

2025 MSSA LC Long Distance Meet - 9/11/2025**Team Rankings - Through Event 11****Combined Team Scores**

Place	Team	Points
1	Phoenix Masters Swimming Club	184
2	Noarlunga Masters	175
3	Adelaide Masters	155
4	Aquadome Otters	86
5	Henley Beach Masters	84
6	Tea Tree Gully Kingfishers Mas	79
7	Marion Masters Swimming	58
8	UniSA Swimming Club	40
9	Atlantis Masters	24
10	Darwin Stingers Masters Swimmi	20
10	Wett Ones Swimming Club Inc	20
10	Brunswick Belugas Masters Swim	20
13	Cairns Mudcrabs Masters Swimmi	18

2025 MSSA LC Long Distance Meet – 9 November 2025				
Possible National Records Achieved				
Stephanie Palmer-White	Adelaide Masters	60-64	800m Butterfly	13m10.63s
Joanne Sutcliffe	Phoenix Masters	65-69	1500m Backstroke	23m09.93s
SA State Records Achieved				
Alison Ward	Noarlunga Masters	40-44	400m Breaststroke	7m22.05s
Julie Bowman	Adelaide Masters	60-64	1500m Freestyle	21m49.71s
Stephanie Palmer-White	Adelaide Masters	60-64	800m Butterfly	13m10.63s
Joanne Sutcliffe	Phoenix Masters	65-69	1500m Backstroke	23m09.93s
Joanne Sutcliffe	Phoenix Masters	65-69	800m Backstroke	12m18.59s (Split)
Liam McHugh	UniSA	30-34	1500m Freestyle	17m20.54s
Liam McHugh	UniSA	30-34	800m Freestyle	9m15.87s (Split)
Liam McHugh	UniSA	30-34	400m Backstroke	5m03.57s
Eoin Kim	Tea Tree Gully	40-44	800m Butterfly	14m54.70s
Ace Lewis	Marion Masters	45-49	1500m Breaststroke	25m23.14s
Matthew Cranley	Noarlunga Masters	50-54	400m Backstroke	6m05.89s
David Bryce	Phoenix Masters	50-54	800m Butterfly	15m21.95s
Mark Coombs	Tea Tree Gully	60-64	800m Breaststroke	16m03.10s
Mark Coombs	Tea Tree Gully	60-64	400m Breaststroke	7m59.51s (Split)
Mark Coombs	Tea Tree Gully	60-64	400m Breaststroke	7m48.88s
NSW State Records Achieved				
Kimberlee Currell	Wett Ones	30-34	800m Breaststroke	13m10.94s
Kimberlee Currell	Wett Ones	30-34	400m Breaststroke	6m28.66s (Split)
Kimberlee Currell	Wett Ones	30-34	400m Breaststroke	6m23.81s
NT State Records Achieved				
Rebecca Mather-Brown	Darwin Stingrays	50-54	1500m Freestyle	21m14.12s

2025 MSSA LC Long Distance Meet - 9/11/2025**Individual Rankings - Through Event 11****25-29 Female - Individual Scores**

Place	Name	Age	Team	Points
1	Vidura, Kimberley	29	UniSA Swimming Club	20

30-34 Female - Individual Scores

Place	Name	Age	Team	Points
1	Small, Amy	30	Noarlunga Masters	20
1	Currell, Kimberlee	31	Wett Ones Swimming Club Inc	20
3	Kilner, Kelly	32	Phoenix Masters Swimming Club	10
4	Trebilcock, Bronwyn	34	Aquadome Otters	9

40-44 Female - Individual Scores

Place	Name	Age	Team	Points
1	Nazimi, Leila	42	Henley Beach Masters	20
1	Ward, Alison	42	Noarlunga Masters	20
3	Horn, Danielle	40	Tea Tree Gully Kingfishers Mas	19

45-49 Female - Individual Scores

Place	Name	Age	Team	Points
1	Palmer, Brigetta	49	Aquadome Otters	20

50-54 Female - Individual Scores

Place	Name	Age	Team	Points
1	Mather-Brown, Rebecca	52	Darwin Stingers Masters Swimmi	20
2	Lau, Kim	54	Adelaide Masters	19
2	Goldner, Caroline	50	Aquadome Otters	19
4	McGiffert, Natalie	53	Phoenix Masters Swimming Club	10

55-59 Female - Individual Scores

Place	Name	Age	Team	Points
1	Hayes, Helen	55	Noarlunga Masters	20
1	Taylor, Julie	58	Phoenix Masters Swimming Club	20
1	Beaver, Sharon	58	Phoenix Masters Swimming Club	20
4	Schulte, Sheryl	56	Henley Beach Masters	19
5	Maher, Joanne	55	Cairns Mudcrabs Masters Swimmi	18

60-64 Female - Individual Scores

Place	Name	Age	Team	Points
1	Webb, Leonie	60	Henley Beach Masters	18
2	Palmer-White, Stephanie	61	Adelaide Masters	10
2	Gallasch, Judith	61	Adelaide Masters	10
2	Bowman, Julie	60	Adelaide Masters	10
5	Muir-Cochrane, Eimear	63	Phoenix Masters Swimming Club	9
6	Impagnatiello, Anna	64	Henley Beach Masters	7

65-69 Female - Individual Scores

Place	Name	Age	Team	Points
1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	20
2	O'Shea, Penelope	68	Aquadome Otters	18
3	Ruler, Amanda	66	Adelaide Masters	10
4	Wareing, Deborah	69	Marion Masters Swimming	9

70-74 Female - Individual Scores

Place	Name	Age	Team	Points
1	Bell, Janet	73	Aquadome Otters	20
2	Gunn, Pamela	71	Adelaide Masters	19

2025 MSSA LC Long Distance Meet - 9/11/2025**Individual Rankings - Through Event 11****75-79 Female - Individual Scores**

Place	Name	Age	Team	Points
1	Faulkner, Gillian	75	Noarlunga Masters	20

2025 MSSA LC Long Distance Meet - 9/11/2025**Individual Rankings - Through Event 11****25-29 Male - Individual Scores**

Place	Name	Age	Team	Points
1	Yip, James	27	Adelaide Masters	10

30-34 Male - Individual Scores

Place	Name	Age	Team	Points
1	McHugh, Liam	30	UniSA Swimming Club	20

35-39 Male - Individual Scores

Place	Name	Age	Team	Points
1	Smith, Elliott	36	Adelaide Masters	10

40-44 Male - Individual Scores

Place	Name	Age	Team	Points
1	Kim, Eoin	40	Tea Tree Gully Kingfishers Mas	20

45-49 Male - Individual Scores

Place	Name	Age	Team	Points
1	Coulter, Garth	46	Tea Tree Gully Kingfishers Mas	20
2	Spence, Justin	45	Phoenix Masters Swimming Club	19
3	Popplewell, Joel	47	Phoenix Masters Swimming Club	17
4	Lockwood, Matthew	49	Adelaide Masters	10
4	Baranoff, John	49	Phoenix Masters Swimming Club	10
6	Lewis, Ace	45	Marion Masters Swimming	9

50-54 Male - Individual Scores

Place	Name	Age	Team	Points
1	Cranley, Matthew	50	Noarlunga Masters	20
1	Bryce, David	50	Phoenix Masters Swimming Club	20
3	Cranley, Andrew	52	Noarlunga Masters	19

55-59 Male - Individual Scores

Place	Name	Age	Team	Points
1	Goldie, Scott	55	Adelaide Masters	20
2	Lawrie, Stew	57	Noarlunga Masters	18
3	Guse, Dean	57	Marion Masters Swimming	10
3	Osborne, Stephen	56	Phoenix Masters Swimming Club	10
3	Rowell, Gavin	56	Marion Masters Swimming	10

60-64 Male - Individual Scores

Place	Name	Age	Team	Points
1	Matthews, Andrew	60	Brunswick Belugas Masters Swim	20
1	Coombs, Mark	61	Tea Tree Gully Kingfishers Mas	20
3	Bullock, Rowan	60	Noarlunga Masters	19
3	Taylor, Dean	60	Phoenix Masters Swimming Club	19
5	Holley, Peter	62	Adelaide Masters	17
6	Spurling, Mike	62	Atlantis Masters	16

