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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 17 Women 18-24 400 LC Metre Freestyle****NATIONAL: 4:37.42 N 27/03/1997 Angela Collett**
Name Age Team**Finals Time****Points**

1	Rebecca Muller	24	ADELAIDE MASTERS		5:10.20	10
	34.39	1:12.68 (38.29)	1:53.16 (40.48)	2:33.42 (40.26)		
	3:13.19 (39.77)	3:52.83 (39.64)	4:32.48 (39.65)	5:10.20 (37.72)		

Event 17 Women 25-29 400 LC Metre Freestyle**WORLD: 4:18.62 W 18/06/2011 Sophie Casson****GBR****NATIONAL: 4:30.54 N 14/03/1992 S. Palmer-White**

1	Rylee Wood	27	WOLLONGONG		6:04.03	10
	41.60	1:27.07 (45.47)	2:14.64 (47.57)	3:01.87 (47.23)		
	3:49.34 (47.47)	4:35.35 (46.01)	5:20.91 (45.56)	6:04.03 (43.12)		

Event 17 Women 30-34 400 LC Metre Freestyle**WORLD: 4:18.63 W 16/07/2011 Dawn Heckman****USA****NATIONAL: 4:27.11 N 17/04/2013 Caroline Saxby**

1	Briny Mcarthur	30	MARION		5:04.77	10
	34.34	1:12.48 (38.14)	1:51.23 (38.75)	2:30.38 (39.15)		
	3:09.89 (39.51)	3:49.08 (39.19)	4:27.27 (38.19)	5:04.77 (37.50)		

2	Jacinta Humphrey	30	POWERPOINTS		5:10.49	9
	34.72	1:13.42 (38.70)	1:52.66 (39.24)	2:32.43 (39.77)		
	3:12.33 (39.90)	3:51.99 (39.66)	4:31.75 (39.76)	5:10.49 (38.74)		

3	Suzie Haddad	34	CAMPBELLTOWN COLLEGIANS		6:02.45	8
	39.32	1:23.24 (43.92)	2:09.49 (46.25)	2:56.53 (47.04)		
	3:43.24 (46.71)	4:30.29 (47.05)	5:17.35 (47.06)	6:02.45 (45.10)		

4	Leonie Andrews	34	BLACKTOWN CITY		6:10.51	7
	39.75	1:23.15 (43.40)	2:09.12 (45.97)	2:56.98 (47.86)		
	3:44.83 (47.85)	4:34.01 (49.18)	5:23.40 (49.39)	6:10.51 (47.11)		

5	Barbara Capellini	33	RYDE		6:15.24	6
	45.02	1:32.44 (47.42)	2:22.10 (49.66)	3:11.24 (49.14)		
	3:58.16 (46.92)	4:44.28 (46.12)	5:31.24 (46.96)	6:15.24 (44.00)		

Event 17 Women 35-39 400 LC Metre Freestyle**WORLD: 4:26.17 W 10/08/1997 K.Pipes-Neilsen****USA****NATIONAL: 4:28.32 N 14/04/2012 Kirsten Cameron**

1	Leila Nazimi	36	HENLEY BEACH MASTERS		4:58.58	10
	35.56	1:14.00 (38.44)	1:51.93 (37.93)	2:29.85 (37.92)		
	3:07.64 (37.79)	3:45.24 (37.60)	4:22.58 (37.34)	4:58.58 (36.00)		

2	Emma Maxwell	36	THE UNIVERSITY OF QUEENSLAND		5:06.74	9
	35.04	1:13.46 (38.42)	1:52.58 (39.12)	2:32.29 (39.71)		
	3:10.79 (38.50)	3:50.14 (39.35)	4:29.08 (38.94)	5:06.74 (37.66)		

3	Lisa Haureliuk	37	TUGGERANONG		5:09.33	8
	33.17	1:10.28 (37.11)	1:49.70 (39.42)	2:29.79 (40.09)		
	3:09.99 (40.20)	3:50.78 (40.79)	4:30.88 (40.10)	5:09.33 (38.45)		

4	Jade Roberts	39	MALVERN MARLINS		6:01.67	7
	40.23	1:25.23 (45.00)	2:11.91 (46.68)	2:57.90 (45.99)		
	3:44.30 (46.40)	4:30.65 (46.35)	5:18.26 (47.61)	6:01.67 (43.41)		

5	Melissa Beames	35	ATLANTIS		7:08.09	6
	44.83	1:36.38 (51.55)	2:29.55 (53.17)	3:24.98 (55.43)		
	4:20.80 (55.82)	5:16.11 (55.31)	6:12.26 (56.15)	7:08.09 (55.83)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Women 35-39 400 LC Metre Freestyle)**

6	Rachel Duggin	39	SUPERFINS WA	8:38.06	5
	59.30	2:02.96 (1:03.66)	3:05.78 (1:02.82)	4:11.42 (1:05.64)	
	5:17.86 (1:06.44)	6:25.09 (1:07.23)	7:30.59 (1:05.50)	8:38.06 (1:07.47)	

Event 17 Women 40-44 400 LC Metre Freestyle**WORLD: 4:22.87 W 13/08/2011 Janet Evans****USA****NATIONAL: 4:30.12 N 17/04/2013 Kirsten Cameron**

1	Kristy Brackstone	40	CLAREMONT	5:02.83	10
	33.37	1:10.19 (36.82)	1:48.23 (38.04)	2:27.02 (38.79)	
	3:05.87 (38.85)	3:45.34 (39.47)	4:24.58 (39.24)	5:02.83 (38.25)	
2	Heather Parker	41	DEVONPORT DEVILS	5:25.14	9
	34.49	1:13.03 (38.54)	1:53.46 (40.43)	2:35.70 (42.24)	
	3:17.94 (42.24)	4:00.96 (43.02)	4:44.07 (43.11)	5:25.14 (41.07)	
3	Kylie Cox	44	THE UNIVERSITY OF QUEENSLAND	5:40.65	8
	36.51	1:17.18 (40.67)	2:00.57 (43.39)	2:44.97 (44.40)	
	3:28.91 (43.94)	4:13.18 (44.27)	4:57.03 (43.85)	5:40.65 (43.62)	
4	Katrina Bennett	42	TOWNSVILLE AQUAHOLICS	6:16.72	7
	41.37	1:28.19 (46.82)	2:16.52 (48.33)	3:04.89 (48.37)	
	3:53.44 (48.55)	4:42.59 (49.15)	5:31.45 (48.86)	6:16.72 (45.27)	
5	Annette Reinli-McMahon	41	AQUADOME OTTERS	6:21.41	6
	42.30	1:29.42 (47.12)	2:17.45 (48.03)	3:07.17 (49.72)	
	3:56.18 (49.01)	4:45.94 (49.76)	5:34.57 (48.63)	6:21.41 (46.84)	
---	Rachel Thorpe	44	TEA TREE GULLY	NS	

Event 17 Women 45-49 400 LC Metre Freestyle**WORLD: 4:35.00 W 4/05/2018 Kirsten Cameron****AUS****NATIONAL: 4:49.86 N 16/06/2012 Pamela Nix**

1	Ingrid van der Wel	45	ROCKINGHAM	4:57.96	10
	33.34	1:10.72 (37.38)	1:49.93 (39.21)	2:28.48 (38.55)	
	3:06.61 (38.13)	3:44.34 (37.73)	4:22.03 (37.69)	4:57.96 (35.93)	
2	Rebecca Mather-Brown	46	DARWIN STINGERS	5:18.68	9
	35.56	1:15.09 (39.53)	1:55.66 (40.57)	2:36.47 (40.81)	
	3:17.23 (40.76)	3:58.44 (41.21)	4:39.45 (41.01)	5:18.68 (39.23)	
3	Helen Ludgate	48	MANLY	5:28.53	8
	36.11	1:16.03 (39.92)	1:57.83 (41.80)	2:40.79 (42.96)	
	3:23.79 (43.00)	4:06.49 (42.70)	4:48.77 (42.28)	5:28.53 (39.76)	
4	Kylie Woods	49	BUSH RANGERS	6:37.94	7
	42.82	1:29.67 (46.85)	2:20.09 (50.42)	3:10.66 (50.57)	
	4:02.80 (52.14)	4:53.64 (50.84)	5:46.52 (52.88)	6:37.94 (51.42)	
5	Lorraine Aw	49	MALVERN MARLINS	7:09.36	6
	49.26	1:43.21 (53.95)	2:39.96 (56.75)	3:34.80 (54.84)	
	4:29.62 (54.82)	5:25.07 (55.45)	6:18.63 (53.56)	7:09.36 (50.73)	
6	Primrose Ritchie	46	DONCASTER DOLPHINS	9:43.71	5
	1:09.05	2:21.24 (1:12.19)	3:36.11 (1:14.87)	4:48.64 (1:12.53)	
		7:19.22 ()	9:43.71 (2:24.49)		
---	Peta Samuels	48	SUTHERLAND SANDBERN	NS	
---	Rachael Keogh	45	GENESIS AQUATICS	NS	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 17 Women 50-54 400 LC Metre Freestyle****WORLD: 4:40.66 W 11/08/2013 Jill Hernandez****USA****NATIONAL: 4:50.37 N 22/03/2008 Jenny Whiteley**

1	Caroline Makin	51	TUGGERANONG	5:26.03	10
	36.15	1:15.97 (39.82)	1:57.61 (41.64)	2:39.77 (42.16)	
	3:22.21 (42.44)	4:04.62 (42.41)	4:46.54 (41.92)	5:26.03 (39.49)	
2	Sharon Beaver	52	ADELAIDE MASTERS	5:26.63	9
	36.67	1:17.24 (40.57)	1:58.86 (41.62)	2:40.55 (41.69)	
	3:22.79 (42.24)	4:05.12 (42.33)	4:46.80 (41.68)	5:26.63 (39.83)	
3	Lesley Potter	53	MAITLAND	5:35.95	8
	39.06	1:21.39 (42.33)	2:03.39 (42.00)	2:45.07 (41.68)	
	3:27.67 (42.60)	4:10.27 (42.60)	4:53.53 (43.26)	5:35.95 (42.42)	
4	Annie Kitto	50	CLAREMONT	5:36.41	7
	38.46	1:20.16 (41.70)	2:03.32 (43.16)	2:46.25 (42.93)	
	3:29.50 (43.25)	4:12.70 (43.20)	5:36.41 (1:23.71)		
5	Sharon Newstead	54	MALVERN MARLINS	5:59.61	6
	40.25	1:25.21 (44.96)	2:11.64 (46.43)	2:57.91 (46.27)	
	3:44.83 (46.92)	4:31.40 (46.57)	5:16.82 (45.42)	5:59.61 (42.79)	
6	Helen Tucker	52	NOARLUNGA	6:01.63	5
	39.07		2:09.07 ()	2:55.65 (46.58)	
	3:42.99 (47.34)		5:17.05 ()	6:01.63 (44.58)	
7	Jacki Steyn	52	THE UNIVERSITY OF QUEENSLAND	6:14.45	4
	39.25	1:23.67 (44.42)	2:11.25 (47.58)	2:59.06 (47.81)	
	3:47.63 (48.57)	4:36.86 (49.23)	5:25.98 (49.12)	6:14.45 (48.47)	
8	Wendy McMurtrie	52	PORT MACQUARIE	6:17.69	3
	42.32	1:28.88 (46.56)	2:17.54 (48.66)	3:05.42 (47.88)	
	3:54.12 (48.70)	4:42.48 (48.36)	5:31.33 (48.85)	6:17.69 (46.36)	
9	Kylee Murray	53	MERRYLANDS	6:24.15	2
	42.06	1:30.80 (48.74)	2:22.16 (51.36)	3:11.90 (49.74)	
	4:02.81 (50.91)	4:51.47 (48.66)	5:40.80 (49.33)	6:24.15 (43.35)	
10	Melissa Cohen	54	MERRYLANDS	7:13.26	1
	47.21	1:39.84 (52.63)	2:35.02 (55.18)	3:31.25 (56.23)	
	4:27.45 (56.20)	5:24.01 (56.56)	6:20.17 (56.16)	7:13.26 (53.09)	
11	Yvonne Egan-Davidson	54	POWERPOINTS	7:24.12	1
	47.49	1:41.99 (54.50)	2:37.84 (55.85)	3:36.64 (58.80)	
	4:33.67 (57.03)	5:32.64 (58.97)	6:29.41 (56.77)	7:24.12 (54.71)	
---	Danielle Spurling	52	MALVERN MARLINS	NS	

Event 17 Women 55-59 400 LC Metre Freestyle**WORLD: 4:43.41 W 10/07/2016 Lynn Marshall****CAN****NATIONAL: 5:02.52 N 4/11/2016 Jenny Whiteley**

1	Joanne Sutcliffe	59	HENLEY BEACH MASTERS	5:09.18	10
	35.06	1:13.71 (38.65)	1:52.44 (38.73)	2:32.52 (40.08)	
	3:11.95 (39.43)	3:51.96 (40.01)	4:31.33 (39.37)	5:09.18 (37.85)	
2	Bridget Young	55	ROCKINGHAM	5:14.33	9
	35.50	1:14.24 (38.74)	1:54.16 (39.92)	2:33.82 (39.66)	
	3:13.96 (40.14)	3:53.84 (39.88)	4:34.48 (40.64)	5:14.33 (39.85)	
3	Nicola Corsbie	57	CLAREMONT	5:18.33	8
	36.75	1:16.12 (39.37)	1:56.74 (40.62)	2:36.91 (40.17)	
	3:17.69 (40.78)	3:58.54 (40.85)	4:39.47 (40.93)	5:18.33 (38.86)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Women 55-59 400 LC Metre Freestyle)**

4	Rhonda O'Donnell	55	NOVOCASTRIAN	5:41.12	7
	39.80	1:22.73 (42.93)	2:04.51 (41.78)	2:47.70 (43.19)	
	3:30.26 (42.56)	4:14.53 (44.27)	4:57.87 (43.34)	5:41.12 (43.25)	
5	Anne Smyth	59	TUGGERANONG	5:44.88	6
	38.77	1:21.74 (42.97)	2:05.53 (43.79)	2:50.04 (44.51)	
	3:33.70 (43.66)	4:18.13 (44.43)	5:02.10 (43.97)	5:44.88 (42.78)	
6	Daphne Briggs	57	MALVERN MARLINS	5:56.00	5
	41.19	1:24.46 (43.27)	2:10.41 (45.95)	2:56.13 (45.72)	
	3:42.13 (46.00)	4:28.83 (46.70)	5:14.75 (45.92)	5:56.00 (41.25)	
7	Michelle Stonehouse	57	BLACKTOWN CITY	6:05.17	4
	39.99	1:25.03 (45.04)	2:12.07 (47.04)	2:59.63 (47.56)	
	3:46.75 (47.12)	4:33.67 (46.92)	5:20.57 (46.90)	6:05.17 (44.60)	
8	Cheryl Chambers	57	HENLEY BEACH MASTERS	6:20.91	3
	41.55	1:29.31 (47.76)	2:18.58 (49.27)	3:08.77 (50.19)	
	3:58.55 (49.78)	4:48.28 (49.73)	5:36.91 (48.63)	6:20.91 (44.00)	
9	Rosemary White	59	HENLEY BEACH MASTERS	6:22.14	2
	44.13	1:31.55 (47.42)	2:19.86 (48.31)	3:08.55 (48.69)	
	3:57.17 (48.62)	4:45.93 (48.76)	5:34.61 (48.68)	6:22.14 (47.53)	
10	Ann Reid	57	TUGGERANONG	6:24.03	1
	43.40	1:30.74 (47.34)	2:19.60 (48.86)	3:08.85 (49.25)	
	3:58.33 (49.48)	4:47.83 (49.50)	5:37.57 (49.74)	6:24.03 (46.46)	
11	Leisa Cass	58	TUGGERANONG	6:36.52	1
	45.07	1:34.35 (49.28)	2:24.61 (50.26)	3:15.84 (51.23)	
	4:06.78 (50.94)	4:57.77 (50.99)	5:48.18 (50.41)	6:36.52 (48.34)	
12	Linda Hogg	57	NOOSA	6:48.70	1
	45.34	1:36.27 (50.93)	2:28.57 (52.30)	3:21.70 (53.13)	
	4:15.08 (53.38)	5:07.21 (52.13)	5:59.88 (52.67)	6:48.70 (48.82)	
13	Janet Nichol	57	MALVERN MARLINS	6:58.45	1
	45.26	1:35.49 (50.23)	2:28.20 (52.71)	3:21.13 (52.93)	
	4:16.87 (55.74)	5:11.45 (54.58)	6:58.45 (1:47.00)		
14	Donna Campbell	57	TUGGERANONG	7:31.27	1
		1:46.61 ()		3:42.96 ()	
	4:42.25 (59.29)	5:39.53 (57.28)	6:37.14 (57.61)	7:31.27 (54.13)	
15	Vickey Gorham	59	BLACKTOWN CITY	7:38.16	1
	52.17	1:49.60 (57.43)	2:48.65 (59.05)	3:48.54 (59.89)	
	4:47.92 (59.38)	5:46.29 (58.37)	6:44.26 (57.97)	7:38.16 (53.90)	
16	Dee Greenwood	55	SURREY PARK SEAHORSES	8:03.58	1
		1:56.77 ()	3:00.58 (1:03.81)	4:00.28 (59.70)	
	5:04.95 (1:04.67)	6:04.12 (59.17)	7:08.02 (1:03.90)	8:03.58 (55.56)	
---	Maja Krzic	56	CANADA	NS	
---	Karen Candler	57	RATS OF TOBRUK	NS	
---	Robyn Falster	59	MARION	NS	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 17 Women 60-64 400 LC Metre Freestyle****WORLD: 4:59.82 W 12/08/2012 Laura Val****USA****NATIONAL: 5:00.30 N 11/11/2018 Jenny Whiteley**

1	Deborah Wareing	63	MARION	5:31.29	10
	37.56	1:18.50 (40.94)	2:00.97 (42.47)	2:43.81 (42.84)	
	3:26.53 (42.72)	4:08.99 (42.46)	4:51.46 (42.47)	5:31.29 (39.83)	
2	Stephanie Jones	64	NOOSA	5:32.08	9
	37.58	1:19.42 (41.84)	2:02.33 (42.91)	2:45.35 (43.02)	
	3:27.75 (42.40)	4:10.57 (42.82)	4:52.58 (42.01)	5:32.08 (39.50)	
3	Leonie O'Connell	63	ADELAIDE MASTERS	5:45.66	8
	40.15	1:22.43 (42.28)	2:06.40 (43.97)	2:50.80 (44.40)	
		4:19.29 ()	5:03.67 (44.38)	5:45.66 (41.99)	
4	Eleanor Parsons	64	CLAREMONT	5:51.48	7
	40.19	1:23.60 (43.41)	2:08.40 (44.80)	2:53.25 (44.85)	
	3:38.13 (44.88)	4:22.99 (44.86)	5:07.71 (44.72)	5:51.48 (43.77)	
5	Gay Bradley	64	COTTON TREE	6:33.73	6
	43.62	1:32.91 (49.29)	2:23.43 (50.52)	3:14.22 (50.79)	
	4:04.66 (50.44)	4:55.29 (50.63)	5:45.64 (50.35)	6:33.73 (48.09)	
6	Helen Morley	61	MIAMI	6:36.82	5
	44.28	1:32.37 (48.09)	2:22.33 (49.96)	3:13.88 (51.55)	
	4:06.09 (52.21)	4:58.54 (52.45)	5:49.03 (50.49)	6:36.82 (47.79)	
7	Vida Goodvach	64	DARWIN STINGERS	7:32.98	4
	48.93	1:46.48 (57.55)	2:43.77 (57.29)	3:44.27 (1:00.50)	
	4:42.13 (57.86)	5:42.35 (1:00.22)	6:39.00 (56.65)	7:32.98 (53.98)	
8	Helen Morris	62	BEATTY PARK	7:39.16	3
	50.34	1:47.51 (57.17)	2:47.87 (1:00.36)	3:48.08 (1:00.21)	
	4:48.12 (1:00.04)	5:47.56 (59.44)	6:45.97 (58.41)	7:39.16 (53.19)	
---	Deanne Atkinson	60	NUDGEE COLLEGE	NS	
---	Lorraine Ramsden	64	MANLY	NS	

