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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 11 Women 25-29 200 LC Metre Breaststroke****WORLD: 2:35.46 W 17/07/2006 Hitomi Matsuda****JPN****NATIONAL: 2:40.23 N 22/01/2016 Lorelle McLeish****Name****Age Team****Finals Time****Points**

1	Alex Hardy	29	BLACKTOWN CITY			3:06.64	10
	42.58	1:28.11 (45.53)	2:18.34 (50.23)	3:06.64 (48.30)			
2	Rylee Wood	27	WOLLONGONG			3:39.90	9
	51.22	1:47.17 (55.95)	2:43.77 (56.60)	3:39.90 (56.13)			

Event 11 Women 30-34 200 LC Metre Breaststroke**WORLD: 2:28.93 W 17/10/2009 Hitomi Matsuda****JPN****NATIONAL: 2:53.07 N 26/03/2002 Sue Lyons**

1	Jacinta Humphrey	30	POWERPOINTS			3:10.96	10
	42.69	1:31.51 (48.82)	2:21.12 (49.61)	3:10.96 (49.84)			
2	Barbara Capellini	33	RYDE			3:19.77	9
	46.40	1:39.40 (53.00)	2:30.14 (50.74)	3:19.77 (49.63)			
---	Leonie Andrews	34	BLACKTOWN CITY			NS	

Event 11 Women 35-39 200 LC Metre Breaststroke**WORLD: 2:35.40 W 10/06/2012 Hitomi Matsuda****JPN****NATIONAL: 2:50.93 N 14/04/2012 Sarah James**

1	Karen Williams	35	ROCKINGHAM			3:13.12	10
	42.50	1:30.61 (48.11)	2:21.07 (50.46)	3:13.12 (52.05)			
2	Jade Roberts	39	MALVERN MARLINS			3:24.80	9
	43.13	1:35.53 (52.40)	2:31.39 (55.86)	3:24.80 (53.41)			
3	Susanne Milenkevich	39	YERONGA PARK YABBIES			3:29.13	8
	46.67	1:39.47 (52.80)	2:34.51 (55.04)	3:29.13 (54.62)			
4	Cherie Savin	37	ROCKINGHAM			3:39.23	7
	50.64	1:45.43 (54.79)	2:41.64 (56.21)	3:39.23 (57.59)			
5	Dianne Saunders	35	SUPERFINS WA			3:58.46	6
	51.83	1:54.84 (1:03.01)	2:56.86 (1:02.02)	3:58.46 (1:01.60)			
6	Melissa Beames	35	ATLANTIS			4:12.55	5
	53.91	1:56.80 (1:02.89)	3:03.74 (1:06.94)	4:12.55 (1:08.81)			

Event 11 Women 40-44 200 LC Metre Breaststroke**WORLD: 2:38.44 W 9/08/2006 S.Von Der Lippe****USA****NATIONAL: 2:40.28 N 12/01/2013 Linley Frame**

1	Kristy Brackstone	40	CLAREMONT			3:16.08	10
	45.00	1:34.85 (49.85)	2:25.59 (50.74)	3:16.08 (50.49)			
2	Katrina Bennett	42	TOWNSVILLE AQUAHOLICS			3:36.78	9
	50.01	1:44.52 (54.51)	2:40.29 (55.77)	3:36.78 (56.49)			

Event 11 Women 45-49 200 LC Metre Breaststroke**WORLD: 2:43.73 W 15/03/2013 H.Morris-Eyton****RSA****NATIONAL: 2:45.59 N 23/04/2016 Linley Frame**

1	Helen Ludgate	48	MANLY			3:25.23	10
	44.89	1:36.23 (51.34)	2:31.73 (55.50)	3:25.23 (53.50)			
2	Patricia Burton	49	CLAREMONT			3:30.15	9
	47.88	1:42.56 (54.68)	2:37.94 (55.38)	3:30.15 (52.21)			

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3	Susan Kempson	47	MALVERN MARLINS	3:59.80	8
	54.34	1:55.35 (1:01.01)	2:59.00 (1:03.65)	3:59.80 (1:00.80)	
4	Kylie Woods	49	BUSH RANGERS	4:28.84	7
	59.48	2:09.63 (1:10.15)	3:19.33 (1:09.70)	4:28.84 (1:09.51)	
5	Primrose Ritchie	46	DONCASTER DOLPHINS	7:43.45	6
	1:45.20	3:47.84 (2:02.64)	5:53.43 (2:05.59)	7:43.45 (1:50.02)	

Event 11 Women 50-54 200 LC Metre Breaststroke**WORLD: 2:50.92 W 15/06/2012 Monica Coro****ITA****NATIONAL: 2:55.15 N 22/04/2008 Jenny Whiteley**

1	Christina Scolaro	51	THE UNIVERSITY OF QUEENSLAND	3:05.85	10
	43.02	1:29.20 (46.18)	2:19.00 (49.80)	3:05.85 (46.85)	
2	Nola Macaulay	50	THE UNIVERSITY OF QUEENSLAND	3:06.86	9
	42.86	1:29.52 (46.66)	2:18.54 (49.02)	3:06.86 (48.32)	
3	Sue Lyons	51	ATLANTIS	3:16.01	8
	43.73	1:34.04 (50.31)	2:25.86 (51.82)	3:16.01 (50.15)	
4	Jane Somes	50	CLAREMONT	3:34.23	7
	48.96	1:42.88 (53.92)	2:39.89 (57.01)	3:34.23 (54.34)	
5	Wendy McMurtrie	52	PORT MACQUARIE	3:48.69	6
	51.45	1:50.40 (58.95)	3:48.69 (1:58.29)		
6	Peta Medhurst	54	THE UNIVERSITY OF QUEENSLAND	3:54.91	5
	52.00	1:52.54 (1:00.54)	2:54.14 (1:01.60)	3:54.91 (1:00.77)	
7	Helen Tucker	52	NOARLUNGA	3:55.87	4
	53.75	1:53.30 (59.55)	2:56.39 (1:03.09)	3:55.87 (59.48)	
8	Melissa Cohen	54	MERRYLANDS	4:34.94	3
	1:01.75	2:13.91 (1:12.16)	3:25.68 (1:11.77)	4:34.94 (1:09.26)	
9	Michelle Chia	53	BELMONT	4:55.99	2
	1:06.83	2:22.33 (1:15.50)	3:40.15 (1:17.82)	4:55.99 (1:15.84)	
---	Katrina Burgess	52	TUGGERANONG	NS	
---	Sharon Beaver	52	ADELAIDE MASTERS	NS	

Event 11 Women 55-59 200 LC Metre Breaststroke**WORLD: 3:01.66 W 11/06/2017 Caroline Krattli****USA****NATIONAL: 3:02.67 N 17/04/2013 Jenny Whiteley**

1	Nicola Corsbie	57	CLAREMONT	3:17.85	10
	45.59	1:35.96 (50.37)	2:27.50 (51.54)	3:17.85 (50.35)	
2	Kathryn Osborn	57	HOBART DOLPHINS	3:25.46	9
	47.57	1:41.03 (53.46)	2:35.94 (54.91)	3:25.46 (49.52)	
3	Karen Candler	57	RATS OF TOBRUK	3:27.62	8
	47.10	1:39.63 (52.53)	2:33.76 (54.13)	3:27.62 (53.86)	
4	Michelle Stonehouse	57	BLACKTOWN CITY	3:37.49	7
	50.17	1:45.29 (55.12)	2:42.05 (56.76)	3:37.49 (55.44)	
5	Meryl Churchill	56	RATS OF TOBRUK	3:46.47	6
	52.51	1:50.02 (57.51)	2:49.45 (59.43)	3:46.47 (57.02)	

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6	Daphne Briggs	57	MALVERN MARLINS	4:00.78	5
	56.75	1:57.60 (1:00.85)	3:01.96 (1:04.36)	4:00.78 (58.82)	
7	Linda Hogg	57	NOOSA	4:15.59	4
	59.67	2:07.18 (1:07.51)	3:15.30 (1:08.12)	4:15.59 (1:00.29)	
8	Donna Campbell	57	TUGGERANONG	4:20.88	3
	58.52	2:06.33 (1:07.81)	3:15.07 (1:08.74)	4:20.88 (1:05.81)	
---	Janet Nichol	57	MALVERN MARLINS	DQ	
	Performed illegal butterfly kick after the first breaststroke kick				
	56.09	1:59.49 (1:03.40)	3:02.90 (1:03.41)	DQ (1:02.62)	
---	Susan Leech	56	RYDE	NS	

Event 11 Women 60-64 200 LC Metre Breaststroke**WORLD: 3:04.15 W 18/03/2018 Jenny Whiteley****AUS****NATIONAL: 3:04.15 N 18/03/2018 Jenny Whiteley**

1	Jenny Whiteley	61	RYDE	3:05.74	10
	42.75	1:29.92 (47.17)	2:18.19 (48.27)	3:05.74 (47.55)	
2	Dee Sheffrin	62	DONCASTER DOLPHINS	3:34.55	9
	48.10	1:43.03 (54.93)	2:38.15 (55.12)	3:34.55 (56.40)	
3	Deborah Wareing	63	MARION	3:35.76	8
	48.41	1:43.46 (55.05)	2:39.57 (56.11)	3:35.76 (56.19)	
4	Helen Morley	61	MIAMI	4:00.94	7
	55.92	1:57.19 (1:01.27)	3:00.66 (1:03.47)	4:00.94 (1:00.28)	
5	Penelope O'Shea	62	AQUADOME OTTERS	4:12.37	6
	59.31	2:05.02 (1:05.71)	3:10.31 (1:05.29)	4:12.37 (1:02.06)	
6	Jane Noake	62	SEASIDE PIRATES	4:34.72	5
	1:03.86	2:13.49 (1:09.63)	3:24.63 (1:11.14)	4:34.72 (1:10.09)	
---	Deanne Atkinson	60	NUDGENE COLLEGE	NS	
---	Lorraine Ramsden	64	MANLY	NS	
---	Carolyn Robertson	61	NOVOCASTRIAN	NS	

Event 11 Women 65-69 200 LC Metre Breaststroke**WORLD: 3:19.76 W 23/04/2016 Janette Jeffrey****AUS****NATIONAL: 3:19.76 N 23/04/2016 Janette Jeffrey**

1	Janette Jeffrey	69	MALVERN MARLINS	3:27.99	10
	48.19	1:42.33 (54.14)	2:36.43 (54.10)	3:27.99 (51.56)	
2	Wendy Gordon	66	NOVOCASTRIAN	3:54.17	9
	52.60	1:51.48 (58.88)	2:52.91 (1:01.43)	3:54.17 (1:01.26)	
3	Helen Malar	65	NOOSA	4:04.53	8
	56.44	1:57.87 (1:01.43)	3:04.14 (1:06.27)	4:04.53 (1:00.39)	

Event 11 Women 70-74 200 LC Metre Breaststroke**WORLD: 3:29.25 W 15/07/2017 Nobuko Yasuda****JPN****NATIONAL: 3:43.90 N 21/11/2015 Clary Munns**

1	Marijke Alderson	72	POWERPOINTS	3:52.98	10
	54.77	1:54.54 (59.77)	2:55.13 (1:00.59)	3:52.98 (57.85)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 11 Women 70-74 200 LC Metre Breaststroke)**

2	Joan Simpson	73 MALVERN MARLINS	4:42.30	9
	1:05.81	2:18.12 (1:12.31)	3:31.62 (1:13.50)	4:42.30 (1:10.68)
3	Cobie van Wageningen	73 MARYBOROUGH	4:58.65	8
	1:12.69	2:27.60 (1:14.91)	3:43.33 (1:15.73)	4:58.65 (1:15.32)
4	Robyn Gillespie	71 DONCASTER DOLPHINS	5:05.08	7
	1:10.10	2:27.45 (1:17.35)	3:46.21 (1:18.76)	5:05.08 (1:18.87)
5	Judy Vowles	70 MARION	5:14.84	6
	1:08.67	2:32.90 (1:24.23)	3:53.57 (1:20.67)	5:14.84 (1:21.27)
6	Jill Winter	72 NOARLUNGA	6:43.68	5
	1:38.12	3:24.92 (1:46.80)	5:07.11 (1:42.19)	6:43.68 (1:36.57)

Event 11 Women 75-79 200 LC Metre Breaststroke**WORLD: 3:40.84 W 19/07/2014 Joann Leilich****USA****NATIONAL: 4:16.22 N 9/02/2019 Lindy Salter**

1	Heather Morgan	75 RYDE	3:56.66 N	10
	53.12	1:53.41 (1:00.29)	2:55.05 (1:01.64)	3:56.66 (1:01.61)
2	Lindy Salter	75 MIAMI	4:12.42 N	9
	58.13	2:02.56 (1:04.43)	3:08.43 (1:05.87)	4:12.42 (1:03.99)
3	Anita Saviane	76 SUTHERLAND SANDBERN	5:02.14	8
	1:11.98	2:27.96 (1:15.98)	3:46.87 (1:18.91)	5:02.14 (1:15.27)

Event 11 Women 80-84 200 LC Metre Breaststroke**WORLD: 3:59.60 W 21/06/2015 Masayo Azuma****JPN****NATIONAL: 4:31.56 N 20/03/2016 Sue Mayne**

1	Margaret Jopling	84 PORT MACQUARIE	7:01.56	10
	1:37.84	3:26.97 (1:49.13)	5:16.84 (1:49.87)	7:01.56 (1:44.72)
2	Barbara Pearce	82 MARION	8:38.14	9
	2:03.40	4:15.43 (2:12.03)	6:32.99 (2:17.56)	8:38.14 (2:05.15)

Event 11 Men 25-29 200 LC Metre Breaststroke**WORLD: 2:11.78 W 10/08/2013 C.Burckle****USA****NATIONAL: 2:20.25 N 7/10/2002 Simon Leighfield**

1	Steven Nguyen	29 MERRYLANDS	3:21.48	10
	45.93	1:38.57 (52.64)	2:30.54 (51.97)	3:21.48 (50.94)
2	Michael Nguyen	27 SUPERFINS WA	4:27.54	9
	1:00.04	2:08.80 (1:08.76)	3:17.97 (1:09.17)	4:27.54 (1:09.57)

Event 11 Men 30-34 200 LC Metre Breaststroke**WORLD: 2:18.04 W 7/07/2012 Gary Marshall****USA****NATIONAL: 2:29.90 N 30/04/2011 Ryan Spencer**

1	Stuart Anderson	33 MAIDA VALE	3:11.88	10
	43.98	1:33.53 (49.55)	2:24.53 (51.00)	3:11.88 (47.35)
2	Gregory Black	30 SUPERFINS WA	3:52.42	9
	51.34	1:48.90 (57.56)	2:51.11 (1:02.21)	3:52.42 (1:01.31)
3	Nathan Curry	33 SUPERFINS WA	4:00.25	8
	53.07	1:50.83 (57.76)	2:55.44 (1:04.61)	4:00.25 (1:04.81)

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 11 Men 35-39 200 LC Metre Breaststroke****WORLD: 2:20.29 W 5/06/2004 Nick Gillingham****GBR****NATIONAL: 2:33.23 N 4/11/2016 Stephen Cronk**

