.99	10
	18.91	38.62 (19.71)	59.30 (20.68)	1:18.99 (19.69)	

Event 7 Male 65-69 100 SC Metre Backstroke

National: 1:14.30 N 14/07/2024 CAMERON HORN

State: 1:18.05 S 17/07/2022 GRANT SIMPSON

---	Ferguson, Robert	65	Atlantis Masters	NS	
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Event 7 Male 70-74 100 SC Metre Backstroke

National: 1:17.90 N 21/08/2022 GRAEME ARMSTRONG

State: 1:31.52 S 24/09/2023 IAN YOUNG

1	Fuller, Geoff	74	Henley Beach Masters	2:03.10	10
	29.30	59.58 (30.28)	1:31.46 (31.88)	2:03.10 (31.64)	

Event 8 Female 18-24 50 SC Metre Breaststroke

National: 31.27 N 5/11/2014 PHILIPA COCHRAN

State: 33.99 S 5/06/2005 CATHERINE HOWLAND

1	Dewallef, Victoria	23	UniSA Swimming Club	41.35	10
	19.08	41.35 (22.27)			

Event 8 Female 30-34 50 SC Metre Breaststroke

National: 33.78 N 23/09/2018 SALLY HUNTER

State: 33.78 S 23/09/2018 SALLY HUNTER

1	Wallen, Amy	32	UniSA Swimming Club	48.17	10
	21.68	48.17 (26.49)			

Event 8 Female 35-39 50 SC Metre Breaststroke

National: 32.13 N 14/07/2010 LINLEY FRAME

State: 37.30 S 25/05/2003 SUE LYONS

1	Palombo, Mattea	35	Marion Masters Swimming	48.53	10
	23.28	48.53 (25.25)			

Event 8 Female 40-44 50 SC Metre Breaststroke

National: 31.52 N 25/08/2013 LINLEY FRAME

State: 38.29 S 4/08/2024 REBECCA GUMM

1	Gumm, Rebecca	42	Phoenix Masters Swimming Club	37.43 S	10
	17.48	37.43 (19.95)			

Event 8 Female 50-54 50 SC Metre Breaststroke

National: 35.08 N 17/05/2008 JENNY WHITELEY

State: 42.03 S 22/10/2017 ILZE OSTROVSKA

1	McGiffert, Natalie	53	Phoenix Masters Swimming Club	43.00	10
	20.13	43.00 (22.87)			

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 8 Female 55-59 50 SC Metre Breaststroke****National:** 36.29 N 11/05/2013 JENNY WHITELEY**State:** 43.04 S 11/09/2016 JOANNE SUTCLIFFE

1	Taylor, Julie	58	Phoenix Masters Swimming Club	44.49	10
	21.16	44.49 (23.33)			

Event 8 Female 70-74 50 SC Metre Breaststroke**National:** 43.95 N 17/10/2015 CLARY MUNNS**State:** 49.20 S 26/05/2013 JOY PAGE

1	Mayton, Eithne	74	Tea Tree Gully Kingfishers Mas	57.79	10
	26.95	57.79 (30.84)			
2	Ormsby, Robyn	70	Atlantis Masters	1:03.45	9
	30.34	1:03.45 (33.11)			

Event 8 Male 18-24 50 SC Metre Breaststroke**National:** 28.63 N 21/04/2024 JAYDEN ALLUM**State:** 30.62 S 4/08/2024 KAINAN CHEN

1	Sztolc, Samuel	23	UniSA Swimming Club	37.42	10
	17.04	37.42 (20.38)			

Event 8 Male 40-44 50 SC Metre Breaststroke**National:** 30.16 N 5/06/2025 R. CHRZESCIJANSKI**State:** 32.28 S 20/04/2022 ACE LEWIS

1	De Silva, Ushan	40	Aquadome Otters	38.76	10
	17.73	38.76 (21.03)			

Event 8 Male 45-49 50 SC Metre Breaststroke**National:** 30.39 N 23/10/2016 KELVIN YEW**State:** 32.34 S 22/10/2017 TRISTAN HERBERT

1	Lewis, Ace	45	Marion Masters Swimming	32.84	10
	15.24	32.84 (17.60)			

Event 8 Male 50-54 50 SC Metre Breaststroke**National:** 30.48 N 15/09/2013 STUART MOFFATT**State:** 32.99 S 9/04/2010 MARK SMEDLEY

1	Osborne, Andrew	50	Phoenix Masters Swimming Club	38.39	10
	16.99	38.39 (21.40)			

Event 8 Male 55-59 50 SC Metre Breaststroke**National:** 32.17 N 19/09/2009 STUART ELLICOTT**State:** 33.71 S 11/04/2015 MARK SMEDLEY

1	Sztolc, Radek	56	UniSA Swimming Club	42.75	10
	19.09	42.75 (23.66)			
2	Eldridge, Nic	57	UniSA Swimming Club	43.35	9
	20.04	43.35 (23.31)			

Event 8 Male 60-64 50 SC Metre Breaststroke**National:** 32.16 N 5/05/2012 STUART ELLICOTT**State:** 35.18 S 20/04/2022 MARK SMEDLEY

1	Coombs, Mark	61	Tea Tree Gully Kingfishers Mas	43.52	10
	20.42	43.52 (23.10)			
2	Spurling, Mike	62	Atlantis Masters	52.46	9
	24.86	52.46 (27.60)			

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 8 Male 65-69 50 SC Metre Breaststroke**

National: 33.72 N 14/10/2017 STUART ELICOTT

State: 40.36 S 17/07/2022 ANDREW LANYON

1	Smedley, Mark	65	Adelaide Masters	36.95 S	10
	17.26	36.95 (19.69)			

Event 8 Male 75-79 50 SC Metre Breaststroke

National: 39.36 N 20/10/2012 TONY GOODWIN

State: 44.76 S 8/07/2007 JONATHAN DAVIES

1	Bland, Tom	76	Atlantis Masters	59.49	10
	25.84	59.49 (33.65)			

Event 9 Female 18-24 25 SC Metre Butterfly

National: 13.19 N 20/08/2017 AYAKO TAKIMOTO

State: 13.42 S 2/08/2009 C. MARGRISON

1	Dowling, Charlotte	18	UniSA Swimming Club	14.81	10
2	Kemp, Eva	22	UniSA Swimming Club	16.11	9

Event 9 Female 30-34 25 SC Metre Butterfly

National: 13.48 N 13/07/2019 REBECCA ADRIAN

State: 13.58 S 20/10/2019 SALLY HUNTER

1	Menz, Matilda	34	Henley Beach Masters	15.87	10
2	Small, Amy	30	Noarlunga Masters	18.76	9

Event 9 Female 40-44 25 SC Metre Butterfly

National: 13.80 N 22/06/2025 COURTNEY FORD

State: 14.62 S 9/09/2012 AMANDA CARNE

1	Appelkamp, Riki-Lee	44	Mount Barker Masters SA	18.42	10
2	Horn, Danielle	40	Tea Tree Gully Kingfishers Mas	19.42	9

Event 9 Female 45-49 25 SC Metre Butterfly

National: 13.53 N 28/06/2025 LENE KNUDSEN

State: 14.39 S 30/07/2017 JOSEPHINE VARNEY

1	Wellington, Kim	49	Phoenix Masters Swimming Club	16.18	10
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Event 9 Female 50-54 25 SC Metre Butterfly

National: 13.84 N 17/06/2023 SUSIE O'NEILL

State: 14.82 S 9/09/2012 JUDY THOMAS

1	Varney, Josephine	54	Henley Beach Masters	14.87	10
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Event 9 Female 55-59 25 SC Metre Butterfly

National: 14.44 N 25/08/2024 JENNIE BUCKNELL

State: 14.55 S 7/07/2013 JUDY THOMAS

1	Mckenna, Amanda	59	Phoenix Masters Swimming Club	18.44	10
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Event 9 Female 60-64 25 SC Metre Butterfly

National: 14.91 N 22/05/2021 JENNY WHITELEY

State: 15.36 S 23/02/2019 JUDY THOMAS

1	Blackmore, Anita	61	Tea Tree Gully Kingfishers Mas	19.83	10
2	Doddridge, Margaret	63	Atlantis Masters	21.75	9

Event 9 Female 70-74 25 SC Metre Butterfly

National: 15.90 N 22/06/2025 LEIGH RODGERS

State: 19.73 S 27/10/2024 JEANNETTE WILTON

1	Wilton, Jeannette	71	Noarlunga Masters	22.16	10
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2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 9 Male 18-24 25 SC Metre Butterfly****National: 11.10 N 5/03/2023 ETHAN BANKS****State: 11.90 S 1/05/2022 ETHAN CROOK**

1	Fu, Alvin	23	UniSA Swimming Club	12.62	10
2	Seewsagur, Govind	23	UniSA Swimming Club	13.79	9

Event 9 Male 40-44 25 SC Metre Butterfly**National: 11.77 N 24/09/2023 RYAN NOLAN****State: 12.71 S 22/10/2017 ANDREW STEPHENSON**

1	Smith, Matthew	41	Phoenix Masters Swimming Club	13.59	10
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Event 9 Male 50-54 25 SC Metre Butterfly**National: 11.99 N 21/04/2024 TODD ROBINSON****State: 13.33 S 10/04/2010 MARK SMEDLEY**

1	Howe, Simon	51	Phoenix Masters Swimming Club	16.89	10
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Event 9 Male 60-64 25 SC Metre Butterfly**National: 12.88 N 17/05/2025 GUY FARROW****State: 14.00 S 26/06/2016 GRANT SIMPSON**

