

**2024 MSSA Interclub 1 - 19/05/2024****Team Rankings - Through Event 18****Combined Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	Atlantis Masters	Atlantis Masters	760
2	Phoenix Masters Swimming Club	Phoenix Masters Swimming Club	628
3	Marion Masters Swimming	Marion Masters Swimming	484
4	Henley Beach Masters	Henley Beach Masters	452
5	Noarlunga Masters	Noarlunga Masters	430
6	Adelaide Masters	Adelaide Masters	302
7	Tea Tree Gully Kingfishers Mas	Tea Tree Gully Kingfishers Mas	280
8	UniSA Swimming Club	UniSA Swimming Club	234
9	Adelaide Dolphins Masters	Adelaide Dolphins Masters	204
10	Aquadome Otters	Aquadome Otters	150
11	Great Southern Swimming Club M	Great Southern Swimming Club M	82
		<b>Total</b>	<b>4,006.00</b>

**2024 MSSA Interclub Series – Interclub 1 - SAALC – 19 May 2024**

**Possible National Records Achieved**

UniSA	Guan Lin Ong Hugo Nip Alvin Fu Alvin Chow	72-119	4x25m Freestyle Relay	45.94s
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**SA State Records Achieved**

Margaret Armstrong	Noarlunga	90-94	50m Freestyle	1m17.97s (Split)
Margaret Armstrong	Noarlunga	90-94	25m Backstroke	38.28s (Split)
Margaret Armstrong	Noarlunga	90-94	50m Backstroke	1m29.66s (Split)
Islam Shama	Aquadome Otters	35-39	25m Backstroke	14.85s (Split)
Stephen Osborne	Phoenix	55-59	25m Freestyle	12.64s (Split)
Stephen Osborne	Phoenix	55-59	50m Freestyle	27.17s (Split)
Phoenix	Andrew Osborne David Bryce Matthew Smith Stephen Osborne	160-199	4x100m Male Medley Relay	4m48.00s
UniSA	Julius Mak Radek Sztolc Andrew Truong Liam McHugh	120-159	4x100m Male Medley Relay	4m59.36s
UniSA	Guan Lin Ong Alvin Chow Hugo Nip Alvin Fu	72-119	4x100m Male Medley Relay	4m18.02s
Phoenix	Joanne Sutcliffe Rebecca Gumm Amanda Carne Kim Wellington	200-239	4x100m Female Medley Relay	5m18.74s
Phoenix	Stephen Osborne Grant Simpson Nicholas Bigiulli Norm Collins	240-279	4x50m Male Freestyle Relay	1m59.35s
UniSA	Guan Lin Ong Hugo Nip Alvin Fu Alvin Chow	72-119	4x50m Male Freestyle Relay	1m42.06s
Atlantis	Jan Simons Joy Page Allan Suskin Tubby Ramsay	320-359	4x50m Mixed Medley Relay	1m41.22s
Atlantis	Joy Page Allan Suskin Maryanne Heffernan Tubby Ramsay	320-359	4x50m Mixed Medley Relay	4m19.58s

Phoenix	Joanne Sutcliffe Nicholas Bigioli Nicol Wright Grant Simpson	240-279	4x50m Mixed Medley Relay	2m21.69s
UniSA	Guan Lin Ong Hugo Nip Alvin Fu Alvin Chow	72-119	4x25m Male Freestyle Relay	45.94s
Phoenix	Joanne Sutcliffe David Bryce Matthew Smith Joanne Bowen	160-199	4x100m Mixed Medley Relay	5m11.65s
UniSA	Guan Lin Ong Govind Seewsagur Andrew Truong Samuel Sztolc	72-119	4x50m Male Medley Relay	2m01.20s
Atlantis	Maryanne Heffernan Tubby Ramsay Joy Page Allan Suskin	320-359	4x25m Mixed Freestyle Relay	1m22.53s

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 1 Male 72-119 400 SC Metre Medley Relay**

**National:** 3:57.65 N 20/05/2022 **GYMPIE**  
**A COWAN, D ESKDALE, R BAILEY, J GILES**  
**State:** 4:26.82 S 21/05/2023 **UNISA**  
**L MCHUGH, Y KASUGA, A TRUONG, J MAK**

Team	Relay	Finals Time	Points
1 UniSA Swimming Club	B	4:18.02 S	20
1) Ong, Guan Lin M26	2) Chow, Alvin Keng Yin M20	3) Nip, Hugo M20	4) Fu, Alvin M22
r:+0.66 14.38	31.07 (31.07)	48.45 (48.45)	
1:22.25 ( )	1:42.51 ( )	2:00.75 ( )	
2:48.12 ( )	3:04.82 ( )	3:33.92 ( )	
	4:03.09 (29.17)	4:18.02 (44.10)	

**Event 1 Male 120-159 400 SC Metre Medley Relay**

**National:** 4:10.92 N 21/06/2009 **SEASIDE PIRATES**  
**S WENSING, S GOLDSCHMIDT, P KERR, J BATES**  
**State:** 5:41.56 S 26/08/2018 **ATLANTIS**  
**A BRETT, S MCCORMACK, E HAYES, H NGUYEN**

1 UniSA Swimming Club	A	4:59.36 S	20
1) Mak, Julius M20	2) Sztolc, Radek M55	3) Truong, Andrew M28	4) McHugh, Liam M29
r:+0.95 16.06	32.66 (32.66)	50.01 (50.01)	1:04.51 (1:04.51)
1:28.33 (23.82)	1:53.74 (49.23)	2:18.91 (1:14.40)	2:46.06 (1:41.55)
2:59.89 (13.83)	3:17.63 (31.57)	3:35.92 (49.86)	3:55.65 (1:09.59)
4:09.12 (13.47)	4:25.36 (29.71)	4:42.01 (46.36)	4:59.36 (1:03.71)
2 Adelaide Dolphins Masters	A	5:08.90	18
1) Mackle, Keelan M33	2) r:0.25 Rollo-Walker, Greg M28	3) r:0.45 Gardnir, Adam M43	4) r:0.48 Dixon, Jacob M30
r:+0.75 18.07	37.65 (37.65)	58.38 (58.38)	1:20.39 (1:20.39)
1:37.10 (16.71)	1:58.54 (38.15)	2:19.98 (59.59)	2:41.80 (1:21.41)
2:56.56 (14.76)	3:14.77 (32.97)	3:33.46 (51.66)	3:52.89 (1:11.09)
4:08.60 (15.71)	4:26.44 (33.55)	4:47.19 (54.30)	5:08.90 (1:16.01)

**Event 1 Male 160-199 400 SC Metre Medley Relay**

**National:** 4:12.47 N 20/07/2014 **SEASIDE PIRATES**  
**S WENSING, P KERR, G PHILLIPS, S EMERY**  
**State:** 5:09.35 S 22/09/2019 **ATLANTIS**  
**R COX, S MCCORMACK, C RYAN, E HAYES**

1 Phoenix Masters Swimming Club	A	4:48.00 S	20
1) Osborne, Andrew M49	2) r:0.65 Bryce, David M49	3) r:0.50 Smith, Matthew M40	4) r:0.70 Osborne, Stephen M55
r:+0.71 16.86	35.12 (35.12)	54.20 (54.20)	1:12.50 (1:12.50)
1:30.01 (17.51)	1:49.71 (37.21)	2:10.48 (57.98)	2:32.12 (1:19.62)
2:46.47 (14.35)	3:03.95 (31.83)	3:22.98 (50.86)	3:45.69 (1:13.57)
4:00.23 (14.54)	4:15.76 (30.07)	4:32.13 (46.44)	4:48.00 (1:02.31)
2 Noarlunga Masters	A	5:27.59	18
1) Cranley, Matthew M49	2) r:0.26 Needham, Kale M44	3) r:0.31 Boardman, Andrew M30	4) r:0.68 Chirgwin, Leigh M55
r:+0.81 18.54	38.32 (38.32)	59.29 (59.29)	1:19.46 (1:19.46)
1:37.88 (18.42)	1:59.49 (40.03)	2:22.18 (1:02.72)	2:44.71 (1:25.25)
3:01.70 (16.99)	3:22.98 (38.27)	3:45.87 (1:01.16)	4:11.72 (1:27.01)
4:28.53 (16.81)	4:47.20 (35.48)	5:07.24 (55.52)	5:27.59 (1:15.87)

**Event 2 Female 120-159 400 SC Metre Medley Relay**

**National:** 4:45.74 N 21/06/2009 **NORTH SYDNEY**  
**C ECHOLS, L STEVENSON, G O'MARA, M SPEET**  
**State:** 4:55.62 S 22/09/2019 **ADELAIDE MASTER**  
**S BEAVER, S MORGAN, S PALMER-WHITE, R MULLER**

--- Phoenix Masters Swimming Club	B	SCR	
1) Bowen, Joanne W45	2) Neumann, Rachel W44	3) Murray, Hannah W22	4) Daughtry, Chelsea W35

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 2 Female 160-199 400 SC Metre Medley Relay**

**National:** 4:50.35 N 20/05/2022 **UQ MASTERS**  
**K IBELL, C SCOLARO, N MACAULAY, K MCKEON**  
**State:** 5:06.97 S 26/08/2018 **HENLEY BEACH**  
**J SUTCLIFFE, L NAZIMI, J VARNEY, K VIDURA**

1	Henley Beach Masters	A		5:37.07	20
	1) Law, Caroline W52	2) r:0.41 Nazimi, Leila W41	3) r:0.49 Varney, Josephine W53	4) Lang, Tess W40	
	20.83	44.22 (44.22)	1:07.36 (1:07.36)	1:30.46 (1:30.46)	
	1:49.37 (18.91)	2:12.23 (41.77)	2:35.76 (1:05.30)	2:59.10 (1:28.64)	
	3:15.80 (16.70)	3:36.18 (37.08)	3:55.60 (56.50)		
	4:32.83 ( )	5:34.99 ( )	5:13.95 ( )	5:37.07 ( )	
---	Noarlunga Masters	A		SCR	
	1) Mitchell, Tracy W52	2) Ward, Alison W41	3) Small, Amy W29	4) Koutas, Fiona W44	

**Event 2 Female 200-239 400 SC Metre Medley Relay**

**National:** 5:11.95 N 29/10/2023 **DONCASTER DOLP.**  
**L PEDRON, C WHEELER, S BYRON, P HARVEY**  
**State:** 5:21.88 S 26/08/2018 **ADELAIDE MASTER**  
**S BEAVER, I OSTROVSKA, S PALMER-WHITE, J ASTLEY**

1	Phoenix Masters Swimming Club	A		5:18.74 S	20
	1) Sutcliffe, Joanne W64	2) r:0.38 Gumm, Rebecca W41	3) Carne, Amanda W55	4) Wellington, Kim W48	
	r:+0.61 18.38	37.94 (37.94)	58.38 (58.38)	1:18.58 (1:18.58)	
	1:37.10 (18.52)	1:59.51 (40.93)	2:22.75 (1:04.17)	2:48.11 (1:29.53)	
	3:05.81 (17.70)	3:26.51 (38.40)	3:47.94 (59.83)	4:10.81 (1:22.70)	
	4:26.03 (15.22)	4:43.29 (32.48)	5:00.98 (50.17)	5:18.74 (1:07.93)	
2	Adelaide Masters	A		5:27.15	18
	1) Beaver, Sharon W57	2) Ostrovska, Ilze W57	3) Palmer-White, Stephanie W60	4) Bowman, Julie W59	
	r:+0.69 20.18	41.09 (41.09)	1:02.36 (1:02.36)	1:24.22 (1:24.22)	
	1:43.96 (19.74)	2:08.63 (44.41)	2:31.61 (1:07.39)		
	3:13.58 ( )	3:34.05 ( )	3:53.64 ( )	4:15.93 ( )	
	4:30.64 (14.71)	4:49.09 (33.16)	5:07.88 (51.95)	5:27.15 (1:11.22)	

**Event 2 Female 240-279 400 SC Metre Medley Relay**

**National:** 6:08.62 N 29/10/2023 **MALVERN MARLINS**  
**L RODGERS, L AW, E MCNEIL, D BRIGGS**  
**State:** 6:29.70 S 26/08/2018 **ATLANTIS**  
**JUDY THOMAS, M. HEFFERNAN, M. DODDRIDGE, JOY PAGE**

1	Phoenix Masters Swimming Club	C		7:35.32	20
	1) Muir-Cochrane, Eimear W62	2) r:0.54 Chambers, Cheryl W62	3) r:0.39 Malcolm, Matthea W64	4) r:0.76 Sturm, Karen W64	
	r:+0.78 26.99	54.33 (54.33)	1:22.02 (1:22.02)	1:48.57 (1:48.57)	
	2:12.61 (24.04)	2:41.84 (53.27)	3:12.03 (1:23.46)	3:42.84 (1:54.27)	
	4:12.06 (29.22)	4:47.90 (1:05.06)	5:23.70 (1:40.86)	6:01.66 (2:18.82)	
	6:21.41 (19.75)	6:45.04 (43.38)	7:08.93 (1:07.27)	7:35.32 (1:33.66)	
2	Noarlunga Masters	B		7:45.03	18
	1) Wilton, Jeannette W70	2) r:0.41 Doyle, Gillian W71	3) Bickers, Helen W70	4) Hayes, Helen W54	
	26.87	1:23.57 (1:23.57)	1:50.27 (1:50.27)		
	2:17.64 (27.37)	2:51.36 (1:01.09)	3:27.80 (1:37.53)	4:02.74 (2:12.47)	
	4:30.62 (27.88)	5:01.74 (59.00)	5:35.05 (1:32.31)		
	6:30.63 ( )	7:20.63 ( )	7:45.03 ( )		

**Event 3 Mixed 72-119 200 SC Metre Freestyle Relay**

**National:** 1:38.57 N 31/08/2014 **H2O**  
**Z CHARLTON, P COCHRAN, N JONES, R TWEDDLE**  
**State:** 1:53.75 S 9/11/1986 **SRY**  
**I HOL, S ANDREW, R BENNETT, M WOODS**

1	Henley Beach Masters	A		2:13.34	20
	1) Szeto, Colleen W31	2) Deluca, Pia W23	3) r:0.21 Slunjski, Liam M23	4) r:0.28 Aebi, Jakob M30	
	r:+0.72 16.47	34.64 (34.64)	54.59 (19.95)	1:14.48 (39.84)	
	1:41.31 (26.83)	2:13.34 (32.03)			

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 3 Mixed 120-159 200 SC Metre Freestyle Relay**

**National:** 1:43.55 N 17/06/2023 **UQ MASTERS**  
**E BANKS, K IBELL, J ANDERSON, S BERTING**  
**State:** 1:56.40 S 21/08/2016 **HENLEY BEACH**  
**G SIMPSON, L NAZIMI, K VIDURA, J ELLUL**

1	Marion Masters Swimming	A		1:59.16	20
	1) Hribar, Blake M19	2) r:0.45 Osman-Walton, Sarah W43	r:0.49 Carter, Aimee W30	4) r:0.42 Lewis, Ace M44	
	r:+0.78 13.95	30.28 (30.28)	44.97 (14.69)	1:00.96 (30.68)	
	1:15.28 (14.32)	1:31.68 (30.72)	1:45.06 (13.38)	1:59.16 (27.48)	
2	UniSA Swimming Club	A		1:59.30	18
	1) Eldridge, Nic M56	2) r:0.40 McHugh, Liam M29	3) r:0.65 Vidura, Kimberley W28	4) r:0.46 Morgan, Shania W25	
	r:+0.88 17.06	33.97 (33.97)		1:00.26 (26.29)	
	1:14.60 (14.34)	1:29.94 (29.68)	1:44.06 (14.12)	1:59.30 (29.36)	

**Event 3 Mixed 160-199 200 SC Metre Freestyle Relay**

**National:** 1:46.04 N 22/09/2012 **POWERPOINTS**  
**G MORTON, M THOMPSON, G O'MARA, J BUCKNELL**  
**State:** 1:55.36 S 22/09/2019 **HENLEY BEACH**  
**S OSBORNE, J VARNEY, K WELLINGTON, J ELLUL**

1	Atlantis Masters	A		2:11.02	20
	1) Herbert, Shaun M54	2) Kilsby, Cara W47	3) Beames, Melissa W40	4) O'Dea, Shaun M53	
	14.06	28.91 (28.91)	45.64 (16.73)	1:03.97 (35.06)	
	1:20.59 (16.62)		1:55.05 ( )	2:11.02 ( )	
2	Tea Tree Gully Kingfishers Mas	A		2:14.49	18
	1) Horn, Danielle W39	2) r:0.65 Goss, Debbie W45	3) r:0.56 Kim, Eoin M39	4) r:0.12 Coulter, Garth M45	
	r:+0.88 18.49	38.41 (38.41)	55.83 (17.42)	1:14.35 (35.94)	
	1:30.52 (16.17)	1:47.21 (32.86)	2:14.49 (27.28)		
3	Marion Masters Swimming	D		2:22.58	16
	1) Guse, Dean M56	2) Jungfer, Sarah W36	3) Battley, Michaela W43	4) Loader, Marc M59	
	16.20	33.10 (33.10)	52.03 (18.93)		
	1:28.09 ( )	1:46.96 ( )	2:03.09 (16.13)	2:22.58 (35.62)	
---	Adelaide Masters	A		SCR	
	1) Milton, Rebecca W40	2) Gallasch, Judith W60	3) Nelson, Kent M59	4) Smith, Elliott M35	

