2019 MSSA Interclub Series Total Scores

Place	Team	Points
1	Atlantis	1852
2	Adelaide Masters	1381
3	Henley Beach Masters	1309
4	Tea Tree Gully	1139
5	Marion Masters Swimming	853
6	Noarlunga	806
7	Aquadome Otters	428
8	Great Southern Swimming Club	211
9	Onkaparinga Swimming Club	190
10	Payneham Swimming Club	79
11	Clovercrest	67
12	Port Augusta Razorfish	28
11	Western Districts	28

2019 MSSA Interclub 1 Team Scores – 2/05/2019

Place	Team	Points
1	Atlantis	795
2	Tea Tree Gully	455
3	Henley Beach Masters	413
4	Marion Masters Swimming	367
5	Adelaide Masters	348
6	Noarlunga	343
7	Aquadome Otters	163
8	Great Southern Swimming Club	136
9	Onkaparinga Swimming Club	71
10	Clovercrest	67
11	Payneham Swimming Club Masters	30
12	Port Augusta Razorfish	28

2019 MSSA Interclub 2 Team Scores – 14/07/2019

Place	Team	Points
1	Henley Beach Masters	276
2	Tea Tree Gully	262
3	Atlantis	217
4	Adelaide Masters	207
5	Noarlunga	151
6	Marion Masters Swimming	147
7	Aquadome Otters	84
8	Payneham Swimming Club Masters	20
9	Great Southern Swimming Club	18

2019 MSSA Interclub 3 Team Scores – 11/08/2019

Place	Team	Points
1	Atlantis	840
2	Adelaide Masters	826
3	Henley Beach Masters	620
4	Tea Tree Gully	422
5	Marion Masters Swimming	339
6	Noarlunga	312
7	Aquadome Otters	181
8	Onkaparinga Swimming Club	119
9	Great Southern Swimming Club	57
10	Payneham Swimming Club Masters	29
11	Western Districts	28

2019 MSSA Interclub 3 – 11 August 2019				
Possible National Records Achieved				
SA State Records Achieved				
Josephine Varney	Henley Beach	45-49	25m Freestyle	13.94s
Stephanie Palmer-White	Adelaide Masters	55-59	200m Freestyle	2m23.10s
Judy Thomas	Atlantis	60-64	25m Backstroke	17.93s
Christopher Ryan	Atlantis	30-34	25m Freestyle	11.66s
Christopher Ryan	Atlantis	30-34	50m Freestyle	25.07s
Ace Lewis	Marion	35-39	50m Breaststroke	32.66s
Mark Preiss	Aquadome Otters	45-49	200m Freestyle	2m06.66s
Stephen Osborne	Henley Beach	50-54	50m Freestyle	26.69s
Stephen Osborne	Henley Beach	50-54	100m Freestyle	58.61s
Stephen Osborne	Henley Beach	50-54	50m Butterfly	29.11s
Laurance Brett	Atlantis	75-79	100m Backstroke	1m46.21s
Laurance Brett	Atlantis	75-79	200m Backstroke	3m36.46s
Henley Beach Masters	Andrew Osborne Jason Ellul Stephen Osborne Grant Simpson	200-239	Men's 4x25m Medley Relay	59.02s

2019 MSSA Interclub Series Women Individual Scores

18 – 24 Women

1	Vidura, Kimberley	23	Henley Beach Masters	80
2	Muller, Rebecca	24	Adelaide Masters	47
3	Dowling, Alyce	24	Adelaide Masters	10

25 – 29 Women

1	Smith, Bethany	26	Aquadome Otters	20
1	Howarth, Bonnie	29	Clovercrest	20
1	Alley, Natalie	25	Tea Tree Gully	20

30 – 34 Women

1	Lynch, Amanda	34	Aquadome Otters	78
2	Smith, Charlene	34	Adelaide Masters	30

35 – 39 Women

1	Nazimi, Leila	36	Henley Beach Masters	80
2	Koutas, Fiona	39	Noarlunga	78
3	Beames, Melissa	35	Atlantis	77
4	Stead, Lisa	36	Noarlunga	72
5	Wilkinson, Wendy	35	Tea Tree Gully	53
6	Nailer, Michelle	36	Clovercrest	29
6	Mentha, Karen	39	Tea Tree Gully	29
8	Brown, Erin	39	Adelaide Masters	20
9	Neumann Lauren	36	Tea Tree Gully	17

40 – 44 Women

1	Wellington, Kym	43	Henley Beach Masters	80
2	Thorpe, Rachel	44	Tea Tree Gully	76
3	Goss, Debbie	40	Tea Tree Gully	75
4	Schwedat, Anke	41	Marion Masters Swimming	30
5	Baker, Yvette	43	Great Southern Swimming Club	29
5	Goldie, Emily	44	Adelaide Masters	29
5	Ebert, Rebecca	41	Tea Tree Gully	29
8	Osobase, Ikaehagbon	41	Marion Masters Swimming	25

45 – 49 Women

1	Varney, Josephine	48	Henley Beach Masters	80
2	Steveson, Chloe	47	Atlantis	59
3	Lim, Bee Lean	47	Atlantis	58
4	Brown, Deborah	48	Adelaide Masters	54
5	Mascall-Dare, Sharon	49	Atlantis	30
5	Ryan, Meredith	46	Marion Masters Swimming	30
7	Mascall-Dare, Sharon	49	Atlantis	28

50 – 54 Women

1	Astley, Julie	54	Adelaide Masters	80
2	Tucker, Helen	52	Noarlunga	77
2	Brown, Yumi	54	Aquadome Otters	77
4	Burley, Patsy	51	Onkaparinga Swimming Club	48
5	Webb, Leonie	54	Henley Beach Masters	46
6	Vas, Angela	52	Tea Tree Gully	40
7	Beaver, Sharon	52	Adelaide Masters	30
8	Pratt, Ingrid	54	Onkaparinga Swimming Club	29
9	Bartsch, Helen	50	Tea Tree Gully	17
9	Fitzgerald, Suanne	52	Adelaide Masters	17
11	Lutton, Melinda	51	Noarlunga	9

55 – 59 Women

1	Palmer-White, Stephanie	55	Adelaide Masters	80
1	Sutcliffe, Joanne	59	Henley Beach Masters	80
3	Malcolm, Matthea	59	Henley Beach Masters	74
4	Beames, Leanne	57	Atlantis	67
5	Bradley, Jenny	58	Atlantis	58
6	Brooks, Lisa	57	Atlantis	57
7	Haberfield, Helen	57	Tea Tree Gully	45
7	Shears, Bernadette	59	Tea Tree Gully	45
9	Doddridge, Margaret	57	Atlantis	28
9	Basedow, Angela	56	Adelaide Masters	28
9	Chambers, Cheryl	57	Henley Beach Masters	28

12	White, Rosemary	59	Henley Beach Masters	19
13	Blenkinsop, Sally	59	Atlantis	9

60 – 64 Women

1	Wareing, Deborah	63	Marion Masters Swimming	79
2	O'Connell, Leonie	63	Adelaide Masters	78
3	Thomas, Judy	61	Atlantis	60
3	O'Shea, Penni	62	Aquadome Otters	60
5	Roads, Elizabeth	60	Great Southern Swimming Club	45
6	Fisher, Rosemary	61	Great Southern Swimming Club	28
7	Geelen, Denise	62	Atlantis	24
8	Heffernan, Maryanne	63	Marion Masters Swimming	20
9	Reinboth, Betty	64	Adelaide Masters	16
10	Ruler, Amanda	60	Adelaide Masters	14
11	Carbone, Heather	61	Marion Masters Swimming	10

65 – 69 Women

1	Gunn, Pamela	65	Adelaide Masters	80
2	Gill, Janice	66	Tea Tree Gully	79
3	Burns, Heather	68	Atlantis	76
4	Bell, Janet	67	Aquadome Otters	72
5	Carter, Terry	69	Atlantis	47
6	Orr, Mary	65	Onkaparinga Swimming Club	36
7	Doyle, Gillian	66	Noarlunga	29
8	Graebner, Susan	65	Adelaide Masters	25
9	Candy, Sandra	67	Noarlunga	19

70 – 74 Women

1	Winter, Jill	72	Noarlunga	77
2	Reddecliffe, Karin	71	Great Southern Swimming Club	60
3	Mulqueen, Jennifer	73	Tea Tree Gully	50
4	Dalling, Wendy	74	Noarlunga	19
5	Vowles, Judy	70	Marion Masters Swimming	9

75 – 79 Women

1	Page, Joy	77	Atlantis	50
2	Smith, Pauline	77	Henley Beach Masters	20

80 – 84 Women

1	Pearce, Barbara	82	Marion Masters Swimming	80
2	Ross, Diane	84	Marion Masters Swimming	79
3	Simons, Diana	84	Adelaide Masters	54

85 – 89 Women

1	Armstrong, Margaret	86	Noarlunga	50

2019 MSSA Interclub Series Men Individual Scores

18 – 24 Men

1	Wilkins, Charlie	20	Adelaide Masters	50

25 – 29 Men

1	Gravier, Charles	27	Adelaide Masters	50

30 – 34 Men

1	Duncan, Elliott	34	Payneham Swimming Club Masters	79
2	Varvounis, Anthony	31	Adelaide Masters	48
3	Ryan, Christopher	31	Atlantis	30
4	Gardner, Benjamin	34	Clovercrest	18
5	Warr, Ben	33	Marion Masters Swimming	10

35 – 39 Men

1	Gassol Quilez, Gerard	36	Henley Beach Masters	79
2	Lewis, Ace	39	Marion Masters Swimming	70
3	Zubrinich, Craig	36	Aquadome Otters	10

40 – 44 Men

1	Gaibinger, Michael	43	Marion Masters Swimming	77
2	Hayes, Evan	41	Atlantis	58
3	Bryce, David	44	Henley Beach Masters	50
4	Cranley, Matthew	44	Noarlunga	48
5	Osborne, Andrew	44	Henley Beach Masters	30
6	Fillmore, Gavin	43	Onkaparinga Swimming Club	28
7	Colla, Stuart	43	Onkaparinga Swimming Club	27

45 – 49 Men

1	Cranley, Andrew	46	Noarlunga	78
2	Preiss, Mark	47	Aquadome Otters	50
3	Ellul, Jason	47	Henley Beach Masters	30
4	Belfer, Jack	46	Henley Beach Masters	29
4	Williams, Troy	45	Adelaide Masters	29
4	Thomas, Richard	47	Noarlunga	29

50 – 54 Men

1	Rowell, Gavin	50	Marion Masters Swimming	60
2	McCormack, Simon	53	Atlantis	55
3	Clancy, John	54	Atlantis	54
4	Osborne, Stephen	50	Henley Beach Masters	50
5	Zaika, Roman	53	Adelaide Masters	40
6	Nelson, Kent	54	Adelaide Masters	35
7	Kidman, Robert	53	Great Southern Swimming Club	30
8	Playford, Grant	50	Atlantis	27

55 – 59 Men

1	Smedley, Mark	59	Adelaide Masters	80
2	Smith, Andrew	55	Marion Masters Swimming	75
3	Ferguson, Robert	59	Atlantis	73
4	Harvey, Roger	56	Adelaide Masters	67
5	Burfield, Tim	56	Atlantis	58
6	Skeates, Nigel	56	Henley Beach Masters	54
7	Dundon, John	57	Henley Beach Masters	48
8	Forrest, Darren	56	Atlantis	44
9	White, Paul	57	Atlantis	29
10	Anderson, Russell	57	Adelaide Masters	25
11	Murtagh, John	56	Henley Beach Masters	16

60 – 64 Men

1	Thomas, David	64	Tea Tree Gully	76
2	Riley, Philip	60	Tea Tree Gully	72
3	Simpson, Grant	63	Henley Beach Masters	70
4	Beames, Phillip	61	Atlantis	48
5	Crowder, George	63	Marion Masters Swimming	43
6	Bradley, Peter	60	Atlantis	29
6	Hamden, Andrew	62	Aquadome Otters	29
8	Hughes, John	63	Port Augusta Razorfish	28
9	Camp-Smith, Peter	61	Tea Tree Gully	27
9	Atkinson, Jeff	61	Adelaide Masters	27

11	Markus, Frank	60	Adelaide Masters	26
12	Wheeler, Peter	60	Onkaparinga Swimming Club	22
13	Merritt, Stephen	64	Great Southern Swimming Club	19
14	Rowlands, Scott	63	Henley Beach Masters	16
		65 – 69 Men		
1	Fuller, Geoff	68	Henley Beach Masters	80
2	Thorpe, Ian	66	Tea Tree Gully	77
3	Pike, Richard	66	Atlantis	75
4	Cox, John	67	Noarlunga	60
5	Young, Ian	67	Marion Masters Swimming	40
6	Bertram, Neal	69	Henley Beach Masters	28
		70 – 74 Men		
1	Gamlen, John	72	Tea Tree Gully	79
2	Calver, Tim	73	Atlantis	70
3	Flowers, John	73	Tea Tree Gully	48
4	Smith, Ray	71	Atlantis	44
5	Harris, Robert	73	Atlantis	29
5	Watson, John	73	Noarlunga	29
5	Dean, Jock	71	Adelaide Masters	29
5	Will, Alastair	74	Adelaide Masters	29
9	Harrison, John	70	Tea Tree Gully	25
		75 – 79 Men		
1	Suskin, Allan	77	Atlantis	80
2	Robinson, Brian	77	Tea Tree Gully	73
3	Axton, Bryan	78	Noarlunga	68
4	Trapnell, Phillip	75	Atlantis	61
5	Brett, Laurance	75	Atlantis	30
5	Smith, Denys	78	Henley Beach Masters	30
7	Ham, Raymond	78	Western Districts	28
		80 – 84 Men		
1	Hawkes, Darryl	80	Marion Masters Swimming	80

85 – 89 Men

1	Ramsay, Tubby	85	Atlantis	30

2019 MSSA Interclub 3 - 11-Aug-19
Results

Event 1 Women 18-24 100 SC Metre Backstroke

National:	1:05.40	N	22-Oct-17	AYAKO TAKIMOTO
State:	1:09.69	S	11-Sep-16	KIMBERLEY VIDURA

	Name	Age	Team	Finals Time	Points
---	Dowling, Alyce	24	Adelaide Masters	DQ	
		1:26.50 ( )	DQ ( )		

Event 1 Women 35-39 100 SC Metre Backstroke

National:	1:08.70	N	10-Aug-02	HELEN WHITFORD
State:	1:12.66	S	01-Apr-95	JOANNE SUTCLIFFE

1	Beames, Melissa	35	Atlantis	1:24.04	10
		40.48 ( )	1:24.04 (43.56)		

Event 1 Women 50-54 100 SC Metre Backstroke

National:	1:09.62	N	15-Jul-18	HELEN WHITFORD
State:	1:15.52	S	11-Sep-11	JOANNE SUTCLIFFE

1	Webb, Leonie	54	Henley Beach Masters		1:52.47	10
	26.06	54.02 (27.96)	1:23.18 (29.16)	1:52.47 (29.29)		
2	Vas, Angela	52	Tea Tree Gully		2:01.07	9
		58.13 ( )	2:01.07 (1:02.94)			

Event 1 Women 55-59 100 SC Metre Backstroke

National:	1:15.38	N	22-Oct-17	JOANNE SUTCLIFFE
State:	1:15.38	S	22-Oct-17	JOANNE SUTCLIFFE

1	Sutcliffe, Joanne	59	Henley Beach Masters		1:18.58	10
	18.62	38.26 (19.64)	58.19 (19.93)	1:18.58 (20.39)		
2	Basedow, Angela	56	Adelaide Masters		1:30.68	9
	21.60	44.06 (22.46)	1:07.15 (23.09)	1:30.68 (23.53)		

