MSSA SC Long Distance Meet 2017 - 12/11/2017

Team Rankings - Through Event 16

Combined Team Scores

Place	Team		Points
1	Tea Tree Gully	Tea Tree Gully	278
2	Marion Masters Swimming	Marion Masters Swimming	197
3	Adelaide Masters	Adelaide Masters	187
4	Noarlunga	Noarlunga	173
5	Atlantis	Atlantis	157
6	Henley Beach Masters	Henley Beach Masters	138
7	Aquadome Otters	Aquadome Otters	129
8	Western Districts	Western Districts	20
9	Miami Masters	Miami Masters	19
10	Genesis Aquatics Masters	Genesis Aquatics Masters	10
10	Powerpoints	Powerpoints	10
		Total	**1,318.00**

MSSA SC Long Distance Meet – 12 November 2017				
Possible National Records Achieved				
Sharon Beaver	Adelaide Masters	50-54	400m Backstroke	5m45.88s
Stephanie Palmer-White	Adelaide Masters	50-54	800m Freestyle	10m05.68s
Tristan Herbert	Tea Tree Gully	45-49	400m Breaststroke	5m49.09s
Glen Walker	Atlantis	55-59	800m Butterfly	12m32.73s
Glen Walker	Atlantis	55-59	400m Butterfly	5m56.26s (Split)
Glen Walker	Atlantis	55-59	400m Butterfly	5m55.31s
Grant Simpson	Henley Beach	60-64	1500m Freestyle	19m26.09s
John Richards	Powerpoints	75-79	1500m Freestyle	23m21.52s
John Richards	Powerpoints	75-79	800m Freestyle	12m25.11s (Split)
Adelaide Masters	Julie Astley Sharon Beaver Ilze Ostrovska Stephanie Palmer-White	200-239	4x100m Female Freestyle Relay	4m48.48s
VIC State Records Achieved				
John Richards	Powerpoints	75-79	1500m Freestyle	23m21.52s
John Richards	Powerpoints	75-79	800m Freestyle	12m25.11s (Split)
QLD Records Achieved				
Mark Sutton	Miami	55-59	400m Butterfly	6m29.98s
SA State Records Achieved				
Taylor Wachtel	Aquadome Otters	18-24	400m Backstroke	5m41.99s
Kimberley Vidura	Henley Beach	18-24	800m Backstroke	11m45.21s
Briny Mcarthur	Marion	25-29	800m Backstroke	11m50.25s
Leila Nazimi	Henley Beach	30-34	800m Freestyle	10m20.27s (Split)
Erin Brown	Adelaide Masters	35-39	1500m Freestyle	21m24.62s
Ilze Ostrovska	Adelaide Masters	50-54	400m Breaststroke	6m43.85s
Ilze Ostrovska	Adelaide Masters	50-54	200m Breaststroke	3m13.71s (Split)
Sharon Beaver	Adelaide Masters	50-54	400m Backstroke	5m45.88s
Stephanie Palmer-White	Adelaide Masters	50-54	800m Freestyle	10m05.68s
Joanne Sutcliffe	Henley Beach	55-59	800m Freestyle	10m31.91s
Joanne Sutcliffe	Henley Beach	55-59	400m Individual Medley	6m03.01s
Deborah Wareing	Marion	60-64	400m Individual Medley	6m56.97s
Betty Reinboth	Adelaide Masters	60-64	1500m Backstroke	36m37.28s
Maryanne Heffernan	Marion	60-64	400m Breaststroke	7m03.12s
Leonie O'Connell	Adelaide Masters	60-64	400m Backstroke	7m09.25s
Penelope O'Shea	Aquadome Otters	60-64	800m Breaststroke	18m45.79s
Janet Bell	Aquadome Otters	65-69	800m Freestyle	14m46.65s
Terry Carter	Marion	65-69	1500m Freestyle	27m49.38s
Terry Carter	Marion	65-69	400m Backstroke	8m16.08s
Jill Winter	Noarlunga	70-74	1500m Breaststroke	57m19.65s
Joy Page	Atlantis	75-79	800m Freestyle	16m09.60s

Joy Page	Atlantis	75-79	400m Breaststroke	9m05.25s
Joy Page	Atlantis	75-79	200m Breaststroke	4m22.73s (Split)
Barbara Pearce	Marion	80-84	800m Backstroke	22m52.37s
Diane Ross	Marion	80-84	1500m Freestyle	34m56.97s
Diane Ross	Marion	80-84	800m Freestyle	18m31.88s (Split)
Ace Lewis	Marion	35-39	1500m Breaststroke	24m24.09s
Ace Lewis	Marion	35-39	800m Breaststroke	12m52.78s (Split)
Ace Lewis	Marion	35-39	400m Breaststroke	6m05.13s
Andrew Cranley	Noarlunga	40-44	800m Individual Medley	16m25.83s
Sebastian Carboncini	Adelaide Masters	40-44	1500m Backstroke	22m29.44s
Sebastian Carboncini	Adelaide Masters	40-44	800m Backstroke	11m54.81s (Split)
Tristan Herbert	Tea Tree Gully	45-49	800m Backstroke	11m28.70s
Tristan Herbert	Tea Tree Gully	45-49	400m Breaststroke	5m49.09s
Glen Walker	Atlantis	55-59	800m Butterfly	12m32.73s
Glen Walker	Atlantis	55-59	400m Butterfly	5m56.26s (Split)
Glen Walker	Atlantis	55-59	400m Butterfly	5m55.31s
Grant Simpson	Henley Beach	60-64	1500m Freestyle	19m26.09s
Grant Simpson	Henley Beach	60-64	400m Individual Medley	5m48.74s
Stephen Carthew	Marion	70-74	1500m Freestyle	23m40.77s
Stephen Carthew	Marion	70-74	400m Freestyle	6m17.26s (Split)
Stephen Carthew	Marion	70-74	800m Freestyle	12m36.08s (Split)
John Flowers	Tea Tree Gully	70-74	1500m Breaststroke	36m03.91s
John Flowers	Tea Tree Gully	70-74	400m Breaststroke	9m30.50s (Split)
John Flowers	Tea Tree Gully	70-74	800m Breaststroke	19m07.76s (Split)
John Gamlen	Tea Tree Gully	70-74	1500m Backstroke	33m27.97s
John Gamlen	Tea Tree Gully	70-74	400m Backstroke	8m45.94s (Split)
Noarlunga	Scott Jones Andrew Cranley Stewart Galliford Matthew Cranley	160-199	4x100m Male Freestyle Relay	5m23.85s
Henley Beach	Joanne Sutcliffe Leila Nazimi Josephine Varney Kimberley Vidura	120-159	4x100m Female Freestyle Relay	4m36.18s
Adelaide Masters	Julie Astley Sharon Beaver Ilze Ostrovska Stephanie Palmer-White	200-239	4x100m Female Freestyle Relay	4m48.48s
Adelaide Masters	Sebastian Carboncini Erin Brown Leonie O'Connell Mark Smedley	160-199	4x100m Mixed Freestyle Relay	4m38.14s
Aquadome Otters	Penelope O'Shea Janet Bell Andrew Hamden Craig Zubrinich	200-239	4x100m Mixed Freestyle Relay	6m01.89s
Tea Tree Gully	John Flowers Madeleine Edgley-Smith Jennifer Mulqueen Ian Thorpe	240-279	4x100m Mixed Freestyle Relay	6m50.61s

MSSA SC Long Distance Meet 2017 - 12/11/2017

Individual Rankings - Through Event 16

18-24 Women - Individual Scores

Place	Name	Age	Team	Points
1	Wachtel, Taylor	20	Aquadome Otters	20
1	Vidura, Kimberley	21	Henley Beach Masters	20

25-29 Women - Individual Scores

Place	Name	Age	Team	Points
1	Mcarthur, Briny	28	Marion Masters Swimming	20

30-34 Women - Individual Scores

Place	Name	Age	Team	Points
1	Beames, Melissa	33	Atlantis	20
1	Nazimi, Leila	34	Henley Beach Masters	20
3	Wilkinson, Wendy	33	Tea Tree Gully	19

35-39 Women - Individual Scores

Place	Name	Age	Team	Points
1	Mentha, Karen	37	Tea Tree Gully	20
2	Brown, Erin	37	Adelaide Masters	10

40-44 Women - Individual Scores

Place	Name	Age	Team	Points
1	Thorpe, Rachel	42	Tea Tree Gully	19
2	Keogh, Rachael	43	Genesis Aquatics Masters	10

45-49 Women - Individual Scores

Place	Name	Age	Team	Points
1	Brown, Deborah	46	Adelaide Masters	20
2	Varney, Josephine	46	Henley Beach Masters	19
3	Lindsay, Cassie	48	Aquadome Otters	10

50-54 Women - Individual Scores

Place	Name	Age	Team	Points
1	Palmer-White, Stephanie	53	Adelaide Masters	20
2	Beaver, Sharon	50	Adelaide Masters	19
3	Ostrovska, Ilze	50	Adelaide Masters	10
3	Tucker, Helen	50	Noarlunga	10
3	Astley, Julie	52	Adelaide Masters	10

55-59 Women - Individual Scores

Place	Name	Age	Team	Points
1	Sutcliffe, Joanne	57	Henley Beach Masters	20
1	Beames, Leanne	55	Atlantis	20
3	Malcolm, Matthea	57	Henley Beach Masters	19

60-64 Women - Individual Scores

Place	Name	Age	Team	Points
1	Heffernan, Maryanne	61	Marion Masters Swimming	20
2	O'Shea, Penelope	60	Aquadome Otters	19
2	Wareing, Deborah	61	Marion Masters Swimming	19
4	O'Connell, Leonie	61	Adelaide Masters	18
4	Gill, Janice	64	Tea Tree Gully	18
6	Reinboth, Betty	62	Adelaide Masters	10

65-69 Women - Individual Scores

Place	Name	Age	Team	Points
1	Bell, Janet	65	Aquadome Otters	20

MSSA SC Long Distance Meet 2017 - 12/11/2017

Individual Rankings - Through Event 16

65-69 Women - Individual Scores

Place	Name	Age	Team	Points
1	Carter, Terry	67	Marion Masters Swimming	20
3	Edgley-Smith, Madeleine	66	Tea Tree Gully	18
4	Vowles, Judy	68	Marion Masters Swimming	10

70-74 Women - Individual Scores

Place	Name	Age	Team	Points
1	Mulqueen, Jennifer	71	Tea Tree Gully	20
2	Winter, Jill	70	Noarlunga	19

75-79 Women - Individual Scores

Place	Name	Age	Team	Points
1	Page, Joy	75	Atlantis	20
1	Lambert, Val	77	Atlantis	20

80-84 Women - Individual Scores

Place	Name	Age	Team	Points
1	Pearce, Barbara	80	Marion Masters Swimming	20
2	Ross, Diane	82	Marion Masters Swimming	10
3	Armstrong, Margaret	84	Noarlunga	9

MSSA SC Long Distance Meet 2017 - 12/11/2017

Individual Rankings - Through Event 16

30-34 Men - Individual Scores

Place	Name	Age	Team	Points
1	Zubrinich, Craig	34	Aquadome Otters	20

35-39 Men - Individual Scores

Place	Name	Age	Team	Points
1	Lewis, Ace	37	Marion Masters Swimming	20

40-44 Men - Individual Scores

Place	Name	Age	Team	Points
1	Cranley, Andrew	44	Noarlunga	20
1	Cranley, Matthew	42	Noarlunga	20
1	Gaibinger, Michael	41	Marion Masters Swimming	20
4	Carboncini, Sebastian	43	Adelaide Masters	10

45-49 Men - Individual Scores

Place	Name	Age	Team	Points
1	Herbert, Tristan	45	Tea Tree Gully	20
2	Giersch, Darren	48	Aquadome Otters	10

50-54 Men - Individual Scores

Place	Name	Age	Team	Points
1	Jones, Scott	53	Noarlunga	20

55-59 Men - Individual Scores

Place	Name	Age	Team	Points
1	Walker, Glen	56	Atlantis	20
1	Smedley, Mark	57	Adelaide Masters	20
1	Camp-Smith, Peter	59	Tea Tree Gully	20
4	Sutton, Mark	56	Miami Masters	19
4	Galliford, Stewart	59	Noarlunga	19

60-64 Men - Individual Scores

Place	Name	Age	Team	Points
1	Simpson, Grant	61	Henley Beach Masters	20
2	Thies, Neil	60	Noarlunga	18
3	Hamden, Andrew	60	Aquadome Otters	10
3	Thorpe, Ian	64	Tea Tree Gully	10

65-69 Men - Individual Scores

Place	Name	Age	Team	Points
1	Young, Ian	65	Marion Masters Swimming	10

70-74 Men - Individual Scores

Place	Name	Age	Team	Points
1	Gamlen, John	70	Tea Tree Gully	20
1	Flowers, John	71	Tea Tree Gully	20
3	Harris, Robert	71	Atlantis	19
4	Carthew, Stephen	70	Marion Masters Swimming	10

