



Official Program

Grange to Henley 26 January 2021

20th year as Australia Day Jetty to Jetty Long Swim
39th year of Masters Swimming SA competing
105th year since first swim between the jetties in 1917

Proudly presented in conjunction with the Australia Day Council

Supported by: Channel Nine
West Beach and District Community Bank
Office of Recreation and Sport
Vorgee



Government of South Australia
Office for Recreation and Sport



OFFICIALS LIST

Race Director	Rosemary White
Open Water Swim Director	Tim Burfield
Referee	Philip Beames
Chief Registrar / Marshall	Event Strategies (Malcolm Robertson)
Registrations	Marion Marlins (Grange Beach)
Announcer	Rosemary White and Chris Velliaris
COVID Marshall	Chloe Steveson
Starter	Des Mulqueen
Check Starters	Philip Beames
Jetty Official	Henley Jetty: Phillip Beames
Officials at Finish (Henley Beach)	Time Keepers: Event Strategies Time Recorder: Event Strategies Chute: Henley Beach Masters Timing Chips: Noarlunga Masters
Medical Officers	St Johns
Safety Officer	Grant Simpson
Refreshments	Aquadome Otters
Photographs	Geosnapshot Photography
Buoys / Water Cover	Mike Walker, Henley Beach Surf Life Saving Club and Grange Surf Life Saving Club
Race Committee	Referees, OWS Director, Race Director and Safety officer



GeoSnapshot.com

The Snapshot marketplace

TIMELINE

GRANGE FORESHORE

7:30am	Registrations open on the Grange Foreshore
8:00am	Set-up of Course and Briefing of Surf Clubs (water cover)
9:00am	Late Registrations close
9:15am	Registrations close
9:40am	Welcome to Country- Craig Zubrinich
9:42am	National Anthem – ZKEY
9:45am	Swimmer's Briefing - Rosemary White
9:55am	Final Marshalling
10:00am	First Wave starts (Pink Cap colour) – 65 years and over
10:03am	Second Wave starts (Yellow Cap colour) – 60 to 64 years
10:06am	Third Wave starts (Bright Green Cap colour) – 55 to 59 years
10:09am	Fourth Wave starts (Bright Yellow Cap colour) – 50 to 54 years
10:12am	Fifth Wave starts (Dark Green Cap colour) – 45 to 49 years
10:15am	Sixth Wave starts (Orange Cap colour) – 35 to 44 years
10:18am	Seventh Wave starts (Dark Blue Cap Colour) – 18 to 34 years
10:21am	Last Wave starts (Purple Cap Colour) – 11 to 17 years

HENLEY BEACH / SQUARE

7:30am	Set-up of Finish Line and Presentation area
8:00am	Set-up of Course and Briefing of Surf Clubs (water cover)
10:30am	Estimated Time of Finish for first swimmers and swimmer's gear available for collection
11:00am (approx.)	T-shirts and Merchandise distribution and sales
11:30am	Cut-off Time for swimmers to Finish (adjusted for starts)
11:30am	Official Guests arrive and greeted
12:00pm	Provisional Results posted
12:00pm	Presentation of Trophies and Awards
1:00pm	Finish

RACE INSTRUCTIONS

REGISTRATION

Registration will occur on the Grange foreshore at 8.00am for **all swimmers**. Registration for **all swimmers** closes at 9:15am.

If conditions favour a reversal of the swim (i.e. Henley to Grange) swimmers will be notified at 8.00am at Grange foreshore. Marshalling will then occur at Henley Beach foreshore and all advertised times will be delayed by 30 minutes.

In the event of the swim being cancelled for any reason, swimmers will receive merchandise as ordered. Entry fees will not be refunded.

All swimmers will be grouped according to their age as at 31 December 2021.

Upon registration each swimmer will be issued with a coloured cap matching their starting time, receive a timing band to wear throughout the race and also be numbered on their left arm. The **swim cap must be worn** throughout the race as a safety precaution. Please assist the race officials by wearing your cap in the marshalling area from 9:30am onwards.