Event 1 Women 65-69 100 SC Metre Backstroke

National:	1:22.17	N	19-Sep-09	CLARY MUNNS
State:	1:43.53	S	03-Aug-14	JAN SIMONS

1	Burns, Heather	68	Atlantis	2:35.70	10
		1:13.68 ( )	2:35.70 (1:22.02)		

Event 1 Women 80-84 100 SC Metre Backstroke

National:	1:46.03	N	02-Apr-17	HELEN BIRD
State:	2:20.11	S	05-Jul-15	DIANE ROSS

1	Simons, Diana	84	Adelaide Masters	3:06.78	10
		1:30.69 ( )	3:06.78 (1:36.09)		

Event 1 Women 85-89 100 SC Metre Backstroke

National:	2:11.09	N	03-Jul-05	PERSIS RAE
State:	2:40.54	S	31-Aug-03	ALMA BRECKNOCK

1	Armstrong, Margaret	86	Noarlunga	2:50.29	10
		1:26.60 ( )	2:50.29 (1:23.69)		

2019 MSSA Interclub 3 - 11-Aug-19
Results

Event 1 Men 40-44 100 SC Metre Backstroke

National:	1:00.59	N	19-Oct-13	IAN JEFFERY	
State:	1:07.42	S	01-Aug-10	CRAIG ADDAMS	

1	Gaibinger, Michael	43	Marion Masters Swimming		1:21.49	10
	18.85	39.14 (20.29)	1:00.13 (20.99)	1:21.49 (21.36)		

Event 1 Men 45-49 100 SC Metre Backstroke

National:	1:03.74	N	30-Aug-09	JON HAWTON	
State:	1:06.68	S	11-Jun-06	MARK SMEDLEY	

1	Cranley, Andrew	46	Noarlunga		1:33.86	10
	22.64	46.35 (23.71)	1:10.41 (24.06)	1:33.86 (23.45)		

Event 1 Men 55-59 100 SC Metre Backstroke

National:	1:07.60	N	11-Sep-16	MARK SMEDLEY	
State:	1:07.60	S	11-Sep-16	MARK SMEDLEY	

1	Smedley, Mark	59	Adelaide Masters		1:09.99	10
	16.98	34.52 (17.54)	52.37 (17.85)	1:09.99 (17.62)		
2	Ferguson, Robert	59	Atlantis		2:32.70	9
	35.17	1:12.62 (37.45)	1:54.05 (41.43)	2:32.70 (38.65)		

Event 1 Men 65-69 100 SC Metre Backstroke

National:	1:17.24	N	21-May-16	STEPHEN LAMY	
State:	1:26.44	S	20-May-18	IAN YOUNG	

1	Fuller, Geoff	68	Henley Beach Masters		2:00.78	10
	28.13	58.11 (29.98)	1:31.45 (33.34)	2:00.78 (29.33)		
2	Pike, Richard	66	Atlantis		2:28.17	9
	33.84	1:10.96 (37.12)	1:50.31 (39.35)	2:28.17 (37.86)		

Event 1 Men 70-74 100 SC Metre Backstroke

National:	1:21.40	N	25-May-19	STEPHEN LAMY	
State:	1:34.12	S	06-May-12	MICHAEL GRAY	

1	Gamlen, John	72	Tea Tree Gully		1:42.12	10
	24.15	49.71 (25.56)	1:16.20 (26.49)	1:42.12 (25.92)		

Event 1 Men 75-79 100 SC Metre Backstroke

National:	1:27.46	N	15-Mar-18	GEORGE GREEN	
State:	1:50.00	S	29-Jun-08	JONATHAN DAVIES	

1	Brett, Laurance	75	Atlantis		1:46.21 S	10
	25.58	51.41 (25.83)	1:19.06 (27.65)	1:46.21 (27.15)		
2	Ham, Raymond	78	Western Districts		2:40.18	9
	35.10		2:00.04 ( )	2:40.18 (40.14)		

2019 MSSA Interclub 3 - 11-Aug-19
Results

Event 1 Men 80-84 100 SC Metre Backstroke

National:	1:37.39	N	22-Oct-17	JOHN COCKS
State:	1:52.56	S	24-Jul-11	JONATHAN DAVIES

1	Hawkes, Darryl	80	Marion Masters Swimming	2:15.14	10
	32.62	1:07.03 (34.41)	1:41.55 (34.52)	2:15.14 (33.59)	

Event 2 Women 30-34 50 SC Metre Butterfly

National:	29.11	N	24-Jan-10	ALEXA BROWN
State:	29.71	S	10-Sep-17	CHARLENE SMITH

1	Lynch, Amanda	34	Aquadome Otters	45.22	10
	20.52	45.22 (24.70)			

Event 2 Women 35-39 50 SC Metre Butterfly

National:	29.51	N	21-Oct-07	LYNNE HAYES
State:	33.24	S	05-Feb-95	JOANNE SUTCLIFFE

1	Stead, Lisa	36	Noarlunga	55.48	10
	26.93	55.48 (28.55)			

Event 2 Women 40-44 50 SC Metre Butterfly

National:	29.70	N	25-Aug-18	GILLIAN O'MARA
State:	31.83	S	09-Sep-12	AMANDA CARNE

1	Wellington, Kim	43	Henley Beach Masters	35.53	10
	16.27	35.53 (19.26)			
2	Goldie, Emily	44	Adelaide Masters	37.62	9
	17.83	37.62 (19.79)			

Event 2 Women 45-49 50 SC Metre Butterfly

National:	30.65	N	09-Apr-15	JENNIE BUCKNELL
State:	31.56	S	24-Jun-18	JOSEPHINE VARNEY

1	Varney, Josephine	48	Henley Beach Masters	32.28	10
	14.81	32.28 (17.47)			

Event 2 Women 60-64 50 SC Metre Butterfly

National:	32.84	N	18-Jul-15	LEIGH RODGERS
State:	35.16	S	23-Feb-19	JUDY THOMAS

1	O'Connell, Leonie	63	Adelaide Masters	41.28	10
	19.15	41.28 (22.13)			

Event 2 Women 65-69 50 SC Metre Butterfly

National:	37.31	N	22-Oct-11	LYNETTE STEVENSON
State:	47.26	S	14-Jun-09	CAROLYN FLEMING

1	Doyle, Gillian	66	Noarlunga	57.40	10
	26.30	57.40 (31.10)			

2019 MSSA Interclub 3 - 11-Aug-19
Results

Event 2 Women 70-74 50 SC Metre Butterfly

National:	39.95	N	09-Apr-15	CLARY MUNNS	
State:	54.11	S	09-Sep-12	JOY PAGE	

1	Mulqueen, Jennifer	73	Tea Tree Gully	1:13.09	10
	33.50	1:13.09 (39.59)			

Event 2 Men 30-34 50 SC Metre Butterfly

National:	24.63	N	28-Nov-15	RYAN NOLAN	
State:	26.61	S	02-Aug-09	X. (. ZHANG	

1	Ryan, Christopher	31	Atlantis	27.38	10
	12.87	27.38 (14.51)			
2	Varvounis, Anthony	31	Adelaide Masters	32.01	9
	14.78	32.01 (17.23)			

Event 2 Men 35-39 50 SC Metre Butterfly

National:	23.64	N	01-Jul-11	ADAM PINE	
State:	28.02	S	29-Jun-08	CRAIG ADDAMS	

1	Lewis, Ace	39	Marion Masters Swimming	30.83	10
	14.27	30.83 (16.56)			

Event 2 Men 40-44 50 SC Metre Butterfly

National:	25.94	N	28-Jan-17	TODD ROBINSON	
State:	27.63	S	13-Sep-09	STEPHEN M OSBORNE	

1	Hayes, Evan	41	Atlantis	33.23	10
	15.29	33.23 (17.94)			
2	Cranley, Matthew	44	Noarlunga	34.23	9
	15.62	34.23 (18.61)			
3	Colla, Stuart	43	Onkaparinga Swimming Club	38.51	8
	17.96	38.51 (20.55)			

Event 2 Men 45-49 50 SC Metre Butterfly

National:	26.37	N	09-Mar-19	TODD ROBINSON	
State:	28.68	S	03-Aug-14	STEPHEN OSBORNE	

1	Ellul, Jason	47	Henley Beach Masters	29.54	10
	13.61	29.54 (15.93)			

Event 2 Men 50-54 50 SC Metre Butterfly

National:	27.62	N	17-Sep-16	BARRY CARP	
State:	29.50	S	07-Apr-10	MARK SMEDLEY	

1	Osborne, Stephen	50	Henley Beach Masters	29.11 S	10
	13.68	29.11 (15.43)			

Event 2 Men 70-74 50 SC Metre Butterfly

National:	34.75	N	15-Oct-16	PAUL WYATT	
State:	38.28	S	05-Aug-12	TONY WARD	

1	Harrison, John	70	Tea Tree Gully	1:03.14	10
	30.14	1:03.14 (33.00)			

2019 MSSA Interclub 3 - 11-Aug-19
Results

Event 3 Women 18-24 50 SC Metre Breaststroke

National:	**31.27**	**N**	**05-Nov-14**	**PHILIPA COCHRAN**	
State:	**33.99**	**S**	**05-Jun-05**	**CATHERINE HOWLAND**	

1	Dowling, Alyce	24	Adelaide Masters	46.41	10
	22.15	46.41 (24.26)			

Event 3 Women 35-39 50 SC Metre Breaststroke

National:	**32.13**	**N**	**14-Jul-10**	**LINLEY FRAME**	
State:	**37.30**	**S**	**25-May-03**	**SUE LYONS**	

1	Koutas, Fiona	39	Noarlunga	46.67	10
	21.91	46.67 (24.76)			
2	Mentha, Karen	39	Tea Tree Gully	51.83	9
	23.68	51.83 (28.15)			
---	Brown, Erin	39	Adelaide Masters	DQ	
	Use of tape on the body				
	19.98	DQ (23.43)			
---	Nailer, Michelle	36	Clovercrest	NS	

Event 3 Women 40-44 50 SC Metre Breaststroke

National:	**31.52**	**N**	**25-Aug-13**	**LINLEY FRAME**	
State:	**40.19**	**S**	**02-Aug-09**	**JULIE ASTLEY**	

1	Goldie, Emily	44	Adelaide Masters	45.51	10
	21.41	45.51 (24.10)			
2	Ebert, Rebecca	41	Tea Tree Gully	47.37	9
	21.93	47.37 (25.44)			
3	Thorpe, Rachel	44	Tea Tree Gully	57.52	8
	28.21	57.52 (29.31)			
---	Osobase, Ikaehagbon	41	Marion Masters Swimming	NS	

Event 3 Women 45-49 50 SC Metre Breaststroke

National:	**33.01**	**N**	**16-Jul-17**	**LINLEY FRAME**	
State:	**40.36**	**S**	**05-Aug-12**	**ILZE OSTROVSKA**	

1	Ryan, Meredith	46	Marion Masters Swimming	43.88	10
	20.52	43.88 (23.36)			
2	Lim, Bee Lean	47	Atlantis	44.49	9
	21.53	44.49 (22.96)			

Event 3 Women 50-54 50 SC Metre Breaststroke

National:	**35.08**	**N**	**17-May-08**	**JENNY WHITELEY**	
State:	**42.03**	**S**	**22-Oct-17**	**ILZE OSTROVSKA**	

1	Burley, Patsy	51	Onkaparinga Swimming Club	58.81	10
	29.16	58.81 (29.65)			

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Event 3 Women 55-59 50 SC Metre Breaststroke

National:	**36.29**	**N**	**11-May-13**	**JENNY WHITELEY**
State:	**43.04**	**S**	**11-Sep-16**	**JOANNE SUTCLIFFE**

1	Bradley, Jenny	58	Atlantis	47.72	10
	22.02	47.72 (25.70)			
2	Chambers, Cheryl	57	Henley Beach Masters	50.48	9
	23.85	50.48 (26.63)			
3	Beames, Leanne	57	Atlantis	55.81	8
	24.76	55.81 (31.05)			

Event 3 Women 60-64 50 SC Metre Breaststroke

National:	**37.08**	**N**	**26-May-18**	**JENNY WHITELEY**
State:	**42.86**	**S**	**06-May-17**	**M. HEFFERNAN**

1	O'Shea, Penelope	62	Aquadome Otters	52.67	10
	24.63	52.67 (28.04)			

Event 3 Women 65-69 50 SC Metre Breaststroke

National:	**41.38**	**N**	**28-Aug-16**	**JANETTE JEFFREY**
State:	**47.24**	**S**	**22-Apr-07**	**JOY C PAGE**

1	Carter, Terry	69	Atlantis	55.63	10
	25.61	55.63 (30.02)			
2	Gill, Janice	66	Tea Tree Gully	57.18	9
	27.54	57.18 (29.64)			

Event 3 Women 70-74 50 SC Metre Breaststroke

National:	**43.95**	**N**	**17-Oct-15**	**CLARY MUNNS**
State:	**49.20**	**S**	**26-May-13**	**JOY PAGE**

1	Reddecliffe, Karin	71	Great Southern Swimming Club	56.71	10
	26.31	56.71 (30.40)			

Event 3 Women 85-89 50 SC Metre Breaststroke

National:	**1:08.82**	**N**	**13-Mar-10**	**M. CUNNINGHAM**
State:	**1:17.29**	**S**	**31-Aug-03**	**ALMA BRECKNOCK**

1	Armstrong, Margaret	86	Noarlunga	1:35.27	10
	49.27	1:35.27 (46.00)			

Event 3 Men 18-24 50 SC Metre Breaststroke

National:	**29.08**	**N**	**30-Aug-08**	**KARL WURZER**
State:	**33.57**	**S**	**03-Jul-99**	**ANDREW OSBORNE**

1	Wilkins, Charlie	20	Adelaide Masters	49.24	10
	23.49	49.24 (25.75)			

Event 3 Men 25-29 50 SC Metre Breaststroke

National:	28.81	N	21-Jul-90	GUY FARROW	
State:	31.86	S	23-Oct-05	ANDREW RAGLESS	

1	Gravier, Charles	27	Adelaide Masters	51.22	10
	23.23	51.22 (27.99)			

Event 3 Men 35-39 50 SC Metre Breaststroke

National:	30.77	N	15-Jul-18	ADRIAN CORCORIS	
State:	32.71	S	23-Sep-18	ACE LEWIS	

1	Lewis, Ace	39	Marion Masters Swimming	32.66 S	10
	15.32	32.66 (17.34)			

Event 3 Men 40-44 50 SC Metre Breaststroke

National:	30.49	N	23-Aug-13	IAN JEFFERY	
State:	32.47	S	18-Jul-04	MARK SMEDLEY	

1	Osborne, Andrew	44	Henley Beach Masters	39.06	10
	19.41	39.06 (19.65)			
2	Cranley, Matthew	44	Noarlunga	41.16	9
	19.08	41.16 (22.08)			
3	Fillmore, Gavin	43	Onkaparinga Swimming Club	44.11	8
	21.02	44.11 (23.09)			

Event 3 Men 45-49 50 SC Metre Breaststroke

National:	30.39	N	23-Oct-16	KELVIN YEW	
State:	32.34	S	22-Oct-17	TRISTAN HERBERT	

1	Williams, Troy	45	Adelaide Masters	43.65	10
	21.13	43.65 (22.52)			

Event 3 Men 50-54 50 SC Metre Breaststroke

National:	30.48	N	15-Sep-13	STUART MOFFATT	
State:	32.99	S	09-Apr-10	MARK SMEDLEY	