75-79 Men - Individual Scores

Place	Name	Age	Team	Points
1	Ham, Raymond	76	Western Districts	20
2	Richards, John	75	Powerpoints	10

MSSA SC Long Distance Meet - 12/11/2017

Results

Event 1 Women 18-24 800 SC Metre Freestyle

National: 9:25.62 N 1/08/2009 KATE LEWIS
State: 10:01.04 S 9/09/1880 STEPHANIE PALMER

	Name	Age	Team	Finals Time	Points
1	Wachtel, Taylor	20	Aquadome Otters	11:15.77	10

34.90	1:16.32 (41.42)	1:58.65 (42.33)	2:41.19 (42.54)
3:24.11 (42.92)	4:07.05 (42.94)	4:50.92 (43.87)	5:35.09 (44.17)
6:18.54 (43.45)	7:01.29 (42.75)	7:45.47 (44.18)	8:28.98 (43.51)
9:12.18 (43.20)	9:53.98 (41.80)	10:35.22 (41.24)	11:15.77 (40.55)

Event 1 Women 30-34 800 SC Metre Freestyle

National: 9:16.65 N 22/05/2011 KELLY HIGGINS
State: 10:22.27 S 23/07/1996 S. P. WHITE

	Name	Age	Team	Finals Time	Points
1	Beames, Melissa	33	Atlantis	13:05.16	10

40.51	1:26.75 (46.24)	2:15.40 (48.65)	3:05.07 (49.67)
3:55.02 (49.95)	4:44.36 (49.34)	5:34.30 (49.94)	6:23.30 (49.00)
7:13.59 (50.29)	8:03.05 (49.46)	8:52.54 (49.49)	9:42.61 (50.07)
10:33.13 (50.52)	11:24.12 (50.99)	12:15.44 (51.32)	13:05.16 (49.72)

Event 1 Women 35-39 800 SC Metre Freestyle

National: 9:22.05 N 30/05/1998 PENNY BOND
State: 10:48.50 S 25/11/2007 NATALIE HANN

	Name	Age	Team	Finals Time	Points
1	Mentha, Karen	37	Tea Tree Gully	16:53.96	10

54.51	1:58.75 (1:04.24)	3:00.56 (1:01.81)	4:03.91 (1:03.35)
5:07.73 (1:03.82)	6:10.66 (1:02.93)	7:16.22 (1:05.56)	8:21.98 (1:05.76)
9:28.25 (1:06.27)	10:34.22 (1:05.97)	11:40.94 (1:06.72)	12:43.45 (1:02.51)
13:50.21 (1:06.76)	14:53.73 (1:03.52)	15:54.62 (1:00.89)	16:53.96 (59.34)

Event 1 Women 40-44 800 SC Metre Freestyle

National: 9:13.46 N 6/10/2017 KIRSTEN CAMERON
State: 9:51.14 S 26/07/2008 SHARON BEAVER

	Name	Age	Team	Finals Time	Points
1	Keogh, Rachael	43	Genesis Aquatics Masters	13:02.58	10

43.34	1:30.48 (47.14)	2:18.61 (48.13)	3:07.64 (49.03)
3:58.26 (50.62)	4:48.02 (49.76)	5:37.21 (49.19)	6:26.51 (49.30)
7:16.36 (49.85)	8:06.01 (49.65)	8:56.54 (50.53)	9:46.79 (50.25)
10:36.55 (49.76)	11:26.21 (49.66)	12:15.74 (49.53)	13:02.58 (46.84)

2	Thorpe, Rachel	42	Tea Tree Gully	15:37.59	9

48.53	1:44.03 (55.50)	2:42.00 (57.97)	3:40.21 (58.21)
4:38.92 (58.71)	5:38.00 (59.08)	6:38.20 (1:00.20)	7:38.96 (1:00.76)
8:40.15 (1:01.19)	9:40.81 (1:00.66)	10:41.43 (1:00.62)	11:41.31 (59.88)
12:40.74 (59.43)	13:41.90 (1:01.16)	14:40.52 (58.62)	15:37.59 (57.07)

Event 1 Women 45-49 800 SC Metre Freestyle

National: 9:45.60 N 14/07/2012 PAMELA NIX
State: 9:48.78 S 1/11/2009 S. PALMER-WHITE

	Name	Age	Team	Finals Time	Points
1	Brown, Deborah	46	Adelaide Masters	21:11.19	10

1:01.79	2:18.06 (1:16.27)	3:39.94 (1:21.88)	5:00.37 (1:20.43)
6:24.72 (1:24.35)	7:48.54 (1:23.82)	9:13.77 (1:25.23)	10:34.10 (1:20.33)
11:54.83 (1:20.73)	13:15.72 (1:20.89)	14:37.76 (1:22.04)	16:00.75 (1:22.99)
17:21.73 (1:20.98)	18:41.52 (1:19.79)	20:00.45 (1:18.93)	21:11.19 (1:10.74)

Event 1 Women 50-54 800 SC Metre Freestyle

National: 10:09.25 N 14/06/2008 JENNY WHITELEY
State: 10:34.61 S 1/11/2015 JULIE ASTLEY

	Name	Age	Team	Finals Time	Points
1	Palmer-White, Stephanie	53	Adelaide Masters	10:05.68 N	10

36.15	1:15.08 (38.93)	1:53.55 (38.47)	2:32.12 (38.57)
3:10.66 (38.54)	3:49.02 (38.36)	4:27.48 (38.46)	5:05.46 (37.98)
5:43.66 (38.20)	6:21.89 (38.23)	7:00.04 (38.15)	7:38.05 (38.01)
8:16.14 (38.09)	8:54.16 (38.02)	9:32.02 (37.86)	10:05.68 (33.66)

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 1 Women 55-59 800 SC Metre Freestyle
National: 10:28.88 N 8/09/2013 JENNY WHITELEY
State: 10:38.04 S 3/07/2016 JOANNE SUTCLIFFE

1 Sutcliffe, Joanne 57 Henley Beach Masters 10:31.91 S 10

36.05	1:14.74 (38.69)	1:53.66 (38.92)	2:32.85 (39.19)
3:12.22 (39.37)	3:51.91 (39.69)	4:31.89 (39.98)	5:11.47 (39.58)
5:51.25 (39.78)	6:31.41 (40.16)	7:11.87 (40.46)	7:51.89 (40.02)
8:32.57 (40.68)	9:12.71 (40.14)	9:53.01 (40.30)	10:31.91 (38.90)

Event 1 Women 65-69 800 SC Metre Freestyle
National: 11:24.13 N 30/08/2008 JEN THOMASSON
State: 14:59.10 S 6/11/2011 JOY PAGE

1 Bell, Janet 65 Aquadome Otters 14:46.65 S 10

49.81	1:43.69 (53.88)	2:39.03 (55.34)	3:33.86 (54.83)
4:28.90 (55.04)	5:24.38 (55.48)	6:20.06 (55.68)	7:16.36 (56.30)
8:12.28 (55.92)	9:08.87 (56.59)	10:04.77 (55.90)	11:01.28 (56.51)
11:58.00 (56.72)	12:54.17 (56.17)	13:50.26 (56.09)	14:46.65 (56.39)

Event 1 Women 70-74 800 SC Metre Freestyle
National: 13:04.20 N 20/05/2017 ROSA MONTAGUE
State: 15:30.91 S 27/10/2013 JOY PAGE

1 Mulqueen, Jennifer 71 Tea Tree Gully 16:43.69 10

53.50	1:55.53 (1:02.03)	2:58.80 (1:03.27)	4:02.58 (1:03.78)
5:05.90 (1:03.32)	6:09.00 (1:03.10)	7:12.59 (1:03.59)	8:16.05 (1:03.46)
9:20.36 (1:04.31)	10:24.90 (1:04.54)	11:29.30 (1:04.40)	12:34.13 (1:04.83)
13:38.74 (1:04.61)	14:43.25 (1:04.51)	15:45.58 (1:02.33)	16:43.69 (58.11)

Event 1 Women 75-79 800 SC Metre Freestyle
National: 13:58.35 N 23/08/2014 DENISE ROBERTSON
State: 18:14.50 S 27/10/2013 DIANE ROSS

1 Page, Joy 75 Atlantis 16:09.60 S 10

48.25	1:44.76 (56.51)	2:45.18 (1:00.42)	3:45.93 (1:00.75)
4:48.31 (1:02.38)	5:50.45 (1:02.14)	6:53.07 (1:02.62)	7:55.15 (1:02.08)
8:57.49 (1:02.34)	9:59.64 (1:02.15)	11:02.20 (1:02.56)	12:04.44 (1:02.24)
13:06.76 (1:02.32)	14:09.24 (1:02.48)	15:10.76 (1:01.52)	16:09.60 (58.84)

Event 1 Men 40-44 800 SC Metre Freestyle
National: 8:34.79 N 22/05/2011 MARK THOMPSON
State: 9:44.27 S 1/06/2013 TJ SCOTT

1 Cranley, Matthew 42 Noarlunga 10:39.67 10

34.39	1:13.38 (38.99)	1:54.25 (40.87)	2:34.64 (40.39)
3:15.25 (40.61)	3:56.51 (41.26)	4:37.54 (41.03)	5:18.53 (40.99)
5:58.93 (40.40)	6:39.64 (40.71)	7:20.54 (40.90)	8:01.46 (40.92)
8:41.46 (40.00)	9:21.93 (40.47)	10:02.18 (40.25)	10:39.67 (37.49)

Event 1 Men 50-54 800 SC Metre Freestyle
National: 9:04.68 N 14/06/2008 FRANCIS CHRISTIAN
State: 9:40.99 S 1/11/2009 GRANT L SIMPSON

--- Smith, Andrew 53 Marion Masters Swimming NS

Event 1 Men 55-59 800 SC Metre Freestyle
National: 9:36.48 N 4/10/2013 ROBERT BUTCHER
State: 9:50.54 S 6/11/2011 GRANT SIMPSON

1 Camp-Smith, Peter 59 Tea Tree Gully 14:44.07 10

47.99	1:42.31 (54.32)	2:39.54 (57.23)	3:36.73 (57.19)
4:33.59 (56.86)	5:30.47 (56.88)	6:28.55 (58.08)	7:25.40 (56.85)
8:22.54 (57.14)	9:20.15 (57.61)	10:17.45 (57.30)	11:14.45 (57.00)
12:11.56 (57.11)	13:06.97 (55.41)	13:59.71 (52.74)	14:44.07 (44.36)

MSSA SC Long Distance Meet - 12/11/2017

Results

Event 1 Men 65-69 800 SC Metre Freestyle

National: 10:37.98 N 20/05/2017 — **IAN YOUNG**
State: 10:37.98 S 20/05/2017 — **IAN YOUNG**

--- Young, Ian 65 Marion Masters Swimming NS

Event 1 Men 70-74 800 SC Metre Freestyle

National: 11:25.65 N 27/08/2005 — **JOHN CRISP**
State: 15:38.97 S 25/11/2007 — **TUBBY H RAMSAY**

--- Hardie, Ron 71 Marion Masters Swimming NS

Event 1 Men 75-79 800 SC Metre Freestyle

National: 12:46.66 N 8/04/2015 GARY NICHOLLS
State: 14:06.84 S 1/11/2015 RAB BLAIR

--- Axton, Bryan 76 Noarlunga NS

Event 2 Men 55-59 800 SC Metre Butterfly

National: 13:07.90 N 16/06/2002 — **PAUL WYATT**
State: 18:22.60 S 27/10/2013 — **STEWART GALLIFORD**

1 Walker, Glen 56 Atlantis 12:32.73 N 10

37.69	1:23.39 (45.70)	2:08.41 (45.02)	2:54.92 (46.51)
3:41.29 (46.37)	4:27.05 (45.76)	5:12.25 (45.20)	5:56.26 (44.01)
6:45.55 (49.29)	7:36.20 (50.65)	8:27.32 (51.12)	9:18.23 (50.91)
10:08.05 (49.82)	10:57.89 (49.84)	11:47.23 (49.34)	12:32.73 (45.50)

Event 3 Women 18-24 800 SC Metre Backstroke

National: 10:43.29 N 28/08/2011 — **KATE LEWIS**

1 Vidura, Kimberley 21 Henley Beach Masters 11:45.21S 10

39.76	1:23.51 (43.75)	2:07.41 (43.90)	2:52.79 (45.38)
3:37.15 (44.36)	4:21.66 (44.51)	5:06.03 (44.37)	5:49.00 (42.97)
6:35.66 (46.66)	7:20.37 (44.71)	8:05.18 (44.81)	8:49.84 (44.66)
9:35.01 (45.17)	10:20.06 (45.05)	11:03.75 (43.69)	11:45.21 (41.46)