1	Dundon, John	63	Phoenix Masters Swimming Club	16.37	10
2	McKenny, Brian	60	Atlantis Masters	16.50	9
3	Taylor, Dean	60	Phoenix Masters Swimming Club	16.71	8
4	Spurling, Mike	62	Atlantis Masters	21.78	7
5	Holley, Peter	62	Adelaide Masters	23.39	6

Event 9 Male 65-69 25 SC Metre Butterfly**National: 13.86 N 25/05/2024 DOUG BARTLETT****State: 14.56 S 11/04/2021 GRANT SIMPSON**

1	Sawicki, Ricky	65	Phoenix Masters Swimming Club	15.28	10
---	Camp-Smith, Peter	67	Tea Tree Gully Kingfishers Mas	NS	

Event 9 Male 70-74 25 SC Metre Butterfly**National: 15.20 N 17/05/2025 GORDON WHYTE****State: 16.02 S 17/07/2022 IAN YOUNG**

1	Young, Ian	73	Marion Masters Swimming	17.60	10
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Event 10 Female 30-34 200 SC Metre IM**National: 2:26.29 N 14/06/2025 KELLY BOWDEN****State: 2:41.76 S 11/09/2011 SARAH GOODWIN**

1	Carter, Aimee	31	Marion Masters Swimming	2:53.09	10
	16.07	35.66 (19.59)	58.89 (23.23)	1:22.89 (24.00)	
	1:47.49 (24.60)	2:12.46 (24.97)	2:33.42 (20.96)	2:53.09 (19.67)	

Event 10 Female 45-49 200 SC Metre IM**National: 2:32.89 N 28/08/2016 HELEN WHITFORD****State: 2:42.51 S 2/05/2010 S. PALMER-WHITE**

1	Palmer, Brigetta	49	Aquadome Otters	3:21.61	10
	17.76	39.25 (21.49)	1:07.47 (28.22)	1:36.26 (28.79)	
	2:06.73 (30.47)	2:37.37 (30.64)	3:00.04 (22.67)	3:21.61 (21.57)	

Event 10 Female 55-59 200 SC Metre IM**National: 2:37.71 N 4/08/2013 JENNY WHITELEY****State: 2:46.38 S 5/10/2019 S. PALMER-WHITE**

1	Beaver, Sharon	58	Phoenix Masters Swimming Club	3:04.43	10
	19.97	43.96 (23.99)	1:06.73 (22.77)	1:29.08 (22.35)	
	1:55.90 (26.82)	2:23.13 (27.23)	2:44.50 (21.37)	3:04.43 (19.93)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 10 Female 70-74 200 SC Metre IM****National: 3:09.58 N 20/05/2017 CLARY MUNNS****State: 4:22.66 S 13/09/2020 TERRY CARTER**

1	Bell, Janet	73	Aquadome Otters	4:43.94	10
	30.09	1:04.46 (34.37)	1:44.86 (40.40)	2:21.20 (36.34)	
	3:03.78 (42.58)	3:44.59 (40.81)	4:16.13 (31.54)	4:43.94 (27.81)	

Event 10 Male 25-29 200 SC Metre IM**National: 2:13.64 N 19/08/2018 DARIUS SCHULTZ****State: 2:18.01 S 9/08/1880 MARK SMEDLEY**

1	Yip, James	27	Adelaide Masters	2:28.44	10
	14.94	33.36 (18.42)	52.70 (19.34)	1:11.56 (18.86)	
	1:33.44 (21.88)	1:54.81 (21.37)	2:12.63 (17.82)	2:28.44 (15.81)	

Event 10 Male 40-44 200 SC Metre IM**National: 2:11.62 N 17/06/2023 CASEY FLOUCH****State: 2:20.64 S 17/03/2002 MARK SMEDLEY**

---	Kim, Eoin	40	Tea Tree Gully Kingfishers Mas	DNF	
	Did not finish - Misc				
	18.20				

Event 11 Female 18-24 50 SC Metre Freestyle**National: 26.38 N 17/06/2023 ASHLEIGH ESKDALE****State: 27.97 S 2/08/2009 C. MARGRISON**

1	Dowling, Charlotte	18	UniSA Swimming Club	30.45	10
	14.84	30.45 (15.61)			
2	Kemp, Eva	22	UniSA Swimming Club	33.20	9
	16.02	33.20 (17.18)			

Event 11 Female 30-34 50 SC Metre Freestyle**National: 26.13 N 9/08/2025 LINNEA MACK****State: 27.08 S 23/09/2018 SALLY HUNTER**

1	Brain, Mardi	34	UniSA Swimming Club	35.22	10
	17.15	35.22 (18.07)			
2	Kilner, Kelly	32	Phoenix Masters Swimming Club	39.92	9
	19.67	39.92 (20.25)			

Event 11 Female 35-39 50 SC Metre Freestyle**National: 25.55 N 21/04/2024 NADINE LOOF****State: 27.82 S 13/09/2020 CHARLENE SMITH**

1	Daughtry, Chelsea	36	Phoenix Masters Swimming Club	39.52	10
	18.84	39.52 (20.68)			

Event 11 Female 40-44 50 SC Metre Freestyle**National: 27.05 N 1/08/2009 JENNIE BUCKNELL****State: 28.76 S 27/07/2025 KARINA DEEGAN**

1	Gumm, Rebecca	42	Phoenix Masters Swimming Club	31.98	10
	15.38	31.98 (16.60)			

Event 11 Female 45-49 50 SC Metre Freestyle**National: 26.94 N 10/04/2015 JENNIE BUCKNELL****State: 29.49 S 8/10/2023 NICOL WRIGHT**

1	Tsoutouras, Emily	45	Adelaide Masters	32.87	10
	15.98	32.87 (16.89)			
2	Rickers, Natalie	48	Marion Masters Swimming	34.81	9
	17.21	34.81 (17.60)			
---	Bowen, Joanne	46	Phoenix Masters Swimming Club	NS	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 11 Female 50-54 50 SC Metre Freestyle****National: 27.40 N 17/06/2023 SUSIE O'NEILL****State: 30.02 S 1/05/2022 JOSEPHINE VARNEY**

1	Varney, Josephine	54	Henley Beach Masters	29.92 S	10
	14.73	29.92 (15.19)			
2	Alvino-Felquer, Lidia	52	Adelaide Masters	36.39	9
	17.96	36.39 (18.43)			
3	Chavez, Claudia	52	Atlantis Masters	40.00	8
	19.73	40.00 (20.27)			

Event 11 Female 55-59 50 SC Metre Freestyle**National: 28.07 N 20/05/2023 JENNIE BUCKNELL****State: 30.53 S 26/05/2013 JUDY THOMAS**

1	Evans, Maggie	58	Marion Masters Swimming	38.65	10
	19.20	38.65 (19.45)			
2	Buchanan, Bernadette	56	Marion Masters Swimming	39.01	9
	19.33	39.01 (19.68)			
3	Vas, Angela	58	Tea Tree Gully Kingfishers Mas	40.61	8
	19.81	40.61 (20.80)			
4	Maher, Joanne	55	Cairns Mudcrabs	44.13	7
	21.07	44.13 (23.06)			

Event 11 Female 60-64 50 SC Metre Freestyle**National: 28.50 N 26/05/2018 JENNY WHITELEY****State: 31.96 S 16/05/2021 JOANNE SUTCLIFFE**

1	Gallasch, Judith	61	Adelaide Masters	36.06	10
	17.46	36.06 (18.60)			
2	Blogg Marquardt, Meg	61	Marion Masters Swimming	36.47	9
	18.13	36.47 (18.34)			
3	Blackmore, Anita	61	Tea Tree Gully Kingfishers Mas	37.77	8
	18.36	37.77 (19.41)			
4	Haberfield, Helen	63	Tea Tree Gully Kingfishers Mas	41.18	7
	19.59	41.18 (21.59)			
5	Brown, Yumi	60	Aquadome Otters	41.44	6
	20.54	41.44 (20.90)			
6	Bradley, Jenny	64	Atlantis Masters	42.53	5
	19.64	42.53 (22.89)			
7	Bigioli, Danila	60	Phoenix Masters Swimming Club	45.65	4
	22.08	45.65 (23.57)			
8	Guerin, Carolyn	63	Atlantis Masters	49.35	3
	23.97	49.35 (25.38)			

Event 11 Female 65-69 50 SC Metre Freestyle**National: 29.91 N 9/07/2023 JENNY WHITELEY****State: 33.06 S 16/07/2023 JUDY THOMAS**

1	Garrett, Lea	68	Atlantis Masters	47.69	10
	23.85	47.69 (23.84)			

Event 11 Female 70-74 50 SC Metre Freestyle**National: 33.59 N 22/06/2025 LEIGH RODGERS****State: 37.48 S 3/06/2012 JOY PAGE**

1	Mayton, Eithne	74	Tea Tree Gully Kingfishers Mas	46.81	10
	21.85	46.81 (24.96)			

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 11 Female 75-79 50 SC Metre Freestyle****National: 35.62 N 30/08/2025 JANETTE JEFFREY****State: 40.12 S 23/02/2019 JOY PAGE**

1	Mulqueen, Jennifer	79	Tea Tree Gully Kingfishers Mas	51.63	10
	23.51	51.63 (28.12)			
2	Hill, Jeanette	77	Tea Tree Gully Kingfishers Mas	54.94	9
	26.44	54.94 (28.50)			

Event 11 Female 85-89 50 SC Metre Freestyle**National: 45.41 N 20/05/2022 DENISE ROBERTSON****State: 55.52 S 13/09/2020 DIANE ROSS**

