

1km Female Age Group (SA Masters)

Year	Age Group	1st	2nd	3rd
2015	18-24	Alexandra Carter (SAM)		
2016				
2017				
2018		Sarah Wilkins (SMR)		
2019				
2020				
2021		Elinor Teo (SUS)		
2022				
2023				
2024				
2015	25-29	Katherine Waites (STT)		
2016				
2017		Lauren Christian (SAM)	Georgia Walter (SMR)	
2018		Briny McArthur (SMR)		
2019		Dhara Amin (SMR)		
2020				
2021	Alexandra Carter (SAM)	Stephaie Walker (SNO)	Justine Buchler (SMR)	
2022				
2023				
2024				
2015	30-34	Leila Nazimi (SHB)	Justine Marum (SAM)	
2016		Leila Nazimi (SHB)	Jemma Bowker (SMR)	
2017		Jemma Bowker (SMR)		Wendy Wilkinson (STT)
2018				
2019		Katherine Waites (STT)		
2020				
2021	Briny McArthur (SPM)			
2022	Danielle Hatzimihail (SPM)	Laura Alchin (SHB)		
2023				
2024				
2015	35-39	Debbie Gross (STT)		
2016		Karen Mentha (STT)	Reneae Hajek (SNO)	
2017		Karen Mentha (STT)		
2018		Eva Alvarez de Eulate (SPS)		
2019				
2020				
2021	Anna Tate (SPM)			
2022				
2023				
2024				
2015	40-44	Samantha Jacobs (STT)	Rachael Thorpe (STT)	Deborah Brown (SAQ)
2016		Jennifer Heath (SMR)	Rachael Thorpe (STT)	Claire McCaffrey (SMR)
2017		Rachael Thorpe (STT)		
2018		Rachael Thorpe (STT)		
2019		Karen Mentha (STT)	Sonya Montgomerie (SAM)	
2020				
2021	Joanne Bowen (SPM)	Bernadette Williams (SMR)		
2022	Sarah Osmon-Walton (SMR)	Michaela Battley (STT)	Bernadette Williams (STT)	
2023				
2024				
2015	45-49	Sharon Beaver (SAM)	Helen Tucker (SNO)	Ruth Zeigler (STT)
2016		Sharon Beaver (SAM)	Natalie Hann (SAT)	Samantha McKinlay (SHB)
2017		Jennifer Heath (SMR)	Joanne Bros (SMR)	Deborah Brown (SAM)
2018		Suzanne Pinyon (SHB)	Deborah Brown (SAM)	Heather Anderson (SAT)
2019		Vanessa Tricker (STT)	Jennifer Heath (SMR)	Meredith Ryan (SMR)
2020	Emily Goldie (SAM)	Meredith Ryan (SMR)	Rachel Thorpe (STT)	
2021	Emily Goldie (SAM)	Jennifer Heath (SMR)	Cloe Steveson (SAT)	
2022	Emily Goldie (SAM)			
2023	Emily Goldie (SAM)			
2024	Emily Goldie (SAM)	Kim Wellington (SPM)	Joanne Bowen (SPM)	
2015	50-54	Anita Blackmore (STT)	Chimene O'Rafferty	Susan Lacey (SAQ)
2016		Leanne Markey (SNO)	Dodie Smith (STT)	Barbara Burnet (SAM)
2017		Sharon Beaver (SAM)	Helen Tucker (SNO)	Anita Blackmore (STT)
2018		Helen Tucker (SNO)	Joanne Markey (SNO)	Wendy Lewis (SHB)
2019		Helen Tucker (SNO)	Melinda Lutton (SNO)	Yumi Brown (SAQ)
2020	Helen Tucker (SNO)	Helen Hayes (SNO)	Melinda Lutton (SNO)	
2021	Maggie Evans (SMR)	Sarah Langsford (SMR)	Jennifer Heath (SMR)	
2022	Amanda Carne (SPM)	Chloe Steveson (SAT)	Kim Lau (SAM)	
2023	Jennifer Heath (SMR)	Claudia Chavez (SMR)	Julie Boyd (SAQ)	
2024	Jennifer Heath (SAT)	Cloe Steveson (SAT)	Julie Boyd (SAQ)	
2015	55-59	Joanne Bowen (SPM)	Robyn Falster (SMR)	Deborah Waering (SMR)
2016		Robyn Falster (SMR)	Sue Filmer (SMR)	Penelope O'Shea (SAQ)
2017		Joanne Sutcliffe (SHB)	Robyn Falster (SMR)	Sue Filmer (SMR)
2018		Robyn Falster (SMR)	Rosemary White (SHB)	Helen Walsh (SMR)