Event 17 Women 65-69 400 LC Metre Freestyle**WORLD: 5:18.04 W 15/07/2018 Laura Val****USA****NATIONAL: 5:43.10 N 23/04/2008 Jen Thomasson**

1	Sue Boekel	65	MALVERN MARLINS	6:25.52	10
	43.29	1:31.46 (48.17)	2:21.03 (49.57)	3:11.29 (50.26)	
	4:00.43 (49.14)	4:50.22 (49.79)	5:39.59 (49.37)	6:25.52 (45.93)	
2	Nolene Schofield	65	MALVERN MARLINS	6:32.20	9
	43.39	1:31.19 (47.80)	2:21.49 (50.30)	3:11.80 (50.31)	
	4:03.62 (51.82)	4:53.82 (50.20)	5:44.87 (51.05)	6:32.20 (47.33)	
3	Margie Moore	67	DONCASTER DOLPHINS	6:33.18	8
	44.75	1:33.54 (48.79)	2:25.04 (51.50)	3:16.74 (51.70)	
	4:07.47 (50.73)	4:58.37 (50.90)	5:46.98 (48.61)	6:33.18 (46.20)	
4	Wendy Gordon	66	NOVOCASTRIAN	6:35.64	7
	45.55	1:34.84 (49.29)		3:16.20 ()	
	4:06.84 (50.64)	4:57.91 (51.07)	5:47.75 (49.84)	6:35.64 (47.89)	
5	Catherine Rogers	67	TATTERSALLS CLUB	6:44.13	6
	46.57	1:37.01 (50.44)	2:29.13 (52.12)	3:20.91 (51.78)	
	4:12.23 (51.32)	5:04.29 (52.06)	5:55.26 (50.97)	6:44.13 (48.87)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Women 65-69 400 LC Metre Freestyle)**

6	Jacky Shields	65	NOOSA	7:12.61	5
	46.76	1:41.77 (55.01)	2:38.13 (56.36)	3:33.99 (55.86)	
	4:29.94 (55.95)	5:25.17 (55.23)	6:21.17 (56.00)	7:12.61 (51.44)	
7	Paula Hewett	65	HERVEY BAY	7:23.25	4
	50.37	1:45.45 (55.08)	2:43.00 (57.55)	3:39.12 (56.12)	
	4:36.13 (57.01)	5:33.27 (57.14)	6:30.02 (56.75)	7:23.25 (53.23)	
8	Carol Spencer-Gardner	65	MALVERN MARLINS	7:25.21	3
	52.94	1:47.05 (54.11)	2:42.34 (55.29)	3:37.45 (55.11)	
	4:34.10 (56.65)	5:30.22 (56.12)	6:28.37 (58.15)	7:25.21 (56.84)	
9	Janet Bell	67	AQUADOME OTTERS	7:26.83	2
	50.42	1:45.13 (54.71)	2:41.81 (56.68)	3:38.97 (57.16)	
	4:37.10 (58.13)	5:34.13 (57.03)	6:31.77 (57.64)	7:26.83 (55.06)	
10	Terry Carter	69	ATLANTIS	7:36.98	1
	50.47	1:47.73 (57.26)	2:46.79 (59.06)	3:45.48 (58.69)	
	4:45.08 (59.60)	5:43.89 (58.81)	6:42.17 (58.28)	7:36.98 (54.81)	
11	Heather Croft	67	COCKBURN	8:30.99	1
	57.13	1:59.39 (1:02.26)		4:08.67 ()	
	5:15.01 (1:06.34)	6:19.87 (1:04.86)	7:27.19 (1:07.32)	8:30.99 (1:03.80)	
12	Helen Rubin	67	RYDE	8:58.77	1
	1:03.65	2:12.14 (1:08.49)	3:19.55 (1:07.41)	4:28.58 (1:09.03)	
	5:35.91 (1:07.33)	6:45.64 (1:09.73)	7:52.46 (1:06.82)	8:58.77 (1:06.31)	
13	Pauline Tauschke	65	DARWIN STINGERS	10:01.98	1
	1:08.24	2:24.08 (1:15.84)	3:42.58 (1:18.50)	5:00.32 (1:17.74)	
	6:19.58 (1:19.26)	7:35.57 (1:15.99)	8:53.49 (1:17.92)	10:01.98 (1:08.49)	
14	Alexis Denness	69	MANDURAH	10:03.71	1
	1:09.03	2:22.58 (1:13.55)	3:36.64 (1:14.06)	4:54.09 (1:17.45)	
	6:10.84 (1:16.75)	7:29.63 (1:18.79)	8:47.57 (1:17.94)	10:03.71 (1:16.14)	
15	Sue Johnstone	66	WOLLONGONG	12:03.30	1
	1:25.54	2:56.81 (1:31.27)	4:30.62 (1:33.81)	6:03.15 (1:32.53)	
	7:33.26 (1:30.11)	9:04.12 (1:30.86)	10:34.76 (1:30.64)	12:03.30 (1:28.54)	

Event 17 Women 70-74 400 LC Metre Freestyle**WORLD: 5:54.97 W 18/07/2008 Yoshiko Osaki****JPN****NATIONAL: 5:59.00 N 17/04/2013 Jen Thomasson**

1	Marijke Alderson	72	POWERPOINTS	6:27.13	10
	44.56	1:32.77 (48.21)	2:21.54 (48.77)	3:10.66 (49.12)	
	4:00.42 (49.76)	4:49.80 (49.38)	5:39.66 (49.86)	6:27.13 (47.47)	
2	Tracy Clarkson	70	BRISBANE NORTHSIDE	6:28.57	9
	41.74	1:30.27 (48.53)	2:18.76 (48.49)	3:08.93 (50.17)	
	3:58.77 (49.84)	4:50.31 (51.54)	5:40.65 (50.34)	6:28.57 (47.92)	
3	Rosa Montague	72	POWERPOINTS	6:35.39	8
	45.42	1:35.31 (49.89)	2:25.89 (50.58)	3:16.82 (50.93)	
	4:08.18 (51.36)	4:59.08 (50.90)	5:48.14 (49.06)	6:35.39 (47.25)	
4	Catherine Watmough	70	SURREY PARK SEAHORSES	7:56.31	7
	51.82	1:50.24 (58.42)	2:52.32 (1:02.08)	3:54.32 (1:02.00)	
	4:55.42 (1:01.10)	5:56.92 (1:01.50)	6:58.17 (1:01.25)	7:56.31 (58.14)	
5	Robyn Gillespie	71	DONCASTER DOLPHINS	8:20.63	6
	56.21	1:59.80 (1:03.59)		4:08.73 ()	
			7:19.75 ()	8:20.63 (1:00.88)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Women 70-74 400 LC Metre Freestyle)**

6	Jennifer Mulqueen	73	TEA TREE GULLY	8:37.96	5
	54.37	1:57.00 (1:02.63)	3:02.08 (1:05.08)	4:10.13 (1:08.05)	
	5:17.53 (1:07.40)	6:27.97 (1:10.44)	7:35.21 (1:07.24)	8:37.96 (1:02.75)	
7	Kris Apps	73	TALAYS	9:58.56	4
	1:08.66	2:23.24 (1:14.58)	3:39.31 (1:16.07)	4:54.58 (1:15.27)	
	6:10.69 (1:16.11)	7:27.11 (1:16.42)	8:42.67 (1:15.56)	9:58.56 (1:15.89)	
---	Janice Carlile	72	DONCASTER DOLPHINS	NS	

Event 17 Women 75-79 400 LC Metre Freestyle**WORLD: 6:12.25 W 12/07/2013 Yoshiko Osaki****JPN****NATIONAL: 6:50.97 N 6/08/2010 Denise Robertson**

1	Heather Morgan	75	RYDE	6:30.77 N	10
	44.33	1:32.83 (48.50)	2:23.19 (50.36)	3:13.41 (50.22)	
	4:03.29 (49.88)	4:53.01 (49.72)	5:42.96 (49.95)	6:30.77 (47.81)	
2	Lois Hill	76	NOOSA	7:22.71	9
		1:42.05 ()	2:39.07 (57.02)	3:35.69 (56.62)	
	4:32.01 (56.32)	5:29.33 (57.32)	6:26.35 (57.02)	7:22.71 (56.36)	
3	Joy Page	77	ATLANTIS	7:43.82	8
	48.89	1:46.25 (57.36)	2:46.20 (59.95)	3:45.88 (59.68)	
	4:46.33 (1:00.45)	5:46.68 (1:00.35)	6:46.99 (1:00.31)	7:43.82 (56.83)	
4	Anita Saviane	76	SUTHERLAND SANDBERN	7:57.85	7
	52.56	1:51.09 (58.53)	2:50.68 (59.59)	3:51.89 (1:01.21)	
	4:53.01 (1:01.12)	5:54.58 (1:01.57)	6:55.43 (1:00.85)	7:57.85 (1:02.42)	
5	Erica Mercer	76	ALBANY MASTERS	9:05.75	6
	1:04.06	2:10.51 (1:06.45)	3:21.24 (1:10.73)	4:30.96 (1:09.72)	
	5:43.40 (1:12.44)	6:52.99 (1:09.59)	8:03.54 (1:10.55)	9:05.75 (1:02.21)	

Event 17 Women 80-84 400 LC Metre Freestyle**WORLD: 6:39.90 W 5/05/2012 Jane Asher****GBR****NATIONAL: 7:12.90 N 13/03/2015 Denise Robertson**

1	Anne Walker	82	DARWIN STINGERS	8:40.09	10
	57.27	2:00.56 (1:03.29)	3:05.69 (1:05.13)	4:12.53 (1:06.84)	
	5:20.11 (1:07.58)	6:26.96 (1:06.85)	7:34.99 (1:08.03)	8:40.09 (1:05.10)	
2	Barbara Pearce	82	MARION	10:35.07	9
	1:15.57	2:33.15 (1:17.58)		5:18.68 ()	
	6:45.19 (1:26.51)	8:03.65 (1:18.46)	10:35.07 (2:31.42)		
3	Margaret Jopling	84	PORT MACQUARIE	10:44.68	8
	1:02.65	2:24.02 (1:21.37)	3:47.34 (1:23.32)	5:14.25 (1:26.91)	
	6:36.47 (1:22.22)	8:00.69 (1:24.22)	9:25.17 (1:24.48)	10:44.68 (1:19.51)	

Event 17 Women 85-89 400 LC Metre Freestyle**WORLD: 7:03.60 W 15/10/2016 Jane Asher****GBR****NATIONAL: 8:10.13 N 8/03/2017 Dorothy Dickey**

1	Dorothy Dickey	89	DONCASTER DOLPHINS	8:25.46	10
	54.25	1:56.91 (1:02.66)	3:02.44 (1:05.53)	4:10.80 (1:08.36)	
	5:17.31 (1:06.51)	6:23.16 (1:05.85)	7:28.51 (1:05.35)	8:25.46 (56.95)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 17 Women 90-94 400 LC Metre Freestyle****WORLD: 9:04.93 W 3/08/2008 Rita Simonton****USA****NATIONAL: 9:54.69 N 17/11/2018 Liz Wallis**

1	Georgene McKenzie-Hicks	92	SUTHERLAND SANDBERN	12:16.02	10
	1:15.90	2:42.71 (1:26.81)	4:12.84 (1:30.13)	5:49.08 (1:36.24)	
			10:40.90 ()	12:16.02 (1:35.12)	
2	Marion Beulke	92	FRANKSTON PENINSULA	12:33.86	9
	1:19.18	2:54.59 (1:35.41)	4:33.46 (1:38.87)	6:09.99 (1:36.53)	
	7:48.41 (1:38.42)	9:29.55 (1:41.14)	11:07.95 (1:38.40)	12:33.86 (1:25.91)	

Event 17 Women 95-99 400 LC Metre Freestyle**WORLD: 10:12.49 W 6/08/2016 Maurine Kornfeld****USA**

--- Valerie Lincoln 95 GOSFORD CITY SEAGULLS NS

Event 17 Men 25-29 400 LC Metre Freestyle**WORLD: 4:00.98 W 18/08/2002 Honza Vitazka****USA****NATIONAL: 4:16.48 N 8/03/2017 Darius Schultz**

1	Darius Schultz	27	POWERPOINTS	4:17.95	10
	28.95	1:01.13 (32.18)	1:34.14 (33.01)	2:07.51 (33.37)	
	2:40.59 (33.08)	3:13.73 (33.14)	3:45.99 (32.26)	4:17.95 (31.96)	
*2	Colin Coombs	29	NEW ZEALAND	4:24.47	9
	29.84	1:02.67 (32.83)	1:36.05 (33.38)	2:09.91 (33.86)	
	2:43.79 (33.88)	3:17.87 (34.08)	3:51.76 (33.89)	4:24.47 (32.71)	
*2	Steven Nguyen	29	MERRYLANDS	J4:59.46	9
	32.07	1:07.09 (35.02)	1:44.21 (37.12)	2:22.73 (38.52)	
	3:01.52 (38.79)	3:40.79 (39.27)	4:20.59 (39.80)	4:59.46 (38.87)	

Event 17 Men 30-34 400 LC Metre Freestyle**WORLD: 3:58.12 W 23/07/2016 Darian Townsend****USA****NATIONAL: 3:58.42 N 2/05/2009 Daniel Kowalski**

1	Stuart Anderson	33	MAIDA VALE	5:27.49	10
	36.22	1:16.67 (40.45)	1:58.75 (42.08)	2:40.94 (42.19)	
	3:23.46 (42.52)	4:05.97 (42.51)	4:48.32 (42.35)	5:27.49 (39.17)	
2	Nathan Curry	33	SUPERFINS WA	6:56.49	9
	43.72	1:32.12 (48.40)	2:23.80 (51.68)	3:17.43 (53.63)	
	4:12.66 (55.23)	5:08.23 (55.57)	6:02.71 (54.48)	6:56.49 (53.78)	
3	Gregory Black	30	SUPERFINS WA	9:22.18	8
	50.29	1:50.29 (1:00.00)	2:59.20 (1:08.91)	4:14.78 (1:15.58)	
	5:31.91 (1:17.13)	6:49.20 (1:17.29)	8:06.87 (1:17.67)	9:22.18 (1:15.31)	

Event 17 Men 35-39 400 LC Metre Freestyle**WORLD: 4:05.91 W 10/03/2012 Petar Stoychev****BUL****NATIONAL: 4:12.48 N 12/10/2009 Chris Fydler**

1	Mark Sendeky	37	WETT ONES	4:49.76	10
	31.82	1:06.98 (35.16)	1:43.54 (36.56)	2:20.68 (37.14)	
	2:58.16 (37.48)	3:35.58 (37.42)	4:13.78 (38.20)	4:49.76 (35.98)	
2	David Hann	35	POWERPOINTS	4:55.47	9
	31.79	1:08.68 (36.89)	1:46.06 (37.38)	2:23.95 (37.89)	
	3:01.91 (37.96)	3:40.32 (38.41)	4:18.58 (38.26)	4:55.47 (36.89)	
3	Ace Lewis	39	MARION	5:06.64	8
	32.75	1:10.06 (37.31)	1:48.93 (38.87)	2:28.37 (39.44)	
	3:07.71 (39.34)	3:47.31 (39.60)	4:27.36 (40.05)	5:06.64 (39.28)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Men 35-39 400 LC Metre Freestyle)**

4	Jason Di Paolo	36	ONKAPARINGA	5:10.50	7
	33.27	1:10.55 (37.28)	1:49.55 (39.00)	2:29.95 (40.40)	
	3:10.37 (40.42)	3:51.65 (41.28)	4:31.26 (39.61)	5:10.50 (39.24)	
5	David Millhouse	39	THE UNIVERSITY OF QUEENSLAND	5:30.98	6
	35.52	1:15.13 (39.61)	1:56.99 (41.86)	2:39.88 (42.89)	
	3:22.42 (42.54)	4:06.76 (44.34)	4:50.39 (43.63)	5:30.98 (40.59)	

Event 17 Men 40-44 400 LC Metre Freestyle**WORLD: 4:06.74 W 24/07/2009 Erik Hochstein****USA****NATIONAL: 4:13.65 N 12/10/2009 Mark Thompson**

1	Bradley McMahon	42	POWERPOINTS	4:23.28	10
	29.38	1:01.87 (32.49)	1:34.85 (32.98)	2:08.70 (33.85)	
	2:42.26 (33.56)	3:16.23 (33.97)	3:49.93 (33.70)	4:23.28 (33.35)	
2	Ricky Homan	43	DEVONPORT DEVILS	5:00.28	9
	32.63	1:09.56 (36.93)	1:47.19 (37.63)	2:25.68 (38.49)	
	3:04.26 (38.58)	3:43.19 (38.93)	4:22.63 (39.44)	5:00.28 (37.65)	
3	Christopher Velliaris	44	WESTERN DISTRICTS	5:02.26	8
	33.88	1:11.64 (37.76)	1:50.19 (38.55)	2:29.34 (39.15)	
	3:08.16 (38.82)	3:47.30 (39.14)	4:25.34 (38.04)	5:02.26 (36.92)	
4	Stuart Leaver	43	SWAN HILLS	6:21.99	7
	40.50	1:26.33 (45.83)	2:14.91 (48.58)	3:04.10 (49.19)	
	3:54.67 (50.57)	4:45.49 (50.82)	5:36.65 (51.16)	6:21.99 (45.34)	
---	Stuart MacKay	44	PENRITH	NS	
---	Kipp Kaufmann	40	POWERPOINTS	NS	

Event 17 Men 45-49 400 LC Metre Freestyle**WORLD: 4:11.07 W 9/08/2009 Keith Switzer****USA****NATIONAL: 4:17.21 N 26/04/2014 Mark Thompson**