65-69 Male - Individual Scores

Place	Name	Age	Team	Points
1	Morris, Brian	67	Adelaide Masters	10

70-74 Male - Individual Scores

Place	Name	Age	Team	Points
1	Fuller, Geoff	74	Henley Beach Masters	20
2	Young, Ian	73	Marion Masters Swimming	10

75-79 Male - Individual Scores

2025 MSSA LC Long Distance Meet - 9/11/2025**Individual Rankings - Through Event 11**

Place	Name	Age	Team	Points
1	Faulkner, Geoffrey	76	Noarlunga Masters	19
2	Incher, David	76	Marion Masters Swimming	10
3	Koudelka, Antonin	77	Atlantis Masters	8

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 1 Female 30-34 1500 LC Metre Freestyle****National: 18:27.59 N 1/05/1993 PENNY BOND****State: 19:41.63 S 1/11/2014 LEILA NAZIMI**

	Name	Age	Team	Finals Time	Points
1	Small, Amy	30	Noarlunga Masters	27:17.75	10
	1:36.65	3:23.52 (1:46.87)	5:12.04 (1:48.52)	7:01.40 (1:49.36)	
	8:51.73 (1:50.33)	10:42.49 (1:50.76)	12:33.56 (1:51.07)	14:24.43 (1:50.87)	
	16:13.85 (1:49.42)	18:03.68 (1:49.83)	19:54.85 (1:51.17)	21:46.33 (1:51.48)	
	23:38.29 (1:51.96)	25:30.87 (1:52.58)	27:17.75 (1:46.88)		
---	Trebilcock, Bronwyn	34	Aquadome Otters	NS	

Event 1 Female 40-44 1500 LC Metre Freestyle**National: 18:00.29 N 4/05/2017 KIRSTEN CAMERON****State: 19:00.49 S 5/11/2023 LEILA NAZIMI**

1	Nazimi, Leila	42	Henley Beach Masters	19:41.55	10
	1:12.92	2:29.87 (1:16.95)	3:47.50 (1:17.63)	5:05.30 (1:17.80)	
	6:23.31 (1:18.01)	7:41.39 (1:18.08)	9:00.53 (1:19.14)	10:20.06 (1:19.53)	
	11:39.37 (1:19.31)	12:59.57 (1:20.20)	14:19.62 (1:20.05)	15:40.31 (1:20.69)	
	17:02.40 (1:22.09)	18:23.45 (1:21.05)	19:41.55 (1:18.10)		

Event 1 Female 50-54 1500 LC Metre Freestyle**National: 19:37.26 N 22/11/2008 JENNY WHITELEY****State: 19:57.32 S 28/10/2018 S. PALMER-WHITE**

1	Mather-Brown, Rebecca	52	Darwin Stingrays Masters Swimmi	21:14.12 NT	10
	1:19.73	2:44.29 (1:24.56)	4:09.54 (1:25.25)	5:35.00 (1:25.46)	
	7:01.12 (1:26.12)	8:25.63 (1:24.51)	9:51.18 (1:25.55)	11:16.25 (1:25.07)	
	12:41.12 (1:24.87)	14:06.93 (1:25.81)	15:31.94 (1:25.01)	16:58.32 (1:26.38)	
	18:24.00 (1:25.68)	19:50.35 (1:26.35)	21:14.12 (1:23.77)		
2	Goldner, Caroline	50	Aquadome Otters	30:38.62	9
	1:56.59	4:00.11 (2:03.52)	6:03.04 (2:02.93)	8:06.75 (2:03.71)	
	10:09.86 (2:03.11)	12:12.30 (2:02.44)	14:16.12 (2:03.82)	16:20.85 (2:04.73)	
	18:23.96 (2:03.11)	20:28.18 (2:04.22)	22:31.37 (2:03.19)	24:34.57 (2:03.20)	
	26:37.90 (2:03.33)	28:40.07 (2:02.17)	30:38.62 (1:58.55)		

Event 1 Female 60-64 1500 LC Metre Freestyle**National: 19:09.09 N 24/11/2024 JEANETTE BRITS****State: 21:49.72 S 15/10/2017 M. HEFFERNAN**

1	Bowman, Julie	60	Adelaide Masters	21:49.71 S	10
	1:21.58	2:49.44 (1:27.86)	4:17.19 (1:27.75)	5:45.77 (1:28.58)	
	7:13.38 (1:27.61)	8:41.13 (1:27.75)	10:08.61 (1:27.48)	11:36.32 (1:27.71)	
	13:04.41 (1:28.09)	14:32.40 (1:27.99)	15:59.90 (1:27.50)	17:27.34 (1:27.44)	
	18:54.71 (1:27.37)	20:24.40 (1:29.69)	21:49.71 (1:25.31)		
2	Muir-Cochrane, Eimear	63	Phoenix Masters Swimming Club	29:37.99	9
	1:46.71	3:43.83 (1:57.12)	5:40.66 (1:56.83)	7:37.88 (1:57.22)	
	9:36.36 (1:58.48)	11:35.03 (1:58.67)	13:34.39 (1:59.36)	15:34.51 (2:00.12)	
	17:33.79 (1:59.28)	19:35.40 (2:01.61)	21:35.52 (2:00.12)	23:37.50 (2:01.98)	
	25:39.09 (2:01.59)	27:40.22 (2:01.13)	29:37.99 (1:57.77)		
3	Webb, Leonie	60	Henley Beach Masters	31:04.93	8
	1:56.79	3:59.59 (2:02.80)	6:02.50 (2:02.91)	8:06.81 (2:04.31)	
	10:10.72 (2:03.91)	12:16.12 (2:05.40)	14:20.36 (2:04.24)	16:25.08 (2:04.72)	
	18:29.50 (2:04.42)	20:34.20 (2:04.70)	22:40.39 (2:06.19)	24:45.27 (2:04.88)	
	26:51.05 (2:05.78)	29:01.17 (2:10.12)	31:04.93 (2:03.76)		
4	Impagnatiello, Anna	64	Henley Beach Masters	31:37.40	7
	1:55.99	4:02.71 (2:06.72)	6:10.13 (2:07.42)	8:18.38 (2:08.25)	
	10:25.92 (2:07.54)	12:33.13 (2:07.21)	14:41.10 (2:07.97)	16:48.83 (2:07.73)	
	18:56.40 (2:07.57)	21:04.35 (2:07.95)	23:12.29 (2:07.94)	25:20.92 (2:08.63)	
	27:29.01 (2:08.09)	29:37.44 (2:08.43)	31:37.40 (1:59.96)		
---	Brown, Yumi	60	Aquadome Otters	NS	

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 1 Female 65-69 1500 LC Metre Freestyle****National: 20:43.62 N 6/11/2024 JENNY WHITELEY****State: 22:23.30 S 16/10/2021 M. HEFFERNAN**

1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	23:09.93	10
	1:29.91	3:03.09 (1:33.18)	4:35.04 (1:31.95)	6:08.08 (1:33.04)	
	7:40.78 (1:32.70)	9:12.98 (1:32.20)	10:46.48 (1:33.50)	12:18.59 (1:32.11)	
	13:52.63 (1:34.04)	15:25.17 (1:32.54)	16:58.12 (1:32.95)	18:31.12 (1:33.00)	
	20:05.13 (1:34.01)	21:38.73 (1:33.60)	23:09.93 (1:31.20)		
2	Wareing, Deborah	69	Marion Masters Swimming	23:33.27	9
	1:28.51	3:02.49 (1:33.98)	4:35.27 (1:32.78)	6:08.90 (1:33.63)	
	7:43.63 (1:34.73)	9:18.72 (1:35.09)	10:53.80 (1:35.08)	12:29.25 (1:35.45)	
	14:04.11 (1:34.86)	15:38.60 (1:34.49)	17:14.00 (1:35.40)	18:49.28 (1:35.28)	
	20:24.74 (1:35.46)	22:00.31 (1:35.57)	23:33.27 (1:32.96)		
3	O'Shea, Penelope	68	Aquadome Otters	38:46.96	8
	2:17.27	4:49.39 (2:32.12)	7:21.53 (2:32.14)	9:54.87 (2:33.34)	
	12:30.86 (2:35.99)	15:07.71 (2:36.85)	17:46.39 (2:38.68)	20:23.77 (2:37.38)	
	23:03.83 (2:40.06)	25:40.07 (2:36.24)	28:17.11 (2:37.04)	30:54.95 (2:37.84)	
	33:33.71 (2:38.76)	36:14.12 (2:40.41)	38:46.96 (2:32.84)		