1	Ace Lewis	39	MARION	3:00.52	10
	39.85	1:27.04 (47.19)	2:14.61 (47.57)	3:00.52 (45.91)	

Event 11 Men 40-44 200 LC Metre Breaststroke**WORLD: 2:18.57 W 11/07/2015 Steven West****USA****NATIONAL: 2:33.42 N 16/10/2009 Matthew Wright**

1	Stephen Cronk	40	POWERPOINTS	2:37.18	10
	35.40	1:16.14 (40.74)	1:57.92 (41.78)	2:37.18 (39.26)	

2	Dean Shard	43	POWERPOINTS	2:42.07	9
	36.75	1:19.91 (43.16)	2:02.47 (42.56)	2:42.07 (39.60)	

3	Ricky Homan	43	DEVONPORT DEVILS	2:50.32	8
	35.64	1:19.55 (43.91)	2:04.07 (44.52)	2:50.32 (46.25)	

---	Sam Lehman	42	ADELAIDE MASTERS	NS	
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Event 11 Men 45-49 200 LC Metre Breaststroke**WORLD: 2:19.44 W 22/06/2018 Steve West****USA****NATIONAL: 2:37.20 N 26/04/2014 Mark Thompson**

1	Aaron Cleland	45	BLACKTOWN CITY	2:38.19	10
	35.53	1:15.63 (40.10)	1:56.85 (41.22)	2:38.19 (41.34)	

2	James Watson	45	SEASIDE PIRATES	3:03.51	9
	40.68	1:28.19 (47.51)	2:16.43 (48.24)	3:03.51 (47.08)	

3	Tristan Herbert	47	TEA TREE GULLY	3:11.87	8
	43.16	1:32.33 (49.17)	2:22.58 (50.25)	3:11.87 (49.29)	

4	Tony Burt	49	MALVERN MARLINS	3:23.34	7
	47.62	1:41.80 (54.18)	2:33.79 (51.99)	3:23.34 (49.55)	

5	Peter Howes	48	SWIMLAND	3:39.69	6
	49.91	1:45.94 (56.03)	2:43.24 (57.30)	3:39.69 (56.45)	

6	Andrew Goldswain	48	SUPERFINS WA	4:38.21	5
	1:05.20	2:15.29 (1:10.09)	3:26.84 (1:11.55)	4:38.21 (1:11.37)	

7	Phillip Smith	49	SUPERFINS WA	4:52.47	4
	1:09.51	2:20.58 (1:11.07)	3:35.04 (1:14.46)	4:52.47 (1:17.43)	

---	Mark Preiss	47	AQUADOME OTTERS	NS	
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Event 11 Men 50-54 200 LC Metre Breaststroke**WORLD: 2:27.91 W 31/07/2013 David Guthrie****USA****NATIONAL: 2:42.31 N 17/04/2013 Anthony Dunne**

1	Craig Magnusson	54	NORTH SHORE	2:49.25	10
	37.23	1:19.92 (42.69)	2:03.45 (43.53)	2:49.25 (45.80)	

2	Brett Davidson	52	POWERPOINTS	3:02.96	9
	42.73	1:28.81 (46.08)	2:16.60 (47.79)	3:02.96 (46.36)	

3	Brendan Dyer	52	BRISBANE SOUTHSIDE	3:41.09	8
	52.48	1:52.62 (1:00.14)	2:50.27 (57.65)	3:41.09 (50.82)	

4	Dale McDiarmid	50	TEA TREE GULLY	3:46.04	7
	50.87	1:49.41 (58.54)	2:48.21 (58.80)	3:46.04 (57.83)	

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---	Simon McCormack	53	ATLANTIS			NS
---	Ian Wilson	54	MERRYLANDS			NS

Event 11 Men 55-59 200 LC Metre Breaststroke**WORLD: 2:30.63 W 21/08/2016 David Guthrie****USA****NATIONAL: 2:47.09 N 21/04/2018 Anthony Dunne**

*1	Richard Lockhart	56	NEW ZEALAND	J2:44.31	10
	38.07	1:20.06 (41.99)	2:02.71 (42.65)	2:44.31 (41.60)	
*1	Anthony Dunne	56	CLAREMONT	J2:53.67	10
	39.10	1:23.06 (43.96)	2:08.30 (45.24)	2:53.67 (45.37)	
2	Mark Smedley	59	ADELAIDE MASTERS	J3:02.41	9
	42.23	1:30.82 (48.59)	2:17.76 (46.94)	3:02.41 (44.65)	
3	Andrew McCrindell	56	RYDE	J3:34.98	8
	47.46	1:43.57 (56.11)	2:41.34 (57.77)	3:34.98 (53.64)	
4	Peter Mannolini	59	CLAREMONT	J3:45.41	7
	54.61	1:52.84 (58.23)	2:51.07 (58.23)	3:45.41 (54.34)	
5	Mark Huggins	58	MALVERN MARLINS	J4:23.58	6
	56.70	2:04.98 (1:08.28)	3:15.42 (1:10.44)	4:23.58 (1:08.16)	

Event 11 Men 60-64 200 LC Metre Breaststroke**WORLD: 2:40.46 W 17/08/2014 Rick Colella****USA****NATIONAL: 2:54.49 N 9/11/2014 Stuart Ellicott**

*1	Dieter Machate	60	INDONESIA	J3:06.11	10
	42.12	1:29.27 (47.15)	2:18.94 (49.67)	3:06.11 (47.17)	
*1	Stephen Thompson	60	SUTHERLAND SANDBERN	J3:13.14	10
	43.65	1:33.37 (49.72)	2:23.62 (50.25)	3:13.14 (49.52)	
2	Noel Ryall	62	BEATTY PARK	J3:23.29	9
	46.22	1:38.46 (52.24)	2:31.50 (53.04)	3:23.29 (51.79)	
3	Chris Rust	63	BLACKTOWN CITY	J4:16.93	8
	59.04	2:05.42 (1:06.38)	3:15.23 (1:09.81)	4:16.93 (1:01.70)	
4	Peter Wheeler	60	ONKAPARINGA	J5:45.82	7
	1:04.17	2:34.06 (1:29.89)	4:11.25 (1:37.19)	5:45.82 (1:34.57)	
---	Geoffrey Toogood	60	POWERPOINTS		NS

Event 11 Men 65-69 200 LC Metre Breaststroke**WORLD: 2:41.54 W 21/08/2016 Rick Colella****USA****NATIONAL: 3:00.17 N 19/02/2017 Stuart Ellicott**

1	Stuart Ellicott	67	NORTH SHORE	3:03.30	10
	39.72	1:25.70 (45.98)	2:15.74 (50.04)	3:03.30 (47.56)	
2	Michael Daly	65	POWERPOINTS	3:22.33	9
	47.23	1:38.42 (51.19)	2:30.18 (51.76)	3:22.33 (52.15)	
3	Don Taylor	69	TOOWOOMBA TADPOLES	3:27.88	8
	48.01	1:38.94 (50.93)	2:35.12 (56.18)	3:27.88 (52.76)	
4	Charles Croft	69	COCKBURN	3:42.88	7
	52.20	1:49.44 (57.24)	2:47.39 (57.95)	3:42.88 (55.49)	

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5	Phillip Gray	69 WESTERN DISTRICTS	4:05.29	6
	56.53 2:00.77 (1:04.24) 3:05.40 (1:04.63) 4:05.29 (59.89)			
6	Ian Thorpe	66 TEA TREE GULLY	4:19.36	5
	59.55 2:04.05 (1:04.50) 3:13.98 (1:09.93) 4:19.36 (1:05.38)			
7	John Towers	69 LAUNCESTON LEMMINGS	4:41.36	4
	1:05.20 2:15.03 (1:09.83) 3:30.30 (1:15.27) 4:41.36 (1:11.06)			
---	Maciej Slugocki	67 THE HOBART AQUATIC CENTRE	NS	

Event 11 Men 70-74 200 LC Metre Breaststroke**WORLD: 3:04.79 W 14/03/2009 Michael Maloney AUS****NATIONAL: 3:04.79 N 14/03/2009 Michael Moloney**

1	Rod Clarke	73 DONCASTER DOLPHINS	3:43.91	10
	47.97 1:45.32 (57.35) 2:46.75 (1:01.43) 3:43.91 (57.16)			
2	John Stanton	72 MALVERN MARLINS	4:06.19	9
	53.97 1:57.08 (1:03.11) 3:02.79 (1:05.71) 4:06.19 (1:03.40)			
3	Tom Bland	70 ATLANTIS	4:15.93	8
	55.32 1:59.49 (1:04.17) 3:07.83 (1:08.34) 4:15.93 (1:08.10)			
4	Peter Lord	72 SURREY PARK SEAHORSES	4:24.98	7
	1:02.13 2:09.75 (1:07.62) 3:17.85 (1:08.10) 4:24.98 (1:07.13)			
5	Lindsay Risk	72 CAMPBELLTOWN COLLEGIANS	4:55.07	6
	1:06.54 2:25.67 (1:19.13) 3:45.01 (1:19.34) 4:55.07 (1:10.06)			
---	Peter McMonagle	70 HERVEY BAY	DQ	
	Did not touch with both hands simultaneously at turn / 46.67 1:39.85 (53.18) 2:35.46 (55.61) DQ (53.45)			
---	Graham Croft	71 CLAREMONT	NS	

Event 11 Men 75-79 200 LC Metre Breaststroke**WORLD: 3:13.93 W 21/08/2016 Mike Freshley USA****NATIONAL: 3:17.54 N 21/01/2012 Tony Goodwin**

1	Peter Joseph	78 TATTERSALLS CLUB	3:56.97	10
	53.71 1:53.77 (1:00.06) 2:58.81 (1:05.04) 3:56.97 (58.16)			
2	Richard Fox	76 CLAREMONT	4:20.90	9
	59.93 2:06.31 (1:06.38) 3:12.81 (1:06.50) 4:20.90 (1:08.09)			
3	Robert Magin	75 DARWIN STINGERS	4:57.67	8
	1:10.60 2:29.06 (1:18.46) 3:48.36 (1:19.30) 4:57.67 (1:09.31)			
4	Helmut Klein	78 CLARENCE RIVER	5:00.80	7
	1:07.70 2:26.50 (1:18.80) 3:50.46 (1:23.96) 5:00.80 (1:10.34)			
5	James Ross	75 NEW ZEALAND	6:28.04	6
	1:29.97 3:09.95 (1:39.98) 4:52.05 (1:42.10) 6:28.04 (1:35.99)			
---	Graham Campbell	75 WARRINGAH	NS	

Event 11 Men 80-84 200 LC Metre Breaststroke**WORLD: 3:28.43 W 10/03/2017 Tony Goodwin AUS****NATIONAL: 3:28.43 N 8/03/2017 Tony Goodwin**

1	Tony Goodwin	82 MANLY	3:38.71	10
	50.09 1:45.95 (55.86) 2:42.38 (56.43) 3:38.71 (56.33)			

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 11 Men 85-89 200 LC Metre Breaststroke****WORLD: 3:59.60 W 17/06/2018 Shunsaku Takahira JPN****NATIONAL: 4:13.50 N 27/05/2018 Patrick Galvin**

1	Patrick Galvin	86 MALVERN MARLINS	4:20.33	10
		1:00.26 2:07.05 (1:06.79) 3:14.71 (1:07.66) 4:20.33 (1:05.62)		

Event 11 Men 90-94 200 LC Metre Breaststroke**WORLD: 4:41.26 W 30/04/2017 Karl Hauter GER****NATIONAL: 5:26.11 N 21/02/2009 George Coronos**

1	Bill Walker	90 NOVOCASTRIAN	7:36.97	10
		1:48.39 3:51.33 (2:02.94) 5:49.06 (1:57.73) 7:36.97 (1:47.91)		

Event 12 Women 18-24 50 LC Metre Freestyle**NATIONAL: 26.77 N 17/04/2012 C. Margrison**

1	Kimberley Vidura	23 HENLEY BEACH MASTERS	28.94	10
2	Stephanie Neville	23 SUPERFINS WA	43.16	9

Event 12 Women 25-29 50 LC Metre Freestyle**WORLD: 25.42 W 15/02/2004 Annabel Kosten NED****NATIONAL: 26.38 N 12/10/2014 Nadine Jones**

1	Jackie Fraser	25 POWERPOINTS	31.26	10
2	Alex Hardy	29 BLACKTOWN CITY	32.67	9
3	Connie Gorham	26 BLACKTOWN CITY	32.93	8
4	Courtney Marano	29 SUPERFINS WA	52.97	7
5	Carys Munks	25 SUPERFINS WA	1:13.70	6

Event 12 Women 30-34 50 LC Metre Freestyle**WORLD: 25.74 W 6/06/2008 Martina Moravcova USA****NATIONAL: 26.99 N 11/11/2018 Nadine Loof**

1	Sally Hunter	34 MARION	27.31	10
2	Alison Sakurovs	34 MERRYLANDS	29.29	9
3	Jacinta Humphrey	30 POWERPOINTS	29.51	8
4	Briny Mcarthur	30 MARION	31.57	7
5	Suzie Haddad	34 CAMPBELLTOWN COLLEGIANS	36.12	6
---	Leonie Andrews	34 BLACKTOWN CITY	NS	

Event 12 Women 35-39 50 LC Metre Freestyle**WORLD: 25.98 W 8/08/2006 Dara Torres USA****NATIONAL: 27.30 N 14/04/2012 Gillian O'Mara**

1	Caroline Saxby	36 THE UNIVERSITY OF QUEENSLAND	28.22	10
2	Amber Philpot	35 NORTH SYDNEY	30.14	9
3	Lisa Haureliuk	37 TUGGERANONG	30.15	8
4	Karen Williams	35 ROCKINGHAM	30.60	7
5	Cherie Savin	37 ROCKINGHAM	32.78	6

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Women 35-39 50 LC Metre Freestyle)**

6	Fiona Koutas	39	NOARLUNGA	33.26	5
7	Susanne Milenkevich	39	YERONGA PARK YABBIES	33.79	4
8	Jade Roberts	39	MALVERN MARLINS	33.88	3
9	Nicole Patterson	36	SUPERFINS WA	37.96	2
10	Melissa Beames	35	ATLANTIS	39.09	1
11	Dianne Saunders	35	SUPERFINS WA	48.11	1
12	Mischa Beckett	36	SUPERFINS WA	52.37	1
13	Rachel Duggin	39	SUPERFINS WA	55.28	1

Event 12 Women 40-44 50 LC Metre Freestyle**WORLD: 26.44 W 7/11/2009 Edith Ottermann RSA****NATIONAL: 22.84 N 8/03/2017 Clare Somerville**

1	Nicky Kerr	44	MALVERN MARLINS	29.90	10
2	Kristy Brackstone	40	CLAREMONT	30.49	9
*3	Alesha Keeler	42	NEW ZEALAND	30.91	8
*3	Kim Wellington	43	HENLEY BEACH MASTERS	J31.34	8
4	Heather Parker	41	DEVONPORT DEVILS	J31.65	7
5	Michelle Hallit	40	NORTH SYDNEY	J32.61	6
6	Kylie Cox	44	THE UNIVERSITY OF QUEENSLAND	J34.47	5
7	Katrina Bennett	42	TOWNSVILLE AQUAHOLICS	J35.34	4