1	Rowell, Gavin	50	Marion Masters Swimming	35.73	10
	17.11	35.73 (18.62)			
2	Playford, Grant	50	Atlantis	41.77	9
	20.32	41.77 (21.45)			
3	Clancy, John	54	Atlantis	56.04	8
	26.84	56.04 (29.20)			
---	Zaika, Roman	53	Adelaide Masters	NS	

Event 3 Men 55-59 50 SC Metre Breaststroke

National:	32.17	N	19-Sep-09	STUART ELLICOTT	
State:	33.71	S	11-Apr-15	MARK SMEDLEY	

1	Skeates, Nigel	56	Henley Beach Masters	46.79	10
	22.28	46.79 (24.51)			
2	Anderson, Russell	57	Adelaide Masters	53.83	9
	25.60	53.83 (28.23)			

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Event 3 Men 60-64 50 SC Metre Breaststroke

National:	32.16	N	05-May-12	STUART ELLICOTT	
State:	39.35	S	01-Apr-95	DIETER LOELIGER	

1	Atkinson, Jeff	61	Adelaide Masters	48.10	10
	23.11	48.10 (24.99)			
2	Thomas, David	64	Tea Tree Gully	48.41	9
	22.54	48.41 (25.87)			
3	Hamden, Andrew	62	Aquadome Otters	56.60	8
	26.89	56.60 (29.71)			

Event 3 Men 65-69 50 SC Metre Breaststroke

National:	33.72	N	14-Oct-17	STUART ELLICOTT	
State:	40.99	S	09-May-98	DIETER LOELIGER	

1	Cox, John	67	Noarlunga	51.46	10
	24.41	51.46 (27.05)			

Event 3 Men 70-74 50 SC Metre Breaststroke

National:	38.12	N	25-Mar-07	TONY GOODWIN	
State:	42.43	S	18-Mar-02	JONATHAN DAVIES	

---	Hardie, Ron	73	Marion Masters Swimming	NS	

Event 3 Men 75-79 50 SC Metre Breaststroke

National:	39.36	N	20-Oct-12	TONY GOODWIN	
State:	44.76	S	08-Jul-07	JONATHAN DAVIES	

1	Smith, Denys	78	Henley Beach Masters	1:01.71	10
	30.19	1:01.71 (31.52)			

Event 4 Women 35-39 200 SC Metre Freestyle

National:	2:11.41	N	05-Aug-12	GILLIAN O'MARA	
State:	2:15.13	S	01-Apr-95	MARIANNE COSTELLO	

1	Nazimi, Leila	36	Henley Beach Masters	2:22.56	10
	16.08	33.79 (17.71)	52.20 (18.41)	1:10.38 (18.18)	
	1:28.82 (18.44)	1:46.94 (18.12)	2:05.25 (18.31)	2:22.56 (17.31)	
2	Wilkinson, Wendy	35	Tea Tree Gully	3:22.81	9
	21.62	44.19 (22.57)	1:09.28 (25.09)	1:34.84 (25.56)	
	2:01.67 (26.83)	2:28.24 (26.57)	2:56.48 (28.24)	3:22.81 (26.33)	

Event 4 Women 45-49 200 SC Metre Freestyle

National:	2:11.09	N	05-Apr-03	JENNY WHITELEY	
State:	2:19.01	S	05-Jul-09	S. PALMER-WHITE	

1	Brown, Deborah	48	Adelaide Masters	4:33.59	10
	27.75	1:01.94 (34.19)		2:13.09 ( )	
	2:50.90 (37.81)	3:27.56 (36.66)	4:33.59 (1:06.03)		

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Event 4 Women 50-54 200 SC Metre Freestyle

National:	2:14.49	N	30-Aug-09	JENNY WHITELEY
State:	2:22.50	S	21-Aug-16	S. PALMER-WHITE

1	Beaver, Sharon	52	Adelaide Masters			2:49.28	10
	20.95	40.64 (19.69)	1:01.42 (20.78)	1:22.09 (20.67)			
	1:43.73 (21.64)	2:04.11 (20.38)	2:28.86 (24.75)	2:49.28 (20.42)			
2	Webb, Leonie	54	Henley Beach Masters			3:49.83	9
	23.36	51.61 (28.25)	1:20.77 (29.16)	1:51.63 (30.86)			
	2:21.39 (29.76)	2:52.49 (31.10)	3:22.40 (29.91)	3:49.83 (27.43)			

Event 4 Women 55-59 200 SC Metre Freestyle

National:	2:19.23	N	05-Sep-15	JENNY WHITELEY
State:	2:23.61	S	23-Feb-19	S. PALMER-WHITE

1	Palmer-White, Stephanie	55	Adelaide Masters			2:23.10 S	10
	16.55	34.21 (17.66)	52.36 (18.15)	1:10.76 (18.40)			
	1:29.14 (18.38)	1:47.48 (18.34)	2:05.54 (18.06)	2:23.10 (17.56)			
2	Brooks, Lisa	57	Atlantis			3:35.25	9
	23.44	49.54 (26.10)	1:16.32 (26.78)	1:44.73 (28.41)			
	2:13.55 (28.82)	2:42.06 (28.51)	3:09.50 (27.44)	3:35.25 (25.75)			

Event 4 Women 60-64 200 SC Metre Freestyle

National:	2:15.93	N	13-Oct-18	JENNY WHITELEY
State:	2:34.49	S	10-Sep-17	M. HEFFERNAN

1	Wareing, Deborah	63	Marion Masters Swimming			2:42.02	10
	17.30	36.31 (19.01)	56.13 (19.82)	1:17.14 (21.01)			
	1:37.78 (20.64)	1:59.78 (22.00)	2:21.28 (21.50)	2:42.02 (20.74)			

Event 4 Women 65-69 200 SC Metre Freestyle

National:	2:43.65	N	09-Apr-10	JEN THOMASSON
State:	3:00.29	S	04-May-08	CAROLYN M FLEMING

1	Gunn, Pamela	65	Adelaide Masters			3:20.43	10
	23.41			1:39.60 ( )			
		2:31.37 ( )	3:20.43 (49.06)				

Event 4 Women 70-74 200 SC Metre Freestyle

National:	2:49.70	N	17-Mar-13	JEN THOMASSON
State:	3:28.64	S	09-Apr-15	JOY PAGE

1	Mulqueen, Jennifer	73	Tea Tree Gully			3:50.70	10
	25.11		1:21.37 ( )	1:50.65 (29.28)			
	2:21.61 (30.96)		3:23.92 ( )	3:50.70 (26.78)			
2	Winter, Jill	72	Noarlunga			4:47.54	9
	30.33	1:02.85 (32.52)	1:39.21 (36.36)	2:15.18 (35.97)			
	2:54.21 (39.03)	3:32.33 (38.12)	4:47.54 (1:15.21)				
---	Dalling, Wendy	74	Noarlunga			NS	

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Event 4 Women 75-79 200 SC Metre Freestyle

	National:	**2:58.33**	**N**	**23-Jun-18**	**JEN THOMASSON**	
	State:	**3:37.45**	**S**	**10-Sep-17**	**JOY PAGE**	

1	Smith, Pauline	77	Henley Beach Masters	4:41.06	10
	29.42	1:01.66 (32.24)	1:35.88 (34.22)	2:11.68 (35.80)	
	2:48.04 (36.36)	3:26.33 (38.29)	4:03.85 (37.52)	4:41.06 (37.21)	

Event 4 Women 80-84 200 SC Metre Freestyle

	National:	**3:21.74**	**N**	**09-Apr-15**	**DENISE ROBERTSON**	
	State:	**4:14.00**	**S**	**11-Oct-16**	**DIANE ROSS**	

1	Ross, Diane	84	Marion Masters Swimming	4:29.41	10
	29.71	1:02.73 (33.02)	1:35.34 (32.61)	2:10.62 (35.28)	
	2:44.27 (33.65)	3:20.22 (35.95)	3:54.68 (34.46)	4:29.41 (34.73)	

Event 4 Men 30-34 200 SC Metre Freestyle

	National:	**1:53.87**	**N**	**22-Aug-09**	**LACHLAN MCDOWELL**	
	State:	**2:05.51**	**S**	**29-Jun-08**	**JOHN BARANOFF**	

1	Duncan, Elliott	34	Payneham Swimming Club Masters	2:54.04	10
	19.22	39.16 (19.94)	59.69 (20.53)	1:21.11 (21.42)	
	1:44.20 (23.09)	2:07.30 (23.10)	2:31.40 (24.10)	2:54.04 (22.64)	

Event 4 Men 35-39 200 SC Metre Freestyle

	National:	**1:56.66**	**N**	**16-Jul-17**	**LACHLAN MCDOWELL**	
	State:	**2:04.43**	**S**	**02-Jul-06**	**CRAIG MARTIN**	

1	Gassol Quilez, Gerard	36	Henley Beach Masters	2:26.11	10
	16.62	35.04 (18.42)	53.39 (18.35)	1:12.31 (18.92)	
	1:31.31 (19.00)	1:50.28 (18.97)	2:08.99 (18.71)	2:26.11 (17.12)	

Event 4 Men 45-49 200 SC Metre Freestyle

	National:	**1:55.91**	**N**	**09-Apr-15**	**MARK THOMPSON**	
	State:	**2:08.51**	**S**	**02-Jul-06**	**MARK SMEDLEY**	

1	Preiss, Mark	47	Aquadome Otters	2:06.66 S	10
	13.93	29.48 (15.55)	45.55 (16.07)	1:01.36 (15.81)	
	1:17.87 (16.51)	1:34.12 (16.25)	1:50.76 (16.64)	2:06.66 (15.90)	
2	Belfer, Jack	46	Henley Beach Masters	2:34.41	9
	17.42	35.84 (18.42)	55.12 (19.28)	1:14.66 (19.54)	
	1:34.82 (20.16)	1:55.10 (20.28)	2:15.36 (20.26)	2:34.41 (19.05)	

Event 4 Men 50-54 200 SC Metre Freestyle

	National:	**2:04.62**	**N**	**13-Oct-18**	**PAUL LEMMON**	
	State:	**2:11.07**	**S**	**02-Jul-06**	**GRANT SIMPSON**	

1	McCormack, Simon	53	Atlantis	2:37.09	10
	16.24	34.08 (17.84)	53.02 (18.94)	1:12.67 (19.65)	
	1:33.35 (20.68)	1:54.06 (20.71)	2:16.12 (22.06)	2:37.09 (20.97)	

Event 4 Men 55-59 200 SC Metre Freestyle

National:	2:06.51	N	28-Mar-15	PAUL BLACKBEARD
State:	2:12.99	S	08-Jul-07	GRAHAM CROFT

1	Harvey, Roger		56	Adelaide Masters		3:09.85	10
	20.29			1:06.44 ( )	1:30.66 (24.22)		
	1:55.55 (24.89)	2:20.62 (25.07)		2:45.30 (24.68)	3:09.85 (24.55)		

Event 4 Men 60-64 200 SC Metre Freestyle

National:	2:18.35	N	29-Jun-13	IAN YOUNG
State:	2:18.35	S	29-Jun-13	IAN YOUNG

1	Simpson, Grant		63	Henley Beach Masters		2:25.78	10
	16.52			53.07 ( )			
	1:30.50 ( )			2:08.12 ( )	2:25.78 (17.66)		
2	Riley, Philip		60	Tea Tree Gully		2:49.37	9
	17.84	37.20 (19.36)		57.53 (20.33)	1:18.65 (21.12)		
	1:41.11 (22.46)	2:03.95 (22.84)		2:49.37 (45.42)			
3	Markus, Frank		60	Adelaide Masters		2:59.70	8
	18.92	40.42 (21.50)		1:02.59 (22.17)	1:25.53 (22.94)		
	1:49.80 (24.27)	2:13.67 (23.87)		2:38.42 (24.75)	2:59.70 (21.28)		
4	Crowder, George		63	Marion Masters Swimming		3:18.50	7
	20.00	43.70 (23.70)		1:08.07 (24.37)	1:34.55 (26.48)		
	1:59.02 (24.47)	2:26.99 (27.97)		2:52.02 (25.03)	3:18.50 (26.48)		
5	Hamden, Andrew		62	Aquadome Otters		3:33.89	6
	22.90	48.06 (25.16)		1:16.43 (28.37)	1:43.81 (27.38)		
	2:12.10 (28.29)	2:40.98 (28.88)		3:09.88 (28.90)	3:33.89 (24.01)		

Event 4 Men 70-74 200 SC Metre Freestyle

National:	2:34.46	N	05-Nov-05	JOHN CRISP
State:	2:40.63	S	22-Oct-17	STEPHEN CARTHEW

1	Calver, Tim		73	Atlantis		3:47.99	10
	23.51	50.19 (26.68)			1:49.20 ( )		
		2:51.24 ( )		3:22.33 (31.09)	3:47.99 (25.66)		

Event 4 Men 75-79 200 SC Metre Freestyle

National:	2:40.22	N	01-May-10	JOHN CRISP
State:	3:04.53	S	05-Jul-09	ROY DREW

1	Smith, Denys		78	Henley Beach Masters		4:11.08	10
	25.27	54.99 (29.72)		1:25.65 (30.66)	1:58.65 (33.00)		
	2:29.59 (30.94)	3:04.71 (35.12)		3:39.78 (35.07)	4:11.08 (31.30)		
2	Axton, Bryan		78	Noarlunga		4:30.29	9
	28.26	59.70 (31.44)		1:34.48 (34.78)	2:09.02 (34.54)		
	2:45.08 (36.06)	3:21.07 (35.99)		3:56.06 (34.99)	4:30.29 (34.23)		
3	Trapnell, Phillip		75	Atlantis		4:49.89	8
	28.34	1:01.70 (33.36)		1:37.29 (35.59)	2:15.38 (38.09)		
	2:53.62 (38.24)	3:33.59 (39.97)		4:12.96 (39.37)	4:49.89 (36.93)		

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Event 5 Women 18-24 100 SC Metre Butterfly

	National:	**1:03.91**	**N**	**20-Aug-17**	**AYAKO TAKIMOTO**	
	State:	**1:05.18**	**S**	**13-Sep-09**	**C. MARGRISON**	
1	Vidura, Kimberley		23	Henley Beach Masters	1:09.77	10
	14.94	32.29 (17.35)	50.64 (18.35)	1:09.77 (19.13)		
2	Muller, Rebecca		24	Adelaide Masters	1:16.05	9
	17.39	36.27 (18.88)	57.66 (21.39)	1:16.05 (18.39)		

Event 5 Women 60-64 100 SC Metre Butterfly

	National:	**1:13.58**	**N**	**10-Apr-15**	**LEIGH RODGERS**	
	State:	**1:23.30**	**S**	**08-Jul-18**	**M. HEFFERNAN**	
---	Heffernan, Maryanne		63	Marion Masters Swimming	NS	

Event 5 Men 40-44 100 SC Metre Butterfly

	National:	**58.93**	**N**	**19-Aug-18**	**LACHLAN MCDOWELL**	
	State:	**1:00.09**	**S**	**02-Aug-09**	**STEPHEN M OSBORNE**	
1	Hayes, Evan		41	Atlantis	1:19.74	10
	15.93	34.93 (19.00)	55.86 (20.93)	1:19.74 (23.88)		

Event 5 Men 45-49 100 SC Metre Butterfly

	National:	**1:00.35**	**N**	**10-Apr-15**	**MARK THOMPSON**	
	State:	**1:03.28**	**S**	**10-Oct-14**	**STEPHEN OSBORNE**	
1	Cranley, Andrew		46	Noarlunga	1:57.98	10
	25.07	55.97 (30.90)	1:26.79 (30.82)	1:57.98 (31.19)		