2019		Joanne Sutcliffe (SHB)	Robyn Falster (SMR)	Sally Blenkinsop (SAT)
2020	Eimer Muir-Cochrane (SWD)	Yumi Brown (SAQ)		
2021	Stephanie Palmer-White (SAM)	Eimer Muir-Cochrane (SWD)	Anita Blackmore (STT)	
2022	Stephanie Palmer-White (SAM)	Carol Holden (SAT)	Yumi Brown (SAQ)	
2023	Stephanie Palmer-White (SAM)	Natalie Hann (SAT)	Helen Tucker (SNO)	
2024	Natalie Hann (SAT)	Sam McKinlay (SPM)	Sandra Bennett (SMR)	
2015	60-64	Robyn Brown (SMR)	Judith Groves (SMR)	Mary Lane (STT)
2016		Leonie O'Connell (SAM)	Janice Gill (STT)	Betty Reinboth (SAM)
2017		Leonie O'Connell (SAM)	Robyn Brown (SMR)	Pam Gunn (SAM)
2018		Leonie O'Connell (SAM)	Maryanne Heffernan (SMR)	Heather Carbone (SMR)
2019		Maryanne Heffernan (SMR)	Heather Carbone (SMR)	Helen Walsh (SMR)
2020	Leonie O'Connell (SAM)	Maryanne Heffernan (SMR)	Heather Carbone (SMR)	
2021	Joanne Sutcliffe (SPM)	Rosemary White (SHB)	Heather Carbone (SMR)	
2022	Joanne Sutcliffe (SPM)	Rosemary White (SHB)	Bernadette Shears (STT)	
2023	Joanne Sutcliffe (SPM)	Mathea Malcom (SMR)		
2024	Joanne Sutcliffe (SPM)	Eimer Muir-Cochrane (SPM)	Mathea Malcom (SPM)	
2015	65-69	Terry Carter (SMR)	Jenny Mulqueen (STT)	Judy Vowles (SMR)
2016		Jan Simons (SAT)	Terry Carter (SMR)	Maddy Edgely-Smith (STT)
2017		Terry Carter (SMR)	Maddy Edgely-Smith (STT)	Judy Vowles (SMR)
2018		Robyn Brown (SMR)	Eithne Mayton (STT)	Terry Carter (SMR)
2019		Eithne Mayton (STT)	Robyn Brown (SMR)	Maddy Edgely-Smith (STT)
2020		Pam Gunn (SAM)	Susan Graebner (SMR)	
2021	Maryanne Heffernan (SMR)	Leonie O'Connell (SAM)	Robyn Brown (SMR)	
2022	Leonie O'Connell (SAM)	Maryanne Heffernan (SMR)	Robyn Brown (SMR)	
2023	Maryanne Heffernan (SMR)	Leonie O'Connell (SAM)	Heather Carbone (SMR)	
2024	Leonie O'Connell (SAM)	Heather Carbone (SMR)	Robyn Ormsby (SAT)	
2015	70-74	Joy Page (STT)	Maureen Starrs (SMR)	Janice Langan (SMR)
2016		Jenny Mulqueen (STT)	Jenny Mulqueen (STT)	
2017		Jenny Mulqueen (STT)		
2018		Jenny Mulqueen (STT)	Judy Vowles (SMR)	Judy Vowles (SMR)
2019		Jenny Mulqueen (STT)	Christine Walsh (SNO)	Madeline Edgely-Smith (STT)
2020	Jenny Mulqueen (STT)	Judy Vowles (SMR)	Christine Walsh (SNO)	
2021	Eithne Mayton (STT)			
2022	Eithne Mayton (STT)			
2023				
2024	Eithne Mayton (STT)	Maddy Edgely-Smith (STT)		
2015	75-79	Barbara Pearce (SMR)		
2016		Barbara Pearce (SMR)		
2017		Maureen Starrs (SMR)		
2018		Pauline Smith (SHB)	Maureen Starrs (SMR)	
2019		Pauline Smith (SHB)		
2020				
2021	Jenny Mulqueen (STT)	Janice Langan (SMR)	Pauline Smith (SHB)	
2022	Jan Langan (SMR)			
2023	Jan Simmons (SAT)	Jennifer Mulqueen (STT)		
2024	Jan Simmons (SAT)	Jennifer Mulqueen (STT)	Judy Vowles (SMR)	
2015	80-84	Barbara Pearce (SMR)		
2016		Barbara Pearce (SMR)		
2017		Barbara Pearce (SMR)		
2018		Barbara Pearce (SMR)		
2019		Barbara Pearce (SMR)		
2020	Barbara Pearce (SMR)			
2021	Joy Page (SAT)	Pauline Smith (SHB)		