Event 3 Women 25-29 800 SC Metre Backstroke

National: 10:23.34 N 16/09/2006 — **EBONY EBENWALDNER**

1 Mcarthur, Briny 28 Marion Masters Swimming 11:50.25S 10

41.05	1:25.83 (44.78)	2:11.55 (45.72)	2:57.83 (46.28)
3:46.46 (48.63)	4:29.09 (42.63)	5:12.92 (43.83)	5:56.23 (43.31)
6:41.21 (44.98)	7:26.34 (45.13)	8:10.87 (44.53)	8:55.23 (44.36)
9:40.01 (44.78)	10:24.37 (44.36)	11:08.72 (44.35)	11:50.25 (41.53)

Event 3 Women 35-39 800 SC Metre Backstroke

National: 10:54.88 N 21/11/2016 — **EBONY EBENWALDNER**
State: 11:29.74 S 27/11/2005 — **SHARON A BEAVER**

1 Mentha, Karen 37 Tea Tree Gully 17:53.36 10

1:02.19	2:10.17 (1:07.98)	3:19.41 (1:09.24)	4:29.32 (1:09.91)
5:39.10 (1:09.78)	6:48.35 (1:09.25)	7:57.78 (1:09.43)	9:05.89 (1:08.11)
10:12.76 (1:06.87)	11:19.79 (1:07.03)	12:26.97 (1:07.18)	13:34.38 (1:07.41)
14:40.64 (1:06.26)	15:46.07 (1:05.43)	16:52.66 (1:06.59)	17:53.36 (1:00.70)

Event 3 Women 80-84 800 SC Metre Backstroke

National: 19:23.81 N 22/05/2011 — **DOROTHY DICKEY**
State: 25:44.36 S 1/11/2015 M. ARMSTRONG

1 Pearce, Barbara 80 Marion Masters Swimming 22:52.37 S 10

1:15.60	2:38.17 (1:22.57)	4:03.02 (1:24.85)	5:28.40 (1:25.38)
6:53.94 (1:25.54)	8:20.02 (1:26.08)	9:47.95 (1:27.93)	11:18.90 (1:30.95)
12:44.45 (1:25.55)	14:11.75 (1:27.30)	15:38.86 (1:27.11)	17:08.39 (1:29.53)
18:39.28 (1:30.89)	20:07.22 (1:27.94)	21:35.22 (1:28.00)	22:52.37 (1:17.15)

MSSA SC Long Distance Meet - 12/11/2017

Results

2 Armstrong, Margaret 84 Noarlunga 25:23.45 9

1:29.39 3:02.51 (1:33.12) 4:39.23 (1:36.72) 6:15.72 (1:36.49)
7:50.29 (1:34.57) 9:26.82 (1:36.53) 11:01.83 (1:35.01) 12:37.80 (1:35.97)
14:13.33 (1:35.53) 15:50.41 (1:37.08) 17:25.58 (1:35.17) 19:01.39 (1:35.81)
20:39.33 (1:37.94) 22:14.71 (1:35.38) 23:50.60 (1:35.89) 25:23.45 (1:32.85)

Event 3 Men 45-49 800 SC Metre Backstroke

National: 10:06.24 N 23/08/2015 **PAUL LEMMON**
State: 13:38.27 S 23/07/1996 **JOHN GAMLEN**

1 Herbert, Tristan 45 Tea Tree Gully 11:28.70 S 10

38.97 1:20.10 (41.13) 2:01.82 (41.72) 2:43.95 (42.13)
3:26.80 (42.85) 4:09.18 (42.38) 4:52.53 (43.35) 5:36.96 (44.43)
6:21.87 (44.91) 7:07.15 (45.28) 7:51.49 (44.34) 8:34.85 (43.36)
9:19.39 (44.54) 10:02.80 (43.41) 10:46.99 (44.19) 11:28.70 (41.71)

Event 3 Men 55-59 800 SC Metre Backstroke

National: 11:09.37 N 23/08/2015 **CAMERON HORN**
State: 12:03.98 S 1/11/2015 GRANT SIMPSON

1 Smedley, Mark 57 Adelaide Masters 12:10.40 10

39.37 1:22.40 (43.03) 2:07.85 (45.45) 2:54.07 (46.22)
3:39.58 (45.51) 4:25.61 (46.03) 5:11.19 (45.58) 5:55.43 (44.24)
6:43.20 (47.77) 7:31.15 (47.95) 8:18.08 (46.93) 9:05.97 (47.89)
9:54.17 (48.20) 10:41.47 (47.30) 11:27.73 (46.26) 12:10.40 (42.67)

Event 4 Women 30-34 800 SC Metre Breaststroke

National: 12:38.34 N 20/11/2016 **WENDY TEMPELS**
State: 13:57.65 S 27/11/2005 **REBECCA PAAY**

1 Wilkinson, Wendy 33 Tea Tree Gully 18:15.43 10

59.88 2:04.82 (1:04.94) 3:11.16 (1:06.34) 4:19.67 (1:08.51)
5:28.55 (1:08.88) 6:37.46 (1:08.91) 7:47.20 (1:09.74) 8:56.60 (1:09.40)
10:06.18 (1:09.58) 11:15.12 (1:08.94) 12:24.92 (1:09.80) 13:34.66 (1:09.74)
14:44.23 (1:09.57) 15:55.14 (1:10.91) 17:05.21 (1:10.07) 18:15.43 (1:10.22)

Event 4 Women 60-64 800 SC Metre Breaststroke

National: 13:47.69 N 30/08/2003 **JEN THOMASSON**
State: 22:03.25 S 9/09/1880 H. MALGORZEWICZ

1 O'Shea, Penelope 60 Aquadome Otters 18:45.79 S 10

58.04 2:05.43 (1:07.39) 3:14.27 (1:08.84) 4:24.41 (1:10.14)
5:34.64 (1:10.23) 6:44.95 (1:10.31) 7:56.18 (1:11.23) 9:06.55 (1:10.37)
10:18.02 (1:11.47) 11:30.64 (1:12.62) 12:43.60 (1:12.96) 13:57.11 (1:13.51)
15:10.61 (1:13.50) 16:22.93 (1:12.32) 17:35.51 (1:12.58) 18:45.79 (1:10.28)

2 Gill, Janice 64 Tea Tree Gully 21:20.37 9

1:08.47 2:27.06 (1:18.59) 3:48.97 (1:21.91) 5:10.19 (1:21.22)
6:32.25 (1:22.06) 7:53.61 (1:21.36) 9:15.35 (1:21.74) 10:36.87 (1:21.52)
11:57.97 (1:21.10) 13:18.91 (1:20.94) 14:40.97 (1:22.06) 16:03.57 (1:22.60)
17:25.72 (1:22.15) 18:46.91 (1:21.19) 20:07.91 (1:21.00) 21:20.37 (1:12.46)

Event 4 Women 65-69 800 SC Metre Breaststroke

National: 14:45.55 N 22/08/2009 **JEN THOMASSON**
State: 18:45.73 S 1/11/2009 EDDIE SMITH

1 Vowles, Judy 68 Marion Masters Swimming 22:55.18 10

1:09.35 2:36.15 (1:26.80) 4:02.71 (1:26.56) 5:31.93 (1:29.22)
6:58.66 (1:26.73) 8:26.80 (1:28.14) 9:53.69 (1:26.89) 11:20.11 (1:26.42)
12:45.73 (1:25.62) 14:11.46 (1:25.73) 15:37.19 (1:25.73) 17:04.70 (1:27.51)
18:29.84 (1:25.14) 19:58.57 (1:28.73) 21:27.19 (1:28.62) 22:55.18 (1:27.99)

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 4 Men 30-34 800 SC Metre Breaststroke
National: 11:54.66 N 28/08/1999 **MATTHEW WRIGHT**
State: 12:48.22 S 6/07/2003 THOMAS SCOTT

1 Zubrinich, Craig 34 Aquadome Otters 14:29.60 10

45.02	1:36.07 (51.05)	2:30.64 (54.57)	3:26.17 (55.53)
4:21.60 (55.43)	5:17.17 (55.57)	6:11.94 (54.77)	7:06.45 (54.51)
8:02.57 (56.12)	8:58.16 (55.59)	9:53.52 (55.36)	10:48.35 (54.83)
11:44.86 (56.51)	12:42.76 (57.90)	13:39.39 (56.63)	14:29.60 (50.21)

Event 4 Men 55-59 800 SC Metre Breaststroke
National: 12:46.01 N 16/06/2002 **PAUL WYATT**
State: 15:48.80 S 1/11/2009 PHILLIP GRAY

1 Sutton, Mark 56 Miami Masters 13:55.29 10

43.68	1:34.71 (51.03)	2:26.35 (51.64)	3:19.25 (52.90)
4:12.89 (53.64)	5:06.01 (53.12)	6:00.53 (54.52)	6:54.46 (53.93)
7:49.44 (54.98)	8:42.55 (53.11)	9:36.29 (53.74)	10:30.34 (54.05)
11:22.17 (51.83)	12:15.62 (53.45)	13:07.24 (51.62)	13:55.29 (48.05)

Event 5 Men 40-44 800 SC Metre IM
National: 10:02.72 N 26/07/2009 **PAUL LEMMON**

1 Cranley, Andrew 44 Noarlunga 16:25.83 10

1:00.15	2:09.65 (1:09.50)	3:23.42 (1:13.77)	4:39.45 (1:16.03)
5:38.66 (59.21)	6:36.18 (57.52)	7:35.12 (58.94)	8:34.24 (59.12)
9:42.17 (1:07.93)	10:48.34 (1:06.17)	11:55.17 (1:06.83)	13:00.09 (1:04.92)
13:52.92 (52.83)	14:44.99 (52.07)	15:36.93 (51.94)	16:25.83 (48.90)

Event 5 Men 55-59 800 SC Metre IM
National: 11:32.51 N 1/11/2015 MARK SMEDLEY
State: 11:32.51 S 1/11/2015 MARK SMEDLEY

1 Galliford, Stewart 59 Noarlunga 16:52.18 10

1:00.21	2:10.53 (1:10.32)	3:22.84 (1:12.31)	4:31.15 (1:08.31)
5:42.58 (1:11.43)	6:52.95 (1:10.37)	8:01.62 (1:08.67)	9:10.53 (1:08.91)
10:15.22 (1:04.69)	11:18.61 (1:03.39)	12:23.03 (1:04.42)	13:27.27 (1:04.24)
14:18.15 (50.88)	15:10.03 (51.88)	16:02.21 (52.18)	16:52.18 (49.97)

Event 6 Women 30-34 1500 SC Metre Freestyle
National: 17:33.66 N 21/05/2011 **KELLY HIGGINS**
State: 19:32.19 S 23/07/1996 **S. P. WHITE**

1 Nazimi, Leila 34 Henley Beach Masters 19:37.94 10

35.27	1:13.98 (38.71)	1:53.49 (39.51)	2:32.48 (38.99)
3:11.54 (39.06)	3:50.45 (38.91)	4:29.17 (38.72)	5:08.06 (38.89)
5:46.77 (38.71)	6:25.74 (38.97)	7:04.44 (38.70)	7:43.57 (39.13)
8:23.00 (39.43)	9:02.31 (39.31)	9:41.14 (38.83)	10:20.27 (39.13)
10:59.70 (39.43)	11:37.24 (37.54)	12:18.77 (41.53)	12:58.38 (39.61)
13:38.14 (39.76)	14:17.82 (39.68)	14:57.39 (39.57)	15:37.69 (40.30)
16:17.70 (40.01)	16:57.83 (40.13)	17:37.60 (39.77)	18:17.72 (40.12)
18:58.56 (40.84)	19:37.94 (39.38)		

2 Wilkinson, Wendy 33 Tea Tree Gully 28:02.83 9

48.29	1:41.84 (53.55)	2:36.47 (54.63)	3:32.74 (56.27)
4:28.50 (55.76)	5:24.37 (55.87)	6:20.50 (56.13)	7:17.28 (56.78)
8:13.50 (56.22)	9:10.37 (56.87)	10:07.66 (57.29)	11:03.22 (55.56)
11:59.60 (56.38)	12:56.21 (56.61)	13:56.06 (59.85)	14:50.15 (54.09)
15:45.66 (55.51)	16:42.81 (57.15)	17:38.91 (56.10)	18:36.16 (57.25)
19:32.96 (56.80)	20:28.84 (55.88)	21:25.66 (56.82)	22:22.97 (57.31)
23:20.06 (57.09)	24:18.41 (58.35)	25:17.21 (58.80)	26:13.19 (55.98)
27:10.55 (57.36)	28:02.83 (52.28)		

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 6 Women 35-39 1500 SC Metre Freestyle

National: 18:12.08 N 18/10/1997 — **PENNY BOND**
State: 21:36.51 S 26/10/1997 — **JENNIFER BRADLEY**