Event 6 Women 35-39 25 SC Metre Backstroke

	National:	**15.50**	**N**	**05-Jul-08**	**NOEMI DOMONKOS**	
	State:	**17.35**	**S**	**22-Oct-17**	**AHLANNA HAYES**	
1	Koutas, Fiona		39	Noarlunga	19.11	10
---	Nailer, Michelle		36	Clovercrest	NS	

Event 6 Women 50-54 25 SC Metre Backstroke

	National:	**15.80**	**N**	**07-Apr-10**	**JENNY WHITELEY**	
	State:	**16.37**	**S**	**11-Sep-11**	**JOANNE SUTCLIFFE**	
1	Astley, Julie		54	Adelaide Masters	20.29	10
2	Tucker, Helen		52	Noarlunga	22.90	9
3	Vas, Angela		52	Tea Tree Gully	24.36	8
4	Burley, Patsy		51	Onkaparinga Swimming Club	24.38	7
---	Pratt, Ingrid		54	Onkaparinga Swimming Club	NS	

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Event 6 Women 55-59 25 SC Metre Backstroke

National:	16.57	N	22-Oct-17	JOANNE SUTCLIFFE
State:	16.57	S	22-Oct-17	JOANNE SUTCLIFFE

1	Beames, Leanne	57	Atlantis	26.20	10
2	Blenkinsop, Sally	59	Atlantis	26.82	9
---	Falster, Robyn	59	Marion Masters Swimming	NS	

Event 6 Women 60-64 25 SC Metre Backstroke

National:	16.87	N	18-Mar-06	PENNY STEELE
State:	18.61	S	21-Aug-16	DEBORAH WAREING

1	Thomas, Judy	61	Atlantis	17.93 S	10
2	Geelen, Denise	62	Atlantis	26.35	9

Event 6 Women 65-69 25 SC Metre Backstroke

National:	17.31	N	08-Oct-11	CLARY MUNNS
State:	20.57	S	03-Aug-14	JAN SIMONS

1	Gill, Janice	66	Tea Tree Gully	27.59	10

Event 6 Women 70-74 25 SC Metre Backstroke

National:	18.07	N	21-Oct-17	CLARY MUNNS
State:	21.55	S	15-Jul-12	JOY PAGE

1	Reddecliffe, Karin	71	Great Southern Swimming Club	27.67	10

Event 6 Women 80-84 25 SC Metre Backstroke

National:	22.00	N	05-Aug-17	HELEN BIRD
State:	27.36	S	30-Aug-15	DIANE ROSS

1	Pearce, Barbara	82	Marion Masters Swimming	28.27	10

Event 6 Men 35-39 25 SC Metre Backstroke

National:	13.33	N	22-Jan-12	NICK WOODS
State:	15.10	S	29-Jun-08	JOSHUA HUMPHRIES

---	Zubrinich, Craig	36	Aquadome Otters	NS	

Event 6 Men 40-44 25 SC Metre Backstroke

National:	13.48	N	24-Sep-16	IAN JEFFERY
State:	14.61	S	03-Aug-14	SCOTT HEALEY

1	Gaibinger, Michael	43	Marion Masters Swimming	17.50	10

Event 6 Men 45-49 25 SC Metre Backstroke

National:	14.25	N	18-Jul-09	JON HAWTON
State:	14.97	S	02-Jul-06	MARK SMEDLEY

1	Ellul, Jason	47	Henley Beach Masters	15.09	10

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Event 6 Men 55-59 25 SC Metre Backstroke

National:	14.68	N	26-Jun-16	MARK SMEDLEY
State:	14.68	S	26-Jun-16	MARK SMEDLEY

1	Smith, Andrew	55	Marion Masters Swimming	20.86	10
2	Skeates, Nigel	56	Henley Beach Masters	21.50	9

Event 6 Men 60-64 25 SC Metre Backstroke

National:	15.07	N	24-May-15	PHILIPP DJANG
State:	15.07	S	24-May-15	PHILIPP DJANG

1	Thomas, David	64	Tea Tree Gully	21.25	10
2	Riley, Philip	60	Tea Tree Gully	21.68	9
---	Hogben, Ian	61	Adelaide Masters	NS	

Event 6 Men 65-69 25 SC Metre Backstroke

National:	16.10	N	23-Feb-19	FRANK LINDSAY
State:	16.10	S	23-Feb-19	FRANK LINDSAY

1	Pike, Richard	66	Atlantis	28.03	10

Event 6 Men 70-74 25 SC Metre Backstroke

National:	17.14	N	09-Feb-13	GEORGE GREEN
State:	18.89	S	05-Jul-09	MICHAEL GRAY

1	Gamlen, John	72	Tea Tree Gully	20.43	10
2	Dean, Jock	71	Adelaide Masters	22.01	9

Event 6 Men 75-79 25 SC Metre Backstroke

National:	18.29	N	15-Mar-18	GEORGE GREEN
State:	21.80	S	22-Oct-17	ALLAN SUSKIN

1	Ham, Raymond	78	Western Districts	28.71	10
2	Robinson, Brian	77	Tea Tree Gully	38.05	9

Event 7 Women 35-39 25 SC Metre Freestyle

National:	12.47	N	05-Aug-12	GILLIAN O'MARA
State:	14.01	S	19-Jun-11	REBECCA HEALY

1	Mentha, Karen	39	Tea Tree Gully	17.88	10

Event 7 Women 40-44 25 SC Metre Freestyle

National:	12.35	N	21-Jul-07	JENNIE BUCKNELL
State:	13.74	S	30-Aug-15	JOSEPHINE VARNEY

---	Osobase, Ikaehagbon	41	Marion Masters Swimming	NS	

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Event 7 Women 45-49 25 SC Metre Freestyle

National:	13.27	N	09-Apr-10	KATRINA ARCHER
State:	13.96	S	22-Oct-17	JOSEPHINE VARNEY

1	Varney, Josephine	48	Henley Beach Masters	13.94 S	10
2	Steveson, Chloe	47	Atlantis	18.02	9
3	Brown, Deborah	48	Adelaide Masters	21.76	8

Event 7 Women 50-54 25 SC Metre Freestyle

National:	13.01	N	09-Apr-10	JENNY WHITELEY
State:	13.90	S	03-Jun-12	JUDY THOMAS

1	Astley, Julie	54	Adelaide Masters	15.89	10
2	Brown, Yumi	54	Aquadome Otters	16.52	9
3	Fitzgerald, Suanne	52	Adelaide Masters	17.01	8
4	Vas, Angela	52	Tea Tree Gully	18.29	7
5	Burley, Patsy	51	Onkaparinga Swimming Club	20.32	6
---	Pratt, Ingrid	54	Onkaparinga Swimming Club	NS	

Event 7 Women 55-59 25 SC Metre Freestyle

National:	13.35	N	23-May-15	JENNY WHITELEY
State:	13.41	S	07-Jul-13	JUDY THOMAS

1	Bradley, Jenny	58	Atlantis	16.67	10
---	Falster, Robyn	59	Marion Masters Swimming	NS	
---	Blenkinsop, Sally	59	Atlantis	NS	
---	Doddridge, Margaret	57	Atlantis	NS	

Event 7 Women 60-64 25 SC Metre Freestyle

National:	14.01	N	06-Oct-18	JENNY WHITELEY
State:	14.29	S	23-Feb-19	JUDY THOMAS

1	Carbone, Heather	61	Marion Masters Swimming	17.38	10
2	Roads, Elizabeth	60	Great Southern Swimming Club	19.19	9
3	Geelen, Denise	62	Atlantis	24.59	8

Event 7 Women 65-69 25 SC Metre Freestyle

National:	14.52	N	24-Jul-11	LYNETTE STEVENSON
State:	16.32	S	01-Jun-08	CAROLYN M FLEMING

1	Doyle, Gillian	66	Noarlunga	19.66	10
2	Orr, Mary	65	Onkaparinga Swimming Club	19.94	9
3	Graebner, Susan	65	Adelaide Masters	20.47	8

Event 7 Women 70-74 25 SC Metre Freestyle

National:	15.85	N	26-Sep-15	CLARY MUNNS	
State:	16.56	S	07-Jul-13	JOY PAGE	
1	Reddecliffe, Karin	71	Great Southern Swimming Club	20.33	10
---	Dalling, Wendy	74	Noarlunga	NS	

Event 7 Women 80-84 25 SC Metre Freestyle

National:	19.20	N	18-Nov-06	M. CUNNINGHAM	
State:	22.83	S	09-Oct-16	DIANE ROSS	
1	Ross, Diane	84	Marion Masters Swimming	25.90	10
2	Simons, Diana	84	Adelaide Masters	41.74	9

Event 7 Men 30-34 25 SC Metre Freestyle

National:	10.86	N	25-Jan-09	LACHLAN MCDOWELL	
State:	12.26	S	03-Jun-07	JOHN BARANOFF	
1	Ryan, Christopher	31	Atlantis	11.66 S	10
2	Duncan, Elliott	34	Payneham Swimming Club Masters	16.64	9

Event 7 Men 40-44 25 SC Metre Freestyle

National:	11.16	N	03-Sep-16	TODD ROBINSON	
State:	11.34	S	22-Oct-17	ANDREW STEPHENSON	
1	Fillmore, Gavin	43	Onkaparinga Swimming Club	16.96	10

Event 7 Men 45-49 25 SC Metre Freestyle

National:	11.24	N	09-Mar-19	TODD ROBINSON	
State:	11.75	S	22-Oct-17	TRISTAN HERBERT	
1	Preiss, Mark	47	Aquadome Otters	12.48	10
2	Williams, Troy	45	Adelaide Masters	14.45	9

Event 7 Men 50-54 25 SC Metre Freestyle

National:	11.67	N	06-Aug-17	BARRY CARP	
State:	12.36	S	23-Feb-19	STEPHEN OSBORNE	
1	Nelson, Kent	54	Adelaide Masters	16.61	10
2	Clancy, John	54	Atlantis	21.91	9

Event 7 Men 55-59 25 SC Metre Freestyle

National:	12.05	N	24-Aug-14	LARRY FORSYTH	
State:	12.70	S	11-Sep-16	MARK SMEDLEY	
1	Forrest, Darren	56	Atlantis	15.46	10
---	Dundon, John	57	Henley Beach Masters	NS	

Event 7 Men 60-64 25 SC Metre Freestyle

National:	12.69	N	13-Oct-18	DARRYL HURLEY
State:	13.40	S	21-Aug-16	GRANT SIMPSON

1	Beames, Phillip	61	Atlantis	18.55	10
2	Wheeler, Peter	60	Onkaparinga Swimming Club	19.83	9

Event 7 Men 65-69 25 SC Metre Freestyle

National:	12.46	N	03-Jul-11	ALAN BROWN
State:	13.07	S	23-Feb-19	FRANK LINDSAY

1	Cox, John	67	Noarlunga	16.99	10
2	Bertram, Neal	69	Henley Beach Masters	17.70	9

Event 7 Men 70-74 25 SC Metre Freestyle

National:	13.12	N	21-May-16	ALAN BROWN
State:	14.75	S	24-Jun-18	RON HARDIE

1	Dean, Jock	71	Adelaide Masters	15.81	10
2	Smith, Ray	71	Atlantis	19.41	9
3	Calver, Tim	73	Atlantis	21.18	8
4	Harrison, John	70	Tea Tree Gully	24.84	7

Event 7 Men 75-79 25 SC Metre Freestyle

National:	14.49	N	15-Mar-18	DAVID BOYLSON
State:	15.98	S	14-Jun-09	ROY DREW

1	Suskin, Allan	77	Atlantis	16.72	10
2	Trapnell, Phillip	75	Atlantis	22.95	9
3	Robinson, Brian	77	Tea Tree Gully	24.15	8
4	Axton, Bryan	78	Noarlunga	24.38	7

Event 8 Women 35-39 200 SC Metre Breaststroke

National:	2:44.33	N	10-Apr-15	MIA BLIGNAUT
State:	2:57.00	S	05-Aug-12	SARAH GOODWIN

1	Brown, Erin	39	Adelaide Masters	3:23.57	10
	22.11	46.02 (23.91)	1:11.66 (25.64)	1:36.63 (24.97)	
	2:02.91 (26.28)	2:28.65 (25.74)	2:56.72 (28.07)	3:23.57 (26.85)	

Event 8 Women 40-44 200 SC Metre Breaststroke

National:	2:35.79	N	06-Aug-11	LINLEY FRAME
State:	3:02.97	S	01-Jun-08	SHARON A BEAVER

1	Thorpe, Rachel	44	Tea Tree Gully	4:21.93	10
	28.62	1:01.48 (32.86)	1:34.19 (32.71)	2:08.02 (33.83)	
	2:42.19 (34.17)	3:15.47 (33.28)	3:49.13 (33.66)	4:21.93 (32.80)	

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Event 8 Women 55-59 200 SC Metre Breaststroke

	National:	2:55.48	N	11-May-13	JENNY WHITELEY	
	State:	3:18.62	S	06-Jul-14	M. HEFFERNAN	
1	Malcolm, Matthea		59	Henley Beach Masters		4:35.66	10
	26.94	1:01.25 (34.31)		1:35.11 (33.86)	2:11.59 (36.48)		
	2:46.56 (34.97)	3:23.57 (37.01)		3:59.38 (35.81)	4:35.66 (36.28)		

Event 8 Women 60-64 200 SC Metre Breaststroke

	National:	2:57.05	N	26-May-18	JENNY WHITELEY	
	State:	3:19.11	S	24-Jun-18	M. HEFFERNAN	
1	O'Shea, Penelope		62	Aquadome Otters		4:12.32	10
	26.14	56.57 (30.43)		1:28.59 (32.02)	1:59.03 (30.44)		
	2:32.14 (33.11)	3:05.77 (33.63)		3:39.16 (33.39)	4:12.32 (33.16)		

Event 8 Women 70-74 200 SC Metre Breaststroke

	National:	3:31.07	N	05-Sep-15	CLARY MUNNS	
	State:	3:55.80	S	05-Aug-12	JOY PAGE	
1	Winter, Jill		72	Noarlunga		6:21.62	10
	40.99	1:26.77 (45.78)		2:19.10 (52.33)	3:08.26 (49.16)		
	4:00.70 (52.44)	4:50.77 (50.07)		5:40.08 (49.31)	6:21.62 (41.54)		

Event 8 Men 50-54 200 SC Metre Breaststroke

	National:	2:38.14	N	13-Oct-18	PAUL LEMMON	
	State:	2:42.15	S	07-Apr-10	MARK SMEDLEY	
1	Zaika, Roman		53	Adelaide Masters		3:47.70	10
	23.03	48.35 (25.32)		1:17.04 (28.69)	1:43.26 (26.22)		
		2:45.88 ( )		3:47.70 (1:01.82)			

Event 8 Men 65-69 200 SC Metre Breaststroke

	National:	2:54.65	N	14-Oct-17	STUART ELLICOTT	
	State:	3:15.73	S	05-Apr-98	DIETER LOELIGER	
1	Fuller, Geoff		68	Henley Beach Masters		4:01.82	10
	26.03	55.33 (29.30)		1:24.16 (28.83)	1:55.67 (31.51)		
	2:27.28 (31.61)	3:00.13 (32.85)		3:31.80 (31.67)	4:01.82 (30.02)		
2	Thorpe, Ian		66	Tea Tree Gully		4:19.21	9
	28.41	1:00.02 (31.61)		1:33.54 (33.52)	2:06.28 (32.74)		
	2:40.47 (34.19)	3:15.00 (34.53)		3:47.61 (32.61)	4:19.21 (31.60)		

