

2026 MSSA SC State Cup - 27/09/2026**Team Rankings - Through Event 21****Combined Team Scores**

Place	Team		Points
1	Phoenix Masters Swimming Club	Phoenix Masters Swimming Club	480
2	Tea Tree Gully Kingfishers Mas	Tea Tree Gully Kingfishers Mas	429
3	Noarlunga Masters	Noarlunga Masters	374
4	Marion Masters Swimming	Marion Masters Swimming	336
5	Adelaide Masters	Adelaide Masters	330
6	Adelaide University Masters Sw	Adelaide University Masters Sw	286
7	Atlantis Masters	Atlantis Masters	215
8	Aquadome Otters	Aquadome Otters	148
9	Henley Beach Masters	Henley Beach Masters	110
10	Mount Barker Masters SA	Mount Barker Masters SA	58
11	Western Districts Masters Swim	Western Districts Masters Swim	30
12	Darwin Stingers Masters Swimmi	Darwin Stingers Masters Swimmi	29
13	Commercial Masters	Commercial Masters	28
Total			2,853.00

2026 MSSA SC State Cup – Scotch College Pool 27 September 2026				
Possible National Records Achieved				
SA State Records Achieved				
Leila Nazimi	Henley Masters	40-44	400m Freestyle	4m45.55s
Lauren Stadler	Marion Masters	45-49	50m Butterfly	31.35s
Emily Goldie	Adelaide Masters	50-54	50m Breaststroke	41.42s
Maryanne Heffernan	Marion Masters	70-74	100m Breaststroke	1m41.08s
Maryanne Heffernan	Marion Masters	70-74	50m Butterfly	39.84s
Deborah Wareing	Marion Masters	70-74	25m Backstroke	19.70s
Deborah Wareing	Marion Masters	70-74	200m Backstroke	3m30.67s
Alvin Keng Yin Chow	Adelaide University	18-24	100m Breaststroke	1m07.42s
Stephen Osborne	Phoenix	55-59	50m Freestyle	26.39s
Stephen Osborne	Phoenix	55-59	50m Butterfly	28.91s
Stephen Osborne	Phoenix	55-59	100m Butterfly	1m06.56s
Adelaide University	Hugo Nip Guanghao Gao Julius Mak Kainan Chen	72-99	4x50m Male Freestyle Relay	1m44.35s

2026 MSSA SC State Cup - 27/09/2026**Individual Rankings - Through Event 21****30-34 Women - Individual Scores**

Place	Name	Age	Team	Points
1	Vidura, Kimberley	30	Adelaide University Masters Sw	30

40-44 Women - Individual Scores

Place	Name	Age	Team	Points
1	Beames, Melissa	42	Atlantis Masters	30
1	Ward, Alison	43	Noarlunga Masters	30
1	Nazimi, Leila	43	Henley Beach Masters	30
4	Horn, Danielle	41	Tea Tree Gully Kingfishers Mas	29

45-49 Women - Individual Scores

Place	Name	Age	Team	Points
1	Smith, Sonia	49	Mount Barker Masters SA	30
1	Stadler, Lauren	45	Marion Masters Swimming	30
3	Appelkamp, Riki-Lee	45	Mount Barker Masters SA	28

50-54 Women - Individual Scores

Place	Name	Age	Team	Points
1	Goldie, Emily	51	Adelaide Masters	30
1	Wellington, Kim	50	Phoenix Masters Swimming Club	30
3	Mather-Brown, Rebecca	53	Darwin Stingers Masters Swimmi	29
3	McGiffert, Natalie	54	Phoenix Masters Swimming Club	29
5	Goldner, Caroline	51	Aquadome Otters	28
6	Alvino-Felquer, Lidia	53	Adelaide Masters	27

55-59 Women - Individual Scores

Place	Name	Age	Team	Points
1	Beaver, Sharon	59	Phoenix Masters Swimming Club	30
1	Taylor, Julie	59	Phoenix Masters Swimming Club	30
3	Hayes, Helen	56	Noarlunga Masters	29
4	Cantin, Delphine	55	Phoenix Masters Swimming Club	28
5	Vas, Angela	59	Tea Tree Gully Kingfishers Mas	27
6	Varney, Josephine	55	Henley Beach Masters	20

60-64 Women - Individual Scores

Place	Name	Age	Team	Points
1	Gallasch, Judith	62	Adelaide Masters	30
2	Blackmore, Anita	62	Tea Tree Gully Kingfishers Mas	29
2	Haberfield, Helen	64	Tea Tree Gully Kingfishers Mas	29
2	Bowman, Julie	61	Adelaide Masters	29
5	Roach, Amanda	63	Noarlunga Masters	27
6	Brown, Yumi	61	Aquadome Otters	25
6	Doddridge, Margaret	64	Atlantis Masters	25
8	Muir-Cochrane, Eimear	64	Phoenix Masters Swimming Club	24
9	Ellis, Eleanor	60	Noarlunga Masters	19
10	Chambers, Cheryl	64	Phoenix Masters Swimming Club	18

65-69 Women - Individual Scores

Place	Name	Age	Team	Points
1	Ruler, Amanda	67	Adelaide Masters	30
1	O'Shea, Penelope	69	Aquadome Otters	30
1	Bradley, Jenny	65	Atlantis Masters	30

70-74 Women - Individual Scores

2026 MSSA SC State Cup - 27/09/2026**Individual Rankings - Through Event 21**

Place	Name	Age	Team	Points
1	Wilson, Virginia	74	Henley Beach Masters	30
1	Heffernan, Maryanne	70	Marion Masters Swimming	30
1	Wareing, Deborah	70	Marion Masters Swimming	30
4	Ormsby, Robyn	71	Atlantis Masters	29
4	Bell, Janet	74	Aquadome Otters	29
6	Doyle, Gillian	73	Noarlunga Masters	28
7	Gill, Janice	73	Tea Tree Gully Kingfishers Mas	26

75-79 Women - Individual Scores

Place	Name	Age	Team	Points
1	Mayton, Eithne	75	Tea Tree Gully Kingfishers Mas	30
1	Edgley-Smith, Madeleine	75	Tea Tree Gully Kingfishers Mas	30
1	Walsh, Christine	76	Noarlunga Masters	30
4	Faulkner, Gillian	76	Noarlunga Masters	20

80-84 Women - Individual Scores

Place	Name	Age	Team	Points
1	Mulqueen, Jennifer	80	Tea Tree Gully Kingfishers Mas	30

85-89 Women - Individual Scores

Place	Name	Age	Team	Points
1	Pearce, Barbara	89	Marion Masters Swimming	30

2026 MSSA SC State Cup - 27/09/2026**Individual Rankings - Through Event 21****18-24 Men - Individual Scores**

Place	Name	Age	Team	Points
1	Nip, Hugo	22	Adelaide University Masters Sw	30
2	Chow, Alvin Keng Yin	22	Adelaide University Masters Sw	29
3	Chen, Kainan	22	Adelaide University Masters Sw	28
3	Gao, Guanghao	19	Adelaide University Masters Sw	28
5	Mak, Julius	22	Adelaide University Masters Sw	26

30-34 Men - Individual Scores

Place	Name	Age	Team	Points
1	Truong, Andrew	30	Adelaide University Masters Sw	30
2	Gravier, Charles	34	Adelaide Masters	29

35-39 Men - Individual Scores

Place	Name	Age	Team	Points
1	Quinteros, Tomas	35	Tea Tree Gully Kingfishers Mas	30

40-44 Men - Individual Scores

Place	Name	Age	Team	Points
1	Kim, Eoin	41	Tea Tree Gully Kingfishers Mas	30
1	Tishel, Idan	40	Adelaide Masters	30
1	Cunningham, Lachy	40	Adelaide Masters	30
4	Carmichael, Nic	41	Commercial Masters	28
5	Le, Kim	43	Adelaide University Masters Sw	27

45-49 Men - Individual Scores

Place	Name	Age	Team	Points
1	Spence, Justin	46	Phoenix Masters Swimming Club	30
1	Coulter, Garth	47	Tea Tree Gully Kingfishers Mas	30
1	Lewis, Ace	46	Marion Masters Swimming	30
4	Brodie, Mathew	47	Phoenix Masters Swimming Club	28
5	Medefindt, Craig	48	Tea Tree Gully Kingfishers Mas	27

50-54 Men - Individual Scores

Place	Name	Age	Team	Points
1	Velliari, Christopher	51	Western Districts Masters Swim	30
2	Cranley, Matthew	51	Noarlunga Masters	29
2	Demmler, Toby	53	Marion Masters Swimming	29
2	Howe, Simon	52	Phoenix Masters Swimming Club	29
5	Osborne, Andrew	51	Phoenix Masters Swimming Club	28
6	Cranley, Andrew	53	Noarlunga Masters	26
6	Thomas, Richard	54	Atlantis Masters	26
8	Preiss, Mark	54	Aquadome Otters	20

55-59 Men - Individual Scores

Place	Name	Age	Team	Points
1	Mosley, Luke	55	Marion Masters Swimming	30
1	Osborne, Stephen	57	Phoenix Masters Swimming Club	30
3	Goldie, Scott	56	Adelaide Masters	29
4	Calder, Timothy	58	Adelaide Masters	26
5	Eldridge, Nic	58	Adelaide University Masters Sw	18

60-64 Men - Individual Scores

Place	Name	Age	Team	Points
1	Taylor, Dean	61	Phoenix Masters Swimming Club	30

2026 MSSA SC State Cup - 27/09/2026**Individual Rankings - Through Event 21**

Place	Name	Age	Team	Points
1	Short, Simon	61	Phoenix Masters Swimming Club	30
3	Bullock, Rowan	61	Noarlunga Masters	29

65-69 Men - Individual Scores

Place	Name	Age	Team	Points
1	Hayter, Garth	68	Marion Masters Swimming	30
2	Ferguson, Robert	66	Atlantis Masters	29

70-74 Men - Individual Scores

Place	Name	Age	Team	Points
1	Young, Ian	74	Marion Masters Swimming	30

75-79 Men - Individual Scores

Place	Name	Age	Team	Points
1	Gamlen, John	79	Tea Tree Gully Kingfishers Mas	30
1	Fuller, Geoff	75	Henley Beach Masters	30
3	Faulkner, Geoffrey	77	Noarlunga Masters	29
4	Koudelka, Antonin	78	Atlantis Masters	28
4	Bertram, Neal	76	Phoenix Masters Swimming Club	28

80-84 Men - Individual Scores

Place	Name	Age	Team	Points
1	Dixon, David	80	Noarlunga Masters	30
2	Hardie, Ron	80	Marion Masters Swimming	29