Event 1 Female 70-74 1500 LC Metre Freestyle**National: 23:49.60 N 11/03/2016 JEN THOMASSON****State: 27:21.63 S 5/11/2023 EITHNE MAYTON**

1	Bell, Janet	73	Aquadome Otters	32:34.00	10
	1:56.90	4:06.00 (2:09.10)	6:15.39 (2:09.39)	8:24.10 (2:08.71)	
	10:33.87 (2:09.77)	12:44.32 (2:10.45)	14:57.23 (2:12.91)	17:07.77 (2:10.54)	
	19:19.65 (2:11.88)	21:32.61 (2:12.96)	23:45.72 (2:13.11)	25:59.00 (2:13.28)	
	28:12.39 (2:13.39)	30:25.79 (2:13.40)	32:34.00 (2:08.21)		
2	Gunn, Pamela	71	Adelaide Masters	33:11.18	9
	2:01.51	4:13.41 (2:11.90)	6:28.47 (2:15.06)	8:42.46 (2:13.99)	
	10:55.70 (2:13.24)	13:09.55 (2:13.85)	15:22.44 (2:12.89)	17:36.64 (2:14.20)	
	19:51.22 (2:14.58)	22:05.86 (2:14.64)	24:20.79 (2:14.93)	26:34.84 (2:14.05)	
	28:49.00 (2:14.16)	31:04.36 (2:15.36)	33:11.18 (2:06.82)		
---	Mayton, Eithne	74	Tea Tree Gully Kingfishers Mas	NS	

Event 1 Female 75-79 1500 LC Metre Freestyle**National: 26:21.36 N 18/11/2023 ROSA MONTAGUE****State: 35:14.21 S 11/11/2012 DIANE ROSS**

1	Faulkner, Gillian	75	Noarlunga Masters	36:12.66	10
	2:15.17	4:37.13 (2:21.96)	7:01.25 (2:24.12)	9:25.85 (2:24.60)	
	11:51.25 (2:25.40)	14:16.95 (2:25.70)	16:42.26 (2:25.31)	19:07.89 (2:25.63)	
	21:33.14 (2:25.25)	23:59.45 (2:26.31)	26:26.20 (2:26.75)	28:52.16 (2:25.96)	
	31:18.85 (2:26.69)	33:45.54 (2:26.69)	36:12.66 (2:27.12)		

Event 1 Male 25-29 1500 LC Metre Freestyle**National: 16:38.26 N 25/02/2020 DARIUS SCHULTZ****State: 18:27.16 S 7/11/2021 LIAM MCHUGH**

---	Hussein, Nouri	29	Aquadome Otters	NS	
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Event 1 Male 30-34 1500 LC Metre Freestyle**National: 17:15.08 N 29/08/1998 DARREN TURNER****State: 20:37.84 S 7/11/2010 JOHN A BARANOFF**

1	McHugh, Liam	30	UniSA Swimming Club	17:20.54 S	10
	1:04.23	2:13.08 (1:08.85)	3:23.91 (1:10.83)	4:34.31 (1:10.40)	
	5:46.20 (1:11.89)	6:56.50 (1:10.30)	8:06.28 (1:09.78)	9:15.87 (1:09.59)	
	10:26.23 (1:10.36)	11:36.14 (1:09.91)	12:46.45 (1:10.31)	13:56.05 (1:09.60)	
	15:05.31 (1:09.26)	16:14.56 (1:09.25)	17:20.54 (1:05.98)		

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 1 Male 35-39 1500 LC Metre Freestyle****National: 17:13.09 N 10/06/2017 NICOLA FRASCHINI****State: 18:17.72 S 26/01/1999 CRAIG JONES**

--- Eldridge, Ross 38 Adelaide Masters

DNF

Did not finish

1:09.22 2:29.77 (1:20.55) 3:52.08 (1:22.31) 5:15.21 (1:23.13)

6:39.42 (1:24.21) 8:03.96 (1:24.54) 9:28.58 (1:24.62) 10:54.61 (1:26.03)

12:19.61 (1:25.00) 13:46.68 (1:27.07)

Event 1 Male 45-49 1500 LC Metre Freestyle**National: 17:32.61 N 6/01/2004 FRANCIS CHRISTIAN****State: 18:55.44 S 30/11/2008 MARK SMEDLEY**

1 Baranoff, John 49 Phoenix Masters Swimming Club

22:36.97

10

1:20.07 2:47.92 (1:27.85) 4:18.17 (1:30.25) 5:48.41 (1:30.24)

7:20.72 (1:32.31) 8:52.83 (1:32.11) 10:24.83 (1:32.00) 11:55.78 (1:30.95)

13:27.00 (1:31.22) 14:58.76 (1:31.76) 16:31.26 (1:32.50) 18:04.24 (1:32.98)

19:38.77 (1:34.53) 21:10.50 (1:31.73) 22:36.97 (1:26.47)

2 Lewis, Ace 45 Marion Masters Swimming

25:23.14

9

1:32.14 3:12.97 (1:40.83) 4:55.51 (1:42.54) 6:37.10 (1:41.59)

8:19.82 (1:42.72) 10:02.70 (1:42.88) 11:44.69 (1:41.99) 13:25.25 (1:40.56)

15:09.32 (1:44.07) 16:52.41 (1:43.09) 18:35.97 (1:43.56) 20:19.03 (1:43.06)

22:02.41 (1:43.38) 23:44.11 (1:41.70) 25:23.14 (1:39.03)

Event 1 Male 50-54 1500 LC Metre Freestyle**National: 18:00.54 N 15/09/2007 FRANCIS CHRISTIAN****State: 18:51.18 S 17/10/2008 GRANT SIMPSON**

1 Cranley, Matthew 50 Noarlunga Masters

22:14.58

10

1:20.13 2:48.16 (1:28.03) 4:18.39 (1:30.23) 5:48.66 (1:30.27)

7:19.13 (1:30.47) 8:48.60 (1:29.47) 10:19.01 (1:30.41) 11:48.94 (1:29.93)

13:18.33 (1:29.39) 14:48.98 (1:30.65) 16:19.24 (1:30.26) 17:49.72 (1:30.48)

19:19.10 (1:29.38) 20:48.86 (1:29.76) 22:14.58 (1:25.72)

Event 1 Male 55-59 1500 LC Metre Freestyle**National: 18:40.63 N 7/06/2014 PAUL BLACKBEARD****State: 19:08.25 S 23/10/2011 GRANT SIMPSON**

1 Goldie, Scott 55 Adelaide Masters

21:00.37

10

1:19.09 2:42.80 (1:23.71) 4:08.18 (1:25.38) 5:33.09 (1:24.91)

6:58.09 (1:25.00) 8:22.41 (1:24.32) 9:46.47 (1:24.06) 11:11.28 (1:24.81)

12:35.49 (1:24.21) 13:59.99 (1:24.50) 15:25.59 (1:25.60) 16:50.35 (1:24.76)

18:15.19 (1:24.84) 19:39.04 (1:23.85) 21:00.37 (1:21.33)

Event 1 Male 60-64 1500 LC Metre Freestyle**National: 18:26.65 N 7/09/2019 PAUL BLACKBEARD****State: 19:50.30 S 15/10/2017 GRANT SIMPSON**

1 Matthews, Andrew 60 Brunswick Belugas Masters Swim

22:36.18

10

1:22.31 2:53.72 (1:31.41) 4:25.59 (1:31.87) 5:56.32 (1:30.73)

7:27.14 (1:30.82) 8:58.51 (1:31.37) 10:29.73 (1:31.22) 12:01.87 (1:32.14)