1	Aaron Cleland	45	BLACKTOWN CITY	4:34.59	10
	31.21	1:04.88 (33.67)	1:39.43 (34.55)	2:14.39 (34.96)	
		3:24.35 ()	4:00.30 (35.95)	4:34.59 (34.29)	
*2	Robert Wood	47	UNITED KINGDOM	4:48.75	9
	32.57	1:09.34 (36.77)	1:45.81 (36.47)	2:23.65 (37.84)	
	3:01.09 (37.44)	3:38.87 (37.78)	4:14.52 (35.65)	4:48.75 (34.23)	
*2	James Watson	45	SEASIDE PIRATES	J5:06.27	9
	33.63	1:11.74 (38.11)	1:51.21 (39.47)	2:30.64 (39.43)	
	3:10.81 (40.17)	3:50.24 (39.43)	4:30.00 (39.76)	5:06.27 (36.27)	
3	Luke Rattigan	49	MALVERN MARLINS	J5:11.76	8
	36.52	1:16.58 (40.06)	1:56.85 (40.27)	2:37.03 (40.18)	
	3:16.38 (39.35)	3:54.71 (38.33)	4:34.04 (39.33)	5:11.76 (37.72)	
4	Tony Burt	49	MALVERN MARLINS	J5:28.76	7
	36.19	1:16.64 (40.45)	1:58.81 (42.17)	2:41.97 (43.16)	
	3:23.78 (41.81)	4:06.77 (42.99)	4:48.56 (41.79)	5:28.76 (40.20)	
5	Peter Howes	48	SWIMLAND	J6:08.89	6
	39.99	1:25.83 (45.84)	2:12.61 (46.78)	3:00.51 (47.90)	
	3:47.92 (47.41)	4:34.93 (47.01)	5:22.78 (47.85)	6:08.89 (46.11)	
6	Phillip Smith	49	SUPERFINS WA	J10:33.48	5
	1:12.35	2:32.38 (1:20.03)	3:49.29 (1:16.91)	5:09.31 (1:20.02)	
	6:25.56 (1:16.25)	7:48.92 (1:23.36)	9:08.65 (1:19.73)	10:33.48 (1:24.83)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 17 Men 50-54 400 LC Metre Freestyle****WORLD: 4:15.93 W 4/08/2017 Nicolas Granger****USA****NATIONAL: 4:24.41 N 23/04/2008 Francis Christian**

1	Mark Thompson	50	POWERPOINTS	4:24.98	10
	29.66	1:01.89 (32.23)	1:35.07 (33.18)	2:08.50 (33.43)	
	2:42.59 (34.09)	3:17.02 (34.43)	3:51.41 (34.39)	4:24.98 (33.57)	
2	John McKaig	50	LONG TAN LEGENDS	4:46.75	9
	31.76	1:06.92 (35.16)	1:42.90 (35.98)	2:19.51 (36.61)	
	2:56.60 (37.09)	3:33.68 (37.08)	4:11.29 (37.61)	4:46.75 (35.46)	
3	Stephen Osborne	50	HENLEY BEACH MASTERS	4:51.25	8
	33.77	1:10.23 (36.46)	1:46.84 (36.61)	2:24.19 (37.35)	
	3:01.29 (37.10)	3:38.46 (37.17)	4:15.25 (36.79)	4:51.25 (36.00)	
4	Brett Davidson	52	POWERPOINTS	5:16.81	7
	35.21	1:14.18 (38.97)	1:53.39 (39.21)	2:34.36 (40.97)	
	3:14.41 (40.05)	3:56.04 (41.63)	4:36.65 (40.61)	5:16.81 (40.16)	
5	Mark Scullard	50	SEASIDE PIRATES	5:18.21	6
	36.30	1:16.43 (40.13)	1:57.38 (40.95)	2:39.10 (41.72)	
	3:19.58 (40.48)	4:00.23 (40.65)	4:40.04 (39.81)	5:18.21 (38.17)	
6	John Tweedy	52	RIVER CITY RAPIDS	5:24.72	5
	35.09	1:13.74 (38.65)	1:54.61 (40.87)	2:35.72 (41.11)	
	3:18.10 (42.38)	3:59.86 (41.76)	4:43.64 (43.78)	5:24.72 (41.08)	
7	Simon McCormack	53	ATLANTIS	5:47.02	4
	38.17	1:19.78 (41.61)	2:04.32 (44.54)	2:48.70 (44.38)	
	3:33.95 (45.25)	4:18.75 (44.80)	5:03.98 (45.23)	5:47.02 (43.04)	
8	Dale McDiarmid	50	TEA TREE GULLY	5:52.25	3
	39.66	1:24.18 (44.52)	2:10.11 (45.93)	2:55.66 (45.55)	
	3:42.29 (46.63)	4:27.20 (44.91)	5:12.44 (45.24)	5:52.25 (39.81)	
9	James Wheeler	51	CLARENCE RIVER	5:56.15	2
	40.93	1:25.07 (44.14)	2:12.06 (46.99)	2:58.21 (46.15)	
	3:44.52 (46.31)	4:28.74 (44.22)	5:13.78 (45.04)	5:56.15 (42.37)	
---	Paul Edwards	52	COFFS HARBOUR	NS	
---	Ian Wilson	54	MERRYLANDS	NS	

Event 17 Men 55-59 400 LC Metre Freestyle**WORLD: 4:22.49 W 25/07/2009 Michael Mann****USA****NATIONAL: 4:36.39 N 23/04/2016 Paul Blackbeard**

*1	Richard Lockhart	56	NEW ZEALAND	4:53.56	10
	33.67	1:10.08 (36.41)	1:47.52 (37.44)	2:25.06 (37.54)	
	3:02.20 (37.14)	3:39.64 (37.44)	4:17.16 (37.52)	4:53.56 (36.40)	
*1	Jon Hawton	55	SEASIDE PIRATES	J4:58.38	10
	32.71	1:09.55 (36.84)	1:47.11 (37.56)	2:26.07 (38.96)	
	3:04.21 (38.14)	3:42.95 (38.74)	4:20.85 (37.90)	4:58.38 (37.53)	
2	Tim Boness	56	POWERPOINTS	J5:00.21	9
	34.12	1:12.19 (38.07)	1:51.29 (39.10)	2:30.00 (38.71)	
	3:08.81 (38.81)	3:47.03 (38.22)	4:24.74 (37.71)	5:00.21 (35.47)	
3	Allan Samuels	55	SUTHERLAND SANDBERN	J5:11.15	8
	34.41	1:14.00 (39.59)	1:53.63 (39.63)	2:33.92 (40.29)	
	3:14.03 (40.11)	3:54.59 (40.56)	4:34.10 (39.51)	5:11.15 (37.05)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Men 55-59 400 LC Metre Freestyle)**

4	Nigel Dalton	55	NORTH MACKAY SINKERS	J5:20.67	7
	35.74	1:14.78 (39.04)	1:55.14 (40.36)	2:36.54 (41.40)	
	3:17.05 (40.51)	3:58.59 (41.54)	4:40.67 (42.08)	5:20.67 (40.00)	
5	Paul White	57	ATLANTIS	J5:21.84	6
	35.37	1:15.07 (39.70)	1:55.75 (40.68)	2:37.44 (41.69)	
	3:18.93 (41.49)	4:00.91 (41.98)	4:42.13 (41.22)	5:21.84 (39.71)	
6	Mark Huggins	58	MALVERN MARLINS	J5:39.30	5
	37.64	1:19.66 (42.02)	2:03.30 (43.64)	2:47.72 (44.42)	
	3:30.96 (43.24)	4:15.08 (44.12)	4:58.18 (43.10)	5:39.30 (41.12)	
7	James Edwards	56	ADELAIDE MASTERS	J5:46.35	4
	37.34	1:17.99 (40.65)	2:00.85 (42.86)	2:44.73 (43.88)	
	3:29.72 (44.99)	4:15.45 (45.73)	5:01.32 (45.87)	5:46.35 (45.03)	
8	Peter Mannolini	59	CLAREMONT	J5:53.57	3
	41.18	1:26.06 (44.88)	2:11.76 (45.70)	2:58.54 (46.78)	
	3:43.90 (45.36)	4:29.00 (45.10)	5:13.77 (44.77)	5:53.57 (39.80)	
9	Andrew McCrindell	56	RYDE	J5:59.47	2
	39.87	1:23.97 (44.10)	2:09.84 (45.87)	2:56.64 (46.80)	
	3:43.01 (46.37)	4:30.72 (47.71)	5:17.11 (46.39)	5:59.47 (42.36)	
10	Richard Hughes	57	CLAREMONT	J6:10.68	1
	40.17	1:25.66 (45.49)	2:13.06 (47.40)	3:01.07 (48.01)	
	3:49.43 (48.36)	4:38.56 (49.13)	5:26.89 (48.33)	6:10.68 (43.79)	
11	Ben McHenry	57	TEA TREE GULLY	J6:16.70	1
	39.97	1:24.99 (45.02)	3:52.47 (2:27.48)	3:01.82 ()	
		4:42.74 ()	6:16.70 (1:33.96)		
12	Andrew Smith	55	MARION	J7:39.00	1
	44.07	1:35.87 (51.80)	2:33.93 (58.06)	3:34.15 (1:00.22)	
	4:36.46 (1:02.31)	5:43.09 (1:06.63)	6:46.62 (1:03.53)	7:39.00 (52.38)	
---	Gerald Treiman	59	UNITED STATES	NS	
---	Christopher Dixon	59	BLACKTOWN CITY	NS	

Event 17 Men 60-64 400 LC Metre Freestyle**WORLD: 4:36.85 W 4/08/2017 Dan Stephenson****USA****NATIONAL: 4:48.25 N 23/04/2008 Graham Croft**

1	Paul Blackbeard	61	CLAREMONT	4:37.35 N	10
	31.80	1:06.20 (34.40)	1:40.96 (34.76)	2:16.37 (35.41)	
	2:51.50 (35.13)	3:26.98 (35.48)	4:02.42 (35.44)	4:37.35 (34.93)	
2	Grant Simpson	63	HENLEY BEACH MASTERS	5:07.58	9
		1:14.87 ()		2:33.25 ()	
		3:51.42 ()	5:07.58 (1:16.16)		
3	Hobe Horton	62	MIAMI	5:27.21	8
	36.03	1:16.53 (40.50)	1:58.48 (41.95)	2:40.40 (41.92)	
	3:22.91 (42.51)	4:05.36 (42.45)	4:47.95 (42.59)	5:27.21 (39.26)	
4	John Barrett	61	RATS OF TOBRUK	5:47.38	7
	40.36	1:23.70 (43.34)	2:08.24 (44.54)	2:52.01 (43.77)	
	3:36.60 (44.59)	4:20.68 (44.08)	5:05.27 (44.59)	5:47.38 (42.11)	
5	Jeff Morris	60	BEATTY PARK	6:21.71	6
	41.81	1:29.76 (47.95)	2:19.64 (49.88)		
	3:58.76 ()		5:37.14 ()	6:21.71 (44.57)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Men 60-64 400 LC Metre Freestyle)**

6	Anthony Chenco	63	DONCASTER DOLPHINS	6:57.99	5
	47.99	1:40.69 (52.70)	2:33.01 (52.32)	3:27.68 (54.67)	
	4:19.46 (51.78)	5:13.69 (54.23)	6:05.58 (51.89)	6:57.99 (52.41)	
7	Chris Rust	63	BLACKTOWN CITY	7:43.95	4
	47.61	1:43.17 (55.56)	2:43.44 (1:00.27)	3:44.46 (1:01.02)	
	4:46.86 (1:02.40)	5:46.27 (59.41)	6:47.18 (1:00.91)	7:43.95 (56.77)	
8	Peter Wheeler	60	ONKAPARINGA	9:07.94	3
	57.98	2:04.81 (1:06.83)	3:14.75 (1:09.94)	4:25.57 (1:10.82)	
	5:36.88 (1:11.31)	6:49.60 (1:12.72)	8:02.56 (1:12.96)	9:07.94 (1:05.38)	
---	Craig Smith	63	GENESIS AQUATICS	NS	
---	Robert Butcher	61	POWERPOINTS	NS	

Event 17 Men 65-69 400 LC Metre Freestyle**WORLD: 4:37.70 W 4/08/2017 Rick Colella****USA****NATIONAL: 5:06.98 N 9/04/2017 Ian Young**

1	Ian Young	67	MARION	5:22.12	10
	37.03	1:16.73 (39.70)	1:57.88 (41.15)	2:39.10 (41.22)	
	3:20.06 (40.96)		4:41.95 ()	5:22.12 (40.17)	
2	Maciej Slugocki	67	THE HOBART AQUATIC CENTRE	5:28.33	9
	37.82	1:18.52 (40.70)	2:00.52 (42.00)	2:41.16 (40.64)	
	3:23.13 (41.97)	4:04.38 (41.25)	5:28.33 (1:23.95)		
3	Philip Tyrell	67	THE HOBART AQUATIC CENTRE	5:35.33	8
	37.58	1:18.66 (41.08)	2:00.48 (41.82)	2:43.42 (42.94)	
	3:26.13 (42.71)	4:09.61 (43.48)	4:52.94 (43.33)	5:35.33 (42.39)	
4	Thomas Taylor	68	WARRINGAH	5:35.34	7
	37.35	1:17.92 (40.57)	1:59.82 (41.90)	2:42.67 (42.85)	
	3:26.13 (43.46)	4:10.05 (43.92)	4:53.97 (43.92)	5:35.34 (41.37)	
5	Stuart Ellicott	67	NORTH SHORE	5:39.62	6
	37.76	1:19.58 (41.82)	2:03.70 (44.12)	2:47.86 (44.16)	
	3:33.16 (45.30)	4:17.31 (44.15)	5:00.25 (42.94)	5:39.62 (39.37)	
6	Don Taylor	69	TOOWOOMBA TADPOLES	5:54.08	5
	38.14	1:21.67 (43.53)	2:06.41 (44.74)	2:52.33 (45.92)	
	3:37.57 (45.24)	4:23.86 (46.29)	5:10.64 (46.78)	5:54.08 (43.44)	
7	Peter Craig	68	TATTERSALLS CLUB	5:59.74	4
	39.61	1:24.22 (44.61)	2:10.55 (46.33)	2:56.92 (46.37)	
	3:43.76 (46.84)	4:30.66 (46.90)	5:17.67 (47.01)	5:59.74 (42.07)	
8	Clive Robinson	65	EMF GOLD COAST	6:16.10	3
	44.07	1:31.14 (47.07)	2:20.16 (49.02)	3:08.55 (48.39)	
	3:57.46 (48.91)	4:45.64 (48.18)	5:32.65 (47.01)	6:16.10 (43.45)	
9	Charles Croft	69	COCKBURN	6:59.85	2
	44.81	1:36.56 (51.75)	2:31.30 (54.74)	3:25.46 (54.16)	
	4:20.53 (55.07)	5:15.70 (55.17)	6:09.45 (53.75)	6:59.85 (50.40)	
10	Michael Daly	65	POWERPOINTS	7:01.52	1
	48.10	1:42.07 (53.97)	2:37.12 (55.05)	3:30.96 (53.84)	
	4:24.65 (53.69)	5:18.00 (53.35)	6:10.30 (52.30)	7:01.52 (51.22)	
11	Peter Kell	66	WOLLONGONG	7:05.80	1
	45.61	1:37.09 (51.48)	2:31.16 (54.07)	3:25.65 (54.49)	
	4:20.44 (54.79)	5:15.94 (55.50)	6:12.41 (56.47)	7:05.80 (53.39)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Men 65-69 400 LC Metre Freestyle)**

12	Alan Burgess	68	RYDE	7:22.01	1
	48.19	1:41.91 (53.72)	2:39.82 (57.91)	3:36.36 (56.54)	
	4:33.45 (57.09)	5:31.89 (58.44)	6:29.29 (57.40)	7:22.01 (52.72)	
13	Russell Mcleod	69	CAMPBELLTOWN COLLEGIANS	7:30.13	1
	47.37	1:42.11 (54.74)	2:40.33 (58.22)	3:38.83 (58.50)	
	4:39.89 (1:01.06)	5:40.04 (1:00.15)	6:41.29 (1:01.25)	7:30.13 (48.84)	
14	Neal Bertram	69	HENLEY BEACH MASTERS	10:39.81	1
	1:00.28	2:14.69 (1:14.41)	3:41.58 (1:26.89)	5:06.47 (1:24.89)	
	6:32.82 (1:26.35)	7:58.97 (1:26.15)	9:25.14 (1:26.17)	10:39.81 (1:14.67)	
---	Hans Tracksdorf	68	GISBORNE THUNDER	NS	

Event 17 Men 70-74 400 LC Metre Freestyle**WORLD: 5:03.56 W 4/08/2018 Dan Kirkland****USA****NATIONAL: 5:24.85 N 25/02/2006 John Crisp**

1	Graham Croft	71	CLAREMONT	5:33.57	10
	37.13	1:18.81 (41.68)	2:02.12 (43.31)	2:45.42 (43.30)	
	3:29.08 (43.66)	4:12.67 (43.59)	4:55.12 (42.45)	5:33.57 (38.45)	
2	Gerry Tucker	70	MALVERN MARLINS	5:40.78	9
	38.38	1:21.27 (42.89)	2:05.20 (43.93)	2:49.40 (44.20)	
	3:33.78 (44.38)	4:18.10 (44.32)	5:01.38 (43.28)	5:40.78 (39.40)	
3	John Gamlen	72	TEA TREE GULLY	6:31.85	8
	42.25	1:28.25 (46.00)	2:18.37 (50.12)	3:08.91 (50.54)	
	4:00.66 (51.75)	4:51.32 (50.66)	5:43.67 (52.35)	6:31.85 (48.18)	
4	Peter Lord	72	SURREY PARK SEAHORSES	6:44.58	7
	44.24	1:35.88 (51.64)	2:28.91 (53.03)	3:22.13 (53.22)	
	4:13.35 (51.22)	5:05.41 (52.06)	5:55.48 (50.07)	6:44.58 (49.10)	
5	Ewen Templeton	71	DONCASTER DOLPHINS	7:45.82	6
	52.44	1:50.66 (58.22)	2:50.36 (59.70)	3:49.31 (58.95)	
	4:49.36 (1:00.05)	5:48.81 (59.45)	6:48.85 (1:00.04)	7:45.82 (56.97)	
6	Lindsay Risk	72	CAMPBELLTOWN COLLEGIANS	8:13.31	5
	51.60	1:53.56 (1:01.96)	2:58.78 (1:05.22)	4:02.81 (1:04.03)	
	5:07.42 (1:04.61)	6:10.60 (1:03.18)	7:12.75 (1:02.15)	8:13.31 (1:00.56)	

Event 17 Men 75-79 400 LC Metre Freestyle**WORLD: 5:17.77 W 7/03/2009 David Radcliff****USA****NATIONAL: 5:51.36 N 20/08/2017 John Richards**

1	John Richards	77	POWERPOINTS	5:56.98	10
	39.05	1:22.05 (43.00)	2:07.51 (45.46)	2:52.87 (45.36)	
	3:39.15 (46.28)	4:25.13 (45.98)	5:11.56 (46.43)	5:56.98 (45.42)	
2	Tony Forman	75	THE HOBART AQUATIC CENTRE	6:21.64	9
	40.50	1:29.07 (48.57)	2:18.44 (49.37)	3:08.34 (49.90)	
	3:57.73 (49.39)	4:46.97 (49.24)	5:36.07 (49.10)	6:21.64 (45.57)	
3	David Davies	75	CARINE	6:33.43	8
	43.40	1:32.19 (48.79)	2:22.94 (50.75)	3:13.21 (50.27)	
	4:04.16 (50.95)	4:54.47 (50.31)	5:45.17 (50.70)	6:33.43 (48.26)	
4	Les McNeill	76	NEW ZEALAND	7:22.13	7
	46.46	1:40.56 (54.10)	2:37.45 (56.89)	3:35.93 (58.48)	
	4:34.07 (58.14)	5:31.81 (57.74)	6:30.69 (58.88)	7:22.13 (51.44)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 17 Men 75-79 400 LC Metre Freestyle)**