**Event 3 Mixed 200-239 200 SC Metre Freestyle Relay**

**National:** 1:52.01 N 22/04/2022 **UQ MASTERS**  
**N MACAULAY, M BANKS, K MCKEON, S BERTING**  
**State:** 1:57.88 S 21/05/2023 **PHOENIX**  
**N WRIGHT, G SIMPSON, K WELLINGTON, M SMITH**

1	Marion Masters Swimming	B		2:28.41	20
	1) Smith, Andrew M60	2) r:0.70 Crowder, George M68	3) r:0.50 Chavez, Claudia W51	4) r:0.49 Ryan, Meredith W51	
	r:+0.92 18.04	36.98 (36.98)	56.13 (19.15)	1:16.67 (39.69)	
	1:35.37 (18.70)	1:55.50 (38.83)	2:11.30 (15.80)	2:28.41 (32.91)	
2	Atlantis Masters	B		2:34.68	18
	1) Spurling, Mike M61	2) r:0.67 Steveson, Chloe W52	3) Heath, Jennifer W52	4) r:0.22 Bradley, Peter M65	
	r:+0.89 18.21	37.41 (37.41)	55.78 (18.37)	1:15.86 (38.45)	
	1:34.37 (18.51)	1:54.35 (38.49)	2:12.79 (18.44)	2:34.68 (40.33)	

**Event 3 Mixed 240-279 200 SC Metre Freestyle Relay**

**National:** 2:00.28 N 30/08/2009 **BLACKTOWN CITY**  
**B DEVENISH, C MUNNS, L STEVENSON, D AYSLEY**  
**State:** 2:05.29 S 15/09/2021 **PHOENIX**  
**G SIMPSON, J SUTCLIFFE, A CARNE, A LANYON**

1	Phoenix Masters Swimming Club	A		2:05.65	20
	1) Wright, Nicol W49	2) Sutcliffe, Joanne W64	3) r:0.17 Simpson, Grant M68	4) r:0.65 Collins, Norm M61	
	r:+0.69 14.72	30.29 (30.29)	46.24 (15.95)	1:03.21 (32.92)	
	1:18.14 (14.93)	1:34.34 (31.13)	1:49.73 (15.39)	2:05.65 (31.31)	

**2024 MSSA Interclub 1 - 19/05/2024****Results****(Event 3 Mixed 240-279 200 SC Metre Freestyle Relay)**

2	Phoenix Masters Swimming Club	B		2:28.99	18
1)	Bigioli, Nicholas M61	2) r:0.49	Murphy, Serena W50	3) r:0.69	McKinlay, Samantha W554) r:0.78
	r:+0.86	31.26 (31.26)	51.36 (20.10)		Bertram, Neal M74
	1:34.42 ( )	1:53.36 ( )	2:10.81 (17.45)	2:28.99 (35.63)	
3	Henley Beach Masters	C		2:40.78	16
1)	Walker, Michael M70	2) Dorgan, Kristie W51	3) Sands, Robert M69	4) Impagnatiello, Anna W63	
	17.20	36.79 (36.79)	56.48 (19.69)	1:21.16 (44.37)	
	1:56.96 (35.80)	2:18.70 (21.74)	2:40.78 (43.82)		

**Event 3 Mixed 280-319 200 SC Metre Freestyle Relay**

**National: 2:21.04 N 22/04/2022 MALVERN MARLINS**  
**G TUCKER, P BAKER, J JEFFREY, R WILSON**

**State: 2:22.80 S 23/02/2019 ATLANTIS**  
**JOY PAGE, ALLAN SUSKIN, JUDY THOMAS, FRANK LINDSAY**

1	Marion Masters Swimming	C		2:30.27	20
1)	Young, Ian M72	2) r:0.54	Wareing, Deborah W68	3) r:0.41	Carbone, Heather W66 4) r:0.83
	r:+0.90 15.85	32.20 (32.20)	50.30 (18.10)	1:09.10 (36.90)	Incher, David M75
	1:29.69 (20.59)	1:51.97 (42.87)	2:11.14 (19.17)	2:30.27 (38.30)	
2	Henley Beach Masters	B		2:59.06	18
1)	Stevens, Carol W74	2) Fuller, Geoff M73	3) Duffy, Kevin M69	4) White, Rosemary W64	
	23.59	1:12.31 ( )			
	1:55.07 ( )	2:20.14 ( )	2:59.06 (38.92)		
3	Tea Tree Gully Kingfishers Mas	B		3:01.92	16
1)	Hill, Jeanette W76	2) Mulqueen, Jennifer W78	3) Thomas, David M69	4) Funk, Rick M60	
	27.42	1:20.23 ( )	1:45.30 ( )		
	2:22.04 (36.74)	3:01.92 (39.88)			
4	Atlantis Masters	C		3:10.39	14
1)	Calver, Tim M78	2) r:0.24	Byrnes, Monica W66	3) r:0.48	Harris, Robert M78 4) Beames, Leanne W62
	23.48	49.51 (49.51)	1:10.84 (21.33)		
	1:54.46 ( )	2:17.61 ( )	3:10.39 (52.78)		
5	Atlantis Masters	E		3:22.41	12
1)	Smith, Ray M76	2) r:0.63	Geelen, Denise W67	3) r:0.93	Berry, Helen W67 4) r:0.50
	r:+0.79 23.80	50.30 (50.30)	1:14.76 (24.46)	1:40.89 (50.59)	Bland, Tom M75
	2:06.91 (26.02)	2:34.76 (53.87)	2:57.18 (22.42)	3:22.41 (47.65)	
6	Atlantis Masters	D		3:43.17	10
1)	Ferguson, Robert M64	2) Nakell, Linda W73	3) Keast, Julie W72	4) r:0.29	Koudelka, Antonin M76
	r:+0.97 25.34	54.95 (54.95)	1:22.64 (27.69)	1:54.48 (59.53)	
	2:20.95 (26.47)	2:53.30 (58.82)	3:17.11 (23.81)	3:43.17 (49.87)	
7	Atlantis Masters	F		3:44.27	8
1)	Trapnell, Phillip M80	2) r:0.71	Lynch, Virginia W66	3) r:0.93	Garrett, Lea W67 4) Garrett, Leigh M68
	r:+0.97 29.29	1:00.18 (1:00.18)	1:27.08 (26.90)	1:53.73 (53.55)	
	2:41.36 (47.63)	3:44.27 (1:02.91)			

**Event 3 Mixed 320-359 200 SC Metre Freestyle Relay**

**National: 3:02.31 N 15/03/2018 MIAMI**  
**C JOHNSON, M FITTOCK, D ROBERTSON, D DURRANT**

**State: 3:26.19 S 22/09/2019 NOARLUNGA**  
**ROY DREW, M. ARMSTRONG, WENDY DALLING, BRYAN AXTON**

1	Noarlunga Masters	A		4:17.69	20
1)	Armstrong, Margaret W91	2) Watson, John M78	3) Axton, Bryan M83	4) Smith, Judith W69	
	37.47	1:46.18 ( )			
	2:49.35 ( )	2:23.57 ( )	4:17.69 (1:54.12)		

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 4 Male 72-119 100 SC Metre Medley Relay**

**National:** 52.43 N 3/08/2014 **ADELAIDE MASTER**  
**P BLUNT, O REUBEN, T CURRIE, M CARTER**  
**State:** 52.43 S 3/08/2014 **ADELAIDE MASTER**  
**P BLUNT, O REUBEN, T CURRIE, M CARTER**

1	UniSA Swimming Club	B	52.82	20
	1) Ong, Guan Lin M26	2) r:0.43 Seewsagur, Govind M22	3) r:0.01 Nip, Hugo M20	4) r:0.58 Chow, Alvin Keng Yin M20
	r:+0.64 13.81	28.86 (15.05)	40.60 (11.74)	52.82 (12.22)

**Event 4 Male 120-159 100 SC Metre Medley Relay**

**National:** 50.35 N 20/07/2014 **SEASIDE PIRATES**  
**J WATSON, P KERR, M PATTERSON, G PHILLIPS**  
**State:** 55.76 S 19/08/2007 **ADELAIDE MASTER**  
**J BARANOFF, M SMEDLEY, K RUNDLE, C ADDAMS**

1	Adelaide Dolphins Masters	A	1:09.43	20
	1) Whiteside, Ewan M30	2) r:0.84 Ford, Andrew M42	3) Rollo-Walker, Greg M28	4) r:0.61 Dixon, Jacob M30
	r:+0.70 18.29	55.16 ( )	1:09.43 (14.27)	
2	Adelaide Dolphins Masters	B	1:14.96	18
	1) Mackle, Keelan M33	2) r:0.40 Digby, Aaron M44	3) r:0.47 Giles, David M31	4) r:0.60 Shone, Brendan M33
	r:+0.63 16.63	38.72 (22.09)	59.45 (20.73)	1:14.96 (15.51)
---	UniSA Swimming Club	A	NS	
	1) Truong, Andrew M28	2) Sztolc, Samuel M22	3) Thiele, Jack M28	4) Eldridge, Nic M56

**Event 4 Male 160-199 100 SC Metre Medley Relay**

**National:** 51.88 N 6/08/2017 **H2O**  
**M CARP, B CARP, L MCDOWELL, C FOSTER**  
**State:** 56.41 S 11/09/2011 **ADELAIDE MASTER**  
**C ADDAMS, M SMEDLEY, S CARBONCINI, L WATERS**

1	Marion Masters Swimming	A	57.58	20
	1) Warr, Ben M38	2) r:0.46 Lewis, Ace M44	3) r:0.46 Rowell, Gavin M55	4) r:0.32 Brouwers, John M23
	r:+0.70 16.74	31.30 (14.56)	46.42 (15.12)	57.58 (11.16)
2	Atlantis Masters	A	1:03.37	18
	1) Herbert, Shaun M54	2) r:-0.09 Lisovoy, Damien M47	3) r:0.59 Hurtado, Carlos M42	4) r:0.42 O'Dea, Shaun M53
	r:+0.70 18.42	33.43 (15.01)	49.42 (15.99)	1:03.37 (13.95)
3	Noarlunga Masters	A	1:04.74	16
	1) Boardman, Andrew M30	2) r:0.03 Needham, Kale M44	3) Cranley, Matthew M49	4) r:0.61 Lawrie, Stew M56
	r:+0.76 16.18	33.01 (16.83)	48.16 (15.15)	1:04.74 (16.58)
4	Adelaide Masters	B	1:13.68	14
	1) Everton, Ashley M34	2) r:0.62 Gravier, Charles M32	3) r:0.18 Smith, Elliott M35	4) r:0.36 Clements, Peter M65
	19.49	40.64 (21.15)	55.29 (14.65)	1:13.68 (18.39)
5	Aquadome Otters	A	1:15.64	12
	1) Shama, Islam M39	2) Cook, Anthony M72	3) r:0.54 De Silva, Ushan M39	4) Kim, Vong M36
	r:+0.64 14.85	44.35 (29.50)	59.42 (15.07)	1:15.64 (16.22)

**Event 4 Male 200-239 100 SC Metre Medley Relay**

**National:** 52.83 N 21/04/2024 **SWIM ACADEMY**  
**M BANKS, R BRYCE, S ZERBINI, S WINTER**  
**State:** 59.02 S 11/08/2019 **HENLEY BEACH**  
**A OSBORNE, J ELLUL, S OSBORNE, G SIMPSON**

1	Phoenix Masters Swimming Club	A	1:00.88	20
	1) Osborne, Andrew M49	2) r:0.51 Bryce, David M49	3) r:0.21 Smith, Matthew M40	4) r:0.59 Dundon, John M62
	r:+0.74 15.61	32.25 (16.64)	46.17 (13.92)	1:00.88 (14.71)
2	Henley Beach Masters	A	1:07.04	18
	1) Potter, Mark M53	2) r:0.68 Belfer, Jack M51	3) r:0.56 Gassol Quilez, Gerard M44	4) Slunjski, Marin M62
	r:+0.84 19.00	37.91 (18.91)	37.26 ( )	1:07.04 (29.78)
3	Noarlunga Masters	B	1:17.98	16
	1) Cox, John M72	2) r:0.37 Cranley, Andrew M51	3) r:0.21 Bullock, Rowan M59	4) r:0.73 Chirgwin, Leigh M55
	r:+0.70 26.10	47.02 (20.92)	1:02.71 (15.69)	1:17.98 (15.27)

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 4 Male 240-279 100 SC Metre Medley Relay****National: 58.51 N 21/04/2024 RIVER CITY****A AFFLECK, A CARLISLE, I ROBINSON, L MORGAN****State: 1:00.64 S 11/04/2021 MARION****A STEPHENSON, G ROWELL, I YOUNG, R HARDIE**

1	Adelaide Masters	A	1:18.45	20
	1) Dean, Jock M76	2) r:0.22 Smedley, Mark M64	3) r:0.69 Holley, Peter M61	4) r:0.56 Morris, Brian M66
	r:+0.80 23.16	40.46 (17.30)	1:02.10 (21.64)	1:18.45 (16.35)
2	Marion Masters Swimming	B	1:20.53	18
	1) Incher, David M75	2) Loader, Marc M59	3) Guse, Dean M56	4) Roberts, Charles M57
	r:+0.80 23.50	46.11 (22.61)	1:05.38 (19.27)	1:20.53 (15.15)
3	Atlantis Masters	C	1:30.53	16
	1) Beames, Phillip M66	2) r:0.39 Bradley, Peter M65	3) r:0.40 Spurling, Mike M61	4) r:0.85 Trapnell, Phillip M80
	r:+0.71 23.73	44.98 (21.25)	1:07.16 (22.18)	1:30.53 (23.37)

**Event 4 Male 280-319 100 SC Metre Medley Relay****National: 1:06.26 N 8/04/2010 MIAMI****J CRISP, D LESLIE, H A VAGNER, N D. DURRANT****State: 1:14.08 S 22/09/2019 ADELAIDE MASTER****J DEAN, A WILL, M SMEDLEY, M BOSSLEY**

1	Atlantis Masters	D	1:55.75	20
	1) Smith, Ray M76	2) r:0.72 Koudelka, Antonin M76	3) Ferguson, Robert M64	4) Garrett, Leigh M68
	r:+0.90 28.85	54.84 (25.99)	1:30.17 (35.33)	1:55.75 (25.58)

**Event 4 Male 320-359 100 SC Metre Medley Relay****National: 1:22.05 N 23/07/2023 MANLY MASTERS****J MARTIN, T GOODWIN, S LAMY, B SEYMOUR****State: 1:32.94 S 21/05/2023 ATLANTIS****L BRETT, T BLAND, A SUSKIN, T RAMSAY**

1	Atlantis Masters	B	1:43.56	20
	1) Bland, Tom M75	2) r:0.75 Harris, Robert M78	3) Suskin, Allan M82	4) Ramsay, Tubby M90
	25.87	51.44 (25.57)	1:15.23 (23.79)	1:43.56 (28.33)

**Event 5 Female 120-159 100 SC Metre Freestyle Relay****National: 53.87 N 29/07/2023 CLAREMONT****T CLARK, H CROWTHER, S OLSEN, S KIRK****State: 55.74 S 5/07/2009 ADELAIDE MASTER****C MARGRISON, A MARGRISON, S BEAVER, A THOMPSON**

1	Aquadome Otters	A	1:17.40	20
	1) O'Meara, Bridget W43	2) Aguto, Abiey W22	3) r:0.57 Amos, Kirsty W53	4) r:0.51 Trebilcock, Bronwyn W33
	r:+0.92 18.46	41.20 (22.74)	58.51 (17.31)	1:17.40 (18.89)

**Event 5 Female 160-199 100 SC Metre Freestyle Relay****National: 53.90 N 23/10/2022 POWERPOINTS****J HUMPHREY, K FRAZER, S JAMES, J BUCKNELL****State: 57.78 S 4/07/2010 HENLEY BEACH****S GOODWIN, J VARNEY, S BEAVER, J K. SUTCLIFFE**