13:32.82 (1:30.95) 15:05.22 (1:32.40) 16:35.80 (1:30.58) 18:08.59 (1:32.79)

19:40.46 (1:31.87) 21:10.83 (1:30.37) 22:36.18 (1:25.35)

2 Holley, Peter 62 Adelaide Masters

28:31.25

9

1:44.75 3:37.74 (1:52.99) 5:33.22 (1:55.48) 7:27.57 (1:54.35)

9:22.39 (1:54.82) 11:16.30 (1:53.91) 13:10.40 (1:54.10) 15:04.71 (1:54.31)

17:00.14 (1:55.43) 18:56.35 (1:56.21) 20:52.67 (1:56.32) 22:47.79 (1:55.12)

24:43.88 (1:56.09) 26:40.34 (1:56.46) 28:31.25 (1:50.91)

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 1 Male 75-79 1500 LC Metre Freestyle****National: 23:34.18 N 6/11/2024 GERRY TUCKER****State: 26:11.05 S 5/11/2023 STEPHEN CARTHEW**

1	Faulkner, Geoffrey	76	Noarlunga Masters	35:47.28	10
	2:00.34	4:19.50 (2:19.16)	6:38.27 (2:18.77)	8:57.10 (2:18.83)	
	11:18.81 (2:21.71)	13:42.42 (2:23.61)	16:06.23 (2:23.81)	18:29.84 (2:23.61)	
	20:56.20 (2:26.36)	23:25.75 (2:29.55)	25:53.65 (2:27.90)	28:22.01 (2:28.36)	
	30:57.82 (2:35.81)	33:22.10 (2:24.28)	35:47.28 (2:25.18)		

Event 2 Female 30-34 800 LC Metre Breaststroke**National: 12:45.16 N 4/05/1996 MEGAN SHERWOOD****State: 14:27.02 S 15/11/1992 MEREDITH TAYLOR**

1	Currell, Kimberlee	31	Wett Ones Swimming Club Inc	13:10.94 NSW	10
	1:28.80	3:07.34 (1:38.54)	4:47.72 (1:40.38)	6:28.66 (1:40.94)	
	8:09.61 (1:40.95)	9:51.98 (1:42.37)	11:32.14 (1:40.16)	13:10.94 (1:38.80)	

Event 2 Female 55-59 800 LC Metre Breaststroke**National: 13:52.12 N 16/11/2014 JENNY WHITELEY****State: 15:27.54 S 11/11/2012 M. HEFFERNAN**

1	Taylor, Julie	58	Phoenix Masters Swimming Club	15:40.14	10
	1:51.65	3:53.76 (2:02.11)	5:55.06 (2:01.30)	7:53.48 (1:58.42)	
	9:50.05 (1:56.57)	11:48.15 (1:58.10)	13:46.14 (1:57.99)	15:40.14 (1:54.00)	

Event 2 Female 75-79 800 LC Metre Breaststroke**National: 16:57.32 N 7/03/2020 CLARY MUNNS**

--- Vowles, Judy 76 Marion Masters Swimming NS

Event 2 Male 35-39 800 LC Metre Breaststroke**National: 12:14.64 N 23/07/2023 JUSTIN GILES****State: 13:30.96 S 13/11/2016 ACE LEWIS**

1	Smith, Elliott	36	Adelaide Masters	14:15.85	10
	1:39.00	3:27.05 (1:48.05)	5:15.76 (1:48.71)	7:03.43 (1:47.67)	
	8:53.36 (1:49.93)	10:43.46 (1:50.10)	12:33.54 (1:50.08)	14:15.85 (1:42.31)	

Event 2 Male 40-44 800 LC Metre Breaststroke**National: 11:36.80 N 25/11/2018 AARON CLELAND****State: 13:09.55 S 6/11/2024 ACE LEWIS**

1	Kim, Eoin	40	Tea Tree Gully Kingfishers Mas	14:40.85	10
	1:40.06	3:29.16 (1:49.10)	5:20.29 (1:51.13)	7:12.75 (1:52.46)	
	9:05.06 (1:52.31)	10:56.96 (1:51.90)	12:48.59 (1:51.63)	14:40.85 (1:52.26)	

Event 2 Male 45-49 800 LC Metre Breaststroke**National: 11:29.61 N 7/12/2019 AARON CLELAND****State: 13:10.11 S 30/11/2008 MARK SMEDLEY**

1	Lockwood, Matthew	49	Adelaide Masters	18:02.91	10
	2:01.50	4:21.30 (2:19.80)	6:38.12 (2:16.82)	8:57.49 (2:19.37)	
	11:15.84 (2:18.35)	13:35.91 (2:20.07)	15:55.18 (2:19.27)	18:02.91 (2:07.73)	

Event 2 Male 60-64 800 LC Metre Breaststroke**National: 13:29.01 N 21/11/1999 MICHAEL MOLONEY****State: 16:35.94 S 7/11/2010 PHILLIP GRAY**

1	Coombs, Mark	61	Tea Tree Gully Kingfishers Mas	16:03.10 S	10
	1:53.02	3:54.32 (2:01.30)	5:56.06 (2:01.74)	7:59.51 (2:03.45)	
	10:02.45 (2:02.94)	12:04.10 (2:01.65)	14:05.60 (2:01.50)	16:03.10 (1:57.50)	

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 2 Male 75-79 800 LC Metre Breaststroke****National: 15:27.34 N 27/11/2022 PAUL WYATT****State: 21:28.03 S 5/11/2023 ROBERT HARRIS**

--- Incher, David 76 Marion Masters Swimming NS

Event 3 Female 55-59 800 LC Metre IM**National: 12:49.44 N 26/05/2024 SARAH LOUISE****State: 17:02.60 S 28/10/2018 MATTHEA MALCOLM**

1 Hayes, Helen 55 Noarlunga Masters 17:54.70 10

2:28.81 5:04.30 (2:35.49) 7:18.90 (2:14.60)

11:50.18 () 14:14.74 (2:24.56) 16:06.78 (1:52.04) 17:54.70 (1:47.92)

Event 3 Male 25-29 800 LC Metre IM**National: 10:54.17 N 29/08/1992 SCOTT MARKICH****State: 16:32.25 S 6/02/1993 ANDREW SMITH**

--- Yip, James 27 Adelaide Masters DQ 11:55.72

Non-simultaneous arms - breast

1:19.31 2:51.54 (1:32.23) 4:26.31 (1:34.77) 6:00.04 (1:33.73)

7:42.64 (1:42.60) 9:17.55 (1:34.91) 10:41.22 (1:23.67) DQ 11:55.72 (1:14.50)

Event 4 Female 25-29 800 LC Metre Backstroke**National: 10:45.75 N 15/09/2007 EBONY EBENWALDNER****State: 11:36.32 S 12/05/1999 REBECCA FOREMAN**

1 Vidura, Kimberley 29 UniSA Swimming Club 12:43.38 10

1:29.77 3:08.28 (1:38.51) 4:47.66 (1:39.38) 6:26.03 (1:38.37)

8:02.41 (1:36.38) 9:39.21 (1:36.80) 11:14.53 (1:35.32) 12:43.38 (1:28.85)

Event 4 Female 40-44 800 LC Metre Backstroke**National: 11:03.18 N 24/11/2008 HELEN WHITFORD****State: 12:31.79 S 1/12/2002 JOANNE SUTCLIFFE**

1 Horn, Danielle 40 Tea Tree Gully Kingfishers Mas 16:44.59 10

1:58.72 4:02.76 (2:04.04) 6:10.59 (2:07.83) 8:19.35 (2:08.76)

10:29.75 (2:10.40) 12:39.50 (2:09.75) 14:48.08 (2:08.58) 16:44.59 (1:56.51)

Event 4 Male 70-74 800 LC Metre Backstroke**National: 13:40.74 N 9/02/2002 BOB BARRY****State: 17:23.19 S 5/11/2023 GEOFF FULLER**

1 Fuller, Geoff 74 Henley Beach Masters 18:15.24 10

2:13.30 4:29.49 (2:16.19) 6:47.11 (2:17.62) 9:04.40 (2:17.29)