1 Brown, Erin 37 Adelaide Masters 21:24.62 S 10

38.66	1:21.39 (42.73)	2:05.48 (44.09)	2:49.06 (43.58)
3:32.56 (43.50)	4:16.26 (43.70)	4:59.88 (43.62)	5:43.38 (43.50)
6:26.85 (43.47)	7:10.10 (43.25)	7:53.75 (43.65)	8:37.06 (43.31)
9:19.69 (42.63)	10:02.59 (42.90)	10:45.35 (42.76)	11:27.99 (42.64)
12:10.97 (42.98)	12:53.35 (42.38)	13:36.06 (42.71)	14:18.79 (42.73)
15:01.19 (42.40)	15:44.00 (42.81)	16:27.12 (43.12)	17:10.31 (43.19)
17:53.39 (43.08)	18:35.87 (42.48)	19:18.47 (42.60)	20:01.06 (42.59)
20:43.15 (42.09)	21:24.62 (41.47)		

--- Hayes, Ahlanna 36 Atlantis NS

Event 6 Women 40-44 1500 SC Metre Freestyle

National: 17:43.24 N 2/03/2002 PENNY PALFREY
State: 19:21.94 S 1/11/2009 SHARON BEAVER

1 Thorpe, Rachel 42 Tea Tree Gully 30:55.42 10

50.44	1:50.28 (59.84)	2:50.60 (1:00.32)	3:31.63 (41.03)
4:52.54 (1:20.91)	5:52.69 (1:00.15)	6:54.54 (1:01.85)	7:56.54 (1:02.00)
8:59.79 (1:03.25)	10:01.51 (1:01.72)	11:05.88 (1:04.37)	12:09.40 (1:03.52)
13:10.51 (1:01.11)	14:13.01 (1:02.50)	15:16.68 (1:03.67)	16:19.22 (1:02.54)
17:23.44 (1:04.22)	18:27.19 (1:03.75)	19:30.90 (1:03.71)	20:34.49 (1:03.59)
21:38.40 (1:03.91)	22:40.40 (1:02.00)	23:44.78 (1:04.38)	24:47.59 (1:02.81)
25:52.97 (1:05.38)	26:53.43 (1:00.46)	27:55.99 (1:02.56)	28:59.71 (1:03.72)
30:01.61 (1:01.90)	30:55.42 (53.81)		

Event 6 Women 45-49 1500 SC Metre Freestyle

National: 18:38.70 N 16/06/2013 — **PAMELA NIX**
State: 19:06.50 S 6/11/2011 S. PALMER-WHITE

1 Lindsay, Cassie 48 Aquadome Otters 19:11.55 10

36.89	1:16.48 (39.59)	1:55.70 (39.22)	2:34.71 (39.01)
3:13.46 (38.75)	3:52.30 (38.84)	4:30.98 (38.68)	5:09.86 (38.88)
5:48.33 (38.47)	6:26.95 (38.62)	7:05.26 (38.31)	7:43.52 (38.26)
8:21.85 (38.33)	9:00.10 (38.25)	9:38.36 (38.26)	10:16.48 (38.12)
10:55.30 (38.82)	11:33.68 (38.38)	12:11.89 (38.21)	12:50.20 (38.31)
13:28.19 (37.99)	14:09.36 (41.17)	14:44.74 (35.38)	15:23.04 (38.30)
16:01.36 (38.32)	16:39.70 (38.34)	17:18.07 (38.37)	17:56.57 (38.50)
18:34.95 (38.38)	19:11.55 (36.60)		

2 Varney, Josephine 46 Henley Beach Masters 19:22.49 9

36.03	1:14.98 (38.95)	1:48.00 (33.02)	2:21.00 (33.00)
3:12.12 (51.12)	3:51.51 (39.39)	4:30.24 (38.73)	5:09.63 (39.39)
5:48.51 (38.88)	6:27.70 (39.19)	7:06.82 (39.12)	7:45.50 (38.68)
8:24.51 (39.01)	9:03.01 (38.50)	9:42.00 (38.99)	10:20.92 (38.92)
10:59.78 (38.86)	11:38.38 (38.60)	12:16.63 (38.25)	12:55.70 (39.07)
13:34.91 (39.21)	14:13.55 (38.64)	14:52.73 (39.18)	15:31.64 (38.91)
16:10.55 (38.91)	16:49.88 (39.33)	17:28.64 (38.76)	18:07.79 (39.15)
18:45.89 (38.10)	19:22.49 (36.60)		

MSSA SC Long Distance Meet - 12/11/2017

Results

Event 6 Women 50-54 1500 SC Metre Freestyle

National: 19:04.24 N 14/06/2008 JENNY WHITELEY
State: 20:00.03 S 1/11/2015 JULIE ASTLEY

1 Astley, Julie 52 Adelaide Masters 20:28.35 10

37.62	1:18.33 (40.71)	1:59.10 (40.77)	2:40.96 (41.86)
3:21.98 (41.02)	4:03.05 (41.07)	4:44.16 (41.11)	5:25.16 (41.00)
6:06.01 (40.85)	6:46.93 (40.92)	7:27.96 (41.03)	8:08.81 (40.85)
8:49.49 (40.68)	9:30.25 (40.76)	10:11.25 (41.00)	10:52.00 (40.75)
11:32.32 (40.32)	12:12.72 (40.40)	12:53.94 (41.22)	13:34.95 (41.01)
14:15.97 (41.02)	14:57.20 (41.23)	15:38.63 (41.43)	16:19.71 (41.08)
17:01.19 (41.48)	17:42.78 (41.59)	18:24.09 (41.31)	19:05.80 (41.71)
19:47.58 (41.78)	20:28.35 (40.77)		

2 Beaver, Sharon 50 Adelaide Masters 21:14.70 9

39.04	1:21.79 (42.75)	2:04.78 (42.99)	2:47.79 (43.01)
3:31.02 (43.23)	4:13.88 (42.86)	4:56.60 (42.72)	5:39.42 (42.82)
6:21.82 (42.40)	7:04.30 (42.48)	7:46.92 (42.62)	8:29.60 (42.68)
9:13.00 (43.40)	9:55.52 (42.52)	10:38.07 (42.55)	11:21.08 (43.01)
12:04.20 (43.12)	12:46.70 (42.50)	13:29.30 (42.60)	14:12.11 (42.81)
14:54.57 (42.46)	15:37.48 (42.91)	16:20.38 (42.90)	17:02.77 (42.39)
17:45.07 (42.30)	18:26.71 (41.64)	19:09.07 (42.36)	19:51.48 (42.41)
20:34.29 (42.81)	21:14.70 (40.41)		

Event 6 Women 55-59 1500 SC Metre Freestyle

National: 19:44.94 N 8/09/2013 JENNY WHITELEY
State: 21:43.22 S 6/11/2011 LEONIE O'CONNELL

1 Malcolm, Matthea 57 Henley Beach Masters 29:49.82 10

49.70	1:46.02 (56.32)	2:45.35 (59.33)	3:43.30 (57.95)
4:42.50 (59.20)	5:42.32 (59.82)	6:41.53 (59.21)	7:41.20 (59.67)
8:41.10 (59.90)	9:40.74 (59.64)	10:40.54 (59.80)	11:40.79 (1:00.25)
12:41.30 (1:00.51)	13:43.23 (1:01.93)	14:42.36 (59.13)	15:42.94 (1:00.58)
16:42.92 (59.98)	17:43.05 (1:00.13)	18:43.94 (1:00.89)	19:44.41 (1:00.47)
20:45.15 (1:00.74)	21:45.82 (1:00.67)	22:45.66 (59.84)	23:47.48 (1:01.82)
24:47.70 (1:00.22)	25:48.00 (1:00.30)	26:48.66 (1:00.66)	27:49.89 (1:01.23)
28:51.45 (1:01.56)	29:49.82 (58.37)		

Event 6 Women 60-64 1500 SC Metre Freestyle

National: 21:05.56 N 5/06/2016 M. HEFFERNAN
State: 21:05.56 S 5/06/2016 M. HEFFERNAN

1 Heffernan, Maryanne 61 Marion Masters Swimming 21:16.99 10

37.66	1:18.80 (41.14)	2:01.12 (42.32)	2:43.50 (42.38)
3:26.51 (43.01)	4:09.93 (43.42)	4:53.34 (43.41)	5:36.95 (43.61)
6:20.68 (43.73)	7:04.62 (43.94)	7:48.05 (43.43)	8:30.08 (42.03)
9:13.82 (43.74)	9:56.57 (42.75)	10:39.53 (42.96)	11:22.87 (43.34)
12:05.06 (42.19)	12:47.36 (42.30)	13:29.19 (41.83)	14:11.94 (42.75)
14:54.80 (42.86)	15:36.92 (42.12)	16:19.85 (42.93)	17:02.57 (42.72)
17:45.27 (42.70)	18:27.94 (42.67)	19:10.88 (42.94)	19:54.07 (43.19)
20:36.61 (42.54)	21:16.99 (40.38)		

2 Wareing, Deborah 61 Marion Masters Swimming 22:11.70 9

39.51	1:22.97 (43.46)	2:07.00 (44.03)	2:51.21 (44.21)
3:35.58 (44.37)	4:20.08 (44.50)	5:04.70 (44.62)	5:48.98 (44.28)
6:33.39 (44.41)	7:17.70 (44.31)	8:01.98 (44.28)	8:46.07 (44.09)
9:29.80 (43.73)	10:13.92 (44.12)	10:58.55 (44.63)	11:43.16 (44.61)
12:27.66 (44.50)	13:12.29 (44.63)	13:56.97 (44.68)	14:41.98 (45.01)
15:26.85 (44.87)	16:11.48 (44.63)	16:58.57 (47.09)	17:43.49 (44.92)
18:28.76 (45.27)	19:13.63 (44.87)	19:58.67 (45.04)	20:43.78 (45.11)
21:28.74 (44.96)	22:11.70 (42.96)		

MSSA SC Long Distance Meet - 12/11/2017

Results

3 O'Connell, Leonie 61 Adelaide Masters 22:19.11 8

40.47	1:23.97 (43.50)	2:08.89 (44.92)	2:53.57 (44.68)
3:38.51 (44.94)	4:23.51 (45.00)	5:08.18 (44.67)	5:52.85 (44.67)
6:38.10 (45.25)	7:23.18 (45.08)	8:08.21 (45.03)	8:53.19 (44.98)
9:38.31 (45.12)	10:23.47 (45.16)	11:08.95 (45.48)	11:54.01 (45.06)
12:38.92 (44.91)	13:23.92 (45.00)	14:09.06 (45.14)	14:54.07 (45.01)
15:39.10 (45.03)	16:24.10 (45.00)	17:09.11 (45.01)	17:53.86 (44.75)
18:38.59 (44.73)	19:23.19 (44.60)	20:08.07 (44.88)	20:52.21 (44.14)
21:36.51 (44.30)	22:19.11 (42.60)		

Event 6 Women 65-69 1500 SC Metre Freestyle

National: 21:43.60 N 30/08/2008 **JEN THOMASSON**
State: 31:25.76 S 12/10/2003 **DIANNE ROSS**

1 Carter, Terry 67 Marion Masters Swimming 27:49.38 S 10

49.50	1:44.41 (54.91)	2:40.44 (56.03)	3:37.21 (56.77)
4:34.06 (56.85)	5:30.50 (56.44)	6:27.60 (57.10)	7:24.09 (56.49)
8:20.34 (56.25)	9:15.93 (55.59)	10:11.71 (55.78)	11:07.94 (56.23)
12:04.03 (56.09)	12:59.85 (55.82)	13:55.91 (56.06)	14:51.50 (55.59)
15:47.13 (55.63)	16:42.89 (55.76)	17:38.45 (55.56)	18:34.37 (55.92)
19:30.38 (56.01)	20:26.16 (55.78)	21:21.58 (55.42)	22:17.58 (56.00)
23:13.82 (56.24)	24:09.55 (55.73)	25:05.44 (55.89)	26:01.43 (55.99)
26:57.41 (55.98)	27:49.38 (51.97)		

2 Edgley-Smith, Madeleine 66 Tea Tree Gully 33:48.08 9

1:00.25	2:07.15 (1:06.90)	3:14.80 (1:07.65)	4:23.97 (1:09.17)
5:30.63 (1:06.66)	6:39.16 (1:08.53)	7:47.82 (1:08.66)	8:56.67 (1:08.85)
10:04.62 (1:07.95)	11:13.23 (1:08.61)	12:21.76 (1:08.53)	13:30.13 (1:08.37)
14:38.21 (1:08.08)	15:46.50 (1:08.29)	16:53.27 (1:06.77)	18:01.98 (1:08.71)
19:10.43 (1:08.45)	20:19.35 (1:08.92)	21:26.84 (1:07.49)	22:32.91 (1:06.07)
23:41.42 (1:08.51)	24:50.23 (1:08.81)	25:58.48 (1:08.25)	27:07.35 (1:08.87)
28:15.03 (1:07.68)	29:22.37 (1:07.34)	30:30.38 (1:08.01)	31:37.66 (1:07.28)
32:44.13 (1:06.47)	33:48.08 (1:03.95)		

