

**Swim No. 2****Long Course****Pool: Gawler Aquatic Centre**

Date: 29/01/2023

9.30 am Warm-Up

10.00 am Start

Event No.

- 1 Choice of one of the following:
  - a. 400 Breaststroke
  - b. 400 Backstroke
  - c. 400 Butterfly
  - d. 400 Freestyle
  - e. 400 Individual Medley
- 2 200 Backstroke
- 3 50 Breaststroke
- 4 50 Butterfly
- 5 100 Freestyle
- 6 200 Breaststroke
- 7 100 Backstroke
- 8 200 Individual Medley
- 9 100 Butterfly
- 10 200 Freestyle
- 11 100 Breaststroke
- 12 50 Backstroke
- 13 50 Freestyle
- 14 200 Butterfly
- 15 4x50 Mixed Medley Relay
- 16 4x50 Mens Freestyle Relay
- 17 4x50 Womens Freestyle Relay

Swimmers may enter any 3 events

Registered Swimmer Entry Fee: \$25.00

Guest Swimmer Entry Fee: \$30.00

Entries Close Branch: 13/01/2023