11:23.42 (2:19.02) 13:41.21 (2:17.79) 15:59.83 (2:18.62) 18:15.24 (2:15.41)

Event 5 Female 60-64 800 LC Metre Butterfly**National: 14:35.58 N 4/09/2022 JANETTE DICKEY**

1 Palmer-White, Stephanie 61 Adelaide Masters 13:10.63 N 10

1:32.53 3:12.30 (1:39.77) 4:52.58 (1:40.28) 6:32.69 (1:40.11)

8:13.53 (1:40.84) 9:53.81 (1:40.28) 11:33.98 (1:40.17) 13:10.63 (1:36.65)

Event 5 Male 40-44 800 LC Metre Butterfly**National: 10:54.71 N 18/04/1999 FRANCIS CHRISTIAN**

1 Kim, Eoin 40 Tea Tree Gully Kingfishers Mas 14:54.70 S 10

1:43.83 3:38.12 (1:54.29) 5:33.08 (1:54.96) 7:26.99 (1:53.91)

9:21.82 (1:54.83) 11:14.80 (1:52.98) 13:07.17 (1:52.37) 14:54.70 (1:47.53)

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 5 Male 50-54 800 LC Metre Butterfly****National: 10:56.60 N 15/09/2007 FRANCIS CHRISTIAN****State: 25:03.56 S 30/11/2008 WILLIAM MARTIN**

1	Bryce, David	50	Phoenix Masters Swimming Club	15:21.95 S	10
	1:41.46	3:35.36 (1:53.90)	5:33.42 (1:58.06)	7:33.29 (1:59.87)	
	9:32.55 (1:59.26)	11:31.96 (1:59.41)	13:30.74 (1:58.78)	15:21.95 (1:51.21)	

Event 6 Female 45-49 800 LC Metre Freestyle**National: 9:31.81 N 3/05/2018 KIRSTEN CAMERON****State: 10:01.61 S 15/04/2012 S. PALMER-WHITE**

1	Palmer, Brigetta	49	Aquadome Otters	12:56.07	10
	1:31.40	3:08.98 (1:37.58)	4:47.69 (1:38.71)	6:26.08 (1:38.39)	
	8:05.18 (1:39.10)	9:43.28 (1:38.10)	11:20.58 (1:37.30)	12:56.07 (1:35.49)	
---	Tsoutouras, Emily	45	Adelaide Masters	NS	

Event 6 Female 50-54 800 LC Metre Freestyle**National: 10:10.11 N 20/03/2008 JENNY WHITELEY****State: 10:16.43 S 5/10/2015 S. PALMER-WHITE**

1	Lau, Kim	54	Adelaide Masters	15:16.34	10
	1:43.75	3:39.28 (1:55.53)	5:37.21 (1:57.93)	7:34.85 (1:57.64)	
	9:31.00 (1:56.15)	11:29.60 (1:58.60)	13:26.99 (1:57.39)	15:16.34 (1:49.35)	

Event 6 Female 55-59 800 LC Metre Freestyle**National: 10:09.01 N 19/03/2019 S. PALMER-WHITE****State: 10:09.01 S 19/03/2019 S. PALMER-WHITE**

1	Beaver, Sharon	58	Phoenix Masters Swimming Club	11:49.75	10
	1:25.27	2:56.79 (1:31.52)	4:27.51 (1:30.72)	5:57.89 (1:30.38)	
	7:26.60 (1:28.71)	8:56.63 (1:30.03)	10:25.11 (1:28.48)	11:49.75 (1:24.64)	
2	Maher, Joanne	55	Cairns Mudcrabs Masters Swimmi	15:12.51	9
	1:42.70	3:36.36 (1:53.66)	5:32.82 (1:56.46)	7:29.08 (1:56.26)	
	9:25.30 (1:56.22)	11:21.70 (1:56.40)	13:17.82 (1:56.12)	15:12.51 (1:54.69)	

Event 6 Female 60-64 800 LC Metre Freestyle**National: 10:02.66 N 3/05/2024 JEANETTE BRITS****State: 10:48.89 S 18/09/2021 JOANNE SUTCLIFFE**

1	Gallasch, Judith	61	Adelaide Masters	13:03.00	10
	1:32.44	3:12.89 (1:40.45)	4:52.48 (1:39.59)	6:32.48 (1:40.00)	
	8:12.44 (1:39.96)	9:51.89 (1:39.45)	11:29.68 (1:37.79)	13:03.00 (1:33.32)	

Event 6 Male 45-49 800 LC Metre Freestyle**National: 8:57.10 N 26/04/2014 MARK THOMPSON****State: 9:30.14 S 17/04/2008 MARK SMEDLEY**

1	Coulter, Garth	46	Tea Tree Gully Kingfishers Mas	10:40.22	10
	1:14.59	2:36.89 (1:22.30)	3:59.88 (1:22.99)	5:22.91 (1:23.03)	
	6:44.16 (1:21.25)	8:05.22 (1:21.06)	9:24.95 (1:19.73)	10:40.22 (1:15.27)	
2	Spence, Justin	45	Phoenix Masters Swimming Club	11:01.68	9
	1:13.13	2:34.32 (1:21.19)	3:58.60 (1:24.28)	5:24.51 (1:25.91)	
	6:50.42 (1:25.91)	8:16.80 (1:26.38)	9:42.01 (1:25.21)	11:01.68 (1:19.67)	
3	Popplewell, Joel	47	Phoenix Masters Swimming Club	13:10.13	8
	1:26.80	3:06.12 (1:39.32)	4:49.71 (1:43.59)	6:32.84 (1:43.13)	
	8:14.40 (1:41.56)	9:55.44 (1:41.04)	11:24.56 (1:29.12)	13:10.13 (1:45.57)	

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 6 Male 55-59 800 LC Metre Freestyle****National: 9:38.27 N 22/04/2016 PAUL BLACKBEARD****State: 9:58.03 S 15/04/2012 GRANT SIMPSON**

1	Guse, Dean	57	Marion Masters Swimming	12:43.68	10
	1:31.60	3:08.69 (1:37.09)	4:45.46 (1:36.77)	6:22.19 (1:36.73)	
	7:57.63 (1:35.44)	9:34.61 (1:36.98)	11:09.87 (1:35.26)	12:43.68 (1:33.81)	
2	Lawrie, Stew	57	Noarlunga Masters	13:07.34	9
	1:32.20	3:13.10 (1:40.90)	4:54.11 (1:41.01)	6:34.84 (1:40.73)	
	8:14.48 (1:39.64)	9:53.04 (1:38.56)	11:30.79 (1:37.75)	13:07.34 (1:36.55)	

Event 6 Male 65-69 800 LC Metre Freestyle**National: 9:53.52 N 22/04/2023 PAUL BLACKBEARD****State: 10:55.01 S 18/09/2021 GRANT SIMPSON**

1	Morris, Brian	67	Adelaide Masters	16:24.13	10
	1:50.74	3:58.58 (2:07.84)	6:02.94 (2:04.36)	8:09.69 (2:06.75)	
	10:15.42 (2:05.73)	12:20.31 (2:04.89)	14:27.20 (2:06.89)	16:24.13 (1:56.93)	

Event 6 Male 70-74 800 LC Metre Freestyle**National: 10:47.43 N 7/08/2025 ROBERT BUTCHER****State: 11:25.86 S 16/12/2022 IAN YOUNG**

1	Young, Ian	73	Marion Masters Swimming	12:02.28	10
	1:24.77	2:56.25 (1:31.48)	4:27.49 (1:31.24)	5:58.39 (1:30.90)	
	7:29.40 (1:31.01)	9:00.91 (1:31.51)	10:32.41 (1:31.50)	12:02.28 (1:29.87)	

Event 7 Female 30-34 400 LC Metre Breaststroke**National: 6:16.81 N 8/11/2012 CLAIRE HUEGILL****State: 7:05.70 S 15/11/1992 MEREDITH TAYLOR**

1	Currell, Kimberlee	31	Wett Ones Swimming Club Inc	6:23.81 NSW	10
	1:29.02	3:07.40 (1:38.38)	4:47.98 (1:40.58)	6:23.81 (1:35.83)	