1	Pearce, Barbara	88	Marion Masters Swimming	1:21.76	10
	40.20	1:21.76 (41.56)			

Event 11 Male 18-24 50 SC Metre Freestyle**National: 22.76 N 21/04/2024 JAYDEN ALLUM****State: 23.39 S 11/04/2021 ETHAN CROOK**

1	Nip, Hugo	21	UniSA Swimming Club	24.20	10
	11.63	24.20 (12.57)			
2	Brouwers, John	24	UniSA Swimming Club	24.65	9
	11.76	24.65 (12.89)			
3	Fu, Alvin	23	UniSA Swimming Club	25.41	8
	12.10	25.41 (13.31)			
4	Mak, Julius	21	UniSA Swimming Club	25.72	7
	12.48	25.72 (13.24)			
5	Sztolc, Samuel	23	UniSA Swimming Club	29.82	6
	14.52	29.82 (15.30)			

Event 11 Male 25-29 50 SC Metre Freestyle**National: 22.77 N 26/07/2025 ALEX MILLIGAN****State: 24.52 S 15/09/2021 RIAN PATE**

1	Thiele, Jack	29	UniSA Swimming Club	24.88	10
	11.70	24.88 (13.18)			

Event 11 Male 30-34 50 SC Metre Freestyle**National: 23.21 N 21/04/2022 ANDREW COWAN****State: 25.07 S 11/08/2019 CHRISTOPHER RYAN**

1	Gravier, Charles	33	Adelaide Masters	38.13	10
	17.63	38.13 (20.50)			

Event 11 Male 35-39 50 SC Metre Freestyle**National: 23.27 N 9/11/2014 GREG PHILLIPS****State: 25.22 S 9/09/2007 CRAIG MARTIN**

1	Warr, Ben	39	Marion Masters Swimming	27.02	10
	13.41	27.02 (13.61)			

Event 11 Male 40-44 50 SC Metre Freestyle**National: 23.85 N 23/04/2022 DANIEL JONES****State: 25.11 S 22/10/2017 ANDREW STEPHENSON**

1	Le, Kim	42	UniSA Swimming Club	34.93	10
	17.28	34.93 (17.65)			
---	Smith, Matthew	41	Phoenix Masters Swimming Club	NS	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 11 Male 45-49 50 SC Metre Freestyle**

National: 24.11 N 20/05/2022 **TODD ROBINSON**
State: 24.93 S 5/06/2021 **ANDREW STEPHENSON**

1	Medefindt, Craig	47	Tea Tree Gully Kingfishers Mas	29.71	10
	13.96	29.71 (15.75)			
2	Brodie, Mathew	46	Phoenix Masters Swimming Club	30.68	9
	15.18	30.68 (15.50)			
3	Poppewell, Joel	47	Phoenix Masters Swimming Club	34.66	8
	16.47	34.66 (18.19)			
4	Mckay, Greg	47	Phoenix Masters Swimming Club	42.13	7
	20.26	42.13 (21.87)			

Event 11 Male 50-54 50 SC Metre Freestyle

National: 23.36 N 28/05/2022 **CHRIS FYDLER**
State: 26.15 S 8/10/2023 **MARK PREISS**

1	Osborne, Andrew	50	Phoenix Masters Swimming Club	30.42	10
	14.72	30.42 (15.70)			

Event 11 Male 55-59 50 SC Metre Freestyle

National: 24.98 N 25/08/2024 **JOHN MCKAIG**
State: 27.17 S 19/05/2024 **STEPHEN OSBORNE**

1	Osborne, Stephen	56	Phoenix Masters Swimming Club	27.42	10
	13.27	27.42 (14.15)			
2	Herbert, Shaun	55	Atlantis Masters	27.73	9
	13.47	27.73 (14.26)			
3	Rowell, Gavin	56	Marion Masters Swimming	29.05	8
	14.08	29.05 (14.97)			
4	Plouffe, James	57	UniSA Swimming Club	31.22	7
	15.29	31.22 (15.93)			
5	Eldridge, Nic	57	UniSA Swimming Club	34.17	6
	15.46	34.17 (18.71)			
6	Guse, Dean	57	Marion Masters Swimming	34.28	5
	16.33	34.28 (17.95)			

Event 11 Male 60-64 50 SC Metre Freestyle

National: 25.87 N 17/05/2025 **GUY FARROW**
State: 27.52 S 10/04/2015 **PHILIPP DJANG**

1	Bullock, Rowan	60	Noarlunga Masters	33.50	10
	16.83	33.50 (16.67)			
2	Loader, Marc	60	Marion Masters Swimming	37.90	9
	18.38	37.90 (19.52)			
3	Pearce, Roger	62	Marion Masters Swimming	45.96	8
	22.05	45.96 (23.91)			

Event 11 Male 65-69 50 SC Metre Freestyle

National: 27.93 N 3/11/2024 **PAUL BLACKBEARD**
State: 29.20 S 23/02/2019 **FRANK LINDSAY**

1	Sawicki, Ricky	65	Phoenix Masters Swimming Club	30.55	10
	14.91	30.55 (15.64)			
2	Crowder, George	69	Marion Masters Swimming	39.41	9
	19.46	39.41 (19.95)			
---	Garrett, Leigh	69	Atlantis Masters	NS	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 11 Male 70-74 50 SC Metre Freestyle****National:** 29.26 N 21/05/2016 **ALAN BROWN****State:** 31.50 S 8/10/2023 **IAN YOUNG**

1	Fowler, Anthony	70	Marion Masters Swimming	36.32	10
	17.95	36.32 (18.37)			

Event 11 Male 75-79 50 SC Metre Freestyle**National:** 30.61 N 20/05/2022 **ROBERT PATTERSON****State:** 32.31 S 11/04/2021 **RON HARDIE**

1	Gamlen, John	78	Tea Tree Gully Kingfishers Mas	39.32	10
	19.40	39.32 (19.92)			
2	Faulkner, Geoffrey	76	Noarlunga Masters	47.50	9
	22.11	47.50 (25.39)			

Event 11 Male 80-84 50 SC Metre Freestyle**National:** 33.51 N 5/03/2023 **DAVID BOYLSON****State:** 38.68 S 5/10/2019 **MICHAEL GRAY**

1	Suskin, Allan	83	Atlantis Masters	42.17	10
	20.78	42.17 (21.39)			
2	Axton, Bryan	84	Noarlunga Masters	1:07.85	9
	29.97	1:07.85 (37.88)			
---	Brock, Neill	83	Aquadome Otters	NS	

Event 12 Female 30-34 25 SC Metre Backstroke**National:** 15.10 N 22/06/2019 **REBECCA ADRIAN****State:** 15.85 S 30/08/2015 **MAASA HUMMEL**

1	Menz, Matilda	34	Henley Beach Masters	18.42	10
2	Small, Amy	30	Noarlunga Masters	21.20	9

Event 12 Female 40-44 25 SC Metre Backstroke**National:** 14.91 N 24/08/2025 **JENNIFER THOMPSON****State:** 16.39 S 2/05/2010 **SHARON BEAVER**

1	Horn, Danielle	40	Tea Tree Gully Kingfishers Mas	22.69	10
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Event 12 Female 45-49 25 SC Metre Backstroke**National:** 15.06 N 21/04/2024 **JESS HAMILTON****State:** 16.01 S 4/08/2024 **NICOL WRIGHT**

1	Wellington, Kim	49	Phoenix Masters Swimming Club	18.90	10
2	Smith, Sonia	48	Mount Barker Masters SA	19.77	9
3	Hoffmann, Laura	45	Aquadome Otters	25.01	8

Event 12 Female 55-59 25 SC Metre Backstroke**National:** 16.03 N 5/03/2022 **JENNIE BUCKNELL****State:** 16.57 S 22/10/2017 **JOANNE SUTCLIFFE**

1	Mckenna, Amanda	59	Phoenix Masters Swimming Club	22.14	10
2	Vas, Angela	58	Tea Tree Gully Kingfishers Mas	24.25	9

Event 12 Female 60-64 25 SC Metre Backstroke**National:** 16.55 N 22/05/2021 **JENNY WHITELEY****State:** 16.77 S 17/03/2024 **JOANNE SUTCLIFFE**

1	Impagnatiello, Anna	64	Henley Beach Masters	26.95	10
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Event 12 Female 65-69 25 SC Metre Backstroke**National:** 17.24 N 27/07/2025 **JOANNE SUTCLIFFE****State:** 17.24 S 27/07/2025 **JOANNE SUTCLIFFE**

1	Ruler, Amanda	66	Adelaide Masters	29.99	10
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2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 12 Female 70-74 25 SC Metre Backstroke**

National: 18.07 N 21/10/2017 CLARY MUNNS

State: 21.55 S 15/07/2012 JOY PAGE

1	Gill, Janice	72	Tea Tree Gully Kingfishers Mas	29.26	10
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Event 12 Female 85-89 25 SC Metre Backstroke

National: 22.65 N 29/07/2023 HELEN BIRD

State: 30.02 S 16/05/2021 DIANE ROSS

1	Pearce, Barbara	88	Marion Masters Swimming	37.88	10
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Event 12 Male 18-24 25 SC Metre Backstroke

National: 12.46 N 26/07/2025 NICOLAS LE PAGE

State: 13.00 S 3/08/2014 PHILIP BLUNT

1	ChowPC, Paco	24	UniSA Swimming Club	15.18	10
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Event 12 Male 50-54 25 SC Metre Backstroke

National: 14.32 N 23/06/2018 MARTIN BANKS

State: 15.06 S 4/07/2010 MARK SMEDLEY

1	Howe, Simon	51	Phoenix Masters Swimming Club	22.85	10
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Event 12 Male 60-64 25 SC Metre Backstroke