Event 12 Women 45-49 50 LC Metre Freestyle**WORLD: 26.59 W 16/03/2011 Edith Ottermann RSA****NATIONAL: 27.26 N 30/04/2011 Jennie Bucknell**

1	Cindy Nicholls	45	POWERPOINTS	29.49	10
*2	Shelley Rowland	48	NEW ZEALAND	29.69	9
*2	Ingrid van der Wel	45	ROCKINGHAM	J30.39	9
3	Madelyn-Anne Ring	46	POWERPOINTS	J30.98	8
4	Rachael Keogh	45	GENESIS AQUATICS	J33.23	7
5	Bee Lean Lim	47	ATLANTIS	J35.74	6
6	Lorraine Aw	49	MALVERN MARLINS	J37.86	5
7	Susan Kempson	47	MALVERN MARLINS	J37.96	4
8	Primrose Ritchie	46	DONCASTER DOLPHINS	J59.46	3

Event 12 Women 50-54 50 LC Metre Freestyle**WORLD: 27.09 W 28/06/2015 Marie Fuzzati FRA****NATIONAL: 27.89 N 4/11/2016 Jennie Bucknell**

1	Nola Macaulay	50	THE UNIVERSITY OF QUEENSLAND	30.23	10
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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Women 50-54 50 LC Metre Freestyle)**

2	Christina Scolaro	51	THE UNIVERSITY OF QUEENSLAND	31.65	9
3	Annie Kitto	50	CLAREMONT	31.90	8
4	Sue Lyons	51	ATLANTIS	31.93	7
5	Lesley Potter	53	MAITLAND	32.19	6
6	Rachel Versteegen	51	POWERPOINTS	32.43	5
7	Caroline Makin	51	TUGGERANONG	32.67	4
8	Sharon Newstead	54	MALVERN MARLINS	34.40	3
9	Katrina Burgess	52	TUGGERANONG	34.49	2
10	Jacki Steyn	52	THE UNIVERSITY OF QUEENSLAND	34.66	1
11	Peta Medhurst	54	THE UNIVERSITY OF QUEENSLAND	35.34	1
12	Kylee Murray	53	MERRYLANDS	35.77	1
13	Wendy McMurtrie	52	PORT MACQUARIE	38.56	1
14	Yumi Brown	54	AQUADOME OTTERS	39.28	1
15	Yvonne Egan-Davidson	54	POWERPOINTS	39.56	1
16	Melissa Cohen	54	MERRYLANDS	40.29	1
17	Michelle Chia	53	BELMONT	55.57	1
---	Susie Rust	54	BLACKTOWN CITY	NS	
---	Danielle Spurling	52	MALVERN MARLINS	NS	

Event 12 Women 55-59 50 LC Metre Freestyle**WORLD: 28.69 W 17/08/2008 Laura Val****USA****NATIONAL: 29.55 N 16/02/2013 Jenny Whiteley**

1	Rhonda O'Donnell	55	NOVOCASTRIAN	31.60	10
2	Nicola Corsbie	57	CLAREMONT	31.96	9
3	Joanne Sutcliffe	59	HENLEY BEACH MASTERS	32.04	8
4	Bridget Young	55	ROCKINGHAM	32.33	7
*5	Daphne Briggs	57	MALVERN MARLINS	33.14	6
*5	Maja Krzic	56	CANADA	33.14	6
7	Andrea McNeil	57	MALVERN MARLINS	34.06	4
8	Kathryn Osborn	57	HOBART DOLPHINS	34.81	3
9	Susan Leech	56	RYDE	35.04	2
10	Robyn Falster	59	MARION	35.10	1
11	Lana Walkerden	56	COTTON TREE	35.40	1
12	Cheryl Chambers	57	HENLEY BEACH MASTERS	36.07	1

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Women 55-59 50 LC Metre Freestyle)**

13	Michelle Stonehouse	57	BLACKTOWN CITY	36.42	1
14	Ann Reid	57	TUGGERANONG	37.64	1
15	Janet Nichol	57	MALVERN MARLINS	39.43	1
16	Leisa Cass	58	TUGGERANONG	40.33	1
17	Linda Hogg	57	NOOSA	40.57	1
18	Vickey Gorham	59	BLACKTOWN CITY	40.72	1
19	Sharon Smith	59	HOBART DOLPHINS	42.67	1
20	Donna Campbell	57	TUGGERANONG	44.66	1

Event 12 Women 60-64 50 LC Metre Freestyle**WORLD: 28.90 W 17/03/2018 Jenny Whiteley****AUS****NATIONAL: 28.90 N 17/03/2018 Jenny Whiteley**

1	Jenny Whiteley	61	RYDE	29.33	10
2	Lyle Kildea	61	ROCKINGHAM	30.82	9
3	Judy Thomas	61	ATLANTIS	31.83	8
4	Leigh Rodgers	64	MALVERN MARLINS	31.93	7
5	Eleanor Parsons	64	CLAREMONT	33.50	6
6	Stephanie Jones	64	NOOSA	34.08	5
7	Deanne Atkinson	60	NUDGEE COLLEGE	35.46	4
8	Anthea Barnfield	62	COFFS HARBOUR	38.18	3
9	Jane Clouston	60	THE UNIVERSITY OF QUEENSLAND	38.22	2
10	Gay Bradley	64	COTTON TREE	38.33	1
11	Mary Sontrop	62	POWERPOINTS	38.54	1
12	Helen Morris	62	BEATTY PARK	41.38	1
13	Kerry McDonald	62	RYDE	41.98	1
14	Carol Chenco	63	DONCASTER DOLPHINS	42.92	1
15	Carolyn Robertson	61	NOVOCASTRIAN	43.50	1
16	Jane Noake	62	SEASIDE PIRATES	45.23	1
---	Lorraine Ramsden	64	MANLY	NS	

Event 12 Women 65-69 50 LC Metre Freestyle**WORLD: 29.17 W 29/07/2018 Laura Val****USA****NATIONAL: 32.07 N 17/05/2015 Janette Jeffrey**

1	Janette Jeffrey	69	MALVERN MARLINS	33.20	10
2	Susan Swire-Thompson	65	CLAREMONT	33.56	9
3	Sue Boekel	65	MALVERN MARLINS	36.06	8

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Women 65-69 50 LC Metre Freestyle)**

4	Megan Stronach	67	HOBART DOLPHINS	38.56	7
5	Ann-Maree Lynch	65	CLAREMONT	40.37	6
6	Nolene Schofield	65	MALVERN MARLINS	40.83	5
7	Jacky Shields	65	NOOSA	40.95	4
8	Helen Malar	65	NOOSA	42.49	3
9	Paula Hewett	65	HERVEY BAY	42.91	2
10	Heather Croft	67	COCKBURN	50.64	1
11	Pauline Tauschke	65	DARWIN STINGERS	51.89	1
12	Alexis Denness	69	MANDURAH	1:03.11	1
13	Marilyn Kell	69	WOLLONGONG	1:04.40	1
14	Sue Johnstone	66	WOLLONGONG	1:17.97	1
---	Dawn Gledhill	69	MANLY	NS	
---	Susan Harbottle	69	DONCASTER DOLPHINS	NS	

Event 12 Women 70-74 50 LC Metre Freestyle**WORLD: 32.89 W 22/07/2018 Margaret Toppel USA****NATIONAL: 34.78 N 21/11/2015 Clary Munns**

1	Tracy Clarkson	70	BRISBANE NORTHSIDE	35.82	10
2	Rosa Montague	72	POWERPOINTS	39.97	9
3	Marijke Alderson	72	POWERPOINTS	40.13	8
4	Joan Simpson	73	MALVERN MARLINS	46.11	7
5	Catherine Watmough	70	SURREY PARK SEAHORSES	47.38	6
6	Judy Vowles	70	MARION	48.33	5
7	Robyn Gillespie	71	DONCASTER DOLPHINS	51.19	4
8	Joan Bratton	73	GINNINDERRA MASTERS	51.28	3
9	Janice Carlile	72	DONCASTER DOLPHINS	52.20	2
10	Adele Goalder	74	TEA TREE GULLY	59.31	1
11	Shirley Gionfriddo	73	DONCASTER DOLPHINS	1:05.85	1
12	Lyn Lillecrapp	74	AQUADOME OTTERS	1:13.60	1
13	Patricia O'Brien-Price	70	DARWIN STINGERS	1:14.51	1
---	Sue Reinker	70	BLACKTOWN CITY	NS	

Event 12 Women 75-79 50 LC Metre Freestyle**WORLD: 34.85 W 3/03/2006 Jane Asher GBR****NATIONAL: 36.63 N 15/09/2018 Jen Thomasson**

1	Heather Morgan	75	RYDE	37.63	10
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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Women 75-79 50 LC Metre Freestyle)**

2	Lindy Salter	75	MIAMI	39.92	9
3	Lois Hill	76	NOOSA	41.78	8
4	Anita Saviane	76	SUTHERLAND SANDBERN	45.93	7
5	Erica Mercer	76	ALBANY MASTERS	50.98	6

Event 12 Women 80-84 50 LC Metre Freestyle**WORLD: 36.61 W 15/07/2018 Yoshiko Osaki JPN****NATIONAL: 40.89 N 18/03/2000 J. Drake-Brockman**

1	Alice Kinnaird	83	FRANKSTON PENINSULA	47.73	10
2	Margaret Jopling	84	PORT MACQUARIE	56.03	9
3	Barbara Pearce	82	MARION	58.34	8
4	Mary Heath	80	BEATTY PARK	1:03.06	7

Event 12 Women 85-89 50 LC Metre Freestyle**WORLD: 38.98 W 26/05/2016 Jane Asher GBR****NATIONAL: 47.23 N 22/04/2016 Dorothy Dickey**

1	Dorothy Dickey	89	DONCASTER DOLPHINS	50.22	10
2	Jan Finn	85	RAYMOND TERRACE	58.02	9
3	Margaret Armstrong	86	NOARLUNGA	1:04.50	8
4	Lois Dennington	85	FRANKSTON PENINSULA	1:05.95	7
5	Bobbie Lea	86	DARWIN STINGERS	1:11.50	6

Event 12 Women 90-94 50 LC Metre Freestyle**WORLD: 49.68 W 1/06/2013 Olga Kokorina RUS****NATIONAL: 55.29 N 8/04/2017 Liz Wallis**

1	Marion Beulke	92	FRANKSTON PENINSULA	1:09.17	10
2	Georgene McKenzie-Hicks	92	SUTHERLAND SANDBERN	1:11.05	9

Event 12 Women 95-99 50 LC Metre Freestyle**WORLD: 1:04.02 W 6/08/2016 Maurine Kornfeld USA****NATIONAL: 1:14.72 N 6/10/2007 Margo Bates**

1	Valerie Lincoln	95	GOSFORD CITY SEAGULLS	1:23.26	10
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Event 12 Men 18-24 50 LC Metre Freestyle**NATIONAL: 23.26 N 7/04/2016 Ewan Bennett**

1	Dylan Broadway	23	SUPERFINS WA	34.92	10
2	James Burt	23	SUPERFINS WA	41.99	9
3	Keith Robinson	22	SUPERFINS WA	1:09.96	8

Event 12 Men 25-29 50 LC Metre Freestyle**WORLD: 22.30 W 18/02/2017 A.Liukkonen FIN****NATIONAL: 22.79 N 3/04/1992 Angus Waddell**

1	Michael Morton	27	FREMANTLE MASTERS	25.98	10
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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Men 25-29 50 LC Metre Freestyle)**

2	Darius Schultz	27	POWERPOINTS	26.14	9
3	David Flynn	29	THE UNIVERSITY OF QUEENSLAND	26.79	8
4	Juliano Morimoto	28	NORTH SYDNEY	27.08	7
5	Steven Nguyen	29	MERRYLANDS	27.75	6
6	Michael Nguyen	27	SUPERFINS WA	54.17	5

Event 12 Men 30-34 50 LC Metre Freestyle**WORLD: 22.13 W 13/07/2013 Roland Schoeman USA****NATIONAL: 24.04 N 17/03/2009 Peter Kerr**

1	Stuart Anderson	33	MAIDA VALE	29.88	10
2	Nathan Curry	33	SUPERFINS WA	43.08	9
---	Gregory Black	30	SUPERFINS WA	NS	

Event 12 Men 35-39 50 LC Metre Freestyle**WORLD: 22.76 W 20/08/2005 Mark Foster GBR****NATIONAL: 23.77 N 16/10/2009 Todd Robinson**

1	Adam Koprowski	38	CLAREMONT	25.65	10
2	Adrian Corcoris	36	SURREY PARK SEAHORSES	26.22	9
3	David Hann	35	POWERPOINTS	27.43	8
4	Mark Sendecky	37	WETT ONES	27.98	7
5	Ace Lewis	39	MARION	28.01	6
6	Yoshitaka Kawagoshi	37	BRISBANE NORTHSIDE	28.56	5
7	David Millhouse	39	THE UNIVERSITY OF QUEENSLAND	28.69	4
8	Jeremy Walker	36	MALVERN MARLINS	28.94	3
9	Jason Di Paolo	36	ONKAPARINGA	28.99	2
---	Nathan Poll	35	CLAREMONT	NS	

Event 12 Men 40-44 50 LC Metre Freestyle**WORLD: 23.25 W 15/07/2018 Hideaki Hara JPN****NATIONAL: 24.50 N 4/11/2016 Todd Robinson**

1	Lachlan McDowell	41	MELBOURNE H20	25.58	10
2	Nigel Fanning	44	POWERPOINTS	26.03	9
3	Ricky Homan	43	DEVONPORT DEVILS	28.06	8
4	Christopher Velliaris	44	WESTERN DISTRICTS	28.76	7
5	Sam Lehman	42	ADELAIDE MASTERS	30.55	6
6	Glenn Gillroy	43	SUTHERLAND SANDBERN	36.04	5
---	Stephen Cronk	40	POWERPOINTS	NS	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 12 Men 45-49 50 LC Metre Freestyle****WORLD: 23.98 W 5/07/2014 Vladimir Predkin RUS****NATIONAL: 24.94 N 14/11/2004 Larry Forsyth**

1	Mark Preiss	47	AQUADOME OTTERS	26.88	10
2	James Watson	45	SEASIDE PIRATES	27.35	9
*3	Robert Wood	47	UNITED KINGDOM	27.44	8
*3	Tristan Herbert	47	TEA TREE GULLY	J28.08	8
4	Andrew Goldswain	48	SUPERFINS WA	J38.65	7
5	Phillip Smith	49	SUPERFINS WA	J1:04.86	6

Event 12 Men 50-54 50 LC Metre Freestyle**WORLD: 24.08 W 27/06/2009 Brent Barnes JPN****NATIONAL: 25.58 N 20/04/2008 Larry Forsyth**