Event 7 Female 40-44 400 LC Metre Breaststroke**National: 6:26.67 N 10/11/2022 CATHERINE WHEELER****State: 7:25.80 S 29/08/2010 SANDRA MUTZE**

1	Ward, Alison	42	Noarlunga Masters	7:22.05 S	10
	1:39.68	3:33.19 (1:53.51)	5:28.47 (1:55.28)	7:22.05 (1:53.58)	

Event 7 Female 50-54 400 LC Metre Breaststroke**National: 6:27.83 N 6/11/2008 JENNY WHITELEY****State: 7:20.05 S 29/03/2009 M. HEFFERNAN**

1	McGiffert, Natalie	53	Phoenix Masters Swimming Club	7:51.94	10
	1:48.84	3:47.71 (1:58.87)	5:48.89 (2:01.18)	7:51.94 (2:03.05)	

Event 7 Female 55-59 400 LC Metre Breaststroke**National: 6:33.75 N 7/12/2013 JENNY WHITELEY****State: 7:35.81 S 11/11/2012 M. HEFFERNAN**

1	Taylor, Julie	58	Phoenix Masters Swimming Club	7:41.44	10
	1:52.90	3:54.39 (2:01.49)	5:50.38 (1:55.99)	7:41.44 (1:51.06)	
2	Schulte, Sheryl	56	Henley Beach Masters	9:17.20	9
	2:08.99	4:30.88 (2:21.89)	6:54.01 (2:23.13)	9:17.20 (2:23.19)	

Event 7 Female 65-69 400 LC Metre Breaststroke**National: 6:56.80 N 6/11/2024 JENNY WHITELEY****State: 7:21.04 S 10/10/2021 M. HEFFERNAN**

1	O'Shea, Penelope	68	Aquadome Otters	9:48.71	10
	2:20.78	4:52.78 (2:32.00)	7:23.78 (2:31.00)	9:48.71 (2:24.93)	

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 7 Female 70-74 400 LC Metre Breaststroke****National: 7:27.56 N 4/09/2022 JANETTE JEFFREY****State: 8:34.73 S 7/04/2013 JOY PAGE**

--- Mayton, Eithne 74 Tea Tree Gully Kingfishers Mas NS

Event 7 Male 45-49 400 LC Metre Breaststroke**National: 5:36.35 N 10/11/2022 AARON CLELAND****State: 6:21.59 S 30/11/2008 MARK SMEDLEY**

--- Lewis, Ace 45 Marion Masters Swimming NS

Event 7 Male 50-54 400 LC Metre Breaststroke**National: 5:37.50 N 6/11/2024 AARON CLELAND****State: 6:08.22 S 10/04/2011 MARK SMEDLEY**1 Cranley, Andrew 52 Noarlunga Masters 9:06.74 10
2:07.61 4:26.83 (2:19.22) 6:54.46 (2:27.63) 9:06.74 (2:12.28)**Event 7 Male 55-59 400 LC Metre Breaststroke****National: 6:09.89 N 10/11/2022 CRAIG MAGNUSSON****State: 6:15.43 S 3/05/2015 MARK SMEDLEY**1 Rowell, Gavin 56 Marion Masters Swimming 6:56.75 10
1:34.49 3:19.53 (1:45.04) 5:08.62 (1:49.09) 6:56.75 (1:48.13)**Event 7 Male 60-64 400 LC Metre Breaststroke****National: 6:27.86 N 10/11/2022 GREG CHAPLIN****State: 8:06.36 S 14/07/2024 MARK COOMBS**1 Coombs, Mark 61 Tea Tree Gully Kingfishers Mas 7:48.88 S 10
1:51.02 3:51.47 (2:00.45) 5:51.31 (1:59.84) 7:48.88 (1:57.57)
2 Spurling, Mike 62 Atlantis Masters 9:30.82 9
2:12.82 4:41.43 (2:28.61) 7:08.22 (2:26.79) 9:30.82 (2:22.60)**Event 7 Male 75-79 400 LC Metre Breaststroke****National: 7:14.16 N 25/11/2012 TONY GOODWIN****State: 9:57.40 S 31/01/2021 ROBERT HARRIS**--- Koudelka, Antonin 77 Atlantis Masters DQ 10:49.53
Non-simultaneous arms
2:31.72 5:19.64 (2:47.92) 8:12.50 (2:52.86) DQ 10:49.53 (2:37.03)**Event 8 Female 40-44 400 LC Metre IM****National: 5:26.35 N 19/04/2008 HELEN WHITFORD****State: 5:36.00 S 2/03/2008 SHARON A BEAVER**1 Nazimi, Leila 42 Henley Beach Masters 5:48.80 10
1:15.29 2:48.39 (1:33.10) 4:33.04 (1:44.65) 5:48.80 (1:15.76)**Event 8 Female 50-54 400 LC Metre IM****National: 5:38.02 N 8/03/2017 HELEN WHITFORD****State: 5:52.59 S 22/05/2016 S. PALMER-WHITE**1 Mather-Brown, Rebecca 52 Darwin Stingers Masters Swimmi 6:51.37 10
1:43.88 3:26.32 (1:42.44) 5:27.29 (2:00.97) 6:51.37 (1:24.08)
2 Lau, Kim 54 Adelaide Masters 8:35.78 9
2:14.72 4:23.98 (2:09.26) 6:42.77 (2:18.79) 8:35.78 (1:53.01)**Event 8 Male 45-49 400 LC Metre IM****National: 4:56.92 N 14/04/2012 PAUL LEMMON****State: 5:10.23 S 30/03/2005 MARK SMEDLEY**1 Coulter, Garth 46 Tea Tree Gully Kingfishers Mas 5:57.68 10
1:19.30 2:55.26 (1:35.96) 4:39.55 (1:44.29) 5:57.68 (1:18.13)

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****(Event 8 Male 45-49 400 LC Metre IM)**

---	Lockwood, Matthew	49	Adelaide Masters	DQ 8:54.73
	Not on back off wall - back			
	2:03.95	4:27.98 (2:24.03)	6:41.10 (2:13.12)	DQ 8:54.73 (2:13.63)

Event 8 Male 60-64 400 LC Metre IM

National: 5:43.12 N 10/04/2025 **CRAIG MAGNUSSON**

State: 6:00.51 S 20/05/2021 **MARK SMEDLEY**

1	Matthews, Andrew	60	Brunswick Belugas Masters Swim	6:42.41	10
	1:38.11	3:26.51 (1:48.40)	5:16.10 (1:49.59)	6:42.41 (1:26.31)	
2	Bullock, Rowan	60	Noarlunga Masters	7:48.27	9
	1:42.93	3:49.52 (2:06.59)	6:06.40 (2:16.88)	7:48.27 (1:41.87)	

Event 9 Female 25-29 400 LC Metre Backstroke

National: 5:15.78 N 15/09/2007 **EBONY EBENWALDNER**

State: 5:41.87 S 18/04/1999 **REBECCA FOREMAN**

1	Vidura, Kimberley	29	UniSA Swimming Club	5:55.52	10
	1:25.75	2:58.52 (1:32.77)	4:30.19 (1:31.67)	5:55.52 (1:25.33)	

Event 9 Female 30-34 400 LC Metre Backstroke

National: 5:12.02 N 9/07/2016 **CAROLINE SAXBY**

State: 5:53.68 S 26/04/2003 **REBECCA FOREMAN**

1	Small, Amy	30	Noarlunga Masters	8:00.59	10
	1:54.46	3:56.78 (2:02.32)	6:00.02 (2:03.24)	8:00.59 (2:00.57)	

Event 9 Female 55-59 400 LC Metre Backstroke

National: 5:48.03 N 15/10/2017 **JOANNE SUTCLIFFE**

State: 5:48.03 S 15/10/2017 **JOANNE SUTCLIFFE**

1	Beaver, Sharon	58	Phoenix Masters Swimming Club	6:24.23	10
	1:33.80	3:13.01 (1:39.21)	4:50.92 (1:37.91)	6:24.23 (1:33.31)	
2	Maher, Joanne	55	Cairns Mudcrabs Masters Swimmi	8:41.37	9
	2:05.58	4:19.82 (2:14.24)	6:31.53 (2:11.71)	8:41.37 (2:09.84)	