National: 15.07 N 24/05/2015 PHILIPP DJANG

State: 15.07 S 24/05/2015 PHILIPP DJANG

1	Taylor, Dean	60	Phoenix Masters Swimming Club	19.37	10
2	Dundon, John	63	Phoenix Masters Swimming Club	20.35	9

Event 12 Male 65-69 25 SC Metre Backstroke

National: 15.70 N 25/05/2024 CAMERON HORN

State: 16.10 S 23/02/2019 FRANK LINDSAY

1	Morris, Brian	67	Adelaide Masters	22.14	10
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Event 12 Male 75-79 25 SC Metre Backstroke

National: 17.86 N 28/06/2025 ROSS HOLDEN

State: 21.36 S 21/05/2023 STEPHEN CARTHEW

1	Koudelka, Antonin	77	Atlantis Masters	31.77	10
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Event 12 Male 80-84 25 SC Metre Backstroke

National: 19.74 N 24/09/2016 JOHN COCKS

State: 20.19 S 5/10/2019 MICHAEL GRAY

1	Suskin, Allan	83	Atlantis Masters	23.48	10
---	Brock, Neill	83	Aquadome Otters	NS	

Event 13 Female 40-44 100 SC Metre Butterfly

National: 1:06.38 N 13/07/2019 L. D. CARVALHO

State: 1:11.19 S 3/06/2007 PALMER-WHITE

1	Osman-Walton, Sarah	41	Marion Masters Swimming	1:21.42	10
			17.19 37.30 (20.11) 58.70 (21.40) 1:21.42 (22.72)		

Event 13 Male 50-54 100 SC Metre Butterfly

National: 1:00.21 N 21/04/2024 TODD ROBINSON

State: 1:06.14 S 2/08/2009 GRANT L SIMPSON

1	Velliari, Christopher	50	Western Districts Masters Swim	1:09.54	10
			14.91 33.38 (18.47) 51.54 (18.16) 1:09.54 (18.00)		

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 14 Female 55-59 200 SC Metre Breaststroke****National: 2:55.48 N 11/05/2013 JENNY WHITELEY****State: 3:18.62 S 6/07/2014 M. HEFFERNAN**

1	Hayes, Helen	55	Noarlunga Masters	4:16.21	10
	28.88	1:00.81 (31.93)	1:34.04 (33.23)	2:05.64 (31.60)	
	2:39.41 (33.77)	3:11.57 (32.16)	3:44.91 (33.34)	4:16.21 (31.30)	

Event 14 Female 65-69 200 SC Metre Breaststroke**National: 3:09.80 N 18/06/2023 JENNY WHITELEY****State: 3:21.58 S 17/07/2022 M. HEFFERNAN**

1	O'Shea, Penelope	68	Aquadome Otters	4:24.77	10
	27.61	59.63 (32.02)	1:34.27 (34.64)	2:07.55 (33.28)	
	2:42.64 (35.09)	3:16.91 (34.27)	3:51.92 (35.01)	4:24.77 (32.85)	

Event 14 Male 50-54 200 SC Metre Breaststroke**National: 2:30.00 N 12/10/2024 AARON CLELAND****State: 2:42.15 S 7/04/2010 MARK SMEDLEY**

1	Cranley, Andrew	52	Noarlunga Masters	4:04.78	10
	24.86	56.58 (31.72)	1:26.80 (30.22)	1:58.87 (32.07)	
	2:30.50 (31.63)	3:03.43 (32.93)	3:33.98 (30.55)	4:04.78 (30.80)	

Event 14 Male 60-64 200 SC Metre Breaststroke**National: 2:47.43 N 17/05/2025 CRAIG MAGNUSSEN****State: 2:53.41 S 11/04/2021 MARK SMEDLEY**

1	Coombs, Mark	61	Tea Tree Gully Kingfishers Mas	3:42.07	10
	22.75	49.43 (26.68)	1:17.34 (27.91)	1:47.24 (29.90)	
	2:16.33 (29.09)	2:46.63 (30.30)	3:14.99 (28.36)	3:42.07 (27.08)	

Event 14 Male 70-74 200 SC Metre Breaststroke**National: 2:55.98 N 28/05/2022 STUART ELLICOTT****State: 3:42.87 S 6/05/2001 JONATHON DAVIES**

1	Fuller, Geoff	74	Henley Beach Masters	4:38.30	10
	31.36	1:06.56 (35.20)	1:41.47 (34.91)	2:17.90 (36.43)	
	2:53.51 (35.61)	3:29.78 (36.27)	4:04.15 (34.37)	4:38.30 (34.15)	

Event 15 Female 30-34 200 SC Metre Freestyle**National: 2:04.83 N 13/07/2013 CAROLINE SAXBY****State: 2:16.86 S 24/06/2018 CHARLENE SMITH**

1	Trebilcock, Bronwyn	34	Aquadome Otters	3:35.87	10
	23.54	50.73 (27.19)	1:18.01 (27.28)	1:46.69 (28.68)	
	2:15.14 (28.45)	2:44.35 (29.21)	3:12.10 (27.75)	3:35.87 (23.77)	

Event 15 Female 35-39 200 SC Metre Freestyle**National: 2:10.23 N 21/04/2022 TRACEY MURPHY****State: 2:15.13 S 1/04/1995 MARIANNE COSTELLO**

1	Johnson, Annelise	38	Henley Beach Masters	3:13.84	10
	21.52	44.16 (22.64)	1:07.64 (23.48)	1:32.26 (24.62)	
	1:57.57 (25.31)	2:22.70 (25.13)	2:48.01 (25.31)	3:13.84 (25.83)	

Event 15 Female 45-49 200 SC Metre Freestyle**National: 2:11.09 N 5/04/2003 JENNY WHITELEY****State: 2:19.01 S 5/07/2009 S. PALMER-WHITE**

1	Tsoutouras, Emily	45	Adelaide Masters	2:41.71	10
	16.99	35.69 (18.70)	55.32 (19.63)	1:15.87 (20.55)	
	1:36.75 (20.88)	1:58.46 (21.71)	2:20.30 (21.84)	2:41.71 (21.41)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 15 Female 50-54 200 SC Metre Freestyle****National: 2:14.49 N 30/08/2009 JENNY WHITELEY****State: 2:22.50 S 21/08/2016 S. PALMER-WHITE**

1	Goldner, Caroline	50	Aquadome Otters	3:48.30	10
	26.28	55.86 (29.58)	1:23.28 (27.42)	1:54.25 (30.97)	
	2:21.39 (27.14)	2:52.02 (30.63)	3:19.67 (27.65)	3:48.30 (28.63)	

Event 15 Female 60-64 200 SC Metre Freestyle**National: 2:15.93 N 13/10/2018 JENNY WHITELEY****State: 2:27.76 S 11/04/2021 JOANNE SUTCLIFFE**

1	Chambers, Cheryl	63	Phoenix Masters Swimming Club	3:07.31	10
	20.67	43.43 (22.76)	1:07.20 (23.77)	1:31.78 (24.58)	
	1:56.38 (24.60)	2:20.80 (24.42)	2:45.39 (24.59)	3:07.31 (21.92)	
2	Bigioli, Danila	60	Phoenix Masters Swimming Club	3:44.84	9
	23.56	51.71 (28.15)	1:19.45 (27.74)	1:48.56 (29.11)	
	2:18.03 (29.47)	2:48.62 (30.59)	3:16.96 (28.34)	3:44.84 (27.88)	

Event 15 Female 65-69 200 SC Metre Freestyle**National: 2:30.33 N 18/06/2023 JENNY WHITELEY****State: 2:37.89 S 16/05/2021 M. HEFFERNAN**

1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	2:31.59 S	10
	16.28	34.81 (18.53)	54.26 (19.45)	1:13.72 (19.46)	
	1:33.28 (19.56)	1:52.96 (19.68)	2:12.88 (19.92)	2:31.59 (18.71)	

Event 15 Female 70-74 200 SC Metre Freestyle**National: 2:49.70 N 17/03/2013 JEN THOMASSON****State: 3:17.40 S 19/03/2023 EITHNE MAYTON**

1	Bell, Janet	73	Aquadome Otters	3:48.96	10
	26.15	54.15 (28.00)	1:23.01 (28.86)	1:52.62 (29.61)	
	2:22.16 (29.54)	2:51.89 (29.73)	3:21.84 (29.95)	3:48.96 (27.12)	
2	Gunn, Pamela	71	Adelaide Masters	3:49.80	9
	25.38	53.34 (27.96)	1:22.94 (29.60)	1:52.26 (29.32)	
	2:22.46 (30.20)	2:52.17 (29.71)	3:21.86 (29.69)	3:49.80 (27.94)	

Event 15 Female 75-79 200 SC Metre Freestyle**National: 2:58.33 N 23/06/2018 JEN THOMASSON****State: 3:37.45 S 10/09/2017 JOY PAGE**

1	Faulkner, Gillian	75	Noarlunga Masters	4:43.91	10
	30.01	1:02.39 (32.38)	1:37.30 (34.91)	2:13.69 (36.39)	
	2:51.16 (37.47)	3:29.50 (38.34)	4:06.84 (37.34)	4:43.91 (37.07)	

Event 15 Male 18-24 200 SC Metre Freestyle**National: 1:51.98 N 21/04/2024 JAYDEN ALLUM****State: 2:02.96 S 22/10/2017 RILEY GIERSCHE**

1	Chow, Alvin Keng Yin	21	UniSA Swimming Club	2:02.65 S	10
	12.75	27.42 (14.67)	42.30 (14.88)	57.98 (15.68)	
	1:13.44 (15.46)	1:29.72 (16.28)	1:46.19 (16.47)	2:02.65 (16.46)	