1	Marion Masters Swimming	A	58.01	20
	1) Carter, Aimee W30	2) r:0.39 Ryan, Meredith W51	3) r:0.67 Battley, Michaela W43	4) r:0.42 Osman-Walton, Sarah W4
	r:+0.87 14.60	29.23 (14.63)	43.85 (14.62)	58.01 (14.16)
2	Phoenix Masters Swimming Club	A	58.33	18
	1) Wright, Nicol W49	2) r:0.55 Murray, Hannah W22	3) Gumm, Rebecca W41	4) r:0.31 Wellington, Kim W48
	14.32	29.72 (15.40)	44.33 (14.61)	58.33 (14.00)
3	Henley Beach Masters	A	1:00.26	16
	1) Law, Caroline W52	2) r:0.54 Nazimi, Leila W41	3) r:0.48 Varney, Josephine W53	4) r:0.74 Lang, Tess W40
	r:+0.81 16.81	30.77 (13.96)	44.75 (13.98)	1:00.26 (15.51)
4	Tea Tree Gully Kingfishers Mas	C	1:07.82	14
	1) Moffat, Danielle W52	2) Bunkenburg-Lee, Franziska W23	3) Tricker, Vanessa W51	4) r:0.61 Goss, Debbie W45
	17.88	37.32 (19.44)	51.52 (14.20)	1:07.82 (16.30)

**2024 MSSA Interclub 1 - 19/05/2024****Results****(Event 5 Female 160-199 100 SC Metre Freestyle Relay)**

5	Henley Beach Masters	B		1:11.05	12
	1) Kuster, Rebecca W48	2) Alchin, Laura W35	3) Dowling, Maggie W61	4) McPherson, Kerryn W53	
	17.81	34.15 (16.34)	51.99 (17.84)	1:11.05 (19.06)	

**Event 5 Female 200-239 100 SC Metre Freestyle Relay**

**National: 55.07 N 21/04/2024 SWIM ACADEMY**  
**J HAMILTON, M THEUNISSEN, C SCOLARO, N MACAULAY**  
**State: 57.35 S 15/09/2021 PHOENIX**  
**N WRIGHT, J SUTCLIFFE, A CARNE, K WELLINGTON**

1	Atlantis Masters	B		1:06.48	20
	1) Heath, Jennifer W52	2) r:0.15 Heffernan, Maryanne W63	3) r:0.71 Steveson, Chloe W52	4) r:0.30 Foreman, Rebecca W52	
	18.27	34.01 (15.74)	51.27 (17.26)	1:06.48 (15.21)	
2	Phoenix Masters Swimming Club	C		1:10.63	18
	1) Taylor, Julie W57	2) r:0.67 Bigioli, Danila W59	3) r:0.64 Murphy, Serena W50	4) r:0.57 McKinlay, Samantha W55	
	r:+0.80 17.15	38.20 (21.05)	55.08 (16.88)	1:10.63 (15.55)	
3	Great Southern Swimming Club N	A		1:10.86	16
	1) Taylor, Zara W29	2) Thornton, Elizabeth W59	3) Fisher, Rosemary W66	4) Smith, Sonia W47	
	21.73	37.72 (15.99)	55.92 (18.20)	1:10.86 (14.94)	
4	Marion Masters Swimming	B		1:11.19	14
	1) Evans, Maggie W57	2) r:0.37 Chavez, Claudia W51	3) Martin, Lindsay W59	4) r:0.20 Carbone, Heather W66	
	r:+0.76 17.03	34.31 (17.28)	53.15 (18.84)	1:11.19 (18.04)	
5	Tea Tree Gully Kingfishers Mas	A		1:15.27	12
	1) Haberfield, Helen W62	2) Beres, Jenny W54	3) Vas, Angela W57	4) r:0.67 Horn, Danielle W39	
	18.48	40.96 (22.48)	58.01 (17.05)	1:15.27 (17.26)	
6	Noarlunga Masters	A		1:16.87	10
	1) Smith, Judith W69	2) r:0.47 Small, Amy W29	3) r:0.51 Koutas, Fiona W44	4) r:0.56 Gill, Deborah W64	
		43.27 ( )	1:16.87 (33.60)		

**Event 5 Female 240-279 100 SC Metre Freestyle Relay**

**National: 59.81 N 3/08/2019 CLAREMONT**  
**S SWIRE-THOMPSON, N CORSBIE, B TAIT, E PARSONS**  
**State: 1:03.88 S 7/07/2013 ATLANTIS**  
**JENNY BRADLEY, JAN SIMONS, JOY PAGE, JUDY THOMAS**

1	Adelaide Masters	A		1:06.88	20
	1) O'Connell, Leonie W68	2) r:0.60 Gallasch, Judith W60	3) Bowman, Julie W59	4) r:0.30 Palmer-White, Stephanie	
	18.59	35.63 (17.04)	51.05 (15.42)	1:06.88 (15.83)	
2	Phoenix Masters Swimming Club	B		1:15.41	18
	1) Chambers, Cheryl W62	2) Malcolm, Matthea W64	3) Muir-Cochrane, Eimear W62	4) Sturm, Karen W64	
	17.74	37.55 (19.81)	1:15.41 (37.86)		
3	Atlantis Masters	A		1:17.75	16
	1) Beames, Leanne W62	2) r:0.69 Hogben, Sharon W60	3) r:0.39 Byrnes, Monica W66	4) r:0.27 Doddridge, Margaret W62	
	r:+0.98 22.44	40.71 (18.27)	1:00.58 (19.87)	1:17.75 (17.17)	
4	Atlantis Masters	C		1:32.88	14
	1) Garrett, Lea W67	2) r:0.26 Lynch, Virginia W66	3) r:0.75 Geelen, Denise W67	4) r:0.02 Keast, Julie W72	
	r:+0.95 20.34	43.83 (23.49)	1:08.07 (24.24)	1:32.88 (24.81)	
5	Noarlunga Masters	B		1:44.37	12
	1) Walshe, Judy W68	2) Gibbons, Susan W63	3) Muter, Donna W61	4) r:0.15 Ellis, Eleanor W58	
	24.18	51.29 (27.11)	1:44.37 (53.08)		

**Event 5 Female 280-319 100 SC Metre Freestyle Relay**

**National: 1:10.58 N 21/04/2024 MIAMI**  
**L SALTER, K BRENNAN, J STUART, W ABBOTT**  
**State: 1:18.45 S 11/09/2016 MARION**  
**M HEFFERNAN, D ROSS, B PEARCE, D WAREING**

1	Tea Tree Gully Kingfishers Mas	B		1:33.32	20
	1) Hill, Jeanette W76	2) r:-0.08 Mulqueen, Jennifer W78	3) Shears, Bernadette W64	4) r:0.75 Mayton, Eithne W73	
		53.91 ( )	1:33.32 (39.41)		
2	Noarlunga Masters	C		1:42.57	18
	1) Armstrong, Margaret W91	2) Wilton, Jeannette W70	3) r:0.35 Doyle, Gillian W71	4) Bickers, Helen W70	

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 6 Mixed 72-119 400 SC Metre Freestyle Relay**

**National:** 3:53.53 N 23/07/2006 **SEASIDE PIRATES**  
**M PATTERSON, M LANGLEY, A RODGER, C ROLSTON**  
**State:** 4:04.25 S 15/09/2021 **UNISA**  
**J SEMMENS, C ROBINSON, S GRISTEDE, J BROOKS**

1	Henley Beach Masters	A			5:10.23	20
	1) Szeto, Colleen W31	2) r:0.33 Deluca, Pia W23	3) r:-0.11 Slunjski, Liam M23	4) r:0.07 Aebi, Jakob M30		
	r:+0.78 17.23	37.06 (37.06)	58.53 (58.53)	1:18.84 (1:18.84)		
	1:38.48 (19.64)	1:59.97 (41.13)	2:22.92 (1:04.08)	2:45.30 (1:26.46)		
		3:16.47 (31.17)	3:33.53 (48.23)			
		4:25.54 ( )	4:47.94 ( )	5:10.23 ( )		

**Event 6 Mixed 120-159 400 SC Metre Freestyle Relay**

**National:** 3:51.08 N 21/04/2024 **SWIM ACADEMY**  
**S ZERBINI, N LOOF, S GIURICIN, K IBELL**  
**State:** 4:15.35 S 22/09/2019 **HENLEY BEACH**  
**K VIDURA, D BRYCE, G G. QUILEZ, L NAZIMI**

1	UniSA Swimming Club	A			4:50.98	20
	1) Morgan, Shania W25	2) r:0.61 Vidura, Kimberley W28	3) r:0.51 Sztolc, Radek M55	4) r:0.46 McHugh, Liam M29		
	r:+0.68 15.31	32.20 (32.20)	49.80 (49.80)	1:07.27 (1:07.27)		
	1:22.53 (15.26)	1:39.90 (32.63)	1:57.88 (50.61)	2:15.25 (1:07.98)		
	2:34.54 (19.29)	2:56.84 (41.59)				
		4:16.07 ( )	4:33.67 ( )	4:50.98 ( )		

**Event 6 Mixed 160-199 400 SC Metre Freestyle Relay**

**National:** 3:59.99 N 6/07/2019 **UQ MASTERS**  
**B O'CONNOR, S ZERBINI, E MAXWELL, C SAXBY**  
**State:** 4:15.82 S 22/09/2019 **HENLEY BEACH**  
**S OSBORNE, J VARNEY, K WELLINGTON, J ELLUL**

---	Noarlunga Masters	A			SCR	
	1) Needham, Kale M44	2) Mitchell, Tracy W52	3) Ward, Alison W41	4) Boardman, Andrew M30		

**Event 6 Mixed 200-239 400 SC Metre Freestyle Relay**

**National:** 4:22.61 N 21/04/2024 **SWIM ACADEMY**  
**E KHO, J CAMPBELL, A WADDELL, M BANKS**  
**State:** 4:23.60 S 21/05/2023 **PHOENIX**  
**N WRIGHT, G SIMPSON, K WELLINGTON, M SMITH**

1	Atlantis Masters	C			5:05.36	20
	1) Heath, Jennifer W52	2) Burmeister, Kerrie W50	3) Lisovoy, Damien M47	4) Herbert, Shaun M54		
	19.43	1:02.51 (1:02.51)				
	2:28.36 ( )	2:51.50 ( )				
	3:41.13 ( )	3:58.55 ( )				
	4:13.08 ( )		4:46.23 ( )	5:05.36 ( )		
2	Phoenix Masters Swimming Club	A			6:14.43	18
	1) Howe, Simon M50	2) r:0.58 McGiffert, Natalie W52	3) r:0.17 Bowen, Joanne W45	4) r:0.45 Bertram, Neal M74		
	r:+0.75	40.62 (40.62)	1:06.12 (1:06.12)			
		2:14.36 ( )	2:35.46 ( )	2:55.67 ( )		
		3:33.53 (37.86)	3:53.96 (58.29)	4:14.39 (1:18.72)		
	4:39.16 (24.77)	6:14.43 (2:00.04)				

## 2024 MSSA Interclub 1 - 19/05/2024

## Results

## Event 6 Mixed 240-279 400 SC Metre Freestyle Relay

National: 4:31.98 N 21/04/2024 RIVER CITY

G O'MARA, A CARLISLE, E SNG, I ROBINSON

State: 4:37.67 S 5/06/2022 PHOENIX

J SUTCLIFFE, A CARNE, G SIMPSON, J DUNDON

Rank	Club	Relay	Time	Points
1	Henley Beach Masters	C	6:04.14	20
	1) Walker, Michael M70	2) r:0.51 Dorgan, Kristie W51	3) r:0.50 Sands, Robert M69	4) r:0.86 Impagnatiello, Anna W63
		39.42 (39.42)	1:01.81 (1:01.81)	1:24.82 (1:24.82)
	1:45.40 (20.58)	2:07.90 (43.08)	2:31.86 (1:07.04)	2:55.45 (1:30.63)
	3:15.69 (20.24)	3:38.54 (43.09)	4:02.68 (1:07.23)	4:26.19 (1:30.74)
	4:48.79 (22.60)	5:13.11 (46.92)	5:39.32 (1:13.13)	6:04.14 (1:37.95)
2	Noarlunga Masters	B	7:01.06	18
	1) Cranley, Andrew M51	2) r:0.44 Axton, Bryan M83	3) r:-0.01 Nelson, Leanne W60	4) r:0.60 Hayes, Helen W54
	r:+0.87	1:03.28 (1:03.28)		
	1:54.90 ( )	4:31.86 ( )	4:58.01 ( )	5:24.09 ( )
	5:46.24 (22.15)	6:11.13 (47.04)	6:37.05 (1:12.96)	7:01.06 (1:36.97)
3	Atlantis Masters	A	7:19.87	16
	1) Bland, Tom M75	2) Smith, Ray M76	3) Lynch, Virginia W66	4) Hogben, Sharon W60
	r:+0.71	50.16 (50.16)	1:19.77 (1:19.77)	1:50.10 (1:50.10)
	2:14.58 (24.48)	2:41.81 (51.71)	3:11.75 (1:21.65)	3:41.08 (1:50.98)
	4:08.96 (27.88)	4:38.87 (57.79)	5:10.70 (1:29.62)	5:41.32 (2:00.24)
		6:27.71 (46.39)	6:53.67 (1:12.35)	7:19.87 (1:38.55)

## Event 6 Mixed 280-319 400 SC Metre Freestyle Relay

National: 5:25.70 N 23/10/2022 DONCASTER DOLP.

E JEWELL, M MOORE, L G SHEEAN, R CLARKE

State: 6:22.45 S 22/09/2019 ATLANTIS

JAN SIMONS, JOY PAGE, ALLAN SUSKIN, LAURANCE BRETT

Rank	Club	Relay	Time	Points
1	Henley Beach Masters	B	6:40.27	20
	1) Stevens, Carol W74	2) Fuller, Geoff M73	3) r:0.18 Duffy, Kevin M69	4) r:0.13 White, Rosemary W64
	25.03	53.48 (53.48)	1:23.17 (1:23.17)	
	2:16.71 ( )	2:41.43 ( )	3:08.26 ( )	3:34.61 ( )
	3:57.36 (22.75)	4:20.73 (46.12)	4:44.64 (1:10.03)	5:10.50 (1:35.89)
		5:53.30 (42.80)	6:16.82 (1:06.32)	6:40.27 (1:29.77)
2	Atlantis Masters	B	8:32.81	18
	1) Calver, Tim M78	2) r:0.96 Garrett, Lea W67	3) Garrett, Leigh M68	4) Nakell, Linda W73
		54.61 (54.61)	1:24.32 (1:24.32)	1:52.93 (1:52.93)
	2:19.74 (26.81)	2:47.03 (54.10)	3:19.55 (1:26.62)	3:49.93 (1:57.00)
	4:19.90 (29.97)	4:58.44 (1:08.51)		
	6:51.29 ( )	7:25.62 ( )	7:59.94 ( )	8:32.81 ( )

## Event 7 Male 72-119 200 SC Metre Freestyle Relay

National: 1:40.11 N 16/03/2002 SEASIDE PIRATES

B HALL, J WATSON, J BATES, M HAMILTON

State: 1:45.81 S 24/05/2015 ADELAIDE MASTER

S Lungershausen, M Carter, T Currie, A Lockyer

Rank	Club	Relay	Time	Points
1	UniSA Swimming Club	A	1:42.06 S	20
	1) Ong, Guan Lin M26	2) r:0.18 Nip, Hugo M20	3) r:0.14 Fu, Alvin M22	4) r:0.63 Chow, Alvin Keng Yin M20
	r:+0.74 12.60	25.52 (25.52)	37.24 (11.72)	50.40 (24.88)
	1:02.00 (11.60)	1:15.37 (24.97)	1:28.46 (13.09)	1:42.06 (26.69)
2	UniSA Swimming Club	B	1:50.22	18
	1) Mak, Julius M20	2) r:0.12 Sztolc, Samuel M22	3) r:0.42 Seewsagur, Govind M22	4) r:0.11 Truong, Andrew M28
	r:+0.63 12.54	26.10 (26.10)	39.29 (13.19)	55.10 (29.00)
	1:08.23 (13.13)	1:22.62 (27.52)	1:35.41 (12.79)	1:50.22 (27.60)

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 7 Male 120-159 200 SC Metre Freestyle Relay**

**National:** 1:37.57 N 18/10/2008 SEASIDE PIRATES  
**M PATTERSON, S WENSING, S GOLDSCHMIDT, P KERR**  
**State:** 1:46.95 S 3/06/2007 ADELAIDE MASTER  
**C ADDAMS, K RUNDLE, J BARANOFF, M SMEDLEY**