85-89 Men - Individual Scores

Place	Name	Age	Team	Points
1	Axton, Bryan	85	Noarlunga Masters	30

2026 MSSA SC State Cup - 27/09/2026

Results - 1

Event 1 Women 40-44 200 SC Metre Freestyle

National: 2:10.03 N 6/10/2017 KIRSTEN CAMERON

State: 2:13.09 S 6/09/2026 KARINA DEEGAN

	Name	Age	Team	Finals Time	Points
1	Ward, Alison	43	Noarlunga Masters	2:47.50	10

Event 1 Women 50-54 200 SC Metre Freestyle

National: 2:14.49 N 30/08/2009 JENNY WHITELEY

State: 2:22.50 S 21/08/2016 S. PALMER-WHITE

1	Goldner, Caroline	51	Aquadome Otters	3:47.61	10
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Event 1 Women 55-59 200 SC Metre Freestyle

National: 2:19.23 N 5/09/2015 JENNY WHITELEY

State: 2:23.10 S 11/08/2019 S. PALMER-WHITE

---	Mahe, Joanne	56	Cairns Mudcrabs Masters Swimmi	NS	
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Event 1 Women 60-64 200 SC Metre Freestyle

National: 2:15.93 N 13/10/2018 JENNY WHITELEY

State: 2:27.76 S 11/04/2021 JOANNE SUTCLIFFE

1	Gallasch, Judith	62	Adelaide Masters	2:54.13	10
2	Muir-Cochrane, Eimear	64	Phoenix Masters Swimming Club	3:24.69	9

Event 1 Women 70-74 200 SC Metre Freestyle

National: 2:38.25 N 1/05/2026 STEPHANIE JONES

State: 2:46.40 S 26/04/2026 DEBORAH WAREING

1	Wilson, Virginia	74	Henley Beach Masters	4:33.67	10
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Event 1 Women 75-79 200 SC Metre Freestyle

National: 2:58.33 N 23/06/2018 JEN THOMASSON

State: 3:35.74 S 5/09/2026 EITHNE MAYTON

1	Mayton, Eithne	75	Tea Tree Gully Kingfishers Mas	3:35.81	10
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Event 1 Women 80-84 200 SC Metre Freestyle

National: 3:21.74 N 9/04/2015 DENISE ROBERTSON

State: 3:48.80 S 9/10/2022 JOY PAGE

1	Mulqueen, Jennifer	80	Tea Tree Gully Kingfishers Mas	4:28.01	10
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Event 1 Men 40-44 200 SC Metre Freestyle

National: 1:56.63 N 20/08/2011 MARK THOMPSON

State: 2:02.61 S 5/07/2009 STEPHEN M OSBORNE

1	Le, Kim	43	Adelaide University Masters Sw	3:22.69	10
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Event 1 Men 45-49 200 SC Metre Freestyle

National: 1:55.91 N 9/04/2015 MARK THOMPSON

State: 2:06.66 S 11/08/2019 MARK PREISS

1	Spence, Justin	46	Phoenix Masters Swimming Club	2:16.53	10
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Event 1 Men 50-54 200 SC Metre Freestyle

National: 1:59.97 N 13/07/2019 MARK THOMPSON

State: 2:09.70 S 8/10/2023 MARK PREISS

1	Preiss, Mark	54	Aquadome Otters	2:18.78	10
2	Thomas, Richard	54	Atlantis Masters	3:13.41	9

Event 1 Men 55-59 200 SC Metre Freestyle

National: 2:02.50 N 11/04/2026 MARK THOMPSON

State: 2:08.24 S 23/08/2026 STEPHEN OSBORNE

1	Mosley, Luke	55	Marion Masters Swimming	2:47.93	10
2	Calder, Timothy	58	Adelaide Masters	3:15.84	9

2026 MSSA SC State Cup - 27/09/2026

Results - 1

Event 1 Men 65-69 200 SC Metre Freestyle

National: 2:14.35 N 1/05/2026 PAUL BLACKBEARD

State: 2:25.02 S 25/03/2017 IAN YOUNG

--- Riley, Philip 67 Tea Tree Gully Kingfishers Mas

NS

Event 1 Men 70-74 200 SC Metre Freestyle

National: 2:24.86 N 17/05/2025 ROBERT BUTCHER

State: 2:28.37 S 1/05/2022 IAN YOUNG

1 Young, Ian 74 Marion Masters Swimming

2:41.37

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Event 1 Men 75-79 200 SC Metre Freestyle

National: 2:40.22 N 1/05/2010 JOHN CRISP

State: 2:51.69 S 1/06/2024 STEPHEN CARTHEW

1 Faulkner, Geoffrey 77 Noarlunga Masters

4:21.71

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Event 1 Men 85-89 200 SC Metre Freestyle

National: 3:22.82 N 4/05/2013 ROD BAKER

State: 4:01.68 S 5/10/2019 TUBBY RAMSAY

1 Axton, Bryan 85 Noarlunga Masters

5:16.34

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Event 2 Women 30-34 100 SC Metre Backstroke

National: 1:05.54 N 11/10/2025 KELLY BOWDEN

State: 1:12.66 S 2/09/1994 JOANNE SUTCLIFFE

1 Vidura, Kimberley 30 Adelaide University Masters Sw

1:15.03

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Event 2 Women 40-44 100 SC Metre Backstroke

National: 1:04.72 N 28/04/2026 KARINA DEEGAN

State: 1:04.72 S 26/04/2026 KARINA DEEGAN

1 Beames, Melissa 42 Atlantis Masters

1:33.85

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Event 2 Women 55-59 100 SC Metre Backstroke

National: 1:12.12 N 27/10/2022 HELEN WHITFORD

State: 1:15.38 S 22/10/2017 JOANNE SUTCLIFFE

1 Beaver, Sharon 59 Phoenix Masters Swimming Club

1:24.73

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Event 2 Women 65-69 100 SC Metre Backstroke

National: 1:17.96 N 27/07/2025 JOANNE SUTCLIFFE

State: 1:17.96 S 27/07/2025 JOANNE SUTCLIFFE

1 Ruler, Amanda 67 Adelaide Masters

2:31.94

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--- Fisher, Rosemary 68 Mount Barker Masters SA

NS

Event 2 Women 70-74 100 SC Metre Backstroke

National: 1:22.46 N 28/04/2026 LEIGH RODGERS

State: 1:34.81 S 23/08/2026 DEBORAH WAREING

1 Ormsby, Robyn 71 Atlantis Masters

2:17.03

10

2 Gill, Janice 73 Tea Tree Gully Kingfishers Mas

2:20.77

9

Event 2 Women 75-79 100 SC Metre Backstroke

National: 1:27.40 N 21/07/2019 CLARY MUNNS

State: 2:02.18 S 6/05/2012 BARBARA PEARCE

1 Edgley-Smith, Madeleine 75 Tea Tree Gully Kingfishers Mas

2:55.28

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Event 2 Men 50-54 100 SC Metre Backstroke

National: 1:03.87 N 4/08/2018 MARTIN BANKS

State: 1:07.69 S 9/04/2010 MARK SMEDLEY

1 Velliaris, Christopher 51 Western Districts Masters Swim

1:16.21

10

2 Cranley, Matthew 51 Noarlunga Masters

1:21.00

9

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 2 Men 65-69 100 SC Metre Backstroke****National:** 1:14.30 N 14/07/2024 CAMERON HORN**State:** 1:18.05 S 17/07/2022 GRANT SIMPSON

1 Ferguson, Robert 66 Atlantis Masters 2:49.94 10

Event 2 Men 75-79 100 SC Metre Backstroke**National:** 1:24.19 N 11/10/2025 STEPHEN LAMY**State:** 1:39.41 S 4/05/2024 STEPHEN CARTHEW

1 Gamlen, John 79 Tea Tree Gully Kingfishers Mas 1:53.55 10

Event 3 Women 30-34 50 SC Metre Butterfly**National:** 28.83 N 29/04/2026 KADY IBELL**State:** 29.71 S 10/09/2017 CHARLENE SMITH

1 Vidura, Kimberley 30 Adelaide University Masters Sw 36.62 10

Event 3 Women 45-49 50 SC Metre Butterfly**National:** 29.79 N 22/04/2022 GILLIAN O'MARA**State:** 31.56 S 24/06/2018 JOSEPHINE VARNEY

1 Stadler, Lauren 45 Marion Masters Swimming 31.35 S 10

2 Appelkamp, Riki-Lee 45 Mount Barker Masters SA 40.01 9

Event 3 Women 50-54 50 SC Metre Butterfly**National:** 28.95 N 17/06/2023 SUSIE ONEILL**State:** 32.94 S 1/05/2022 JOSEPHINE VARNEY

1 Wellington, Kim 50 Phoenix Masters Swimming Club 35.74 10

2 Mather-Brown, Rebecca 53 Darwin Stingers Masters Swimmi 35.91 9

3 Alvino-Felquer, Lidia 53 Adelaide Masters 41.63 8

Event 3 Women 60-64 50 SC Metre Butterfly**National:** 32.75 N 12/10/2019 JENNY WHITELEY**State:** 35.16 S 23/02/2019 JUDY THOMAS

1 Doddridge, Margaret 64 Atlantis Masters 50.06 10

2 Brown, Yumi 61 Aquadome Otters 58.88 9

Event 3 Women 70-74 50 SC Metre Butterfly**National:** 35.14 N 29/04/2026 LEIGH RODGERS**State:** 40.47 S 23/08/2026 M. HEFFERNAN

1 Heffernan, Maryanne 70 Marion Masters Swimming 39.84 S 10

Event 3 Men 18-24 50 SC Metre Butterfly**National:** 24.32 N 28/06/2008 M. PATTERSON**State:** 25.86 S 1/05/2022 ETHAN CROOK

1 Nip, Hugo 22 Adelaide University Masters Sw 27.08 10

2 Mak, Julius 22 Adelaide University Masters Sw 29.84 9

Event 3 Men 30-34 50 SC Metre Butterfly**National:** 23.95 N 27/06/2026 DAVID MORGAN**State:** 26.61 S 2/08/2009 X. (. ZHANG

1 Truong, Andrew 30 Adelaide University Masters Sw 30.31 10

Event 3 Men 40-44 50 SC Metre Butterfly**National:** 25.44 N 14/06/2026 JOSHUA TAYLOR**State:** 27.63 S 13/09/2009 STEPHEN M OSBORNE

1 Tishel, Idan 40 Adelaide Masters 30.30 10

2 Carmichael, Nic 41 Commercial Masters 35.19 9

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 3 Men 45-49 50 SC Metre Butterfly****National:** 26.00 N 6/07/2019 **TODD ROBINSON****State:** 28.68 S 3/08/2014 **STEPHEN OSBORNE**

1	Coulter, Garth	47	Tea Tree Gully Kingfishers Mas	32.07	10
2	Brodie, Mathew	47	Phoenix Masters Swimming Club	33.65	9
3	Medefindt, Craig	48	Tea Tree Gully Kingfishers Mas	36.57	8

Event 3 Men 50-54 50 SC Metre Butterfly**National:** 25.41 N 29/04/2026 **SCOTT MILLER****State:** 29.11 S 11/08/2019 **STEPHEN OSBORNE**