5	Robert Magin	75	DARWIN STINGERS	8:17.11	6
	56.47	1:59.08 (1:02.61)	3:02.65 (1:03.57)	4:06.76 (1:04.11)	
	5:10.76 (1:04.00)	6:14.80 (1:04.04)	7:17.65 (1:02.85)	8:17.11 (59.46)	
6	Geoff Robinson	79	NORTH MACKAY SINKERS	8:29.11	5
	57.40	1:59.59 (1:02.19)	3:05.25 (1:05.66)	4:09.65 (1:04.40)	
	5:16.05 (1:06.40)	6:21.83 (1:05.78)	7:27.90 (1:06.07)	8:29.11 (1:01.21)	
7	Helmut Klein	78	CLARENCE RIVER	9:36.37	4
	1:08.82	2:25.80 (1:16.98)		4:54.70 ()	
	6:08.84 (1:14.14)		8:31.55 ()	9:36.37 (1:04.82)	
---	Graham Campbell	75	WARRINGAH	NS	
---	Laurance Brett	75	ATLANTIS	NS	

Event 17 Men 80-84 400 LC Metre Freestyle**WORLD: 5:45.21 W 23/08/2015 David Radcliff****USA****NATIONAL: 6:33.71 N 23/04/2008 Rod Baker**

1	Colin Stanford	81	SUTHERLAND SANDBERN	7:41.24	10
	47.17	1:42.10 (54.93)	2:41.66 (59.56)	3:42.77 (1:01.11)	
	4:44.16 (1:01.39)	5:45.37 (1:01.21)	6:46.38 (1:01.01)	7:41.24 (54.86)	
2	John Pugh	81	LAUNCESTON LEMMINGS	9:00.73	9
	1:01.44	2:09.94 (1:08.50)		4:28.93 ()	
		6:48.50 ()	7:58.55 (1:10.05)	9:00.73 (1:02.18)	
3	James Macilwain	84	MALVERN MARLINS	9:04.75	8
	54.61	2:00.51 (1:05.90)	3:10.73 (1:10.22)	4:21.69 (1:10.96)	
	5:33.18 (1:11.49)	6:46.15 (1:12.97)	7:58.92 (1:12.77)	9:04.75 (1:05.83)	

Event 17 Men 85-89 400 LC Metre Freestyle**WORLD: 6:38.87 W 26/06/2016 Graham Johnston****USA****NATIONAL: 7:02.33 N 17/04/2013 Rod Baker**

1	Tubby Ramsay	85	ATLANTIS	8:24.66	10
		2:02.75 ()		4:15.45 ()	
	5:20.81 (1:05.36)	6:26.86 (1:06.05)	7:29.23 (1:02.37)	8:24.66 (55.43)	
2	Peter Couttie	89	MALVERN MARLINS	11:32.18	9
	1:19.12	2:53.18 (1:34.06)	4:23.93 (1:30.75)	5:53.03 (1:29.10)	
	7:21.03 (1:28.00)	8:48.37 (1:27.34)	10:14.02 (1:25.65)	11:32.18 (1:18.16)	

Event 18 Women 18-24 50 LC Metre Backstroke**NATIONAL: 31.85 N 8/03/2017 Ayako Takimoto**

1	Kimberley Vidura	23	HENLEY BEACH MASTERS	33.57	10
2	Stephanie Neville	23	SUPERFINS WA	52.83	9

Event 18 Women 25-29 50 LC Metre Backstroke**WORLD: 28.39 W 2/08/2018 Emi Moronuki****USA****NATIONAL: 31.04 N 20/08/2017 Aleisha Barnes**

1	Jackie Fraser	25	POWERPOINTS	40.93	10
2	Connie Gorham	26	BLACKTOWN CITY	42.66	9
3	Rylee Wood	27	WOLLONGONG	47.79	8
4	Carys Munks	25	SUPERFINS WA	1:06.90	7

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5	Courtney Marano	29	SUPERFINS WA	1:18.70	6
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Event 18 Women 30-34 50 LC Metre Backstroke

WORLD:	28.57	W	7/08/2012	Noriko Inada	USA
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NATIONAL:	32.25	N	23/02/2013	Belinda Nevell	
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1	Alison Sakurovs	34	MERRYLANDS	38.35	10
2	Suzie Haddad	34	CAMPBELLTOWN COLLEGIANS	47.04	9

Event 18 Women 35-39 50 LC Metre Backstroke

WORLD:	28.63	W	18/08/2016	Noriko Inada	USA
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NATIONAL:	33.01	N	10/10/2002	Helen Whitford	
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1	Caroline Saxby	36	THE UNIVERSITY OF QUEENSLAND	32.81 N	10
2	Lisa Haureliuk	37	TUGGERANONG	35.89	9
3	Fiona Koutas	39	NOARLUNGA	41.48	8
4	Jade Roberts	39	MALVERN MARLINS	42.80	7
5	Melissa Beames	35	ATLANTIS	43.50	6
6	Nicole Patterson	36	SUPERFINS WA	47.14	5
7	Dianne Saunders	35	SUPERFINS WA	52.97	4
8	Mischa Beckett	36	SUPERFINS WA	1:09.61	3

Event 18 Women 40-44 50 LC Metre Backstroke

WORLD:	29.62	W	2/08/2018	Noriko Inada	USA
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NATIONAL:	32.15	N	21/04/2008	Helen Whitford	
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*1	Alesha Keeler	42	NEW ZEALAND	J35.39	10
*1	Kristy Brackstone	40	CLAREMONT	J35.74	10
2	Nicky Kerr	44	MALVERN MARLINS	J38.29	9
3	Michelle Hallit	40	NORTH SYDNEY	J38.62	8
4	Kylie Cox	44	THE UNIVERSITY OF QUEENSLAND	J39.30	7
5	Katrina Bennett	42	TOWNSVILLE AQUAHOLICS	J45.69	6

Event 18 Women 45-49 50 LC Metre Backstroke

WORLD:	31.02	W	18/08/2016	Cindy Mabee	CAN
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NATIONAL:	32.85	N	9/04/2011	Jennie Bucknell	
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1	Cindy Nicholls	45	POWERPOINTS	33.52	10
*2	Shelley Rowland	48	NEW ZEALAND	34.46	8 50
*2	Ingrid van der Wel	45	ROCKINGHAM	J37.48	9
3	Madelyn-Anne Ring	46	POWERPOINTS	J38.11	8
4	Helen Ludgate	48	MANLY	J40.19	7
5	Rachael Keogh	45	GENESIS AQUATICS	J40.40	6
6	Kylie Woods	49	BUSH RANGERS	J44.13	5

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(Event 18 Women 45-49 400 LC Metre Freestyle)

7	Primrose Ritchie	46	DONCASTER DOLPHINS	J1:13.05	4
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Event 18 Women 50-54 50 LC Metre Backstroke

WORLD:	32.02	W	26/06/2015	Marie Fuzzati	FRA
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NATIONAL:	33.79	N	4/11/2016	Jennie Bucknell	
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1	Caroline Makin	51	TUGGERANONG	39.09	10
2	Katrina Burgess	52	TUGGERANONG	39.45	9
3	Sharon Beaver	52	ADELAIDE MASTERS	39.50	8
4	Jane Somes	50	CLAREMONT	41.56	7
5	Kylee Murray	53	MERRYLANDS	46.26	6
---	Danielle Spurling	52	MALVERN MARLINS	NS	

Event 18 Women 55-59 50 LC Metre Backstroke

WORLD:	31.99	W	2/08/2018	Holly Green Blair	USA
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NATIONAL:	35.88	N	9/04/2017	Joanne Sutcliffe	
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1	Joanne Sutcliffe	59	HENLEY BEACH MASTERS	36.25	10
2	Andrea McNeil	57	MALVERN MARLINS	38.59	9
3	Meryl Churchill	56	RATS OF TOBRUK	42.53	8
4	Kathryn Osborn	57	HOBART DOLPHINS	43.88	7
5	Jacinta Stirrat	59	DARWIN STINGERS	47.95	6
6	Lana Walkerden	56	COTTON TREE	48.26	5
7	Eimear Muir-Cochrane	57	WESTERN DISTRICTS	49.08	4
8	Cheryl Chambers	57	HENLEY BEACH MASTERS	51.15	3
9	Donna Campbell	57	TUGGERANONG	51.73	2
10	Susan Leech	56	RYDE	1:01.66	1
11	Vickey Gorham	59	BLACKTOWN CITY	1:04.89	1
---	Leisa Cass	58	TUGGERANONG	NS	

Event 18 Women 60-64 50 LC Metre Backstroke

WORLD:	33.86	W	9/08/2015	Laura Val	USA
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NATIONAL:	35.63	N	21/04/2016	Leigh Rodgers	
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1	Leigh Rodgers	64	MALVERN MARLINS	37.08	10
2	Judy Thomas	61	ATLANTIS	37.46	9
3	Deanne Atkinson	60	NUDGEE COLLEGE	40.83	8
4	Deborah Wareing	63	MARION	41.96	7
5	Vivienne Anthony	60	CLAREMONT	43.13	6
6	Gay Bradley	64	COTTON TREE	47.79	5
7	Anthea Barnfield	62	COFFS HARBOUR	51.57	4

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 18 Women 60-64 50 LC Metre Backstroke)**

8	Helen Morris	62	BEATTY PARK	52.72	3
9	Kerry McDonald	62	RYDE	53.59	2

Event 18 Women 65-69 50 LC Metre Backstroke**WORLD: 33.59 W 2/08/2018 Laura Val****USA****NATIONAL: 37.38 N 13/10/2009 Clary Munns**

1	Susan Swire-Thompson	65	CLAREMONT	38.45	10
2	Janette Jeffrey	69	MALVERN MARLINS	40.53	9
3	Suzanne Hollis	65	THE UNIVERSITY OF QUEENSLAND	41.85	8
4	Carol Spencer-Gardner	65	MALVERN MARLINS	47.79	7
5	Megan Stronach	67	HOBART DOLPHINS	48.07	6
6	Terry Carter	69	ATLANTIS	51.73	5
7	Jacky Shields	65	NOOSA	51.97	4
8	Pauline Tauschke	65	DARWIN STINGERS	1:05.63	3
9	Alexis Denness	69	MANDURAH	1:10.05	2
10	Marilyn Kell	69	WOLLONGONG	1:29.83	1
11	Sue Johnstone	66	WOLLONGONG	1:31.34	1
---	Dawn Gledhill	69	MANLY	NS	
---	Ann-Maree Lynch	65	CLAREMONT	NS	

Event 18 Women 70-74 50 LC Metre Backstroke**WORLD: 38.69 W 24/10/2015 Margit Ohlsson****SWE****NATIONAL: 39.05 N 8/04/2017 Clary Munns**

1	Tracy Clarkson	70	BRISBANE NORTHSIDE	43.51	10
2	Patricia Baker	73	MALVERN MARLINS	49.22	9
3	Rosa Montague	72	POWERPOINTS	50.32	8
4	Catherine Watmough	70	SURREY PARK SEAHORSES	53.91	7
5	Joan Simpson	73	MALVERN MARLINS	54.60	6
6	Adele Goalder	74	TEA TREE GULLY	1:02.76	5
7	Joan Bratton	73	GINNINDERRA MASTERS	1:03.67	4
8	Judy Vowles	70	MARION	1:03.71	3
9	Sue Reinker	70	BLACKTOWN CITY	1:09.68	2
10	Lyn Lillecrapp	74	AQUADOME OTTERS	1:11.34	1
11	Jill Winter	72	NOARLUNGA	1:11.83	1
12	Shirley Gionfriddo	73	DONCASTER DOLPHINS	1:21.06	1
13	Patricia O'Brien-Price	70	DARWIN STINGERS	2:10.00	1

2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 18 Women 75-79 50 LC Metre Backstroke****WORLD: 40.56 W 24/09/2017 Satoko Takeuji****JPN****NATIONAL: 42.40 N 19/01/2019 Clary Munns**

1	Lois Hill	76 NOOSA	49.61	10
2	Lindy Salter	75 MIAMI	50.94	9
3	Erica Mercer	76 ALBANY MASTERS	1:05.03	8

Event 18 Women 80-84 50 LC Metre Backstroke**WORLD: 45.67 W 16/07/2018 Yoshiko Osaki****JPN****NATIONAL: 46.14 N 21/04/2018 Helen Bird**

1	Alice Kinnaird	83 FRANKSTON PENINSULA	52.32	10
2	Margaret Jopling	84 PORT MACQUARIE	1:00.25	9
3	Barbara Pearce	82 MARION	1:04.83	8
4	Anne Walker	82 DARWIN STINGERS	1:08.88	7
5	Mary Heath	80 BEATTY PARK	1:20.68	6

Event 18 Women 85-89 50 LC Metre Backstroke**WORLD: 50.08 W 2/04/2016 Jane Asher****GBR****NATIONAL: 55.13 N 9/02/2019 Dorothy Dickey**

1	Lois Dennington	85 FRANKSTON PENINSULA	1:01.11	10
2	Jan Finn	85 RAYMOND TERRACE	1:01.94	9
3	Dorothy Dickey	89 DONCASTER DOLPHINS	1:06.91	8
4	Bobbie Lea	86 DARWIN STINGERS	1:25.16	7
---	Margaret Armstrong	86 NOARLUNGA	NS	

Event 18 Women 90-94 50 LC Metre Backstroke**WORLD: 56.89 W 4/08/2017 Betty Lorenzi****USA****NATIONAL: 1:06.71 N 8/04/2017 Liz Wallis**

1	Marion Beulke	92 FRANKSTON PENINSULA	1:30.64	10
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Event 18 Men 18-24 50 LC Metre Backstroke**NATIONAL: 27.54 N 3/11/2002 Paul Nicholson**

1	Dylan Broadway	23 SUPERFINS WA	47.62	10
2	James Burt	23 SUPERFINS WA	49.43	9
3	Keith Robinson	22 SUPERFINS WA	1:06.41	8

Event 18 Men 25-29 50 LC Metre Backstroke**WORLD: 25.44 W 3/04/2016 Anton Butymov****RUS****NATIONAL: 28.30 N 4/11/2016 Jason Lucht**

1	Michael Morton	27 FREMANTLE MASTERS	31.62	10
2	Michael Nguyen	27 SUPERFINS WA	58.30	9

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 18 Men 30-34 50 LC Metre Backstroke****WORLD: 25.97 W 6/08/2016 Darian Townsend USA****NATIONAL: 26.52 N 21/04/2016 D. Blackburn**

1	Thomas Bloomfield	30	NORTH SYDNEY	31.59	10
2	Stuart Anderson	33	MAIDA VALE	38.61	9
3	Gregory Black	30	SUPERFINS WA	54.26	8
4	Nathan Curry	33	SUPERFINS WA	59.17	7

Event 18 Men 35-39 50 LC Metre Backstroke**WORLD: 26.43 W 20/08/2017 Ryan Pini PNG****NATIONAL: 27.99 N 20/08/2017 Daniel Jones**

1	Adam Koprowski	38	CLAREMONT	30.86	10
2	Mark Sendeky	37	WETT ONES	31.42	9
3	Jason Di Paolo	36	ONKAPARINGA	34.07	8
4	Ace Lewis	39	MARION	36.32	7

Event 18 Men 40-44 50 LC Metre Backstroke**WORLD: 27.27 W 18/08/2017 Aleksandr Shilin RUS****NATIONAL: 28.08 N 23/04/2008 Tom Stachewicz**

1	Kipp Kaufmann	40	POWERPOINTS	31.16	10
2	Dean Shard	43	POWERPOINTS	31.69	9
3	Stuart MacKay	44	PENRITH	32.28	8
4	Christopher Velliaris	44	WESTERN DISTRICTS	34.21	7

Event 18 Men 45-49 50 LC Metre Backstroke**WORLD: 27.67 W 20/08/2017 Serkan Atasay TUR****NATIONAL: 29.13 N 8/04/2017 Ian Jeffery**

1	Aaron Cleland	45	BLACKTOWN CITY	31.26	10
2	Brent Walker	48	THE HOBART AQUATIC CENTRE	31.50	9
3	James Watson	45	SEASIDE PIRATES	31.81	8
4	Mark Preiss	47	AQUADOME OTTERS	32.13	7
5	Tristan Herbert	47	TEA TREE GULLY	36.51	6
6	Peter Howes	48	SWIMLAND	37.34	5
7	Tony Burt	49	MALVERN MARLINS	38.42	4
8	Luke Rattigan	49	MALVERN MARLINS	41.88	3
9	Andrew Goldswain	48	SUPERFINS WA	54.01	2
10	Phillip Smith	49	SUPERFINS WA	1:20.96	1

Event 18 Men 50-54 50 LC Metre Backstroke**WORLD: 28.58 W 14/07/2018 Rick Gould USA****NATIONAL: 30.89 N 25/02/2018 Martin Banks**

1	Martin Banks	51	THE UNIVERSITY OF QUEENSLAND	31.60	10
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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019
Results - Friday

(Event 18 Men 50-54 50 LC Metre Backstroke)

2	Michael Carp	50	MELBOURNE H20	32.60	9
3	John McKaig	50	LONG TAN LEGENDS	33.49	8
4	John Tweedy	52	RIVER CITY RAPIDS	35.33	7
5	Ian McLeod	50	NORTH SHORE	36.11	6
6	Mark Scullard	50	SEASIDE PIRATES	39.75	5
7	Dale McDiarmid	50	TEA TREE GULLY	40.91	4
8	Ian Williams	53	ROCKINGHAM	49.60	3
---	Simon McCormack	53	ATLANTIS	NS	

Event 18 Men 55-59 50 LC Metre Backstroke

WORLD: 29.03 W 20/08/2016 Steve Wood

USA

NATIONAL: 32.38 N 21/04/2008 John March

1	Jon Hawton	55	SEASIDE PIRATES	31.61 N	10
2	Mark Smedley	59	ADELAIDE MASTERS	33.61	9
3	Nigel Dalton	55	NORTH MACKAY SINKERS	35.13	8
4	Darryl Flukes	58	SURREY PARK SEAHORSES	41.24	7
5	Peter Mannolini	59	CLAREMONT	43.95	6
6	Mark Huggins	58	MALVERN MARLINS	46.42	5
7	Andrew McCrindell	56	RYDE	49.32	4
8	Andrew Smith	55	MARION	54.13	3