Event 6 Women 75-79 1500 SC Metre Freestyle

National: 26:37.41 N 20/08/2011 **DENISE ROBERTSON**
State: 38:36.18 S 12/10/2003 **HELEN AGOSTINI**

1 Lambert, Val 77 Atlantis 45:10.97 10

1:14.52	2:43.31 (1:28.79)	4:09.99 (1:26.68)	5:38.34 (1:28.35)
7:06.43 (1:28.09)	8:35.31 (1:28.88)	10:06.05 (1:30.74)	11:36.53 (1:30.48)
13:05.15 (1:28.62)	14:34.55 (1:29.40)	16:03.44 (1:28.89)	17:34.02 (1:30.58)
19:06.06 (1:32.04)	20:33.63 (1:27.57)	22:01.65 (1:28.02)	23:34.46 (1:32.81)
25:03.97 (1:29.51)	26:32.12 (1:28.15)	28:04.06 (1:31.94)	29:31.93 (1:27.87)
31:04.25 (1:32.32)	32:38.43 (1:34.18)	34:13.40 (1:34.97)	35:46.02 (1:32.62)
37:20.85 (1:34.83)	38:48.52 (1:27.67)	40:25.65 (1:37.13)	42:00.09 (1:34.44)
43:33.47 (1:33.38)	45:10.97 (1:37.50)		

Event 6 Women 80-84 1500 SC Metre Freestyle

National: 28:22.75 N 20/08/2016 **DENISE ROBERTSON**
State: 35:11.15 S 1/11/2015 DIANE ROSS

1 Ross, Diane 82 Marion Masters Swimming 34:56.97 S 10

1:02.71	2:11.73 (1:09.02)	3:21.94 (1:10.21)	4:32.09 (1:10.15)
5:42.72 (1:10.63)	6:53.03 (1:10.31)	8:01.84 (1:08.81)	9:11.71 (1:09.87)
10:21.45 (1:09.74)	11:31.82 (1:10.37)	12:40.29 (1:08.47)	13:50.69 (1:10.40)
15:01.64 (1:10.95)	16:12.29 (1:10.65)	17:22.37 (1:10.08)	18:31.88 (1:09.51)
19:42.44 (1:10.56)	20:52.97 (1:10.53)	22:02.96 (1:09.99)	23:13.56 (1:10.60)
24:23.72 (1:10.16)	25:34.00 (1:10.28)	26:44.51 (1:10.51)	27:55.46 (1:10.95)
29:06.46 (1:11.00)	30:17.33 (1:10.87)	31:27.23 (1:09.90)	32:37.74 (1:10.51)
33:49.37 (1:11.63)	34:56.97 (1:07.60)		

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 6 Men 40-44 1500 SC Metre Freestyle

National: 16:33.41 N 21/05/2011 — **MARK THOMPSON**
State: 18:16.96 S 23/07/1996 — **GRANT SIMPSON**

1 Gaibinger, Michael 41 Marion Masters Swimming 21:25.15 10

34.67	1:15.58 (40.91)	1:58.76 (43.18)	2:42.49 (43.73)
3:25.48 (42.99)	4:08.52 (43.04)	4:51.27 (42.75)	5:34.66 (43.39)
6:17.77 (43.11)	7:00.40 (42.63)	7:44.10 (43.70)	8:26.62 (42.52)
9:09.02 (42.40)	9:52.07 (43.05)	10:35.36 (43.29)	11:18.57 (43.21)
12:01.55 (42.98)	12:44.88 (43.33)	13:27.88 (43.00)	14:10.36 (42.48)
14:53.67 (43.31)	15:36.26 (42.59)	16:19.79 (43.53)	17:02.86 (43.07)
17:44.70 (41.84)	18:28.10 (43.40)	19:13.17 (45.07)	19:59.16 (45.99)
20:43.99 (44.83)	21:25.15 (41.16)		

Event 6 Men 45-49 1500 SC Metre Freestyle

National: 17:25.27 N 11/09/2005 — **FRANCIS CHRISTIAN**
State: 17:50.72 S 25/11/2007 — **MARK SMEDLEY**

1 Giersch, Darren 48 Aquadome Otters 22:47.00 10

38.56	1:22.40 (43.84)	2:06.63 (44.23)	2:53.19 (46.56)
3:39.93 (46.74)	4:26.64 (46.71)	5:12.79 (46.15)	5:58.96 (46.17)
6:45.36 (46.40)	7:32.21 (46.85)	8:19.41 (47.20)	9:05.93 (46.52)
9:52.35 (46.42)	10:38.36 (46.01)	11:24.13 (45.77)	12:09.88 (45.75)
12:55.33 (45.45)	13:41.32 (45.99)	14:26.65 (45.33)	15:12.54 (45.89)
15:59.39 (46.85)	16:45.20 (45.81)	17:31.77 (46.57)	18:17.45 (45.68)
19:03.69 (46.24)	19:48.71 (45.02)	20:35.31 (46.60)	21:20.97 (45.66)
22:06.03 (45.06)	22:47.00 (40.97)		

Event 6 Men 50-54 1500 SC Metre Freestyle

National: 17:33.73 N 15/06/2008 — **FRANCIS CHRISTIAN**
State: 18:14.05 S 1/11/2009 GRANT L SIMPSON

1 Jones, Scott 53 Noarlunga 22:39.90 10

39.55	1:22.60 (43.05)	2:06.92 (44.32)	2:53.18 (46.26)
3:38.98 (45.80)	4:24.88 (45.90)	5:10.79 (45.91)	5:57.13 (46.34)
6:43.48 (46.35)	7:29.19 (45.71)	8:14.98 (45.79)	9:00.83 (45.85)
9:46.69 (45.86)	10:32.69 (46.00)	11:18.88 (46.19)	12:05.00 (46.12)
12:50.17 (45.17)	13:36.88 (46.71)	14:23.06 (46.18)	15:08.39 (45.33)
15:53.75 (45.36)	16:39.39 (45.64)	17:24.88 (45.49)	18:10.22 (45.34)
18:55.78 (45.56)	19:41.08 (45.30)	20:26.01 (44.93)	21:11.19 (45.18)
21:56.52 (45.33)	22:39.90 (43.38)		

Event 6 Men 60-64 1500 SC Metre Freestyle

National: 19:35.88 N 26/05/2012 — **MACIEJ SLUGOCKI**
State: 19:39.02 S 1/06/2013 IAN YOUNG

1 Simpson, Grant 61 Henley Beach Masters 19:26.09 N 10

36.89	1:15.67 (38.78)	1:54.80 (39.13)	2:33.96 (39.16)
3:12.49 (38.53)	3:50.87 (38.38)	4:29.71 (38.84)	5:09.01 (39.30)
5:47.51 (38.50)	6:26.70 (39.19)	7:06.07 (39.37)	7:45.26 (39.19)
8:24.27 (39.01)	9:03.80 (39.53)	9:42.85 (39.05)	10:22.70 (39.85)
11:01.96 (39.26)	11:41.26 (39.30)	12:20.51 (39.25)	12:59.85 (39.34)
13:39.37 (39.52)	14:18.05 (38.68)	14:57.10 (39.05)	15:35.81 (38.71)
16:14.61 (38.80)	16:53.90 (39.29)	17:32.80 (38.90)	18:11.67 (38.87)
18:50.16 (38.49)	19:26.09 (35.93)		

2 Thies, Neil 60 Noarlunga 28:37.72 9

50.74	1:45.55 (54.81)	2:42.58 (57.03)	3:39.87 (57.29)
4:36.02 (56.15)	5:32.77 (56.75)	6:29.23 (56.46)	7:24.61 (55.38)
8:22.09 (57.48)	9:19.14 (57.05)	10:15.82 (56.68)	11:13.52 (57.70)
12:11.24 (57.72)	13:09.52 (58.28)	14:08.02 (58.50)	15:06.28 (58.26)
16:04.11 (57.83)	17:01.67 (57.56)	17:59.86 (58.19)	18:57.37 (57.51)
19:55.71 (58.34)	20:53.71 (58.00)	21:52.28 (58.57)	22:50.41 (58.13)
23:49.57 (59.16)	24:48.23 (58.66)	25:46.18 (57.95)	26:43.72 (57.54)
27:41.47 (57.75)	28:37.72 (56.25)		

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 6 Men 70-74 1500 SC Metre Freestyle
National: 21:17.81 N 27/08/2005 **JOHN CRISP**

1 Carthew, Stephen 70 Marion Masters Swimming 23:40.77S 10

45.45	1:32.65 (47.20)	2:20.16 (47.51)	3:08.21 (48.05)
3:55.91 (47.70)	4:42.76 (46.85)	5:30.23 (47.47)	6:17.26 (47.03)
7:04.93 (47.67)	7:51.76 (46.83)	8:39.10 (47.34)	9:27.35 (48.25)
10:14.16 (46.81)	11:01.31 (47.15)	11:48.50 (47.19)	12:36.08 (47.58)
13:23.54 (47.46)	14:10.95 (47.41)	14:57.83 (46.88)	15:44.59 (46.76)
16:32.51 (47.92)	17:20.13 (47.62)	18:07.90 (47.77)	18:55.64 (47.74)
19:44.85 (49.21)	20:32.13 (47.28)	21:19.54 (47.41)	22:07.66 (48.12)
22:53.83 (46.17)	23:40.77 (46.94)		

Event 6 Men 75-79 1500 SC Metre Freestyle
National: 26:11.23 N 5/05/2003 STAN JACOBS
State: 28:44.55 S 26/10/1997 **EDWARD GEARY**

1 Richards, John 75 Powerpoints 23:21.52 N 10

40.68	1:25.11 (44.43)	2:11.24 (46.13)	2:57.72 (46.48)
3:44.47 (46.75)	4:31.02 (46.55)	5:17.64 (46.62)	6:04.59 (46.95)
6:51.09 (46.50)	7:37.56 (46.47)	8:23.91 (46.35)	9:10.56 (46.65)
9:56.92 (46.36)	10:43.32 (46.40)	11:30.00 (46.68)	12:25.11 (55.11)
13:11.16 (46.05)	13:57.66 (46.50)	14:44.29 (46.63)	15:30.94 (46.65)
16:17.55 (46.61)	17:04.17 (46.62)	17:50.77 (46.60)	18:36.94 (46.17)
19:23.45 (46.51)	20:10.38 (46.93)	20:58.12 (47.74)	21:45.84 (47.72)
22:33.49 (47.65)	23:21.52 (48.03)		

Event 7 Women 60-64 1500 SC Metre Backstroke
National: 25:14.56 N 28/08/2004 **JEN THOMASSON**

1 Reinboth, Betty 62 Adelaide Masters 36:37.28S 10

1:07.20	2:17.78 (1:10.58)	3:29.01 (1:11.23)	4:40.91 (1:11.90)
5:52.82 (1:11.91)	7:05.10 (1:12.28)	8:17.10 (1:12.00)	9:28.40 (1:11.30)
10:40.51 (1:12.11)	11:51.83 (1:11.32)	13:01.79 (1:09.96)	14:13.10 (1:11.31)
15:26.41 (1:13.31)	16:37.03 (1:10.62)	17:48.34 (1:11.31)	19:02.18 (1:13.84)
20:15.10 (1:12.92)	21:28.01 (1:12.91)	22:41.70 (1:13.69)	23:55.95 (1:14.25)
25:11.29 (1:15.34)	26:26.20 (1:14.91)	27:43.36 (1:17.16)	28:58.83 (1:15.47)
30:14.96 (1:16.13)	31:31.34 (1:16.38)	32:48.53 (1:17.19)	34:05.24 (1:16.71)
35:21.85 (1:16.61)	36:37.28 (1:15.43)		

Event 7 Men 40-44 1500 SC Metre Backstroke
National: 19:08.97 N 28/08/2011 **PAUL LEMMON**
State: 22:39.41 S 1/11/2015 MATTHEW CRANLEY

1 Carboncini, Sebastian 43 Adelaide Masters 22:29.44 S 10

	1:22.79 ( )	2:06.16 (43.37)	2:50.12 (43.96)
3:34.71 (44.59)	4:19.65 (44.94)	5:05.03 (45.38)	5:50.65 (45.62)
6:36.37 (45.72)	7:22.01 (45.64)	8:08.19 (46.18)	8:54.60 (46.41)
9:40.33 (45.73)	10:26.28 (45.95)	11:12.01 (45.73)	11:54.81 (42.80)
12:43.01 (48.20)	13:29.54 (46.53)	14:15.50 (45.96)	15:01.30 (45.80)
15:47.44 (46.14)	16:32.84 (45.40)	17:18.22 (45.38)	18:04.49 (46.27)
18:49.94 (45.45)	19:34.68 (44.74)	20:19.10 (44.42)	21:04.25 (45.15)
21:49.44 (45.19)	22:29.44 (40.00)		