YOUR GEAR

The race committee will transport gear from the start area to the finish area. Simply place gear in the trailers provided near the Registration Area. You can collect gear immediately after the swim from the designated area on the Henley Beach foreshore.

THE START

The start will be conducted in predetermined waves based on swimmers age. There will be several waves of swimmers, each identified with a different coloured swim cap. The waves **will enter the water and start between buoys located at a suitable depth for a water start** on the South side of the Grange Jetty. The starter will signal the start of each wave with a sounding device. There will be a **three minute** gap between each wave.

THE COURSE

Swimmers will be required to swim from the South side of the Grange Jetty, past a big buoy half way between the two jetties, around the buoy at the end of the Henley Beach Jetty and along the South side the Henley Beach Jetty to the finish line at the water's edge (Please see diagram over the page).

In the interest of your own safety, please swim carefully past the buoys and at the end of the jetty. Officials will be observing swimmers from each jetty.

THE FINISH

On leaving the water swimmers must proceed through the finishing chutes which lead to the **recording area** where your timing device will be scanned. If you have lost your timing device, your arm number will be used to record your time. Your final swimming position will then be determined by the official recorder.

Official results will be announced at the Presentation Ceremony on the Henley Beach lawns at approximately 12:00pm following the completion of the swim or can be checked on the following link as soon as the swimmer is finished.

Water Cover

To ensure the safety of all swimmers, the race officials have engaged the Henley Surf Life Saving Club, Grange Surf Life Saving Club and other craft to maintain a high presence in the water.

If you require help, do not hesitate to call on safety personnel – surf boat, surf board or power boat by raising your right arm. St John’s officials will be present throughout the swim and in adjacent areas at Henley Square and Grange Beach.

Swimmers must comply with instructions of the safety officials if requested to attend the medical area or asked to leave the water at any stage of the swim.

General Risks

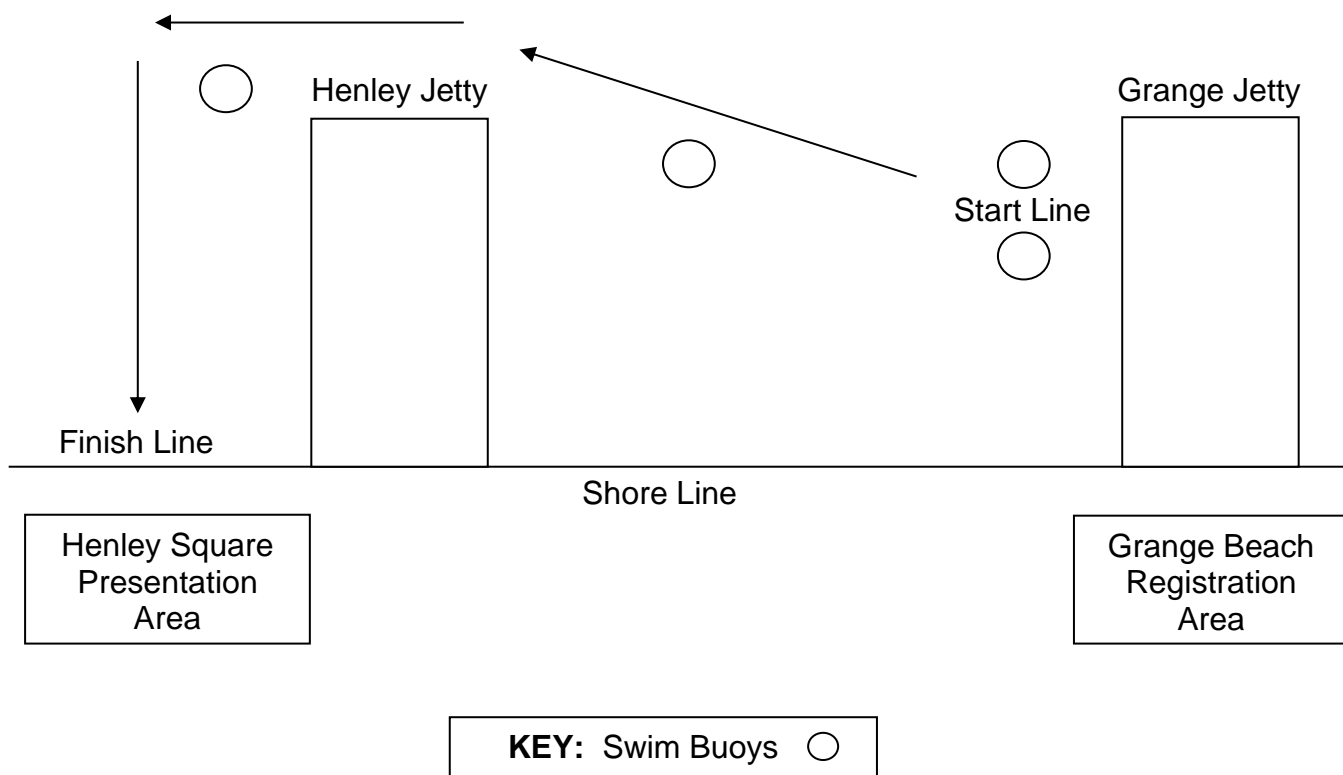
Swimmers should take all precautions to keep themselves safe from the general risks associated with open water swimming in a beach environment. Take appropriate precautions for protection from the sun, and the dangers of sharp objects and sea creatures.