1	Mark Thompson	50	POWERPOINTS	26.15	10
2	Stephen Osborne	50	HENLEY BEACH MASTERS	26.86	9
3	John McKaig	50	LONG TAN LEGENDS	26.87	8
4	Michael Carp	50	MELBOURNE H2O	27.61	7
5	Paul Edwards	52	COFFS HARBOUR	28.40	6
6	Ian McLeod	50	NORTH SHORE	28.82	5
7	Mark Scullard	50	SEASIDE PIRATES	29.09	4
8	Gavin Rowell	50	MARION	29.14	3
9	John Tweedy	52	RIVER CITY RAPIDS	29.47	2
10	John Rawson	54	LAUNCESTON LEMMINGS	29.84	1
11	Jim Dennis	50	ADELAIDE MASTERS	29.98	1
12	Dale McDiarmid	50	TEA TREE GULLY	30.78	1
13	Ian Williams	53	ROCKINGHAM	32.61	1
14	James Wheeler	51	CLARENCE RIVER	33.02	1
---	Simon McCormack	53	ATLANTIS	NS	

Event 12 Men 55-59 50 LC Metre Freestyle**WORLD: 24.45 W 19/07/2015 Brent Barnes JPN****NATIONAL: 25.89 N 21/04/2018 Brett Woods**

1	Allan Samuels	55	SUTHERLAND SANDBERN	29.36	10
2	Mark Huggins	58	MALVERN MARLINS	29.38	9
3	Tim Boness	56	POWERPOINTS	29.39	8
4	Ronald Massaar	59	SUTHERLAND SANDBERN	29.40	7
5	Anthony Dunne	56	CLAREMONT	29.53	6
6	Simon Horan	57	MALVERN MARLINS	29.61	5

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Men 55-59 50 LC Metre Freestyle)**

7	Lindsay Wiland	57	MANDURAH	29.88	4
8	John Dundon	57	HENLEY BEACH MASTERS	30.41	3
9	Nigel Dalton	55	NORTH MACKAY SINKERS	30.64	2
10	James Edwards	56	ADELAIDE MASTERS	32.64	1
11	Andrew McCrindell	56	RYDE	32.78	1
12	Peter Mannolini	59	CLAREMONT	32.82	1
13	Ben McHenry	57	TEA TREE GULLY	33.14	1
14	Richard Hughes	57	CLAREMONT	34.13	1
15	Andrew Smith	55	MARION	35.70	1
16	Richard Ingleby	57	MALVERN MARLINS	42.29	1
---	Christopher Dixon	59	BLACKTOWN CITY	NS	

Event 12 Men 60-64 50 LC Metre Freestyle**WORLD: 25.23 W 7/08/2006 Richard Abrahams USA****NATIONAL: 27.42 N 20/04/2008 Alan Brown**

1	Paul Blackbeard	61	CLAREMONT	27.69	10
2	Bill Boyd	61	THE UNIVERSITY OF QUEENSLAND	31.90	9
3	Mark Hepple	64	HILLS	32.94	8
4	Max Yates	64	MARION	34.01	7
5	Jeff Morris	60	BEATTY PARK	34.12	6
6	Chris Rust	63	BLACKTOWN CITY	40.97	5
7	Craig Smith	63	GENESIS AQUATICS	41.19	4
8	Peter Wheeler	60	ONKAPARINGA	47.46	3

Event 12 Men 65-69 50 LC Metre Freestyle**WORLD: 26.21 W 6/07/2018 Doug Martin USA****NATIONAL: 28.46 N 17/04/2013 Graham Croft**

1	Lance Morgan	65	BRISBANE SOUTHSIDE	29.88	10
2	Ross Kee	66	NOOSA	29.89	9
3	Frank Lindsay	66	ATLANTIS	29.90	8
4	Ian Young	67	MARION	30.96	7
5	Stuart Ellicott	67	NORTH SHORE	31.06	6
6	Howard Roby	67	TATTERSALLS CLUB	31.81	5
7	Kevin Jackson	66	RATS OF TOBRUK	32.47	4
8	Graeme Armstrong	67	POWERPOINTS	32.54	3
9	Thomas Taylor	68	WARRINGAH	32.81	2

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 12 Men 65-69 50 LC Metre Freestyle)**

10	Peter Craig	68	TATTERSALLS CLUB	33.21	1
11	Russell Mcleod	69	CAMPBELLTOWN COLLEGIANS	33.47	1
12	Harry Henderson	69	NORTH SHORE	33.51	1
13	Alan Burgess	68	RYDE	35.87	1
14	Keith Clark	66	COCKBURN	35.94	1
15	Charles Croft	69	COCKBURN	36.25	1
16	Stephen Morrissey	68	BLACKTOWN CITY	36.65	1
17	Ian Thorpe	66	TEA TREE GULLY	40.47	1
18	Phillip Bartlett	68	TATTERSALLS CLUB	40.72	1
19	Neal Bertram	69	HENLEY BEACH MASTERS	42.98	1
20	John Towers	69	LAUNCESTON LEMMINGS	54.35	1
---	Peter Mulholland	69	MANLY	NS	
---	John Macgregor	66	NOVOCASTRIAN	NS	

Event 12 Men 70-74 50 LC Metre Freestyle**WORLD: 27.71 W 7/08/2015 Richard Abrahams USA****NATIONAL: 29.36 N 22/04/2016 Alan Brown**

1	Graham Croft	71	CLAREMONT	29.99	10
2	Robert Patterson	72	DONCASTER DOLPHINS	30.96	9
3	Peter McMonagle	70	HERVEY BAY	31.06	8
4	Gerry Tucker	70	MALVERN MARLINS	31.96	7
5	Rod Clarke	73	DONCASTER DOLPHINS	33.58	6
6	Stephen Lamy	70	MANLY	33.85	5
7	Trevor Skinner	71	MALVERN MARLINS	34.41	4
8	Peter Lord	72	SURREY PARK SEAHORSES	37.31	3
9	John Gamlen	72	TEA TREE GULLY	38.17	2
10	John Marshall	73	MALVERN MARLINS	40.35	1
11	Ewen Templeton	71	DONCASTER DOLPHINS	41.37	1
12	Lindsay Risk	72	CAMPBELLTOWN COLLEGIANS	42.62	1
13	John Stanton	72	MALVERN MARLINS	51.00	1
14	Roger Montgomery	74	WOLLONGONG	1:39.03	1
---	Alan Brown	73	TATTERSALLS CLUB	NS	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 12 Men 75-79 50 LC Metre Freestyle****WORLD: 29.70 W 1/08/2018 Richard Burns****USA****NATIONAL: 32.04 N 29/03/2005 Max Van Gelder**

1	David Davies	75	CARINE	34.08	10
2	Tony Forman	75	THE HOBART AQUATIC CENTRE	34.36	9
3	Peter Sheean	75	SUTHERLAND SANDBERN	36.65	8
4	Laurance Brett	75	ATLANTIS	37.92	7
5	Allan Suskin	77	ATLANTIS	38.97	6
6	David Salter	77	MIAMI	41.57	5
7	Paul Maggs	77	TUGGERANONG	43.71	4
8	Robert Magin	75	DARWIN STINGERS	49.22	3
9	Helmut Klein	78	CLARENCE RIVER	58.22	2
10	Bob Evans	76	MARYBOROUGH	1:08.18	1
---	Graham Campbell	75	WARRINGAH	NS	

Event 12 Men 80-84 50 LC Metre Freestyle**WORLD: 31.96 W 20/05/2012 Roberto Alberiche****ESP****NATIONAL: 34.76 N 3/08/2010 Max Van Gelder**

1	Colin Stanford	81	SUTHERLAND SANDBERN	39.90	10
2	Peter Balderstone	82	MALVERN MARLINS	43.29	9
3	James Macilwain	84	MALVERN MARLINS	44.19	8
4	Anthony Rebuck	82	MALVERN MARLINS	54.08	7
---	Ron Watkins	80	TUGGERANONG	NS	
---	John Pugh	81	LAUNCESTON LEMMINGS	NS	

Event 12 Men 85-89 50 LC Metre Freestyle**WORLD: 33.94 W 2/03/2008 Keijiro Nakamura****JPN****NATIONAL: 36.62 N 17/04/2013 Rod Baker**

1	Patrick Galvin	86	MALVERN MARLINS	43.61	10
2	Tubby Ramsay	85	ATLANTIS	46.98	9
3	Peter Couattie	89	MALVERN MARLINS	1:04.46	8

Event 12 Men 90-94 50 LC Metre Freestyle**WORLD: 40.72 W 11/08/2003 Woody Bowersock****USA****NATIONAL: 41.93 N 17/05/2008 George Coronos**

1	China Johnson	91	COTTON TREE	50.68	10
2	Bill Walker	90	NOVOCASTRIAN	1:20.55	9

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 13 Women 25-29 400 LC Metre IM****WORLD: 5:02.78 W 5/11/2006 Hitomi Matsuda JPN****NATIONAL: 5:11.02 N 14/03/1992 S. Palmer-White**

1	Alex Hardy	29	BLACKTOWN CITY	6:26.20	10
	37.45	1:24.88 (47.43)	2:17.33 (52.45)	3:08.09 (50.76)	
	3:58.78 (50.69)	4:52.49 (53.71)	5:41.09 (48.60)	6:26.20 (45.11)	
2	Rylee Wood	27	WOLLONGONG	6:32.37	9
	41.33	1:30.38 (49.05)	2:22.17 (51.79)	3:10.82 (48.65)	
	4:06.82 (56.00)	5:03.90 (57.08)	5:48.89 (44.99)	6:32.37 (43.48)	

Event 13 Women 30-34 400 LC Metre IM**WORLD: 4:56.08 W 8/11/2009 Hitomi Matsuda JPN****NATIONAL: 5:21.24 N 11/11/2010 L. D. Carvalho**

1	Alison Sakurovs	34	MERRYLANDS	6:31.04	10
	38.61	1:25.24 (46.63)	2:20.20 (54.96)	3:13.16 (52.96)	
	4:08.61 (55.45)	5:02.93 (54.32)	5:47.05 (44.12)	6:31.04 (43.99)	
2	Suzie Haddad	34	CAMPBELLTOWN COLLEGIANS	7:17.39	9
	47.76	1:44.72 (56.96)	2:43.16 (58.44)	3:43.07 (59.91)	
	4:42.66 (59.59)	5:42.96 (1:00.30)	6:31.13 (48.17)	7:17.39 (46.26)	

Event 13 Women 35-39 400 LC Metre IM**WORLD: 4:59.59 W 16/06/2012 Hitomi Matsuda JPN****NATIONAL: 5:28.72 N 22/02/1998 Penny Bond**

1	Emma Maxwell	36	THE UNIVERSITY OF QUEENSLAND	5:57.82	10
	38.17	1:22.83 (44.66)	2:10.05 (47.22)	2:57.65 (47.60)	
	3:50.22 (52.57)	4:43.02 (52.80)	5:20.59 (37.57)	5:57.82 (37.23)	
2	Susanne Milenkevich	39	YERONGA PARK YABBIES	7:10.68	9
	48.82	1:44.03 (55.21)	2:46.52 (1:02.49)	3:47.68 (1:01.16)	
	4:44.29 (56.61)	5:38.78 (54.49)	6:27.25 (48.47)	7:10.68 (43.43)	
3	Cherie Savin	37	ROCKINGHAM	7:11.44	8
	52.44	1:48.69 (56.25)	2:43.55 (54.86)	3:37.67 (54.12)	
	4:35.25 (57.58)	5:34.80 (59.55)	6:24.38 (49.58)	7:11.44 (47.06)	

Event 13 Women 40-44 400 LC Metre IM**WORLD: 5:09.83 W 1/08/2004 K Pipes-Neilsen USA****NATIONAL: 5:26.35 N 19/04/2008 Helen Whitford**

1	Kristy Brackstone	40	CLAREMONT	5:58.37	10
	38.65	1:24.75 (46.10)	2:10.82 (46.07)	2:56.40 (45.58)	
	3:48.27 (51.87)	4:41.13 (52.86)	5:19.90 (38.77)	5:58.37 (38.47)	
2	Rachel Thorpe	44	TEA TREE GULLY	9:42.66	9
	1:02.85	2:26.44 (1:23.59)	3:54.55 (1:28.11)	5:17.81 (1:23.26)	
	6:31.78 (1:13.97)	7:44.48 (1:12.70)	8:44.67 (1:00.19)	9:42.66 (57.99)	

Event 13 Women 45-49 400 LC Metre IM**WORLD: 5:13.85 W 5/09/2008 K.Pipes-Neilsen USA****NATIONAL: 5:32.02 N 14/04/2012 Helen Whitford**

1	Ingrid van der Wel	45	ROCKINGHAM	6:04.24	10
	38.63	1:27.26 (48.63)	2:14.98 (47.72)	3:01.48 (46.50)	
	3:55.41 (53.93)	4:49.30 (53.89)	5:27.54 (38.24)	6:04.24 (36.70)	
2	Rebecca Mather-Brown	46	DARWIN STINGERS	6:32.27	9
	38.30	1:31.35 (53.05)	2:23.39 (52.04)	3:13.56 (50.17)	
	4:11.85 (58.29)	5:10.27 (58.42)	5:51.88 (41.61)	6:32.27 (40.39)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 13 Women 45-49 400 LC Metre IM)**

3	Helen Ludgate	48	MANLY	6:46.41	8
	42.53	1:36.52 (53.99)	2:32.51 (55.99)	3:26.50 (53.99)	
	4:24.87 (58.37)	5:21.21 (56.34)	6:04.33 (43.12)	6:46.41 (42.08)	
4	Kylie Woods	49	BUSH RANGERS	8:12.57	7
	46.89	1:49.00 (1:02.11)	2:56.97 (1:07.97)	4:01.02 (1:04.05)	
	5:15.84 (1:14.82)	6:30.97 (1:15.13)	7:21.20 (50.23)	8:12.57 (51.37)	
5	Lorraine Aw	49	MALVERN MARLINS	8:29.48	6
	1:01.77	2:08.54 (1:06.77)	3:14.75 (1:06.21)	4:22.59 (1:07.84)	
	5:31.97 (1:09.38)	6:44.12 (1:12.15)	7:37.78 (53.66)	8:29.48 (51.70)	
---	Patricia Burton	49	CLAREMONT	NS	

Event 13 Women 50-54 400 LC Metre IM**WORLD: 5:20.68 W 5/08/2014 Ellen Reynolds****USA****NATIONAL: 5:38.02 N 8/03/2017 Helen Whitford**

1	Sharon Beaver	52	ADELAIDE MASTERS	6:12.36	10
	41.77	1:28.86 (47.09)	2:15.58 (46.72)	3:01.02 (45.44)	
	3:56.70 (55.68)	4:51.58 (54.88)	5:32.85 (41.27)	6:12.36 (39.51)	
2	Caroline Makin	51	TUGGERANONG	6:36.68	9
	45.14	1:38.79 (53.65)	2:30.27 (51.48)	3:19.99 (49.72)	
	4:16.20 (56.21)	5:12.52 (56.32)	5:55.23 (42.71)	6:36.68 (41.45)	
3	Wendy McMurtrie	52	PORT MACQUARIE	7:07.03	8
	2:37.80	1:41.29 ()	4:31.56 (2:50.27)	3:31.78 ()	
	6:19.96 (2:48.18)	5:30.25 ()	7:07.03 (1:36.78)		
4	Kylee Murray	53	MERRYLANDS	7:53.40	7
	51.89	1:59.99 (1:08.10)	5:04.83 (3:04.84)	3:55.17 ()	
	7:06.80 (3:11.63)	6:17.56 ()	7:53.40 (1:35.84)		