1	Osborne, Andrew	51	Phoenix Masters Swimming Club	38.03	10
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Event 3 Men 55-59 50 SC Metre Butterfly**National:** 27.25 N 29/04/2026 **JOHN MCKAIG****State:** 29.60 S 27/07/2025 **STEPHEN OSBORNE**

1	Osborne, Stephen	57	Phoenix Masters Swimming Club	28.91 S	10
2	Goldie, Scott	56	Adelaide Masters	36.52	9

Event 3 Men 60-64 50 SC Metre Butterfly**National:** 28.62 N 29/04/2026 **ANGUS WADDELL****State:** 30.94 S 13/09/2020 **MARK SMEDLEY**

1	Bullock, Rowan	61	Noarlunga Masters	39.29	10
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Event 4 Women 45-49 50 SC Metre Breaststroke**National:** 33.01 N 16/07/2017 **LINLEY FRAME****State:** 40.36 S 5/08/2012 **ILZE OSTROVSKA**

1	Smith, Sonia	49	Mount Barker Masters SA	48.56	10
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Event 4 Women 50-54 50 SC Metre Breaststroke**National:** 35.08 N 17/05/2008 **JENNY WHITELEY****State:** 42.03 S 22/10/2017 **ILZE OSTROVSKA**

1	Goldie, Emily	51	Adelaide Masters	41.42 S	10
2	McGiffert, Natalie	54	Phoenix Masters Swimming Club	42.68	9

Event 4 Women 55-59 50 SC Metre Breaststroke**National:** 36.29 N 11/05/2013 **JENNY WHITELEY****State:** 43.04 S 11/09/2016 **JOANNE SUTCLIFFE**

1	Taylor, Julie	59	Phoenix Masters Swimming Club	43.67	10
2	Hayes, Helen	56	Noarlunga Masters	56.93	9

Event 4 Women 60-64 50 SC Metre Breaststroke**National:** 37.08 N 26/05/2018 **JENNY WHITELEY****State:** 42.86 S 6/05/2017 **M. HEFFERNAN**

1	Haberfield, Helen	64	Tea Tree Gully Kingfishers Mas	59.15	10
---	Beames, Leanne	64	Atlantis Masters	NS	

Event 4 Women 65-69 50 SC Metre Breaststroke**National:** 39.36 N 20/05/2023 **JENNY WHITELEY****State:** 43.08 S 19/06/2022 **M. HEFFERNAN**

1	O'Shea, Penelope	69	Aquadome Otters	59.55	10
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Event 4 Women 70-74 50 SC Metre Breaststroke**National:** 43.95 N 17/10/2015 **CLARY MUNNS****State:** 46.06 S 26/04/2026 **DEBORAH WAREING**

1	Doyle, Gillian	73	Noarlunga Masters	1:03.03	10
2	Ormsby, Robyn	71	Atlantis Masters	1:05.75	9

2026 MSSA SC State Cup - 27/09/2026

Results - 1

Event 4 Women 75-79 50 SC Metre Breaststroke

National: 46.02 N 30/08/2025 JANETTE JEFFREY

State: 51.55 S 23/09/2018 JOY PAGE

--- Vowles, Judy 77 Marion Masters Swimming

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Event 4 Men 18-24 50 SC Metre Breaststroke

National: 28.63 N 21/04/2024 JAYDEN ALLUM

State: 30.23 S 23/08/2026 KAINAN CHEN

1 Chen, Kainan 22 Adelaide University Masters Sw

30.30

10

2 Chow, Alvin Keng Yin 22 Adelaide University Masters Sw

31.28

9

3 Gao, Guanghao 19 Adelaide University Masters Sw

32.29

8

Event 4 Men 30-34 50 SC Metre Breaststroke

National: 28.87 N 29/04/2026 ASHTON BAUMANN

State: 30.90 S 14/11/1999 P. HARTMAN-KEARNS

1 Gravier, Charles 34 Adelaide Masters

48.78

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Event 4 Men 35-39 50 SC Metre Breaststroke

National: 29.90 N 22/06/2025 BRENDAN CUTTS

State: 32.36 S 20/10/2019 ACE LEWIS

--- Smith, Elliott 37 Adelaide Masters

NS

Event 4 Men 40-44 50 SC Metre Breaststroke

National: 30.16 N 5/06/2025 R. CHRZESCIJANSKI

State: 32.28 S 20/04/2022 ACE LEWIS

--- De Silva, Ushan 41 Aquadome Otters

NS

Event 4 Men 50-54 50 SC Metre Breaststroke

National: 30.48 N 15/09/2013 STUART MOFFATT

State: 32.99 S 9/04/2010 MARK SMEDLEY

1 Demmler, Toby 53 Marion Masters Swimming

45.54

10

Event 4 Men 65-69 50 SC Metre Breaststroke

National: 33.72 N 14/10/2017 STUART ELLICOTT

State: 35.83 S 26/04/2026 MARK SMEDLEY

1 Hayter, Garth 68 Marion Masters Swimming

51.87

10

Event 4 Men 75-79 50 SC Metre Breaststroke

National: 39.36 N 20/10/2012 TONY GOODWIN

State: 44.76 S 8/07/2007 JONATHAN DAVIES

1 Fuller, Geoff 75 Henley Beach Masters

57.05

10

2 Koudelka, Antonin 78 Atlantis Masters

1:02.59

9

Event 4 Men 80-84 50 SC Metre Breaststroke

National: 41.65 N 14/10/2017 TONY GOODWIN

State: 48.94 S 14/08/2011 JONATHAN DAVIES

1 Dixon, David 80 Noarlunga Masters

58.89

10

2 Hardie, Ron 80 Marion Masters Swimming

1:02.26

9

Event 5 Women 40-44 200 SC Metre IM

National: 2:30.96 N 22/06/2025 TRACEY MURPHY

State: 2:38.33 S 7/09/2008 SHARON A BEAVER

1 Nazimi, Leila 43 Henley Beach Masters

2:40.87

10

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 5 Women 50-54 200 SC Metre IM**

National: 2:30.98 N 19/09/2009 JENNY WHITELEY

State: 2:45.79 S 31/08/2014 S. PALMER-WHITE

1 Mather-Brown, Rebecca 53 Darwin Stingers Masters Swimm 3:04.38 10

Event 5 Women 60-64 200 SC Metre IM

National: 2:36.81 N 13/10/2018 JENNY WHITELEY

State: 2:54.01 S 8/09/2024 S. PALMER-WHITE

1 Brown, Yumi 61 Aquadome Otters 4:39.26 10

Event 5 Women 70-74 200 SC Metre IM

National: 3:06.37 N 30/04/2026 LEIGH RODGERS

State: 3:20.16 S 23/08/2026 M. HEFFERNAN

1 Bell, Janet 74 Aquadome Otters 4:44.21 10

Event 5 Men 40-44 200 SC Metre IM

National: 2:11.62 N 17/06/2023 CASEY FLOUCH

State: 2:20.64 S 17/03/2002 MARK SMEDLEY

1 Kim, Eoin 41 Tea Tree Gully Kingfishers Mas 3:04.82 10

Event 5 Men 50-54 200 SC Metre IM

National: 2:17.31 N 12/10/2024 AARON CLELAND

State: 2:26.57 S 8/04/2010 MARK SMEDLEY

1 Cranley, Matthew 51 Noarlunga Masters 2:55.59 10

Event 6 Women 40-44 100 SC Metre Freestyle

National: 56.12 N 30/04/2026 NADINE LOOF

State: 59.77 S 26/04/2026 KARINA DEEGAN

1 Beames, Melissa 42 Atlantis Masters 1:24.64 10

Event 6 Women 50-54 100 SC Metre Freestyle

National: 1:00.15 N 28/08/2016 JENNIE BUCKNELL

State: 1:05.45 S 8/09/2024 JOSEPHINE VARNEY

1 Wellington, Kim 50 Phoenix Masters Swimming Club 1:10.82 10

2 Goldner, Caroline 51 Aquadome Otters 1:51.36 9

Event 6 Women 55-59 100 SC Metre Freestyle

National: 1:02.01 N 20/05/2023 JENNIE BUCKNELL

State: 1:06.78 S 23/08/2026 JOSEPHINE VARNEY

1 Vas, Angela 59 Tea Tree Gully Kingfishers Mas 1:34.64 10

Event 6 Women 60-64 100 SC Metre Freestyle

National: 1:02.60 N 13/10/2018 JENNY WHITELEY

State: 1:09.19 S 11/04/2021 JOANNE SUTCLIFFE

1 Gallasch, Judith 62 Adelaide Masters 1:19.14 10

2 Chambers, Cheryl 64 Phoenix Masters Swimming Club 1:29.76 9

3 Ellis, Eleanor 60 Noarlunga Masters 1:53.45 8

Event 6 Women 65-69 100 SC Metre Freestyle

National: 1:05.59 N 30/04/2026 JEANETTE BRITS

State: 1:10.18 S 12/10/2025 JOANNE SUTCLIFFE

1 Ruler, Amanda 67 Adelaide Masters 2:01.93 10

--- Fisher, Rosemary 68 Mount Barker Masters SA NS

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 6 Women 70-74 100 SC Metre Freestyle****National:** 1:12.81 N 30/04/2026 **STEPHANIE JONES****State:** 1:18.98 S 26/04/2026 **DEBORAH WAREING**

1 Wilson, Virginia 74 Henley Beach Masters 2:12.04 10

Event 6 Women 75-79 100 SC Metre Freestyle**National:** 1:19.16 N 30/04/2026 **JANETTE JEFFREY****State:** 1:33.85 S 30/07/2017 **JOY PAGE**

1 Mayton, Eithne 75 Tea Tree Gully Kingfishers Mas 1:41.68 10

Event 6 Women 85-89 100 SC Metre Freestyle**National:** 1:38.55 N 20/05/2022 **DENISE ROBERTSON****State:** 2:01.83 S 13/09/2020 **DIANE ROSS**

1 Pearce, Barbara 89 Marion Masters Swimming 3:17.76 10

Event 6 Men 35-39 100 SC Metre Freestyle**National:** 51.27 N 13/09/2014 **GREG PHILLIPS****State:** 55.92 S 9/09/2007 **CRAIG MARTIN**

1 Quinteros, Tomas 35 Tea Tree Gully Kingfishers Mas 1:25.36 10

Event 6 Men 40-44 100 SC Metre Freestyle**National:** 52.09 N 9/04/2016 **TODD ROBINSON****State:** 54.69 S 2/08/2009 **STEPHEN M OSBORNE**

1 Cunningham, Lachy 40 Adelaide Masters 1:11.19 10

2 Carmichael, Nic 41 Commercial Masters 1:12.46 9

3 Le, Kim 43 Adelaide University Masters Sw 1:23.40 8

Event 6 Men 45-49 100 SC Metre Freestyle**National:** 52.46 N 30/04/2026 **STEPHEN BERTING****State:** 56.55 S 22/02/2020 **ANDREW STEPHENSON**

