MASTERS SWIMMING AUSTRALIA

SA Branch Carnivals 2022 State Series (3 Meets)

	Short Course State Cup		Long Course State Cup		Short Course Long Distance Meet
Pool: SA State Aquatic & Leisure Centre		Pool: SA State Aquatic & Leisure Centre		Pool: SA State Aquatic & Leisure Centre	
Date: 1/05/2022		Date: 23/10/2022		Date: 13/11/2022	
	8.30 am Warm-up		8.30 am Warm-up		8.30 am Warm-up
	9.00 am Start		9.00 am Start		9.00 am Start
Event No.		Event No		Event No	
	200 Butterfly	1.	Choice of one of the following:	1.	1500 Freestyle
	100 Individual Medley		a. 400 Freestyle	2.	800 Butterfly
3.	50 Backstroke		b. 400 Individual Medley	3.	800 Backstroke
	200 Freestyle		c. 400 Backstroke	4.	800 Breaststroke
5.	25 Breaststroke		d. 400 Breaststroke	5.	800 Individual Medley
<u>6</u> .	25 Butterfly		e. 400 Butterfly	6.	800 Freestyle
	100 Freestyle	2.	200 Freestyle	7.	400 Butterfly
_	200 Backstroke	3.	100 Backstroke	8.	400 Backstroke
9.	50 Breaststroke	4.	50 Butterfly	9.	400 Breaststroke
	400 Freestyle	5.	50 Freestyle	10.	400 Individual Medley
11.	50 Butterfly	6.	100 Butterfly	11.	400 Freestyle
	200 Breaststroke	7.	200 Breaststroke		
	100 Backstroke	8.	200 Individual Medley		
14.	50 Freestyle	9.	200 Butterfly		
	100 Breaststroke	10.	100 Breaststroke		
16.	25 Backstroke	11.	50 Backstroke		
17.	25 Freestyle	12.	50 Breaststroke		
	200 Individual Medley	13.	100 Freestyle		Swimmers may enter any 2 events:
	100 Butterfly	14.	200 Backstroke		1 x 1500m with 1 x 400m
	4x25 Mens Freestyle Relay	15.	4x50 Womens Medley Relay		1 x 800m with 1 x 400m
21.	4x25 Womens Freestyle Relay	16.	4x50 Mens Medley Relay		2 x 400m
Swimmers may enter any 4 individual events		Swimmers may enter any 4 individual events		N.B	3. Rolling starts used for 1500 & 800 events
Registered Swimmer Entry Fee: \$25.00 No Guest Swimmers at this Event		Registered Swimmer Entry Fee: \$25.00 No Guest Swimmers at this Event			Registered Swimmer Entry Fee: \$25.00 No Guest Swimmers at this Event
Entries Close Branch: 15/04/2022		Entries Close Branch: 7/10/2022			Entries Close Branch: 28/10/2022