Event 9 Women 35-39 100 SC Metre IM

	National:	1:09.37	N	08-Apr-15	MIA BLIGNAUT	
	State:	1:13.05	S	01-Apr-95	JOANNE SUTCLIFFE	
1	Nazimi, Leila		36	Henley Beach Masters		1:22.98	10
	17.16	40.16 (23.00)		1:04.23 (24.07)	1:22.98 (18.75)		
2	Beames, Melissa		35	Atlantis		1:25.33	9
	17.39	37.63 (20.24)		1:05.67 (28.04)	1:25.33 (19.66)		
3	Wilkinson, Wendy		35	Tea Tree Gully		1:50.37	8
	26.30	50.21 (23.91)		1:25.71 (35.50)	1:50.37 (24.66)		

4	Stead, Lisa	36	Noarlunga		1:57.98	7
	26.23	53.76 (27.53)	1:30.62 (36.86)	1:57.98 (27.36)		

Event 9 Women 40-44 100 SC Metre IM

National:	**1:10.54**	**N**	**23-Jun-13**	**LINLEY FRAME**
State:	**1:14.27**	**S**	**01-Jun-08**	**SHARON A BEAVER**

1	Goldie, Emily	44	Adelaide Masters		1:26.27	10
	17.60	41.83 (24.23)	1:06.05 (24.22)	1:26.27 (20.22)		
2	Goss, Debbie	40	Tea Tree Gully		1:32.58	9
	18.64	43.58 (24.94)	1:11.48 (27.90)	1:32.58 (21.10)		

Event 9 Women 45-49 100 SC Metre IM

National:	**1:09.68**	**N**	**16-Aug-03**	**JENNY WHITELEY**
State:	**1:15.51**	**S**	**03-Aug-08**	**JOANNE SUTCLIFFE**

1	Steveson, Chloe	47	Atlantis		1:42.87	10
	23.01	47.76 (24.75)	1:19.81 (32.05)	1:42.87 (23.06)		

Event 9 Women 55-59 100 SC Metre IM

National:	**1:10.66**	**N**	**23-Jun-13**	**JENNY WHITELEY**
State:	**1:18.39**	**S**	**30-Jul-17**	**JOANNE SUTCLIFFE**

1	Sutcliffe, Joanne	59	Henley Beach Masters		1:21.40	10
	17.62	37.50 (19.88)	1:03.31 (25.81)	1:21.40 (18.09)		
2	Basedow, Angela	56	Adelaide Masters		1:26.25	9
	17.94	41.08 (23.14)	1:06.56 (25.48)	1:26.25 (19.69)		
3	Malcolm, Matthea	59	Henley Beach Masters		1:48.67	8
	24.78	50.02 (25.24)	1:48.67 (58.65)			

Event 9 Women 60-64 100 SC Metre IM

National:	**1:12.19**	**N**	**13-Oct-18**	**JENNY WHITELEY**
State:	**1:24.05**	**S**	**07-May-16**	**M. HEFFERNAN**

1	Heffernan, Maryanne	63	Marion Masters Swimming		1:26.83	10
	17.42	40.70 (23.28)	1:07.10 (26.40)	1:26.83 (19.73)		
2	Wareing, Deborah	63	Marion Masters Swimming		1:28.04	9
	19.37	41.36 (21.99)	1:08.22 (26.86)	1:28.04 (19.82)		

Event 9 Women 65-69 100 SC Metre IM

National:	**1:22.53**	**N**	**26-Sep-09**	**CLARY MUNNS**
State:	**1:40.16**	**S**	**25-Aug-07**	**JOY C PAGE**

1	Gunn, Pamela	65	Adelaide Masters		1:59.12	10
	28.84	58.89 (30.05)	1:34.59 (35.70)	1:59.12 (24.53)		
2	Carter, Terry	69	Atlantis		2:00.37	9
	28.15	59.42 (31.27)	1:30.93 (31.51)	2:00.37 (29.44)		
3	Bell, Janet	67	Aquadome Otters		2:02.50	8
	26.85	59.12 (32.27)	1:36.71 (37.59)	2:02.50 (25.79)		

Event 9 Women 80-84 100 SC Metre IM

National:	1:54.74	N	08-Apr-15	DENISE ROBERTSON
State:	2:17.13	S	21-Aug-16	DIANE ROSS

1	Ross, Diane	84	Marion Masters Swimming	2:34.64	10
	31.39	1:09.59 (38.20)	2:01.85 (52.26)	2:34.64 (32.79)	

Event 9 Men 18-24 100 SC Metre IM

National:	1:00.91	N	13-Oct-18	A. WILLIAMS
State:	1:04.53	S	11-Jul-99	ANDREW OSBORNE

1	Wilkins, Charlie	20	Adelaide Masters	1:40.36	10
	24.03	50.28 (26.25)	1:17.63 (27.35)	1:40.36 (22.73)	

Event 9 Men 35-39 100 SC Metre IM

National:	1:01.34	N	14-May-11	IAN JEFFERY
State:	1:03.14	S	30-Jul-06	PHILIP ROGERS

1	Lewis, Ace	39	Marion Masters Swimming	1:07.85	10
	14.33	32.60 (18.27)	51.56 (18.96)	1:07.85 (16.29)	

Event 9 Men 40-44 100 SC Metre IM

National:	59.51	N	25-Aug-13	IAN JEFFERY
State:	1:04.53	S	16-Mar-02	MARK SMEDLEY

1	Osborne, Andrew	44	Henley Beach Masters	1:19.10	10
	16.32	36.24 (19.92)	59.78 (23.54)	1:19.10 (19.32)	
2	Colla, Stuart	43	Onkaparinga Swimming Club	1:25.82	9
	17.90	41.47 (23.57)	1:06.43 (24.96)	1:25.82 (19.39)	

Event 9 Men 45-49 100 SC Metre IM

National:	1:01.34	N	08-Apr-15	MARK THOMPSON
State:	1:04.79	S	05-Jun-05	MARK SMEDLEY

1	Belfer, Jack	46	Henley Beach Masters	1:22.61	10
	17.72	1:22.69 (1:04.97)	1:04.26 ( )	1:22.61 (18.35)	
2	Cranley, Andrew	46	Noarlunga	1:37.46	9
	22.19	48.05 (25.86)	1:15.17 (27.12)	1:37.46 (22.29)	

Event 9 Men 50-54 100 SC Metre IM

National:	1:03.71	N	20-Oct-13	STUART MOFFATT
State:	1:05.61	S	07-Apr-10	MARK SMEDLEY

1	Rowell, Gavin	50	Marion Masters Swimming	1:14.42	10
	15.20	34.15 (18.95)	56.79 (22.64)	1:14.42 (17.63)	
2	McCormack, Simon	53	Atlantis	1:24.55	9
	18.31	41.89 (23.58)	1:05.61 (23.72)	1:24.55 (18.94)	

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Event 9 Men 55-59 100 SC Metre IM

National:	1:05.90	N	21-Aug-16	MARK SMEDLEY
State:	1:05.90	S	21-Aug-16	MARK SMEDLEY

1	Burfield, Tim		56	Atlantis		1:20.14	10
	15.90	38.32 (22.42)	1:01.25 (22.93)	1:20.14 (18.89)			
2	Harvey, Roger		56	Adelaide Masters		1:38.83	9
	22.46	48.99 (26.53)	1:17.19 (28.20)	1:38.83 (21.64)			
3	Ferguson, Robert		59	Atlantis		2:38.70	8
	32.60	1:10.76 (38.16)	2:08.10 (57.34)	2:38.70 (30.60)			

Event 9 Men 60-64 100 SC Metre IM

National:	1:09.09	N	08-Apr-15	PHILIPP DJANG
State:	1:09.09	S	08-Apr-15	PHILIPP DJANG

1	Markus, Frank		60	Adelaide Masters		1:38.26	10
	19.85	47.15 (27.30)	1:16.45 (29.30)	1:38.26 (21.81)			

Event 9 Men 70-74 100 SC Metre IM

National:	1:18.42	N	21-May-16	PAUL WYATT
State:	1:28.65	S	06-Jun-10	TONY WARD

---	Hardie, Ron		73	Marion Masters Swimming		NS	

Event 10 Women 18-24 200 SC Metre Backstroke

National:	2:20.15	N	27-Jun-09	KATE LEWIS
State:	2:34.09	S	14-Jun-09	C. MARGRISON

1	Vidura, Kimberley		23	Henley Beach Masters		2:37.78	10
	17.48	36.17 (18.69)	55.83 (19.66)	1:15.69 (19.86)			
	1:36.10 (20.41)	1:56.39 (20.29)	2:17.48 (21.09)	2:37.78 (20.30)			

Event 10 Women 50-54 200 SC Metre Backstroke

National:	2:30.78	N	16-Jul-17	HELEN WHITFORD
State:	2:41.57	S	30-Aug-15	S. PALMER-WHITE

1	Beaver, Sharon		52	Adelaide Masters		2:58.49	10
	21.15	42.64 (21.49)	1:04.09 (21.45)	1:27.01 (22.92)			
	1:49.63 (22.62)	2:13.00 (23.37)	2:35.91 (22.91)	2:58.49 (22.58)			
2	Webb, Leonie		54	Henley Beach Masters		3:58.99	9
	27.45	56.27 (28.82)	1:27.44 (31.17)	1:59.28 (31.84)			
	2:28.71 (29.43)	3:00.21 (31.50)	3:30.47 (30.26)	3:58.99 (28.52)			

Event 10 Women 55-59 200 SC Metre Backstroke

National:	2:42.26	N	22-Oct-17	JOANNE SUTCLIFFE
State:	2:42.26	S	22-Oct-17	JOANNE SUTCLIFFE

1	Palmer-White, Stephanie		55	Adelaide Masters		2:45.73	10
	19.86	40.57 (20.71)	1:01.73 (21.16)	1:22.67 (20.94)			
	1:43.90 (21.23)	2:04.72 (20.82)	2:25.72 (21.00)	2:45.73 (20.01)			

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Event 10 Women 60-64 200 SC Metre Backstroke

National: 2:48.22 N 11-Apr-15 **LEIGH RODGERS**

State: 3:15.41 S 23-Sep-18 **DEBORAH WAREING**

1	O'Connell, Leonie	63	Adelaide Masters		3:20.80	10
	23.73	47.90 (24.17)	1:13.79 (25.89)			
	2:05.10 ( )	2:30.72 (25.62)	2:56.35 (25.63)	3:20.80 (24.45)		

Event 10 Women 65-69 200 SC Metre Backstroke

National: 3:04.05 N 22-Oct-11 **CLARY MUNNS**

State: 3:41.00 S 07-May-00 **DENISE WANGEL**

1	Burns, Heather	68	Atlantis		5:16.26	10
	33.06	1:09.67 (36.61)	1:50.12 (40.45)	2:29.27 (39.15)		
	3:10.35 (41.08)	3:50.56 (40.21)	4:36.81 (46.25)	5:16.26 (39.45)		

Event 10 Women 70-74 200 SC Metre Backstroke

National: 3:05.23 N 17-Oct-15 **CLARY MUNNS**

State: 4:06.50 S 03-Jun-12 **JOY PAGE**

1	Winter, Jill	72	Noarlunga		5:35.93	10
	37.55	1:18.22 (40.67)	2:00.19 (41.97)	2:41.29 (41.10)		
	3:25.72 (44.43)	4:09.04 (43.32)	4:53.11 (44.07)	5:35.93 (42.82)		

Event 10 Women 80-84 200 SC Metre Backstroke

National: 4:17.11 N 11-Apr-15 **DENISE ROBERTSON**

State: 4:47.60 S 30-Aug-15 **DIANE ROSS**

1	Pearce, Barbara	82	Marion Masters Swimming		5:09.87	10
	36.49	1:16.38 (39.89)	1:56.60 (40.22)	2:35.91 (39.31)		
	3:16.56 (40.65)	3:56.01 (39.45)	4:36.46 (40.45)	5:09.87 (33.41)		

Event 10 Men 40-44 200 SC Metre Backstroke

National: 2:12.34 N 20-Oct-13 **IAN JEFFERY**

State: 2:27.16 S 03-Aug-14 **S. CARBONCINI**

1	Cranley, Matthew	44	Noarlunga		2:41.92	10
	18.26	37.54 (19.28)	57.90 (20.36)	1:18.59 (20.69)		
	1:39.74 (21.15)	2:00.63 (20.89)	2:21.79 (21.16)	2:41.92 (20.13)		

Event 10 Men 55-59 200 SC Metre Backstroke

National: 2:23.41 N 25-May-19 **JON HAWTON**

State: 2:28.31 S 11-Sep-16 **MARK SMEDLEY**

1	Ferguson, Robert	59	Atlantis		5:15.91	10
	36.73	1:13.79 (37.06)	1:56.95 (43.16)	2:35.95 (39.00)		
	3:19.64 (43.69)	3:58.00 (38.36)	4:39.99 (41.99)	5:15.91 (35.92)		

Event 10 Men 65-69 200 SC Metre Backstroke

National: 2:47.76 N 21-May-16 **STEPHEN LAMY**

State: 3:08.38 S 09-May-98 **DIETER LOELIGER**

1	Fuller, Geoff	68	Henley Beach Masters		4:15.81	10
	28.93	1:00.28 (31.35)	1:31.92 (31.64)	2:04.50 (32.58)		
	2:37.33 (32.83)	3:10.09 (32.76)	3:44.05 (33.96)	4:15.81 (31.76)		

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Event 10 Men 75-79 200 SC Metre Backstroke

	National:	**3:13.86**	**N**	**24-Jun-06**	**BOB BARRY**		
	State:	**3:58.44**	**S**	**23-Jun-96**	**EDWARD GEARY**		
1	Brett, Laurance		75	Atlantis		3:36.46	S 10
				1:22.09 ( )	1:51.62 (29.53)		
	2:19.44 (27.82)	2:49.74 (30.30)		3:36.46 (46.72)			
2	Trapnell, Phillip		75	Atlantis		5:44.43	9
	39.12	1:19.72 (40.60)		2:04.91 (45.19)	2:46.99 (42.08)		
		4:20.81 ( )		5:04.12 (43.31)	5:44.43 (40.31)		

Event 10 Men 80-84 200 SC Metre Backstroke

	National:	**3:36.12**	**N**	**11-Sep-16**	**JOHN COCKS**		
	State:	**4:12.40**	**S**	**05-Aug-12**	**JONATHAN DAVIES**		
1	Hawkes, Darryl		80	Marion Masters Swimming		4:37.46	10
	33.05	1:05.58 (32.53)		1:41.46 (35.88)	2:17.46 (36.00)		
	2:54.59 (37.13)	3:29.63 (35.04)		4:05.29 (35.66)	4:37.46 (32.17)		

Event 11 Women 40-44 25 SC Metre Butterfly

	National:	**13.80**	**N**	**15-Jul-18**	**GILLIAN O'MARA**		
	State:	**14.62**	**S**	**09-Sep-12**	**AMANDA CARNE**		
1	Goss, Debbie		40	Tea Tree Gully		17.91	10

Event 11 Women 45-49 25 SC Metre Butterfly

	National:	**14.06**	**N**	**10-Apr-10**	**KATRINA ARCHER**		
	State:	**14.39**	**S**	**30-Jul-17**	**JOSEPHINE VARNEY**		
1	Ryan, Meredith		46	Marion Masters Swimming		17.24	10
2	Lim, Bee Lean		47	Atlantis		18.57	9

Event 11 Women 50-54 25 SC Metre Butterfly

	National:	**14.22**	**N**	**18-Jul-09**	**JENNY WHITELEY**		
	State:	**14.82**	**S**	**09-Sep-12**	**JUDY THOMAS**		
1	Astley, Julie		54	Adelaide Masters		18.68	10
2	Tucker, Helen		52	Noarlunga		21.75	9