1 Spence, Justin 46 Phoenix Masters Swimming Club 1:00.12 10

Event 6 Men 50-54 100 SC Metre Freestyle**National:** 53.66 N 21/04/2024 **TODD ROBINSON****State:** 57.30 S 7/10/2023 **MARK PREISS**

1 Preiss, Mark 54 Aquadome Otters 1:02.57 10

2 Howe, Simon 52 Phoenix Masters Swimming Club 1:21.40 9

3 Thomas, Richard 54 Atlantis Masters 1:24.72 8

Event 6 Men 55-59 100 SC Metre Freestyle**National:** 54.41 N 11/04/2026 **MARK THOMPSON****State:** 58.82 S 24/05/2026 **STEPHEN OSBORNE**

1 Mosley, Luke 55 Marion Masters Swimming 1:12.08 10

2 Calder, Timothy 58 Adelaide Masters 1:31.34 9

--- Eldridge, Nic 58 Adelaide University Masters Sw NS

Event 6 Men 60-64 100 SC Metre Freestyle**National:** 58.02 N 30/04/2026 **BRETT WOODS****State:** 1:02.88 S 3/08/2008 **GRAHAM CROFT**

1 Short, Simon 61 Phoenix Masters Swimming Club 1:04.69 10

Event 6 Men 65-69 100 SC Metre Freestyle**National:** 59.81 N 30/04/2026 **WILLIAM O'LEARY****State:** 1:05.09 S 26/04/2026 **RICKY SAWICKI**

1 Ferguson, Robert 66 Atlantis Masters 2:06.31 10

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 6 Men 75-79 100 SC Metre Freestyle****National:** 1:09.52 N 10/05/2025 **ROBERT PATTERSON****State:** 1:10.62 S 11/04/2021 **RON HARDIE**

1 Faulkner, Geoffrey 77 Noarlunga Masters 1:55.21 10

Event 6 Men 85-89 100 SC Metre Freestyle**National:** 1:24.32 N 23/06/2013 **ROD BAKER****State:** 1:49.62 S 7/09/2019 **TUBBY RAMSAY**

1 Axton, Bryan 85 Noarlunga Masters 2:29.62 10

Event 7 Women 30-34 25 SC Metre Backstroke**National:** 14.42 N 30/05/2026 **KADY IBELL****State:** 15.85 S 30/08/2015 **MAASA HUMMEL**

1 Vidura, Kimberley 30 Adelaide University Masters Sw 17.14 10

Event 7 Women 45-49 25 SC Metre Backstroke**National:** 15.06 N 21/04/2024 **JESS HAMILTON****State:** 16.01 S 4/08/2024 **NICOL WRIGHT**

1 Smith, Sonia 49 Mount Barker Masters SA 20.11 10

Event 7 Women 55-59 25 SC Metre Backstroke**National:** 16.03 N 5/03/2022 **JENNIE BUCKNELL****State:** 16.57 S 22/10/2017 **JOANNE SUTCLIFFE**

1 Cantin, Delphine 55 Phoenix Masters Swimming Club 24.99 10

2 Vas, Angela 59 Tea Tree Gully Kingfishers Mas 25.42 9

Event 7 Women 60-64 25 SC Metre Backstroke**National:** 16.55 N 22/05/2021 **JENNY WHITELEY****State:** 16.77 S 17/03/2024 **JOANNE SUTCLIFFE**

1 Muir-Cochrane, Eimear 64 Phoenix Masters Swimming Club 23.80 10

Event 7 Women 70-74 25 SC Metre Backstroke**National:** 18.07 N 21/10/2017 **CLARY MUNNS****State:** 19.86 S 24/05/2026 **DEBORAH WAREING**

1 Wareing, Deborah 70 Marion Masters Swimming 19.70 S 10

2 Doyle, Gillian 73 Noarlunga Masters 28.48 9

3 Gill, Janice 73 Tea Tree Gully Kingfishers Mas 30.26 8

Event 7 Women 75-79 25 SC Metre Backstroke**National:** 18.35 N 24/11/2019 **CLARY MUNNS****State:** 22.50 S 23/02/2019 **JOY PAGE**

1 Edgley-Smith, Madeleine 75 Tea Tree Gully Kingfishers Mas 33.54 10

--- Vowles, Judy 77 Marion Masters Swimming SCR

Event 7 Men 45-49 25 SC Metre Backstroke**National:** 13.43 N 28/04/2026 **STEPHEN BERTING****State:** 14.45 S 16/05/2021 **ANDREW STEPHENSON**

1 Spence, Justin 46 Phoenix Masters Swimming Club 16.89 10

Event 7 Men 50-54 25 SC Metre Backstroke**National:** 14.32 N 23/06/2018 **MARTIN BANKS****State:** 15.06 S 4/07/2010 **MARK SMEDLEY**

1 Cranley, Andrew 53 Noarlunga Masters 23.04 10

2026 MSSA SC State Cup - 27/09/2026

Results - 1

Event 7 Men 65-69 25 SC Metre Backstroke

National: 15.70 N 25/05/2024 CAMERON HORN

State: 16.10 S 23/02/2019 FRANK LINDSAY

--- Riley, Philip 67 Tea Tree Gully Kingfishers Mas

NS

Event 7 Men 75-79 25 SC Metre Backstroke

National: 17.86 N 28/06/2025 ROSS HOLDEN

State: 21.36 S 21/05/2023 STEPHEN CARTHEW

1 Gamlen, John 79 Tea Tree Gully Kingfishers Mas

23.95

10

2 Bertram, Neal 76 Phoenix Masters Swimming Club

30.41

9

Event 8 Women 40-44 25 SC Metre Butterfly

National: 13.58 N 28/04/2026 IRENE LALANA

State: 14.62 S 9/09/2012 AMANDA CARNE

1 Ward, Alison 43 Noarlunga Masters

14.78

10

Event 8 Women 45-49 25 SC Metre Butterfly

National: 13.53 N 28/06/2025 LENE KNUDSEN

State: 14.39 S 30/07/2017 JOSEPHINE VARNEY

1 Stadler, Lauren 45 Marion Masters Swimming

14.41

10

2 Appelkamp, Riki-Lee 45 Mount Barker Masters SA

17.33

9

Event 8 Women 50-54 25 SC Metre Butterfly

National: 13.72 N 28/04/2026 GILLIAN O'MARA

State: 14.82 S 9/09/2012 JUDY THOMAS

1 Goldie, Emily 51 Adelaide Masters

15.99

10

Event 8 Women 55-59 25 SC Metre Butterfly

National: 14.44 N 25/08/2024 JENNIE BUCKNELL

State: 14.55 S 7/07/2013 JUDY THOMAS

1 Varney, Josephine 55 Henley Beach Masters

15.04

10

--- Maher, Joanne 56 Cairns Mudcrabs Masters Swimmi

NS

Event 8 Women 60-64 25 SC Metre Butterfly

National: 14.91 N 22/05/2021 JENNY WHITELEY

State: 15.36 S 23/02/2019 JUDY THOMAS

1 Roach, Amanda 63 Noarlunga Masters

18.31

10

2 Blackmore, Anita 62 Tea Tree Gully Kingfishers Mas

20.14

9

3 Doddridge, Margaret 64 Atlantis Masters

20.50

8

4 Ellis, Eleanor 60 Noarlunga Masters

34.56

7

Event 8 Women 70-74 25 SC Metre Butterfly

National: 15.74 N 28/04/2026 LEIGH RODGERS

State: 18.44 S 23/08/2026 M. HEFFERNAN

1 Ormsby, Robyn 71 Atlantis Masters

29.83

10

Event 8 Women 75-79 25 SC Metre Butterfly

National: 17.93 N 28/04/2026 JANETTE JEFFREY

State: 24.66 S 23/09/2018 JOY PAGE

1 Faulkner, Gillian 76 Noarlunga Masters

37.61

10

Event 8 Men 18-24 25 SC Metre Butterfly

National: 11.10 N 5/03/2023 ETHAN BANKS

State: 11.90 S 1/05/2022 ETHAN CROOK

1 Gao, Guanghao 19 Adelaide University Masters Sw

12.18

10

2 Mak, Julius 22 Adelaide University Masters Sw

13.20

9

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 8 Men 30-34 25 SC Metre Butterfly****National:** 10.20 N 27/06/2026 CAMERON MCEVOY**State:** 12.20 S 2/08/2009 X. (. ZHANG

1 Truong, Andrew 30 Adelaide University Masters Sw 13.54 10

Event 8 Men 45-49 25 SC Metre Butterfly**National:** 11.86 N 6/07/2019 TODD ROBINSON**State:** 12.86 S 11/04/2021 ANDREW STEPHENSON

1 Brodie, Mathew 47 Phoenix Masters Swimming Club 15.32 10

2 Medefindt, Craig 48 Tea Tree Gully Kingfishers Mas 15.71 9

Event 8 Men 50-54 25 SC Metre Butterfly**National:** 11.65 N 29/04/2026 SCOTT MILLER**State:** 13.33 S 3/06/2012 MARK SMEDLEY

1 Howe, Simon 52 Phoenix Masters Swimming Club 17.58 10

2 Thomas, Richard 54 Atlantis Masters 18.38 9

Event 8 Men 55-59 25 SC Metre Butterfly**National:** 12.51 N 21/04/2024 JOHN MCKAIG**State:** 13.24 S 23/08/2026 STEPHEN OSBORNE

--- Plouffe, James 58 Adelaide University Masters Sw NS

Event 8 Men 60-64 25 SC Metre Butterfly**National:** 12.88 N 17/05/2025 GUY FARROW**State:** 14.00 S 26/06/2016 GRANT SIMPSON

1 Taylor, Dean 61 Phoenix Masters Swimming Club 16.64 10

Event 8 Men 70-74 25 SC Metre Butterfly**National:** 14.98 N 28/04/2026 DARRYL HURLEY**State:** 15.22 S 26/04/2026 GRANT SIMPSON

1 Young, Ian 74 Marion Masters Swimming 17.95 10

Event 9 Women 55-59 100 SC Metre Breaststroke**National:** 1:18.45 N 11/05/2013 JENNY WHITELEY**State:** 1:33.01 S 30/07/2017 JOANNE SUTCLIFFE

1 Taylor, Julie 59 Phoenix Masters Swimming Club 1:38.45 10

Event 9 Women 60-64 100 SC Metre Breaststroke**National:** 1:20.50 N 26/05/2018 JENNY WHITELEY**State:** 1:33.02 S 8/07/2018 M. HEFFERNAN--- Chambers, Cheryl 64 Phoenix Masters Swimming Club DQ 2:00.86
Non-simultaneous kick**Event 9 Women 65-69 100 SC Metre Breaststroke****National:** 1:24.93 N 20/05/2023 JENNY WHITELEY**State:** 1:35.75 S 7/05/2022 M. HEFFERNAN