NON-FINISHERS

All swimmers who fail to complete the course for any reason are required to notify the recorders at the finish line.

Swimmers who do not finish or who are disqualified for any reason do not forfeit any entitlements other than a finishing position and time.

2021 2KM COURSE OUTLINE (Guide ONLY)



OFFICIAL RULES AND REGULATIONS

GENERAL

A spirit of friendly competition should be maintained throughout the race. Any un-sportsman like conduct will be grounds for immediate disqualification.

Decisions of the event officials are final and are not subject to appeal.

Water cover personnel are considered as race officials.

SWIM

To be read in conjunction with Masters Swimming Australia Open Water Swimming Rules.

1. No extraneous aids are allowed. Goggles are allowed and recommended.

OWS5.14 *The wearing of heavy jewelry and watches is not allowed to safety requirements.*



due

2. Non-approved FINA swim wear and wet suits, if worn, will disqualify the swimmer from any awards.

OWS 5.10 *No swimmer shall be permitted to use or wear any device which may be an aid to their speed, endurance or buoyancy. Goggles, a maximum of two (2) caps, nose clip and earplugs may be used. (FINA OWS6.9)*

3. Swimmers will be required to have an official swim cap issued at registration which must be worn at all times. The cap identifies starting groups.
4. Organisers reserve the right to withdraw swimmers at any time preceding or during the race. **A 1 hour and 15 minute time limit will prevail.**
5. Swimmers must swim the course as described.
6. Swimmers who cross the starting line before the sounding device is heard may be liable to disqualification.
7. Race officials shall have the authority to remove a competitor from the race if the competitor is judged to be physically incapable of continuing the race without the risk of injury to themselves or others, or the time limit has expired.

CODE OF BEHAVIOUR

This code of behaviour is intended to be the minimal standard for anyone involved in masters swimming in South Australia:

General

- Operate within the rules and spirit of masters swimming, promoting fair play over winning at all cost
- Encourage and support opportunities for people to learn appropriate behaviours and skills
- Support opportunities for participation in all aspects of masters swimming
- Treat each person as an individual
- Display control and courtesy for all involved in masters swimming
- Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion
- Respect the decisions of officials, coaches and administrators in the conduct of masters swimming
- Adopt appropriate and responsible behaviour in all interactions
- Adopt responsible behaviour in relation to alcohol and other drugs
- Act with integrity and objectivity, and accept responsibility for your decisions and actions

- Ensure your decisions and actions contribute to a safe environment
- Ensure your decisions and actions contribute to a harassment free environment
- Do not tolerate harmful or abusive behaviours