Event 9 Female 65-69 400 LC Metre Backstroke

National: 5:59.23 N 27/04/2025 **JOANNE SUTCLIFFE**

State: 5:59.23 S 27/04/2025 **JOANNE SUTCLIFFE**

1	Ruler, Amanda	66	Adelaide Masters	12:27.44	10
	3:02.41	6:11.66 (3:09.25)	9:21.07 (3:09.41)	12:27.44 (3:06.37)	

Event 9 Female 70-74 400 LC Metre Backstroke

National: 6:50.82 N 16/11/2014 **CLARY MUNNS**

State: 8:40.75 S 19/01/2020 **TERRY CARTER**

1	Bell, Janet	73	Aquadome Otters	10:23.52	10
	2:29.29	5:08.42 (2:39.13)	7:47.01 (2:38.59)	10:23.52 (2:36.51)	

Event 9 Male 25-29 400 LC Metre Backstroke

National: 4:55.62 N 7/03/1987 **R. DILL-MACKY**

State: 5:19.64 S 17/08/2021 **LIAM MCHUGH**

1	Yip, James	27	Adelaide Masters	5:53.79	10
	1:22.02	2:56.81 (1:34.79)	4:25.72 (1:28.91)	5:53.79 (1:28.07)	

Event 9 Male 30-34 400 LC Metre Backstroke

National: 5:02.59 N 10/11/2006 **FORREST BUTCHER**

State: 5:54.31 S 23/04/2003 **THOMAS SCOTT**

1	McHugh, Liam	30	UniSA Swimming Club	5:03.57 S	10
	1:15.57	2:31.91 (1:16.34)	3:48.69 (1:16.78)	5:03.57 (1:14.88)	

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 9 Male 50-54 400 LC Metre Backstroke****National: 5:19.51 N 6/11/2024 AARON CLELAND****State: 6:05.92 S 29/05/2025 MATTHEW CRANLEY**

1	Cranley, Matthew	50	Noarlunga Masters	6:05.89 S	10
	1:28.01	3:01.58 (1:33.57)	4:35.14 (1:33.56)	6:05.89 (1:30.75)	

Event 9 Male 55-59 400 LC Metre Backstroke**National: 5:21.92 N 29/06/2024 MARTIN BANKS****State: 5:44.10 S 23/10/2011 GRANT SIMPSON**

1	Goldie, Scott	55	Adelaide Masters	6:31.94	10
	1:35.79	3:18.99 (1:43.20)	4:59.45 (1:40.46)	6:31.94 (1:32.49)	

Event 9 Male 60-64 400 LC Metre Backstroke**National: 5:45.65 N 11/11/2018 JOHN DE VRIES****State: 6:10.43 S 19/03/2017 GRANT SIMPSON**

1	Taylor, Dean	60	Phoenix Masters Swimming Club	7:24.23	10
	1:46.46	3:43.89 (1:57.43)	5:38.02 (1:54.13)	7:24.23 (1:46.21)	

Event 9 Male 70-74 400 LC Metre Backstroke**National: 6:40.03 N 26/04/2014 GEORGE GREEN****State: 8:04.49 S 29/08/2010 MICHAEL GRAY**

1	Fuller, Geoff	74	Henley Beach Masters	9:02.58	10
	2:11.97	4:28.12 (2:16.15)	6:46.13 (2:18.01)	9:02.58 (2:16.45)	

Event 10 Female 55-59 400 LC Metre Butterfly**National: 5:45.68 N 14/07/2019 S. PALMER-WHITE****State: 5:45.68 S 14/07/2019 S. PALMER-WHITE**

1	Hayes, Helen	55	Noarlunga Masters	10:03.48	10
	2:29.60	5:07.51 (2:37.91)	7:38.84 (2:31.33)	10:03.48 (2:24.64)	

Event 11 Female 30-34 400 LC Metre Freestyle**National: 4:27.11 N 17/04/2013 CAROLINE SAXBY****State: 4:55.09 S 14/09/1991 MARIANNE KLIESCH**

1	Kilner, Kelly	32	Phoenix Masters Swimming Club	6:45.17	10
	1:32.66	3:17.98 (1:45.32)	5:04.51 (1:46.53)	6:45.17 (1:40.66)	
2	Trebilcock, Bronwyn	34	Aquadome Otters	7:38.51	9
	1:48.50	3:48.09 (1:59.59)	5:46.58 (1:58.49)	7:38.51 (1:51.93)	

Event 11 Female 40-44 400 LC Metre Freestyle**National: 4:30.12 N 17/04/2013 KIRSTEN CAMERON****State: 4:51.46 S 23/04/2008 S. PALMER-WHITE**

1	Ward, Alison	42	Noarlunga Masters	6:20.28	10
	1:21.60	2:58.51 (1:36.91)	4:40.51 (1:42.00)	6:20.28 (1:39.77)	
2	Horn, Danielle	40	Tea Tree Gully Kingfishers Mas	7:19.41	9
	1:42.34	3:34.50 (1:52.16)	5:29.47 (1:54.97)	7:19.41 (1:49.94)	

Event 11 Female 45-49 400 LC Metre Freestyle**National: 4:35.00 N 3/05/2018 KIRSTEN CAMERON****State: 4:55.60 S 16/04/2012 S. PALMER-WHITE**

1	Palmer, Brigetta	49	Aquadome Otters	6:10.97	10
	1:26.60	3:00.75 (1:34.15)	4:36.59 (1:35.84)	6:10.97 (1:34.38)	

Event 11 Female 50-54 400 LC Metre Freestyle**National: 4:50.37 N 22/03/2008 JENNY WHITELEY****State: 5:02.38 S 3/10/2015 S. PALMER-WHITE**

1	Goldner, Caroline	50	Aquadome Otters	7:45.26	10
	1:52.87	3:51.89 (1:59.02)	5:49.43 (1:57.54)	7:45.26 (1:55.83)	

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 11 Female 55-59 400 LC Metre Freestyle****National: 5:02.52 N 4/11/2016 JENNY WHITELEY****State: 5:04.08 S 5/05/2019 S. PALMER-WHITE**

1	Schulte, Sheryl	56	Henley Beach Masters	8:02.17	10
	1:48.90	3:53.45 (2:04.55)	5:58.46 (2:05.01)	8:02.17 (2:03.71)	

Event 11 Female 60-64 400 LC Metre Freestyle**National: 4:54.77 N 5/05/2024 JEANETTE BRITS****State: 5:13.42 S 31/01/2021 JOANNE SUTCLIFFE**

1	Webb, Leonie	60	Henley Beach Masters	7:43.78	10
	1:48.24	3:47.78 (1:59.54)	5:47.69 (1:59.91)	7:43.78 (1:56.09)	
---	Brown, Yumi	60	Aquadome Otters	NS	

Event 11 Female 65-69 400 LC Metre Freestyle**National: 5:23.46 N 11/04/2025 JOANNE SUTCLIFFE****State: 5:23.46 S 11/04/2025 JOANNE SUTCLIFFE**

1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	5:27.57	10
	1:18.19	2:41.87 (1:23.68)	4:05.45 (1:23.58)	5:27.57 (1:22.12)	

Event 11 Female 70-74 400 LC Metre Freestyle**National: 5:59.00 N 17/04/2013 JEN THOMASSON****State: 6:54.47 S 10/09/2023 EITHNE MAYTON**

1	Gunn, Pamela	71	Adelaide Masters	8:24.53	10
	2:00.08	4:08.84 (2:08.76)	6:18.08 (2:09.24)	8:24.53 (2:06.45)	

Event 11 Female 75-79 400 LC Metre Freestyle**National: 6:30.01 N 12/04/2019 JEN THOMASSON****State: 7:43.82 S 19/03/2019 JOY PAGE**

1	Faulkner, Gillian	75	Noarlunga Masters	9:44.22	10
	2:16.07	4:43.26 (2:27.19)	7:13.62 (2:30.36)	9:44.22 (2:30.60)	
---	Vowles, Judy	76	Marion Masters Swimming	NS	