1 O'Shea, Penelope 69 Aquadome Otters 2:06.43 10

Event 9 Women 70-74 100 SC Metre Breaststroke**National:** 1:37.36 N 26/09/2015 CLARY MUNNS**State:** 1:41.12 S 26/04/2026 DEBORAH WAREING

1 Heffernan, Maryanne 70 Marion Masters Swimming 1:41.08 S 10

Event 9 Men 18-24 100 SC Metre Breaststroke**National:** 1:03.04 N 30/08/2008 KARL WURZER**State:** 1:09.31 S 8/09/2024 KAINAN CHEN

1 Chow, Alvin Keng Yin 22 Adelaide University Masters Sw 1:07.42 S 10

2026 MSSA SC State Cup - 27/09/2026**Results - 1****(Event 9 Men 18-24 100 SC Metre Breaststroke)**

2	Chen, Kainan	22	Adelaide University Masters Sw	1:07.84 S	9
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Event 9 Men 35-39 100 SC Metre Breaststroke

National:	1:05.68	N	22/06/2025	BRENDAN CUTTS
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State:	1:13.46	S	24/06/2018	ACE LEWIS
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---	Smith, Elliott	37	Adelaide Masters	NS	
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Event 9 Men 40-44 100 SC Metre Breaststroke

National:	1:06.61	N	4/08/2024	TRAVIS KELLY
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State:	1:11.13	S	17/03/2002	MARK SMEDLEY
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1	Tishel, Idan	40	Adelaide Masters	1:20.37	10
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Event 9 Men 60-64 100 SC Metre Breaststroke

National:	1:14.67	N	17/10/2015	STUART ELLICOTT
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State:	1:16.01	S	23/08/2020	MARK SMEDLEY
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1	Short, Simon	61	Phoenix Masters Swimming Club	1:27.65	10
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Event 9 Men 75-79 100 SC Metre Breaststroke

National:	1:26.84	N	6/10/2012	TONY GOODWIN
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State:	1:43.41	S	23/04/2006	JONATHAN DAVIES
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1	Fuller, Geoff	75	Henley Beach Masters	2:08.57	10
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2	Koudelka, Antonin	78	Atlantis Masters	2:22.74	9
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Event 9 Men 80-84 100 SC Metre Breaststroke

National:	1:31.80	N	15/10/2017	TONY GOODWIN
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State:	1:53.70	S	14/08/2011	JONATHAN DAVIES
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1	Dixon, David	80	Noarlunga Masters	2:16.53	10
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Event 10 Women 40-44 400 SC Metre Freestyle

National:	4:27.99	N	6/10/2017	KIRSTEN CAMERON
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State:	4:47.23	S	12/10/2025	LEILA NAZIMI
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1	Nazimi, Leila	43	Henley Beach Masters	4:45.55 S	10
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33.28 ()	1:09.34 ()
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1:45.55 ()	2:21.72 ()
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2:58.43 ()	3:34.76 ()
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4:11.10 ()	4:45.55 (34.45)
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Event 10 Women 50-54 400 SC Metre Freestyle

National:	4:43.61	N	3/08/2008	JENNY WHITELEY
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State:	4:53.32	S	31/08/2014	S. PALMER-WHITE
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1	Mather-Brown, Rebecca	53	Darwin Stingers Masters Swimmi	5:23.85	10
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36.30 ()	1:17.01 ()
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1:58.31 ()	2:39.08 ()
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3:20.11 ()	4:01.23 ()
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4:43.08 ()	5:23.85 (40.77)
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2	Goldner, Caroline	51	Aquadome Otters	7:42.32	9
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1:51.05 ()

3:49.86 ()

5:48.30 ()

7:42.32 (1:54.02)

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 10 Women 55-59 400 SC Metre Freestyle****National: 4:53.65 N 5/10/2019 S. PALMER-WHITE****State: 4:53.65 S 5/10/2019 S. PALMER-WHITE**

1	Hayes, Helen	56	Noarlunga Masters	7:10.45	10
		49.73 ()	1:44.45 ()		
		2:39.65 ()	3:35.07 ()		
		4:30.05 ()	5:25.25 ()		
		6:19.55 ()	7:10.45 (50.90)		

Event 10 Women 60-64 400 SC Metre Freestyle**National: 4:50.75 N 15/06/2025 JEANETTE BRITS****State: 5:09.15 S 5/06/2021 JOANNE SUTCLIFFE**

1	Bowman, Julie	61	Adelaide Masters	5:32.14	10
		37.93 ()	1:18.91 ()		
		2:00.82 ()	2:43.12 ()		
		3:25.50 ()	4:07.82 ()		
		4:50.24 ()	5:32.14 (41.90)		
2	Haberfield, Helen	64	Tea Tree Gully Kingfishers Mas	7:45.48	9
			1:45.14 ()		
		2:43.32 ()	3:43.64 ()		
		4:44.49 ()	5:45.46 ()		
		6:47.31 ()	7:45.48 (58.17)		

Event 10 Women 70-74 400 SC Metre Freestyle**National: 5:40.08 N 29/04/2026 STEPHANIE JONES****State: 5:54.46 S 26/04/2026 DEBORAH WAREING**

1	Wilson, Virginia	74	Henley Beach Masters	9:26.03	10
		1:06.30 ()	2:17.42 ()		
		3:28.89 ()	4:41.10 ()		
		5:53.30 ()	7:04.84 ()		
		8:10.01 ()	9:26.03 (1:16.02)		

Event 10 Women 75-79 400 SC Metre Freestyle**National: 6:19.99 N 29/04/2026 JANETTE JEFFREY****State: 7:19.05 S 5/09/2026 EITHNE MAYTON**

1	Mayton, Eithne	75	Tea Tree Gully Kingfishers Mas	7:22.32	10
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Event 10 Women 85-89 400 SC Metre Freestyle**National: 7:27.11 N 20/05/2022 DENISE ROBERTSON****State: 9:18.35 S 13/09/2020 DIANE ROSS**

1	Pearce, Barbara	89	Marion Masters Swimming	13:46.18	10
		1:43.32 ()	3:26.74 ()		
		5:10.24 ()	6:53.84 ()		
		8:38.35 ()	10:21.23 ()		
		12:05.38 ()	13:46.18 (1:40.80)		

Event 10 Men 40-44 400 SC Metre Freestyle**National: 4:07.46 N 20/08/2011 MARK THOMPSON****State: 4:43.29 S 9/09/2012 TJ SCOTT**

1	Kim, Eoin	41	Tea Tree Gully Kingfishers Mas	5:46.76	10
		39.16 ()	1:20.50 ()		
		2:03.56 ()	2:47.52 ()		
		3:32.06 ()	4:17.38 ()		
		5:02.46 ()	5:46.76 (44.30)		

2026 MSSA SC State Cup - 27/09/2026**Results - 1****(Event 10 Men 40-44 400 SC Metre Freestyle)**

2	Le, Kim	43	Adelaide University Masters Sw	7:29.22	9
		45.01 ()	1:40.45 ()		
		2:39.10 ()	3:36.92 ()		
		4:36.60 ()	5:36.33 ()		
		6:37.01 ()	7:29.22 (52.21)		

Event 10 Men 45-49 400 SC Metre Freestyle

National: 4:08.87 N 11/04/2015 **MARK THOMPSON**
State: 4:33.98 S 13/09/2009 **MARK SMEDLEY**

1	Coulter, Garth	47	Tea Tree Gully Kingfishers Mas	4:53.70	10
		33.48 ()	1:10.69 ()		
		1:49.23 ()	2:27.26 ()		
		3:04.11 ()	3:41.11 ()		
		4:17.85 ()	4:53.70 (35.85)		

Event 10 Men 50-54 400 SC Metre Freestyle

National: 4:21.85 N 14/06/2008 **FRANCIS CHRISTIAN**
State: 4:37.19 S 13/09/2009 **GRANT L SIMPSON**

1	Velliaris, Christopher	51	Western Districts Masters Swim	5:04.98	10
		33.80 ()	1:11.58 ()		
		1:50.37 ()	2:29.68 ()		
		3:08.70 ()	3:48.05 ()		
		4:27.14 ()	5:04.98 (37.84)		

Event 10 Men 55-59 400 SC Metre Freestyle

National: 4:22.69 N 22/04/2022 **PAUL LEMMON**
State: 4:43.43 S 11/09/2011 **GRANT SIMPSON**

1	Goldie, Scott	56	Adelaide Masters	5:03.03	10
			1:12.81 ()		
			2:29.67 ()		
			3:46.81 ()		
			5:03.03 (1:16.22)		

Event 11 Women 40-44 200 SC Metre Backstroke

National: 2:24.64 N 5/09/2026 **KARINA DEEGAN**
State: 2:24.64 S 5/09/2026 **KARINA DEEGAN**

1	Horn, Danielle	41	Tea Tree Gully Kingfishers Mas	3:58.87	10
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Event 11 Women 55-59 200 SC Metre Backstroke

National: 2:38.14 N 5/03/2022 **HELEN WHITFORD**
State: 2:42.26 S 22/10/2017 **JOANNE SUTCLIFFE**

1	Beaver, Sharon	59	Phoenix Masters Swimming Club	2:56.20	10
---	Maher, Joanne	56	Cairns Mudcrabs Masters Swimmi	NS	

Event 11 Women 65-69 200 SC Metre Backstroke

National: 2:47.90 N 29/04/2026 **JOANNE SUTCLIFFE**
State: 2:47.90 S 26/04/2026 **JOANNE SUTCLIFFE**

1	Ruler, Amanda	67	Adelaide Masters	5:33.31	10
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Event 11 Women 70-74 200 SC Metre Backstroke

National: 3:05.23 N 17/10/2015 **CLARY MUNNS**
State: 3:44.32 S 26/10/2024 **JEANNETTE WILTON**

1	Wareing, Deborah	70	Marion Masters Swimming	3:30.67 S	10
2	Bell, Janet	74	Aquadome Otters	4:43.97	9

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 11 Women 75-79 200 SC Metre Backstroke****National:** 3:12.65 N 31/08/2019 **CLARY MUNNS****State:** 4:30.77 S 3/06/2012 **BARBARA PEARCE**

1 Edgley-Smith, Madeleine 75 Tea Tree Gully Kingfishers Mas 5:40.57 10

Event 11 Women 80-84 200 SC Metre Backstroke**National:** 3:25.31 N 23/06/2024 **CLARY MUNNS****State:** 4:25.97 S 16/07/2023 **JOY PAGE**

1 Mulqueen, Jennifer 80 Tea Tree Gully Kingfishers Mas 5:25.67 10

Event 11 Women 85-89 200 SC Metre Backstroke**National:** 4:40.96 N 18/07/2015 **DOROTHY DICKEY****State:** 5:03.94 S 1/11/2020 **DIANE ROSS**