Event 15 Male 25-29 200 SC Metre Freestyle**National: 1:55.30 N 13/07/2019 THOMAS STEPHENS****State: 1:59.45 S 15/01/1984 ROBERT MACKAY**

1	Yip, James	27	Adelaide Masters	2:06.28	10
	13.59	28.67 (15.08)	44.30 (15.63)	1:00.05 (15.75)	
	1:16.27 (16.22)	1:33.11 (16.84)	1:49.78 (16.67)	2:06.28 (16.50)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 15 Male 40-44 200 SC Metre Freestyle**

National: 1:56.63 N 20/08/2011 **MARK THOMPSON**
State: 2:02.61 S 5/07/2009 **STEPHEN M OSBORNE**

1	Pope, Adrian	41	Henley Beach Masters	2:43.54	10
	18.02	37.70 (19.68)	58.05 (20.35)	1:18.68 (20.63)	
	1:39.82 (21.14)	2:01.03 (21.21)	2:22.72 (21.69)	2:43.54 (20.82)	

Event 15 Male 45-49 200 SC Metre Freestyle

National: 1:55.91 N 9/04/2015 **MARK THOMPSON**
State: 2:06.66 S 11/08/2019 **MARK PREISS**

1	Coulter, Garth	46	Tea Tree Gully Kingfishers Mas	2:18.13	10
	14.72	31.03 (16.31)	48.07 (17.04)	1:05.53 (17.46)	
	1:23.53 (18.00)	1:41.73 (18.20)	2:00.03 (18.30)	2:18.13 (18.10)	
2	Buche, Cedric	46	UniSA Swimming Club	2:46.75	9
	17.39	36.99 (19.60)	57.03 (20.04)	1:18.55 (21.52)	
	1:39.95 (21.40)	2:02.28 (22.33)	2:24.43 (22.15)	2:46.75 (22.32)	
3	Popplewell, Joel	47	Phoenix Masters Swimming Club	2:50.93	8
	17.76	37.94 (20.18)	58.34 (20.40)	1:19.87 (21.53)	
	1:41.83 (21.96)	2:04.14 (22.31)	2:27.70 (23.56)	2:50.93 (23.23)	
4	Mckay, Greg	47	Phoenix Masters Swimming Club	3:52.10	7
	22.03	46.58 (24.55)	1:14.21 (27.63)	1:44.44 (30.23)	
	2:16.81 (32.37)	2:48.55 (31.74)	3:22.00 (33.45)	3:52.10 (30.10)	

Event 15 Male 55-59 200 SC Metre Freestyle

National: 2:04.71 N 21/04/2022 **PAUL LEMMON**
State: 2:12.99 S 8/07/2007 **GRAHAM CROFT**

1	Guse, Dean	57	Marion Masters Swimming	2:55.21	10
	18.04	38.19 (20.15)	59.39 (21.20)	1:21.36 (21.97)	
	1:44.34 (22.98)	2:07.76 (23.42)	2:32.19 (24.43)	2:55.21 (23.02)	

Event 15 Male 65-69 200 SC Metre Freestyle

National: 2:19.82 N 9/04/2015 **GRAHAM CROFT**
State: 2:25.02 S 25/03/2017 **IAN YOUNG**

1	Crowder, George	69	Marion Masters Swimming	3:23.73	10
	21.77	46.70 (24.93)	1:12.80 (26.10)	1:38.68 (25.88)	
	2:05.72 (27.04)	2:32.03 (26.31)	2:59.12 (27.09)	3:23.73 (24.61)	

Event 15 Male 70-74 200 SC Metre Freestyle

National: 2:24.86 N 17/05/2025 **ROBERT BUTCHER**
State: 2:28.37 S 1/05/2022 **IAN YOUNG**

1	Fowler, Anthony	70	Marion Masters Swimming	3:07.49	10
	19.76	42.14 (22.38)	1:06.11 (23.97)	1:30.12 (24.01)	
	1:55.43 (25.31)	2:20.13 (24.70)	2:44.43 (24.30)	3:07.49 (23.06)	

Event 15 Male 75-79 200 SC Metre Freestyle

National: 2:40.22 N 1/05/2010 **JOHN CRISP**
State: 2:51.69 S 1/06/2024 **STEPHEN CARTHEW**

1	Incher, David	76	Marion Masters Swimming	3:15.06	10
	23.57	48.33 (24.76)	1:12.98 (24.65)	1:38.21 (25.23)	
	2:03.17 (24.96)	2:27.52 (24.35)	2:51.74 (24.22)	3:15.06 (23.32)	

Event 15 Male 80-84 200 SC Metre Freestyle

National: 2:58.84 N 21/04/2022 **JOHN RICHARDS**
State: 3:34.68 S 24/06/2001 **EDWARD GEARY**

1	Axton, Bryan	84	Noarlunga Masters	5:06.87	10
	35.22	1:10.68 (35.46)	1:49.44 (38.76)	2:28.23 (38.79)	
	3:09.76 (41.53)	3:49.18 (39.42)	4:30.12 (40.94)	5:06.87 (36.75)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 16 Female 18-24 50 SC Metre Butterfly****National: 28.56 N 20/08/2017 AYAKO TAKIMOTO****State: 28.72 S 9/08/2009 C. MARGRISON**

1	Dewallef, Victoria	23	UniSA Swimming Club	35.58	10
	16.37	35.58 (19.21)			

Event 16 Female 40-44 50 SC Metre Butterfly**National: 29.70 N 25/08/2018 GILLIAN O'MARA****State: 31.83 S 9/09/2012 AMANDA CARNE**

1	Gumm, Rebecca	42	Phoenix Masters Swimming Club	36.59	10
	15.95	36.59 (20.64)			

Event 16 Female 50-54 50 SC Metre Butterfly**National: 28.95 N 17/06/2023 SUSIE ONEILL****State: 32.94 S 1/05/2022 JOSEPHINE VARNEY**

1	Alvino-Felquer, Lidia	52	Adelaide Masters	42.90	10
	19.60	42.90 (23.30)			

Event 16 Female 65-69 50 SC Metre Butterfly**National: 34.30 N 22/04/2022 LEIGH RODGERS****State: 36.77 S 16/07/2023 JUDY THOMAS**

1	Shears, Bernadette	65	Tea Tree Gully Kingfishers Mas	56.09	10
	24.93	56.09 (31.16)			

Event 16 Male 18-24 50 SC Metre Butterfly**National: 24.32 N 28/06/2008 M. PATTERSON****State: 25.86 S 1/05/2022 ETHAN CROOK**

1	Nip, Hugo	21	UniSA Swimming Club	26.01	10
	12.04	26.01 (13.97)			
2	Mak, Julius	21	UniSA Swimming Club	29.08	9
	13.40	29.08 (15.68)			

Event 16 Male 25-29 50 SC Metre Butterfly**National: 23.25 N 24/08/2013 M. PATTERSON****State: 26.70 S 27/07/2025 JACK THIELE**

1	Thiele, Jack	29	UniSA Swimming Club	26.63 S	10
	12.10	26.63 (14.53)			

Event 16 Male 50-54 50 SC Metre Butterfly**National: 26.03 N 21/04/2024 TODD ROBINSON****State: 29.11 S 11/08/2019 STEPHEN OSBORNE**

1	Velliaris, Christopher	50	Western Districts Masters Swim	30.35	10
	13.80	30.35 (16.55)			
2	Cranley, Matthew	50	Noarlunga Masters	34.49	9
	15.80	34.49 (18.69)			

Event 16 Male 55-59 50 SC Metre Butterfly**National: 27.28 N 21/04/2024 JOHN MCKAIG****State: 29.60 S 27/07/2025 STEPHEN OSBORNE**

1	Osborne, Stephen	56	Phoenix Masters Swimming Club	30.17	10
	13.99	30.17 (16.18)			

Event 16 Male 60-64 50 SC Metre Butterfly**National: 29.25 N 21/04/2024 BRETT WOODS****State: 30.94 S 13/09/2020 MARK SMEDLEY**

1	Bullock, Rowan	60	Noarlunga Masters	39.19	10
	18.01	39.19 (21.18)			

2025 MSSA SC State Cup - 12/10/2025**Results - 1****(Event 16 Male 60-64 50 SC Metre Butterfly)**

2	Holley, Peter	62	Adelaide Masters	51.91	9
	23.84	51.91 (28.07)			

Event 17 Female 30-34 25 SC Metre Breaststroke

National: 15.31 N 23/09/2018 SALLY HUNTER

State: 15.31 S 23/09/2018 SALLY HUNTER

1	Kilner, Kelly	32	Phoenix Masters Swimming Club	24.38	10
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Event 17 Female 45-49 25 SC Metre Breaststroke

National: 15.29 N 16/07/2017 LINLEY FRAME

State: 18.00 S 26/06/2016 ILZE OSTROVSKA

1	Smith, Sonia	48	Mount Barker Masters SA	21.93	10
---	Bowen, Joanne	46	Phoenix Masters Swimming Club	NS	

Event 17 Female 50-54 25 SC Metre Breaststroke

National: 16.22 N 18/07/2009 JENNY WHITELEY

State: 18.46 S 26/06/2016 JULIE ASTLEY

1	McGiffert, Natalie	53	Phoenix Masters Swimming Club	20.24	10
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Event 17 Female 55-59 25 SC Metre Breaststroke