1	Marion Masters Swimming	B		1:50.24	20
	1) Brouwers, John M23	2) r:0.30 Lewis, Ace M44	3) r:0.29 Hribar, Blake M19	4) r:0.05 Warr, Ben M38	
	r:+0.56 12.28	25.68 (25.68)	39.00 (13.32)	53.21 (27.53)	
	1:06.67 (13.46)	1:22.91 (29.70)	1:35.95 (13.04)	1:50.24 (27.33)	
2	Adelaide Dolphins Masters	B		2:15.50	18
	1) Whiteside, Ewan M30	2) Giles, David M31	3) Ford, Andrew M42	4) Gardnir, Adam M43	
	15.72	33.70 (33.70)	50.28 (16.58)	1:09.11 (35.41)	
	1:27.87 (18.76)	1:48.49 (39.38)	2:15.50 (27.01)		
3	Adelaide Dolphins Masters	A		2:24.83	16
	1) Digby, Aaron M44	2) r:0.61 Shone, Brendan M33	3) r:0.57 Jones, Jake M28	4) r:0.84 Baggs, Thomas M28	
	r:+0.98 19.34	38.87 (38.87)	56.47 (17.60)	1:15.02 (36.15)	
	1:30.54 (15.52)	1:47.75 (32.73)	2:05.19 (17.44)	2:24.83 (37.08)	

**Event 7 Male 160-199 200 SC Metre Freestyle Relay**

**National:** 1:39.49 N 10/04/2015 MANLY BRISBANE  
**A MACLEOD, T ROBINSON, L FORSYTH, C STAAL**  
**State:** 1:48.86 S 1/06/2008 ADELAIDE MASTER  
**C ADDAMS, G SIMPSON, K RUNDLE, M SMEDLEY**

1	Adelaide Masters	A		2:22.83	20
	1) Gravier, Charles M32	2) r:0.73 Everton, Ashley M34	3) r:0.39 Nelson, Kent M59	4) r:-0.10 Smith, Elliott M35	
	r:+0.83 17.40	39.08 (39.08)	56.51 (17.43)	1:18.77 (39.69)	
	1:35.38 (16.61)	1:53.80 (35.03)	2:22.83 (29.03)		
2	Aquadome Otters	A		2:38.43	18
	1) De Silva, Ushan M39	2) r:0.45 Kim, Vong M36	3) r:0.83 Cook, Anthony M72	4) r:0.55 Shama, Islam M39	
	r:+0.79	46.92 ( )	1:05.82 ( )		
	2:38.43 (1:32.61)				

**Event 7 Male 200-239 200 SC Metre Freestyle Relay**

**National:** 1:37.35 N 28/05/2022 TATTERSALLSCLUB  
**C FYDLER, P THIEL, G FARROW, J HICKMAN**  
**State:** 1:51.32 S 24/05/2015 ADELAIDE MASTER  
**M SMEDLEY, C ADDAMS, P DJANG, P GAERTNER**

1	Henley Beach Masters	A		2:05.14	20
	1) Potter, Mark M53	2) r:0.65 Belfer, Jack M51	3) r:0.79 Gassol Quilez, Gerard M44	4) r:0.33 Slunjski, Marin M62	
	r:+0.80 15.62	32.59 (32.59)	48.02 (15.43)	1:03.97 (31.38)	
	1:18.05 (14.08)	1:32.73 (28.76)	1:48.31 (15.58)	2:05.14 (32.41)	
2	Tea Tree Gully Kingfishers Mas	A		2:13.64	18
	1) Coombs, Mark M60	2) r:0.82 Funk, Rick M60	3) r:0.64 Kim, Eoin M39	4) r:0.24 Coulter, Garth M45	
	r:+0.78 16.69	34.90 (34.90)	52.17 (17.27)	1:12.45 (37.55)	
	1:28.59 (16.14)	1:45.80 (33.35)	2:13.64 (27.84)		
3	Marion Masters Swimming	C		2:16.99	16
	1) Guse, Dean M56	2) r:0.33 Loader, Marc M59	3) Roberts, Charles M57	4) r:0.27 Rowell, Gavin M55	
	r:+0.99 16.48	34.00 (34.00)	51.53 (17.53)	1:11.21 (37.21)	
	1:29.26 (18.05)	1:48.13 (36.92)	2:16.99 (28.86)		
4	Phoenix Masters Swimming Club	B		2:17.14	14
	1) Osborne, Andrew M49	2) r:0.52 Taylor, Dean M59	3) r:0.49 Dundon, John M62	4) r:0.16 Howe, Simon M50	
	r:+0.82 14.42	29.89 (29.89)	46.15 (16.26)	1:04.43 (34.54)	
	1:19.60 (15.17)	1:36.25 (31.82)	2:17.14 (40.89)		
5	Noarlunga Masters	A		2:27.34	12
	1) Lawrie, Stew M56	2) Cranley, Matthew M49	3) Bullock, Rowan M59	4) Cox, John M72	
	17.21	35.63 (35.63)	1:07.01 (31.38)		
	1:23.97 (16.96)	1:42.68 (35.67)	2:27.34 (44.66)		

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 7 Male 240-279 200 SC Metre Freestyle Relay**

**National:** 1:52.79 N 17/06/2023 **UQ MASTERS**  
**M BANKS, B WOODS, W O'LEARY, D HURLEY**  
**State:** 2:00.29 S 7/09/2008 **MARION**  
**B EDWARDS, M GRAY, R W HARDIE, I F YOUNG**

1	Phoenix Masters Swimming Club	A		1:59.35 S	20
	1) Osborne, Stephen M55	2) r:0.34 Simpson, Grant M68	3) r:0.51 Bigioli, Nicholas M61	4) Collins, Norm M61	
	r:+0.80 13.30	27.17 (27.17)	41.87 (14.70)		
	1:12.53 ( )	1:28.71 ( )	1:43.52 (14.81)	1:59.35 (30.64)	
2	Marion Masters Swimming	A		2:27.98	18
	1) Young, Ian M72	2) r:0.63 Crowder, George M68	3) Incher, David M75	4) r:0.42 Smith, Andrew M60	
	r:+0.64 15.74	32.31 (32.31)	51.94 (19.63)	1:12.43 (40.12)	
	1:30.74 (18.31)	1:50.05 (37.62)	2:08.35 (18.30)	2:27.98 (37.93)	
3	Adelaide Masters	B		2:31.88	16
	1) Holley, Peter M61	2) Morris, Brian M66	3) Clements, Peter M65	4) Smedley, Mark M64	
	18.88	58.52 ( )	1:18.60 ( )		
	1:37.17 (18.57)	1:59.03 (40.43)	2:14.87 (15.84)	2:31.88 (32.85)	
4	Atlantis Masters	A		2:37.11	14
	1) Hogben, Michael M61	2) r:0.88 Ferguson, Robert M64	3) r:0.64 Spurling, Mike M61	4) r:0.43 Herbert, Shaun M54	
	r:+0.86 17.33	35.78 (35.78)			
	1:47.66 ( )	2:06.72 ( )	2:37.11 (30.39)		

**Event 7 Male 280-319 200 SC Metre Freestyle Relay**

**National:** 2:10.34 N 6/08/2017 **DONCASTER DOLP.**  
**R PATTERSON, B WALSH, R CLARKE, E JEWELL**  
**State:** 2:32.57 S 11/06/2006 **ADELAIDE MASTER**  
**J DAVIES, P VAALBURG, T WARD, T WATTS**

1	Atlantis Masters	B		3:50.03	20
	1) Calver, Tim M78	2) r:0.39 Koudelka, Antonin M76	3) r:0.96 Trapnell, Phillip M80	4) Garrett, Leigh M68	
		50.86 (50.86)	1:41.76 (50.90)		
	2:11.14 (29.38)	2:44.36 (1:02.60)	3:50.03 (1:05.67)		

**Event 8 Female 160-199 200 SC Metre Freestyle Relay**

**National:** 1:55.39 N 17/06/2023 **UQ MASTERS**  
**K IBELL, E KHO, J ANDERSON, N MACAULAY**  
**State:** 2:05.52 S 1/06/2008 **ADELAIDE MASTER**  
**J SUTCLIFFE, A THOMPSON, J A ASTLEY, S A BEAVER**

1	Marion Masters Swimming	A		2:07.44	20
	1) Osman-Walton, Sarah W40	2) r:0.59 Battley, Michaela W43	3) r:0.41 Ryan, Meredith W51	4) r:0.68 Carter, Aimee W30	
	r:+0.78 14.88	30.64 (30.64)	46.15 (15.51)	1:02.83 (32.19)	
	1:18.71 (15.88)	1:36.08 (33.25)	1:50.92 (14.84)	2:07.44 (31.36)	
2	Henley Beach Masters	A		2:09.45	18
	1) Law, Caroline W52	2) Nazimi, Leila W41	3) Varney, Josephine W53	4) Lang, Tess W40	
	16.71	34.51 (34.51)	48.97 (14.46)	1:04.65 (30.14)	
	1:19.51 (14.86)	1:35.31 (30.66)	1:50.97 (15.66)	2:09.45 (34.14)	
3	Phoenix Masters Swimming Club	B		2:13.60	16
	1) Wellington, Kim W48	2) r:0.72 Murray, Hannah W22	3) r:0.10 McGiffert, Natalie W52	4) r:0.40 Carne, Amanda W55	
	r:+0.73 14.98	31.08 (31.08)	47.24 (16.16)	1:05.21 (34.13)	
	1:21.83 (16.62)	1:40.22 (35.01)	1:56.28 (16.06)	2:13.60 (33.38)	
4	Tea Tree Gully Kingfishers Mas	A		2:31.17	14
	1) Moffat, Danielle W52	2) Bunkenburg-Lee, Franziska W23	3) Tricker, Vanessa W51	4) Goss, Debbie W45	
	19.23		1:20.61 ( )		
	1:37.29 (16.68)	1:54.92 (34.31)	2:12.44 (17.52)	2:31.17 (36.25)	
5	Aquadome Otters	A		2:40.76	12
	1) Palmer, Brigetta W48	2) r:0.65 Trebilcock, Bronwyn W33	3) r:0.63 O'Meara, Bridget W43	4) r:0.48 Amos, Kirsty W53	
	r:+0.70 17.96	37.16 (37.16)	59.43 (22.27)	1:20.85 (43.69)	
	1:41.67 (20.82)	2:03.22 (42.37)	2:21.03 (17.81)	2:40.76 (37.54)	

**2024 MSSA Interclub 1 - 19/05/2024****Results****(Event 8 Female 160-199 200 SC Metre Freestyle Relay)**

6	Henley Beach Masters	B	2:48.12	10
	1) Kuster, Rebecca W48	2) r:0.99 Alchin, Laura W35	3) r:0.97 Dowling, Maggie W61	4) r:0.32 McPherson, Kerryn W53
	r:+0.92	37.71 (37.71)	55.97 (18.26)	1:17.51 (39.80)
	1:38.89 (21.38)	2:00.37 (42.86)	2:23.05 (22.68)	2:48.12 (47.75)

**Event 8 Female 200-239 200 SC Metre Freestyle Relay**

**National: 1:59.57 N 23/10/2022 POWERPOINTS**  
**J BUCKNELL, S CUMING, L D. CARVALHO, S JAMES**  
**State: 2:14.80 S 21/05/2023 PHOENIX**  
**J SUTCLIFFE, J BOWEN, N MCGIFFERT, A CARNE**

1	Adelaide Masters	A	2:22.06	20
	1) Ostrovska, Ilze W57	2) Beaver, Sharon W57	3) Bowman, Julie W59	4) Gallasch, Judith W60
	16.83	34.28 (34.28)	51.36 (17.08)	1:09.73 (35.45)
	1:26.39 (16.66)	1:44.55 (34.82)	2:02.70 (18.15)	2:22.06 (37.51)
2	Great Southern Swimming Club N	A	2:42.11	18
	1) Smith, Sonia W47	2) r:0.65 Fisher, Rosemary W66	3) r:0.68 Taylor, Zara W29	4) r:0.49 Thornton, Elizabeth W59
	r:+0.90	34.08 (34.08)	54.18 (20.10)	1:15.76 (41.68)
	1:39.63 (23.87)	2:23.01 ( )	2:42.11 ( )	
3	Tea Tree Gully Kingfishers Mas	B	2:48.18	16
	1) Haberfield, Helen W62	2) Beres, Jenny W54	3) r:0.20 Vas, Angela W57	4) r:0.74 Horn, Danielle W39
	r:+0.87 19.66	40.99 (40.99)	1:04.00 (23.01)	1:30.10 (49.11)
	1:48.80 (18.70)	2:09.90 (39.80)	2:28.38 (18.48)	2:48.18 (38.28)
---	Noarlunga Masters	A	SCR	
	1) Mitchell, Tracy W52	2) Ward, Alison W41	3) Wilton, Jeannette W70	4) Bickers, Helen W70

**Event 8 Female 240-279 200 SC Metre Freestyle Relay**

**National: 2:10.47 N 6/08/2017 MALVERN MARLINS**  
**J JEFFREY, J DICKEY, L RODGERS, D BRIGGS**  
**State: 2:23.35 S 6/07/2014 ATLANTIS**  
**JENNY BRADLEY, JAN SIMONS, JOY PAGE, JUDY THOMAS**

1	Marion Masters Swimming	B	2:37.89	20
	1) Evans, Maggie W57	2) Langsford, Sarah W56	3) Carbone, Heather W66	4) Wareing, Deborah W68
	18.84	37.85 (37.85)	57.45 (19.60)	1:19.60 (41.75)
	1:39.20 (19.60)	2:37.89 (1:18.29)		
2	Phoenix Masters Swimming Club	A	2:47.17	18
	1) Chambers, Cheryl W62	2) r:0.38 Malcolm, Mathea W64	3) r:0.84 Sturm, Karen W64	4) r:0.39 Muir-Cochrane, Eimear W
	r:+0.59 18.89	38.27 (38.27)	59.91 (21.64)	1:24.20 (45.93)
		2:05.23 (41.03)	2:25.84 (20.61)	2:47.17 (41.94)
3	Noarlunga Masters	B	3:22.09	16
	1) Nelson, Leanne W60	2) r:0.20 Walshe, Judy W68	3) Gibbons, Susan W63	4) r:0.59 Gill, Deborah W64
	r:+0.97 21.18	44.36 (44.36)	1:08.07 (23.71)	1:37.63 (53.27)
	2:07.44 (29.81)	3:22.09 (1:44.46)		

**Event 8 Female 280-319 200 SC Metre Freestyle Relay**

**National: 2:40.97 N 10/04/2015 DONCASTER DOLP.**  
**M MOORE, D DICKEY, R MCLEAN, L SHEEAN**  
**State: 3:08.73 S 24/05/2015 MARION**  
**R BROWN, B PEARCE, D ROSS, T CARTER**

1	Tea Tree Gully Kingfishers Mas	C	3:18.61	20
	1) Hill, Jeanette W76	2) Mulqueen, Jennifer W78	3) Shears, Bernadette W64	4) Mayton, Eithne W73
	28.85		1:23.93 ( )	
	2:11.23 ( )		2:54.51 ( )	3:18.61 ( )

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 9 Mixed 72-119 100 SC Metre Medley Relay**

**National:** 56.37 N 5/08/2012 **POWERPOINTS**  
**B FORD, N PEACHEY, K HIGGINS, M RING**  
**State:** 1:03.60 S 3/08/2014 **ADELAIDE MASTER**  
**S BEAVER, H NINER, P BLUNT, M CARTER**

1	Henley Beach Masters	B			1:12.40	20
	1) Szeto, Colleen W31	2) r:0.46 Deluca, Pia W23	3) r:0.23 Slunjski, Liam M23	4) r:0.14 Aebi, Jakob M30		
	r:+0.72 20.36	44.82 (24.46)	58.69 (13.87)	1:12.40 (13.71)		

**Event 9 Mixed 120-159 100 SC Metre Medley Relay**

**National:** 53.31 N 20/05/2022 **GYMPIE**  
**A COWAN, S DEVERS, C PRINCE, J GILES**  
**State:** 54.46 S 15/09/2021 **PHOENIX**  
**N WRIGHT, A COLEMAN, G MULLER, B MCARTHUR**

1	Marion Masters Swimming	B			1:01.28	20
	1) Warr, Ben M38	2) r:0.38 Lewis, Ace M44	3) r:0.38 Osman-Walton, Sarah W44	r:0.76 Carter, Aimee W30		
	r:+0.80 16.85	31.62 (14.77)	46.83 (15.21)	1:01.28 (14.45)		
2	UniSA Swimming Club	A			1:03.24	18
	1) Vidura, Kimberley W28	2) r:0.50 Morgan, Shania W25	3) Sztolc, Samuel M22	4) r:0.59 Sztolc, Radek M55		
	r:+0.72 16.19	32.27 (16.08)	46.77 (14.50)	1:03.24 (16.47)		

**Event 9 Mixed 160-199 100 SC Metre Medley Relay**

**National:** 55.34 N 9/04/2010 **POWERPOINTS**  
**J BUCKNELL, M G THOMPSON, A LION, N ROYLE**  
**State:** 59.38 S 16/05/2021 **PHOENIX**  
**N WRIGHT, D BRYCE, S OSBORNE, K WELLINGTON**