Event 18 Men 60-64 50 LC Metre Backstroke

WORLD: 30.63 W 2/08/2018 Andre Steynberg

USA

NATIONAL: 33.19 N 2/08/2015 Philipp Djang

1	Stephen Thompson	60	SUTHERLAND SANDBERN	36.47	10
2	Grant Simpson	63	HENLEY BEACH MASTERS	37.97	9
3	Jeff Morris	60	BEATTY PARK	40.51	8
4	Mark Hepple	64	HILLS	42.90	7
5	Chris Rust	63	BLACKTOWN CITY	48.85	6
6	Craig Smith	63	GENESIS AQUATICS	55.22	5
7	Peter Wheeler	60	ONKAPARINGA	1:04.22	4

Event 18 Men 65-69 50 LC Metre Backstroke

WORLD: 30.95 W 7/07/2012 Hugh Wilder

USA

NATIONAL: 35.44 N 25/08/2018 Graeme Armstrong

1	Graeme Armstrong	67	POWERPOINTS	34.83 N	10
2	Frank Lindsay	66	ATLANTIS	34.87	9
3	Ross Holden	69	BARBARIANS	36.77	8

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 18 Men 65-69 50 LC Metre Backstroke)**

4	Stuart Ellicott	67	NORTH SHORE	40.44	7
5	Stephen Morrissey	68	BLACKTOWN CITY	42.24	6
6	Russell Mcleod	69	CAMPBELLTOWN COLLEGIANS	46.08	5
7	Graham Mundy	69	SUTHERLAND SANDBERN	48.03	4
8	Keith Clark	66	COCKBURN	48.89	3
9	Alan Burgess	68	RYDE	50.14	2
10	Phillip Bartlett	68	TATTERSALLS CLUB	57.64	1
11	John Towers	69	LAUNCESTON LEMMINGS	1:14.04	1
---	Clive Robinson	65	EMF GOLD COAST	NS	
---	Lance Morgan	65	BRISBANE SOUTHSIDE	NS	
---	John Macgregor	66	NOVOCASTRIAN	NS	

Event 18 Men 70-74 50 LC Metre Backstroke**WORLD: 33.58 W 4/08/2017 Hugh Wilder****USA****NATIONAL: 37.47 N 17/04/2013 George Green**

1	Stephen Lamy	70	MANLY	37.47 N	10
2	Rod Clarke	73	DONCASTER DOLPHINS	41.72	9
3	Robert Patterson	72	DONCASTER DOLPHINS	41.95	8
4	John Gamlen	72	TEA TREE GULLY	48.46	7
5	Peter Lord	72	SURREY PARK SEAHORSES	49.14	6
6	John Stanton	72	MALVERN MARLINS	53.26	5
7	Lindsay Risk	72	CAMPBELLTOWN COLLEGIANS	57.17	4
8	Neil Ludvigsen	72	DARWIN STINGERS	1:03.82	3

Event 18 Men 75-79 50 LC Metre Backstroke**WORLD: 34.45 W 2/08/2018 Richard Burns****USA****NATIONAL: 39.35 N 20/03/2015 Gary Nicholls**

1	Tony Forman	75	THE HOBART AQUATIC CENTRE	45.14	10
2	Richard Fox	76	CLAREMONT	47.09	9
3	Laurance Brett	75	ATLANTIS	47.78	8
4	Allan Suskin	77	ATLANTIS	49.24	7
5	Helmut Klein	78	CLARENCE RIVER	57.86	6
6	Robert Magin	75	DARWIN STINGERS	58.24	5
7	David Salter	77	MIAMI	1:02.72	4
8	James Ross	75	NEW ZEALAND	1:17.30	3
---	Graham Campbell	75	WARRINGAH	NS	

2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019
Results - Friday

(Event 18 Men 75-79 50 LC Metre Backstroke)

--- Bob Evans 76 MARYBOROUGH NS

Event 18 Men 80-84 50 LC Metre Backstroke

WORLD: 38.15 W 28/04/2013 S.Sekikawa JPN

NATIONAL: 44.57 N 20/03/2016 John Cocks

1	Darryl Hawkes	80	MARION	57.18	10
2	Colin Stanford	81	SUTHERLAND SANDBERN	59.77	9
3	James Macilwain	84	MALVERN MARLINS	1:14.02	8
---	Ron Watkins	80	TUGGERANONG	NS	
---	John Pugh	81	LAUNCESTON LEMMINGS	NS	

Event 18 Men 85-89 50 LC Metre Backstroke

WORLD: 39.89 W 18/07/2008 Keiji Nakamura JPN

NATIONAL: 47.30 N 7/04/2013 Rod Baker

1	Patrick Galvin	86	MALVERN MARLINS	52.95	10
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Event 18 Men 90-94 50 LC Metre Backstroke

WORLD: 46.82 W 17/07/2006 Goro Kobayashi JPN

NATIONAL: 58.31 N 21/04/2018 Charles Renner

1	China Johnson	91	COTTON TREE	1:01.46	10
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Event 19 Women 25-29 200 LC Metre Butterfly

WORLD: 2:15.02 W 20/05/2017 Hannah Saiz USA

NATIONAL: 2:18.69 N 13/03/1992 S. Palmer-White

1	Rylee Wood	27	WOLLONGONG	3:35.31	10
	47.24	1:43.88 (56.64)	2:42.85 (58.97)	3:35.31 (52.46)	

Event 19 Women 30-34 200 LC Metre Butterfly

WORLD: 2:13.60 W 7/05/2006 Mette Jacobsen DEN

NATIONAL: 2:23.39 N 30/04/2011 L. D. Carvalho

--- Alison Sakurovs 34 MERRYLANDS NS

Event 19 Women 35-39 200 LC Metre Butterfly

WORLD: 2:20.21 W 10/08/1997 K.Pipes-Neilsen USA

NATIONAL: 2:26.77 N 22/04/2016 L. D. Carvalho

1	Leila Nazimi	36	HENLEY BEACH MASTERS	2:48.22	10
	38.70	1:20.52 (41.82)	2:48.22 (1:27.70)		
2	Cherie Savin	37	ROCKINGHAM	4:04.07	9
	55.87	2:01.35 (1:05.48)	3:05.41 (1:04.06)	4:04.07 (58.66)	

Event 19 Women 45-49 200 LC Metre Butterfly

WORLD: 2:24.34 W 20/06/2009 K.Pipes-Neilsen USA

NATIONAL: 2:32.59 N 17/01/2009 S. Palmer-White

1	Peta Samuels	48	SUTHERLAND SANDBERN	3:14.59	10
	41.92	1:32.61 (50.69)	2:24.79 (52.18)	3:14.59 (49.80)	
2	Patricia Burton	49	CLAREMONT	3:39.63	9
	48.56	1:42.52 (53.96)	2:41.52 (59.00)	3:39.63 (58.11)	

2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 19 Women 50-54 200 LC Metre Butterfly****WORLD: 2:31.55 W 18/08/2001 Laura Val****USA****NATIONAL: 2:36.81 N 2/08/2015 S. Palmer-White**

1	Sharon Beaver	52	ADELAIDE MASTERS	3:08.80	10
	42.77	1:31.13 (48.36)	2:20.62 (49.49)	3:08.80 (48.18)	
2	Wendy McMurtrie	52	PORT MACQUARIE	3:31.43	9
	46.73	1:43.13 (56.40)	2:38.53 (55.40)	3:31.43 (52.90)	

Event 19 Women 55-59 200 LC Metre Butterfly**WORLD: 2:37.99 W 21/02/2016 Lynn Marshall****CAN****NATIONAL: 2:35.47 N 3/02/2019 S. Palmer-White**

1	Stephanie Palmer-White	55	ADELAIDE MASTERS	2:36.49 W	10
	36.46	1:16.37 (39.91)	1:56.73 (40.36)	2:36.49 (39.76)	
2	Bridget Young	55	ROCKINGHAM	3:09.55	9
	41.75	1:29.76 (48.01)	2:19.24 (49.48)	3:09.55 (50.31)	
3	Anne Smyth	59	TUGGERANONG	3:33.05	8
	46.45	1:41.12 (54.67)	2:37.44 (56.32)	3:33.05 (55.61)	
4	Meryl Churchill	56	RATS OF TOBRUK	3:45.37	7
	50.42	1:49.79 (59.37)	2:47.43 (57.64)	3:45.37 (57.94)	
5	Ann Reid	57	TUGGERANONG	4:18.55	6
	56.29	2:03.29 (1:07.00)	3:15.03 (1:11.74)	4:18.55 (1:03.52)	
---	Jacinta Stirrat	59	DARWIN STINGERS	NS	

Event 19 Women 60-64 200 LC Metre Butterfly**WORLD: 2:41.03 W 6/08/2011 Laura Val****USA****NATIONAL: 3:27.22 N 5/08/2010 Marilyn Earp**

1	Helen Morley	61	MIAMI	3:49.12	10
	50.57	1:47.82 (57.25)	2:50.08 (1:02.26)	3:49.12 (59.04)	
2	Vivienne Anthony	60	CLAREMONT	3:53.70	9
	50.67	1:53.20 (1:02.53)	2:55.21 (1:02.01)	3:53.70 (58.49)	
3	Therese Crollick	62	TRINITY LISMORE	4:08.43	8
	53.15	1:57.82 (1:04.67)	3:02.66 (1:04.84)	4:08.43 (1:05.77)	
4	Penelope O'Shea	62	AQUADOME OTTERS	4:51.84	7
	1:02.01	2:16.69 (1:14.68)	3:34.45 (1:17.76)	4:51.84 (1:17.39)	

Event 19 Women 65-69 200 LC Metre Butterfly**WORLD: 3:06.83 W 3/08/2018 Laura Vaca****MEX****NATIONAL: 3:33.88 N 27/04/2017 Marilyn Earp**

1	Suzanne Hollis	65	THE UNIVERSITY OF QUEENSLAND	3:42.98	10
	48.35	1:43.44 (55.09)	2:43.72 (1:00.28)	3:42.98 (59.26)	
2	Dawn Gledhill	69	MANLY	4:05.92	9
	49.27	1:51.75 (1:02.48)	2:59.16 (1:07.41)	4:05.92 (1:06.76)	
3	Paula Hewett	65	HERVEY BAY	5:01.51	8
	1:04.05	2:20.80 (1:16.75)	3:41.20 (1:20.40)	5:01.51 (1:20.31)	
4	Helen Rubin	67	RYDE	5:37.37	7
	1:25.15	2:50.58 (1:25.43)	4:17.47 (1:26.89)	5:37.37 (1:19.90)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 19 Men 25-29 200 LC Metre Butterfly****WORLD: 2:03.26 W 23/04/2008 Satoshi Toratani****JPN****NATIONAL: 2:10.66 N 25/01/1998 Brent Walker**

1	Darius Schultz	27	POWERPOINTS	2:17.54	10
	30.36	1:05.46 (35.10)	1:41.88 (36.42)	2:17.54 (35.66)	
2	Colin Coombs	29	NEW ZEALAND	2:22.29	9
	30.87	1:07.11 (36.24)	1:45.36 (38.25)	2:22.29 (36.93)	

Event 19 Men 35-39 200 LC Metre Butterfly**WORLD: 2:04.76 W 1/08/2015 Brent Creager****USA****NATIONAL: 2:17.36 N 21/04/2018 Nicola Fraschini**

1	Jeremy Walker	36	MALVERN MARLINS	2:49.98	10
	33.78	1:14.56 (40.78)	1:58.67 (44.11)	2:49.98 (51.31)	
---	Nathan Poll	35	CLAREMONT	NS	

Event 19 Men 40-44 200 LC Metre Butterfly**WORLD: 2:05.55 W 11/07/2004 Dennis Baker****USA****NATIONAL: 2:14.82 N 30/04/2011 Mark Thompson**

1	Stuart MacKay	44	PENRITH	2:25.29	10
	31.61	1:07.84 (36.23)	1:46.52 (38.68)	2:25.29 (38.77)	
2	Ricky Homan	43	DEVONPORT DEVILS	2:57.40	9
	34.55	1:17.84 (43.29)	2:05.83 (47.99)	2:57.40 (51.57)	
3	David Bryce	44	HENLEY BEACH MASTERS	3:21.47	8
	41.16	1:31.10 (49.94)	2:25.50 (54.40)	3:21.47 (55.97)	

Event 19 Men 45-49 200 LC Metre Butterfly**WORLD: 2:06.94 W 9/08/2006 Dennis Baker****USA****NATIONAL: 2:21.01 N 30/03/2002 Francis Christian**

1	Peter Howes	48	SWIMLAND	3:41.72	10
	49.68	1:46.70 (57.02)	2:46.76 (1:00.06)	3:41.72 (54.96)	

Event 19 Men 50-54 200 LC Metre Butterfly**WORLD: 2:13.36 W 7/11/2010 Marcus Mattioli****BRA****NATIONAL: 2:19.16 N 22/04/2008 Francis Christian**

1	Paul Edwards	52	COFFS HARBOUR	3:18.06	10
	47.99	1:42.19 (54.20)	2:39.76 (57.57)	3:18.06 (38.30)	

Event 19 Men 55-59 200 LC Metre Butterfly**WORLD: 2:16.78 W 15/08/2015 Marcus Mattioli****BRA****NATIONAL: 2:26.76 N 26/05/2013 Paul Blackbeard**

1	Tim Boness	56	POWERPOINTS	2:37.36	10
	35.06	1:17.01 (41.95)	2:00.52 (43.51)	2:37.36 (36.84)	
2	Mark Smedley	59	ADELAIDE MASTERS	2:54.29	9
	39.98	1:24.69 (44.71)	2:08.61 (43.92)	2:54.29 (45.68)	
3	Jon Hawton	55	SEASIDE PIRATES	2:57.90	8
	38.84	1:24.59 (45.75)	2:12.51 (47.92)	2:57.90 (45.39)	
4	Darryl Flukes	58	SURREY PARK SEAHORSES	3:22.34	7
	45.41	1:36.41 (51.00)	2:33.33 (56.92)	3:22.34 (49.01)	
5	Andrew Smith	55	MARION	6:00.36	6
	1:03.58	2:29.12 (1:25.54)	4:13.75 (1:44.63)	6:00.36 (1:46.61)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 19 Men 55-59 200 LC Metre Butterfly)**

---	Christopher Dixon	59	BLACKTOWN CITY			NS
---	Gerald Treiman	59	UNITED STATES			NS
---	Lindsay Wiland	57	MANDURAH			NS

Event 19 Men 60-64 200 LC Metre Butterfly**WORLD: 2:23.52 W 4/05/2018 Hugo Bregman NED****NATIONAL: 2:44.65 N 7/04/2013 Ian Young**

1	Hobe Horton	62	MIAMI			3:08.36	10
	39.35	1:29.96 (50.61)	2:20.64 (50.68)	3:08.36 (47.72)			
2	Stephen Thompson	60	SUTHERLAND SANDBERN			3:25.28	9
	43.70	1:38.63 (54.93)	2:34.21 (55.58)	3:25.28 (51.07)			
---	Rod Laurie	61	VICTORIAN MASTERS			DQ	
	Movement of the legs / feet not simultaneous						
	37.13	1:21.82 (44.69)	2:08.52 (46.70)	DQ (44.77)			
---	Stewart Galliford	61	NOARLUNGA			NS	

Event 19 Men 65-69 200 LC Metre Butterfly**WORLD: 2:33.40 W 12/06/2016 Lawrence Day USA****NATIONAL: 2:56.66 N 27/05/2018 Ian Young**

1	Maciej Slugocki	67	THE HOBART AQUATIC CENTRE			3:21.68	10
	47.27	1:39.80 (52.53)	2:31.70 (51.90)	3:21.68 (49.98)			
2	Michael Daly	65	POWERPOINTS			3:39.57	9
	49.20	1:45.80 (56.60)	2:47.07 (1:01.27)	3:39.57 (52.50)			
3	Don Taylor	69	TOOWOOMBA TADPOLES			3:49.78	8
	48.38	1:47.88 (59.50)	2:50.49 (1:02.61)	3:49.78 (59.29)			
4	Graham Mundy	69	SUTHERLAND SANDBERN			4:20.38	7
---	Ian Young	67	MARION			NS	

Event 19 Men 75-79 200 LC Metre Butterfly**WORLD: 3:11.38 W 28/04/2018 Rudolf Smerda CZE****NATIONAL: 4:00.02 N 6/11/2008 Patrick Galvin**

---	James Ross	75	NEW ZEALAND			NS
---	Peter Sheean	75	SUTHERLAND SANDBERN			NS

Event 19 Men 80-84 200 LC Metre Butterfly**WORLD: 3:31.42 W 22/06/2011 Giulio Divano ITA****NATIONAL: 4:11.21 N 19/01/2019 John Cocks**

1	John Cocks	83	MALVERN MARLINS			3:57.83 N	10
	51.75	1:52.50 (1:00.75)	2:54.16 (1:01.66)	3:57.83 (1:03.67)			

Event 20 Women 18-24 100 LC Metre Freestyle**NATIONAL: 59.52 N 14/04/2012 C. Margrison**

1	Kimberley Vidura	23	HENLEY BEACH MASTERS			1:02.80	10
	30.38	1:02.80 (32.42)					
2	Stephanie Neville	23	SUPERFINS WA			1:39.23	9
	48.77	1:39.23 (50.46)					

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 20 Women 25-29 100 LC Metre Freestyle****WORLD: 56.96 W 11/08/2015 Emma Gage****GBR****NATIONAL: 58.18 N 21/04/2016 Nadine Jones**

1	Jackie Fraser	25	POWERPOINTS	1:12.49	10
	34.69	1:12.49	(37.80)		
2	Connie Gorham	26	BLACKTOWN CITY	1:14.07	9
	35.14	1:14.07	(38.93)		
3	Courtney Marano	29	SUPERFINS WA	2:09.90	8
	56.22	2:09.90	(1:13.68)		

Event 20 Women 30-34 100 LC Metre Freestyle**WORLD: 55.24 W 11/07/2009 Erika Erndl****USA****NATIONAL: 59.99 N 30/04/2011 Carolyn Gorrick**

1	Sally Hunter	34	MARION	1:01.42	10
	29.34	1:01.42	(32.08)		
2	Alison Sakurovs	34	MERRYLANDS	1:04.84	9
	30.96	1:04.84	(33.88)		
3	Jacinta Humphrey	30	POWERPOINTS	1:07.04	8
	31.59	1:07.04	(35.45)		
4	Briny Mcarthur	30	MARION	1:08.54	7
	32.31	1:08.54	(36.23)		
5	Leonie Andrews	34	BLACKTOWN CITY	1:18.37	6
	37.15	1:18.37	(41.22)		
6	Suzie Haddad	34	CAMPBELLTOWN COLLEGIANS	1:20.22	5
	38.16	1:20.22	(42.06)		

Event 20 Women 35-39 100 LC Metre Freestyle**WORLD: 58.09 W 9/07/2016 Erika Erndl****USA****NATIONAL: 59.92 N 18/04/2008 Lynne Hayes**