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 7 Men 70-74 1500 SC Metre Backstroke

National: 25:42.59 N 26/08/2006 — **JOHN CRISP**
State: 45:04.70 S 27/10/2013 — **RAYMOND HAM**

1 Gamlen, John 70 Tea Tree Gully 33:27.97 S 10

1:00.43	2:06.26 (1:05.83)	3:12.71 (1:06.45)	4:19.81 (1:07.10)
5:26.56 (1:06.75)	6:33.06 (1:06.50)	7:39.71 (1:06.65)	8:45.94 (1:06.23)
9:51.69 (1:05.75)	10:58.84 (1:07.15)	12:05.72 (1:06.88)	13:12.97 (1:07.25)
14:19.79 (1:06.82)	15:26.11 (1:06.32)	16:31.92 (1:05.81)	17:39.08 (1:07.16)
18:45.55 (1:06.47)	19:51.41 (1:05.86)	20:59.51 (1:08.10)	22:06.32 (1:06.81)
23:14.02 (1:07.70)	24:21.74 (1:07.72)	25:28.89 (1:07.15)	26:37.44 (1:08.55)
27:46.13 (1:08.69)	28:55.61 (1:09.48)	30:05.64 (1:10.03)	31:15.68 (1:10.04)
32:24.68 (1:09.00)	33:27.97 (1:03.29)		

Event 7 Men 75-79 1500 SC Metre Backstroke

National: 28:16.30 N 24/07/2016 — **PETER KAUPERT**
State: 35:13.06 S 23/07/1996 — **EDWARD GEARY**

1 Ham, Raymond 76 Western Districts 49:56.49 10

1:24.04	3:01.90 (1:37.86)	4:41.01 (1:39.11)	6:21.00 (1:39.99)
8:00.01 (1:39.01)	9:38.09 (1:38.08)	11:17.40 (1:39.31)	12:57.63 (1:40.23)
14:35.59 (1:37.96)	16:15.78 (1:40.19)	17:57.51 (1:41.73)	19:38.34 (1:40.83)
21:20.10 (1:41.76)	22:59.81 (1:39.71)	24:41.79 (1:41.98)	26:24.57 (1:42.78)
28:09.92 (1:45.35)	29:53.25 (1:43.33)	31:33.68 (1:40.43)	33:14.27 (1:40.59)
34:56.09 (1:41.82)	36:38.98 (1:42.89)	38:18.13 (1:39.15)	39:59.61 (1:41.48)
41:41.64 (1:42.03)	43:23.29 (1:41.65)	45:00.68 (1:37.39)	46:43.20 (1:42.52)
48:24.45 (1:41.25)	49:56.49 (1:32.04)		

Event 8 Women 70-74 1500 SC Metre Breaststroke

National: 30:32.73 N 24/07/2016 — **CLARY MUNNS**

1 Winter, Jill 70 Noarlunga 57:19.65S 10

1:56.07	3:58.68 (2:02.61)	5:56.15 (1:57.47)	7:53.94 (1:57.79)
9:53.22 (1:59.28)	11:49.57 (1:56.35)	13:45.41 (1:55.84)	15:43.93 (1:58.52)
17:40.27 (1:56.34)	19:35.41 (1:55.14)	21:33.47 (1:58.06)	23:31.43 (1:57.96)
25:30.93 (1:59.50)	27:26.97 (1:56.04)	29:20.68 (1:53.71)	31:14.97 (1:54.29)
33:09.75 (1:54.78)	35:00.32 (1:50.57)	36:54.08 (1:53.76)	38:46.18 (1:52.10)
40:38.81 (1:52.63)	42:32.98 (1:54.17)	44:24.95 (1:51.97)	46:16.90 (1:51.95)
48:13.74 (1:56.84)	50:06.07 (1:52.33)	51:58.31 (1:52.24)	53:47.81 (1:49.50)
55:37.79 (1:49.98)	57:19.65 (1:41.86)		

Event 8 Men 35-39 1500 SC Metre Breaststroke

National: 23:53.82 N 11/07/1993 — **DALE LOADER**
State: 26:39.90 S 23/07/1996 — **MARK SUTTON**

1 Lewis, Ace 37 Marion Masters Swimming 24:24.09 S 10

40.99	1:28.30 (47.31)	2:17.07 (48.77)	3:05.95 (48.88)
3:55.14 (49.19)	4:44.32 (49.18)	5:33.32 (49.00)	6:21.31 (47.99)
7:10.47 (49.16)	7:59.62 (49.15)	8:49.15 (49.53)	9:38.15 (49.00)
10:27.78 (49.63)	11:16.42 (48.64)	12:04.30 (47.88)	12:52.78 (48.48)
13:43.31 (50.53)	14:33.35 (50.04)	15:22.72 (49.37)	16:11.31 (48.59)
17:01.17 (49.86)	17:51.72 (50.55)	18:40.97 (49.25)	19:31.72 (50.75)
20:21.29 (49.57)	21:10.71 (49.42)	21:59.81 (49.10)	22:48.28 (48.47)
23:37.43 (49.15)	24:24.09 (46.66)		

MSSA SC Long Distance Meet - 12/11/2017

Results

Event 8 Men 60-64 1500 SC Metre Breaststroke

National: 24:12.80 N 18/08/2007 — **PAUL WYATT**
State: 31:00.66 S 6/11/2011 PHILLIP GRAY

1 Thorpe, Ian 64 Tea Tree Gully 35:44.35 10

1:04.75 2:12.49 (1:07.74) 3:21.69 (1:09.20) 4:31.43 (1:09.74)
5:40.84 (1:09.41) 6:50.16 (1:09.32) 8:00.93 (1:10.77) 9:11.65 (1:10.72)
10:22.85 (1:11.20) 11:33.81 (1:10.96) 12:44.59 (1:10.78) 13:56.60 (1:12.01)
15:08.19 (1:11.59) 16:19.06 (1:10.87) 17:31.38 (1:12.32) 18:44.96 (1:13.58)
19:57.88 (1:12.92) 21:09.97 (1:12.09) 22:23.85 (1:13.88) 23:37.13 (1:13.28)
24:51.49 (1:14.36) 26:03.53 (1:12.04) 27:16.01 (1:12.48) 28:28.60 (1:12.59)
29:42.07 (1:13.47) 30:55.46 (1:13.39) 32:08.79 (1:13.33) 33:22.38 (1:13.59)
34:34.88 (1:12.50) 35:44.35 (1:09.47)

Event 8 Men 70-74 1500 SC Metre Breaststroke

National: 25:20.65 N 13/06/2009 — **MICHAEL MOLONEY**

1 Flowers, John 71 Tea Tree Gully 36:03.91S 10

1:03.81 2:17.08 (1:13.27) 3:30.25 (1:13.17) 4:42.51 (1:12.26)
5:53.71 (1:11.20) 7:06.57 (1:12.86) 8:18.73 (1:12.16) 9:30.50 (1:11.77)
10:43.04 (1:12.54) 11:54.81 (1:11.77) 13:06.79 (1:11.98)
15:31.29 ( ) 16:43.89 (1:12.60) 17:56.36 (1:12.47) 19:07.76 (1:11.40)
20:20.19 (1:12.43) 21:33.02 (1:12.83) 22:46.06 (1:13.04) 23:58.67 (1:12.61)
25:11.43 (1:12.76) 26:24.37 (1:12.94) 27:37.66 (1:13.29) 28:49.86 (1:12.20)
30:03.31 (1:13.45) 31:15.72 (1:12.41) 32:29.29 (1:13.57) 33:42.50 (1:13.21)
34:54.96 (1:12.46) 36:03.91 (1:08.95)

Event 9 Women 18-24 400 SC Metre Freestyle

National: 4:30.04 N 20/08/2017 — **AYAKO TAKIMOTO**
State: 4:46.90 S 31/08/2014 — **GEORGY FALSTER**

1 Vidura, Kimberley 21 Henley Beach Masters 5:03.02 10

33.48 1:10.98 (37.50) 1:49.87 (38.89) 2:29.11 (39.24)
3:08.36 (39.25) 3:47.32 (38.96) 4:25.78 (38.46) 5:03.02 (37.24)

Event 9 Women 25-29 400 SC Metre Freestyle

National: 4:27.07 N 30/05/2010 — **KELLY HIGGINS**
State: 4:29.10 S 4/08/1991 S. PALMER-WHITE

1 Mcarthur, Briny 28 Marion Masters Swimming 5:20.89 10

34.53 1:14.07 (39.54) 1:54.94 (40.87) 2:36.47 (41.53)
3:18.83 (42.36) 4:00.56 (41.73) 4:41.47 (40.91) 5:20.89 (39.42)

Event 9 Women 40-44 400 SC Metre Freestyle

National: 4:27.99 N 6/10/2017 KIRSTEN CAMERON
State: 4:47.27 S 21/08/2009 — **SHARON BEAVER**

--- Keogh, Rachael 43 Genesis Aquatics Masters NS

Event 9 Women 45-49 400 SC Metre Freestyle

National: 4:43.25 N 27/05/2012 — **PAMELA NIX**
State: 4:48.07 S 13/09/2009 — **S. PALMER-WHITE**

1 Brown, Deborah 46 Adelaide Masters 9:09.43 10

57.62 2:03.64 (1:06.02) 3:13.36 (1:09.72) 4:23.09 (1:09.73)
5:33.38 (1:10.29) 6:46.62 (1:13.24) 7:59.12 (1:12.50) 9:09.43 (1:10.31)

Event 9 Women 50-54 400 SC Metre Freestyle

National: 4:43.61 N 3/08/2008 JENNY WHITELEY
State: 4:53.32 S 31/08/2014 — **S. PALMER-WHITE**

1 Tucker, Helen 50 Noarlunga 5:39.98 10

36.75 1:18.15 (41.40) 2:00.77 (42.62) 2:44.85 (44.08)
3:28.71 (43.86) 4:12.77 (44.06) 4:57.48 (44.71) 5:39.98 (42.50)

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 9 Women 55-59 400 SC Metre Freestyle
National: 4:54.30 N 7/08/2016 JENNY WHITELEY
State: 5:06.48 S 10/09/2017 **JOANNE SUTCLIFFE**

1 Beames, Leanne 55 Atlantis 9:18.41 10
53.57 1:59.92 (1:06.35) 3:12.36 (1:12.44) 4:23.17 (1:10.81)
5:36.17 (1:13.00) 6:50.88 (1:14.71) 8:05.69 (1:14.81) 9:18.41 (1:12.72)

Event 9 Women 65-69 400 SC Metre Freestyle
National: 5:35.92 N 30/08/2008 **JEN THOMASSON**
State: 6:32.76 S 1/11/2009 CAROLYN FLEMING

1 Bell, Janet 65 Aquadome Otters 7:10.75 10
49.74 1:43.65 (53.91) 2:38.07 (54.42) 3:33.38 (55.31)
4:28.10 (54.72) 5:23.62 (55.52) 6:18.66 (55.04) 7:10.75 (52.09)

Event 9 Women 75-79 400 SC Metre Freestyle
National: 6:47.06 N 7/04/2010 DENISE ROBERTSON
State: 7:31.45 S 10/09/2017 **JOY PAGE**

1 Lambert, Val 77 Atlantis 11:09.95 10
1:11.13 2:34.85 (1:23.72) 4:00.23 (1:25.38) 5:26.36 (1:26.13)
6:54.32 (1:27.96) 8:20.00 (1:25.68) 9:44.40 (1:24.40) 11:09.95 (1:25.55)

Event 9 Women 80-84 400 SC Metre Freestyle
National: 6:57.02 N 11/04/2015 **DENISE ROBERTSON**
State: 8:46.65 S 26/06/2016 **DIANE ROSS**

--- Armstrong, Margaret 84 Noarlunga NS

Event 9 Men 40-44 400 SC Metre Freestyle
National: 4:07.46 N 20/08/2011 **MARK THOMPSON**
State: 4:43.29 S 9/09/2012 TJ SCOTT

1 Gaibinger, Michael 41 Marion Masters Swimming 5:12.80 10
32.77 1:10.05 (37.28) 1:49.84 (39.79) 2:30.00 (40.16)
3:11.00 (41.00) 3:52.10 (41.10) 4:33.86 (41.76) 5:12.80 (38.94)

Event 9 Men 50-54 400 SC Metre Freestyle
National: 4:21.85 N 14/06/2008 **FRANCIS CHRISTIAN**
State: 4:37.19 S 13/09/2009 **GRANT L SIMPSON**