1	Phoenix Masters Swimming Club	A			1:03.02	20
	1) Osborne, Andrew M49	2) r:0.40 Gumm, Rebecca W41	3) Smith, Matthew M40	4) r:0.43 Bowen, Joanne W45		
	r:+0.71 15.42	33.82 (18.40)	47.49 (13.67)	1:03.02 (15.53)		
2	Atlantis Masters	C			1:06.33	18
	1) Beames, Melissa W40	2) r:0.50 Kilsby, Cara W47	3) Hurtado, Carlos M42	4) r:-0.06 Lisovoy, Damien M47		
	r:+0.68 18.94	1:06.29 (47.35)	53.91 ( )	1:06.33 (12.42)		
3	Marion Masters Swimming	C			1:06.75	16
	1) Hribar, Blake M19	2) r:0.31 Rowell, Gavin M55	3) r:0.59 Ryan, Meredith W51	4) r:0.23 Chavez, Claudia W51		
	r:+0.78 15.89	32.16 (16.27)	49.48 (17.32)	1:06.75 (17.27)		
4	Adelaide Masters	B			1:12.81	14
	1) Everton, Ashley M34	2) r:0.76 Gravier, Charles M32	3) r:0.22 Palmer-White, Stephanie	4) r:0.21 Ostrovska, Ilze W57		
	r:+0.92 20.04	40.43 (20.39)	57.14 (16.71)	1:12.81 (15.67)		
5	Tea Tree Gully Kingfishers Mas	B			1:13.71	12
	1) Horn, Danielle W39	2) r:0.69 Coombs, Mark M60	3) r:0.26 Coulter, Garth M45	4) r:0.46 Moffat, Danielle W52		
	r:+0.78 21.36	41.49 (20.13)	55.48 (13.99)	1:13.71 (18.23)		
6	Phoenix Masters Swimming Club	B			1:14.63	10
	1) Collins, Norm M61	2) r:0.63 Neumann, Rachel W44	3) r:0.49 Murray, Hannah W22	4) r:0.33 Howe, Simon M50		
	r:+0.77 17.86	39.52 (21.66)	56.46 (16.94)	1:14.63 (18.17)		
7	Noarlunga Masters	A			1:17.89	8
	1) Small, Amy W29	2) Boardman, Andrew M30	3) Hayes, Helen W54	4) Cranley, Matthew M49		
	r:+0.87 21.01	36.83 (15.82)	1:03.57 (26.74)	1:17.89 (14.32)		

**Event 9 Mixed 200-239 100 SC Metre Medley Relay**

**National:** 57.22 N 20/05/2022 **UQ MASTERS**  
**M BANKS, C SCOLARO, N MACAULAY, S BERTING**  
**State:** 1:01.07 S 10/09/2017 **HENLEY BEACH**  
**J SUTCLIFFE, J ELLUL, G SIMPSON, J VARNEY**

1	Atlantis Masters	B			1:09.35	20
	1) Foreman, Rebecca W52	2) r:0.48 O'Dea, Shaun M53	3) r:0.60 Herbert, Shaun M54	4) r:0.71 Steveson, Chloe W52		
	r:+0.80 18.60	36.47 (17.87)	51.89 (15.42)	1:09.35 (17.46)		
2	Noarlunga Masters	B			1:34.59	18
	1) Cox, John M72	2) r:0.38 Koutas, Fiona W44	3) r:0.36 Cranley, Andrew M51	4) r:0.96 Ellis, Eleanor W58		
	r:+0.99 25.97	47.58 (21.61)	1:12.34 (24.76)	1:34.59 (22.25)		

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 9 Mixed 240-279 100 SC Metre Medley Relay**

**National: 1:03.50 N 21/06/2009 BLACKTOWN CITY**  
**C MUNNS, D AYNSLEY, B DEVENISH, L STEVENSON**  
**State: 1:04.28 S 17/07/2022 PHOENIX**  
**J SUTCLIFFE, A LANYON, G SIMPSON, N WRIGHT**

1	Tea Tree Gully Kingfishers Mas	A		1:19.01	20
	1) Haberfield, Helen W62	2) Mayton, Eithne W73	3) r:0.48 Kim, Eoin M39	4) Thomas, David M69	
	r:+0.69 22.32	47.55 (25.23)	1:02.83 (15.28)	1:19.01 (16.18)	
2	Adelaide Masters	A		1:19.16	18
	1) Beaver, Sharon W57	2) r:-0.01 Clements, Peter M65	3) Gallasch, Judith W60	4) r:0.55 Dean, Jock M76	
	r:+0.70 18.98	1:00.17 ( )	1:19.16 (18.99)		
3	Atlantis Masters	D		1:21.63	16
	1) Hogben, Sharon W60	2) r:0.54 Bradley, Peter M65	3) r:0.26 Doddridge, Margaret W62	4) r:0.50 Hogben, Michael M61	
	r:+0.86 25.73	46.16 (20.43)	1:05.08 (18.92)	1:21.63 (16.55)	
4	Henley Beach Masters	C		1:26.82	14
	1) Walker, Michael M70	2) r:0.68 Dorgan, Kristie W51	3) r:0.53 Sands, Robert M69	4) r:0.89 Impagnatiello, Anna W63	
	r:+0.78 21.69	46.95 (25.26)	1:06.03 (19.08)	1:26.82 (20.79)	
5	Aquadome Otters	A		1:34.11	12
	1) De Silva, Ushan M39	2) Cook, Anthony M72	3) Bell, Janet W72	4) O'Shea, Penelope W67	
	r:+0.62 18.29	48.67 (30.38)	1:12.94 (24.27)	1:34.11 (21.17)	
6	Henley Beach Masters	A		1:43.69	10
	1) Wilson, Virginia W72	2) r:0.20 Duffy, Kevin M69	3) r:0.42 White, Rosemary W64	4) r:0.73 Fuller, Geoff M73	
	32.06	57.18 (25.12)	1:21.54 (24.36)	1:43.69 (22.15)	
---	Marion Masters Swimming	D		DQ 1:29.99	
	RE - Stroke infraction	RE + the stroke codes + the swimmer number			
	1) Crowder, George M68	2) Martin, Lindsay W59	3) Roberts, Charles M57	4) r:0.35 Langsford, Sarah W56	
	25.40	51.92 (26.52)	1:10.99 (19.07)	DQ 1:29.99 (19.00)	

**Event 9 Mixed 280-319 100 SC Metre Medley Relay**

**National: 1:08.63 N 19/08/2018 MALVERN MARLINS**  
**L RODGERS, J JEFFREY, G TUCKER, J COCKS**  
**State: 1:17.63 S 10/09/2017 ATLANTIS**  
**JOY PAGE, ROBERT HARRIS, JUDY THOMAS, ALLAN SUSKIN**

1	Marion Masters Swimming	A		1:18.89	20
	1) Carbone, Heather W66	2) r:0.50 Wareing, Deborah W68	3) Young, Ian M72	4) r:0.63 Incher, David M75	
	r:+0.72 23.33	45.05 (21.72)	1:02.15 (17.10)	1:18.89 (16.74)	
2	Atlantis Masters	E		1:56.92	18
	1) Calver, Tim M78	2) r:0.77 Koudelka, Antonin M76	3) r:0.98 Nakell, Linda W73	4) Keast, Julie W72	
	r:+0.76 29.64	55.58 (25.94)	1:31.52 (35.94)	1:56.92 (25.40)	
3	Noarlunga Masters	C		2:05.83	16
	1) Watson, John M78	2) Smith, Judith W69	3) r:0.19 Doyle, Gillian W71	4) r:0.66 Axton, Bryan M83	
	r:+0.96 37.85	1:13.99 (36.14)	1:39.27 (25.28)	2:05.83 (26.56)	

**Event 9 Mixed 320-359 100 SC Metre Medley Relay**

**National: 1:31.06 N 20/05/2022 MIAMI**  
**D SALTER, L SALTER, D BOYLSO, D ROBERTSON**

1	Atlantis Masters	A		1:41.22	20
	1) Simons, Jan W76	2) r:0.43 Page, Joy W82	3) r:0.71 Suskin, Allan M82	4) Ramsay, Tubby M90	
	r:+0.81 24.23	49.37 (25.14)	1:12.76 (23.39)	1:41.22 (28.46)	

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 10 Male 72-119 400 SC Metre Freestyle Relay**

**National:** 3:51.33 N 24/07/2005 **BLACKTOWN CITY**  
**S GOUGH, D MILLAR, P DORRINGTON, A DORRINGTON**  
**State:** 3:35.05 S 15/09/2021 **PHOENIX**  
**R PATE, H LAMBERT, B HOPE, G MULLER**

1	UniSA Swimming Club	B			3:51.36	20
	1) Nip, Hugo M20	2) r:0.45 Seewsagur, Govind M22	3) r:0.21 Fu, Alvin M22	4) r:0.53 Chow, Alvin Keng Yin M20		
	r:+0.65 12.53	26.29 (26.29)	41.19 (41.19)	56.03 (56.03)		
	1:10.16 (14.13)	1:25.23 (29.20)	1:41.49 (45.46)	1:57.51 (1:01.48)		
	2:09.85 (12.34)	2:24.23 (26.72)	2:39.02 (41.51)	2:53.48 (55.97)		
	3:06.60 (13.12)	3:21.39 (27.91)	3:36.59 (43.11)	3:51.36 (57.88)		
2	Adelaide Dolphins Masters	A			5:04.29	18
	1) Jones, Jake M28	2) r:0.79 Whiteside, Ewan M30	3) r:0.56 Shone, Brendan M33	4) r:0.46 Rollo-Walker, Greg M28		
	r:+0.95 17.47	36.87 (36.87)	58.81 (58.81)	1:20.52 (1:20.52)		
	1:37.58 (17.06)	1:57.38 (36.86)	2:19.54 (59.02)	2:41.31 (1:20.79)		
	2:59.24 (17.93)	3:19.75 (38.44)	3:40.52 (59.21)	4:02.87 (1:21.56)		
	5:04.29 (1:01.42)					

**Event 10 Male 120-159 400 SC Metre Freestyle Relay**

**National:** 3:40.07 N 23/07/2006 **SEASIDE PIRATES**  
**M PATTERSON, M PATTERSON, J BATES, G WILSON**  
**State:** 4:27.36 S 21/05/2023 **UNISA**  
**A TRUONG, L MCHUGH, A SZTOLC, R SZTOLC**

1	Adelaide Dolphins Masters	B			4:58.90	20
	1) Mackle, Keelan M33	2) r:0.73 Baggs, Thomas M28	3) r:0.51 Digby, Aaron M44	4) r:0.37 Gardnir, Adam M43		
	r:+0.73 15.90	34.07 (34.07)	53.94 (53.94)	1:13.49 (1:13.49)		
	1:32.25 (18.76)	1:52.30 (38.81)	2:13.17 (59.68)	2:31.86 (1:18.37)		
	2:50.20 (18.34)	3:11.82 (39.96)	3:33.63 (1:01.77)	3:56.16 (1:24.30)		
	4:26.13 (29.97)	4:42.64 (46.48)	4:58.90 (1:02.74)			

**Event 10 Male 160-199 400 SC Metre Freestyle Relay**

**National:** 3:41.17 N 20/07/2014 **SEASIDE PIRATES**  
**M PATTERSON, G PHILLIPS, P BUDD, J BATES**  
**State:** 4:05.32 S 15/09/2021 **MARION**  
**A LEWIS, B WARR, M GAIBINGER, A STEPHENSON**

---	UniSA Swimming Club	A			NS	
	1) Truong, Andrew M28	2) Eldridge, Nic M56	3) Sztolc, Radek M55	4) McHugh, Liam M29		

**Event 10 Male 200-239 400 SC Metre Freestyle Relay**

**National:** 3:47.38 N 10/07/2022 **TATTERSALLSCLUB**  
**J HICKMAN, P THIEL, J HANBY, C FYDLER**  
**State:** 4:19.48 S 21/05/2023 **PHOENIX**  
**G SIMPSON, J BARANOFF, D BRYCE, M SMITH**

1	Henley Beach Masters	A			4:39.72	20
	1) Potter, Mark M53	2) r:0.43 Belfer, Jack M51	3) r:0.50 Gassol Quilez, Gerard M44	4) r:0.55 Slunjski, Marin M62		
	r:+0.79 16.37	34.36 (34.36)	53.54 (53.54)	1:13.64 (1:13.64)		
	1:29.22 (15.58)	1:47.24 (33.60)	2:05.62 (51.98)	2:24.01 (1:10.37)		
		2:54.47 (30.46)	3:10.80 (46.79)	3:27.17 (1:03.16)		
	3:43.38 (16.21)	4:01.76 (34.59)	4:21.14 (53.97)	4:39.72 (1:12.55)		
2	Noarlunga Masters	A			5:00.94	18
	1) Bullock, Rowan M59	2) r:0.64 Lawrie, Stew M56	3) r:0.82 Chirgwin, Leigh M55	4) r:0.12 Needham, Kale M44		
	r:+0.73 17.36	36.90 (36.90)	57.21 (57.21)	1:17.26 (1:17.26)		
	1:34.93 (17.67)	1:55.14 (37.88)	2:16.37 (59.11)	2:36.93 (1:19.67)		
	2:54.40 (17.47)	3:13.94 (37.01)	3:35.08 (58.15)	3:56.14 (1:19.21)		
	4:26.87 (30.73)	4:44.01 (47.87)	5:00.94 (1:04.80)			

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 10 Male 240-279 400 SC Metre Freestyle Relay****National: 4:22.35 N 15/09/2021 PHOENIX****G SIMPSON, A LANYON, J DUNDON, S OSBORNE****State: 4:22.35 S 15/09/2021 PHOENIX****G SIMPSON, A LANYON, J DUNDON, S OSBORNE**

1	Phoenix Masters Swimming Club	A		6:24.16	20
	1) Bertram, Neal M74	2) r:-0.15 Howe, Simon M50	3) r:0.55 Taylor, Dean M59	4) Dundon, John M62	
	24.46	53.85 (53.85)			
	2:17.80 ( )		3:11.17 ( )	3:39.79 ( )	
			4:40.49 (1:00.70)	5:02.67 (1:22.88)	
			6:02.80 (1:00.13)	6:24.16 (1:21.49)	

**Event 11 Female 160-199 400 SC Metre Freestyle Relay****National: 4:20.34 N 23/10/2022 POWERPOINTS****J BUCKNELL, L D. CARVALHO, K FRAZER, J HUMPHREY****State: 4:45.95 S 22/09/2019 ADELAIDE MASTER****R MULLER, E GOLDIE, J ASTLEY, E BROWN**

1	Noarlunga Masters	A		5:36.38	20
	1) Small, Amy W29	2) Hayes, Helen W54	3) r:0.67 Koutas, Fiona W44	4) r:0.47 Ward, Alison W41	
	r:+0.93 18.76	39.12 (39.12)	1:01.10 (1:01.10)	1:23.47 (1:23.47)	
	1:45.39 (21.92)	2:09.82 (46.35)		2:59.90 (1:36.43)	
		3:37.21 (37.31)	3:57.81 (57.91)	4:18.52 (1:18.62)	
		4:53.79 (35.27)	5:15.06 (56.54)	5:36.38 (1:17.86)	
2	Henley Beach Masters	A		5:55.27	18
	1) Kuster, Rebecca W48	2) r:0.99 Alchin, Laura W35	3) r:0.48 Dowling, Maggie W61	4) r:0.50 White, Rosemary W64	
	r:+0.94	39.40 (39.40)	1:00.43 (1:00.43)	1:24.25 (1:24.25)	
		2:04.52 (40.27)	2:27.65 (1:03.40)	2:52.14 (1:27.89)	
	3:13.16 (21.02)	3:35.92 (43.78)	4:00.49 (1:08.35)	4:24.73 (1:32.59)	
	4:45.67 (20.94)	5:08.21 (43.48)	5:31.80 (1:07.07)	5:55.27 (1:30.54)	
3	Phoenix Masters Swimming Club	A		6:23.59	16
	1) Neumann, Rachel W44	2) r:0.52 Bigioli, Danila W59	3) r:0.45 Muir-Cochrane, Eimear W4	4) r:0.57 Murray, Hannah W22	
	r:+0.84 21.40	47.16 (47.16)	1:16.44 (1:16.44)		
	2:10.30 ( )	2:38.07 ( )	3:06.65 ( )	3:35.24 ( )	
	3:56.88 (21.64)	4:19.85 (44.61)	4:44.44 (1:09.20)	5:08.01 (1:32.77)	
		6:03.51 (55.50)	6:23.59 (1:15.58)		

**Event 11 Female 200-239 400 SC Metre Freestyle Relay****National: 4:31.83 N 7/05/2022 UQ MASTERS****J ANDERSON, C SCOLARO, N MACAULAY, K MCKEON****State: 4:48.48 S 12/11/2017 ADELAIDE MASTER****J ASTLEY, S BEAVER, I OSTROVSKA, S PALMER-WHITE**