1 Pearce, Barbara 89 Marion Masters Swimming 7:58.15 10

Event 11 Men 50-54 200 SC Metre Backstroke**National:** 2:18.22 N 17/08/2018 **MARTIN BANKS****State:** 2:29.89 S 8/04/2010 **MARK SMEDLEY**

1 Cranley, Matthew 51 Noarlunga Masters 2:52.96 10

Event 12 Women 45-49 25 SC Metre Freestyle**National:** 12.84 N 27/06/2026 **LENE KNUDSEN****State:** 13.76 S 15/09/2021 **NICOL WRIGHT**

1 Stadler, Lauren 45 Marion Masters Swimming 13.77 10

Event 12 Women 55-59 25 SC Metre Freestyle**National:** 13.15 N 20/10/2024 **JENNIE BUCKNELL****State:** 13.41 S 7/07/2013 **JUDY THOMAS**

1 Varney, Josephine 55 Henley Beach Masters 14.12 10

2 Cantin, Delphine 55 Phoenix Masters Swimming Club 18.19 9

3 Vas, Angela 59 Tea Tree Gully Kingfishers Mas 18.40 8

Event 12 Women 60-64 25 SC Metre Freestyle**National:** 13.81 N 23/04/2022 **JENNY WHITELEY****State:** 14.29 S 23/02/2019 **JUDY THOMAS**

1 Blackmore, Anita 62 Tea Tree Gully Kingfishers Mas 15.95 10

2 Bowman, Julie 61 Adelaide Masters 16.63 9

3 Roach, Amanda 63 Noarlunga Masters 16.81 8

4 Doddridge, Margaret 64 Atlantis Masters 18.07 7

5 Brown, Yumi 61 Aquadome Otters 18.80 6

6 Muir-Cochrane, Eimear 64 Phoenix Masters Swimming Club 19.56 5

7 Ellis, Eleanor 60 Noarlunga Masters 22.48 4

--- Beames, Leanne 64 Atlantis Masters NS

Event 12 Women 65-69 25 SC Metre Freestyle**National:** 14.07 N 20/05/2023 **JENNY WHITELEY****State:** 15.35 S 16/07/2023 **JUDY THOMAS**

1 Bradley, Jenny 65 Atlantis Masters 17.78 10

Event 12 Women 70-74 25 SC Metre Freestyle**National:** 14.97 N 30/04/2026 **LEIGH RODGERS****State:** 16.56 S 7/07/2013 **JOY PAGE**

1 Wareing, Deborah 70 Marion Masters Swimming 16.96 10

2 Doyle, Gillian 73 Noarlunga Masters 21.65 9

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 12 Women 75-79 25 SC Metre Freestyle****National:** 15.71 N 30/04/2026 **JANETTE JEFFREY****State:** 17.28 S 24/06/2018 **JOY PAGE**

1	Walsh, Christine	76	Noarlunga Masters	26.43	10
---	Vowles, Judy	77	Marion Masters Swimming	SCR	

Event 12 Men 18-24 25 SC Metre Freestyle**National:** 10.58 N 21/04/2024 **ETHAN BANKS****State:** 10.77 S 11/04/2021 **ETHAN CROOK**

1	Nip, Hugo	22	Adelaide University Masters Sw	11.78	10
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Event 12 Men 30-34 25 SC Metre Freestyle**National:** 9.32 N 30/04/2026 **CAMERON MCEVOY****State:** 11.66 S 11/08/2019 **CHRISTOPHER RYAN**

1	Truong, Andrew	30	Adelaide University Masters Sw	13.14	10
2	Gravier, Charles	34	Adelaide Masters	17.07	9

Event 12 Men 35-39 25 SC Metre Freestyle**National:** 10.48 N 23/08/2026 **TOMMASO D'ORSOGNA****State:** 11.87 S 17/03/2024 **ISLAM SHAMA**

1	Quinteros, Tomas	35	Tea Tree Gully Kingfishers Mas	17.16	10
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Event 12 Men 40-44 25 SC Metre Freestyle**National:** 11.04 N 23/05/2026 **JOSHUA TAYLOR****State:** 11.34 S 22/10/2017 **ANDREW STEPHENSON**

1	Cunningham, Lachy	40	Adelaide Masters	14.18	10
---	De Silva, Ushan	41	Aquadome Otters	NS	

Event 12 Men 50-54 25 SC Metre Freestyle**National:** 10.96 N 23/04/2022 **CHRIS FYDLER****State:** 11.97 S 7/10/2023 **MARK PREISS**

1	Howe, Simon	52	Phoenix Masters Swimming Club	16.27	10
2	Demmler, Toby	53	Marion Masters Swimming	16.34	9
3	Osborne, Andrew	51	Phoenix Masters Swimming Club	16.42	8
4	Cranley, Andrew	53	Noarlunga Masters	19.40	7

Event 12 Men 55-59 25 SC Metre Freestyle**National:** 11.68 N 29/04/2026 **ASHLEY NELSON****State:** 12.32 S 23/08/2026 **STEPHEN OSBORNE**

1	Mosley, Luke	55	Marion Masters Swimming	14.32	10
2	Eldridge, Nic	58	Adelaide University Masters Sw	14.79	9

Event 12 Men 65-69 25 SC Metre Freestyle**National:** 12.46 N 3/07/2011 **ALAN BROWN****State:** 13.07 S 23/02/2019 **FRANK LINDSAY**

---	Riley, Philip	67	Tea Tree Gully Kingfishers Mas	NS	
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Event 12 Men 75-79 25 SC Metre Freestyle**National:** 13.93 N 20/05/2022 **ROBERT PATTERSON****State:** 14.88 S 16/05/2021 **RON HARDIE**

1	Bertram, Neal	76	Phoenix Masters Swimming Club	18.80	10
2	Faulkner, Geoffrey	77	Noarlunga Masters	22.58	9

Event 12 Men 80-84 25 SC Metre Freestyle**National:** 15.34 N 9/04/2010 **MAX VAN GELDER****State:** 17.40 S 5/06/2022 **ALLAN SUSKIN**

1	Hardie, Ron	80	Marion Masters Swimming	20.19	10
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2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 12 Men 85-89 25 SC Metre Freestyle****National:** 16.91 N 26/09/2015 **MAX VAN GELDER****State:** 20.29 S 23/02/2019 **TUBBY RAMSAY**

1 Axton, Bryan 85 Noarlunga Masters 31.61 10

Event 13 Women 50-54 25 SC Metre Breaststroke**National:** 16.22 N 18/07/2009 **JENNY WHITELEY****State:** 18.46 S 26/06/2016 **JULIE ASTLEY**

1 McGiffert, Natalie 54 Phoenix Masters Swimming Club 19.20 10

Event 13 Women 55-59 25 SC Metre Breaststroke**National:** 16.80 N 1/05/2026 **CHRISTINA SCOLARO****State:** 19.15 S 11/09/2016 **JOANNE SUTCLIFFE**

1 Taylor, Julie 59 Phoenix Masters Swimming Club 19.92 10

2 Cantin, Delphine 55 Phoenix Masters Swimming Club 25.23 9

Event 13 Women 60-64 25 SC Metre Breaststroke**National:** 17.22 N 6/10/2018 **JENNY WHITELEY****State:** 19.51 S 11/09/2016 **M. HEFFERNAN**

1 Bowman, Julie 61 Adelaide Masters 20.46 10

2 Roach, Amanda 63 Noarlunga Masters 23.23 9

--- Beames, Leanne 64 Atlantis Masters NS

Event 13 Women 65-69 25 SC Metre Breaststroke**National:** 17.87 N 20/05/2023 **JENNY WHITELEY****State:** 19.78 S 17/07/2022 **M. HEFFERNAN**

1 Bradley, Jenny 65 Atlantis Masters 26.69 10

Event 13 Men 45-49 25 SC Metre Breaststroke**National:** 13.33 N 11/04/2026 **ROBERT PUGH****State:** 14.30 S 22/10/2017 **TRISTAN HERBERT**

1 Lewis, Ace 46 Marion Masters Swimming 14.77 10

2 Brodie, Mathew 47 Phoenix Masters Swimming Club 19.94 9

Event 13 Men 50-54 25 SC Metre Breaststroke**National:** 13.94 N 15/09/2013 **STUART MOFFATT****State:** 15.07 S 11/09/2011 **MARK SMEDLEY**

1 Demmler, Toby 53 Marion Masters Swimming 18.85 10

Event 13 Men 60-64 25 SC Metre Breaststroke**National:** 14.99 N 6/10/2012 **STUART ELLICOTT****State:** 15.27 S 23/08/2020 **MARK SMEDLEY**

1 Taylor, Dean 61 Phoenix Masters Swimming Club 19.53 10

2 Bullock, Rowan 61 Noarlunga Masters 21.77 9

Event 13 Men 75-79 25 SC Metre Breaststroke**National:** 17.84 N 6/10/2012 **TONY GOODWIN****State:** 20.11 S 8/07/2007 **JONATHAN DAVIES**

1 Koudelka, Antonin 78 Atlantis Masters 26.18 10

Event 13 Men 80-84 25 SC Metre Breaststroke**National:** 19.17 N 14/10/2017 **TONY GOODWIN****State:** 22.01 S 26/05/2013 **JONATHAN DAVIES**

1 Dixon, David 80 Noarlunga Masters 25.05 10

2026 MSSA SC State Cup - 27/09/2026

Results - 1

Event 14 Women 40-44 200 SC Metre Butterfly

National: 2:24.13 N 15/07/2018 L. D. CARVALHO

State: 2:31.33 S 27/07/2007 PALMER-WHITE

1	Nazimi, Leila	43	Henley Beach Masters	2:36.08	10
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Event 14 Women 55-59 200 SC Metre Butterfly

National: 2:33.91 N 23/02/2019 S. PALMER-WHITE

State: 2:33.91 S 23/02/2019 S. PALMER-WHITE

1	Hayes, Helen	56	Noarlunga Masters	4:38.88	10
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Event 15 Women 40-44 100 SC Metre IM

National: 1:09.49 N 12/10/2025 JENNIFER THOMPSON

State: 1:13.21 S 27/07/2025 LEILA NAZIMI

1	Beames, Melissa	42	Atlantis Masters	1:33.07	10
2	Horn, Danielle	41	Tea Tree Gully Kingfishers Mas	1:51.22	9

Event 15 Women 50-54 100 SC Metre IM

National: 1:09.22 N 9/08/2009 JENNY WHITELEY

State: 1:17.24 S 21/08/2016 S. PALMER-WHITE

1	Goldie, Emily	51	Adelaide Masters	1:21.36	10
2	Alvino-Felquer, Lidia	53	Adelaide Masters	1:29.73	9

Event 15 Women 60-64 100 SC Metre IM

National: 1:12.19 N 13/10/2018 JENNY WHITELEY

State: 1:19.86 S 5/06/2021 JOANNE SUTCLIFFE

1	Blackmore, Anita	62	Tea Tree Gully Kingfishers Mas	1:50.11	10
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Event 15 Women 70-74 100 SC Metre IM