1 Jones, Scott 53 Noarlunga 5:45.82 10
37.30 1:18.80 (41.50) 2:02.72 (43.92) 2:47.75 (45.03)
3:32.87 (45.12) 4:18.09 (45.22) 5:03.04 (44.95) 5:45.82 (42.78)

Event 9 Men 55-59 400 SC Metre Freestyle
National: 4:31.62 N 27/07/2014 **PAUL BLACKBEARD**
State: 4:43.43 S 11/09/2011 **GRANT SIMPSON**

--- Hayter, Garth 59 Marion Masters Swimming NS

Event 9 Men 60-64 400 SC Metre Freestyle
National: 4:52.00 N 9/09/2012 IAN YOUNG
State: 4:52.00 S 9/09/2012 IAN YOUNG

1 Hamden, Andrew 60 Aquadome Otters 7:05.17 10
46.35 1:38.20 (51.85) 2:32.34 (54.14) 3:26.93 (54.59)
4:21.56 (54.63) 5:15.98 (54.42) 6:10.94 (54.96) 7:05.17 (54.23)

2 Thies, Neil 60 Noarlunga 7:21.64 9
49.69 1:44.66 (54.97) 2:41.71 (57.05) 3:37.65 (55.94)
4:34.33 (56.68) 5:30.34 (56.01) 6:27.14 (56.80) 7:21.64 (54.50)

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 9 Men 65-69 400 SC Metre Freestyle
National: 4:58.00 N 6/05/2017 IAN YOUNG
State: 4:58.00 S 6/05/2017 IAN YOUNG

1 Young, Ian 65 Marion Masters Swimming 5:04.38 10
35.65 1:13.68 (38.03) 1:52.44 (38.76) 2:31.09 (38.65)
3:10.18 (39.09) 3:49.25 (39.07) 4:27.84 (38.59) 5:04.38 (36.54)

Event 9 Men 70-74 400 SC Metre Freestyle
National: 5:29.16 N 11/06/2005 JOHN CRISP
State: 6:36.21 S 6/11/2011 TONY WARD

1 Gamlen, John 70 Tea Tree Gully 6:24.68 10
41.38 1:28.38 (47.00) 2:17.11 (48.73) 3:06.43 (49.32)
3:56.63 (50.20) 4:47.16 (50.53) 5:36.78 (49.62) 6:24.68 (47.90)

2 Harris, Robert 71 Atlantis 8:22.86 9
50.97 1:52.90 (1:01.93) 2:58.15 (1:05.25) 4:04.90 (1:06.75)
5:11.08 (1:06.18) 6:16.28 (1:05.20) 7:20.19 (1:03.91) 8:22.86 (1:02.67)

--- Hardie, Ron 71 Marion Masters Swimming NS

Event 9 Men 75-79 400 SC Metre Freestyle
National: 5:50.91 N 7/04/2010 JOHN CRISP
State: 6:35.22 S 1/11/2015 RAB BLAIR

--- Axton, Bryan 76 Noarlunga NS

Event 10 Men 50-54 400 SC Metre Butterfly
National: 5:01.56 N 14/06/2009 FRANCIS CHRISTIAN
State: 9:15.42 S 1/11/2009 STEWART GALLIFORD

--- Smith, Andrew 53 Marion Masters Swimming NS

Event 10 Men 55-59 400 SC Metre Butterfly
National: 6:13.48 N 1/11/2015 GRANT SIMPSON
State: 6:13.48 S 1/11/2015 GRANT SIMPSON

1 Walker, Glen 56 Atlantis 5:55.31 N 10
36.24 1:19.16 (42.92) 2:03.77 (44.61) 2:50.55 (46.78)
3:36.64 (46.09) 4:23.96 (47.32) 5:10.75 (46.79) 5:55.31 (44.56)

2 Sutton, Mark 56 Miami Masters 6:29.98QLD 9
41.86 1:29.68 (47.82) 2:19.21 (49.53) 3:10.23 (51.02)
4:00.51 (50.28) 4:51.15 (50.64) 5:41.58 (50.43) 6:29.98 (48.40)

Event 11 Women 18-24 400 SC Metre Backstroke
National: 5:02.62 N 22/08/2010 KATE LEWIS
State: 7:36.37 S 12/10/2003 SUZANNE LOCHERT

1 Wachtel, Taylor 20 Aquadome Otters 5:41.99 S 10
38.98 1:22.05 (43.07) 2:06.73 (44.68) 2:50.40 (43.67)
3:33.99 (43.59) 4:17.14 (43.15) 5:01.05 (43.91) 5:41.99 (40.94)

Event 11 Women 30-34 400 SC Metre Backstroke
National: 5:12.14 N 17/11/2013 EBONY EBENWALDNER
State: 5:39.05 S 8/09/2002 REBECCA FOREMAN

1 Beames, Melissa 33 Atlantis 6:31.67 10
44.49 1:33.73 (49.24) 2:24.34 (50.61) 3:13.80 (49.46)
4:03.06 (49.26) 4:53.68 (50.62) 5:43.72 (50.04) 6:31.67 (47.95)

MSSA SC Long Distance Meet - 12/11/2017

Results

Event 11 Women 50-54 400 SC Metre Backstroke

National: 5:47.23 N 6/11/2011 JOANNE SUTCLIFFE
State: 5:47.23 S 6/11/2011 JOANNE SUTCLIFFE

1 Beaver, Sharon 50 Adelaide Masters 5:45.88 N 10
41.11 1:25.06 (43.95) 2:09.12 (44.06) 2:52.77 (43.65)
3:36.43 (43.66) 4:19.95 (43.52) 5:03.53 (43.58) 5:45.88 (42.35)

Event 11 Women 60-64 400 SC Metre Backstroke

National: 6:33.77 N 3/08/2008 CLARY MUNNS
State: 7:56.41 S 27/10/2013 GILLIAN DOYLE

1 O'Connell, Leonie 61 Adelaide Masters 7:09.25 S 10
51.59 1:45.20 (53.61) 2:39.72 (54.52) 3:34.11 (54.39)
4:28.86 (54.75) 5:22.46 (53.60) 6:16.87 (54.41) 7:09.25 (52.38)

2 Gill, Janice 64 Tea Tree Gully 9:41.16 9
1:05.22 2:17.69 (1:12.47) 3:32.48 (1:14.79) 4:45.91 (1:13.43)
6:00.40 (1:14.49) 7:15.65 (1:15.25) 8:30.84 (1:15.19) 9:41.16 (1:10.32)

Event 11 Women 65-69 400 SC Metre Backstroke

National: 6:36.65 N 28/08/2011 CLARY MUNNS
State: 8:37.80 S 6/11/2011 JENNIFER MULQUEEN

1 Carter, Terry 67 Marion Masters Swimming 8:16.08 S 10
56.38 1:58.86 (1:02.48) 3:01.58 (1:02.72) 4:06.27 (1:04.69)
5:09.88 (1:03.61) 6:13.79 (1:03.91) 7:16.89 (1:03.10) 8:16.08 (59.19)

2 Edgley-Smith, Madeleine 66 Tea Tree Gully 10:37.69 9
1:20.09 2:44.35 (1:24.26) 4:05.92 (1:21.57) 5:26.93 (1:21.01)
6:47.97 (1:21.04) 8:09.49 (1:21.52) 9:26.08 (1:16.59) 10:37.69 (1:11.61)

Event 11 Women 70-74 400 SC Metre Backstroke

National: 6:37.44 N 23/08/2015 CLARY MUNNS
State: 8:45.30 S 1/11/2015 JOY PAGE

1 Mulqueen, Jennifer 71 Tea Tree Gully 9:15.75 10
1:04.09 2:13.72 (1:09.63) 3:24.68 (1:10.96) 4:35.59 (1:10.91)
5:45.71 (1:10.12) 6:56.10 (1:10.39) 8:07.51 (1:11.41) 9:15.75 (1:08.24)

2 Winter, Jill 70 Noarlunga 13:36.29 9
1:37.32 3:15.60 (1:38.28) 4:54.40 (1:38.80) 6:36.43 (1:42.03)
8:18.82 (1:42.39) 10:03.62 (1:44.80) 11:49.34 (1:45.72) 13:36.29 (1:46.95)

Event 11 Women 80-84 400 SC Metre Backstroke

National: 9:25.72 N 30/05/2010 DOROTHY DICKEY
State: 9:54.94 S 1/11/2015 DIANE ROSS

1 Pearce, Barbara 80 Marion Masters Swimming 10:35.80 10
1:14.12 2:35.72 (1:21.60) 3:58.82 (1:23.10) 5:22.49 (1:23.67)
6:44.89 (1:22.40) 8:04.28 (1:19.39) 9:23.90 (1:19.62) 10:35.80 (1:11.90)

Event 11 Men 30-34 400 SC Metre Backstroke

National: 5:01.65 N 29/06/2008 JULIAN DOOLEY
State: 6:28.59 S 6/11/2011 WARREN YOUNG

1 Zubrinich, Craig 34 Aquadome Otters 6:52.34 10
47.13 1:37.44 (50.31) 2:29.22 (51.78) 3:24.99 (55.77)
4:17.21 (52.22) 5:11.78 (54.57) 6:04.82 (53.04) 6:52.34 (47.52)

Event 11 Men 55-59 400 SC Metre Backstroke

National: 5:28.44 N 8/09/2013 JOHN DE VRIES
State: 5:29.24 S 6/11/2011 GRANT SIMPSON

1 Camp-Smith, Peter 59 Tea Tree Gully 7:53.28 10
53.42 1:53.73 (1:00.31) 2:56.22 (1:02.49) 3:56.59 (1:00.37)
4:56.78 (1:00.19) 5:57.97 (1:01.19) 6:58.13 (1:00.16) 7:53.28 (55.15)

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 11 Men 70-74 400 SC Metre Backstroke
National: 6:40.09 N 5/11/2005 JOHN CRISP
State: 10:23.06 S 27/11/2005 — **CARLOS ASSUMPCAO**

1 Flowers, John 71 Tea Tree Gully 9:00.23 S 10
1:02.94 2:11.55 (1:08.61) 3:20.68 (1:09.13) 4:29.88 (1:09.20)
5:37.93 (1:08.05) 6:46.43 (1:08.50) 7:54.89 (1:08.46) 9:00.23 (1:05.34)

--- Carthew, Stephen 70 Marion Masters Swimming DQ
Not on back off wall
48.04 1:40.26 (52.22) 2:40.76 (1:00.50) 3:36.05 (55.29)
4:35.49 (59.44) 5:37.95 (1:02.46) 6:35.57 (57.62) DQ (56.38)

Event 11 Men 75-79 400 SC Metre Backstroke
National: 7:06.82 N 24/07/2016 — **PETER KAUPERT**
State: 8:53.08 S 27/11/2005 — **PIETER VAALBURG**

1 Ham, Raymond 76 Western Districts 12:34.11 10
1:20.73 2:54.48 (1:33.75) 4:31.28 (1:36.80) 6:06.59 (1:35.31)
7:43.26 (1:36.67) 9:19.74 (1:36.48) 10:56.47 (1:36.73) 12:34.11 (1:37.64)

Event 12 Women 30-34 400 SC Metre Breaststroke
National: 5:57.71 N 17/03/2013 — **CLAIRE HUEGILL**
State: 6:54.30 S 27/11/2005 — **REBECCA PAAY**

1 Nazimi, Leila 34 Henley Beach Masters 6:56.67 10
47.32 1:39.93 (52.61) 2:32.58 (52.65) 3:25.70 (53.12)
4:19.05 (53.35) 5:12.46 (53.41) 6:05.30 (52.84) 6:56.67 (51.37)

Event 12 Women 50-54 400 SC Metre Breaststroke
National: 6:20.37 N 27/06/2010 — **JENNY WHITELEY**
State: 7:47.05 S 12/10/2003 — **EITHNE MAYTON**

1 Ostrovska, Ilze 50 Adelaide Masters 6:43.85 S 10
42.57 1:31.44 (48.87) 2:22.10 (50.66) 3:13.71 (51.61)
4:05.71 (52.00) 4:58.10 (52.39) 5:50.55 (52.45) 6:43.85 (53.30)

Event 12 Women 55-59 400 SC Metre Breaststroke
National: 6:26.89 N 23/08/2015 — **JENNY WHITELEY**
State: 7:24.75 S 1/11/2015 DEBORAH WAREING

1 Beames, Leanne 55 Atlantis 9:53.55 10
1:01.93 2:14.28 (1:12.35) 3:30.30 (1:16.02) 4:47.05 (1:16.75)
6:04.77 (1:17.72) 7:21.81 (1:17.04) 8:38.68 (1:16.87) 9:53.55 (1:14.87)

Event 12 Women 60-64 400 SC Metre Breaststroke
National: 6:50.50 N 30/08/2003 — **JEN THOMASSON**
State: 8:14.75 S 11/11/2001 — **PAULINE WINGATE**