1	Adelaide Masters	A		5:04.78	20
	1) Palmer-White, Stephanie W60	2) Beaver, Sharon W57	3) Gallasch, Judith W60	4) Bowman, Julie W59	
	16.85	35.43 (35.43)	53.82 (53.82)	1:12.25 (1:12.25)	
	1:29.78 (17.53)	1:48.86 (36.61)	2:09.11 (56.86)	2:29.18 (1:16.93)	
	2:47.49 (18.31)	3:08.28 (39.10)	3:29.76 (1:00.58)		
		4:26.14 ( )	4:45.42 ( )	5:04.78 ( )	
2	Phoenix Masters Swimming Club	B		5:14.04	18
	1) McGiffert, Natalie W52	2) r:0.59 McKinlay, Samantha W55	3) r:0.64 Murphy, Serena W50	4) Bowen, Joanne W45	
	17.51	36.88 (36.88)	57.14 (57.14)	1:17.69 (1:17.69)	
	1:34.75 (17.06)	1:53.86 (36.17)	2:13.73 (56.04)	2:33.55 (1:15.86)	
	2:52.03 (18.48)	3:12.71 (39.16)	3:34.15 (1:00.60)	3:55.06 (1:21.51)	
	4:13.32 (18.26)	4:33.73 (38.67)	4:54.05 (58.99)	5:14.04 (1:18.98)	
3	Great Southern Swimming Club	A		6:12.32	16
	1) Thornton, Elizabeth W59	2) Taylor, Zara W29	3) r:-0.10 Fisher, Rosemary W66	4) r:0.45 Smith, Sonia W47	
	r:+0.89	38.44 (38.44)	59.67 (59.67)	1:21.59 (1:21.59)	
	1:46.90 (25.31)				
	3:35.48 ( )	4:00.16 ( )	4:26.88 ( )	4:52.76 ( )	
		5:30.14 (37.38)	5:51.51 (58.75)	6:12.32 (1:19.56)	

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 11 Female 240-279 400 SC Metre Freestyle Relay****National: 5:00.13 N 7/04/2010****BLACKTOWN CITY****L STEVENSON, C MUNNS, K L BEER, P NIX****State: 5:01.04 S 21/05/2023****ADELAIDE MASTER****J BOWMAN, L O'CONNELL, S BEAVER, S PALMER-WHITE**

1	Noarlunga Masters	B				6:41.26	20
	1) Doyle, Gillian W71	2) r:0.68 Nelson, Leanne W60	3) r:0.64 Gill, Deborah W64	4) Wilton, Jeannette W70			
	r:+0.99 23.42	50.02 (50.02)	1:18.37 (1:18.37)	1:46.02 (1:46.02)			
	2:07.52 (21.50)	2:32.52 (46.50)	2:59.60 (1:13.58)	3:27.16 (1:41.14)			
		4:09.31 (42.15)	4:33.14 (1:05.98)	4:56.83 (1:29.67)			
	5:20.84 (24.01)	5:47.02 (50.19)	6:13.86 (1:17.03)	6:41.26 (1:44.43)			
2	Atlantis Masters	A				8:11.56	18
	1) Nakell, Linda W73	2) Lynch, Virginia W66	3) Berry, Helen W67	4) Ormsby, Robyn W69			
	30.01	1:39.13 (1:39.13)					
	2:37.36 ( )	3:41.57 ( )	4:14.05 ( )				
	4:42.12 (28.07)	5:45.00 (1:30.95)					
	6:41.36 ( )	7:10.06 ( )	7:40.76 ( )	8:11.56 ( )			

**Event 12 Mixed 72-119 200 SC Metre Medley Relay****National: 1:50.48 N 31/08/2014****H2O****Z CHARLTON, P COCHRAN, N JONES, R TWEDDLE****State: 2:09.74 S 9/11/1986****ADELAIDE MASTER****J WATERHOUSE, P KEOUGH, K WEIDNER, D MARTIN**

---	Henley Beach Masters	B				DQ 2:42.55	
	1) Szeto, Colleen W31	2) r:0.60 Deluca, Pia W23	3) r:0.36 Slunjski, Liam M23	4) r:-0.08 Aebi, Jakob M30			
	r:+0.85 21.39	44.06 (44.06)	1:09.92 (25.86)	1:37.41 (53.35)			
	1:51.34 (13.93)	2:09.23 (31.82)	2:24.61 (15.38)	DQ 2:42.55 (33.32)			
---	UniSA Swimming Club	A				NS	
	1) Seewasagur, Govind M22	2) Vidura, Kimberley W28	3) Thiele, Jack M28	4) Morgan, Shania W25			

**Event 12 Mixed 160-199 200 SC Metre Medley Relay****National: 1:59.43 N 20/07/2014****SEASIDE PIRATES****KATIE NILAN, PETER KERR, JOHN BATES, CATHY CODLING****State: 2:07.97 S 19/08/2007****ADELAIDE MASTER****S A BEAVER, M SMEDLEY, P, C ADDAMS**

1	Atlantis Masters	A				2:25.56	20
	1) Foreman, Rebecca W52	2) r:0.51 Kilsby, Cara W47	3) r:0.63 Hurtado, Carlos M42	4) r:0.33 Lisovoy, Damien M47			
	r:+0.73 19.68	39.63 (39.63)	58.94 (19.31)	1:22.52 (42.89)			
	1:38.61 (16.09)	1:57.05 (34.53)	2:10.73 (13.68)	2:25.56 (28.51)			
2	Tea Tree Gully Kingfishers Mas	A				2:33.43	18
	1) Goss, Debbie W45	2) r:0.64 Kim, Eoin M39	3) r:0.10 Coulter, Garth M45	4) Tricker, Vanessa W51			
	r:+0.80 22.61	47.25 (47.25)	1:06.00 (18.75)	1:27.69 (40.44)			
	1:42.09 (14.40)	1:59.32 (31.63)	2:16.22 (16.90)	2:33.43 (34.11)			
3	Marion Masters Swimming	B				2:53.03	16
	1) Guse, Dean M56	2) Jungfer, Sarah W36	3) Hribar, Blake M19	4) Martin, Lindsay W59			
	r:+0.97 21.03	42.81 (42.81)	1:06.51 (23.70)	1:35.47 (52.66)			
	1:51.49 (16.02)	2:10.74 (35.27)	2:30.71 (19.97)	2:53.03 (42.29)			

**Event 12 Mixed 200-239 200 SC Metre Medley Relay****National: 2:04.41 N 22/04/2022****UQ MASTERS****M BANKS, C SCOLARO, N MACAULAY, S BERTING****State: 2:14.22 S 28/07/2002****ADELAIDE MASTER****J SUTCLIFFE, K HEENAN, R HARDIE, F GUIHAUS**

1	Atlantis Masters	D				2:39.86	20
	1) Beames, Melissa W40	2) r:0.57 O'Dea, Shaun M53	3) Burmeister, Kerrie W50	4) r:0.88 Hogben, Michael M61			
	r:+0.67 19.68	40.08 (40.08)	58.77 (18.69)	1:21.15 (41.07)			
	1:40.66 (19.51)	2:04.76 (43.61)	2:21.96 (17.20)	2:39.86 (35.10)			

**2024 MSSA Interclub 1 - 19/05/2024****Results****(Event 12 Mixed 200-239 200 SC Metre Medley Relay)**

2	Phoenix Masters Swimming Club	B		3:09.34	18	
1)	Dundon, John M62	2)	Taylor, Julie W57	3)	Neumann, Rachel W44	
	19.96		1:03.02 ( )		4)	Bertram, Neal M74
	1:52.64 (25.23)		2:20.93 (53.52)			3:09.34 (48.41)

**Event 12 Mixed 240-279 200 SC Metre Medley Relay**

**National: 2:18.21 N 29/08/2009 BLACKTOWN CITY**  
**C MUNNS, D AYNSLEY, L STEVENSON, B DEVENISH**  
**State: 2:23.40 S 15/09/2021 PHOENIX**  
**J SUTCLIFFE, A LANYON, G SIMPSON, A CARNE**

1	Phoenix Masters Swimming Club	A		2:21.69 S	20	
1)	Sutcliffe, Joanne W64	2)	r:0.25 Bigioli, Nicholas M61	3)	Wright, Nicol W49	
	r:+0.57 17.86		36.00 (36.00)		4)	r:0.25 Simpson, Grant M68
	1:32.49 (15.58)		1:50.55 (33.64)			2:05.59 (15.04)
			2:05.59 (15.04)			2:21.69 (31.14)
2	Adelaide Masters	A		2:49.11	18	
1)	Morris, Brian M66	2)	r:0.21 Smedley, Mark M64	3)	r:0.28 Ostrovska, Ilze W57	
	r:+0.53 23.36		51.19 (51.19)		4)	r:0.29 O'Connell, Leonie W68
	1:48.28 (17.56)		2:09.22 (38.50)			2:28.44 (19.22)
			2:28.44 (19.22)			2:49.11 (39.89)
3	Tea Tree Gully Kingfishers Mas	B		3:08.57	16	
1)	Vas, Angela W57	2)	r:0.40 Coombs, Mark M60	3)	r:0.62 Shears, Bernadette W64	
	r:+0.86 25.67		53.68 (53.68)		4)	Funk, Rick M60
	2:01.52 (23.24)		2:31.29 (53.01)			1:14.42 (20.74)
			2:48.22 (16.93)			1:38.28 (44.60)
						3:08.57 (37.28)
4	Henley Beach Masters	A		3:12.11	14	
1)	Walker, Michael M70	2)	Dorgan, Kristie W51	3)	Sands, Robert M69	
	r:+0.83 22.75		46.93 (46.93)		4)	Impagnatiello, Anna W63
	1:59.79 (19.74)		1:11.70 (24.77)			1:40.05 (53.12)
			2:49.45 ( )			3:12.11 ( )
5	Marion Masters Swimming	A		3:14.90	12	
1)	Smith, Andrew M60	2)	r:0.74 Crowder, George M68	3)	r:0.36 Langsford, Sarah W56	
	r:+0.80 23.74		47.91 (47.91)		4)	r:0.49 Evans, Maggie W57
	2:07.72 (24.88)		2:37.30 (54.46)			1:13.88 (25.97)
			2:55.99 (18.69)			1:42.84 (54.93)
						3:14.90 (37.60)
6	Atlantis Masters	B		3:17.68	10	
1)	Hogben, Sharon W60	2)	r:0.56 Bradley, Peter M65	3)	r:0.73 Spurling, Mike M61	
	r:+0.94		54.38 (54.38)		4)	r:0.58 Byrnes, Monica W66
			2:32.62 (52.53)			1:40.09 (45.71)
			2:54.16 (21.54)			3:17.68 (45.06)
7	Aquadome Otters	A		3:23.99	8	
1)	Shama, Islam M39	2)	Cook, Anthony M72	3)	r:-0.08 Bell, Janet W72	
	r:+0.63 15.39		31.61 (31.61)		4)	r:0.77 O'Shea, Penelope W67
	2:04.67 (26.19)		1:03.90 (32.29)			1:38.48 (1:06.87)
			2:35.57 (57.09)			2:58.17 (22.60)
						3:23.99 (48.42)
8	Henley Beach Masters	C		3:48.17	6	
1)	Fuller, Geoff M73	2)	Duffy, Kevin M69	3)	White, Rosemary W64	
	27.41		57.46 (57.46)		4)	Wilson, Virginia W72
	2:20.81 ( )		1:24.04 (26.58)			2:25.13 (1:27.67)
			3:17.59 ( )			3:48.17 ( )

**Event 12 Mixed 320-359 200 SC Metre Medley Relay**

**National: 3:23.31 N 28/01/2017 MIAMI**  
**J CRISP, D LESLIE, D ROBERTSON, M FITTOCK**

1	Atlantis Masters	C		4:19.58	20	
1)	Page, Joy W82	2)	Suskin, Allan M82	3)	Heffernan, Maryanne W68	
	r:+0.97 26.46		1:53.04 (1:53.04)		4)	Ramsay, Tubby M90
	2:10.65 ( )		1:22.66 ( )			2:33.03 (39.99)
			3:39.08 (1:06.05)			4:19.58 (40.50)
2	Noarlunga Masters	A		4:53.43	18	
1)	Armstrong, Margaret W91	2)	Axton, Bryan M83	3)	Bickers, Helen W70	
	r:+0.98 42.83		1:29.66 (1:29.66)		4)	Watson, John M78
	3:19.04 (28.41)		2:05.10 (35.44)			2:50.63 (1:20.97)
			4:19.58 (28.98)			4:53.43 (1:02.83)

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 13 Male 72-119 100 SC Metre Freestyle Relay**

**National:** 48.06 N 16/08/2014 **BAY VIEW SAINTS**  
**SAM HALL, HARRY HOWE, ZAC VINTEN, GABRIEL CIPRIANO**  
**State:** 51.66 S 29/06/2008 **ADELAIDE MASTER**  
**J HUMPHRIES, N COSTELLO, R HUTCHINGS, C ADDAMS**

1	UniSA Swimming Club	B	45.94 N	20
	1) Ong, Guan Lin M26	2) r:0.27 Nip, Hugo M20	3) r:0.17 Fu, Alvin M22	4) r:0.41 Chow, Alvin Keng Yin M20
	r:+0.73 11.85	22.89 (11.04)	33.94 (11.05)	45.94 (12.00)

**Event 13 Male 120-159 100 SC Metre Freestyle Relay**

**National:** 44.58 N 21/04/2024 **IPSWICH GRAMMAR**  
**R COX, B WOODS, S BERTING, J ALLUM**  
**State:** 48.93 S 9/09/2007 **ADELAIDE MASTER**  
**J BARANOFF, K RUNDLE, C ADDAMS, M SMEDLEY**

1	Adelaide Dolphins Masters	B	1:00.67	20
	1) Dixon, Jacob M30	2) r:0.51 Jones, Jake M28	3) Ford, Andrew M42	4) r:0.72 Baggs, Thomas M28
	14.38	28.11 (13.73)	44.99 (16.88)	1:00.67 (15.68)
2	Adelaide Dolphins Masters	A	1:02.44	18
	1) Giles, David M31	2) Whiteside, Ewan M30	3) r:0.46 Digby, Aaron M44	4) Shone, Brendan M33
	15.52	30.00 (14.48)	46.66 (16.66)	1:02.44 (15.78)
---	UniSA Swimming Club	A	NS	
	1) Thiele, Jack M28	2) Eldridge, Nic M56	3) Sztolc, Samuel M22	4) Mak, Julius M20

**Event 13 Male 160-199 100 SC Metre Freestyle Relay**

**National:** 46.01 N 6/08/2017 **H2O**  
**B CARP, L MCDOWELL, C FOSTER, M CARP**  
**State:** 49.85 S 1/05/2022 **MARION**  
**ANDREW STEPHENSON, BEN WARR, DEAN SHARD, ACE LEWIS**

1	Marion Masters Swimming	A	50.02	20
	1) Brouwers, John M23	2) r:0.44 Lewis, Ace M44	3) r:0.65 Rowell, Gavin M55	4) r:0.06 Warr, Ben M38
	r:+0.62 11.80	24.33 (12.53)	37.72 (13.39)	50.02 (12.30)
2	Noarlunga Masters	A	56.71	18
	1) Boardman, Andrew M30	2) r:0.24 Needham, Kale M44	3) r:0.47 Chirgwin, Leigh M55	4) r:0.55 Lawrie, Stew M56
	r:+0.72 12.93	25.44 (12.51)	40.49 (15.05)	56.71 (16.22)
3	Adelaide Masters	A	1:03.08	16
	1) Gravier, Charles M32	2) r:0.13 Holley, Peter M61	3) r:0.28 Smith, Elliott M35	4) r:0.28 Nelson, Kent M59
	r:+0.83 17.07	34.30 (17.23)	47.98 (13.68)	1:03.08 (15.10)

**Event 13 Male 200-239 100 SC Metre Freestyle Relay**

**National:** 46.56 N 3/07/2011 **TATTERSALLSCLUB**  
**A BROWN, M GILLIS, G FARROW, C FYDLER**  
**State:** 51.35 S 8/07/2007 **ADELAIDE MASTER**  
**G CROFT, G SIMPSON, M SMEDLEY, J LAHNSTEIN**