1	Caroline Saxby	36	THE UNIVERSITY OF QUEENSLAND	1:01.25	10
	29.54	1:01.25	(31.71)		
2	Amber Philpot	35	NORTH SYDNEY	1:07.08	9
	32.09	1:07.08	(34.99)		
3	Lisa Haureliuk	37	TUGGERANONG	1:07.40	8
	32.16	1:07.40	(35.24)		
4	Karen Williams	35	ROCKINGHAM	1:09.07	7
	33.14	1:09.07	(35.93)		
5	Emma Maxwell	36	THE UNIVERSITY OF QUEENSLAND	1:09.27	6
	32.76	1:09.27	(36.51)		
6	Fiona Koutas	39	NOARLUNGA	1:15.45	5
	34.28	1:15.45	(41.17)		
7	Jade Roberts	39	MALVERN MARLINS	1:16.17	4
	36.03	1:16.17	(40.14)		
8	Nicole Patterson	36	SUPERFINS WA	1:25.07	3
	40.44	1:25.07	(44.63)		
9	Melissa Beames	35	ATLANTIS	1:29.33	2
	40.95	1:29.33	(48.38)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Women 35-39 100 LC Metre Freestyle)**

10	Dianne Saunders	35	SUPERFINS WA	1:47.03	1
	50.54		1:47.03 (56.49)		
11	Rachel Duggin	39	SUPERFINS WA	2:02.13	1
	57.36		2:02.13 (1:04.77)		
12	Mischa Beckett	36	SUPERFINS WA	2:07.72	1
	56.19		2:07.72 (1:11.53)		

Event 20 Women 40-44 100 LC Metre Freestyle**WORLD: 58.04 W 8/06/2013 Erika Braun****USA****NATIONAL: 1:01.40 N 1/05/2009 Jennie Bucknell**

1	Kristy Brackstone	40	CLAREMONT	1:06.05	10
	31.81		1:06.05 (34.24)		
*2	Alesha Keeler	42	NEW ZEALAND	1:06.50	9
	31.78		1:06.50 (34.72)		
*2	Nicky Kerr	44	MALVERN MARLINS	J1:07.85	9
	32.65		1:07.85 (35.20)		
3	Heather Parker	41	DEVONPORT DEVILS	J1:08.87	8
	32.73		1:08.87 (36.14)		
4	Kim Wellington	43	HENLEY BEACH MASTERS	J1:10.14	7
	33.71		1:10.14 (36.43)		
5	Kylie Cox	44	THE UNIVERSITY OF QUEENSLAND	J1:12.86	6
	34.20		1:12.86 (38.66)		
6	Michelle Hallit	40	NORTH SYDNEY	J1:13.23	5
	33.86		1:13.23 (39.37)		
7	Katrina Bennett	42	TOWNSVILLE AQUAHOLICS	J1:20.78	4
	38.22		1:20.78 (42.56)		
8	Annette Reinli-McMahon	41	AQUADOME OTTERS	J1:26.03	3
	40.35		1:26.03 (45.68)		

Event 20 Women 45-49 100 LC Metre Freestyle**WORLD: 57.40 W 8/08/2015 Melanie Thomas****USA****NATIONAL: 1:00.78 N 30/04/2011 Jennie Bucknell**

1	Cindy Nicholls	45	POWERPOINTS	1:05.05	10
	31.27		1:05.05 (33.78)		
*2	Shelley Rowland	48	NEW ZEALAND	1:05.74	9
	31.84		1:05.74 (33.90)		
*2	Ingrid van der Wel	45	ROCKINGHAM	J1:06.09	9
	32.43		1:06.09 (33.66)		
3	Madelyn-Anne Ring	46	POWERPOINTS	J1:08.80	8
	33.61		1:08.80 (35.19)		
4	Rebecca Mather-Brown	46	DARWIN STINGERS	J1:11.34	7
	34.37		1:11.34 (36.97)		
5	Kylie Woods	49	BUSH RANGERS	J1:23.63	6
	39.74		1:23.63 (43.89)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Women 45-49 100 LC Metre Freestyle)**

6	Lorraine Aw	49	MALVERN MARLINS	J1:30.36	5
	44.30		1:30.36 (46.06)		
7	Primrose Ritchie	46	DONCASTER DOLPHINS	J2:12.38	4
	1:05.36		2:12.38 (1:07.02)		
---	Peta Samuels	48	SUTHERLAND SANDBERN	NS	
---	Helen Ludgate	48	MANLY	NS	

Event 20 Women 50-54 100 LC Metre Freestyle**WORLD: 1:00.42 W 27/06/2015 Marie Fuzzati****FRA****NATIONAL: 1:01.71 N 4/11/2016 Jennie Bucknell**

1	Sue Lyons	51	ATLANTIS	1:08.32	10
	32.19		1:08.32 (36.13)		
2	Christina Scolaro	51	THE UNIVERSITY OF QUEENSLAND	1:09.51	9
	33.22		1:09.51 (36.29)		
3	Lesley Potter	53	MAITLAND	1:11.80	8
	33.74		1:11.80 (38.06)		
4	Caroline Makin	51	TUGGERANONG	1:12.07	7
5	Rachel Versteegen	51	POWERPOINTS	1:12.92	6
	35.08		1:12.92 (37.84)		
6	Katrina Burgess	52	TUGGERANONG	1:13.06	5
	34.14		1:13.06 (38.92)		
7	Annie Kitto	50	CLAREMONT	1:13.14	4
	35.61		1:13.14 (37.53)		
8	Jacki Steyn	52	THE UNIVERSITY OF QUEENSLAND	1:17.20	3
	37.04		1:17.20 (40.16)		
9	Sharon Newstead	54	MALVERN MARLINS	1:18.76	2
	38.45		1:18.76 (40.31)		
10	Kylee Murray	53	MERRYLANDS	1:22.40	1
	39.65		1:22.40 (42.75)		
11	Peta Medhurst	54	THE UNIVERSITY OF QUEENSLAND	1:22.57	1
	37.26		1:22.57 (45.31)		
12	Wendy McMurtrie	52	PORT MACQUARIE	1:27.20	1
	40.99		1:27.20 (46.21)		
13	Yumi Brown	54	AQUADOME OTTERS	1:30.62	1
14	Yvonne Egan-Davidson	54	POWERPOINTS	1:35.03	1
	43.72		1:35.03 (51.31)		
15	Michelle Chia	53	BELMONT	2:09.54	1
	1:01.41		2:09.54 (1:08.13)		
---	Danielle Spurling	52	MALVERN MARLINS	NS	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 20 Women 55-59 100 LC Metre Freestyle****WORLD: 1:02.02 W 13/08/2007 Laura Val****USA****NATIONAL: 1:05.14 N 4/04/2014 Jenny Whiteley**

1	Bridget Young	55	ROCKINGHAM	1:07.78	10
	33.02	1:07.78	(34.76)		
2	Joanne Sutcliffe	59	HENLEY BEACH MASTERS	1:08.95	9
	33.96	1:08.95	(34.99)		
3	Nicola Corsbie	57	CLAREMONT	1:10.36	8
	34.21	1:10.36	(36.15)		
4	Rhonda O'Donnell	55	NOVOCASTRIAN	1:11.80	7
	33.74	1:11.80	(38.06)		
5	Daphne Briggs	57	MALVERN MARLINS	1:14.36	6
	37.11	1:14.36	(37.25)		
6	Andrea McNeil	57	MALVERN MARLINS	1:15.68	5
	34.63	1:15.68	(41.05)		
7	Michelle Stonehouse	57	BLACKTOWN CITY	1:20.11	4
	37.47	1:20.11	(42.64)		
8	Cheryl Chambers	57	HENLEY BEACH MASTERS	1:20.98	3
	39.11	1:20.98	(41.87)		
9	Lana Walkerden	56	COTTON TREE	1:22.27	2
10	Ann Reid	57	TUGGERANONG	1:25.58	1
	41.46	1:25.58	(44.12)		
11	Leisa Cass	58	TUGGERANONG	1:30.63	1
	42.89	1:30.63	(47.74)		
12	Linda Hogg	57	NOOSA	1:31.00	1
	43.48	1:31.00	(47.52)		
13	Eimear Muir-Cochrane	57	WESTERN DISTRICTS	1:33.61	1
14	Vickey Gorham	59	BLACKTOWN CITY	1:40.65	1
	48.25	1:40.65	(52.40)		
15	Donna Campbell	57	TUGGERANONG	1:40.72	1
	45.85	1:40.72	(54.87)		
16	Sharon Smith	59	HOBART DOLPHINS	1:41.43	1
	47.11	1:41.43	(54.32)		
---	Janet Nichol	57	MALVERN MARLINS	DQ	
	Started before starting signal				
	41.18	DQ	(46.38)		
---	Maja Krzic	56	CANADA	NS	
---	Susan Leech	56	RYDE	NS	
---	Robyn Falster	59	MARION	NS	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 20 Women 60-64 100 LC Metre Freestyle****WORLD: 1:03.83 W 5/08/2011 Laura Val****USA****NATIONAL: 1:04.33 N 11/11/2018 Jenny Whiteley**

1	Lyle Kildea	61	ROCKINGHAM	1:08.34	10
	32.78			1:08.34 (35.56)	
2	Judy Thomas	61	ATLANTIS	1:11.20	9
	33.87			1:11.20 (37.33)	
3	Stephanie Jones	64	NOOSA	1:12.91	8
	35.42			1:12.91 (37.49)	
4	Eleanor Parsons	64	CLAREMONT	1:14.31	7
	36.68			1:14.31 (37.63)	
5	Deborah Wareing	63	MARION	1:15.73	6
	36.37			1:15.73 (39.36)	
6	Leonie O'Connell	63	ADELAIDE MASTERS	1:18.11	5
	37.86			1:18.11 (40.25)	
7	Dee Sheffrin	62	DONCASTER DOLPHINS	1:19.60	4
	38.07			1:19.60 (41.53)	
8	Gay Bradley	64	COTTON TREE	1:24.93	3
	40.88			1:24.93 (44.05)	
9	Jane Clouston	60	THE UNIVERSITY OF QUEENSLAND	1:27.74	2
10	Anthea Barnfield	62	COFFS HARBOUR	1:29.11	1
	41.54			1:29.11 (47.57)	
11	Mary Sontrop	62	POWERPOINTS	1:29.47	1
	41.28			1:29.47 (48.19)	
12	Helen Morris	62	BEATTY PARK	1:37.32	1
	46.18			1:37.32 (51.14)	
13	Carol Chenco	63	DONCASTER DOLPHINS	1:37.49	1
	46.45			1:37.49 (51.04)	
14	Kerry McDonald	62	RYDE	1:37.98	1
	45.18			1:37.98 (52.80)	
15	Vida Goodvach	64	DARWIN STINGERS	1:38.54	1
	49.10			1:38.54 (49.44)	
16	Carolyn Robertson	61	NOVOCASTRIAN	1:40.17	1
17	Jane Noake	62	SEASIDE PIRATES	1:41.69	1
	47.85			1:41.69 (53.84)	
---	Catherine Cunningham	60	WESTERN DISTRICTS	NS	
---	Lorraine Ramsden	64	MANLY	NS	

Event 20 Women 65-69 100 LC Metre Freestyle**WORLD: 1:04.89 W 30/07/2018 Laura Val****USA****NATIONAL: 1:14.28 N 18/04/2008 Jen Thomasson**

1	Janette Jeffrey	69	MALVERN MARLINS	1:15.52	10
	37.79			1:15.52 (37.73)	

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Women 65-69 100 LC Metre Freestyle)**

2	Susan Swire-Thompson	65	CLAREMONT	1:17.69	9
	36.19	1:17.69	(41.50)		
3	Sue Boekel	65	MALVERN MARLINS	1:22.20	8
	38.94	1:22.20	(43.26)		
4	Margie Moore	67	DONCASTER DOLPHINS	1:25.93	7
	40.18	1:25.93	(45.75)		
5	Megan Stronach	67	HOBART DOLPHINS	1:28.09	6
	42.99	1:28.09	(45.10)		
6	Nolene Schofield	65	MALVERN MARLINS	1:30.93	5
	43.57	1:30.93	(47.36)		
7	Catherine Rogers	67	TATTERSALLS CLUB	1:31.32	4
8	Jacky Shields	65	NOOSA	1:35.74	3
	46.34	1:35.74	(49.40)		
9	Paula Hewett	65	HERVEY BAY	1:37.90	2
	46.42	1:37.90	(51.48)		
10	Pauline Tauschke	65	DARWIN STINGERS	2:05.43	1
	59.06	2:05.43	(1:06.37)		
11	Alexis Denness	69	MANDURAH	2:18.43	1
	1:06.57	2:18.43	(1:11.86)		
12	Sue Johnstone	66	WOLLONGONG	2:54.78	1
	1:25.35	2:54.78	(1:29.43)		
---	Susan Harbottle	69	DONCASTER DOLPHINS	NS	
---	Dawn Gledhill	69	MANLY	NS	
---	Ann-Maree Lynch	65	CLAREMONT	NS	

Event 20 Women 70-74 100 LC Metre Freestyle**WORLD: 1:14.28 W 5/09/2009 Yoshiko Osaki****JPN****NATIONAL: 1:18.19 N 17/04/2013 Jen Thomasson**

1	Tracy Clarkson	70	BRISBANE NORTHSIDE	1:22.85	10
	40.33	1:22.85	(42.52)		
2	Marijke Alderson	72	POWERPOINTS	1:26.06	9
	41.78	1:26.06	(44.28)		
3	Rosa Montague	72	POWERPOINTS	1:30.47	8
	44.00	1:30.47	(46.47)		
4	Patricia Baker	73	MALVERN MARLINS	1:31.61	7
5	Jennifer Mulqueen	73	TEA TREE GULLY	1:39.97	6
	47.68	1:39.97	(52.29)		
6	Joan Simpson	73	MALVERN MARLINS	1:48.70	5
	52.01	1:48.70	(56.69)		
7	Catherine Watmough	70	SURREY PARK SEAHORSES	1:49.70	4
	50.81	1:49.70	(58.89)		
8	Robyn Gillespie	71	DONCASTER DOLPHINS	1:52.88	3
	53.03	1:52.88	(59.85)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Women 70-74 100 LC Metre Freestyle)**

9	Sue Reinker	70	BLACKTOWN CITY	2:06.49	2
	1:02.23		2:06.49 (1:04.26)		
10	Adele Goalder	74	TEA TREE GULLY	2:18.11	1
	1:01.92		2:18.11 (1:16.19)		
11	Lyn Lillecrapp	74	AQUADOME OTTERS	2:34.41	1
	1:13.67		2:34.41 (1:20.74)		
12	Patricia O'Brien-Price	70	DARWIN STINGERS	3:03.00	1
	1:22.60		3:03.00 (1:40.40)		
---	Janice Carlile	72	DONCASTER DOLPHINS	NS	
---	Joan Bratton	73	GINNINDERRA MASTERS	NS	

Event 20 Women 75-79 100 LC Metre Freestyle**WORLD: 1:19.71 W 19/07/2014 Yoshiko Osaki****JPN****NATIONAL: 1:24.31 N 15/09/2018 Jen Thomasson**

1	Heather Morgan	75	RYDE	1:25.47	10
	42.07		1:25.47 (43.40)		
2	Lindy Salter	75	MIAMI	1:33.98	9
	44.32		1:33.98 (49.66)		
3	Lois Hill	76	NOOSA	1:37.48	8
	47.23		1:37.48 (50.25)		
4	Joy Page	77	ATLANTIS	1:37.86	7
	44.75		1:37.86 (53.11)		
5	Erica Mercer	76	ALBANY MASTERS	1:57.89	6
	57.60		1:57.89 (1:00.29)		

Event 20 Women 80-84 100 LC Metre Freestyle**WORLD: 1:23.16 W 14/07/2018 Yoshiko Osaki****JPN****NATIONAL: 1:34.96 N 14/02/2015 Denise Robertson**

1	Alice Kinnaird	83	FRANKSTON PENINSULA	1:50.66	10
	52.89		1:50.66 (57.77)		
2	Margaret Jopling	84	PORT MACQUARIE	2:12.62	9
	59.86		2:12.62 (1:12.76)		
3	Mary Heath	80	BEATTY PARK	2:19.51	8
	1:06.93		2:19.51 (1:12.58)		
4	Barbara Pearce	82	MARION	2:20.79	7
	1:07.79		2:20.79 (1:13.00)		

Event 20 Women 85-89 100 LC Metre Freestyle**WORLD: 1:29.29 W 7/05/2016 Jane Asher****GBR****NATIONAL: 1:46.69 N 19/02/2017 Dorothy Dickey**

1	Dorothy Dickey	89	DONCASTER DOLPHINS	1:51.37	10
	52.30		1:51.37 (59.07)		
2	Jan Finn	85	RAYMOND TERRACE	2:09.77	9
	1:01.12		2:09.77 (1:08.65)		
3	Lois Dennington	85	FRANKSTON PENINSULA	2:15.95	8

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Women 85-89 100 LC Metre Freestyle)**

--- Margaret Armstrong 86 NOARLUNGA NS

Event 20 Women 90-94 100 LC Metre Freestyle**WORLD: 1:58.86 W 8/07/2017 Jean Troy USA****NATIONAL: 2:05.78 N 8/04/2017 Liz Wallis**1 Marion Beulke 92 FRANKSTON PENINSULA 2:50.05 10
1:18.04 2:50.05 (1:32.01)

--- Georgene McKenzie-Hicks 92 SUTHERLAND SANDBERN SCR

Event 20 Women 95-99 100 LC Metre Freestyle**WORLD: 2:22.74 W 7/08/2016 Maurine Kornfeld USA****NATIONAL: 2:56.35 N 9/03/2019 Valerie Lincoln**

--- Valerie Lincoln 95 GOSFORD CITY SEAGULLS SCR

Event 20 Men 18-24 100 LC Metre Freestyle**NATIONAL: 50.61 N 25/03/2008 M. Patterson**1 Dylan Broadway 23 SUPERFINS WA 1:19.91 10
36.91 1:19.91 (43.00)2 James Burt 23 SUPERFINS WA 1:32.99 9
42.25 1:32.99 (50.74)3 Keith Robinson 22 SUPERFINS WA 2:29.97 8
1:11.08 2:29.97 (1:18.89)**Event 20 Men 25-29 100 LC Metre Freestyle****WORLD: 50.45 W 7/06/2013 Matthew McGinnis USA****NATIONAL: 51.20 N 15/03/2012 M. Patterson**1 Darius Schultz 27 POWERPOINTS 56.84 10
27.75 56.84 (29.09)2 Michael Morton 27 FREMANTLE MASTERS 57.63 9
27.74 57.63 (29.89)3 Steven Nguyen 29 MERRYLANDS 1:01.10 8
28.47 1:01.10 (32.63)4 Michael Nguyen 27 SUPERFINS WA 1:57.30 7
54.81 1:57.30 (1:02.49)**Event 20 Men 30-34 100 LC Metre Freestyle****WORLD: 49.80 W 23/07/2016 Darian Townsend USA****NATIONAL: 51.06 N 15/10/2009 Adam Pine**1 Thomas Bloomfield 30 NORTH SYDNEY 58.96 10
28.06 58.96 (30.90)2 Stuart Anderson 33 MAIDA VALE 1:08.11 9
32.62 1:08.11 (35.49)3 Nathan Curry 33 SUPERFINS WA 1:30.81 8
43.66 1:30.81 (47.15)

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 20 Men 35-39 100 LC Metre Freestyle****WORLD: 50.78 W 27/09/2009 Hideaki Hara****JPN****NATIONAL: 52.27 N 15/10/2009 Todd Robinson**