National: 1:22.07 N 1/05/2026 LEIGH RODGERS

State: 1:31.10 S 26/04/2026 DEBORAH WAREING

1	Heffernan, Maryanne	70	Marion Masters Swimming	1:31.23	10
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Event 15 Women 75-79 100 SC Metre IM

National: 1:27.96 N 25/05/2019 CLARY MUNNS

State: 1:55.32 S 17/12/2017 JOY PAGE

1	Faulkner, Gillian	76	Noarlunga Masters	2:59.69	10
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Event 15 Women 80-84 100 SC Metre IM

National: 1:35.51 N 4/08/2024 CLARY MUNNS

State: 1:58.78 S 8/10/2022 JOY PAGE

1	Mulqueen, Jennifer	80	Tea Tree Gully Kingfishers Mas	2:54.41	10
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Event 15 Men 18-24 100 SC Metre IM

National: 58.07 N 22/06/2025 ASHLEY NICHOLAS

State: 1:01.75 S 1/05/2022 CHUN YIK TAM

1	Gao, Guanghao	19	Adelaide University Masters Sw	1:02.33	10
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Event 15 Men 40-44 100 SC Metre IM

National: 59.51 N 25/08/2013 IAN JEFFERY

State: 1:04.53 S 16/03/2002 MARK SMEDLEY

1	Tishel, Idan	40	Adelaide Masters	1:11.68	10
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Event 15 Men 45-49 100 SC Metre IM

National: 1:00.12 N 22/04/2022 JAMES HICKMAN

State: 1:04.79 S 5/06/2005 MARK SMEDLEY

1	Lewis, Ace	46	Marion Masters Swimming	1:09.60	10
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2026 MSSA SC State Cup - 27/09/2026

Results - 1

Event 15 Men 50-54 100 SC Metre IM

National: 1:03.71 N 20/10/2013 STUART MOFFATT

State: 1:05.61 S 7/04/2010 MARK SMEDLEY

1	Osborne, Andrew	51	Phoenix Masters Swimming Club	1:29.65	10
2	Cranley, Andrew	53	Noarlunga Masters	2:51.17	9

Event 15 Men 55-59 100 SC Metre IM

National: 1:03.35 N 22/04/2022 GUY FARROW

State: 1:05.90 S 21/08/2016 MARK SMEDLEY

1	Goldie, Scott	56	Adelaide Masters	1:21.42	10
---	Plouffe, James	58	Adelaide University Masters Sw	NS	

Event 15 Men 60-64 100 SC Metre IM

National: 1:08.60 N 23/08/2020 MARK SMEDLEY

State: 1:08.60 S 23/08/2020 MARK SMEDLEY

1	Bullock, Rowan	61	Noarlunga Masters	1:35.43	10
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Event 15 Men 65-69 100 SC Metre IM

National: 1:12.16 N 1/05/2026 MARK SMEDLEY

State: 1:12.16 S 26/04/2026 MARK SMEDLEY

1	Hayter, Garth	68	Marion Masters Swimming	1:54.08	10
2	Ferguson, Robert	66	Atlantis Masters	2:58.13	9

Event 15 Men 70-74 100 SC Metre IM

National: 1:17.36 N 22/04/2022 STUART ELLICOTT

State: 1:18.90 S 26/04/2026 GRANT SIMPSON

1	Young, Ian	74	Marion Masters Swimming	1:32.40	10
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Event 16 Women 45-49 50 SC Metre Freestyle

National: 26.94 N 10/04/2015 JENNIE BUCKNELL

State: 29.49 S 8/10/2023 NICOL WRIGHT

1	Smith, Sonia	49	Mount Barker Masters SA	36.88	10
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Event 16 Women 50-54 50 SC Metre Freestyle

National: 27.03 N 28/04/2026 JACKIE GOLDSTON

State: 29.92 S 12/10/2025 JOSEPHINE VARNEY

1	Wellington, Kim	50	Phoenix Masters Swimming Club	31.40	10
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Event 16 Women 60-64 50 SC Metre Freestyle

National: 28.50 N 26/05/2018 JENNY WHITELEY

State: 31.96 S 16/05/2021 JOANNE SUTCLIFFE

1	Gallasch, Judith	62	Adelaide Masters	35.63	10
2	Chambers, Cheryl	64	Phoenix Masters Swimming Club	40.40	9

Event 16 Women 65-69 50 SC Metre Freestyle

National: 29.91 N 9/07/2023 JENNY WHITELEY

State: 32.58 S 26/04/2026 JOANNE SUTCLIFFE

1	Bradley, Jenny	65	Atlantis Masters	41.70	10
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Event 16 Women 75-79 50 SC Metre Freestyle

National: 35.29 N 28/04/2026 JANETTE JEFFREY

State: 40.12 S 23/02/2019 JOY PAGE

1	Walsh, Christine	76	Noarlunga Masters	58.88	10
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2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 16 Men 18-24 50 SC Metre Freestyle****National:** 22.76 N 21/04/2024 **JAYDEN ALLUM****State:** 23.39 S 11/04/2021 **ETHAN CROOK**

1	Nip, Hugo	22	Adelaide University Masters Sw	24.32	10
2	Chen, Kainan	22	Adelaide University Masters Sw	25.58	9
3	Mak, Julius	22	Adelaide University Masters Sw	26.22	8

Event 16 Men 30-34 50 SC Metre Freestyle**National:** 21.82 N 27/06/2026 **CAMERON MCEVOY****State:** 25.07 S 11/08/2019 **CHRISTOPHER RYAN**

1	Gravier, Charles	34	Adelaide Masters	38.92	10
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Event 16 Men 35-39 50 SC Metre Freestyle**National:** 23.27 N 9/11/2014 **GREG PHILLIPS****State:** 25.22 S 9/09/2007 **CRAIG MARTIN**

1	Quinteros, Tomas	35	Tea Tree Gully Kingfishers Mas	37.35	10
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Event 16 Men 40-44 50 SC Metre Freestyle**National:** 23.85 N 23/04/2022 **DANIEL JONES****State:** 25.11 S 22/10/2017 **ANDREW STEPHENSON**

1	Cunningham, Lachy	40	Adelaide Masters	31.99	10
---	De Silva, Ushan	41	Aquadome Otters	NS	

Event 16 Men 45-49 50 SC Metre Freestyle**National:** 23.67 N 28/04/2026 **STEPHEN BERTING****State:** 24.93 S 5/06/2021 **ANDREW STEPHENSON**

1	Medefindt, Craig	48	Tea Tree Gully Kingfishers Mas	31.19	10
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Event 16 Men 50-54 50 SC Metre Freestyle**National:** 23.36 N 28/05/2022 **CHRIS FYDLER****State:** 26.15 S 8/10/2023 **MARK PREISS**

---	Preiss, Mark	54	Aquadome Otters	NS	
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Event 16 Men 55-59 50 SC Metre Freestyle**National:** 24.98 N 25/08/2024 **JOHN MCKAIG****State:** 26.57 S 24/05/2026 **STEPHEN OSBORNE**

1	Osborne, Stephen	57	Phoenix Masters Swimming Club	26.39 S	10
2	Eldridge, Nic	58	Adelaide University Masters Sw	35.12	9
3	Calder, Timothy	58	Adelaide Masters	40.04	8
---	Plouffe, James	58	Adelaide University Masters Sw	NS	

Event 16 Men 60-64 50 SC Metre Freestyle**National:** 25.67 N 28/04/2026 **ANGUS WADDELL****State:** 27.52 S 10/04/2015 **PHILIPP DJANG**

1	Short, Simon	61	Phoenix Masters Swimming Club	28.64	10
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Event 16 Men 75-79 50 SC Metre Freestyle**National:** 30.61 N 20/05/2022 **ROBERT PATTERSON****State:** 32.31 S 11/04/2021 **RON HARDIE**

1	Gamlen, John	79	Tea Tree Gully Kingfishers Mas	40.14	10
2	Bertram, Neal	76	Phoenix Masters Swimming Club	51.12	9

Event 16 Men 80-84 50 SC Metre Freestyle**National:** 33.51 N 5/03/2023 **DAVID BOYLSON****State:** 38.68 S 5/10/2019 **MICHAEL GRAY**

1	Hardie, Ron	80	Marion Masters Swimming	42.14	10
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2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 17 Women 40-44 50 SC Metre Backstroke****National:** 30.09 N 1/05/2026 **KARINA DEEGAN****State:** 30.09 S 26/04/2026 **KARINA DEEGAN**

1 Horn, Danielle 41 Tea Tree Gully Kingfishers Mas 50.76 10

Event 17 Women 50-54 50 SC Metre Backstroke**National:** 32.33 N 28/06/2025 **KYLIE FLETCHER****State:** 34.04 S 24/05/2026 **NICOL WRIGHT**

1 Alvino-Felquer, Lidia 53 Adelaide Masters 42.44 10

Event 17 Women 60-64 50 SC Metre Backstroke**National:** 35.53 N 16/05/2021 **JOANNE SUTCLIFFE****State:** 35.53 S 16/05/2021 **JOANNE SUTCLIFFE**

1 Haberfield, Helen 64 Tea Tree Gully Kingfishers Mas 55.66 10

Event 17 Women 65-69 50 SC Metre Backstroke**National:** 35.72 N 27/07/2025 **JOANNE SUTCLIFFE****State:** 35.72 S 27/07/2025 **JOANNE SUTCLIFFE**

--- Fisher, Rosemary 68 Mount Barker Masters SA NS

Event 17 Women 70-74 50 SC Metre Backstroke**National:** 37.78 N 5/09/2015 **CLARY MUNNS****State:** 42.28 S 23/08/2026 **DEBORAH WAREING**

1 Bell, Janet 74 Aquadome Otters 1:02.50 10

2 Gill, Janice 73 Tea Tree Gully Kingfishers Mas 1:06.18 9

Event 17 Women 75-79 50 SC Metre Backstroke**National:** 39.01 N 21/07/2019 **CLARY MUNNS****State:** 50.29 S 21/05/2023 **JAN SIMONS**

1 Walsh, Christine 76 Noarlunga Masters 1:08.78 10

--- Faulkner, Gillian 76 Noarlunga Masters NS

Event 17 Men 60-64 50 SC Metre Backstroke**National:** 31.01 N 9/04/2015 **PHILIPP DJANG****State:** 31.01 S 9/04/2015 **PHILIPP DJANG**

1 Taylor, Dean 61 Phoenix Masters Swimming Club 42.82 10

Event 17 Men 65-69 50 SC Metre Backstroke**National:** 33.66 N 23/06/2024 **CAMERON HORN****State:** 34.92 S 23/02/2019 **FRANK LINDSAY**