2022	Pauline Smith (SHB)			
2023	Pauline Smith (SHB)			
2024	Pauline Smith (SHB)			
2015	85-89	Barbara Pearce (SMR)		
2016		Barbara Pearce (SMR)		
2017		Barbara Pearce (SMR)		
2018		Barbara Pearce (SMR)		
2019		Barbara Pearce (SMR)		

1km Male Age Group (SA Masters)

Year	Age Group	1st	2nd	3rd
2015	18-24			
2016				
2017				
2018				
2019				
2020				
2021		Samuel Stotolc (SUS)		
2022				
2023				
2024				
2015	25-29			
2016				
2017		Ryan McMurtrie (SAO)		
2018				
2019				
2020				
2021				
2022	Alex Ljamin (SUS)	Andrew Truong (SUS)	Paul Marsden (SHB)	
2023	Albert Stotolc (SUS)	Andrew Truong (SUS)		
2024	Andrew Truong (SUS)			
2015	30-34			
2016				
2017		Ben Warr (SMR)		
2018				
2019		Ben Warr (SMR)		
2020				
2021				
2022				
2023	Hai Nguyen (SAM)			
2024				
2015	35-39	John Baranoff (SAM)	Benjamin Lewis (STT)	Iain Wright (SAM)
2016				
2017				
2018				
2019		Ace Lewis (SMR)		
2020				
2021	Craig Zubrinich (SAQ)			
2022	Kim Le (SUS)			
2023				
2024				
2015	40-44	Mark Preiss (SAQ)	Mark Preiss (SAO)	John Baranoff (SAM)
2016		Chris Vallaris (SWD)	Michael Galbinger (SMR)	Andrew Cranley (SNO)
2017		Mathew Cranley (SNO)		
2018				
2019		Evan Hayes (SAT)		
2020				
2021	Ace Lewis (SMR)			
2022	Ace Lewis (SMR)			
2023	Ace Lewis (SMR)	Mathew Scholar (SMR)	Kim Le (SUS)	
2024	Ace Lewis (SMR)	Jason Hatzimihail (SPM)	Kim Le (SUS)	
2015	45-49	Gavin Rowell (SMR)	Roman Zaika (SAM)	Darryl Wallis (STT)
2016		Gavin Rowell (SMR)	Darryl Wallis (STT)	Darryl Wallis (STT)
2017		Michael Hughes (STT)	Gavin Rowell (SMR)	Mark Francis (SMR)
2018		Andrew Cranley (SNO)		
2019		Troy Williams (SAT)	Andrew Cranley (SNO)	Darryl Wallis (STT)
2020	Mark Preiss (SAQ)	David Bryce (SHB)	Andrew Cranley (SNO)	
2021	Dean Shard (SPM)	Dean Shard (SPM)		
2022	Dean Shard (SMR)	Brad Gauvin (SPM)	Andrew Cranley (SNO)	
2023	John Baranoff (SAM)	Evan Hayes (SAT)	Remin Nath (SAM)	
2024	John Baranoff (SAM)	Remin Nath (SAM)	Brad Gauvin (SPM)	
2015	50-54	Michael Perkins (SMR)	John Dundon (SHB)	Mark Constable (SWD)
2016		Norm Collins (SHB)	Mark Trenwith (SMR)	Rodney French (SAO)
2017		Scott Jones (SNO)	Rodney French (SAO)	Andrew Smith (SMR)
2018		Kant Nelson (SAM)	Grant Tucker (SNO)	
2019		Stephen Osborne (SHB)	Gavin Rowell (SMR)	Tim Pexton (SAT)
2020	Michael Hughes (STT)	Darryl Wallis (STT)	Guillermo Cuesta (SMR)	
2021	Gavin Rowell (SMR)	Darryl Wallis (STT)		
2022	Mark Preiss (SAQ)	Gavin Rowell (SMR)	Darryl Wallis (STT)	
2023	Mark Preiss (SAQ)	Darryl Wallis (STT)		
2024	Mark Preiss (SAQ)	Andrew Cranley (SNO)	Darryl Wallis (STT)	
2015	55-59	Barry Payne (SHB)	Barry Payne (SHB)	Christopher Carter (SAM)
2016		Mark Smedley (SAM)	Barry Payne (SHB)	Peter Cragen (SMR)
2017		Marin Slunjski (SHB)	John Dundon (SHB)	Brian Morris (SAM)
2018		Norm Collins (SHB)	Mark Smedley (SAM)	Nigel Skeates (SHB)
2019		Mark Smedley (SAM)	John Dundon (SHB)	Nigel Skeates (SHB)