Athletes

- Give your best at all times
- Participate for your own enjoyment and benefit

Coaches

- Place the safety and welfare of the athletes above all else
- Help each person (athlete, official etc.) reach their potential – respect the talent, developmental stage and goals of each person, and compliment and encourage with positive and supportive feedback
- Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development
- Be honest and do not let your qualifications be misrepresented

Officials

- Place the safety and welfare of the athletes above all else
- Be consistent and impartial when making decisions
- Address unsporting behaviour and promote respect for all people

Administrators

- Act honestly, in good faith and in the best interest of masters swimming as a whole
- Ensure that any information acquired or advantage gained from the position is not used improperly
- Conduct your responsibilities with due care, competence and diligence
- Do not allow prejudice, conflict of interest or bias to affect your objectivity

Spectators

- Respect the efforts and performance of all people
- Reject the use of violence in any form, whether it is by spectators, coaches, officials or athletes

TROPHIES

Trophies will be presented by various sponsors at the Presentation Ceremony. Perpetual trophies will be retained by Masters Swimming SA each year with the winners receiving a replica trophy.

FASTEST FEMALE (WINGATE TROPHY) Donated by MSSA

FASTEST MALE (TED GEARY TROPHY) Donated by MSSA

SWIMMING SA FASTEST MALE

SWIMMING SA FASTEST FEMALE

OLDEST FEMALE SWIMMER (SIMONS TROPHY) Donated by MSSA - Di Simons

OLDEST MALE SWIMMER (DARRYL HAWKES TROPHY) Donated by MSSA - Ben & Luke Richards

NINE NEWS JETTY TO JETTY TEAM AWARD (Masters Club with the most aggregate points)
Donated by Channel Nine - Brenton Ragless

MARJORY MULLER CUP (Masters Club with the most accumulated points) Donated by MSSA - Presented by Howard Muller

MASTERS SWIMMING SA BRANCH CUP

The Masters Swimming SA Branch Cup will be presented to the Masters Swimming SA club with the most accumulated points.

Points will be accumulated in each age category above on the basis of:

- 4 points for the highest place swimmer in age group
- 3 points for next highest placed swimmer in age group
- 2 point for next highest placed swimmer in age group
- 1 point for each swimmer completing the distance

NB. Swimmers must be registered (current year) to be eligible for points.

AGE GROUP WINNERS

The following age groups will apply for both males and females:

11 – 12	13 – 14	15 – 17	18 – 24	25 – 29	30 – 34	35 – 39
40 – 44	45 – 49	50 – 54	55 – 59	60 – 64	65 – 69	70 – 74
75 – 79	80 – 84	85 – 89	90 and over			

First, second and third placegetters in each age group (fastest times) will receive awards. The fastest Masters Swimming Australia member in each age group (male and female) will also receive an award.

RACE HISTORY

A swim between the Henley and Grange Jetties has been a feature of Australia Day celebrations in South Australia for over 90 years. The tradition began in 1917 when the Henley and Grange Swimming Club held the first swim.

Masters swimmers (then known as AUSSI Masters Swimming in Australia SA Branch) began competing in 1983 as a separate group of swimmers. Interest from masters' swimmers has since grown and remains high.

2002 saw the first Australia Day Jetty to Jetty Long Swim run by the SA Branch for swimmers over the age of 18 years. The SA Branch undertook this swim to maintain the tradition of a long swim between the jetties on Australia Day. Such a swim had very strong support from Masters swimmers and the SA Branch hoped that the event will grow in stature in coming years to rival some of the open water long swims in other states.

In 2004 the age limit was dropped to 13 years due to interest from younger swimmers and the absence of any alternative events for "budding" young distance swimmers. In 2014 the age restriction was lifted to again to 18 years.

2009 saw AUSSI Masters Swimming in Australia SA Branch become Masters Swimming SA.

We look forward to partnering with Swimming SA to continue the tradition in 2021 with swimmers 11 years and over participating!

**Thank you for supporting the Nine News
Australia Day Jetty to Jetty Long Swim 2021**