Event 11 Women 55-59 25 SC Metre Butterfly

	National:	**14.50**	**N**	**12-Oct-13**	**JENNY WHITELEY**		
	State:	**14.55**	**S**	**07-Jul-13**	**JUDY THOMAS**		
---	Doddridge, Margaret		57	Atlantis		NS	

Event 11 Women 60-64 25 SC Metre Butterfly

	National:	**14.32**	**N**	**10-Oct-15**	**JANN EDWARDS**		
	State:	**15.36**	**S**	**23-Feb-19**	**JUDY THOMAS**		
1	Thomas, Judy		61	Atlantis		15.71	10

Event 11 Women 65-69 25 SC Metre Butterfly

	National:	**16.38**	**N**	**24-Jul-11**	**LYNETTE STEVENSON**	
	State:	**19.40**	**S**	**14-Jun-09**	**CAROLYN FLEMING**	
1	Orr, Mary		65	Onkaparinga Swimming Club	24.15	10
2	Graebner, Susan		65	Adelaide Masters	25.77	9
3	Bell, Janet		67	Aquadome Otters	26.10	8

Event 11 Men 30-34 25 SC Metre Butterfly

	National:	**11.33**	**N**	**28-Nov-15**	**RYAN NOLAN**	
	State:	**12.20**	**S**	**02-Aug-09**	**X. (. ZHANG**	
1	Varvounis, Anthony		31	Adelaide Masters	14.32	10

Event 11 Men 45-49 25 SC Metre Butterfly

	National:	**12.09**	**N**	**09-Mar-19**	**TODD ROBINSON**	
	State:	**12.96**	**S**	**22-Oct-17**	**TRISTAN HERBERT**	
1	Ellul, Jason		47	Henley Beach Masters	13.47	10

Event 11 Men 50-54 25 SC Metre Butterfly

	National:	**12.72**	**N**	**07-Oct-06**	**MARK FITZ-WALTER**	
	State:	**13.33**	**S**	**03-Jun-12**	**MARK SMEDLEY**	
1	Playford, Grant		50	Atlantis	15.76	10

Event 11 Men 55-59 25 SC Metre Butterfly

	National:	**12.83**	**N**	**23-Jan-11**	**MARK FITZ-WALTER**	
	State:	**13.29**	**S**	**21-Aug-16**	**MARK SMEDLEY**	
1	Smedley, Mark		59	Adelaide Masters	13.81	10
2	Smith, Andrew		55	Marion Masters Swimming	19.43	9

Event 11 Men 70-74 25 SC Metre Butterfly

	National:	**15.22**	**N**	**21-May-16**	**PAUL WYATT**	
	State:	**17.21**	**S**	**24-Jun-18**	**RON HARDIE**	
1	Will, Alastair		74	Adelaide Masters	19.76	10
2	Gamlen, John		72	Tea Tree Gully	19.93	9
3	Harrison, John		70	Tea Tree Gully	27.53	8

Event 12 Women 30-34 25 SC Metre Breaststroke

	National:	**15.31**	**N**	**23-Sep-18**	**SALLY HUNTER**	
	State:	**15.31**	**S**	**23-Sep-18**	**SALLY HUNTER**	
1	Lynch, Amanda		34	Aquadome Otters	24.03	10

Event 12 Women 35-39 25 SC Metre Breaststroke

	National:	**14.79**	**N**	**14-Jul-10**	**LINLEY FRAME**	
	State:	**17.84**	**S**	**03-Jun-12**	**SARAH GOODWIN**	
1	Mentha, Karen			39	Tea Tree Gully	22.80	10
---	Nailer, Michelle			36	Clovercrest	NS	

Event 12 Women 40-44 25 SC Metre Breaststroke

	National:	**14.79**	**N**	**05-Nov-14**	**LINLEY FRAME**	
	State:	**18.89**	**S**	**02-Jul-06**	**ANGELA C WILKINS**	
1	Ebert, Rebecca			41	Tea Tree Gully	21.18	10
---	Osobase, Ikaehagbon			41	Marion Masters Swimming	NS	

Event 12 Women 45-49 25 SC Metre Breaststroke

	National:	**15.29**	**N**	**16-Jul-17**	**LINLEY FRAME**	
	State:	**18.00**	**S**	**26-Jun-16**	**ILZE OSTROVSKA**	
1	Lim, Bee Lean			47	Atlantis	20.36	10

Event 12 Women 55-59 25 SC Metre Breaststroke

	National:	**17.24**	**N**	**12-Oct-13**	**JENNY WHITELEY**	
	State:	**19.15**	**S**	**11-Sep-16**	**JOANNE SUTCLIFFE**	
1	Bradley, Jenny			58	Atlantis	22.43	10
2	Beames, Leanne			57	Atlantis	24.83	9
---	Doddridge, Margaret			57	Atlantis	NS	

Event 12 Women 65-69 25 SC Metre Breaststroke

	National:	**19.16**	**N**	**16-Jul-17**	**JANETTE JEFFREY**	
	State:	**21.61**	**S**	**04-May-08**	**JOY C PAGE**	
1	Carter, Terry			69	Atlantis	24.34	10
2	Doyle, Gillian			66	Noarlunga	24.77	9
3	Graebner, Susan			65	Adelaide Masters	26.41	8

Event 12 Men 35-39 25 SC Metre Breaststroke

	National:	**13.86**	**N**	**15-Jul-18**	**ADRIAN CORCORIS**	
	State:	**14.85**	**S**	**23-Sep-18**	**ACE LEWIS**	
1	Zubrinich, Craig			36	Aquadome Otters	20.24	10

Event 12 Men 40-44 25 SC Metre Breaststroke

	National:	**13.95**	**N**	**15-Sep-13**	**PETER BORAIN**	
	State:	**15.01**	**S**	**06-Jul-14**	**TRISTAN HERBERT**	
1	Colla, Stuart			43	Onkaparinga Swimming Club	18.66	10

Event 12 Men 55-59 25 SC Metre Breaststroke

National:	14.51	N	21-Mar-10	STUART ELLICOTT
State:	15.27	S	23-Sep-18	MARK SMEDLEY

1	Forrest, Darren	56	Atlantis	20.70	10

Event 12 Men 60-64 25 SC Metre Breaststroke

National:	14.99	N	06-Oct-12	STUART ELLICOTT
State:	18.00	S	22-Apr-07	F. GUILHAUS

1	Thomas, David	64	Tea Tree Gully	21.75	10
2	Wheeler, Peter	60	Onkaparinga Swimming Club	25.78	9
---	Hogben, Ian	61	Adelaide Masters	NS	

Event 12 Men 65-69 25 SC Metre Breaststroke

National:	15.59	N	14-Oct-17	STUART ELLICOTT
State:	19.19	S	29-Jun-08	ALLAN SUSKIN

1	Thorpe, Ian	66	Tea Tree Gully	25.62	10

Event 12 Men 70-74 25 SC Metre Breaststroke

National:	17.50	N	04-Aug-07	TONY GOODWIN
State:	18.78	S	22-Oct-17	RON HARDIE

1	Will, Alastair	74	Adelaide Masters	22.65	10
2	Smith, Ray	71	Atlantis	24.66	9
3	Calver, Tim	73	Atlantis	28.56	8

Event 12 Men 75-79 25 SC Metre Breaststroke

National:	17.84	N	06-Oct-12	TONY GOODWIN
State:	20.11	S	08-Jul-07	JONATHAN DAVIES

1	Suskin, Allan	77	Atlantis	20.92	10

Event 13 Women 18-24 100 SC Metre Freestyle

National:	58.90	N	06-Aug-17	AYAKO TAKIMOTO
State:	1:00.51	S	02-Aug-09	C. MARGRISON

1	Muller, Rebecca	24	Adelaide Masters	1:08.29	10
	15.29	32.75 (17.46)	50.16 (17.41)	1:08.29 (18.13)	

Event 13 Women 40-44 100 SC Metre Freestyle

National:	59.14	N	07-Apr-10	JENNIE BUCKNELL
State:	1:05.10	S	19-Jul-15	JOSEPHINE VARNEY

1	Wellington, Kim	43	Henley Beach Masters	1:09.27	10
	15.34	32.60 (17.26)	50.49 (17.89)	1:09.27 (18.78)	

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Event 13 Women 45-49 100 SC Metre Freestyle

	National:	**59.65**	**N**	**29-May-11**	**JENNIE BUCKNELL**	
	State:	**1:04.63**	**S**	**30-Jul-17**	**JOSEPHINE VARNEY**	
1	Mascall-Dare, Sharon		49	Atlantis		1:29.78	10
	19.98	42.00 (22.02)	1:06.24 (24.24)	1:29.78 (23.54)			
2	Brown, Deborah		48	Adelaide Masters		2:05.09	9
	27.62	1:00.65 (33.03)	1:34.48 (33.83)	2:05.09 (30.61)			

Event 13 Women 50-54 100 SC Metre Freestyle

	National:	**1:00.15**	**N**	**28-Aug-16**	**JENNIE BUCKNELL**	
	State:	**1:06.96**	**S**	**03-Aug-14**	**S. PALMER-WHITE**	
1	Brown, Yumi		54	Aquadome Otters		1:30.73	10
		44.34 ( )	1:30.73 (46.39)				

Event 13 Women 55-59 100 SC Metre Freestyle

	National:	**1:03.62**	**N**	**09-Jun-13**	**JENNY WHITELEY**	
	State:	**1:08.86**	**S**	**21-Aug-16**	**JOANNE SUTCLIFFE**	
1	Chambers, Cheryl		57	Henley Beach Masters		1:23.15	10
	18.99	39.75 (20.76)	1:02.09 (22.34)	1:23.15 (21.06)			
2	Brooks, Lisa		57	Atlantis		1:39.73	9
	24.03	49.24 (25.21)	1:15.18 (25.94)	1:39.73 (24.55)			

Event 13 Women 60-64 100 SC Metre Freestyle

	National:	**1:02.60**	**N**	**13-Oct-18**	**JENNY WHITELEY**	
	State:	**1:12.02**	**S**	**28-May-17**	**M. HEFFERNAN**	
1	Wareing, Deborah		63	Marion Masters Swimming		1:14.90	10
	17.60	36.26 (18.66)	56.07 (19.81)	1:14.90 (18.83)			
---	Carbone, Heather		61	Marion Masters Swimming		NS	

Event 13 Women 65-69 100 SC Metre Freestyle

	National:	**1:14.35**	**N**	**10-Apr-10**	**JEN THOMASSON**	
	State:	**1:20.66**	**S**	**01-Jun-08**	**CAROLYN M FLEMING**	
1	Gunn, Pamela		65	Adelaide Masters		1:37.46	10
	23.12	48.92 (25.80)	1:13.97 (25.05)	1:37.46 (23.49)			
2	Bell, Janet		67	Aquadome Otters		1:43.95	9
	24.07	1:43.95 (1:19.88)					

Event 13 Women 70-74 100 SC Metre Freestyle

	National:	**1:16.52**	**N**	**24-Sep-16**	**CLARY MUNNS**	
	State:	**1:32.04**	**S**	**11-Apr-15**	**JOY PAGE**	
1	Mulqueen, Jennifer		73	Tea Tree Gully		1:39.27	10
	21.32	47.71 (26.39)	1:12.80 (25.09)	1:39.27 (26.47)			

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Event 13 Women 75-79 100 SC Metre Freestyle

	National:	**1:24.98**	**N**	**27-Jan-18**	**JEN THOMASSON**	
	State:	**1:33.85**	**S**	**30-Jul-17**	**JOY PAGE**	

---	Smith, Pauline	77	Henley Beach Masters	DQ	

Use of tape on the body

29.04 1:00.58 (31.54) 1:34.18 (33.60) DQ (33.72)

Event 13 Men 30-34 100 SC Metre Freestyle

	National:	**51.48**	**N**	**25-Jan-09**	**LACHLAN MCDOWELL**	
	State:	**56.59**	**S**	**02-Aug-09**	**LUKE A WALLACE**	

1	Duncan, Elliott	34	Payneham Swimming Club Masters	1:18.39	10

18.18 36.95 (18.77) 57.70 (20.75) 1:18.39 (20.69)

Event 13 Men 35-39 100 SC Metre Freestyle

	National:	**51.27**	**N**	**13-Sep-14**	**GREG PHILLIPS**	
	State:	**55.92**	**S**	**09-Sep-07**	**CRAIG MARTIN**	

1	Gassol Quilez, Gerard	36	Henley Beach Masters	1:03.40	10

14.94 30.71 (15.77) 47.26 (16.55) 1:03.40 (16.14)

Event 13 Men 45-49 100 SC Metre Freestyle

	National:	**52.53**	**N**	**11-Apr-15**	**MARK THOMPSON**	
	State:	**56.82**	**S**	**23-Feb-19**	**MARK PREISS**	

1	Belfer, Jack	46	Henley Beach Masters	1:10.27	10

15.75 33.70 (17.95) 52.06 (18.36) 1:10.27 (18.21)

---	Preiss, Mark	47	Aquadome Otters	NS	

Event 13 Men 50-54 100 SC Metre Freestyle

	National:	**55.55**	**N**	**10-Apr-10**	**LARRY FORSYTH**	
	State:	**59.96**	**S**	**14-Jun-09**	**GRANT L SIMPSON**	

1	Osborne, Stephen	50	Henley Beach Masters	58.61 S	10

13.46 27.96 (14.50) 43.14 (15.18) 58.61 (15.47)

2	Nelson, Kent	54	Adelaide Masters	1:26.54	9

19.14 40.87 (21.73) 1:03.63 (22.76) 1:26.54 (22.91)

Event 13 Men 55-59 100 SC Metre Freestyle

	National:	**56.75**	**N**	**11-Apr-15**	**LARRY FORSYTH**	
	State:	**1:00.46**	**S**	**19-Aug-07**	**GRAHAM CROFT**	

1	Burfield, Tim	56	Atlantis	1:08.22	10

15.94 32.83 (16.89) 50.84 (18.01) 1:08.22 (17.38)

2	Anderson, Russell	57	Adelaide Masters	1:25.99	9

18.51 39.04 (20.53) 1:02.30 (23.26) 1:25.99 (23.69)

---	Dundon, John	57	Henley Beach Masters	NS	

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Event 13 Men 60-64 100 SC Metre Freestyle

	National:	**59.80**	**N**	**07-Apr-19**	**PAUL BLACKBEARD**		
	State:	**1:02.88**	**S**	**03-Aug-08**	**GRAHAM CROFT**		
1	Simpson, Grant			63	Henley Beach Masters	1:06.66	10
	15.21	32.36 (17.15)	49.24 (16.88)	1:06.66 (17.42)			
2	Riley, Philip			60	Tea Tree Gully	1:15.45	9
	17.88	36.49 (18.61)	56.27 (19.78)	1:15.45 (19.18)			
3	Markus, Frank			60	Adelaide Masters	1:22.24	8
	18.43	39.26 (20.83)	1:01.47 (22.21)	1:22.24 (20.77)			
4	Atkinson, Jeff			61	Adelaide Masters	1:25.27	7
	18.45	39.10 (20.65)	1:01.60 (22.50)	1:25.27 (23.67)			
5	Crowder, George			63	Marion Masters Swimming	1:27.19	6
	20.36	42.13 (21.77)	1:27.19 (45.06)				
6	Beames, Phillip			61	Atlantis	1:27.78	5
	20.36	42.14 (21.78)	1:04.82 (22.68)	1:27.78 (22.96)			
7	Wheeler, Peter			60	Onkaparinga Swimming Club	1:47.12	4
	22.98	49.36 (26.38)	1:18.22 (28.86)	1:47.12 (28.90)			