Event 13 Women 55-59 400 LC Metre IM**WORLD: 5:37.57 W 22/07/2018 Lynn Marshall****CAN****NATIONAL: 5:57.58 N 9/11/2014 Jenny Whiteley**

1	Stephanie Palmer-White	55	ADELAIDE MASTERS	5:51.21 N	10
	36.70	1:17.65 (40.95)	2:02.59 (44.94)	2:48.35 (45.76)	
	3:42.07 (53.72)	4:37.29 (55.22)	5:15.22 (37.93)	5:51.21 (35.99)	
2	Bridget Young	55	ROCKINGHAM	6:19.61	9
	39.56	1:27.54 (47.98)	2:17.91 (50.37)	3:07.89 (49.98)	
	4:01.11 (53.22)	4:56.24 (55.13)	5:37.90 (41.66)	6:19.61 (41.71)	
3	Anne Smyth	59	TUGGERANONG	6:56.82	8
	43.81	1:37.14 (53.33)	2:30.81 (53.67)	3:24.94 (54.13)	
	4:27.07 (1:02.13)	5:30.47 (1:03.40)	6:13.00 (42.53)	6:56.82 (43.82)	
4	Meryl Churchill	56	RATS OF TOBRUK	7:09.22	7
	51.11	1:48.46 (57.35)	2:40.76 (52.30)	3:30.06 (49.30)	
	4:32.04 (1:01.98)	5:32.03 (59.99)	6:22.52 (50.49)	7:09.22 (46.70)	
5	Michelle Stonehouse	57	BLACKTOWN CITY	7:20.25	6
	47.82	1:49.33 (1:01.51)	2:51.89 (1:02.56)	3:51.27 (59.38)	
	4:49.67 (58.40)	5:47.70 (58.03)	6:35.10 (47.40)	7:20.25 (45.15)	
6	Ann Reid	57	TUGGERANONG	8:13.40	5
	1:01.77	2:06.50 (1:04.73)	3:08.33 (1:01.83)	4:06.63 (58.30)	
	5:23.79 (1:17.16)	6:33.00 (1:09.21)	7:23.17 (50.17)	8:13.40 (50.23)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 13 Women 60-64 400 LC Metre IM****WORLD: 5:56.27 W 8/07/2011 Laura Val****USA****NATIONAL: 5:54.23 N 11/11/2018 Jenny Whiteley**

1	Deborah Wareing	63	MARION		6:51.49	10
	46.03	1:46.43 (1:00.40)	2:40.59 (54.16)	3:33.45 (52.86)		
	4:30.13 (56.68)	5:28.22 (58.09)	6:10.80 (42.58)	6:51.49 (40.69)		
2	Vivienne Anthony	60	CLAREMONT		7:23.68	9
	47.70	1:50.38 (1:02.68)		3:36.03 ()		
	4:37.89 (1:01.86)	5:42.07 (1:04.18)	6:33.17 (51.10)	7:23.68 (50.51)		
3	Helen Morley	61	MIAMI		7:38.18	8
	51.77	1:51.00 (59.23)	2:52.55 (1:01.55)	3:51.50 (58.95)		
	4:56.12 (1:04.62)	5:59.63 (1:03.51)	6:51.55 (51.92)	7:38.18 (46.63)		
4	Gay Bradley	64	COTTON TREE		7:52.58	7
	56.17	2:03.31 (1:07.14)	3:07.65 (1:04.34)	4:06.89 (59.24)		
	5:10.19 (1:03.30)	6:14.31 (1:04.12)	7:04.65 (50.34)	7:52.58 (47.93)		
5	Therese Crollick	62	TRINITY LISMORE		8:21.84	6
	53.60	1:57.13 (1:03.53)	3:05.40 (1:08.27)	4:12.29 (1:06.89)		
	5:18.58 (1:06.29)	6:25.27 (1:06.69)	7:24.11 (58.84)	8:21.84 (57.73)		
6	Penelope O'Shea	62	AQUADOME OTTERS		8:48.28	5
	1:01.44	2:13.51 (1:12.07)	3:26.79 (1:13.28)	4:36.92 (1:10.13)		
	5:44.09 (1:07.17)	6:52.65 (1:08.56)	7:51.11 (58.46)	8:48.28 (57.17)		

Event 13 Women 65-69 400 LC Metre IM**WORLD: 6:27.15 W 29/07/2018 Laura Vaca****MEX****NATIONAL: 6:59.04 N 14/04/2012 Clary Munns**

1	Dawn Gledhill	69	MANLY		7:42.76	10
	49.61	1:52.96 (1:03.35)	2:51.22 (58.26)	3:53.70 (1:02.48)		
	5:00.68 (1:06.98)	6:06.24 (1:05.56)	6:55.70 (49.46)	7:42.76 (47.06)		
2	Wendy Gordon	66	NOVOCASTRIAN		7:43.69	9
	52.54	1:53.17 (1:00.63)	2:57.90 (1:04.73)	4:03.74 (1:05.84)		
	5:04.51 (1:00.77)	6:05.72 (1:01.21)	6:55.98 (50.26)	7:43.69 (47.71)		
3	Janet Bell	67	AQUADOME OTTERS		9:21.49	8
	1:00.90	2:15.75 (1:14.85)	3:32.70 (1:16.95)	4:48.24 (1:15.54)		
	6:06.12 (1:17.88)	7:25.60 (1:19.48)	8:24.09 (58.49)	9:21.49 (57.40)		

Event 13 Women 70-74 400 LC Metre IM**WORLD: 6:54.30 W 23/01/2016 Brigitte Merten****GER****NATIONAL: 7:04.83 N 21/04/2016 Clary Munns**

1	Tracy Clarkson	70	BRISBANE NORTHSIDE		7:45.31	10
	52.84	1:57.91 (1:05.07)	2:57.01 (59.10)	3:56.07 (59.06)		
	5:03.14 (1:07.07)	6:09.91 (1:06.77)	6:58.32 (48.41)	7:45.31 (46.99)		
2	Patricia Baker	73	MALVERN MARLINS		8:14.73	9
	58.56	2:04.51 (1:05.95)	3:11.30 (1:06.79)	4:15.04 (1:03.74)		
		6:24.95 ()	8:14.73 (1:49.78)			
3	Catherine Watmough	70	SURREY PARK SEAHORSES		9:12.97	8
	1:08.29	2:16.68 (1:08.39)	3:31.17 (1:14.49)	4:41.78 (1:10.61)		
	5:57.21 (1:15.43)	7:12.07 (1:14.86)	8:15.34 (1:03.27)	9:12.97 (57.63)		
4	Cobie van Wageningen	73	MARYBOROUGH		10:21.35	7
	1:15.01	2:33.10 (1:18.09)	3:54.29 (1:21.19)	5:10.00 (1:15.71)		
	6:29.32 (1:19.32)	7:44.21 (1:14.89)	9:05.35 (1:21.14)	10:21.35 (1:16.00)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 13 Men 25-29 400 LC Metre IM****WORLD: 4:30.05 W 12/09/2009 Diogo Yabe****BRA****NATIONAL: 4:51.96 N 14/04/2012 Adam Beisler**

1	Colin Coombs	29	NEW ZEALAND	4:59.32	10
	30.20	1:05.33 (35.13)	1:44.38 (39.05)	2:23.04 (38.66)	
	3:07.07 (44.03)	3:51.51 (44.44)	4:25.97 (34.46)	4:59.32 (33.35)	

Event 13 Men 30-34 400 LC Metre IM**WORLD: 4:20.81 W 23/07/2016 Darian Townsend****USA****NATIONAL: 4:50.29 N 21/04/2016 D. Blackborrow**

1	Stuart Anderson	33	MAIDA VALE	6:13.23	10
	40.09	1:27.20 (47.11)	2:18.31 (51.11)	3:07.80 (49.49)	
	4:00.31 (52.51)	4:51.85 (51.54)	5:33.83 (41.98)	6:13.23 (39.40)	

Event 13 Men 35-39 400 LC Metre IM**WORLD: 4:37.36 W 21/04/2016 D.Oliveira Yabe****BRA****NATIONAL: 4:49.26 N 4/11/2016 Stephen Cronk**

1	Mark Sendeky	37	WETT ONES	5:32.09	10
	30.79	1:08.69 (37.90)	1:55.02 (46.33)	2:38.27 (43.25)	
	3:25.03 (46.76)	4:14.30 (49.27)	4:54.43 (40.13)	5:32.09 (37.66)	
2	Ace Lewis	39	MARION	5:52.42	9
	35.89	1:21.00 (45.11)	2:09.15 (48.15)	2:56.21 (47.06)	
	3:43.86 (47.65)	4:31.49 (47.63)	5:12.63 (41.14)	5:52.42 (39.79)	
3	Jason Di Paolo	36	ONKAPARINGA	6:03.63	8
	33.55	1:11.48 (37.93)	2:04.73 (53.25)	2:55.35 (50.62)	
	3:51.70 (56.35)	4:46.79 (55.09)	6:03.63 (1:16.84)		

Event 13 Men 40-44 400 LC Metre IM**WORLD: 4:43.00 W 12/06/2012 Uwe Volk****GER****NATIONAL: 4:54.08 N 1/05/2009 Paul Lemmon**

1	Stephen Cronk	40	POWERPOINTS	5:10.84	10
	31.01	1:06.63 (35.62)	1:49.32 (42.69)	2:29.86 (40.54)	
	3:15.50 (45.64)	3:59.57 (44.07)	4:35.67 (36.10)	5:10.84 (35.17)	
2	Christopher Velliari	44	WESTERN DISTRICTS	5:45.60	9
	34.02	1:13.31 (39.29)	1:59.97 (46.66)	2:46.93 (46.96)	
	3:36.93 (50.00)	4:27.45 (50.52)	5:06.91 (39.46)	5:45.60 (38.69)	
3	David Bryce	44	HENLEY BEACH MASTERS	6:24.19	8
	39.82	1:27.79 (47.97)	2:17.74 (49.95)	3:06.51 (48.77)	
	3:59.91 (53.40)	4:54.17 (54.26)	5:40.17 (46.00)	6:24.19 (44.02)	
---	Bradley McMahon	42	POWERPOINTS	NS	
---	Ricky Homan	43	DEVONPORT DEVILS	NS	
---	Nigel Fanning	44	POWERPOINTS	NS	

Event 13 Men 45-49 400 LC Metre IM**WORLD: 4:43.83 W 5/08/2014 Nicolas Granger****FRA****NATIONAL: 4:56.92 N 14/04/2012 Paul Lemmon**

1	Aaron Cleland	45	BLACKTOWN CITY	5:12.37	10
	32.50	1:10.59 (38.09)	1:51.00 (40.41)	2:32.30 (41.30)	
	3:17.15 (44.85)	4:01.79 (44.64)	4:37.74 (35.95)	5:12.37 (34.63)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 13 Men 45-49 400 LC Metre IM)**

2	Mark Carroll	47	MOLONGLO WATER DRAGONS	5:49.54	9
	33.28	1:12.61 (39.33)	1:58.80 (46.19)	2:44.69 (45.89)	
	3:34.31 (49.62)	4:25.75 (51.44)	5:08.20 (42.45)	5:49.54 (41.34)	
3	Tony Burt	49	MALVERN MARLINS	6:29.27	8
	42.59	1:32.02 (49.43)	2:25.97 (53.95)	3:16.86 (50.89)	
	4:10.46 (53.60)	5:04.45 (53.99)	5:47.80 (43.35)	6:29.27 (41.47)	
4	Peter Howes	48	SWIMLAND	7:08.10	7
	46.65	1:42.98 (56.33)	2:39.42 (56.44)	3:34.24 (54.82)	
	4:34.65 (1:00.41)	5:33.85 (59.20)	6:21.69 (47.84)	7:08.10 (46.41)	

Event 13 Men 50-54 400 LC Metre IM**WORLD: 4:45.61 W 3/08/2017 Nicolas Granger****USA****NATIONAL: 5:05.03 N 21/04/2018 Paul Lemmon**

1	Martin Banks	51	THE UNIVERSITY OF QUEENSLAND	5:21.42	10
	31.46	1:09.81 (38.35)	1:55.08 (45.27)	2:37.56 (42.48)	
	3:23.21 (45.65)	4:09.05 (45.84)	4:46.09 (37.04)	5:21.42 (35.33)	
2	John McKaig	50	LONG TAN LEGENDS	5:31.12	9
	32.46	1:10.92 (38.46)	1:56.83 (45.91)	2:40.64 (43.81)	
	3:28.74 (48.10)	4:17.77 (49.03)	4:55.46 (37.69)	5:31.12 (35.66)	
3	Mark Scullard	50	SEASIDE PIRATES	6:19.80	8
	38.87	1:26.69 (47.82)	2:17.57 (50.88)	3:08.21 (50.64)	
	4:02.55 (54.34)	4:56.66 (54.11)	5:39.66 (43.00)	6:19.80 (40.14)	
---	Craig Magnusson	54	NORTH SHORE	NS	
---	Brett Davidson	52	POWERPOINTS	NS	

Event 13 Men 55-59 400 LC Metre IM**WORLD: 5:01.81 W 23/04/2015 Marcus Mattioli****BRA****NATIONAL: 5:28.64 N 21/04/2016 Mark Smedley**

1	Mark Smedley	59	ADELAIDE MASTERS	6:01.58	10
	39.84	1:24.68 (44.84)	2:11.82 (47.14)	2:58.09 (46.27)	
	3:50.85 (52.76)	4:40.70 (49.85)	5:22.37 (41.67)	6:01.58 (39.21)	
2	Darryl Flukes	58	SURREY PARK SEAHORSES	6:27.55	9
	37.52	1:21.68 (44.16)	2:17.60 (55.92)	3:11.88 (54.28)	
	4:07.43 (55.55)	5:02.26 (54.83)	5:45.14 (42.88)	6:27.55 (42.41)	
3	Nigel Dalton	55	NORTH MACKAY SINKERS	6:28.14	8
	43.52	1:37.34 (53.82)	2:23.72 (46.38)	3:07.50 (43.78)	
	4:10.75 (1:03.25)	5:07.96 (57.21)	5:48.83 (40.87)	6:28.14 (39.31)	
---	Richard Lockhart	56	NEW ZEALAND	NS	

Event 13 Men 60-64 400 LC Metre IM**WORLD: 5:08.20 W 15/08/2014 Rick Colella****USA****NATIONAL: 5:57.69 N 6/04/2006 Victor Paul**

1	Rod Laurie	61	VICTORIAN MASTERS	6:03.44	10
	34.76	1:14.23 (39.47)	2:06.89 (52.66)	2:53.27 (46.38)	
	3:49.29 (56.02)	4:44.50 (55.21)	6:03.44 (1:18.94)		
2	Hobe Horton	62	MIAMI	6:13.36	9
		1:28.47 ()	2:20.20 (51.73)	3:09.96 (49.76)	
	4:01.91 (51.95)	4:52.13 (50.22)	5:33.92 (41.79)	6:13.36 (39.44)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 13 Men 60-64 400 LC Metre IM)**