1	Phoenix Masters Swimming Club	A	53.96	20
	1) Osborne, Stephen M55	2) r:0.52 Taylor, Dean M59	3) r:0.40 Osborne, Andrew M49	4) r:0.50 Bryce, David M49
	r:+0.76 12.64	27.16 (14.52)	40.88 (13.72)	53.96 (13.08)
2	Henley Beach Masters	A	55.11	18
	1) Potter, Mark M53	2) Belfer, Jack M51	3) r:0.58 Gassol Quilez, Gerard M44	4) Slunjski, Marin M62
	r:+0.60 14.43	28.19 (13.76)	41.16 (12.97)	55.11 (13.95)
3	Tea Tree Gully Kingfishers Mas	A	1:00.07	16
	1) Thomas, David M69	2) r:0.61 Funk, Rick M60	3) Kim, Eoin M39	4) r:0.22 Coulter, Garth M45
	16.49	1:00.07 (43.58)		
4	Noarlunga Masters	B	1:04.25	14
	1) Cox, John M72	2) r:-0.01 Cranley, Andrew M51	3) r:0.56 Cranley, Matthew M49	4) r:0.32 Bullock, Rowan M59
	r:+0.95 17.79	34.69 (16.90)	49.07 (14.38)	1:04.25 (15.18)

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 13 Male 240-279 100 SC Metre Freestyle Relay**

**National:** 52.11 N 29/03/2015 CLAREMONT  
**D STOCKWELL, V PAUL, G CROFT, P BLACKBEARD**  
**State:** 54.26 S 5/06/2022 PHOENIX  
**G SIMPSON, N BIGIOLLI, S OSBORNE, A LANYON**

1	Marion Masters Swimming	B	1:04.71	20
	1) Young, Ian M72	2) r:0.36 Loader, Marc M59	3) Roberts, Charles M57	4) r:0.50 Smith, Andrew M60
	r:+0.88 15.32	31.52 (16.20)	48.10 (16.58)	1:04.71 (16.61)
2	Adelaide Masters	B	1:08.56	18
	1) Everton, Ashley M34	2) r:0.18 Clements, Peter M65	3) r:0.71 Morris, Brian M66	4) r:0.14 Dean, Jock M76
	r:+0.93 16.36	33.54 (17.18)	50.59 (17.05)	1:08.56 (17.97)

**Event 13 Male 320-359 100 SC Metre Freestyle Relay**

**National:** 1:10.32 N 9/07/2023 MANLY MASTERS  
**T GOODWIN, J MARTIN, S LAMY, B SEYMOUR**  
**State:** 1:18.68 S 5/06/2022 ATLANTIS  
**A SUSKIN, L BRETT, R HARRIS, T RAMSAY**

1	Atlantis Masters	A	1:26.93	20
	1) Bland, Tom M75	2) r:0.60 Harris, Robert M78	3) Ramsay, Tubby M90	4) r:0.67 Suskin, Allan M82
	20.04	40.64 (20.60)	1:26.93 (46.29)	

**Event 14 Female 120-159 100 SC Metre Medley Relay**

**National:** 56.02 N 21/04/2024 SWIM ACADEMY  
**KADY IBELL, AMY-LEE BOWLER, ELISE KHO, NADINE LOOF**  
**State:** 1:01.89 S 5/08/2012 ADELAIDE MASTER  
**S PALMER-WHITE, I OSTROVSKA, C MARGRISON, J WATSON**

1	Aquadome Otters	A	1:27.49	20
	1) Trebilcock, Bronwyn W33	2) r:0.67 O'Meara, Bridget W43	3) r:0.66 Palmer, Brigetta W48	4) Aguto, Abiey W22
	r:+0.50 22.96	47.29 (24.33)	1:05.06 (17.77)	1:27.49 (22.43)

**Event 14 Female 160-199 100 SC Metre Medley Relay**

**National:** 1:00.34 N 20/05/2022 UQ MASTERS  
**K IBELL, C SCOLARO, N MACAULAY, K MCKEON**  
**State:** 1:03.56 S 24/09/2023 PHOENIX  
**N WRIGHT, R GUMM, K WELLINGTON, D HATZIMIHAIL**

1	Phoenix Masters Swimming Club	A	1:05.09	20
	1) Wright, Nicol W49	2) r:0.59 Gumm, Rebecca W41	3) r:0.20 Wellington, Kim W48	4) r:0.33 Carne, Amanda W55
	r:+0.67 16.16	34.61 (18.45)	49.85 (15.24)	1:05.09 (15.24)
2	Henley Beach Masters	A	1:08.78	18
	1) Law, Caroline W52	2) r:0.53 Nazimi, Leila W41	3) r:0.54 Varney, Josephine W53	4) r:0.63 Lang, Tess W40
	19.48	37.96 (18.48)	53.45 (15.49)	1:08.78 (15.33)
3	Atlantis Masters	A	1:14.25	16
	1) Foreman, Rebecca W52	2) r:0.56 Kilsby, Cara W47	3) Steveson, Chloe W52	4) r:0.35 Beames, Melissa W40
	r:+0.71 18.46	37.86 (19.40)	58.16 (20.30)	1:14.25 (16.09)
4	Tea Tree Gully Kingfishers Mas	C	1:18.69	14
	1) Moffat, Danielle W52	2) Bunkenburg-Lee, Franziska W23	3) Tricker, Vanessa W51	4) r:0.53 Goss, Debbie W45
	21.51	46.68 (25.17)	1:02.39 (15.71)	1:18.69 (16.30)
5	Marion Masters Swimming	B	1:20.20	12
	1) Battley, Michaela W43	2) r:0.18 Langsford, Sarah W56	3) r:0.39 Ryan, Meredith W51	4) r:0.55 Jungfer, Sarah W36
	r:+0.75 19.28	44.63 (25.35)	1:01.88 (17.25)	1:20.20 (18.32)
6	Noarlunga Masters	A	1:25.29	10
	1) Koutas, Fiona W44	2) Nelson, Leanne W60	3) Hayes, Helen W54	4) Ward, Alison W41
	r:+0.69 19.39	43.89 (24.50)	1:10.18 (26.29)	1:25.29 (15.11)
7	Henley Beach Masters	B	1:34.11	8
	1) Kuster, Rebecca W48	2) r:0.91 Alchin, Laura W35	3) Dowling, Maggie W61	4) r:0.36 McPherson, Kerryn W53
	23.12	45.92 (22.80)	1:13.69 (27.77)	1:34.11 (20.42)

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 14 Female 200-239 100 SC Metre Medley Relay****National: 1:00.78 N 21/04/2024 SWIM ACADEMY****J HAMILTON, C SCOLARO, N MACAULAY, J CAMPBELL****State: 1:10.24 S 5/06/2022 PHOENIX****J TAYLOR, N MCGIFFERT, K WELLINGTON, A CARNE**

1	Phoenix Masters Swimming Club	C			1:16.32	20
	1) Taylor, Julie W57	2) r:0.44 Neumann, Rachel W44	3) r:0.71 McKinlay, Samantha W55	4) r:0.78 Murphy, Serena W50		
	r:+0.70 20.09	42.46 (22.37)	59.23 (16.77)	1:16.32 (17.09)		
2	Atlantis Masters	D			1:23.64	18
	1) Heath, Jennifer W52	2) Burmeister, Kerrie W50	3) r:0.11 Doddridge, Margaret W64	4) Garrett, Lea W67		
	r:+0.79 22.36	44.37 (22.01)	1:02.76 (18.39)	1:23.64 (20.88)		
3	Marion Masters Swimming	A			1:24.66	16
	1) Evans, Maggie W57	2) Martin, Lindsay W59	3) r:0.39 Wareing, Deborah W68	4) r:0.52 Chavez, Claudia W51		
	r:+0.68 22.36	48.22 (25.86)	1:07.35 (19.13)	1:24.66 (17.31)		
4	Great Southern Swimming Club N	A			1:26.17	14
	1) Fisher, Rosemary W66	2) r:0.70 Thornton, Elizabeth W59	3) r:0.59 Smith, Sonia W47	4) r:0.72 Taylor, Zara W29		
	r:+0.60 24.03	46.48 (22.45)	1:04.03 (17.55)	1:26.17 (22.14)		
---	Tea Tree Gully Kingfishers Mas	A			DQ 1:32.36	
	RE - Stroke infraction	RE + the stroke codes + the swimmer number				
	1) Horn, Danielle W39	2) Beres, Jenny W54	3) Haberfield, Helen W62	4) Vas, Angela W57		
	r:+0.75 21.45	51.57 (30.12)	1:15.36 (23.79)	DQ 1:32.36 (17.00)		
---	Adelaide Masters	A			SCR	
	1) Beaver, Sharon W57	2) Bowman, Julie W59	3) Milton, Rebecca W40	4) Gunn, Pamela W70		

**Event 14 Female 240-279 100 SC Metre Medley Relay****National: 1:07.61 N 19/08/2018 MALVERN MARLINS****A MCNEIL, J JEFFREY, L RODGERS, D BRIGGS****State: 1:11.11 S 21/05/2023 ATLANTIS****R FOREMAN, M HEFFERNAN, J THOMAS, M DODDRIDGE**

1	Phoenix Masters Swimming Club	B			1:30.10	20
	1) Muir-Cochrane, Eimear W62	2) r:0.38 Chambers, Cheryl W62	3) r:0.53 Malcolm, Matthea W64	4) r:0.78 Sturm, Karen W64		
	r:+0.82 24.10	47.60 (23.50)	1:11.88 (24.28)	1:30.10 (18.22)		
2	Atlantis Masters	C			1:47.87	18
	1) Geelen, Denise W67	2) Beames, Leanne W62	3) Ormsby, Robyn W69	4) Berry, Helen W67		
	r:+0.81 27.47	54.44 (26.97)	1:23.87 (29.43)	1:47.87 (24.00)		
3	Noarlunga Masters	B			1:49.05	16
	1) Wilton, Jeannette W70	2) Smith, Judith W69	3) r:0.63 Gill, Deborah W64	4) Muter, Donna W61		
	r:+0.83 23.48	58.83 (35.35)	1:20.07 (21.24)	1:49.05 (28.98)		

**Event 14 Female 280-319 100 SC Metre Medley Relay****National: 1:19.45 N 15/09/2021 ATLANTIS****JUDY THOMAS, JOY PAGE, M. HEFFERNAN, JAN SIMONS****State: 1:19.45 S 15/09/2021 ATLANTIS****JUDY THOMAS, JOY PAGE, M. HEFFERNAN, JAN SIMONS**

1	Atlantis Masters	B			1:26.00	20
	1) Simons, Jan W76	2) r:0.30 Page, Joy W82	3) r:0.22 Heffernan, Maryanne W64	4) r:0.48 Byrnes, Monica W66		
	r:+0.92 23.98	48.85 (24.87)	1:05.66 (16.81)	1:26.00 (20.34)		
2	Tea Tree Gully Kingfishers Mas	B			1:45.69	18
	1) Mulqueen, Jennifer W78	2) r:0.75 Mayton, Eithne W73	3) r:0.59 Shears, Bernadette W64	4) Hill, Jeanette W76		
	r:+0.85 29.16	55.35 (26.19)	1:18.08 (22.73)	1:45.69 (27.61)		
3	Noarlunga Masters	C			2:05.16	16
	1) Armstrong, Margaret W91	2) r:0.57 Walshe, Judy W68	3) r:0.62 Ellis, Eleanor W58	4) Gibbons, Susan W63		
	38.28	1:05.06 (26.78)	1:37.86 (32.80)	2:05.16 (27.30)		

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 15 Mixed 72-119 400 SC Metre Medley Relay**

**National:** 4:31.72 N 23/07/2006 **SEASIDE PIRATES**  
**N DOMONKOS, B DRAYTON, M PATTERSON, G WILSON**  
**State:** 4:38.10 S 5/06/2022 **UNISA**  
**L MCHUGH, S MORGAN, K VIDURA, E CROOK**

1	UniSA Swimming Club	A		4:39.39	20
	1) Vidura, Kimberley W28	2) r:0.46 Morgan, Shania W25	3) r:0.72 Fu, Alvin M22	4) r:0.62 McHugh, Liam M29	
	r:+0.73 17.11	35.42 (35.42)	54.83 (54.83)	1:14.12 (1:14.12)	
	1:30.42 (16.30)	1:50.19 (36.07)	2:11.23 (57.11)	2:33.05 (1:18.93)	
	2:46.64 (13.59)	3:03.45 (30.40)	3:21.54 (48.49)	3:39.88 (1:06.83)	
	3:53.06 (13.18)	4:07.90 (28.02)	4:23.61 (43.73)	4:39.39 (59.51)	

**Event 15 Mixed 160-199 400 SC Metre Medley Relay**

**National:** 4:28.20 N 14/10/2006 **POWERPOINTS**  
**H WHITFORD, S MOFFATT, P RAINEY, J BUCKNELL**  
**State:** 5:15.12 S 5/06/2022 **ADELAIDE MASTER**  
**M ROSS, S BEAVER, S PALMER-WHITE, S GOLDIE**

1	Phoenix Masters Swimming Club	A		5:11.65 S	20
	1) Sutcliffe, Joanne W64	2) Bryce, David M49	3) r:0.51 Smith, Matthew M40	4) r:0.60 Bowen, Joanne W45	
	18.46	38.18 (38.18)	58.88 (58.88)		
	1:35.70 ( )	1:55.69 ( )	2:16.90 ( )	2:39.50 ( )	
	2:54.69 (15.19)	3:14.59 (35.09)	3:33.29 (53.79)	3:54.33 (1:14.83)	
	4:11.84 (17.51)	4:31.45 (37.12)	4:51.56 (57.23)	5:11.65 (1:17.32)	
2	Aquadome Otters	A		5:53.29	18
	1) Shama, Islam M39	2) r:0.76 Kim, Vong M36	3) r:0.44 Palmer, Brigetta W48	4) Amos, Kirsty W53	
	r:+0.69 17.48	35.54 (35.54)	54.04 (54.04)	1:12.23 (1:12.23)	
	1:35.15 (22.92)	2:01.33 (49.10)	2:27.79 (1:15.56)	2:55.39 (1:43.16)	
	3:15.03 (19.64)	3:39.18 (43.79)	4:04.55 (1:09.16)	4:29.79 (1:34.40)	
	4:47.67 (17.88)	5:08.44 (38.65)	5:30.38 (1:00.59)	5:53.29 (1:23.50)	

**Event 15 Mixed 240-279 400 SC Metre Medley Relay**

**National:** 5:20.08 N 16/08/2014 **CLAREMONT**  
**S BELL, N CORSBIE, V PAUL, G CROFT**  
**State:** 5:24.41 S 5/06/2022 **PHOENIX**  
**J SUTCLIFFE, A LANYON, G SIMPSON, A CARNE**

1	Phoenix Masters Swimming Club	B		7:38.70	20
	1) Dundon, John M62	2) r:0.65 Taylor, Dean M59	3) r:0.71 Malcolm, Matthea W64	4) Bigioli, Danila W59	
	21.56	45.54 (45.54)	1:09.63 (1:09.63)	1:34.95 (1:34.95)	
	1:56.09 (21.14)	2:22.15 (47.20)	2:50.06 (1:15.11)	3:18.87 (1:43.92)	
	3:48.06 (29.19)	4:26.68 (1:07.81)	5:09.07 (1:50.20)	6:41.11 (3:22.24)	
	6:14.18 ( )		7:10.00 (28.89)	7:38.70 (57.59)	

**Event 15 Mixed 280-319 400 SC Metre Medley Relay**

**National:** 6:15.43 N 17/11/2013 **POWERPOINTS**  
**L HILL, M MOLONEY, R MONTAGUE, J RICHARDS**  
**State:** 7:57.64 S 21/05/2023 **NOARLUNGA**  
**G DOYLE, R SCAMMELL, H BICKERS, G FAULKNER**

1	Noarlunga Masters	A		8:59.02	20
	1) Doyle, Gillian W71	2) Bickers, Helen W70	3) Bullock, Rowan M59	4) Axton, Bryan M83	
	31.43	1:04.31 (1:04.31)	1:37.07 (1:37.07)		
	2:49.54 ( )	3:31.95 ( )	4:17.14 ( )		
	5:19.82 ( )	5:43.43 ( )	6:08.91 ( )		
	7:06.43 ( )	8:59.02 ( )	8:20.20 ( )	8:59.02 ( )	

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 16 Male 72-119 200 SC Metre Medley Relay****National: 1:52.82 N 17/03/2002 SEASIDE PIRATES****J WATSON, M HAMILTON, B HALL, J BATES****State: 2:01.76 S 31/08/2014 ADELAIDE MASTER****P BLUNT, S CARBONCINI, T CURRIE, M CARTER**

1	UniSA Swimming Club	A			2:01.20 S	20
	1) Ong, Guan Lin M26		2) Seewsagur, Govind M22	3) Truong, Andrew M28	4) Sztolc, Samuel M22	
	14.38		29.62 (29.62)	44.77 (15.15)	1:03.16 (33.54)	
	1:15.75 (12.59)		1:31.98 (28.82)	1:45.66 (13.68)	2:01.20 (29.22)	