1 Heffernan, Maryanne 61 Marion Masters Swimming 7:03.12 S 10
44.48 1:35.94 (51.46) 2:29.23 (53.29) 3:23.73 (54.50)
4:18.78 (55.05) 5:13.90 (55.12) 6:09.13 (55.23) 7:03.12 (53.99)

2 O'Shea, Penelope 60 Aquadome Otters 8:53.74 9
57.95 2:04.13 (1:06.18) 3:13.79 (1:09.66) 4:23.79 (1:10.00)
5:32.65 (1:08.86) 6:40.74 (1:08.09) 7:49.33 (1:08.59) 8:53.74 (1:04.41)

Event 12 Women 75-79 400 SC Metre Breaststroke
National: 8:40.41 N 26/05/2012 — **SUE MAYNE**
State: 11:14.06 S 26/10/1997 — **ALMA BRECKNOCK**

1 Page, Joy 75 Atlantis 9:05.25 S 10
56.47 2:02.30 (1:05.83) 3:13.11 (1:10.81) 4:22.73 (1:09.62)
5:33.84 (1:11.11) 6:45.32 (1:11.48) 7:56.55 (1:11.23) 9:05.25 (1:08.70)

MSSA SC Long Distance Meet - 12/11/2017
Results

Event 12 Men 35-39 400 SC Metre Breaststroke
National: 5:46.65 N 22/05/2011 — **MICHAEL HARDING**
State: 6:21.11 S 26/10/1997 — **MARK SUTTON**

1 Lewis, Ace 37 Marion Masters Swimming 6:05.13 S 10
40.00 1:26.69 (46.69) 2:14.34 (47.65) 3:01.50 (47.16)
3:47.29 (45.79) 4:33.30 (46.01) 5:20.09 (46.79) 6:05.13 (45.04)

Event 12 Men 40-44 400 SC Metre Breaststroke
National: 5:31.84 N 14/06/2009 — **PETER BORAIN**
State: 6:20.10 S 27/10/2013 — **GAVIN ROWELL**

1 Cranley, Matthew 42 Noarlunga 7:05.28 10
44.59 1:37.43 (52.84) 2:32.54 (55.11) 3:26.88 (54.34)
4:21.24 (54.36) 5:17.00 (55.76) 6:11.44 (54.44) 7:05.28 (53.84)

Event 12 Men 45-49 400 SC Metre Breaststroke
National: 5:51.59 N 6/07/2003 MARK TAYLOR
State: 6:33.85 S 1/11/2015 GAVIN ROWELL

1 Herbert, Tristan 45 Tea Tree Gully 5:49.09 N 10
36.47 1:19.13 (42.66) 2:03.33 (44.20) 2:47.77 (44.44)
3:33.07 (45.30) 4:18.69 (45.62) 5:04.13 (45.44) 5:49.09 (44.96)

Event 12 Men 55-59 400 SC Metre Breaststroke
National: 6:07.86 N 30/09/2001 — **PAUL WYATT**
State: 7:48.16 S 27/10/2013 — **GRANT FAIREY**

--- Hayter, Garth 59 Marion Masters Swimming NS

Event 12 Men 70-74 400 SC Metre Breaststroke
National: 6:29.71 N 14/06/2009 — **MICHAEL MOLONEY**

1 Harris, Robert 71 Atlantis 9:32.20 10
59.52 2:10.36 (1:10.84) 3:24.24 (1:13.88) 4:37.52 (1:13.28)
5:51.43 (1:13.91) 7:05.49 (1:14.06) 8:19.30 (1:13.81) 9:32.20 (1:12.90)

Event 13 Women 35-39 400 SC Metre IM
National: 5:19.74 N 9/04/2015 L. D. CARVALHO
State: 5:47.73 S 9/09/2012 SARAH GOODWIN

--- Hayes, Ahlanna 36 Atlantis NS

Event 13 Women 45-49 400 SC Metre IM
National: 5:28.91 N 25/10/2003 — **JENNY WHITELEY**
State: 5:39.95 S 6/11/2011 S. PALMER-WHITE

1 Varney, Josephine 46 Henley Beach Masters 5:45.49 10
36.38 1:17.18 (40.80) 2:02.70 (45.52) 2:45.48 (42.78)
3:37.92 (52.44) 4:30.70 (52.78) 5:09.21 (38.51) 5:45.49 (36.28)

Event 13 Women 50-54 400 SC Metre IM
National: 5:32.60 N 17/08/2008 — **JENNY WHITELEY**
State: 5:41.09 S 1/11/2015 S. PALMER-WHITE

1 Palmer-White, Stephanie 53 Adelaide Masters 5:47.28 10
36.79 1:17.83 (41.04) 2:03.03 (45.20) 2:46.77 (43.74)
3:39.32 (52.55) 4:32.43 (53.11) 5:11.11 (38.68) 5:47.28 (36.17)

Event 13 Women 55-59 400 SC Metre IM
National: 5:48.86 N 2/08/2015 JENNY WHITELEY
State: 6:33.99 S 26/05/2013 — **LEONIE O'CONNELL**

1 Sutcliffe, Joanne 57 Henley Beach Masters 6:03.01 S 10
40.60 1:28.30 (47.70) 2:13.01 (44.71) 2:56.44 (43.43)
3:49.78 (53.34) 4:43.50 (53.72) 5:23.91 (40.41) 6:03.01 (39.10)

MSSA SC Long Distance Meet - 12/11/2017

Results

2 Malcolm, Matthea 57 Henley Beach Masters 8:50.18 9
1:00.21 2:12.80 (1:12.59) 3:17.46 (1:04.66) 4:22.42 (1:04.96)
5:38.38 (1:15.96) 6:55.21 (1:16.83) 7:52.23 (57.02) 8:50.18 (57.95)

Event 13 Women 60-64 400 SC Metre IM
National: 6:20.63 N 3/05/2003 JEN THOMASSON
State: 7:13.39 S 18/12/2016 DEBORAH WAREING

1 Wareing, Deborah 61 Marion Masters Swimming 6:56.97 S 10
47.53 1:45.55 (58.02) 2:39.38 (53.83) 3:32.71 (53.33)
4:29.06 (56.35) 5:27.66 (58.60) 6:13.76 (46.10) 6:56.97 (43.21)

Event 13 Men 40-44 400 SC Metre IM
National: 4:46.50 N 24/07/2009 PAUL LEMMON
State: 5:03.32 S 18/03/2002 MARK SMEDLEY

1 Cranley, Andrew 44 Noarlunga 7:38.81 10
54.25 1:57.25 (1:03.00) 2:53.78 (56.53) 3:48.75 (54.97)
4:53.76 (1:05.01) 5:58.30 (1:04.54) 6:49.25 (50.95) 7:38.81 (49.56)

Event 13 Men 55-59 400 SC Metre IM
National: 5:21.26 N 9/04/2015 MARK SMEDLEY
State: 5:21.26 S 9/04/2015 MARK SMEDLEY

1 Smedley, Mark 57 Adelaide Masters 5:37.63 10
37.60 1:20.00 (42.40) 2:02.47 (42.47) 2:45.29 (42.82)
3:31.80 (46.51) 4:18.82 (47.02) 4:59.77 (40.95) 5:37.63 (37.86)

2 Galliford, Stewart 59 Noarlunga 7:56.90 9
57.24 2:00.48 (1:03.24) 3:08.12 (1:07.64) 4:14.79 (1:06.67)
5:17.67 (1:02.88) 6:19.52 (1:01.85) 7:09.10 (49.58) 7:56.90 (47.80)

Event 13 Men 60-64 400 SC Metre IM
National: 5:46.43 N 4/11/2006 PAUL WYATT
State: 5:49.67 S 3/07/2016 GRANT SIMPSON

1 Simpson, Grant 61 Henley Beach Masters 5:48.74 S 10
38.14 1:20.61 (42.47) 2:05.95 (45.34) 2:50.68 (44.73)
3:42.36 (51.68) 4:34.49 (52.13) 5:12.82 (38.33) 5:48.74 (35.92)

Event 14 Men 160-199 400 SC Metre Freestyle Relay
National: 3:41.17 N 20/07/2014 SEASIDE PIRATES
M PATTERSON, G PHILLIPS, P BUDD, J BATES
State: 5:24.29 S 27/10/2013 NOARLUNGA
G FAIREY, A CRANLEY, S GALLIFORD, M CRANLEY

A

1 Noarlunga 5:23.85 S 20
1) Jones, Scott M53 2) Cranley, Andrew M44 3) Galliford, Stewart M59 4) Cranley, Matthew M42

Event 14 Men 200-239 400 SC Metre Freestyle Relay
National: 3:48.95 N 3/07/2011 TATTERSALLSCLUB
A BROWN, M GILLIS, G FARROW, C FYDLER
State: 5:09.81 S 6/11/2011 ADELAIDE MASTER
S HILL, R HARRIS, D MASON, M SMEDLEY

A

1 Tea Tree Gully 5:49.50 20
1) Thorpe, Ian M64 2) Flowers, John M71 3) Camp-Smith, Peter M59 4) Herbert, Tristan M45

Event 15 Women 120-159 400 SC Metre Freestyle Relay
National: 4:14.05 N 23/07/2006 SEASIDE PIRATES
C CODLING, C ROLSTON, E MAWHINNEY, A RODGER
State: 6:33.51 S 1/11/2015 TEA TREE GULLY
K MENTHA, K WHAITES, R THORPE, W WILKINSON

A

1 Henley Beach Masters 4:36.18 S 20
1) Sutcliffe, Joanne W57 2) Nazimi, Leila W34 3) Varney, Josephine W46 4) Vidura, Kimberley W21

MSSA SC Long Distance Meet - 12/11/2017

Results

Event 15 Women 200-239 400 SC Metre Freestyle Relay

National: 5:04.59 N 10/07/2016 SEASIDE PIRATES

C CODLING, S ROGERS, S TOMPKINS, N HALL

A

1 Adelaide Masters 4:48.48 N 20
1) Astley, Julie W52 2) Beaver, Sharon W50 3) Ostrovska, Ilze W50 4) Palmer-White, Stephanie W53

A

2 Marion Masters Swimming 6:30.44 18
1) Wareing, Deborah W61 2) Pearce, Barbara W80 3) Carter, Terry W67 4) Mcarthur, Briny W28

A

3 Tea Tree Gully 6:58.54 16
1) Edgley-Smith, Madeleine W66 2) Mulqueen, Jennifer W71 3) Thorpe, Rachel W424) Wilkinson, Wendy W33

Event 15 Women 240-279 400 SC Metre Freestyle Relay

National: 5:00.13 N 7/04/2010 BLACKTOWN CITY

L STEVENSON, C MUNNS, K L BEER, P NIX

State: 6:24.85 S 1/11/2015 MARION

C CHAMBERS, B PEARCE, T CARTER, D WAREING

A

1 Atlantis 7:37.49 20
1) Beames, Leanne W55 2) Lambert, Val W77 3) Beames, Melissa W33 4) Page, Joy W75

Event 16 Mixed 160-199 400 SC Metre Freestyle Relay

National: 4:00.70 N 21/06/2009 RYDE

T DOLPHIN, V WATSON, J WHITELEY, R FERGUSON

A

1 Adelaide Masters 4:38.14S 20
1) Carboncini, Sebastian M43 2) Brown, Erin W37 3) O'Connell, Leonie W61 4) Smedley, Mark M57

A

2 Tea Tree Gully 5:49.97 18
1) Wilkinson, Wendy W33 2) Thorpe, Rachel W42 3) Camp-Smith, Peter M59 4) Herbert, Tristan M45

Event 16 Mixed 200-239 400 SC Metre Freestyle Relay

National: 4:24.60 N 18/08/2013 CLAREMONT

A DUNNE, J VILE, S BELL, P BLACKBEARD

A

1 Aquadome Otters 6:01.89S 20
1) O'Shea, Penelope W60 2) Bell, Janet W65 3) Hamden, Andrew M60 4) Zubrinich, Craig M34

A

2 Noarlunga 6:01.96 18
1) Tucker, Helen W50 2) Cranley, Andrew M44 3) Armstrong, Margaret W84 4) Cranley, Matthew M42

A

--- Marion Masters Swimming DQ
False start
1) Young, Ian M65 2) Carter, Terry W67 3) Gaibinger, Michael M41 4) Mcarthur, Briny W28

Event 16 Mixed 240-279 400 SC Metre Freestyle Relay

National: 4:40.46 N 21/06/2009 BLACKTOWN CITY

L STEVENSON, C MUNNS, B CHERRIE, B DEVENISH

A

1 Tea Tree Gully 6:50.61S 20
1) Flowers, John M71 2) Edgley-Smith, Madeleine W66 3) Mulqueen, Jennifer W714) Thorpe, Ian M64

A

2 Atlantis 7:15.32 18
1) Page, Joy W75 2) Harris, Robert M71 3) Lambert, Val W77 4) Walker, Glen M56