3	Stephen Thompson	60	SUTHERLAND SANDBERN	6:20.38	8
	40.51	1:32.38 (51.87)	2:23.00 (50.62)	3:10.87 (47.87)	
	4:03.33 (52.46)	4:10.15 (6.82)	6:20.38 (2:10.23)		

Event 13 Men 65-69 400 LC Metre IM**WORLD: 5:13.36 W 3/08/2017 Rick Colella USA****NATIONAL: 6:14.16 N 30/04/2011 Victor Paul**

1	Maciej Slugocki	67	THE HOBART AQUATIC CENTRE	6:30.26	10
	45.98	1:36.81 (50.83)	2:27.45 (50.64)	3:17.59 (50.14)	
	4:12.60 (55.01)	5:07.57 (54.97)	5:49.27 (41.70)	6:30.26 (40.99)	
2	Michael Daly	65	POWERPOINTS	7:01.28	9
	47.10	1:44.95 (57.85)	2:43.17 (58.22)	3:38.59 (55.42)	
	4:32.00 (53.41)	5:25.37 (53.37)	6:16.24 (50.87)	7:01.28 (45.04)	
3	Don Taylor	69	TOOWOOMBA TADPOLES	7:02.28	8
	46.87	1:44.45 (57.58)	2:39.85 (55.40)	3:34.18 (54.33)	
	4:32.50 (58.32)	5:30.98 (58.48)	6:16.32 (45.34)	7:02.28 (45.96)	
4	Russell Mcleod	69	CAMPBELLTOWN COLLEGIANS	8:36.42	7
	54.82	2:00.53 (1:05.71)	3:08.72 (1:08.19)	4:17.41 (1:08.69)	
	5:28.30 (1:10.89)	6:39.68 (1:11.38)	7:40.70 (1:01.02)	8:36.42 (55.72)	

Event 13 Men 70-74 400 LC Metre IM**WORLD: 5:57.81 W 1/05/2009 Barry Young NZL****NATIONAL: 6:24.81 N 15/08/2017 Paul Wyatt**

1	Gerry Tucker	70	MALVERN MARLINS	7:01.70	10
	46.65	1:40.47 (53.82)	2:40.55 (1:00.08)	3:42.36 (1:01.81)	
	4:39.13 (56.77)	5:36.77 (57.64)	6:20.43 (43.66)	7:01.70 (41.27)	

Event 13 Men 75-79 400 LC Metre IM**WORLD: 6:34.91 W 5/08/2016 Mike Freshley USA****NATIONAL: 7:31.37 N 21/11/2015 John Cocks**

1	James Ross	75	NEW ZEALAND	12:15.93	10
	1:29.63	3:16.10 (1:46.47)		6:28.58 ()	
	8:12.84 (1:44.26)	9:58.82 (1:45.98)	11:10.68 (1:11.86)	12:15.93 (1:05.25)	

Event 13 Men 80-84 400 LC Metre IM**WORLD: 7:12.63 W 23/06/2011 Giulio Divano ITA****NATIONAL: 7:31.80 N 17/03/2018 John Cocks**

1	John Cocks	83	MALVERN MARLINS	7:38.00	10
	50.20	1:47.38 (57.18)	2:48.82 (1:01.44)	3:50.21 (1:01.39)	
	4:51.77 (1:01.56)	5:54.24 (1:02.47)	6:47.75 (53.51)	7:38.00 (50.25)	

Event 13 Men 85-89 400 LC Metre IM**WORLD: 8:21.81 W 11/07/2010 Thomas Maine USA****NATIONAL: 10:28.43 N 22/03/1994 Frank Griffiths**

1	Tubby Ramsay	85	ATLANTIS	11:23.47	10
	1:36.99	6:02.68 (4:25.69)			
	7:42.42 ()	9:16.70 (1:34.28)	10:20.57 (1:03.87)	11:23.47 (1:02.90)	

Event 14 Women 18-24 100 LC Metre Backstroke**NATIONAL: 1:09.99 N 30/10/2010 Kate Lewis**

1	Kimberley Vidura	23	HENLEY BEACH MASTERS	1:12.22	10
	34.97	1:12.22 (37.25)			

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Women 18-24 100 LC Metre Backstroke)**

2	Rebecca Muller	24	ADELAIDE MASTERS	1:24.68	9
	41.57	1:24.68	(43.11)		
3	Stephanie Neville	23	SUPERFINS WA	1:58.22	8
	59.33	1:58.22	(58.89)		

Event 14 Women 25-29 100 LC Metre Backstroke**WORLD: 1:01.60 W 31/07/2018 Emi Moronuki****USA****NATIONAL: 1:06.79 N 19/08/2017 Aleisha Barnes**

1	Rylee Wood	27	WOLLONGONG	1:30.72	10
	44.24	1:30.72	(46.48)		
2	Jackie Fraser	25	POWERPOINTS	1:31.17	9
	44.37	1:31.17	(46.80)		
3	Connie Gorham	26	BLACKTOWN CITY	1:34.59	8
4	Carys Munks	25	SUPERFINS WA	2:24.50	7
	1:09.80	2:24.50	(1:14.70)		

Event 14 Women 30-34 100 LC Metre Backstroke**WORLD: 1:01.78 W 6/08/2011 Noriko Inada****USA****NATIONAL: 1:10.20 N 23/04/2016 Caroline Saxby**

1	Briny Mcarthur	30	MARION	1:19.15	10
	38.57	1:19.15	(40.58)		
2	Alison Sakurovs	34	MERRYLANDS	1:25.06	9
	42.18	1:25.06	(42.88)		
3	Suzie Haddad	34	CAMPBELLTOWN COLLEGIANS	1:42.30	8
	48.64	1:42.30	(53.66)		

Event 14 Women 35-39 100 LC Metre Backstroke**WORLD: 1:01.75 W 19/08/2017 Noriko Inada****USA****NATIONAL: 1:08.90 N 21/04/2018 Caroline Saxby**

1	Caroline Saxby	36	THE UNIVERSITY OF QUEENSLAND	1:09.20	10
	33.74	1:09.20	(35.46)		
2	Lisa Haureliuk	37	TUGGERANONG	1:17.26	9
	37.95	1:17.26	(39.31)		
3	Jade Roberts	39	MALVERN MARLINS	1:34.53	8
	42.97	1:34.53	(51.56)		
4	Melissa Beames	35	ATLANTIS	1:41.25	7
	47.33	1:41.25	(53.92)		
5	Rachel Duggin	39	SUPERFINS WA	2:35.70	6
	1:16.00	2:35.70	(1:19.70)		

Event 14 Women 40-44 100 LC Metre Backstroke**WORLD: 1:04.70 W 31/07/2018 Noriko Inada****USA****NATIONAL: 1:08.32 N 22/04/2008 Helen Whitford**

*1	Alesha Keeler	42	NEW ZEALAND	1:17.23	10
	36.60	1:17.23	(40.63)		
*1	Nicky Kerr	44	MALVERN MARLINS	J1:23.83	10
	41.29	1:23.83	(42.54)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Women 40-44 100 LC Metre Backstroke)**

2	Heather Parker	41	DEVONPORT DEVILS	J1:24.52	9
	41.25	1:24.52	(43.27)		
3	Michelle Hallit	40	NORTH SYDNEY	J1:27.32	8
	40.75	1:27.32	(46.57)		

Event 14 Women 45-49 100 LC Metre Backstroke**WORLD: 1:07.31 W 20/08/2016 Cindy Mabee****CAN****NATIONAL: 1:11.68 N 30/04/2011 Jennie Bucknell**

*1	Shelley Rowland	48	NEW ZEALAND	1:13.56	10
	36.00	1:13.56	(37.56)		
*1	Ingrid van der Wel	45	ROCKINGHAM	J1:20.06	10
	39.90	1:20.06	(40.16)		
2	Madelyn-Anne Ring	46	POWERPOINTS	J1:24.42	9
	42.19	1:24.42	(42.23)		
3	Rachael Keogh	45	GENESIS AQUATICS	J1:30.89	8
	43.16	1:30.89	(47.73)		
4	Kylie Woods	49	BUSH RANGERS	J1:43.69	7
	47.80	1:43.69	(55.89)		
5	Primrose Ritchie	46	DONCASTER DOLPHINS	J2:41.99	6
	1:15.66	2:41.99	(1:26.33)		
---	Peta Samuels	48	SUTHERLAND SANDBERN	NS	

Event 14 Women 50-54 100 LC Metre Backstroke**WORLD: 1:09.28 W 8/08/2014 Ellen Reynolds****USA****NATIONAL: 1:12.42 N 8/03/2017 Helen Whitford**

1	Sharon Beaver	52	ADELAIDE MASTERS	1:23.60	10
	39.98	1:23.60	(43.62)		
2	Katrina Burgess	52	TUGGERANONG	1:25.13	9
	42.08	1:25.13	(43.05)		
3	Caroline Makin	51	TUGGERANONG	1:26.08	8
	42.11	1:26.08	(43.97)		
4	Nola Macaulay	50	THE UNIVERSITY OF QUEENSLAND	1:26.14	7
	41.78	1:26.14	(44.36)		
5	Kylee Murray	53	MERRYLANDS	1:39.55	6
	49.18	1:39.55	(50.37)		
6	Sharon Newstead	54	MALVERN MARLINS	1:39.68	5
	48.99	1:39.68	(50.69)		
7	Jacki Steyn	52	THE UNIVERSITY OF QUEENSLAND	1:41.65	4
	47.81	1:41.65	(53.84)		
---	Danielle Spurling	52	MALVERN MARLINS	NS	

Event 14 Women 55-59 100 LC Metre Backstroke**WORLD: 1:11.23 W 9/07/2017 Karlyn Pipes****USA****NATIONAL: 1:17.91 N 27/04/2017 Joanne Sutcliffe**

1	Joanne Sutcliffe	59	HENLEY BEACH MASTERS	1:18.53	10
	37.69	1:18.53	(40.84)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Women 55-59 100 LC Metre Backstroke)**

2	Andrea McNeil	57	MALVERN MARLINS	1:25.07	9
	39.87	1:25.07	(45.20)		
3	Meryl Churchill	56	RATS OF TOBRUK	1:31.61	8
	43.28	1:31.61	(48.33)		
4	Rhonda O'Donnell	55	NOVOCASTRIAN	1:37.89	7
	48.89	1:37.89	(49.00)		
5	Jacinta Stirrat	59	DARWIN STINGERS	1:43.84	6
	51.05	1:43.84	(52.79)		
6	Ann Reid	57	TUGGERANONG	1:47.14	5
	53.80	1:47.14	(53.34)		
7	Lana Walkerden	56	COTTON TREE	1:51.87	4
8	Leisa Cass	58	TUGGERANONG	1:52.55	3
9	Donna Campbell	57	TUGGERANONG	1:59.37	2
	56.48	1:59.37	(1:02.89)		
10	Vickey Gorham	59	BLACKTOWN CITY	2:17.57	1
	1:07.57	2:17.57	(1:10.00)		
---	Robyn Falster	59	MARION	NS	

Event 14 Women 60-64 100 LC Metre Backstroke**WORLD: 1:14.50 W 15/07/2018 Bonnie Bilich****USA****NATIONAL: 1:17.34 N 17/05/2015 Leigh Rodgers**

1	Leigh Rodgers	64	MALVERN MARLINS	1:20.04	10
	40.07	1:20.04	(39.97)		
2	Judy Thomas	61	ATLANTIS	1:22.58	9
	40.57	1:22.58	(42.01)		
3	Deanne Atkinson	60	NUDGENE COLLEGE	1:29.78	8
	43.23	1:29.78	(46.55)		
4	Deborah Wareing	63	MARION	1:31.40	7
	43.24	1:31.40	(48.16)		
5	Vivienne Anthony	60	CLAREMONT	1:31.88	6
6	Eleanor Parsons	64	CLAREMONT	1:41.33	5
	49.23	1:41.33	(52.10)		
7	Gay Bradley	64	COTTON TREE	1:45.08	4
	50.72	1:45.08	(54.36)		
8	Helen Morris	62	BEATTY PARK	1:55.99	3
	56.04	1:55.99	(59.95)		
9	Kerry McDonald	62	RYDE	2:09.54	2
	1:04.64	2:09.54	(1:04.90)		

Event 14 Women 65-69 100 LC Metre Backstroke**WORLD: 1:14.49 W 31/07/2018 Laura Val****USA****NATIONAL: 1:23.61 N 12/10/2009 Clary Munns**

1	Susan Swire-Thompson	65	CLAREMONT	1:28.30	10
	43.02	1:28.30	(45.28)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Women 65-69 100 LC Metre Backstroke)**

2	Suzanne Hollis	65	THE UNIVERSITY OF QUEENSLAND	1:35.65	9
	45.55	1:35.65 (50.10)			
3	Carol Spencer-Gardner	65	MALVERN MARLINS	1:45.00	8
	50.27	1:45.00 (54.73)			
4	Megan Stronach	67	HOBART DOLPHINS	1:45.49	7
	51.03	1:45.49 (54.46)			
5	Terry Carter	69	ATLANTIS	1:51.93	6
	53.12	1:51.93 (58.81)			
6	Jacky Shields	65	NOOSA	2:03.20	5
	1:00.25	2:03.20 (1:02.95)			
7	Ann-Maree Lynch	65	CLAREMONT	2:03.87	4
	59.27	2:03.87 (1:04.60)			
8	Pauline Tauschke	65	DARWIN STINGERS	2:29.55	3
	1:10.32	2:29.55 (1:19.23)			
9	Helen Rubin	67	RYDE	2:33.68	2
	1:15.49	2:33.68 (1:18.19)			
10	Sue Johnstone	66	WOLLONGONG	3:13.44	1
	1:33.91	3:13.44 (1:39.53)			

Event 14 Women 70-74 100 LC Metre Backstroke**WORLD: 1:25.20 W 9/05/2015 Ohlsson Margit****SWE****NATIONAL: 1:28.60 N 21/03/2015 Clary Munns**

1	Tracy Clarkson	70	BRISBANE NORTHSIDE	1:40.56	10
	49.43	1:40.56 (51.13)			
2	Rosa Montague	72	POWERPOINTS	1:46.94	9
	54.50	1:46.94 (52.44)			
3	Joan Simpson	73	MALVERN MARLINS	2:01.29	8
	58.77	2:01.29 (1:02.52)			
4	Catherine Watmough	70	SURREY PARK SEAHORSES	2:05.37	7
	1:00.43	2:05.37 (1:04.94)			
5	Adele Goalder	74	TEA TREE GULLY	2:26.79	6
	1:10.22	2:26.79 (1:16.57)			
6	Joan Bratton	73	GINNINDERRA MASTERS	2:31.44	5
	1:15.70	2:31.44 (1:15.74)			
7	Lyn Lillecrapp	74	AQUADOME OTTERS	2:33.93	4
	1:15.26	2:33.93 (1:18.67)			
---	Sue Reinker	70	BLACKTOWN CITY	NS	