National: 16.86 N 18/08/2024 GABRIELLE OSBORNE

State: 19.15 S 11/09/2016 JOANNE SUTCLIFFE

1	Taylor, Julie	58	Phoenix Masters Swimming Club	20.34	10
2	Maher, Joanne	55	Cairns Mudcrabs	26.64	9

Event 17 Female 60-64 25 SC Metre Breaststroke

National: 17.22 N 6/10/2018 JENNY WHITELEY

State: 19.51 S 11/09/2016 M. HEFFERNAN

1	Doddridge, Margaret	63	Atlantis Masters	26.48	10
2	Impagnatiello, Anna	64	Henley Beach Masters	26.90	9
---	Bradley, Jenny	64	Atlantis Masters	NS	

Event 17 Male 18-24 25 SC Metre Breaststroke

National: 12.93 N 22/06/2025 ASHLEY NICHOLAS

State: 13.81 S 11/04/2021 CHUN YIK TAM

1	Sztolc, Samuel	23	UniSA Swimming Club	16.94	10
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Event 17 Male 30-34 25 SC Metre Breaststroke

National: 13.42 N 20/01/2013 CASEY FLOUCH

State: 15.00 S 15/09/2013 ACE LEWIS

1	Gravier, Charles	33	Adelaide Masters	21.63	10
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Event 17 Male 40-44 25 SC Metre Breaststroke

National: 13.68 N 29/08/2025 R. CHRZESCIJANSKI

State: 14.75 S 8/09/2024 ACE LEWIS

1	De Silva, Ushan	40	Aquadome Otters	17.08	10
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Event 17 Male 45-49 25 SC Metre Breaststroke

National: 13.80 N 23/10/2016 KELVIN YEW

State: 14.30 S 22/10/2017 TRISTAN HERBERT

1	Lewis, Ace	45	Marion Masters Swimming	14.80	10
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Event 17 Male 55-59 25 SC Metre Breaststroke

National: 14.51 N 21/03/2010 STUART ELLICOTT

State: 15.25 S 5/10/2019 MARK SMEDLEY

1	Sztolc, Radek	56	UniSA Swimming Club	18.85	10
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2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 17 Male 60-64 25 SC Metre Breaststroke****National: 14.99 N 6/10/2012 STUART ELLICOTT****State: 15.27 S 23/08/2020 MARK SMEDLEY**

1	Taylor, Dean	60	Phoenix Masters Swimming Club	19.49	10
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Event 17 Male 65-69 25 SC Metre Breaststroke**National: 15.59 N 14/10/2017 STUART ELLICOTT****State: 17.29 S 27/07/2025 MARK SMEDLEY**

1	Smedley, Mark	65	Adelaide Masters	16.64S	10
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Event 17 Male 75-79 25 SC Metre Breaststroke**National: 17.84 N 6/10/2012 TONY GOODWIN****State: 20.11 S 8/07/2007 JONATHAN DAVIES**

1	Bland, Tom	76	Atlantis Masters	24.39	10
2	Koudelka, Antonin	77	Atlantis Masters	25.59	9

Event 18 Female 30-34 100 SC Metre Freestyle**National: 57.10 N 28/06/2025 LINNEA MACK****State: 1:02.16 S 10/09/2017 CHARLENE SMITH**

1	Carter, Aimee	31	Marion Masters Swimming	1:08.99	10
	15.38	32.30 (16.92)	50.53 (18.23)	1:08.99 (18.46)	
2	Brain, Mardi	34	UniSA Swimming Club	1:16.31	9
	17.43	36.36 (18.93)	56.82 (20.46)	1:16.31 (19.49)	
3	Trebilcock, Bronwyn	34	Aquadome Otters	1:36.82	8
	22.32	47.64 (25.32)	1:12.38 (24.74)	1:36.82 (24.44)	

Event 18 Female 35-39 100 SC Metre Freestyle**National: 57.48 N 21/04/2024 NADINE LOOF****State: 1:02.52 S 22/02/2020 CHARLENE SMITH**

1	Palombo, Mattea	35	Marion Masters Swimming	1:27.91	10
	20.07	42.30 (22.23)	1:04.57 (22.27)	1:27.91 (23.34)	
2	Johnson, Annelise	38	Henley Beach Masters	1:30.21	9
	20.66	42.98 (22.32)	1:06.27 (23.29)	1:30.21 (23.94)	
3	Daughtry, Chelsea	36	Phoenix Masters Swimming Club	1:32.84	8
	20.77	44.18 (23.41)	1:07.80 (23.62)	1:32.84 (25.04)	

Event 18 Female 40-44 100 SC Metre Freestyle**National: 59.14 N 7/04/2010 JENNIE BUCKNELL****State: 1:02.25 S 27/07/2025 LEILA NAZIMI**

1	Nazimi, Leila	42	Henley Beach Masters	1:03.10	10
	13.96	29.92 (15.96)	46.21 (16.29)	1:03.10 (16.89)	

Event 18 Female 45-49 100 SC Metre Freestyle**National: 59.65 N 29/05/2011 JENNIE BUCKNELL****State: 1:04.55 S 1/05/2022 NICOL WRIGHT**

1	Tsoutouras, Emily	45	Adelaide Masters	1:14.06	10
	16.60	35.51 (18.91)	54.91 (19.40)	1:14.06 (19.15)	

Event 18 Female 50-54 100 SC Metre Freestyle**National: 1:00.15 N 28/08/2016 JENNIE BUCKNELL****State: 1:05.45 S 8/09/2024 JOSEPHINE VARNEY**

1	Goldner, Caroline	50	Aquadome Otters	1:50.57	10
	26.05	53.32 (27.27)	1:22.38 (29.06)	1:50.57 (28.19)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 18 Female 55-59 100 SC Metre Freestyle****National: 1:02.01 N 20/05/2023 JENNIE BUCKNELL****State: 1:08.09 S 22/02/2020 S. PALMER-WHITE**

1	Evans, Maggie	58	Marion Masters Swimming	1:27.84	10
	20.38	43.03 (22.65)	1:05.95 (22.92)	1:27.84 (21.89)	
2	Schulte, Sheryl	56	Henley Beach Masters	1:45.86	9
	22.04	48.18 (26.14)	1:16.74 (28.56)	1:45.86 (29.12)	

Event 18 Female 60-64 100 SC Metre Freestyle**National: 1:02.60 N 13/10/2018 JENNY WHITELEY****State: 1:09.19 S 11/04/2021 JOANNE SUTCLIFFE**

1	Gallasch, Judith	61	Adelaide Masters	1:20.30	10
	18.12	38.10 (19.98)	59.33 (21.23)	1:20.30 (20.97)	
2	Blogg Marquardt, Meg	61	Marion Masters Swimming	1:21.91	9
	18.75	39.61 (20.86)	1:01.16 (21.55)	1:21.91 (20.75)	
3	Chambers, Cheryl	63	Phoenix Masters Swimming Club	1:23.84	8
	19.13	40.41 (21.28)	1:02.29 (21.88)	1:23.84 (21.55)	
4	Brown, Yumi	60	Aquadome Otters	1:40.19	7
	22.94	48.81 (25.87)	1:40.19 (51.38)		
5	Bigioli, Danila	60	Phoenix Masters Swimming Club	1:44.75	6
	23.91	50.68 (26.77)	1:18.33 (27.65)	1:44.75 (26.42)	

Event 18 Female 65-69 100 SC Metre Freestyle**National: 1:07.97 N 4/08/2024 JENNY WHITELEY****State: 1:14.33 S 20/06/2021 M. HEFFERNAN**

1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	1:10.18 S	10
	16.14	33.94 (17.80)	52.32 (18.38)	1:10.18 (17.86)	
2	Wareing, Deborah	69	Marion Masters Swimming	1:17.33	9
	17.70	36.95 (19.25)	57.23 (20.28)	1:17.33 (20.10)	
3	Garrett, Lea	68	Atlantis Masters	1:54.81	8
	26.27	54.95 (28.68)	1:25.41 (30.46)	1:54.81 (29.40)	

Event 18 Female 70-74 100 SC Metre Freestyle**National: 1:16.52 N 24/09/2016 CLARY MUNNS****State: 1:32.04 S 11/04/2015 JOY PAGE**

1	Mayton, Eithne	74	Tea Tree Gully Kingfishers Mas	1:42.52	10
	22.09	48.41 (26.32)	1:15.07 (26.66)	1:42.52 (27.45)	
2	Gunn, Pamela	71	Adelaide Masters	1:53.71	9
	24.76	53.90 (29.14)	1:23.55 (29.65)	1:53.71 (30.16)	

Event 18 Female 75-79 100 SC Metre Freestyle**National: 1:19.97 N 30/08/2025 JANETTE JEFFREY****State: 1:33.85 S 30/07/2017 JOY PAGE**

1	Mulqueen, Jennifer	79	Tea Tree Gully Kingfishers Mas	1:58.48	10
	26.56	57.37 (30.81)	1:28.47 (31.10)	1:58.48 (30.01)	
2	Hill, Jeanette	77	Tea Tree Gully Kingfishers Mas	2:02.85	9
	27.19	57.34 (30.15)	1:30.21 (32.87)	2:02.85 (32.64)	

Event 18 Male 18-24 100 SC Metre Freestyle**National: 48.44 N 28/06/2008 M. PATTERSON****State: 52.06 S 11/04/2021 ETHAN CROOK**

1	Chow, Alvin Keng Yin	21	UniSA Swimming Club	55.54	10
	12.63	27.00 (14.37)	41.14 (14.14)	55.54 (14.40)	
2	Brouwers, John	24	UniSA Swimming Club	56.20	9
	12.41	26.24 (13.83)	40.69 (14.45)	56.20 (15.51)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 18 Male 35-39 100 SC Metre Freestyle****National: 51.27 N 13/09/2014 GREG PHILLIPS****State: 55.92 S 9/09/2007 CRAIG MARTIN**