Event 11 Male 25-29 400 LC Metre Freestyle**National: 4:14.14 N 25/02/2020 DARIUS SCHULTZ****State: 4:33.46 S 13/03/1985 ROBERT MACKAY**

---	Hussein, Nouri	29	Aquadome Otters	NS	
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Event 11 Male 45-49 400 LC Metre Freestyle**National: 4:17.21 N 26/04/2014 MARK THOMPSON****State: 4:38.69 S 2/03/2008 MARK SMEDLEY**

1	Spence, Justin	45	Phoenix Masters Swimming Club	5:16.11	10
	1:11.31	2:32.90 (1:21.59)	3:55.61 (1:22.71)	5:16.11 (1:20.50)	
2	Popplewell, Joel	47	Phoenix Masters Swimming Club	6:11.81	9
	1:20.06	2:54.97 (1:34.91)	4:34.49 (1:39.52)	6:11.81 (1:37.32)	
---	Baranoff, John	49	Phoenix Masters Swimming Club	NS	

Event 11 Male 50-54 400 LC Metre Freestyle**National: 4:23.63 N 25/02/2020 MARK THOMPSON****State: 4:45.93 S 12/10/2009 GRANT L SIMPSON**

1	Bryce, David	50	Phoenix Masters Swimming Club	5:36.21	10
	1:15.56	2:41.05 (1:25.49)	4:08.97 (1:27.92)	5:36.21 (1:27.24)	
2	Cranley, Andrew	52	Noarlunga Masters	7:23.70	9
	1:41.52	3:34.68 (1:53.16)	5:29.60 (1:54.92)	7:23.70 (1:54.10)	

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 11 Male 55-59 400 LC Metre Freestyle****National: 4:35.12 N 31/05/2025 MARK THOMPSON****State: 4:50.13 S 16/04/2012 GRANT SIMPSON**

1	Osborne, Stephen	56	Phoenix Masters Swimming Club	4:58.23	10
	1:07.60	2:22.40 (1:14.80)	3:39.69 (1:17.29)	4:58.23 (1:18.54)	
2	Lawrie, Stew	57	Noarlunga Masters	6:16.74	9
	1:27.67	3:04.86 (1:37.19)	4:41.71 (1:36.85)	6:16.74 (1:35.03)	

Event 11 Male 60-64 400 LC Metre Freestyle**National: 4:37.35 N 19/03/2019 PAUL BLACKBEARD****State: 4:48.25 S 23/04/2008 GRAHAM CROFT**

1	Bullock, Rowan	60	Noarlunga Masters	6:26.31	10
	1:28.32	3:08.11 (1:39.79)	4:49.25 (1:41.14)	6:26.31 (1:37.06)	
2	Taylor, Dean	60	Phoenix Masters Swimming Club	6:55.82	9
	1:31.73	3:18.95 (1:47.22)	5:10.23 (1:51.28)	6:55.82 (1:45.59)	
3	Holley, Peter	62	Adelaide Masters	6:56.40	8
	1:40.76	3:26.24 (1:45.48)	5:12.77 (1:46.53)	6:56.40 (1:43.63)	
4	Spurling, Mike	62	Atlantis Masters	7:03.82	7
	1:37.32	3:26.23 (1:48.91)	5:16.43 (1:50.20)	7:03.82 (1:47.39)	

Event 11 Male 70-74 400 LC Metre Freestyle**National: 5:19.54 N 11/04/2025 ROBERT BUTCHER****State: 5:24.81 S 2/04/2023 IAN YOUNG**

---	Young, Ian	73	Marion Masters Swimming	NS	
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Event 11 Male 75-79 400 LC Metre Freestyle**National: 5:51.36 N 20/08/2017 JOHN RICHARDS****State: 6:13.53 S 25/02/2024 STEPHEN CARTHEW**

1	Incher, David	76	Marion Masters Swimming	6:57.18	10
	1:41.00	3:25.50 (1:44.50)	5:09.59 (1:44.09)	6:57.18 (1:47.59)	
2	Faulkner, Geoffrey	76	Noarlunga Masters	9:11.48	9
	2:01.38	4:23.67 (2:22.29)	6:48.33 (2:24.66)	9:11.48 (2:23.15)	
3	Koudelka, Antonin	77	Atlantis Masters	9:46.54	8
	2:25.38	4:59.38 (2:34.00)	7:24.91 (2:25.53)	9:46.54 (2:21.63)	

Event 100 Female 30-34 1500 LC Metre Backstroke**National: 22:03.39 N 18/10/2009 EBONY EBENWALDNER****State: 23:07.66 S 1/12/2002 REBECCA FOREMAN**

---	Trebilcock, Bronwyn	34	Aquadome Otters	NS	
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Event 100 Female 60-64 1500 LC Metre Backstroke**National: 22:55.99 N 7/11/2021 JOANNE SUTCLIFFE****State: 22:55.99 S 7/11/2021 JOANNE SUTCLIFFE**

1	Webb, Leonie	60	Henley Beach Masters	31:04.93	
	1:56.79	3:59.59 (2:02.80)	6:02.50 (2:02.91)	8:06.81 (2:04.31)	
	10:10.72 (2:03.91)	12:16.12 (2:05.40)	14:20.36 (2:04.24)	16:25.08 (2:04.72)	
	18:29.50 (2:04.42)	20:34.20 (2:04.70)	22:40.39 (2:06.19)	24:45.27 (2:04.88)	
	26:51.05 (2:05.78)	29:01.17 (2:10.12)	31:04.93 (2:03.76)		

Event 100 Female 65-69 1500 LC Metre Backstroke**National: 26:02.97 N 12/12/2009 CLARY MUNNS****State: 32:24.25 S 28/10/2018 TERRY CARTER**

1	Sutcliffe, Joanne	65	Phoenix Masters Swimming Club	23:09.93 N	
	1:29.91	3:03.09 (1:33.18)	4:35.04 (1:31.95)	6:08.08 (1:33.04)	
	7:40.78 (1:32.70)	9:12.98 (1:32.20)	10:46.48 (1:33.50)	12:18.59 (1:32.11)	
	13:52.63 (1:34.04)	15:25.17 (1:32.54)	16:58.12 (1:32.95)	18:31.12 (1:33.00)	
	20:05.13 (1:34.01)	21:38.79 (1:33.66)	23:09.93 (1:31.14)		

2025 MSSA LC Long Distance Meet - 9/11/2025**Results****Event 101 Female 65-69 1500 LC Metre Breaststroke****National: 28:17.71 N 23/10/2021 M. HEFFERNAN****State: 28:17.71 S 23/10/2021 M. HEFFERNAN**

1	O'Shea, Penelope	68	Aquadome Otters		38:46.96
	2:17.27	4:49.39 (2:32.12)	7:21.53 (2:32.14)	9:54.87 (2:33.34)	
	12:30.86 (2:35.99)	15:07.71 (2:36.85)	17:46.39 (2:38.68)	20:23.77 (2:37.38)	
	23:03.83 (2:40.06)	25:40.07 (2:36.24)	28:17.11 (2:37.04)	30:54.95 (2:37.84)	
	33:33.71 (2:38.76)	36:14.12 (2:40.41)	38:46.96 (2:32.84)		

Event 101 Male 45-49 1500 LC Metre Breaststroke**National: 21:44.80 N 7/12/2019 AARON CLELAND****State: 27:38.60 S 5/11/2023 DAVID BRYCE**

1	Lewis, Ace	45	Marion Masters Swimming		25:23.14 S
	1:32.14	3:12.97 (1:40.83)	4:55.51 (1:42.54)	6:37.10 (1:41.59)	
	8:19.82 (1:42.72)	10:02.70 (1:42.88)	11:44.69 (1:41.99)	13:25.25 (1:40.56)	
	15:09.32 (1:44.07)	16:52.41 (1:43.09)	18:35.97 (1:43.56)	20:19.03 (1:43.06)	
	22:02.41 (1:43.38)	23:44.11 (1:41.70)	25:23.14 (1:39.03)		