2020	John Dundon (SHB)	Mark Trenwith (SMR)	Andrew Smith (SMR)	
2021	John Dundon (SHB)	Norm Collins (SPM)	Tim Burfield (SAT)	
2022	Norm Collins (SPM)	Nicholas Biggioni (SPM)	John Clancy (SAT)	
2023	Brian McKenry (SAT)	Mark Loader (SMR)	John Clancy (SAT)	
2024	Brian McKenry (SAT)			
2015	60-64	Phillip Djang (SAM)	Tony Fowler (SMR)	Geoff McConachy
2016		Grant Simpson (SHB)	Tony Fowler (SMR)	Michael Harry (SAM)
2017		Michael Walker (SHB)	Tony Fowler (SMR)	Peter Cragen (SMR)
2018		Barry Payne (SHB)	Michael Walker (SHB)	Tony Fowler (SMR)
2019		Grant Simpson (SHB)	Tony Fowler (SMR)	Peter Cragen (SMR)
2020	Barry Payne (SHB)	Barry Payne (SHB)	Joe Bayer (SHB)	
2021	Christopher Carter (SAM)	Neil Anderson (SMR)	Joe Bayer (SHB)	
2022	Mark Trenwith (SMR)	Andrew Minns (SAM)	Robert Ferguson (SAT)	
2023	John Dundon (SHB)	Mark Trenwith (SMR)	Mark Trenwith (SMR)	
2024	Norm Collins (SPM)	John Dundon (SPM)	Jonathan Hooper (SHB)	
2015	65-69	Stephen Carthew (SMR)	Douglas Mason (SAM)	Len Mayton (STT)
2016		Stephen Carthew (SMR)	Bob O'Brien (STT)	Neal Bertram (SMR)
2017		Ian Young (SMR)	Dennis Hay (SMR)	Dennis Hay (SMR)
2018		Ian Young (SMR)	John Middleton (SMR)	Keith Reid (SAT)
2019		Ian Young (SMR)	Ian Middleton (SMR)	Keith Reid (SAT)
2020	Ian Young (SMR)	Michael Harry (SAM)	Greg Cooper (SMR)	
2021	Ian Young (SMR)	Tony Fowler (SMR)	Peter Cragen (SMR)	
2022	Andrew Lanyon (SPM)	Grant Simpson (SPM)	Tony Fowler (SMR)	
2023	Andrew Lanyon (SPM)	Tony Fowler (SMR)	Max Yates (SMR)	
2024	Peter Clements (SAM)	Tony Fowler (SMR)	Brian Morris (SAM)	
2015	70-74	Brian Robinson (STT)	Denys Smith (SHB)	George Crowder (SMR)
2016		Ron Hardy (SMR)	Denys Smith (SHB)	Len Mayton (STT)
2017		Stephen Carthew (SMR)	Tim Calver (SAT)	Robert Harris (SOP)
2018		Tim Calver (SAT)	Len Mayton (STT)	Len Mayton (STT)
2019		Ron Hardie (SMR)	Stephen Carthew (SMR)	Trevor Sheehan (SWD)
2020	Keith Reid (SAT)	John Middleton (SAT)	Stephen Carthew (SMR)	
2021	Stephen Carthew (SMR)	John Gamlen (STT)	John Middleton (SAT)	
2022	Ian Young (SMR)	Michael Harry (SAM)	Trevor Sheehan (SWD)	
2023	Ian Young (SMR)	Michael Harry (SAM)	Dennis Hay (SMR)	
2024	Ian Young (SMR)	Robber Scammell (SNO)	Michael Harry (SMR)	
2015	75-79	Rab Blair (STT)	Raymond Ham (SWD)	Brian Robinson (STT)
2016		Rab Blair (STT)	Denys Smith (SHB)	Raymond Ham (SWD)
2017		Denys Smith (SHB)	Brian Robinson (STT)	Brian Robinson (STT)
2018		Alan Suskin (SAT)	Laurie Brett (SAT)	
2019		Alan Suskin (SAT)	Len Mayton (STT)	
2020	Ron Hardie (SMR)	Laurie Brett (SAT)	Alan Suskin (SAT)	
2021	Ron Hardie (SMR)	Laurie Brett (SAT)	Robert Harris (SAT)	
2022	Stephen Carthew (SMR)	Ron Hardie (SMR)	John Gamlen (STT)	
2023	Ron Hardie (SMR)	Trevor Sheehan (SWD)	Raymond Smith (SAT)	
2024	Ron Hardie (SMR)			
2015	80-84			
2016				
2017				
2018				
2019				
2020				
2021	Denys Smith (SHB)	Rab Blair (STT)	Denys Smith (SHB)	
2022	Alan Suskin (SAT)	Tony Ward (SAM)	Denys	