1 Hayter, Garth 68 Marion Masters Swimming 51.51 10

Event 18 Women 45-49 100 SC Metre Butterfly**National:** 1:06.03 N 1/05/2026 **L. D. CARVALHO****State:** 1:10.08 S 14/06/2009 **S. PALMER-WHITE**

1 Appelkamp, Riki-Lee 45 Mount Barker Masters SA 1:41.82 10

Event 18 Women 55-59 100 SC Metre Butterfly**National:** 1:10.56 N 24/08/2024 **NOLA MACAULAY****State:** 1:12.60 S 23/02/2019 **S. PALMER-WHITE**

1 Beaver, Sharon 59 Phoenix Masters Swimming Club 1:35.51 10

--- Varney, Josephine 55 Henley Beach Masters NS

Event 18 Men 18-24 100 SC Metre Butterfly**National:** 52.39 N 28/06/2008 **M. PATTERSON****State:** 59.35 S 3/08/2014 **PHILIP BLUNT**

1 Chow, Alvin Keng Yin 22 Adelaide University Masters Sw 1:01.61 10

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 18 Men 40-44 100 SC Metre Butterfly**

National: 57.92 N 6/07/2019 STEFANO ZERBINI

State: 1:00.09 S 2/08/2009 STEPHEN M OSBORNE

1 Carmichael, Nic 41 Commercial Masters 1:26.96 10

Event 18 Men 45-49 100 SC Metre Butterfly

National: 57.76 N 22/04/2022 JAMES HICKMAN

State: 1:03.28 S 10/10/2014 STEPHEN OSBORNE

1 Coulter, Garth 47 Tea Tree Gully Kingfishers Mas 1:12.04 10

Event 18 Men 50-54 100 SC Metre Butterfly

National: 1:00.21 N 21/04/2024 TODD ROBINSON

State: 1:06.14 S 2/08/2009 GRANT L SIMPSON

1 Velliariis, Christopher 51 Western Districts Masters Swim 1:09.70 10

Event 18 Men 55-59 100 SC Metre Butterfly

National: 1:00.70 N 21/04/2024 JOHN MCKAIG

State: 1:06.93 S 27/07/2025 STEPHEN OSBORNE

1 Osborne, Stephen 57 Phoenix Masters Swimming Club 1:06.56 S 10

Event 19 Women 40-44 200 SC Metre Breaststroke

National: 2:35.79 N 6/08/2011 LINLEY FRAME

State: 3:02.97 S 1/06/2008 SHARON A BEAVER

1 Ward, Alison 43 Noarlunga Masters 3:22.75 10

Event 19 Women 50-54 200 SC Metre Breaststroke

National: 2:48.69 N 29/08/2009 JENNY WHITELEY

State: 3:13.71 S 12/11/2017 ILZE OSTROVSKA

1 McGiffert, Natalie 54 Phoenix Masters Swimming Club 3:28.91 10

Event 19 Women 65-69 200 SC Metre Breaststroke

National: 3:09.80 N 18/06/2023 JENNY WHITELEY

State: 3:21.58 S 17/07/2022 M. HEFFERNAN

1 O'Shea, Penelope 69 Aquadome Otters 4:31.28 10

Event 19 Men 35-39 200 SC Metre Breaststroke

National: 2:28.67 N 30/08/2025 BRENDAN CUTTS

State: 2:45.08 S 23/02/2019 ACE LEWIS

--- Smith, Elliott 37 Adelaide Masters NS

Event 19 Men 40-44 200 SC Metre Breaststroke

National: 2:25.08 N 6/08/2023 TRAVIS KELLY

State: 2:34.96 S 16/03/2002 MARK SMEDLEY

1 Kim, Eoin 41 Tea Tree Gully Kingfishers Mas 3:19.14 10

Event 19 Men 45-49 200 SC Metre Breaststroke

National: 2:22.43 N 21/04/2022 CALEB LANGELAAN

State: 2:39.08 S 1/06/2008 MARK SMEDLEY

1 Lewis, Ace 46 Marion Masters Swimming 2:49.86 10

Event 19 Men 75-79 200 SC Metre Breaststroke

National: 3:09.09 N 5/05/2012 TONY GOODWIN

State: 3:56.89 S 11/06/2006 JONATHAN DAVIES

1 Fuller, Geoff 75 Henley Beach Masters 4:34.98 10

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 20 Women 200-239 200 SC Metre Freestyle Relay****National: 1:59.57 N 23/10/2022 POWERPOINTS****J BUCKNELL, S CUMING, L D. CARVALHO, S JAMES****State: 2:06.28 S 26/04/2026 PHOENIX****J SUTCLIFFE, S BEAVER, A SIMS, K WELLINGTON**

1	Adelaide Masters	A	2:17.42	20
	1) Bowman, Julie W61	2) Alvino-Felquer, Lidia W53	3) Goldie, Emily W51	4) Gallasch, Judith W62
2	Phoenix Masters Swimming Club	A	2:18.52	18
	1) Wellington, Kim W50	2) McGiffert, Natalie W54	3) Taylor, Julie W59	4) Beaver, Sharon W59
3	Tea Tree Gully Kingfishers Mas	A	2:45.40	16
	1) Horn, Danielle W41	2) Vas, Angela W59	3) Haberfield, Helen W64	4) Blackmore, Anita W62
---	Noarlunga Masters	A	NS	
	1) Ward, Alison W43	2) Hayes, Helen W56	3) Roach, Amanda W63	4) Doyle, Gillian W73

Event 20 Women 240-279 200 SC Metre Freestyle Relay**National: 2:10.47 N 6/08/2017 MALVERN MARLINS****J JEFFREY, J DICKEY, L RODGERS, D BRIGGS****State: 2:23.35 S 6/07/2014 ATLANTIS****JENNY BRADLEY, JAN SIMONS, JOY PAGE, JUDY THOMAS**

1	Marion Masters Swimming	A	2:30.16	20
	1) Wareing, Deborah W70	2) Heffernan, Maryanne W70	3) Vowles, Judy W77	4) Stadler, Lauren W45
2	Atlantis Masters	A	2:47.64	18
	1) Beames, Melissa W42	2) Bradley, Jenny W65	3) Doddridge, Margaret W64	4) Ormsby, Robyn W71
3	Aquadome Otters	A	3:18.48	16
	1) Brown, Yumi W61	2) Goldner, Caroline W51	3) O'Shea, Penelope W69	4) Bell, Janet W74

Event 20 Women 280-319 200 SC Metre Freestyle Relay**National: 2:13.71 N 28/04/2026 MALVERN MARLINS****S JONES, J JEFFREY, D BRIGGS, L RODGERS****State: 3:08.73 S 24/05/2015 MARION****R BROWN, B PEARCE, D ROSS, T CARTER**

1	Tea Tree Gully Kingfishers Mas	B	3:40.65	20
	1) Mulqueen, Jennifer W80	2) Gill, Janice W73	3) Edgley-Smith, Madeleine W75	4) Mayton, Eithne W75

Event 21 Men 72-99 200 SC Metre Freestyle Relay**National: 1:38.21 N 28/06/2025 IPSWICH GRAMMAR****H SUEN, R COX, H HEWITT, S BERTING****State: 1:37.04 S 15/09/2021 PHOENIX****R PATE, H LAMBERT, B HOPE, G MULLER**

1	Adelaide University Masters Sw	A	1:44.35	20
	1) Nip, Hugo M22	2) Gao, Guanghao M19	3) Mak, Julius M22	4) Chen, Kainan M22

Event 21 Men 120-159 200 SC Metre Freestyle Relay**National: 1:28.22 N 28/04/2026 BARBARIANS****G BELL, P GOIDANICH, D MORGAN, C MCEVOY****State: 1:46.95 S 3/06/2007 ADELAIDE MASTER****C ADDAMS, K RUNDLE, J BARANOFF, M SMEDLEY**

1	Adelaide University Masters Sw	B	2:06.59	20
	1) Chow, Alvin Keng Yin M22	2) Eldridge, Nic M58	3) Truong, Andrew M30	4) Le, Kim M43

2026 MSSA SC State Cup - 27/09/2026**Results - 1****Event 21 Men 160-199 200 SC Metre Freestyle Relay****National: 1:36.81 N 28/04/2026 GYMPIE****A COWAN, R PUGH, B ANDERSON, D ESKDALE****State: 1:48.51 S 18/05/2025 MARION****JOHN BROUWERS, ACE LEWIS, GAVIN ROWELL, BEN WARR**

1	Adelaide Masters	A	2:08.92	20
	1) Goldie, Scott M56	2) Gravier, Charles M34	3) Cunningham, Lachy M40	4) Tishel, Idan M40

Event 21 Men 200-239 200 SC Metre Freestyle Relay**National: 1:37.35 N 28/05/2022 TATTERSALLSCLUB****C FYDLER, P THIEL, G FARROW, J HICKMAN****State: 1:51.32 S 24/05/2015 ADELAIDE MASTER****M SMEDLEY, C ADDAMS, P DJANG, P GAERTNER**

1	Phoenix Masters Swimming Club	A	1:54.84	20
	1) Osborne, Stephen M57	2) Osborne, Andrew M51	3) Brodie, Mathew M47	4) Spence, Justin M46
		27.98 ()	1:54.84 (1:26.86)	
2	Marion Masters Swimming	A	2:08.57	18
	1) Lewis, Ace M46	2) Young, Ian M74	3) Demmler, Toby M53	4) Mosley, Luke M55
3	Tea Tree Gully Kingfishers Mas	A	2:13.56	16
	1) Medefindt, Craig M48	2) Kim, Eoin M41	3) Gamlen, John M79	4) Coulter, Garth M47

Event 21 Men 240-279 200 SC Metre Freestyle Relay**National: 1:51.52 N 28/04/2026 DONCASTER DOLP.****M PETERSSON, D MURPHY, A GILCHRIST, J LANGFELDT****State: 1:59.35 S 19/05/2024 PHOENIX****S OSBORNE, G SIMPSON, N BIGIOLLI, N COLLINS**

1	Phoenix Masters Swimming Club	B	2:40.20	20
	1) Short, Simon M61	2) Bertram, Neal M76	3) Howe, Simon M52	4) Taylor, Dean M61
2	Noarlunga Masters	A	3:16.81	18
	1) Bullock, Rowan M61	2) Axton, Bryan M85	3) Dixon, David M80	4) Cranley, Andrew M53

Combined Team Scores**Combined Team Scores - Through Event 21**

1. Phoenix Masters Swimming Club	480	2. Tea Tree Gully Kingfishers Mas	429
3. Noarlunga Masters	374	4. Marion Masters Swimming	336
5. Adelaide Masters	330	6. Adelaide University Masters Sw	286
7. Atlantis Masters	215	8. Aquadome Otters	148
9. Henley Beach Masters	110	10. Mount Barker Masters SA	58
11. Western Districts Masters Swim	30	12. Darwin Stingers Masters Swimmi	29
13. Commercial Masters	28		