1	Adam Koprowski	38	CLAREMONT	56.27	10
	26.78	56.27	(29.49)		
2	Mark Sendecky	37	WETT ONES	59.61	9
	28.60	59.61	(31.01)		
3	Adrian Corcoris	36	SURREY PARK SEAHORSES	59.79	8
	28.42	59.79	(31.37)		
4	David Hann	35	POWERPOINTS	1:00.90	7
	29.06	1:00.90	(31.84)		
5	Yoshitaka Kawagoshi	37	BRISBANE NORTHSIDE	1:02.48	6
	30.31	1:02.48	(32.17)		
6	Ace Lewis	39	MARION	1:03.55	5
	29.98	1:03.55	(33.57)		
7	Jason Di Paolo	36	ONKAPARINGA	1:05.37	4
	30.79	1:05.37	(34.58)		
8	David Millhouse	39	THE UNIVERSITY OF QUEENSLAND	1:07.54	3
	30.23	1:07.54	(37.31)		
---	Nathan Poll	35	CLAREMONT	NS	
---	Jeremy Walker	36	MALVERN MARLINS	NS	

Event 20 Men 40-44 100 LC Metre Freestyle**WORLD: 51.21 W 14/07/2018 Hideaki Hara****JPN****NATIONAL: 52.55 N 17/03/2012 Chris Fydler**

1	Bradley McMahon	42	POWERPOINTS	57.57	10
	27.81	57.57	(29.76)		
2	Nigel Fanning	44	POWERPOINTS	58.27	9
	27.28	58.27	(30.99)		
3	Stephen Cronk	40	POWERPOINTS	59.11	8
	28.27	59.11	(30.84)		
4	Ricky Homan	43	DEVONPORT DEVILS	1:03.21	7
5	Christopher Velliaris	44	WESTERN DISTRICTS	1:03.40	6
	30.34	1:03.40	(33.06)		
---	Lachlan McDowell	41	MELBOURNE H20	NS	
---	Stuart MacKay	44	PENRITH	NS	

Event 20 Men 45-49 100 LC Metre Freestyle**WORLD: 53.66 W 15/08/2017 Valter Kalas****HUN****NATIONAL: 54.08 N 12/03/2016 Mark Thompson**

1	Mark Preiss	47	AQUADOME OTTERS	59.00	10
	27.80	59.00	(31.20)		
*2	Robert Wood	47	UNITED KINGDOM	59.52	9
	27.99	59.52	(31.53)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Men 45-49 100 LC Metre Freestyle)**

*2	James Watson	45	SEASIDE PIRATES	J1:00.09	9
	28.64	1:00.09 (31.45)			
3	Luke Rattigan	49	MALVERN MARLINS	J1:03.25	8
	30.37	1:03.25 (32.88)			
4	Tristan Herbert	47	TEA TREE GULLY	J1:05.04	7
	30.56	1:05.04 (34.48)			
5	Tony Burt	49	MALVERN MARLINS	J1:12.11	6
	33.93	1:12.11 (38.18)			
6	Andrew Cranley	46	NOARLUNGA	J1:26.17	5
	41.63	1:26.17 (44.54)			
7	Andrew Goldswain	48	SUPERFINS WA	J1:27.16	4
	40.21	1:27.16 (46.95)			

Event 20 Men 50-54 100 LC Metre Freestyle**WORLD: 54.15 W 30/06/2017 Nicolas Granger****FRA****NATIONAL: 56.59 N 3/03/2019 Mark Thompson**

1	Mark Thompson	50	POWERPOINTS	55.92 N	10
	26.90	55.92 (29.02)			
2	John McKaig	50	LONG TAN LEGENDS	58.72	9
	28.93	58.72 (29.79)			
3	Martin Banks	51	THE UNIVERSITY OF QUEENSLAND	1:00.01	8
	28.94	1:00.01 (31.07)			
4	Brett Davidson	52	POWERPOINTS	1:00.88	7
	29.67	1:00.88 (31.21)			
5	Stephen Osborne	50	HENLEY BEACH MASTERS	1:00.96	6
	29.27	1:00.96 (31.69)			
6	Michael Carp	50	MELBOURNE H20	1:02.37	5
	30.28	1:02.37 (32.09)			
7	Craig Magnusson	54	NORTH SHORE	1:02.60	4
	29.62	1:02.60 (32.98)			
8	Paul Edwards	52	COFFS HARBOUR	1:03.04	3
	30.40	1:03.04 (32.64)			
9	Ian McLeod	50	NORTH SHORE	1:04.33	2
	31.29	1:04.33 (33.04)			
10	Mark Scullard	50	SEASIDE PIRATES	1:05.17	1
	31.06	1:05.17 (34.11)			
11	John Rawson	54	LAUNCESTON LEMMINGS	1:05.35	1
	31.84	1:05.35 (33.51)			
12	John Tweedy	52	RIVER CITY RAPIDS	1:07.23	1
	32.66	1:07.23 (34.57)			
13	Dale McDiarmid	50	TEA TREE GULLY	1:11.96	1
	34.79	1:11.96 (37.17)			

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Men 50-54 100 LC Metre Freestyle)**

14	James Wheeler	51	CLARENCE RIVER	1:13.59	1
	36.17		1:13.59 (37.42)		
15	Simon McCormack	53	ATLANTIS	1:13.95	1
	34.13		1:13.95 (39.82)		
16	Ian Williams	53	ROCKINGHAM	1:18.42	1
	36.55		1:18.42 (41.87)		
---	Gavin Rowell	50	MARION	NS	
---	Ian Wilson	54	MERRYLANDS	NS	

Event 20 Men 55-59 100 LC Metre Freestyle**WORLD: 56.08 W 23/07/2009 Jack Groselle****USA****NATIONAL: 56.99 N 11/11/2018 Brett Woods**

1	Anthony Dunne	56	CLAREMONT	1:04.71	10
	30.10		1:04.71 (34.61)		
2	Allan Samuels	55	SUTHERLAND SANDBERN	1:05.21	9
	31.15		1:05.21 (34.06)		
3	Mark Huggins	58	MALVERN MARLINS	1:06.11	8
	32.03		1:06.11 (34.08)		
4	Lindsay Wiland	57	MANDURAH	1:06.25	7
	31.52		1:06.25 (34.73)		
5	Ronald Massaar	59	SUTHERLAND SANDBERN	1:07.03	6
	31.88		1:07.03 (35.15)		
6	Nigel Dalton	55	NORTH MACKAY SINKERS	1:08.39	5
	32.83		1:08.39 (35.56)		
7	Simon Horan	57	MALVERN MARLINS	1:09.03	4
	33.53		1:09.03 (35.50)		
8	John Dundon	57	HENLEY BEACH MASTERS	1:09.08	3
	32.69		1:09.08 (36.39)		
9	Paul White	57	ATLANTIS	1:09.98	2
	33.51		1:09.98 (36.47)		
10	Peter Mannolini	59	CLAREMONT	1:14.84	1
11	Andrew McCrindell	56	RYDE	1:15.73	1
	36.49		1:15.73 (39.24)		
12	Richard Hughes	57	CLAREMONT	1:18.62	1
	37.96		1:18.62 (40.66)		
---	Christopher Dixon	59	BLACKTOWN CITY	NS	

Event 20 Men 60-64 100 LC Metre Freestyle**WORLD: 57.79 W 14/06/2014 Jack Groselle****USA****NATIONAL: 1:01.02 N 18/04/2008 Graham Croft**

1	Paul Blackbeard	61	CLAREMONT	1:01.21	10
	29.69		1:01.21 (31.52)		
2	Grant Simpson	63	HENLEY BEACH MASTERS	1:07.00	9
	32.13		1:07.00 (34.87)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Men 60-64 100 LC Metre Freestyle)**

3	Stephen Thompson	60	SUTHERLAND SANDBERN	1:10.16	8
	34.14	1:10.16 (36.02)			
4	Bill Boyd	61	THE UNIVERSITY OF QUEENSLAND	1:16.96	7
	34.54	1:16.96 (42.42)			
5	Chris Rust	63	BLACKTOWN CITY	1:36.00	6
	45.35	1:36.00 (50.65)			
6	Craig Smith	63	GENESIS AQUATICS	1:37.30	5
	44.23	1:37.30 (53.07)			
7	Peter Wheeler	60	ONKAPARINGA	1:53.40	4
	51.78	1:53.40 (1:01.62)			
---	Robert Butcher	61	POWERPOINTS	NS	

Event 20 Men 65-69 100 LC Metre Freestyle**WORLD: 1:00.38 W 12/08/2010 Richard Abrahams USA****NATIONAL: 1:04.10 N 7/04/2013 Graham Croft**

1	Ross Kee	66	NOOSA	1:05.30	10
	31.05	1:05.30 (34.25)			
2	Stuart Ellicott	67	NORTH SHORE	1:07.10	9
	31.92	1:07.10 (35.18)			
3	Lance Morgan	65	BRISBANE SOUTHSIDE	1:08.46	8
	32.39	1:08.46 (36.07)			
4	Ian Young	67	MARION	1:08.66	7
	32.61	1:08.66 (36.05)			
5	Frank Lindsay	66	ATLANTIS	1:08.73	6
	33.11	1:08.73 (35.62)			
6	Thomas Taylor	68	WARRINGAH	1:11.40	5
	34.07	1:11.40 (37.33)			
7	Kevin Jackson	66	RATS OF TOBRUK	1:11.93	4
	35.85	1:11.93 (36.08)			
8	Howard Roby	67	TATTERSALLS CLUB	1:12.06	3
	35.20	1:12.06 (36.86)			
9	Philip Tyrell	67	THE HOBART AQUATIC CENTRE	1:12.17	2
	34.46	1:12.17 (37.71)			
10	Peter Craig	68	TATTERSALLS CLUB	1:14.72	1
	35.08	1:14.72 (39.64)			
11	Don Taylor	69	TOOWOOMBA TADPOLES	1:17.06	1
	36.65	1:17.06 (40.41)			
12	Russell Mcleod	69	CAMPBELLTOWN COLLEGIANS	1:19.67	1
	38.69	1:19.67 (40.98)			
13	Charles Croft	69	COCKBURN	1:21.66	1
	37.05	1:21.66 (44.61)			
14	Alan Burgess	68	RYDE	1:22.76	1
	39.90	1:22.76 (42.86)			

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Men 65-69 100 LC Metre Freestyle)**

15	Keith Clark	66	COCKBURN	1:24.04	1
	40.60	1:24.04	(43.44)		
16	Stephen Morrissey	68	BLACKTOWN CITY	1:25.05	1
	42.41	1:25.05	(42.64)		
17	Phillip Gray	69	WESTERN DISTRICTS	1:25.69	1
	39.63	1:25.69	(46.06)		
18	Phillip Bartlett	68	TATTERSALLS CLUB	1:36.89	1
	44.98	1:36.89	(51.91)		
19	Neal Bertram	69	HENLEY BEACH MASTERS	2:01.56	1
	56.68	2:01.56	(1:04.88)		
20	John Towers	69	LAUNCESTON LEMMINGS	2:10.50	1
	59.82	2:10.50	(1:10.68)		
---	John Macgregor	66	NOVOCASTRIAN	NS	
---	Peter Mulholland	69	MANLY	NS	
---	Graeme Armstrong	67	POWERPOINTS	NS	

Event 20 Men 70-74 100 LC Metre Freestyle**WORLD: 1:03.32 W 8/08/2015 David Quiggin****USA****NATIONAL: 1:07.30 N 9/04/2016 Alan Brown**

1	Graham Croft	71	CLAREMONT	1:06.72 N	10
	31.44	1:06.72	(35.28)		
2	Gerry Tucker	70	MALVERN MARLINS	1:11.96	9
	35.13	1:11.96	(36.83)		
3	Peter McMonagle	70	HERVEY BAY	1:12.15	8
	34.24	1:12.15	(37.91)		
4	Robert Patterson	72	DONCASTER DOLPHINS	1:12.44	7
5	Stephen Lamy	70	MANLY	1:14.06	6
	36.96	1:14.06	(37.10)		
6	Trevor Skinner	71	MALVERN MARLINS	1:14.46	5
	35.80	1:14.46	(38.66)		
7	Rod Clarke	73	DONCASTER DOLPHINS	1:15.08	4
	36.38	1:15.08	(38.70)		
8	John Gamlen	72	TEA TREE GULLY	1:22.56	3
	39.88	1:22.56	(42.68)		
9	Peter Lord	72	SURREY PARK SEAHORSES	1:24.87	2
	40.52	1:24.87	(44.35)		
10	Ewen Templeton	71	DONCASTER DOLPHINS	1:37.06	1
	44.24	1:37.06	(52.82)		
11	Tom Bland	70	ATLANTIS	1:39.50	1
	46.52	1:39.50	(52.98)		
12	Lindsay Risk	72	CAMPBELLTOWN COLLEGIANS	1:45.62	1
	48.97	1:45.62	(56.65)		

2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019
Results - Friday

(Event 20 Men 70-74 100 LC Metre Freestyle)

13	John Stanton	72	MALVERN MARLINS	2:06.31	1
	58.21		2:06.31 (1:08.10)		

Event 20 Men 75-79 100 LC Metre Freestyle

WORLD: 1:06.40 W 3/03/2018 Akira Fujimaki JPN

NATIONAL: 1:14.79 N 20/02/2010 John Crisp

1	David Davies	75	CARINE	1:15.90	10
	36.60		1:15.90 (39.30)		
2	Tony Forman	75	THE HOBART AQUATIC CENTRE	1:16.99	9
	37.75		1:16.99 (39.24)		
3	John Richards	77	POWERPOINTS	1:18.62	8
	37.41		1:18.62 (41.21)		
4	Peter Sheean	75	SUTHERLAND SANDBERN	1:24.60	7
	40.13		1:24.60 (44.47)		
5	Laurance Brett	75	ATLANTIS	1:30.24	6
	43.32		1:30.24 (46.92)		
*6	Les McNeill	76	NEW ZEALAND	1:31.64	5
	41.77		1:31.64 (49.87)		
*6	Allan Suskin	77	ATLANTIS	J1:33.74	5
	43.74		1:33.74 (50.00)		
7	Robert Magin	75	DARWIN STINGERS	J1:47.96	4
	50.31		1:47.96 (57.65)		
8	Paul Maggs	77	TUGGERANONG	J1:49.66	3
	51.53		1:49.66 (58.13)		
9	Helmut Klein	78	CLARENCE RIVER	J2:12.32	2
	1:06.29		2:12.32 (1:06.03)		
---	Graham Campbell	75	WARRINGAH	NS	
---	Geoff Robinson	79	NORTH MACKAY SINKERS	NS	
---	James Ross	75	NEW ZEALAND	NS	

Event 20 Men 80-84 100 LC Metre Freestyle

WORLD: 1:11.82 W 23/08/2014 David Radcliff USA

NATIONAL: 1:18.85 N 18/04/2008 Rod Baker

1	Colin Stanford	81	SUTHERLAND SANDBERN	1:32.33	10
	41.45		1:32.33 (50.88)		
2	James Macilwain	84	MALVERN MARLINS	1:43.13	9
	45.99		1:43.13 (57.14)		
3	John Pugh	81	LAUNCESTON LEMMINGS	1:55.70	8
	52.86		1:55.70 (1:02.84)		

Event 20 Men 85-89 100 LC Metre Freestyle

WORLD: 1:23.25 W 6/06/2010 Frank Piemme USA

NATIONAL: 1:24.51 N 17/04/2013 Rod Baker

1	Patrick Galvin	86	MALVERN MARLINS	1:41.98	10
	47.46		1:41.98 (54.52)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 20 Men 85-89 100 LC Metre Freestyle)**

2	Tubby Ramsay	85	ATLANTIS	1:51.38	9
	53.58	1:51.38	(57.80)		
3	Peter Coultie	89	MALVERN MARLINS	2:39.09	8
	1:14.58	2:39.09	(1:24.51)		

Event 20 Men 90-94 100 LC Metre Freestyle**WORLD: 1:37.69 W 7/06/2015 Karl Hauter****GER****NATIONAL: 1:45.51 N 21/11/2009 George Coronos**

1	China Johnson	91	COTTON TREE	1:56.24	10
	54.51	1:56.24	(1:01.73)		

Event 21 Mixed 72-99 200 LC Metre Medley Relay**A**

1	SUPERFINS WA			3:36.75	20
	1) James Burt M23	2) Dianne Saunders W35	3) Carys Munks W25	4) Nathan Curry M33	
	48.85	1:37.54 (48.69)	2:54.97 (1:17.43)	3:36.75 (41.78)	

Event 21 Mixed 120-159 200 LC Metre Medley Relay**WORLD: 1:50.77 W 8/07/2012 USA****N INADA, J COMMINGS, M HYMAN, J PONCE****NATIONAL: 1:57.09 N 18/08/2017 Rivercity****C FLOUCH, S HANSON, K FLETCHER, J LUCHT**

1	SUPERFINS WA			3:11.67	20
	1) Dylan Broadway M23	2) Mischa Beckett W36	3) Stephanie Neville W23	4) Andrew Goldswain M48	
	46.97	1:46.32 (59.35)	2:35.19 (48.87)	3:11.67 (36.48)	

A**--- POWERPOINTS****DQ**

: Toes in / on / over gutter at start - back

1) Dean Shard M43	2) Jackie Fraser W25	3) Darius Schultz M27	4) Jacinta Humphrey W30
32.61	1:12.29 (39.68)	1:39.30 (27.01)	DQ (30.43)

Event 21 Mixed 160-199 200 LC Metre Medley Relay**WORLD: 1:55.32 W 14/08/2015 Rus****V PREDKIN, P LEBEDEV, A POLIAKOVA, O POZDNIKOVA****NATIONAL: 1:57.89 N 21/04/2008 Powerpoints****H WHITFORD, S MOFFATT, B DAVIDSON, J BUCKNELL**

1	THE UNIVERSITY OF QUEENSLAND			2:08.32	20
	1) Caroline Saxby W36	2) Christina Scolaro W51	3) Martin Banks M51	4) David Millhouse M39	
	33.05	1:10.53 (37.48)	1:39.61 (29.08)	2:08.32 (28.71)	

A

2	POWERPOINTS			2:09.62	18
	1) Kipp Kaufmann M40	2) Nigel Fanning M44	3) Rachel Versteegen W51	4) Cindy Nicholls W45	
	31.01	1:04.84 (33.83)	1:40.76 (35.92)	2:09.62 (28.86)	

A

3	MARION			2:10.77	16
	1) Briny Mcarthur W30	2) Ace Lewis M39	3) Sally Hunter W34	4) Ian Young M67	
	36.81	1:10.49 (33.68)	1:40.06 (29.57)	2:10.77 (30.71)	

A

4	CLAREMONT			2:10.89	14
	1) Adam Koprowski M38	2) Anthony Dunne M56	3) Nicola Corsbie W57	4) Kristy Brackstone W40	
	32.12	1:05.63 (33.51)	1:40.49 (34.86)	2:10.89 (30.40)	

A

5	HENLEY BEACH MASTERS			2:16.24	12
	1) Kimberley Vidura W23	2) David Bryce M44	3) John Dundon M57	4) Kim Wellington W43	
	33.89	1:11.21 (37.32)	1:45.81 (34.60)	2:16.24 (30.43)	