Event 14 Women 75-79 100 LC Metre Backstroke**WORLD: 1:31.79 W 15/07/2017 Satoko Takeuji****JPN****NATIONAL: 1:41.22 N 30/04/2011 Pam Hutchings**

1	Lois Hill	76	NOOSA	1:54.71	10
	54.44	1:54.71 (1:00.27)			
2	Erica Mercer	76	ALBANY MASTERS	2:23.89	9
	1:11.36	2:23.89 (1:12.53)			

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 14 Women 80-84 100 LC Metre Backstroke****WORLD: 1:41.87 W 30/04/2017 Helen Bird****AUS****NATIONAL: 1:41.87 N 30/04/2017 Helen Bird**

1	Alice Kinnaird	83	FRANKSTON PENINSULA	2:04.98	10
	1:01.82	2:04.98	(1:03.16)		
2	Barbara Pearce	82	MARION	2:20.75	9
	1:09.20	2:20.75	(1:11.55)		
3	Margaret Jopling	84	PORT MACQUARIE	2:20.78	8
	1:06.17	2:20.78	(1:14.61)		
4	Anne Walker	82	DARWIN STINGERS	2:33.00	7
	1:12.81	2:33.00	(1:20.19)		
5	Mary Heath	80	BEATTY PARK	2:46.49	6
	1:22.98	2:46.49	(1:23.51)		

Event 14 Women 85-89 100 LC Metre Backstroke**WORLD: 1:52.70 W 23/01/2016 Jane Asher****GBR****NATIONAL: 2:11.38 N 17/05/2015 Dorothy Dickey**

1	Lois Dennington	85	FRANKSTON PENINSULA	2:15.51	10
2	Jan Finn	85	RAYMOND TERRACE	2:17.13	9
	1:03.91	2:17.13	(1:13.22)		
3	Dorothy Dickey	89	DONCASTER DOLPHINS	2:25.76	8
	1:08.69	2:25.76	(1:17.07)		
4	Margaret Armstrong	86	NOARLUNGA	2:53.56	7
	1:26.73	2:53.56	(1:26.83)		
5	Bobbie Lea	86	DARWIN STINGERS	3:11.39	6
	1:34.81	3:11.39	(1:36.58)		

Event 14 Women 95-99 100 LC Metre Backstroke**WORLD: 2:42.67 W 8/08/2013 Rita Simonton****USA****NATIONAL: 3:40.79 N 24/02/2013 Clarice Artis**

1	Valerie Lincoln	95	GOSFORD CITY SEAGULLS	3:36.72 N	10
	1:43.79	3:36.72	(1:52.93)		

Event 14 Men 18-24 100 LC Metre Backstroke**NATIONAL: 59.88 N 5/11/2002 Paul Nicholson**

1	Dylan Broadway	23	SUPERFINS WA	1:43.72	10
	49.40	1:43.72	(54.32)		
2	James Burt	23	SUPERFINS WA	1:43.74	9
	48.61	1:43.74	(55.13)		
3	Keith Robinson	22	SUPERFINS WA	2:29.11	8
	1:10.25	2:29.11	(1:18.86)		

Event 14 Men 25-29 100 LC Metre Backstroke**WORLD: 55.87 W 12/04/2013 Kurt Crosland****NZL****NATIONAL: 1:01.41 N 25/01/1998 Brent Walker**

1	Juliano Morimoto	28	NORTH SYDNEY	1:07.50	10
	33.05	1:07.50	(34.45)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Men 25-29 100 LC Metre Backstroke)**

2	Michael Morton	27	FREMANTLE MASTERS	1:10.25	9
	34.15	1:10.25	(36.10)		
3	David Flynn	29	THE UNIVERSITY OF QUEENSLAND	1:14.35	8
	33.98	1:14.35	(40.37)		

Event 14 Men 30-34 100 LC Metre Backstroke**WORLD: 55.93 W 13/07/2014 Darian Townsend USA****NATIONAL: 57.47 N 23/04/2016 D. Blackborrow**

1	Gregory Black	30	SUPERFINS WA	2:03.58	10
	58.11	2:03.58	(1:05.47)		
2	Nathan Curry	33	SUPERFINS WA	2:07.87	9
	1:02.63	2:07.87	(1:05.24)		

Event 14 Men 35-39 100 LC Metre Backstroke**WORLD: 57.91 W 19/08/2017 Ryan Pini PNG****NATIONAL: 1:01.60 N 7/04/1990 Brad Cooper**

1	Adam Koprowski	38	CLAREMONT	1:08.82	10
	33.03	1:08.82	(35.79)		
2	Mark Sendecky	37	WETT ONES	1:11.52	9
	34.65	1:11.52	(36.87)		
3	Jason Di Paolo	36	ONKAPARINGA	1:16.97	8
	37.87	1:16.97	(39.10)		

Event 14 Men 40-44 100 LC Metre Backstroke**WORLD: 59.08 W 7/08/2009 Michael Ross USA****NATIONAL: 1:01.75 N 14/04/2012 Ian Jeffery**

1	Kipp Kaufmann	40	POWERPOINTS	1:06.81	10
	32.59	1:06.81	(34.22)		
2	Lachlan McDowell	41	MELBOURNE H20	1:07.82	9
	33.38	1:07.82	(34.44)		
3	Dean Shard	43	POWERPOINTS	1:10.80	8
	34.34	1:10.80	(36.46)		
4	Christopher Velliaris	44	WESTERN DISTRICTS	1:16.12	7
	36.37	1:16.12	(39.75)		
5	Matthew Cranley	44	NOARLUNGA	1:17.87	6
	36.83	1:17.87	(41.04)		
6	Sam Lehman	42	ADELAIDE MASTERS	1:24.73	5
	40.22	1:24.73	(44.51)		

Event 14 Men 45-49 100 LC Metre Backstroke**WORLD: 1:00.13 W 8/06/2008 Steve Wood USA****NATIONAL: 1:04.01 N 27/04/2017 Ian Jeffery**

*1	Robert Wood	47	UNITED KINGDOM	1:09.19	10
	34.14	1:09.19	(35.05)		
*1	Brent Walker	48	THE HOBART AQUATIC CENTRE	J1:09.68	10
	34.39	1:09.68	(35.29)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Women 45-49 100 LC Metre Backstroke)**

2	James Watson	45	SEASIDE PIRATES	J1:10.90	9
	33.76	1:10.90	(37.14)		
3	Mark Carroll	47	MOLONGLO WATER DRAGONS	J1:15.28	8
	35.93	1:15.28	(39.35)		
4	Tony Burt	49	MALVERN MARLINS	J1:24.94	7
	41.57	1:24.94	(43.37)		
5	Peter Howes	48	SWIMLAND	J1:26.40	6
	42.35	1:26.40	(44.05)		
6	Andrew Cranley	46	NOARLUNGA	J1:38.19	5
	47.50	1:38.19	(50.69)		
7	Phillip Smith	49	SUPERFINS WA	J3:06.94	4
	1:29.31	3:06.94	(1:37.63)		

Event 14 Men 50-54 100 LC Metre Backstroke**WORLD: 1:01.57 W 6/08/2017 Nicolas Granger****USA****NATIONAL: 1:07.52 N 22/04/2008 Alan Godfrey**

1	Martin Banks	51	THE UNIVERSITY OF QUEENSLAND	1:09.03	10
	33.39	1:09.03	(35.64)		
2	Michael Carp	50	MELBOURNE H20	1:10.35	9
	33.36	1:10.35	(36.99)		
3	John McKaig	50	LONG TAN LEGENDS	1:13.19	8
	35.84	1:13.19	(37.35)		
4	John Tweedy	52	RIVER CITY RAPIDS	1:20.41	7
	39.30	1:20.41	(41.11)		
5	Ian McLeod	50	NORTH SHORE	1:23.74	6
	40.78	1:23.74	(42.96)		
6	Mark Scullard	50	SEASIDE PIRATES	1:25.90	5
	41.99	1:25.90	(43.91)		
7	Dale McDiarmid	50	TEA TREE GULLY	1:36.59	4
	48.52	1:36.59	(48.07)		
---	Simon McCormack	53	ATLANTIS	NS	
---	Ian Wilson	54	MERRYLANDS	NS	

Event 14 Men 55-59 100 LC Metre Backstroke**WORLD: 1:03.50 W 21/06/2015 Steve Wood****USA****NATIONAL: 1:09.24 N 22/04/2008 John March**

1	Jon Hawton	55	SEASIDE PIRATES	1:08.83 N	10
	33.13	1:08.83	(35.70)		
2	Nigel Dalton	55	NORTH MACKAY SINKERS	1:16.34	9
	37.21	1:16.34	(39.13)		
3	Tim Boness	56	POWERPOINTS	1:17.48	8
	38.35	1:17.48	(39.13)		
4	Allan Samuels	55	SUTHERLAND SANDBERN	1:20.20	7
	38.56	1:20.20	(41.64)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Men 55-59 100 LC Metre Backstroke)**

5	Darryl Flukes	58	SURREY PARK SEAHORSES	1:32.26	6
	43.86	1:32.26	(48.40)		
6	Peter Mannolini	59	CLAREMONT	1:36.39	5
	49.10	1:36.39	(47.29)		
7	Mark Huggins	58	MALVERN MARLINS	1:43.68	4
	51.46	1:43.68	(52.22)		
8	Andrew McCrindell	56	RYDE	1:47.90	3
	54.13	1:47.90	(53.77)		
9	Andrew Smith	55	MARION	2:00.17	2
	56.42	2:00.17	(1:03.75)		
---	Gerald Treiman	59	UNITED STATES	NS	

Event 14 Men 60-64 100 LC Metre Backstroke**WORLD: 1:07.08 W 3/06/2017 Vladimir Gorkov****RUS****NATIONAL: 1:15.06 N 3/05/2015 Philipp Djang**

1	Stephen Thompson	60	SUTHERLAND SANDBERN	1:21.36	10
	40.10	1:21.36	(41.26)		
2	Jeff Morris	60	BEATTY PARK	1:35.05	9
	43.99	1:35.05	(51.06)		
3	John Barrett	61	RATS OF TOBRUK	1:43.94	8
	51.58	1:43.94	(52.36)		
4	Chris Rust	63	BLACKTOWN CITY	1:55.25	7
	52.97	1:55.25	(1:02.28)		

Event 14 Men 65-69 100 LC Metre Backstroke**WORLD: 1:09.79 W 8/07/2012 Hugh Wilder****USA****NATIONAL: 1:18.43 N 3/08/2014 Stephen Lamy**

1	Graeme Armstrong	67	POWERPOINTS	1:18.03 N	10
	37.56	1:18.03	(40.47)		
2	Frank Lindsay	66	ATLANTIS	1:19.85	9
	38.95	1:19.85	(40.90)		
3	Ross Holden	69	BARBARIANS	1:19.98	8
	36.59	1:19.98	(43.39)		
4	Clive Robinson	65	EMF GOLD COAST	1:21.78	7
	39.59	1:21.78	(42.19)		
5	Stuart Ellicott	67	NORTH SHORE	1:28.01	6
	43.76	1:28.01	(44.25)		
6	Stephen Morrissey	68	BLACKTOWN CITY	1:38.91	5
	49.68	1:38.91	(49.23)		
7	Russell Mcleod	69	CAMPBELLTOWN COLLEGIANS	1:56.00	4
	55.68	1:56.00	(1:00.32)		
8	Alan Burgess	68	RYDE	1:57.86	3
	57.38	1:57.86	(1:00.48)		
9	John Towers	69	LAUNCESTON LEMMINGS	2:59.58	2
	1:23.23	2:59.58	(1:36.35)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Men 65-69 100 LC Metre Backstroke)**

---	John Macgregor	66	NOVOCASTRIAN	NS
---	Lance Morgan	65	BRISBANE SOUTHSIDE	NS

Event 14 Men 70-74 100 LC Metre Backstroke**WORLD: 1:13.49 W 6/08/2017 Hugh Wilder****USA****NATIONAL: 1:23.54 N 19/01/2019 Stephen Lamy**

1	Stephen Lamy	70	MANLY	1:22.03 N	10
	40.49	1:22.03	(41.54)		
2	John Gamlen	72	TEA TREE GULLY	1:46.54	9
	52.39	1:46.54	(54.15)		
3	Peter Lord	72	SURREY PARK SEAHORSES	1:50.69	8
	53.51	1:50.69	(57.18)		
4	John Stanton	72	MALVERN MARLINS	1:57.81	7
	55.94	1:57.81	(1:01.87)		
5	Neil Ludvigsen	72	DARWIN STINGERS	2:19.81	6
	1:07.53	2:19.81	(1:12.28)		
6	Roger Montgomery	74	WOLLONGONG	2:53.68	5
	1:24.27	2:53.68	(1:29.41)		

Event 14 Men 75-79 100 LC Metre Backstroke**WORLD: 1:17.17 W 31/07/2018 Richard Burns****USA****NATIONAL: 1:28.42 N 21/04/2018 George Green**

1	Tony Forman	75	THE HOBART AQUATIC CENTRE	1:39.52	10
	48.00	1:39.52	(51.52)		
2	Richard Fox	76	CLAREMONT	1:47.84	9
	52.36	1:47.84	(55.48)		
3	Laurance Brett	75	ATLANTIS	1:48.21	8
	53.93	1:48.21	(54.28)		
4	Helmut Klein	78	CLARENCE RIVER	2:05.24	7
	1:01.67	2:05.24	(1:03.57)		
5	Peter Sheean	75	SUTHERLAND SANDBERN	2:05.66	6
	59.78	2:05.66	(1:05.88)		
6	Robert Magin	75	DARWIN STINGERS	2:12.66	5
	1:04.62	2:12.66	(1:08.04)		
---	James Ross	75	NEW ZEALAND	DQ	
	Did not do immediate continuous arm pull to initiate turn while past				
	1:22.10	DQ	(1:27.04)		
---	Graham Campbell	75	WARRINGAH	NS	
---	Geoff Robinson	79	NORTH MACKAY SINKERS	NS	

Event 14 Men 80-84 100 LC Metre Backstroke**WORLD: 1:25.07 W 27/04/2013 S.Sekikawa****JPN****NATIONAL: 1:41.51 N 23/04/2016 John Cocks**

1	Darryl Hawkes	80	MARION	2:06.18	10
	1:01.34	2:06.18	(1:04.84)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 14 Men 80-84 100 LC Metre Backstroke)**

2	Colin Stanford	81	SUTHERLAND SANDBERN	2:13.65	9
	1:03.96		2:13.65 (1:09.69)		
3	John Pugh	81	LAUNCESTON LEMMINGS	2:21.25	8
	1:06.84		2:21.25 (1:14.41)		
4	James Macilwain	84	MALVERN MARLINS	2:44.03	7
	1:19.13		2:44.03 (1:24.90)		

Event 14 Men 85-89 100 LC Metre Backstroke**WORLD: 1:31.65 W 2/03/2008 Keijiro Nakamura JPN****NATIONAL: 1:48.22 N 6/04/2014 Rod Baker**