Event 13 Men 65-69 100 SC Metre Freestyle

	National:	**1:03.09**	**N**	**11-Apr-15**	**GRAHAM CROFT**		
	State:	**1:05.90**	**S**	**20-May-18**	**IAN YOUNG**		
1	Cox, John			67	Noarlunga	1:30.69	10
	19.28	41.80 (22.52)	1:07.15 (25.35)	1:30.69 (23.54)			
2	Bertram, Neal			69	Henley Beach Masters	1:55.45	9
	22.97	52.06 (29.09)	1:24.03 (31.97)	1:55.45 (31.42)			

Event 13 Men 75-79 100 SC Metre Freestyle

	National:	**1:12.26**	**N**	**15-Mar-18**	**DAVID BOYLSON**		
	State:	**1:20.06**	**S**	**17-May-09**	**ROY DREW**		
1	Smith, Denys			78	Henley Beach Masters	1:45.16	10
	24.21	51.67 (27.46)	1:17.88 (26.21)	1:45.16 (27.28)			
2	Axton, Bryan			78	Noarlunga	2:11.14	9
	30.01	1:02.79 (32.78)	1:37.05 (34.26)	2:11.14 (34.09)			

Event 14 Women 35-39 200 SC Metre Butterfly

	National:	**2:23.32**	**N**	**16-Jul-17**	**L. D. CARVALHO**		
	State:	**2:45.99**	**S**	**30-Jul-17**	**AHLANNA HAYES**		
1	Nazimi, Leila			36	Henley Beach Masters	2:51.97	10
	17.50	37.94 (20.44)	59.44 (21.50)	1:21.26 (21.82)			
	1:43.03 (21.77)	2:06.11 (23.08)	2:29.26 (23.15)	2:51.97 (22.71)			

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Event 14 Women 40-44 200 SC Metre Butterfly

National:	2:24.13	N	15-Jul-18	L. D. CARVALHO
State:	2:31.33	S	27-Jul-07	PALMER-WHITE

1	Thorpe, Rachel		44	Tea Tree Gully		5:23.91	10
	27.37	1:00.80 (33.43)	1:38.08 (37.28)	2:21.83 (43.75)			
	3:04.51 (42.68)	3:51.09 (46.58)	4:36.49 (45.40)	5:23.91 (47.42)			

Event 14 Women 45-49 200 SC Metre Butterfly

National:	2:26.31	N	17-Jul-09	S. PALMER-WHITE
State:	2:26.31	S	17-Jul-09	S. PALMER-WHITE

1	Varney, Josephine		48	Henley Beach Masters		2:45.99	10
	17.40	39.24 (21.84)	58.90 (19.66)	1:21.12 (22.22)			
	1:42.82 (21.70)	2:04.12 (21.30)	2:26.01 (21.89)	2:45.99 (19.98)			

Event 14 Women 55-59 200 SC Metre Butterfly

National:	2:33.91	N	23-Feb-19	S. PALMER-WHITE
State:	2:33.91	S	23-Feb-19	S. PALMER-WHITE

1	Palmer-White, Stephanie		55	Adelaide Masters		2:38.65	10
	17.62	37.26 (19.64)	57.55 (20.29)	1:17.74 (20.19)			
	1:38.28 (20.54)	1:58.33 (20.05)	2:18.99 (20.66)	2:38.65 (19.66)			
2	Malcolm, Matthea		59	Henley Beach Masters		4:30.79	9
	25.04		1:32.40 ( )				
	2:44.25 ( )		3:54.89 ( )	4:30.79 (35.90)			

Event 14 Women 60-64 200 SC Metre Butterfly

National:	3:25.35	N	06-Oct-18	KARINA HORTON
State:	4:42.36	S	23-Sep-18	PENELOPE O'SHEA

1	O'Shea, Penelope		62	Aquadome Otters		4:54.57	10
	27.31	1:01.35 (34.04)	1:34.99 (33.64)	2:15.05 (40.06)			
	2:53.61 (38.56)	3:36.21 (42.60)	4:16.88 (40.67)	4:54.57 (37.69)			

Event 14 Men 50-54 200 SC Metre Butterfly

National:	2:19.51	N	04-Aug-07	FRANCIS CHRISTIAN
State:	2:29.45	S	05-Jul-09	GRANT L SIMPSON

1	Zaika, Roman		53	Adelaide Masters		4:18.77	10
	25.94	53.78 (27.84)	1:25.87 (32.09)	1:58.83 (32.96)			
	2:33.49 (34.66)	3:08.75 (35.26)	3:45.66 (36.91)	4:18.77 (33.11)			

Event 15 Women 35-39 50 SC Metre Backstroke

National:	31.89	N	09-Apr-15	MIA BLIGNAUT
State:	34.31	S	14-Nov-99	JOANNE SUTCLIFFE

1	Beames, Melissa		35	Atlantis		37.70	10
	18.75	37.70 (18.95)					
2	Wilkinson, Wendy		35	Tea Tree Gully		47.20	9
	23.25	47.20 (23.95)					
3	Stead, Lisa		36	Noarlunga		53.86	8
	25.47	53.86 (28.39)					

Event 15 Women 45-49 50 SC Metre Backstroke

National:	32.01	N	09-Apr-15	JENNIE BUCKNELL	
State:	34.68	S	02-Aug-09	J. K. SUTCLIFFE	

1	Steveson, Chloe	47	Atlantis	46.43	10
	24.05	46.43 (22.38)			
2	Mascall-Dare, Sharon	49	Atlantis	48.08	9
	24.01	48.08 (24.07)			

Event 15 Women 50-54 50 SC Metre Backstroke

National:	32.35	N	28-Aug-16	JENNIE BUCKNELL	
State:	34.61	S	11-Sep-11	JOANNE SUTCLIFFE	

1	Beaver, Sharon	52	Adelaide Masters	41.55	10
	21.17	41.55 (20.38)			

Event 15 Women 55-59 50 SC Metre Backstroke

National:	34.25	N	23-Jun-13	JENNY WHITELEY	
State:	34.85	S	30-Jul-17	JOANNE SUTCLIFFE	

1	Sutcliffe, Joanne	59	Henley Beach Masters	36.73	10
	18.60	36.73 (18.13)			

Event 15 Women 60-64 50 SC Metre Backstroke

National:	35.70	N	01-Jul-18	JENNY WHITELEY	
State:	37.31	S	23-Feb-19	JUDY THOMAS	

1	Roads, Elizabeth	60	Great Southern Swimming Club	50.03	10
	25.91	50.03 (24.12)			
---	Carbone, Heather	61	Marion Masters Swimming	NS	

Event 15 Women 65-69 50 SC Metre Backstroke

National:	36.85	N	19-Sep-09	CLARY MUNNS	
State:	45.92	S	07-Jul-13	JAN SIMONS	

1	Burns, Heather	68	Atlantis	1:06.29	10
	31.96	1:06.29 (34.33)			

Event 15 Women 80-84 50 SC Metre Backstroke

National:	46.51	N	05-Aug-17	HELEN BIRD	
State:	1:01.95	S	24-May-15	DIANE ROSS	

1	Pearce, Barbara	82	Marion Masters Swimming	1:08.31	10
	34.20	1:08.31 (34.11)			
2	Simons, Diana	84	Adelaide Masters	1:24.55	9
	41.80	1:24.55 (42.75)			

Event 15 Men 35-39 50 SC Metre Backstroke

National:	26.67	N	16-Jul-17	RYAN NOLAN	
State:	30.76	S	29-Jun-08	CRAIG ADDAMS	

---	Zubrinich, Craig	36	Aquadome Otters	NS	

Event 15 Men 40-44 50 SC Metre Backstroke

National:	27.79	N	23-Aug-13	IAN JEFFERY	
State:	30.60	S	03-Jun-12	SCOTT HEALEY	

1	Osborne, Andrew	44	Henley Beach Masters	36.45	10
	18.06	36.45 (18.39)			
2	Gaibinger, Michael	43	Marion Masters Swimming	37.76	9
	19.41	37.76 (18.35)			

Event 15 Men 55-59 50 SC Metre Backstroke

National:	31.01	N	25-May-19	JON HAWTON	
State:	31.61	S	26-Jun-16	MARK SMEDLEY	

1	Smith, Andrew	55	Marion Masters Swimming	48.36	10
	24.07	48.36 (24.29)			

Event 15 Men 65-69 50 SC Metre Backstroke

National:	34.89	N	16-Jul-17	GRAEME ARMSTRONG	
State:	34.92	S	23-Feb-19	FRANK LINDSAY	

1	Pike, Richard	66	Atlantis	1:10.62	10

Event 15 Men 75-79 50 SC Metre Backstroke

National:	39.30	N	27-Jan-18	GEORGE GREEN	
State:	46.64	S	22-Apr-07	JONATHAN DAVIES	

1	Brett, Laurance	75	Atlantis	49.14	10
	24.37	49.14 (24.77)			
2	Ham, Raymond	78	Western Districts	1:06.13	9
	33.61	1:06.13 (32.52)			

Event 15 Men 80-84 50 SC Metre Backstroke

National:	43.89	N	22-Oct-17	JOHN COCKS	
State:	49.86	S	24-Jul-11	JONATHAN DAVIES	

1	Hawkes, Darryl	80	Marion Masters Swimming	1:00.34	10
	29.27	1:00.34 (31.07)			

Event 16 Women 18-24 50 SC Metre Freestyle

National:	27.66	N	06-Aug-17	AYAKO TAKIMOTO	
State:	27.97	S	02-Aug-09	C. MARGRISON	

1	Vidura, Kimberley	23	Henley Beach Masters	29.24	10
	14.17	29.24 (15.07)			
2	Muller, Rebecca	24	Adelaide Masters	31.33	9
	15.01	31.33 (16.32)			

Event 16 Women 30-34 50 SC Metre Freestyle

National:	27.08	N	23-Sep-18	SALLY HUNTER	
State:	27.08	S	23-Sep-18	SALLY HUNTER	

1	Lynch, Amanda	34	Aquadome Otters	36.46	10
	17.76	36.46 (18.70)			

Event 16 Women 35-39 50 SC Metre Freestyle

National:	27.00	N	10-Apr-15	GILLIAN O'MARA
State:	29.43	S	15-Jun-03	SUE LYONS

1	Brown, Erin		39	Adelaide Masters	32.76	10
	15.59	32.76 (17.17)				
2	Koutas, Fiona		39	Noarlunga	33.51	9
	16.25	33.51 (17.26)				

Event 16 Women 40-44 50 SC Metre Freestyle

National:	27.05	N	01-Aug-09	JENNIE BUCKNELL
State:	29.75	S	16-Sep-01	ELIZABETH EVANS

1	Wellington, Kim		43	Henley Beach Masters	30.65	10
	15.10	30.65 (15.55)				
2	Goss, Debbie		40	Tea Tree Gully	35.96	9
	17.46	35.96 (18.50)				

Event 16 Women 45-49 50 SC Metre Freestyle

National:	26.94	N	10-Apr-15	JENNIE BUCKNELL
State:	29.74	S	06-May-17	JOSEPHINE VARNEY

1	Ryan, Meredith		46	Marion Masters Swimming	34.47	10
	16.60	34.47 (17.87)				
2	Mascall-Dare, Sharon		49	Atlantis	39.85	9
	19.24	39.85 (20.61)				

Event 16 Women 50-54 50 SC Metre Freestyle

National:	27.50	N	28-Aug-16	JENNIE BUCKNELL
State:	30.80	S	05-Aug-12	JUDY THOMAS

1	Brown, Yumi		54	Aquadome Otters	37.33	10
	18.64	37.33 (18.69)				
2	Fitzgerald, Suanne		52	Adelaide Masters	38.37	9
	18.23	38.37 (20.14)				
---	Pratt, Ingrid		54	Onkaparinga Swimming Club	NS	

Event 16 Women 55-59 50 SC Metre Freestyle

National:	28.52	N	09-Jun-13	JENNY WHITELEY
State:	30.53	S	26-May-13	JUDY THOMAS

1	Basedow, Angela		56	Adelaide Masters	33.86	10
	16.60	33.86 (17.26)				
2	Chambers, Cheryl		57	Henley Beach Masters	37.27	9
	18.51	37.27 (18.76)				
3	Brooks, Lisa		57	Atlantis	45.24	8
	22.30	45.24 (22.94)				
---	Falster, Robyn		59	Marion Masters Swimming	NS	

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Event 16 Women 60-64 50 SC Metre Freestyle

National:	28.50	N	26-May-18	JENNY WHITELEY
State:	32.21	S	24-Jun-18	JUDY THOMAS

1	Thomas, Judy	61	Atlantis	33.38	10
2	O'Connell, Leonie	63	Adelaide Masters	36.64	9
	18.22	36.64 (18.42)			
3	Roads, Elizabeth	60	Great Southern Swimming Club	43.10	8
	21.88	43.10 (21.22)			
4	Geelen, Denise	62	Atlantis	53.26	7
	25.66	53.26 (27.60)			

Event 16 Women 65-69 50 SC Metre Freestyle

National:	31.76	N	10-Apr-15	JANETTE JEFFREY
State:	36.05	S	01-Jun-08	CAROLYN M FLEMING

---	Orr, Mary	65	Onkaparinga Swimming Club	NS	

Event 16 Women 70-74 50 SC Metre Freestyle

National:	34.27	N	25-Jun-17	CLARY MUNNS
State:	37.48	S	03-Jun-12	JOY PAGE

---	Dalling, Wendy	74	Noarlunga	NS	

Event 16 Women 75-79 50 SC Metre Freestyle

National:	37.10	N	27-Jan-18	JEN THOMASSON
State:	40.12	S	23-Feb-19	JOY PAGE

1	Smith, Pauline	77	Henley Beach Masters	59.68	10
	30.87	59.68 (28.81)			

Event 16 Women 85-89 50 SC Metre Freestyle

National:	47.72	N	10-Apr-15	DOROTHY DICKEY
State:	1:04.55	S	23-Feb-19	M. ARMSTRONG

1	Armstrong, Margaret	86	Noarlunga	1:04.55 S	10
	31.29	1:04.55 (33.26)			

Event 16 Men 18-24 50 SC Metre Freestyle

National:	22.85	N	28-Jun-08	M. PATTERSON
State:	25.20	S	16-Sep-01	JON TONGIA

1	Wilkins, Charlie	20	Adelaide Masters	38.28	10
	18.46	38.28 (19.82)			

Event 16 Men 25-29 50 SC Metre Freestyle

National:	23.75	N	20-Jul-14	M. PATTERSON
State:	24.92	S	23-Sep-18	ANTONY LOCKYER

1	Gravier, Charles	27	Adelaide Masters	44.35	10
	20.68	44.35 (23.67)			

Event 16 Men 30-34 50 SC Metre Freestyle

	National:	**23.54**	**N**	**28-Jun-08**	**PETER KERR**
	State:	**25.21**	**S**	**14-Jun-09**	**LUKE A WALLACE**

1	Ryan, Christopher	31	Atlantis	25.07 S	10
	12.16	25.07 (12.91)			
2	Varvounis, Anthony	31	Adelaide Masters	29.70	9
	14.40	29.70 (15.30)			

Event 16 Men 35-39 50 SC Metre Freestyle

	National:	**23.27**	**N**	**09-Nov-14**	**GREG PHILLIPS**
	State:	**25.22**	**S**	**09-Sep-07**	**CRAIG MARTIN**