1	Warr, Ben	39	Marion Masters Swimming	59.42	10
	13.53	28.18 (14.65)	43.42 (15.24)	59.42 (16.00)	

Event 18 Male 40-44 100 SC Metre Freestyle**National: 52.09 N 9/04/2016 TODD ROBINSON****State: 54.69 S 2/08/2009 STEPHEN M OSBORNE**

1	Pope, Adrian	41	Henley Beach Masters	1:11.89	10
	16.29	34.15 (17.86)	52.93 (18.78)	1:11.89 (18.96)	
2	Kim, Eoin	40	Tea Tree Gully Kingfishers Mas	1:14.43	9
	17.56	36.00 (18.44)	55.20 (19.20)	1:14.43 (19.23)	
3	Le, Kim	42	UniSA Swimming Club	1:26.32	8
	18.44	40.96 (22.52)	1:04.36 (23.40)	1:26.32 (21.96)	

Event 18 Male 45-49 100 SC Metre Freestyle**National: 52.53 N 11/04/2015 MARK THOMPSON****State: 56.55 S 22/02/2020 ANDREW STEPHENSON**

1	Medefindt, Craig	47	Tea Tree Gully Kingfishers Mas	1:08.87	10
	14.62	32.20 (17.58)	50.98 (18.78)	1:08.87 (17.89)	
2	Brodie, Mathew	46	Phoenix Masters Swimming Club	1:10.03	9
	15.61	33.31 (17.70)	52.37 (19.06)	1:10.03 (17.66)	
3	Popplewell, Joel	47	Phoenix Masters Swimming Club	1:14.61	8
	16.94	36.03 (19.09)	54.88 (18.85)	1:14.61 (19.73)	
4	Buche, Cedric	46	UniSA Swimming Club	1:15.78	7
	17.39	36.66 (19.27)	56.58 (19.92)	1:15.78 (19.20)	
5	Mckay, Greg	47	Phoenix Masters Swimming Club	1:40.29	6
	21.65	46.08 (24.43)	1:13.56 (27.48)	1:40.29 (26.73)	

Event 18 Male 50-54 100 SC Metre Freestyle**National: 53.66 N 21/04/2024 TODD ROBINSON****State: 57.30 S 7/10/2023 MARK PREISS**

1	Cranley, Andrew	52	Noarlunga Masters	1:31.11	10
	21.65	44.80 (23.15)	1:08.19 (23.39)	1:31.11 (22.92)	

Event 18 Male 55-59 100 SC Metre Freestyle**National: 55.31 N 21/04/2024 JOHN MCKAIG****State: 1:00.46 S 19/08/2007 GRAHAM CROFT**

1	Herbert, Shaun	55	Atlantis Masters	1:00.34 S	10
	13.92	28.90 (14.98)	44.40 (15.50)	1:00.34 (15.94)	
2	Rowell, Gavin	56	Marion Masters Swimming	1:07.18	9
	14.83	31.91 (17.08)	49.50 (17.59)	1:07.18 (17.68)	
3	Plouffe, James	57	UniSA Swimming Club	1:14.88	8
	17.16	35.98 (18.82)	56.36 (20.38)	1:14.88 (18.52)	

Event 18 Male 60-64 100 SC Metre Freestyle**National: 58.04 N 21/04/2024 BRETT WOODS****State: 1:02.88 S 3/08/2008 GRAHAM CROFT**

1	Bullock, Rowan	60	Noarlunga Masters	1:16.60	10
	17.36	37.13 (19.77)	56.98 (19.85)	1:16.60 (19.62)	
2	McKenny, Brian	60	Atlantis Masters	1:20.10	9
	17.82	37.85 (20.03)	59.51 (21.66)	1:20.10 (20.59)	
3	Loader, Marc	60	Marion Masters Swimming	1:25.21	8
	19.33	39.80 (20.47)	1:02.46 (22.66)	1:25.21 (22.75)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 18 Male 65-69 100 SC Metre Freestyle****National: 1:01.33 N 3/11/2024 PAUL BLACKBEARD****State: 1:05.50 S 15/09/2021 GRANT SIMPSON**

1	Crowder, George	69	Marion Masters Swimming	1:30.02	10
	20.95	43.30 (22.35)	1:07.23 (23.93)	1:30.02 (22.79)	
---	Garrett, Leigh	69	Atlantis Masters	NS	
---	Ferguson, Robert	65	Atlantis Masters	NS	

Event 18 Male 70-74 100 SC Metre Freestyle**National: 1:05.80 N 13/07/2025 ROBERT BUTCHER****State: 1:08.22 S 5/06/2022 IAN YOUNG**

1	Young, Ian	73	Marion Masters Swimming	1:14.27	10
	16.53	34.80 (18.27)	54.54 (19.74)	1:14.27 (19.73)	

Event 18 Male 75-79 100 SC Metre Freestyle**National: 1:09.52 N 10/05/2025 ROBERT PATTERSON****State: 1:10.62 S 11/04/2021 RON HARDIE**

1	Incher, David	76	Marion Masters Swimming	1:25.94	10
	21.26	43.02 (21.76)	1:04.71 (21.69)	1:25.94 (21.23)	

Event 19 Female 40-44 200 SC Metre Backstroke**National: 2:26.31 N 6/08/2011 HELEN WHITFORD****State: 2:33.40 S 7/09/2008 SHARON A BEAVER**

1	Osman-Walton, Sarah	41	Marion Masters Swimming	3:05.24	10
	20.34	42.67 (22.33)	1:05.70 (23.03)	1:29.53 (23.83)	
	1:53.27 (23.74)	2:17.27 (24.00)	2:41.35 (24.08)	3:05.24 (23.89)	

Event 19 Female 55-59 200 SC Metre Backstroke**National: 2:38.14 N 5/03/2022 HELEN WHITFORD****State: 2:42.26 S 22/10/2017 JOANNE SUTCLIFFE**

1	Beaver, Sharon	58	Phoenix Masters Swimming Club	2:54.55	10
	20.44	41.70 (21.26)	1:04.03 (22.33)	1:26.39 (22.36)	
	1:48.87 (22.48)	2:11.26 (22.39)	2:33.51 (22.25)	2:54.55 (21.04)	

Event 19 Female 70-74 200 SC Metre Backstroke**National: 3:05.23 N 17/10/2015 CLARY MUNNS****State: 3:44.32 S 26/10/2024 JEANNETTE WILTON**

1	Bell, Janet	73	Aquadome Otters	4:43.61	10
	33.70	1:10.31 (36.61)	1:45.00 (34.69)		
	2:56.95 ()	3:33.89 (36.94)	4:09.18 (35.29)	4:43.61 (34.43)	

Event 19 Male 18-24 200 SC Metre Backstroke**National: 2:06.47 N 11/04/2015 JOSHUA MCDERMOTT****State: 2:24.62 S 17/07/2022 ALVIN FU**

1	Seewsagur, Govind	23	UniSA Swimming Club	2:31.35	10
	16.58	34.29 (17.71)	52.46 (18.17)	1:11.95 (19.49)	
	1:31.58 (19.63)	1:51.96 (20.38)	2:11.93 (19.97)	2:31.35 (19.42)	

Event 19 Male 70-74 200 SC Metre Backstroke**National: 2:53.85 N 25/05/2019 STEPHEN LAMY****State: 3:38.35 S 15/08/2015 LAURANCE BRETT**

1	Fuller, Geoff	74	Henley Beach Masters	4:18.67	10
	30.91	1:02.81 (31.90)	1:35.68 (32.87)	2:07.86 (32.18)	
	2:41.50 (33.64)	3:13.36 (31.86)	3:47.73 (34.37)	4:18.67 (30.94)	

2025 MSSA SC State Cup - 12/10/2025**Results - 1****Event 20 Male 72-99 100 SC Metre Medley Relay****National: 48.88 N 21/04/2024 IPSWICH GRAMMAR****R COX, J ALLUM, H HARTY, S BERTING****State: 50.04 S 11/04/2021 UNISA****ALVIN FU, CHUN YIK TAM, ANDREW TRUONG, ETHAN CROOK**

1	UniSA Swimming Club	B	50.79	20
	1) Nip, Hugo M21	2) Chow, Alvin Keng Yin M21	3) Thiele, Jack M29	4) Brouwers, John M24
	13.41	27.70 (14.29)	39.62 (11.92)	50.79 (11.17)

Event 20 Male 120-159 100 SC Metre Medley Relay**National: 50.35 N 20/07/2014 SEASIDE PIRATES****J WATSON, P KERR, M PATTERSON, G PHILLIPS****State: 55.76 S 19/08/2007 ADELAIDE MASTER****J BARANOFF, M SMEDLEY, K RUNDLE, C ADDAMS**

1	UniSA Swimming Club	A	1:00.62	20
	1) Seewsagur, Govind M23	2) Sztolc, Samuel M23	3) Truong, Andrew M29	4) Buche, Cedric M46
	15.40	31.63 (16.23)	45.31 (13.68)	1:00.62 (15.31)

Event 20 Male 160-199 100 SC Metre Medley Relay**National: 51.88 N 6/08/2017 H2O****M CARP, B CARP, L MCDOWELL, C FOSTER****State: 56.41 S 11/09/2011 ADELAIDE MASTER****C ADDAMS, M SMEDLEY, S CARBONCINI, L WATERS**