2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 21 Mixed 160-199 200 LC Metre Medley Relay)**

A					
6	MALVERN MARLINS			2:28.20	10
	1) Tony Burt M49	2) Jade Roberts W39	3) Simon Horan M57	4) Sharon Newstead W54	
	39.54	1:20.49 (40.95)	1:53.46 (32.97)	2:28.20 (34.74)	
A					
7	ATLANTIS			2:32.32	8
	1) Melissa Beames W35	2) Sue Lyons W51	3) Paul White M57	4) Simon McCormack M53	
	40.69	1:20.79 (40.10)	1:59.25 (38.46)	2:32.32 (33.07)	
A					
8	NOARLUNGA			2:50.59	6
	1) Andrew Cranley M46	2) Helen Tucker W52	3) Stewart Galliford M61	4) Fiona Koutas W39	
	44.42	1:35.39 (50.97)	2:17.04 (41.65)	2:50.59 (33.55)	
A					
---	BLACKTOWN CITY			NS	
	1) Aaron Cleland M45	2) Leonie Andrews W34	3) Connie Gorham W26	4) Christopher Dixon M59	

Event 21 Mixed 200-239 200 LC Metre Medley Relay**WORLD: 1:59.99 W 18/08/2017 Gbr****M WARE, D BRYANT, M HODGSON, L COGGINS****NATIONAL: 2:06.48 N 23/04/2016 Powerpoints****J BUCKNELL, S MOFFATT, M THOMPSON, N ROYLE**

A					
1	MALVERN MARLINS			2:15.09	20
	1) Leigh Rodgers W64	2) Nicky Kerr W44	3) Jeremy Walker M36	4) Mark Huggins M58	
	37.55	1:15.81 (38.26)	1:46.76 (30.95)	2:15.09 (28.33)	
A					
2	ADELAIDE MASTERS			2:19.77	18
	1) Sharon Beaver W52	2) Mark Smedley M59	3) Stephanie Palmer-White W55	4) James Edwards M56	
	39.44	1:14.39 (34.95)	1:48.08 (33.69)	2:19.77 (31.69)	
A					
3	HENLEY BEACH MASTERS			2:19.90	16
	1) Joanne Sutcliffe W59	2) Stephen Osborne M50	3) Grant Simpson M63	4) Leila Nazimi W36	
	36.55	1:15.39 (38.84)	1:47.95 (32.56)	2:19.90 (31.95)	
A					
4	CLAREMONT			2:24.19	14
	1) Susan Swire-Thompson W65	2) Patricia Burton W49	3) Paul Blackbeard M61	4) Peter Mannolini M59	
	39.92	1:20.40 (40.48)	1:51.83 (31.43)	2:24.19 (32.36)	
A					
5	POWERPOINTS			2:39.92	12
	1) Brett Davidson M52	2) Mary Sontrop W62	3) Mark Thompson M50	4) Yvonne Egan-Davidson W54	
	34.35	1:31.08 (56.73)	1:59.97 (28.89)	2:39.92 (39.95)	
A					
6	WESTERN DISTRICTS			2:54.32	10
	1) Eimear Muir-Cochrane W57	2) Phillip Gray M69	3) Christopher Velliaris M44	4) Catherine Cunningham W60	
	48.71	1:39.74 (51.03)	2:09.58 (29.84)	2:54.32 (44.74)	
A					
7	RYDE			3:01.36	8
	1) Alan Burgess M68	2) Barbara Capellini W33	3) Kerry McDonald W62	4) Andrew McCrindell M56	
	50.61	1:32.56 (41.95)	2:23.88 (51.32)	3:01.36 (37.48)	

2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 21 Mixed 240-279 200 LC Metre Medley Relay****WORLD: 2:08.11 W 20/08/2016 USA****L DAHL, R COLELLA, D GRAHAM, C DAVIS****NATIONAL: 2:18.81 N 12/10/2009 Blacktown City****C MUNNS, D AYNSLEY, L STEVENSON, B DEVENISH**

A

1	MALVERN MARLINS				2:35.58	20
	1) Luke Rattigan M49	2) Daphne Briggs W57	3) Gerry Tucker M70	4) Sue Boekel W65		
	37.42	1:24.59 (47.17)	1:59.58 (34.99)	2:35.58 (36.00)		

A

2	MANLY				2:38.21	18
	1) Stephen Lamy M70	2) Tony Goodwin M82	3) Helen Ludgate W48	4) Dawn Gledhill W69		
	37.98	1:21.99 (44.01)	2:00.08 (38.09)	2:38.21 (38.13)		

A

3	CLAREMONT				2:42.37	16
	1) Vivienne Anthony W60	2) Richard Fox M76	3) Graham Croft M71	4) Eleanor Parsons W64		
	42.01	1:31.08 (49.07)	2:09.29 (38.21)	2:42.37 (33.08)		

A

4	ATLANTIS				3:12.79	14
	1) Terry Carter W69	2) Bee Lean Lim W47	3) Tom Bland M70	4) Laurance Brett M75		
	50.58	1:35.85 (45.27)	2:31.24 (55.39)	3:12.79 (41.55)		

A

5	DARWIN STINGERS				3:28.18	12
	1) Jacinta Stirrat W59	2) Robert Magin M75	3) Rebecca Mather-Brown W46	4) Neil Ludvigsen M72		
	49.11	1:52.90 (1:03.79)	2:29.57 (36.67)	3:28.18 (58.61)		

A

---	BLACKTOWN CITY				DQ	
	1) Stephen Morrissey M68	2) Chris Rust M63	3) Michelle Stonehouse W57	4) Vickey Gorham W59		
	45.78	1:34.69 (48.91)	2:20.25 (45.56)	DQ (39.48)		

Event 21 Mixed 280-319 200 LC Metre Medley Relay**WORLD: 2:21.20 W 9/08/2015 USA****L VAL, K FROST, R BURNS, N RIDOUT****NATIONAL: 2:40.64 N 21/04/2018 Malvern Marlins****J JEFFREY, J COCKS, G TUCKER, S BOEKEL**

A

1	MALVERN MARLINS				2:40.05 N	20
	1) John Cocks M83	2) Janette Jeffrey W69	3) Andrea McNeil W57	4) Trevor Skinner M71		
	45.83	1:29.01 (43.18)	2:06.78 (37.77)	2:40.05 (33.27)		

A

2	ATLANTIS				2:41.70	18
	1) Frank Lindsay M66	2) Allan Suskin M77	3) Judy Thomas W61	4) Joy Page W77		
	35.72	1:27.29 (51.57)	2:01.98 (34.69)	2:41.70 (39.72)		

A

3	DONCASTER DOLPHINS				2:44.64	16
	1) Margie Moore W67	2) Susan Harbottle W69	3) Robert Patterson M72	4) Rod Clarke M73		
	47.37	1:35.48 (48.11)	2:11.93 (36.45)	2:44.64 (32.71)		

A

4	POWERPOINTS				2:46.35	14
	1) Graeme Armstrong M67	2) Marijke Alderson W72	3) Rosa Montague W72	4) John Richards M77		
	35.40	1:22.86 (47.46)	2:10.46 (47.60)	2:46.35 (35.89)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 21 Mixed 320-359 200 LC Metre Medley Relay****WORLD: 2:55.98 W 20/07/2014 Jpn****S YONEZAWA, T NAKAMARU, H MAKIMOTO, M KAMOSHITA****NATIONAL: 3:25.56 N 8/03/2017 Miami****J CRISP, D LESLIE, M FITTOCK, D ROBERTSON**

A

1 MALVERN MARLINS				3:48.86	20
1) Patricia Baker W73	2) Joan Simpson W73	3) Patrick Galvin M86	4) Peter Couttie M89		
48.81	1:48.86 (1:00.05)	2:35.45 (46.59)	3:48.86 (1:13.41)		

A

2 SUTHERLAND SANDBERN				4:10.33	18
1) Georgene McKenzie-Hicks W92	2) Anita Saviane W76	3) Peter Sheean M75	4) Colin Stanford M81		
1:37.60	2:39.44 (1:01.84)	3:30.14 (50.70)	4:10.33 (40.19)		

Event 22 Mixed 72-99 200 LC Metre Freestyle Relay

A

1 SUPERFINS WA				3:36.16	20
1) Gregory Black M30	2) Keith Robinson M22	3) Courtney Marano W29	4) Stephanie Neville W23		
48.47	1:55.30 (1:06.83)	2:52.26 (56.96)	3:36.16 (43.90)		

Event 22 Mixed 120-159 200 LC Metre Freestyle Relay**WORLD: 1:40.14 W 14/08/2015 Rus****A SATANOVSKIY, I SHLEMOVA, S KNYAGININA, A KRYLOV****NATIONAL: 1:44.13 N 21/04/2016 H2o****H WHITFORD, J KOWAL, N JONES, E BENNETT**

A

1 POWERPOINTS				1:54.14	20
1) Jacinta Humphrey W30	2) Jackie Fraser W25	3) Kipp Kaufmann M40	4) Darius Schultz M27		
30.41	1:02.57 (32.16)	1:28.67 (26.10)	1:54.14 (25.47)		

A

2 SUPERFINS WA				3:26.44	18
1) Nicole Patterson W36	2) Phillip Smith M49	3) Rachel Duggin W39	4) Michael Nguyen M27		
39.36	1:42.00 (1:02.64)	2:36.73 (54.73)	3:26.44 (49.71)		

Event 22 Mixed 160-199 200 LC Metre Freestyle Relay**WORLD: 1:42.27 W 8/08/2006 USA****J SMITH, R SAEGER, C SAPPEY, S HART****NATIONAL: 1:46.24 N 14/06/2012 Powerpoints****J BUCKNELL, G O'MARA, M HARRY, M THOMPSON**

A

1 POWERPOINTS				1:54.15	20
1) Stephen Cronk M40	2) Rachel Versteegen W51	3) Cindy Nicholls W45	4) Nigel Fanning M44		
26.67	59.29 (32.62)	1:28.57 (29.28)	1:54.15 (25.58)		

A

2 THE UNIVERSITY OF QUEENSLAND				1:54.68	18
1) Martin Banks M51	2) David Millhouse M39	3) Christina Scolaro W51	4) Caroline Saxby W36		
27.10	55.81 (28.71)	1:27.03 (31.22)	1:54.68 (27.65)		

A

3 CLAREMONT				1:55.93	16
1) Adam Koprowski M38	2) Kristy Brackstone W40	3) Nicola Corsbie W57	4) Paul Blackbeard M61		
26.05	56.53 (30.48)	1:28.51 (31.98)	1:55.93 (27.42)		

A

4 HENLEY BEACH MASTERS				1:57.56	14
1) Kim Wellington W43	2) John Dundon M57	3) Kimberley Vidura W23	4) David Bryce M44		
31.26	1:01.15 (29.89)	1:29.75 (28.60)	1:57.56 (27.81)		

A

5 MALVERN MARLINS				2:11.05	12
1) Tony Burt M49	2) Jade Roberts W39	3) Sharon Newstead W54	4) Jeremy Walker M36		
33.25	1:07.38 (34.13)	1:41.79 (34.41)	2:11.05 (29.26)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019
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A

6 ATLANTIS				2:13.98	10
1) Sue Lyons W51	2) Melissa Beames W35	3) Simon McCormack M53	4) Paul White M57		
31.83	1:05.78 (33.95)	1:40.32 (34.54)	2:13.98 (33.66)		

A

7 NOARLUNGA				2:26.61	8
1) Andrew Cranley M46	2) Helen Tucker W52	3) Stewart Galliford M61	4) Fiona Koutas W39		
38.25	1:15.56 (37.31)	1:53.34 (37.78)	2:26.61 (33.27)		

A

--- BLACKTOWN CITY				NS	
1) Connie Gorham W26	2) Christopher Dixon M59	3) Leonie Andrews W34	4) Aaron Cleland M45		

Event 22 Mixed 200-239 200 LC Metre Freestyle Relay**WORLD: 1:44.96 W 8/08/2006 USA****T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS****NATIONAL: 1:51.42 N 21/04/2016 Powerpoints****S MOFFATT, M THOMPSON, N ROYLE, J BUCKNELL**

A

1 MALVERN MARLINS				2:00.03	20
1) Luke Rattigan M49	2) Leigh Rodgers W64	3) Nicky Kerr W44	4) Mark Huggins M58		
28.68	1:00.45 (31.77)	1:31.02 (30.57)	2:00.03 (29.01)		

A

2 HENLEY BEACH MASTERS				2:00.76	18
1) Leila Nazimi W36	2) Joanne Sutcliffe W59	3) Grant Simpson M63	4) Stephen Osborne M50		
31.78	1:03.74 (31.96)	1:34.22 (30.48)	2:00.76 (26.54)		

A

3 CLAREMONT				2:09.12	16
1) Peter Mannolini M59	2) Patricia Burton W49	3) Eleanor Parsons W64	4) Anthony Dunne M56		
32.83	1:07.46 (34.63)	1:41.00 (33.54)	2:09.12 (28.12)		

A

4 ADELAIDE MASTERS				2:24.61	14
1) Deborah Brown W48	2) Leonie O'Connell W63	3) James Edwards M56	4) Mark Smedley M59		
45.26	1:22.80 (37.54)	1:55.68 (32.88)	2:24.61 (28.93)		

A

5 WESTERN DISTRICTS				2:37.02	12
1) Phillip Gray M69	2) Catherine Cunningham W60	3) Eimear Muir-Cochrane W574)			
Christopher Velliaris M44					
39.14	1:24.59 (45.45)	2:08.41 (43.82)	2:37.02 (28.61)		

A

--- POWERPOINTS				DQ	
1) Mark Thompson M50	2) Mary Sontrop W62	3) Yvonne Egan-Davidson W544)	Bradley McMahon M42		
26.18	1:04.21 (38.03)	1:44.26 (40.05)	DQ (26.03)		

A

--- MARION				DQ	
1) Deborah Wareing W63	2) Andrew Smith M55	3) Robyn Falster W59	4) Max Yates M64		
36.15	1:12.13 (35.98)	1:47.77 (35.64)	DQ (33.76)		

Event 22 Mixed 240-279 200 LC Metre Freestyle Relay**WORLD: 1:54.54 W 20/08/2016 USA****D MARTIN, J GROSELLE, N KRYKA, L KIRKPATRICK****NATIONAL: 1:58.76 N 13/10/2009 Blacktown City****B DEVENISH, C MUNNS, L STEVENSON, D AYSLEY**

A

1 MALVERN MARLINS				2:10.95	20
1) Gerry Tucker M70	2) Daphne Briggs W57	3) Sue Boekel W65	4) Simon Horan M57		
32.93	1:05.63 (32.70)	1:41.84 (36.21)	2:10.95 (29.11)		

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****(Event 22 Mixed 240-279 200 LC Metre Freestyle Relay)**

A			
2	CLAREMONT		2:17.14 18
	1) Graham Croft M71	2) Susan Swire-Thompson W65	3) Vivienne Anthony W60
	29.85	1:04.70 (34.85)	1:43.14 (38.44) 2:17.14 (34.00)
A			
3	RYDE		2:22.72 16
	1) Alan Burgess M68	2) Heather Morgan W75	3) Andrew McCrindell M56
	36.30	1:15.05 (38.75)	1:47.65 (32.60) 2:22.72 (35.07)
A			
4	MANLY		2:24.03 14
	1) Helen Ludgate W48	2) Dawn Gledhill W69	3) Tony Goodwin M82
	33.89	1:12.95 (39.06)	1:51.43 (38.48) 2:24.03 (32.60)
A			
5	BLACKTOWN CITY		2:38.24 12
	1) Michelle Stonehouse W57	2) Chris Rust M63	3) Vickey Gorham W59
	37.42	1:17.33 (39.91)	2:00.08 (42.75) 2:38.24 (38.16)
A			
6	ATLANTIS		2:46.81 10
	1) Bee Lean Lim W47	2) Terry Carter W69	3) Laurance Brett M75
	35.99	1:22.69 (46.70)	2:02.79 (40.10) 2:46.81 (44.02)
A			
7	DARWIN STINGERS		3:06.76 8
	1) Jacinta Stirrat W59	2) Neil Ludvigsen M72	3) Robert Magin M75
	42.64	1:42.30 (59.66)	3:06.76 (1:24.46)
B			
---	MALVERN MARLINS		X2:44.17
	1) Peter Balderstone M82	2) John Marshall M73	3) Lorraine Aw W49
	44.22	1:24.59 (40.37)	2:05.41 (40.82) 2:44.17 (38.76)

Event 22 Mixed 280-319 200 LC Metre Freestyle Relay**WORLD: 2:05.58 W 18/08/2017 USA****RICHARD BURNS, LAURA VAL, NANCY RIDOUT, TATE HOLT****NATIONAL: 2:17.33 N 21/04/2008 Seaside Pirates****P HUTCHINGS, K BEER, A DUFTY, J RICHARDS**

A			
1	DONCASTER DOLPHINS		2:16.31 N 20
	1) Robert Patterson M72	2) Margie Moore W67	3) Susan Harbottle W69
	30.55	1:07.24 (36.69)	1:44.02 (36.78) 2:16.31 (32.29)
A			
2	MALVERN MARLINS		2:16.71 N 18
	1) Janette Jeffrey W69	2) John Cocks M83	3) Trevor Skinner M71
	33.62	1:09.58 (35.96)	1:43.52 (33.94) 2:16.71 (33.19)
A			
3	ATLANTIS		2:22.96 16
	1) Allan Suskin M77	2) Joy Page W77	3) Judy Thomas W61
	40.18	1:20.88 (40.70)	1:52.49 (31.61) 2:22.96 (30.47)
A			
4	POWERPOINTS		2:32.06 14
	1) John Richards M77	2) Marijke Alderson W72	3) Rosa Montague W72
	36.71	1:17.77 (41.06)	1:58.66 (40.89) 2:32.06 (33.40)
B			
---	MALVERN MARLINS		X3:06.25
	1) James Macilwain M84	2) Anthony Rebeck M82	3) Nolene Schofield W65
	45.02	1:40.15 (55.13)	2:21.81 (41.66) 3:06.25 (44.44)

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2019 MSA Nationals Championships - 19/03/2019 to 23/03/2019**Results - Friday****Event 22 Mixed 320-359 200 LC Metre Freestyle Relay****WORLD: 2:35.97 W 20/08/2016 USA****R KAY, W LAMB, B FRID, D RADCLIFF****NATIONAL: 2:47.23 N 8/03/2017 Miami****J CRISP, D ROBERTSON, D LESLIE, M FITTOCK**

A

1 SUTHERLAND SANDBERN**3:17.27 20**1) Georgene McKenzie-Hicks W92 2) Peter Sheean M75 3) Anita Saviane W76
1:52.22 () 2:38.99 (46.77) 3:17.27 (38.28)

4) Colin Stanford M81

A

2 MALVERN MARLINS**3:23.29 18**1) Peter Couttie M89 2) Joan Simpson W73 3) Patrick Galvin M86
1:11.11 1:58.06 (46.95) 2:40.87 (42.81) 3:23.29 (42.42)

4) Patricia Baker W73