1	Gassol Quilez, Gerard	36	Henley Beach Masters	28.41	10
	13.94	28.41 (14.47)			

Event 16 Men 40-44 50 SC Metre Freestyle

	National:	**23.94**	**N**	**10-Apr-15**	**TODD ROBINSON**
	State:	**25.11**	**S**	**22-Oct-17**	**ANDREW STEPHENSON**

1	Hayes, Evan	41	Atlantis	30.19	10
	14.76	30.19 (15.43)			

Event 16 Men 45-49 50 SC Metre Freestyle

	National:	**24.54**	**N**	**10-Apr-15**	**MARK THOMPSON**
	State:	**25.90**	**S**	**22-Oct-17**	**MARK PREISS**

1	Williams, Troy	45	Adelaide Masters	31.92	10
	15.80	31.92 (16.12)			

Event 16 Men 50-54 50 SC Metre Freestyle

	National:	**25.28**	**N**	**17-Sep-16**	**BARRY CARP**
	State:	**27.13**	**S**	**23-Feb-19**	**STEPHEN OSBORNE**

1	Osborne, Stephen	50	Henley Beach Masters	26.69 S	10
	13.33	26.69 (13.36)			
2	McCormack, Simon	53	Atlantis	31.89	9
	15.38	31.89 (16.51)			
3	Playford, Grant	50	Atlantis	33.11	8
	15.96	33.11 (17.15)			
---	Nelson, Kent	54	Adelaide Masters	DQ	
	Use of tape on the body				
	17.01	DQ (18.92)			

Event 16 Men 55-59 50 SC Metre Freestyle

	National:	**25.69**	**N**	**10-Apr-15**	**LARRY FORSYTH**
	State:	**27.58**	**S**	**21-Aug-16**	**MARK SMEDLEY**

1	Forrest, Darren	56	Atlantis	33.79	10
	16.70	33.79 (17.09)			
2	Skeates, Nigel	56	Henley Beach Masters	35.30	9
	16.91	35.30 (18.39)			

--- Dundon, John 57 Henley Beach Masters NS

Event 16 Men 60-64 50 SC Metre Freestyle

National:	**27.20**	**N**	**19-Sep-09**	**ALAN BROWN**
State:	**27.52**	**S**	**10-Apr-15**	**PHILIPP DJANG**

1	Simpson, Grant	63	Henley Beach Masters	30.25	10	
	15.04	30.25 (15.21)				
2	Crowder, George	63	Marion Masters Swimming	38.23	9	
3	Beames, Phillip	61	Atlantis	39.02	8	
4	Hamden, Andrew	62	Aquadome Otters	39.36	7	
	18.81	39.36 (20.55)				
---	Hogben, Ian	61	Adelaide Masters	NS		

Event 16 Men 65-69 50 SC Metre Freestyle

National:	**28.01**	**N**	**03-Jul-11**	**ALAN BROWN**
State:	**29.20**	**S**	**23-Feb-19**	**FRANK LINDSAY**

1	Bertram, Neal	69	Henley Beach Masters	44.51	10	
	21.87	44.51 (22.64)				

Event 16 Men 70-74 50 SC Metre Freestyle

National:	**29.26**	**N**	**21-May-16**	**ALAN BROWN**
State:	**31.86**	**S**	**22-Aug-04**	**ROY DREW**

1	Dean, Jock	71	Adelaide Masters	37.00	10	
	17.58	37.00 (19.42)				
2	Will, Alastair	74	Adelaide Masters	37.94	9	
	17.42	37.94 (20.52)				
3	Smith, Ray	71	Atlantis	45.97	8	
	21.87	45.97 (24.10)				
---	Hardie, Ron	73	Marion Masters Swimming	NS		

Event 16 Men 75-79 50 SC Metre Freestyle

National:	**31.77**	**N**	**15-Mar-18**	**DAVID BOYLSON**
State:	**35.25**	**S**	**17-May-09**	**ROY DREW**

1	Suskin, Allan	77	Atlantis	39.36	10	
	19.28	39.36 (20.08)				
2	Robinson, Brian	77	Tea Tree Gully	55.32	9	
	26.61	55.32 (28.71)				

Event 17 Women 40-44 100 SC Metre Breaststroke

National:	**1:08.88**	**N**	**23-Aug-13**	**LINLEY FRAME**
State:	**1:27.70**	**S**	**30-Jul-06**	**ANGELA C WILKINS**

1	Ebert, Rebecca	41	Tea Tree Gully	1:46.94	10	
	22.29	49.48 (27.19)	1:17.85 (28.37)	1:46.94 (29.09)		

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Event 17 Women 50-54 100 SC Metre Breaststroke

	National:	**1:16.49**	**N**	**30-Aug-09**	**JENNY WHITELEY**		
	State:	**1:29.30**	**S**	**22-Oct-17**	**ILZE OSTROVSKA**		
1	Tucker, Helen			52	Noarlunga	1:47.02	10
	23.13	50.03 (26.90)	1:18.17 (28.14)	1:47.02 (28.85)			

Event 17 Women 60-64 100 SC Metre Breaststroke

	National:	**1:20.50**	**N**	**26-May-18**	**JENNY WHITELEY**		
	State:	**1:33.02**	**S**	**08-Jul-18**	**M. HEFFERNAN**		
1	Heffernan, Maryanne			63	Marion Masters Swimming	1:37.79	10
	21.16	47.44 (26.28)	1:12.18 (24.74)	1:37.79 (25.61)			

Event 17 Women 65-69 100 SC Metre Breaststroke

	National:	**1:30.22**	**N**	**16-Jul-17**	**JANETTE JEFFREY**		
	State:	**1:46.33**	**S**	**09-Sep-07**	**JOY C PAGE**		
1	Gill, Janice			66	Tea Tree Gully	2:13.16	10
	27.99	1:02.86 (34.87)	1:38.34 (35.48)	2:13.16 (34.82)			

Event 17 Men 25-29 100 SC Metre Breaststroke

	National:	**1:02.49**	**N**	**03-Sep-02**	**SIMON LEIGHFIELD**		
	State:	**1:09.34**	**S**	**23-Oct-05**	**ANDREW RAGLESS**		
1	Gravier, Charles			27	Adelaide Masters	1:53.00	10
	24.74	54.02 (29.28)	1:23.32 (29.30)	1:53.00 (29.68)			

Event 17 Men 40-44 100 SC Metre Breaststroke

	National:	**1:06.79**	**N**	**22-Aug-09**	**MATTHEW WRIGHT**		
	State:	**1:11.13**	**S**	**17-Mar-02**	**MARK SMEDLEY**		
1	Fillmore, Gavin			43	Onkaparinga Swimming Club	1:35.66	10
	22.38	44.75 (22.37)	1:10.56 (25.81)	1:35.66 (25.10)			

Event 17 Men 50-54 100 SC Metre Breaststroke

	National:	**1:11.26**	**N**	**21-Jul-13**	**STUART MOFFATT**		
	State:	**1:13.03**	**S**	**10-Apr-10**	**MARK SMEDLEY**		
1	Rowell, Gavin			50	Marion Masters Swimming	1:21.24	10
	17.98	37.93 (19.95)	59.90 (21.97)	1:21.24 (21.34)			
2	Clancy, John			54	Atlantis	1:57.19	9
	26.78	56.10 (29.32)	1:26.61 (30.51)	1:57.19 (30.58)			

Event 17 Men 55-59 100 SC Metre Breaststroke

	National:	**1:13.91**	**N**	**22-Oct-11**	**STUART ELLICOTT**		
	State:	**1:14.56**	**S**	**22-Oct-17**	**MARK SMEDLEY**		
1	Smedley, Mark			59	Adelaide Masters	1:16.01	10
	17.05	37.02 (19.97)	56.50 (19.48)	1:16.01 (19.51)			
2	Burfield, Tim			56	Atlantis	1:27.68	9
	18.72	40.36 (21.64)	1:03.74 (23.38)	1:27.68 (23.94)			

3	Harvey, Roger	56	Adelaide Masters		1:44.38	8
	23.96	50.29 (26.33)	1:17.75 (27.46)	1:44.38 (26.63)		
4	Anderson, Russell	57	Adelaide Masters		2:01.18	7
	24.00	53.87 (29.87)	1:28.16 (34.29)	2:01.18 (33.02)		

Event 17 Men 60-64 100 SC Metre Breaststroke

National:	**1:14.67**	**N**	**17-Oct-15**	**STUART ELLICOTT**
State:	**1:23.78**	**S**	**08-Aug-93**	**DIETER LOELIGER**

1	Atkinson, Jeff	61	Adelaide Masters		1:42.36	10
	23.40	48.22 (24.82)	1:42.36 (54.14)			

Event 17 Men 65-69 100 SC Metre Breaststroke

National:	**1:15.69**	**N**	**15-Oct-17**	**STUART ELLICOTT**
State:	**1:28.68**	**S**	**09-May-98**	**DIETER LOELIGER**

1	Thorpe, Ian	66	Tea Tree Gully		1:57.46	10
	26.41	56.47 (30.06)	1:26.53 (30.06)	1:57.46 (30.93)		

Event 18 Women 120-159 100 SC Metre Medley Relay

National:	**1:01.82**	**N**	**15-Jul-18**	**POWERPOINTS** **J CUTTING, Z BOND, L D. CARVALHO, G O'MARA**
State:	**1:01.89**	**S**	**05-Aug-12**	**ADELAIDE MASTER** **S PALMER-WHITE, I OSTROVSKA, C MARGRISON, J WATSON**

			A			
1	Adelaide Masters				1:15.09	20
	18.76		54.32 ( )	1:15.09 (20.77)		

Event 18 Women 160-199 100 SC Metre Medley Relay

National:	**1:01.52**	**N**	**14-Oct-06**	**POWERPOINTS** **J BUCKNELL, A TUCIUTE, H WHITFORD, M KEMP**
State:	**1:04.94**	**S**	**26-Jun-16**	**ADELAIDE MASTER** **S BEAVER, L CHRISTIAN, I OSTROVSKA, E BROWN**

			A			
1	Henley Beach Masters				1:05.18	20
	17.60	37.00 (19.40)	51.36 (14.36)	1:05.18 (13.82)		
			A			
2	Atlantis				1:16.00	18
	17.56	37.34 (19.78)	58.56 (21.22)	1:16.00 (17.44)		
			A			
3	Tea Tree Gully				1:20.81	16
		43.06 ( )	1:01.85 (18.79)	1:20.81 (18.96)		
			A			
4	Noarlunga				1:34.18	14
	19.17	41.21 (22.04)	1:06.79 (25.58)	1:34.18 (27.39)		

Event 18 Women 200-239 100 SC Metre Medley Relay

National:	**1:05.07**	**N**	**04-Aug-18**	**CLAREMONT** **C INFANTE, P BURTON, S HICKLING, S BIRD**
State:	**1:10.95**	**S**	**10-Sep-17**	**MARION** **R FALSTER, M HEFFERNAN, J BOWKER, D WAREING**

			A			
1	Adelaide Masters				1:12.32	20
	20.74	40.16 (19.42)	56.32 (16.16)	1:12.32 (16.00)		

A

2 Atlantis 1:24.82 18
27.03 48.73 (21.70) 1:04.57 (15.84) 1:24.82 (20.25)

A

3 Aquadome Otters 1:28.65 16
21.19 45.93 (24.74) 1:07.39 (21.46) 1:28.65 (21.26)

Event 18 Women 240-279 100 SC Metre Medley Relay

National: 1:07.61 N 19-Aug-18
MALVERN MARLINS
A MCNEIL, J JEFFREY, L RODGERS, D BRIGGS

State: 1:12.46 S 03-Aug-14
ATLANTIS
JAN SIMONS, JENNY BRADLEY, JUDY THOMAS, JOY PAGE

A

1 Marion Masters Swimming 1:26.45 20
31.55 51.87 (20.32) 1:08.95 (17.08) 1:26.45 (17.50)

A

2 Adelaide Masters 1:27.51 18
27.66 48.26 (20.60) 1:07.53 (19.27) 1:27.51 (19.98)

A

3 Henley Beach Masters 1:27.61 16
22.80 45.89 (23.09) 1:00.41 (14.52) 1:27.61 (27.20)

A

4 Atlantis 1:44.79 14
23.31 47.19 (23.88) 1:22.47 (35.28) 1:44.79 (22.32)

Event 19 Men 120-159 100 SC Metre Medley Relay

National: 50.35 N 20-Jul-14
SEASIDE PIRATES
J WATSON, P KERR, M PATTERSON, G PHILLIPS

State: 55.76 S 19-Aug-07
ADELAIDE MASTER
J BARANOFF, M SMEDLEY, K RUNDLE, C ADDAMS

A

1 Adelaide Masters 1:17.27 20
23.38 40.58 (17.20) 55.26 (14.68) 1:17.27 (22.01)

Event 19 Men 160-199 100 SC Metre Medley Relay

National: 51.88 N 06-Aug-17
H2O
M CARP, B CARP, L MCDOWELL, C FOSTER

State: 56.41 S 11-Sep-11
ADELAIDE MASTER
C ADDAMS, M SMEDLEY, S CARBONCINI, L WATERS

A

1 Atlantis 1:05.18 20
20.06 1:05.03 (44.97) 51.43 ( ) 1:05.18 (13.75)

Event 19 Men 200-239 100 SC Metre Medley Relay

National: 54.28 N 18-Aug-13
CLAREMONT
L VERHAGE, A DUNNE, P BLACKBEARD, D STOCKWELL

State: 59.78 S 03-Aug-08
ADELAIDE MASTER
J LAHNSTEIN, M SMEDLEY, G SIMPSON, G CROFT

A

1 Henley Beach Masters 59.02 S 20
16.01 31.90 (15.89) 45.47 (13.57) 59.02 (13.55)

A

2 Adelaide Masters 1:12.99 18
21.11 42.08 (20.97) 55.84 (13.76) 1:12.99 (17.15)

3	Noarlunga			A		1:22.66	16
	21.09	43.83 (22.74)	58.83 (15.00)	1:22.66 (23.83)			
4	Atlantis			A		1:24.78	14
	28.92	53.98 (25.06)	1:09.21 (15.23)	1:24.78 (15.57)			

Event 19 Men 240-279 100 SC Metre Medley Relay

National: 1:01.82 N 22-Jul-07 **MANLY MASTERS**
S LAMY, T GOODWIN, C DANDO, G STUTSEL

State: 1:04.25 S 07-Sep-08 **MARION**
M GRAY, R W HARDIE, I F YOUNG, B EDWARDS

1	Adelaide Masters			A		1:18.61	20
	21.69	41.46 (19.77)	1:01.86 (20.40)	1:18.61 (16.75)			
2	Tea Tree Gully			A		1:21.07	18
	21.83	45.61 (23.78)	1:05.38 (19.77)	1:21.07 (15.69)			
3	Henley Beach Masters			A		1:28.28	16
	27.75	55.75 (28.00)	1:10.59 (14.84)	1:28.28 (17.69)			
---	Marion Masters Swimming			A		DQ	
	Number 2 swimmers feet lost touch with the starting platform before the preceeding team-ma						
	26.10	44.15 (18.05)	1:05.06 (20.91)	DQ (14.25)			

Event 19 Men 280-319 100 SC Metre Medley Relay

National: 1:06.26 N 08-Apr-10 **MIAMI**
J CRISP, D LESLIE, H A VAGNER, N D. DURRANT

State: 1:16.23 S 05-Aug-12 **ADELAIDE MASTER**
J DAVIES, R HARRIS, T WARD, C RICHARDS

1	Atlantis			A		1:23.42	20
	22.40	44.12 (21.72)	1:03.00 (18.88)	1:23.42 (20.42)			