1	UniSA Swimming Club	C	59.04	20
	1) ChowPC, Paco M24	2) Sztolc, Radek M56	3) Fu, Alvin M23	4) Plouffe, James M57
	15.00	32.92 (17.92)	45.23 (12.31)	59.04 (13.81)
2	Phoenix Masters Swimming Club	A	1:04.64	18
	1) Spence, Justin M45	2) Osborne, Andrew M50	3) Howe, Simon M51	4) Popplewell, Joel M47
	15.79	32.05 (16.26)	50.03 (17.98)	1:04.64 (14.61)
3	Tea Tree Gully Kingfishers Mas	A	1:04.76	16
	1) Coulter, Garth M46	2) Coombs, Mark M61	3) Kim, Eoin M40	4) Medefindt, Craig M47
	16.36	36.02 (19.66)	51.52 (15.50)	1:04.76 (13.24)
4	Adelaide Masters	A	1:10.51	14
	1) Morris, Brian M67	2) Smedley, Mark M65	3) Yip, James M27	4) Gravier, Charles M33
	22.15	39.36 (17.21)	54.01 (14.65)	1:10.51 (16.50)
---	Phoenix Masters Swimming Club	C	SCR	
	2) Brodie, Mathew M46		4) McKay, Greg M47	

Event 20 Male 200-239 100 SC Metre Medley Relay**National: 52.83 N 21/04/2024 TSA MASTERS****M BANKS, R BRYCE, S ZERBINI, S WINTER****State: 59.02 S 11/08/2019 HENLEY BEACH****A OSBORNE, J ELLUL, S OSBORNE, G SIMPSON**

1	Marion Masters Swimming	A	1:12.56	20
	1) Guse, Dean M57	2) Loader, Marc M60	3) Rowell, Gavin M56	4) Warr, Ben M39
	21.85	44.53 (22.68)	1:00.28 (15.75)	1:12.56 (12.28)

Event 20 Male 240-279 100 SC Metre Medley Relay**National: 58.51 N 21/04/2024 RIVER CITY****A AFFLECK, A CARLISLE, I ROBINSON, L MORGAN****State: 1:00.64 S 11/04/2021 MARION****A STEPHENSON, G ROWELL, I YOUNG, R HARDIE**

1	Phoenix Masters Swimming Club	B	1:05.90	20
	1) Dundon, John M63	2) Taylor, Dean M60	3) Osborne, Stephen M56	4) Sawicki, Ricky M65
	18.49	38.18 (19.69)	52.53 (14.35)	1:05.90 (13.37)

2025 MSSA SC State Cup - 12/10/2025**Results - 1****(Event 20 Male 240-279 100 SC Metre Medley Relay)**

2	Noarlunga Masters	A	1:21.43	18
1)	Cranley, Matthew M50	2) Cranley, Andrew M52	3) Bullock, Rowan M60	4) Axton, Bryan M84
	17.19	38.92 (21.73)	54.87 (15.95)	1:21.43 (26.56)
---	Atlantis Masters	A	SCR	

Event 20 Male 280-319 100 SC Metre Medley Relay

National: 1:06.26 N 8/04/2010 **MIAMI**
J CRISP, D LESLIE, H A VAGNER, N D. DURRANT
State: 1:14.08 S 22/09/2019 **ADELAIDE MASTER**
J DEAN, A WILL, M SMEDLEY, M BOSSLEY

1	Marion Masters Swimming	B	1:22.78	20
1)	Incher, David M76	2) Crowder, George M69	3) Young, Ian M73	4) Fowler, Anthony M70
	23.73	49.00 (25.27)	1:06.94 (17.94)	1:22.78 (15.84)
2	Atlantis Masters	B	1:25.61	18
1)	Spurling, Mike M62	2) Bland, Tom M76	3) McKenny, Brian M60	4) Suskin, Allan M83
	24.97	49.40 (24.43)	1:06.55 (17.15)	1:25.61 (19.06)

Event 21 Female 72-99 100 SC Metre Medley Relay

National: 1:06.72 N 29/05/2023 **MORNINGTON**
A GREEN, P MCGRATH, B SNYDERS, K COSMAN
State: 1:00.39 S 11/04/2021 **UNISA**
A SAGUBO, E ECKERT, S GRISTEDE, C ROBINSON

1	UniSA Swimming Club	A	1:06.18 N	20
1)	Kemp, Eva W22	2) Brain, Mardi W34	3) Dewallef, Victoria W23	4) Dowling, Charlotte W18
	17.26	37.11 (19.85)	52.42 (15.31)	1:06.18 (13.76)

Event 21 Female 120-159 100 SC Metre Medley Relay

National: 56.02 N 21/04/2024 **TSA MASTERS**
KADY IBELL, AMY-LEE BOWLER, ELISE KHO, NADINE LOOF
State: 1:01.89 S 5/08/2012 **ADELAIDE MASTER**
S PALMER-WHITE, I OSTROVSKA, C MARGRISON, J WATSON

1	Marion Masters Swimming	B	1:10.28	20
1)	Osman-Walton, Sarah W41	2) Carter, Aimee W31	3) Rickers, Natalie W48	4) Palombo, Mattea W35
	18.62	35.91 (17.29)	53.97 (18.06)	1:10.28 (16.31)

Event 21 Female 160-199 100 SC Metre Medley Relay

National: 1:00.34 N 20/05/2022 **UQ MASTERS**
K IBELL, C SCOLARO, N MACAULAY, K MCKEON
State: 1:03.56 S 24/09/2023 **PHOENIX**
N WRIGHT, R GUMM, K WELLINGTON, D HATZIMIHAIL

1	Phoenix Masters Swimming Club	A	1:08.11	20
1)	Daughtry, Chelsea W36	2) Gumm, Rebecca W42	3) Wellington, Kim W49	4) McGiffert, Natalie W53
	19.91	36.94 (17.03)	53.16 (16.22)	1:08.11 (14.95)
2	Henley Beach Masters	A	1:31.66	18
1)	Schulte, Sheryl W56	2) Impagnatiello, Anna W64	3) Menz, Matilda W34	4) Johnson, Annelise W38
	28.80	55.80 (27.00)	1:11.83 (16.03)	1:31.66 (19.83)

Event 21 Female 200-239 100 SC Metre Medley Relay

National: 1:00.78 N 21/04/2024 **TSA MASTERS**
J HAMILTON, C SCOLARO, N MACAULAY, J CAMPBELL
State: 1:10.24 S 5/06/2022 **PHOENIX**
J TAYLOR, N MCGIFFERT, K WELLINGTON, A CARNE

1	Adelaide Masters	A	1:15.82	20
1)	Gallasch, Judith W61	2) Bowman, Julie W60	3) Alvino-Felquer, Lidia W52	4) Tsoutouras, Emily W45
	22.22	42.15 (19.93)	1:00.70 (18.55)	1:15.82 (15.12)

2025 MSSA SC State Cup - 12/10/2025**Results - 1****(Event 21 Female 200-239 100 SC Metre Medley Relay)**

2	Aquadome Otters	A	1:22.29	18
1) Trebilcock, Bronwyn W34	2) O'Shea, Penelope W68	3) Palmer, Brigetta W49	4) Brown, Yumi W60	
21.61	47.71 (26.10)	1:04.70 (16.99)	1:22.29 (17.59)	
3	Noarlunga Masters	A	1:37.00	16
1) Wilton, Jeannette W71	2) Small, Amy W30	3) Hayes, Helen W55	4) Faulkner, Gillian W75	
22.93	46.67 (23.74)	1:10.14 (23.47)	1:37.00 (26.86)	
---	Phoenix Masters Swimming Club	C	SCR	
1) Bowen, Joanne W46			4) Mckenna, Amanda W59	

Event 21 Female 240-279 100 SC Metre Medley Relay**National: 1:07.61 N 19/08/2018 MALVERN MARLINS****A MCNEIL, J JEFFREY, L RODGERS, D BRIGGS****State: 1:11.11 S 21/05/2023 ATLANTIS****R FOREMAN, M HEFFERNAN, J THOMAS, M DODDRIDGE**

1	Phoenix Masters Swimming Club	B	1:13.79	20
1) Beaver, Sharon W58	2) Taylor, Julie W58	3) Sutcliffe, Joanne W65	4) Chambers, Cheryl W63	
18.66	39.28 (20.62)	56.10 (16.82)	1:13.79 (17.69)	
2	Marion Masters Swimming	A	1:20.76	18
1) Evans, Maggie W58	2) Buchanan, Bernadette W56	3) Wareing, Deborah W69	4) Blogg Marquardt, Meg W61	
21.79	45.57 (23.78)	1:04.74 (19.17)	1:20.76 (16.02)	
3	Tea Tree Gully Kingfishers Mas	A	1:35.73	16
1) Horn, Danielle W40	2) Haberfield, Helen W63	3) Shears, Bernadette W65	4) Mulqueen, Jennifer W79	
21.85	47.32 (25.47)	1:11.67 (24.35)	1:35.73 (24.06)	
4	Atlantis Masters	A	1:37.15	14
1) Chavez, Claudia W52	2) Ormsby, Robyn W70	3) Doddridge, Margaret W63	4) Garrett, Lea W68	
25.64	53.28 (27.64)	1:15.08 (21.80)	1:37.15 (22.07)	

Event 21 Female 280-319 100 SC Metre Medley Relay**National: 1:19.45 N 15/09/2021 ATLANTIS****JUDY THOMAS, JOY PAGE, M. HEFFERNAN, JAN SIMONS****State: 1:19.45 S 15/09/2021 ATLANTIS****JUDY THOMAS, JOY PAGE, M. HEFFERNAN, JAN SIMONS**

1	Tea Tree Gully Kingfishers Mas	B	1:43.38	20
1) Gill, Janice W72	2) Mayton, Eithne W74	3) Blackmore, Anita W61	4) Hill, Jeanette W77	
28.48	55.56 (27.08)	1:01.58 (6.02)	1:43.38 (41.80)	