1	Patrick Galvin	86	MALVERN MARLINS	1:49.69	10
	51.38		1:49.69 (58.31)		

Event 14 Men 90-94 100 LC Metre Backstroke**WORLD: 1:45.46 W 9/08/2006 Goro Kobayashi JPN****NATIONAL: 2:24.94 N 11/11/2018 China Johnson**

1	China Johnson	91	COTTON TREE	2:21.80 N	10
2	Bill Walker	90	NOVOCASTRIAN	2:50.40	9
	1:17.06		2:50.40 (1:33.34)		

Event 15 Women 120-159 200 LC Metre Freestyle Relay**WORLD: 1:49.03 W 14/08/2015 Rus****S KNYAGININA, A FEOKTISTOVA, L YUDINA, I SHLEMOVA****NATIONAL: 1:56.08 N 2/10/1994 Brisbane South****N RICHARDS, J PARKES, D O'DONNELL, J PACKETT**

A					
1	POWERPOINTS			2:03.72	20
	1) Cindy Nicholls W45	2) Madelyn-Anne Ring W46	3) Jackie Fraser W25	4) Jacinta Humphrey W30	
	29.73	1:00.62 (30.89)	1:33.38 (32.76)	2:03.72 (30.34)	
A					
2	SUPERFINS WA			3:38.10	18
	1) Courtney Marano W29	2) Mischa Beckett W36	3) Carys Munks W25	4) Nicole Patterson W36	
	58.02	1:46.67 (48.65)	3:09.54 (1:22.87)	3:38.10 (28.56)	

Event 15 Women 160-199 200 LC Metre Freestyle Relay**WORLD: 1:48.44 W 8/08/2006 USA****S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE****NATIONAL: 1:54.94 N 21/04/2008 Powerpoints****J BUCKNELL, N ROYLE, A TUCIUTE, H WHITFORD**

A					
1	THE UNIVERSITY OF QUEENSLAND			2:00.64	20
	1) Caroline Saxby W36	2) Christina Sclaro W51	3) Nola Macaulay W50	4) Emma Maxwell W36	
	28.21	59.32 (31.11)	1:29.90 (30.58)	2:00.64 (30.74)	
A					
2	ROCKINGHAM			2:06.00	18
	1) Lyle Kildea W61	2) Cherie Savin W37	3) Bridget Young W55	4) Karen Williams W35	
	30.62	1:03.50 (32.88)	1:35.27 (31.77)	2:06.00 (30.73)	
A					
3	HENLEY BEACH MASTERS			2:07.76	16
	1) Cheryl Chambers W57	2) Kim Wellington W43	3) Joanne Sutcliffe W59	4) Kimberley Vidura W23	
	36.30	1:07.68 (31.38)	1:39.39 (31.71)	2:07.76 (28.37)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019
Results - Thursday

	A					
4	MARION				2:08.36	14
	1) Briny Mearthur W30	2) Deborah Wareing W63	3) Robyn Falster W59	4) Sally Hunter W34		
	31.14	1:05.92 (34.78)	1:41.21 (35.29)	2:08.36 (27.15)		
					A	
5	CLAREMONT				2:10.75	12
	1) Annie Kitto W50	2) Jane Somes W50	3) Patricia Burton W49	4) Kristy Brackstone W40		
	32.30	1:06.20 (33.90)	1:40.18 (33.98)	2:10.75 (30.57)		
					A	
6	TUGGERANONG				2:14.13	10
	1) Caroline Makin W51	2) Katrina Burgess W52	3) Anne Smyth W59	4) Lisa Haureliuk W37		
	33.30	1:07.36 (34.06)	1:43.44 (36.08)	2:14.13 (30.69)		
					A	
7	BLACKTOWN CITY				2:26.56	8
	1) Vicky Gorham W59	2) Leonie Andrews W34	3) Michelle Stonehouse W57	4) Connie Gorham W26		
	42.96	1:17.87 (34.91)	1:53.63 (35.76)	2:26.56 (32.93)		

Event 15 Women 200-239 200 LC Metre Freestyle Relay**WORLD: 1:56.04 W 19/03/2011 Rsa****S KRUGER, C STANFORD, M STRAUSS, E OTTERMANN****NATIONAL: 2:03.01 N 6/04/2006 Seaside Pirates****R MILLER-WALTON, P HUTCHINGS, T MC GUIRE, C CODLIN**

	A					
1	MALVERN MARLINS				2:20.91	20
	1) Nicky Kerr W44	2) Lorraine Aw W49	3) Janet Nichol W57	4) Sharon Newstead W54		
	30.63	1:09.53 (38.90)	1:47.50 (37.97)	2:20.91 (33.41)		
					A	
2	THE UNIVERSITY OF QUEENSLAND				2:22.77	18
	1) Jacki Steyn W52	2) Jane Clouston W60	3) Suzanne Hollis W65	4) Peta Medhurst W54		
	34.89	1:11.91 (37.02)	1:47.99 (36.08)	2:22.77 (34.78)		
					A	
3	ATLANTIS				2:24.71	16
	1) Melissa Beames W35	2) Terry Carter W69	3) Sue Lyons W51	4) Judy Thomas W61		
	35.57	1:21.40 (45.83)	1:52.92 (31.52)	2:24.71 (31.79)		
					A	
4	RYDE				2:55.21	14
	1) Susan Leech W56	2) Helen Rubin W67	3) Barbara Capellini W33	4) Heather Morgan W75		
	35.26	1:39.25 (1:03.99)	2:16.53 (37.28)	2:55.21 (38.68)		

Event 15 Women 240-279 200 LC Metre Freestyle Relay**WORLD: 2:00.75 W 17/03/2018 Rsa****E OTTERMANN, S KRUGER, D COETZEE, C STANFORD****NATIONAL: 2:08.75 N 21/04/2018 Malvern Marlins****A MCNEIL, J JEFFREY, L RODGERS, D BRIGGS**

	A					
1	MALVERN MARLINS				2:14.70	20
	1) Daphne Briggs W57	2) Sue Boekel W65	3) Andrea McNeil W57	4) Leigh Rodgers W64		
	33.71	1:09.54 (35.83)	1:43.05 (33.51)	2:14.70 (31.65)		
					A	
2	CLAREMONT				2:16.36	18
	1) Eleanor Parsons W64	2) Susan Swire-Thompson W65		3) Vivienne Anthony W604)		
	Nicola Corsbie W57					
	33.92	1:08.20 (34.28)	1:45.03 (36.83)	2:16.36 (31.33)		
					A	
3	POWERPOINTS				2:30.38	16
	1) Rachel Versteegen W51	2) Marijke Alderson W72	3) Mary Sontrop W62	4) Rosa Montague W72		
	33.11	1:12.04 (38.93)	1:50.23 (38.19)	2:30.38 (40.15)		

2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 15 Women 240-279 200 LC Metre Freestyle Relay)**

				A				
4	HOBART DOLPHINS				2:42.82		14	
	1) Megan Stronach W67	2) Sharon Smith W59	3) Fiona Redgrove W63	4) Kathryn Osborn W57				
	39.32	1:21.66 (42.34)	2:07.46 (45.80)	2:42.82 (35.36)				
				A				
5	DARWIN STINGERS				2:53.99		12	
	1) Jacinta Stirrat W59	2) Vida Goodvach W64	3) Anne Walker W82	4) Rebecca Mather-Brown W46				
	41.75	1:24.66 (42.91)	2:19.10 (54.44)	2:53.99 (34.89)				

Event 15 Women 280-319 200 LC Metre Freestyle Relay**WORLD: 2:24.42 W 1/08/2018 USA****L VAL, S ARCHER, N RIDOUT, B WHEELER****NATIONAL: 2:37.36 N 19/02/2017 Doncaster Dolp.****M MOORE, D DICKEY, S HARBOTTLE, L SHEEAN**

				A				
1	DONCASTER DOLPHINS				2:37.40		20	
	1) Margie Moore W67	2) Dorothy Dickey W89	3) Susan Harbottle W69	4) Dee Sheffrin W62				
	38.00	1:27.30 (49.30)	2:03.41 (36.11)	2:37.40 (33.99)				
				A				
2	MALVERN MARLINS				2:38.90		18	
	1) Joan Simpson W73	2) Patricia Baker W73	3) Nolene Schofield W65	4) Janette Jeffrey W69				
	45.15	1:26.29 (41.14)	2:06.48 (40.19)	2:38.90 (32.42)				

Event 16 Men 72-99 200 LC Metre Freestyle Relay

				A				
---	SUPERFINS WA				DQ			
	1) James Burt M23	2) Michael Nguyen M27	3) Keith Robinson M22	4) Dylan Broadway M23				
	42.98	1:38.83 (55.85)	2:50.70 (1:11.87)	DQ (32.63)				

Event 16 Men 120-159 200 LC Metre Freestyle Relay**WORLD: 1:32.84 W 8/07/2018 Esp****M BILDOSOLA, I BILDOSOLA, G ZUBIAUR, M DEBA****NATIONAL: 1:39.57 N 12/02/2005 Tattersallsclub****G PETERS, J HARVEY, C FYDLER, P THIEL**

				A				
1	POWERPOINTS				1:44.19		20	
	1) Darius Schultz M27	2) David Hann M35	3) Stephen Cronk M40	4) Mark Thompson M50				
	26.04	52.85 (26.81)	1:18.89 (26.04)	1:44.19 (25.30)				

Event 16 Men 160-199 200 LC Metre Freestyle Relay**WORLD: 1:34.92 W 18/08/2017 Rus****A SHILIN, S MEDVEDEV, A MANZHULA, V PREDKIN****NATIONAL: 1:41.52 N 24/04/2016 Manly Brisbane****A MACLEOD, T ROBINSON, L FORSYTH, C STAAL**

				A				
1	POWERPOINTS				1:46.02		20	
	1) Nigel Fanning M44	2) Brett Davidson M52	3) Bradley McMahon M42	4) Kipp Kaufmann M40				
	26.45	54.19 (27.74)	1:20.20 (26.01)	1:46.02 (25.82)				
				A				
2	SUPERFINS WA				3:14.94		18	
	1) Gregory Black M30	2) Phillip Smith M49	3) Andrew Goldswain M48	4) Nathan Curry M33				
	39.68	1:55.22 (1:15.54)	2:32.98 (37.76)	3:14.94 (41.96)				

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****Event 16 Men 200-239 200 LC Metre Freestyle Relay****WORLD: 1:38.24 W 8/08/2006 USA****J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS****NATIONAL: 1:44.83 N 17/04/2013 North Sydney****G PHILLIPS, J WYNBERG, N MOORES, J KAIN**

A

1	CLAREMONT				1:51.69	20
	1) Paul Blackbeard M61	2) Anthony Dunne M56	3) Graham Croft M71	4) Adam Koprowski M38		
	27.57	56.22 (28.65)	1:25.93 (29.71)	1:51.69 (25.76)		

A

2	ADELAIDE MASTERS				2:02.16	18
	1) Mark Smedley M59	2) James Edwards M56	3) Jim Dennis M50	4) Sam Lehman M42		
	28.93	1:00.87 (31.94)	1:31.48 (30.61)	2:02.16 (30.68)		

A

3	HENLEY BEACH MASTERS				2:10.09	16
	1) Neal Bertram M69	2) John Dundon M57	3) David Bryce M44	4) Stephen Osborne M50		
	43.24	1:13.42 (30.18)	1:41.68 (28.26)	2:10.09 (28.41)		

A

4	BLACKTOWN CITY				2:23.02	14
	1) Stephen Morrissey M68	2) Chris Rust M63	3) Christopher Dixon M59	4) Aaron Cleland M45		
	38.11	1:19.84 (41.73)	1:55.11 (35.27)	2:23.02 (27.91)		

Event 16 Men 240-279 200 LC Metre Freestyle Relay**WORLD: 1:42.40 W 19/08/2016 USA****S WOOD, D MARTIN, T HEDRICK, J GROSELLE****NATIONAL: 1:54.55 N 11/11/2018 Miami****M FITZ-WALTER, D MACKAY, B GREEN, D HURLEY**

A

1	NORTH SHORE				1:58.84	20
	1) Craig Magnusson M54	2) Harry Henderson M69	3) Stuart Ellicott M67	4) Ian McLeod M50		
	28.65	1:00.83 (32.18)	1:30.54 (29.71)	1:58.84 (28.30)		

A

2	MALVERN MARLINS				2:02.91	18
	1) Mark Huggins M58	2) Trevor Skinner M71	3) Gerry Tucker M70	4) Luke Rattigan M49		
	29.37	1:02.76 (33.39)	1:34.85 (32.09)	2:02.91 (28.06)		

A

3	POWERPOINTS				2:15.26	16
	1) Graeme Armstrong M67	2) Alan Denton M61	3) Michael Daly M65	4) Tim Boness M56		
	32.99	1:10.28 (37.29)	1:44.90 (34.62)	2:15.26 (30.36)		

A

4	DONCASTER DOLPHINS				2:28.17	14
	1) Rod Clarke M73	2) Anthony Chenco M63	3) Ewen Templeton M71	4) Robert Patterson M72		
	33.41	1:15.38 (41.97)	1:58.26 (42.88)	2:28.17 (29.91)		

Event 16 Men 280-319 200 LC Metre Freestyle Relay**WORLD: 1:56.91 W 15/08/2014 USA****D QUIGGIN, D PAINTER, K LODWIG, L CHILDS****NATIONAL: 2:04.99 N 21/04/2008 Miami****J CRISP, N DURRANT, K WINTER, D BOYLSON**

A

1	SUTHERLAND SANDBERN				2:17.91	20
	1) Colin Stanford M81	2) Peter Sheean M75	3) Graham Mundy M69	4) Ronald Massaar M59		
	38.63	1:14.93 (36.30)	1:48.56 (33.63)	2:17.91 (29.35)		

A

2	TATTERSALLS CLUB				2:24.64	18
	1) Peter Craig M68	2) Phillip Bartlett M68	3) Peter Joseph M78	4) Howard Roby M67		
	32.98	1:13.43 (40.45)	1:52.94 (39.51)	2:24.64 (31.70)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Thursday****(Event 16 Men 280-319 200 LC Metre Freestyle Relay)**

A

3	ATLANTIS				2:27.63	16
	1) Paul White M57	2) Tubby Ramsay M85	3) Allan Suskin M77	4) Frank Lindsay M66		
		1:19.11 ()	1:57.58 (38.47)	2:27.63 (30.05)		

A

4	MALVERN MARLINS				2:30.39	14
	1) John Cocks M83	2) Peter Balderstone M82	3) John Marshall M73	4) Simon Horan M57		
		1:19.87 ()	1:59.91 (40.04)	2:30.39 (30.48)		

Event 16 Men 320-359 200 LC Metre Freestyle Relay**WORLD: 2:20.89 W 21/07/2003 Jpn****S SHIDA, K NAKAMURA, K SHIRAYAMA, I TAMURA****NATIONAL: 2:38.19 N 14/06/2012 Malvern Marlins****J COCKS, B ATKINSON, G CORONES, T GOODWIN**

A

1	MALVERN MARLINS				3:27.09	20
	1) James Macilwain M84	2) John Stanton M72	3) Patrick Galvin M86	4) Anthony Rebuck M82		
	45.05	1:38.29 (53.24)	2:31.97 (53.68)	3:27.09 (55.12)		