**Event 16 Male 120-159 200 SC Metre Medley Relay****National: 1:50.10 N 19/10/2008 SEASIDE PIRATES****S WENSING, S GOLDSCHMIDT, M PATTERSON, P KERR****State: 2:04.41 S 22/04/2007 ADELAIDE MASTER****T J SCOTT, J BARANOFF, C ADDAMS, K RUNDLE**

1	Adelaide Dolphins Masters	B			2:38.24	20
	1) Mackle, Keelan M33		2) Rollo-Walker, Greg M28	3) Giles, David M31	4) Dixon, Jacob M30	
	17.87		36.56 (36.56)	52.96 (16.40)	1:13.01 (36.45)	
	1:34.70 (21.69)		2:04.94 (51.93)	2:21.62 (16.68)	2:38.24 (33.30)	
2	Adelaide Dolphins Masters	A			2:39.61	18
	1) Whiteside, Ewan M30		2) Ford, Andrew M42	3) Gardnir, Adam M43	4) Shone, Brendan M33	
	20.66		43.37 (43.37)	1:05.53 (22.16)		
	1:34.34 ( )		2:39.61 ( )			
---	UniSA Swimming Club	B			NS	
	1) Mak, Julius M20		2) Eldridge, Nic M56	3) Thiele, Jack M28	4) Sztolc, Radek M55	

**Event 16 Male 160-199 200 SC Metre Medley Relay****National: 1:52.29 N 20/07/2014 SEASIDE PIRATES****S WENSING, P KERR, J BATES, G PHILLIPS****State: 2:02.43 S 9/09/2007 ADELAIDE MASTER****J BARANOFF, G SIMPSON, M SMEDLEY, C ADDAMS**

1	Adelaide Masters	A			2:38.89	20
	1) Everton, Ashley M34		2) r:45.96 Smith, Elliott M35	3) r:84.79 Smedley, Mark M64	4) Clements, Peter M65	
	21.60		45.19 (45.19)	1:03.72 (18.53)	1:24.56 (39.37)	
	1:40.88 (16.32)		1:59.80 (35.24)	2:17.58 (17.78)	2:38.89 (39.09)	
---	Aquadome Otters	A			SCR	
	1) Brock, Neill M82		2) Kim, Vong M36	3) Shama, Islam M39	4) De Silva, Ushan M39	

**Event 16 Male 200-239 200 SC Metre Medley Relay****National: 1:58.68 N 21/04/2022 SEASIDE PIRATES****S WENSING, P KERR, J BATES, R SHEWELL****State: 2:12.29 S 11/09/2016 HENLEY BEACH****G SIMPSON, J ELLUL, S OSBORNE, A BAIRD**

1	Henley Beach Masters	A			2:28.48	20
	1) Potter, Mark M53		2) r:0.54 Belfer, Jack M51	3) r:0.80 Gassol Quilez, Gerard M44	4) r:0.35 Slunjski, Marin M62	
	r:+0.71 20.36		41.18 (41.18)	1:00.08 (18.90)	1:23.06 (41.88)	
	1:38.39 (15.33)		1:55.78 (32.72)	2:11.65 (15.87)	2:28.48 (32.70)	
2	Atlantis Masters	A			2:31.67	18
	1) Hogben, Michael M61		2) r:0.27 Lisovoy, Damien M47	3) r:0.79 Hurtado, Carlos M42	4) r:0.46 O'Dea, Shaun M53	
	r:+0.83 24.81		50.77 (50.77)	1:06.78 (16.01)	1:26.54 (35.77)	
	1:42.82 (16.28)		2:00.79 (34.25)	2:15.82 (15.03)	2:31.67 (30.88)	
3	Adelaide Masters	B			3:01.38	16
	1) Morris, Brian M66		2) r:0.66 Gravier, Charles M32	3) r:0.37 Holley, Peter M61	4) r:0.53 Nelson, Kent M59	
	r:+0.54 23.86		52.58 (52.58)	1:13.42 (20.84)	1:37.48 (44.90)	
	1:59.56 (22.08)		2:26.78 (49.30)	2:43.36 (16.58)	3:01.38 (34.60)	

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 16 Male 240-279 200 SC Metre Medley Relay****National: 2:11.97 N 3/08/2019 CLAREMONT****J MUIR, A DUNNE, P BLACKBEARD, G CROFT****State: 2:18.64 S 21/05/2023 PHOENIX****G SIMPSON, N BIGIOLLI, S OSBORNE, J DUNDON**

1	Phoenix Masters Swimming Club	A				2:20.45	20
	1) Collins, Norm M61	2) r:0.37 Bigioli, Nicholas M61	3) r:0.38 Osborne, Stephen M55	4) r:0.29 Simpson, Grant M68			
	r:+0.76 19.01	38.16 (38.16)	56.73 (18.57)	1:19.15 (40.99)			
	1:33.05 (13.90)	1:49.13 (29.98)	2:04.04 (14.91)	2:20.45 (31.32)			
2	Atlantis Masters	B				3:38.90	18
	1) Ferguson, Robert M64	2) r:0.55 Bradley, Peter M65	3) Spurling, Mike M61	4) Smith, Ray M76			
	31.69	1:09.53 (1:09.53)	1:31.01 (21.48)	1:56.64 (47.11)			
	2:21.33 (24.69)		3:13.59 ( )	3:38.90 ( )			
3	Noarlunga Masters	A				3:49.17	16
	1) Watson, John M78	2) r:0.77 Cranley, Andrew M51	3) r:0.74 Lawrie, Stew M56	4) r:0.61 Chirgwin, Leigh M55			
	r:+0.95 41.57	1:28.69 (1:28.69)	1:51.42 (22.73)	2:17.47 (48.78)			
	2:43.08 (25.61)	3:13.35 (55.88)	3:31.23 (17.88)	3:49.17 (35.82)			

**Event 17 Female 160-199 200 SC Metre Medley Relay****National: 2:08.55 N 22/09/2012 POWERPOINTS****H WHITFORD, G O'MARA, M PULLEN, J BUCKNELL****State: 2:19.41 S 21/05/2023 PHOENIX****N WRIGHT, R GUMM, A CARNE, K WELLINGTON**

1	Phoenix Masters Swimming Club	A				2:22.34	20
	1) Wright, Nicol W49	2) r:0.61 Gumm, Rebecca W41	3) r:0.28 Wellington, Kim W48	4) r:0.61 Carne, Amanda W55			
	r:+0.70 16.98	34.04 (34.04)	52.03 (17.99)	1:14.15 (40.11)			
	1:29.94 (15.79)	1:48.57 (34.42)	2:04.90 (16.33)	2:22.34 (33.77)			
2	Henley Beach Masters	A				2:31.38	18
	1) Law, Caroline W52	2) Nazimi, Leila W41	3) Varney, Josephine W53	4) Lang, Tess W40			
	r:+0.63 20.37	41.37 (41.37)	1:00.19 (18.82)	1:21.88 (40.51)			
	1:37.34 (15.46)		2:12.12 ( )	2:31.38 ( )			
3	Atlantis Masters	A				2:45.46	16
	1) Foreman, Rebecca W52	2) r:0.51 Kilsby, Cara W47	3) Steveson, Chloe W52	4) r:0.32 Beames, Melissa W40			
	r:+0.80 19.74	39.71 (39.71)	59.30 (19.59)	1:22.77 (43.06)			
	1:44.10 (21.33)	2:10.57 (47.80)	2:26.51 (15.94)	2:45.46 (34.89)			
4	Phoenix Masters Swimming Club	B				2:47.46	14
	1) Murray, Hannah W22	2) Bowen, Joanne W45	3) McGiffert, Natalie W52	4) Murphy, Serena W50			
	20.74	43.03 (43.03)	1:03.50 (20.47)	1:27.63 (44.60)			
	1:46.51 (18.88)	2:47.06 (1:19.43)	2:27.84 ( )	2:47.46 (0.40)			
5	Henley Beach Masters	B				3:29.53	12
	1) Kuster, Rebecca W48	2) Alchin, Laura W35	3) r:0.88 Dowling, Maggie W61	4) r:0.42 McPherson, Kerryn W53			
	22.87	48.78 (48.78)	1:12.51 (23.73)	1:40.63 (51.85)			
	2:10.53 (29.90)	2:42.00 (1:01.37)	3:04.48 (22.48)	3:29.53 (47.53)			
6	Aquadome Otters	A				4:04.89	10
	1) Palmer, Brigetta W48	2) r:0.63 Trebilcock, Bronwyn W33	3) r:-0.74 O'Shea, Penelope W67	4) Aguto, Abiey W22			
	r:+0.84 22.95	45.74 (45.74)	1:21.81 (36.07)	2:08.16 (1:22.42)			
	2:35.73 (27.57)	3:10.89 (1:02.73)	3:36.28 (25.39)	4:04.89 (54.00)			
---	Noarlunga Masters	A				NS	
	1) Ward, Alison W41	2) Gill, Deborah W64	3) Small, Amy W29	4) Koutas, Fiona W44			

**Event 17 Female 200-239 200 SC Metre Medley Relay****National: 2:15.79 N 7/05/2022 UQ MASTERS****J ANDERSON, C SCOLARO, N MACAULAY, K MCKEON****State: 2:32.03 S 17/05/2009 ADELAIDE MASTER****K HEENAN, J K. SUTCLIFFE, S PALMER-WHITE, L O'CONN**

1	Adelaide Masters	A				2:35.22	20
	1) Beaver, Sharon W57	2) r:0.33 Ostrovska, Ilze W57	3) r:0.31 Palmer-White, Stephanie	4) r:0.12 Bowman, Julie W59			
	r:+0.72 20.06	40.29 (40.29)	1:00.53 (20.24)	1:23.88 (43.59)			
	1:40.80 (16.92)	2:00.31 (36.43)	2:16.82 (16.51)	2:35.22 (34.91)			

**2024 MSSA Interclub 1 - 19/05/2024****Results****(Event 17 Female 200-239 200 SC Metre Medley Relay)**

2	Great Southern Swimming Club N	A		3:14.98	18
	1) Fisher, Rosemary W66	2) Thornton, Elizabeth W59	3) Smith, Sonia W47	4) Taylor, Zara W29	
	r:+0.71 26.62	54.07 (54.07)	1:16.89 (22.82)	1:42.95 (48.88)	
	2:01.27 (18.32)	2:24.66 (41.71)	2:49.91 (25.25)	3:14.98 (50.32)	
3	Atlantis Masters	D		3:27.83	16
	1) Heath, Jennifer W52	2) r:0.75 Beames, Leanne W62	3) Burmeister, Kerrie W50	4) r:0.77 Berry, Helen W67	
	r:+0.79 23.37	47.73 (47.73)	1:15.26 (27.53)	1:49.87 (1:02.14)	
	2:10.94 (21.07)	2:33.64 (43.77)	3:00.59 (26.95)	3:27.83 (54.19)	

**Event 17 Female 240-279 200 SC Metre Medley Relay**

**National: 2:26.28 N 6/08/2017 MALVERN MARLINS**  
**A MCNEIL, J JEFFREY, L RODGERS, J DICKEY**  
**State: 2:36.82 S 21/05/2023 ATLANTIS**  
**R FOREMAN, M HEFFERNAN, J THOMAS, J BRADLEY**

1	Phoenix Masters Swimming Club	C		3:10.02	20
	1) Sturm, Karen W64	2) Chambers, Cheryl W62	3) McKinlay, Samantha W55	4) Bigioli, Danila W59	
	r:+0.94 24.00	50.88 (50.88)	1:14.46 (23.58)	2:20.07 (1:29.19)	
	1:59.82 ( )	3:09.87 (49.80)	2:43.66 ( )	3:10.02 (0.15)	
2	Atlantis Masters	C		3:36.25	18
	1) Hogben, Sharon W60	2) Ormsby, Robyn W69	3) r:0.16 Doddridge, Margaret W64	4) r:0.65 Geelen, Denise W67	
	r:+0.84 27.34	54.65 (54.65)	1:23.70 (29.05)	1:57.31 (1:02.66)	
	2:17.12 (19.81)	2:43.15 (45.84)	3:08.55 (25.40)	3:36.25 (53.10)	
3	Noarlunga Masters	B		4:27.73	16
	1) Walshe, Judy W68	2) Gibbons, Susan W63	3) r:0.50 Ellis, Eleanor W58	4) r:0.59 Nelson, Leanne W60	
	r:+0.84 32.96	1:09.77 (1:09.77)	1:45.58 (35.81)	2:28.47 (1:18.70)	
	3:02.83 (34.36)	3:41.99 (1:13.52)	4:03.65 (21.66)	4:27.73 (45.74)	

**Event 17 Female 280-319 200 SC Metre Medley Relay**

**National: 2:53.70 N 15/09/2021 ATLANTIS**  
**JUDY THOMAS, JOY PAGE, M. HEFFERNAN, JAN SIMONS**  
**State: 2:53.70 S 15/09/2021 ATLANTIS**  
**JUDY THOMAS, JOY PAGE, M. HEFFERNAN, JAN SIMONS**

1	Atlantis Masters	B		3:14.17	20
	1) Simons, Jan W76	2) Page, Joy W82	3) Heffernan, Maryanne W68	4) Byrnes, Monica W66	
	27.30	54.11 (54.11)	1:20.15 (26.04)	1:49.88 (55.77)	
	2:07.41 (17.53)	2:28.89 (39.01)	2:50.55 (21.66)	3:14.17 (45.28)	

**Event 18 Mixed 72-119 100 SC Metre Freestyle Relay**

**National: 48.52 N 23/07/2006 SEASIDE PIRATES**  
**A RODGER, C ROLSTON, D RIFKIN, M PATTERSON**  
**State: 51.72 S 21/05/2023 UNISA**  
**J MAK, S MORGAN, K VIDURA, G LIN ONG**

---	Henley Beach Masters	A		DQ 59.16	
	RA - Feet lost touch with starting platform (or wall for in water starts) before incoming				
	1) Szeto, Colleen W31	2) r:0.66 Deluca, Pia W23	3) r:0.37 Slunjski, Liam M23	4) r:-0.10 Aebi, Jakob M30	
	r:+0.79 15.74	33.79 (18.05)	DQ 59.16 (25.37)		

**Event 18 Mixed 120-159 100 SC Metre Freestyle Relay**

**National: 47.36 N 20/05/2022 GYMPIE**  
**J GILES, C PRINCE, S DEVERS, A COWAN**  
**State: 51.66 S 15/09/2021 PHOENIX**  
**N WRIGHT, A OSBORNE, B MCARTHUR, A COLEMAN**

1	Marion Masters Swimming	B		52.74	20
	1) Warr, Ben M38	2) r:0.28 Brouwers, John M23	3) Osman-Walton, Sarah W40	4) r:0.54 Carter, Aimee W30	
	12.88	24.07 (11.19)	38.46 (14.39)	52.74 (14.28)	
---	Phoenix Masters Swimming Club	A		X56.47	
	1) Murray, Hannah W22	2) Bowen, Joanne W45	3) r:0.51 Smith, Matthew M40	4) Bryce, David M49	
	16.27	30.99 (14.72)	43.40 (12.41)	56.47 (13.07)	

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 18 Mixed 160-199 100 SC Metre Freestyle Relay****National: 49.23 N 9/04/2010 POWERPOINTS****M G THOMPSON, B DAVIDSON, N ROYLE, J BUCKNELL****State: 51.43 S 26/08/2018 HENLEY BEACH****K VIDURA, S OSBORNE, J VARNEY, D BRYCE**

1	Marion Masters Swimming	C			58.61	20
	1) Rowell, Gavin M55	2) r:0.57 Evans, Maggie W57	3) r:0.38 Battley, Michaela W43	4) r:0.34 Hribar, Blake M19		
	r:+0.74 13.50	30.79 (17.29)	45.76 (14.97)	58.61 (12.85)		
2	Tea Tree Gully Kingfishers Mas	A			1:11.62	18
	1) Beres, Jenny W54	2) Bunkenburg-Lee, Franziska W23	3) r:0.56 Coombs, Mark M60	4) r:0.86 Funk, Rick M60		
	18.43	39.54 (21.11)	55.04 (15.50)	1:11.62 (16.58)		

**Event 18 Mixed 200-239 100 SC Metre Freestyle Relay****National: 50.69 N 23/10/2022 POWERPOINTS****J BUCKNELL, S JAMES, B DAVIDSON, N FANNING****State: 54.88 S 23/09/2018 HENLEY BEACH****J SUTCLIFFE, G SIMPSON, J VARNEY, D BRYCE**

1	Aquadome Otters	A			1:02.81	20
	1) Shama, Islam M39	2) r:0.35 Amos, Kirsty W53	3) Bell, Janet W72	4) r:0.42 De Silva, Ushan M39		
		29.17 ( )	1:02.81 (33.64)			
2	Atlantis Masters	B			1:06.68	18
	1) Burmeister, Kerrie W50	2) Doddridge, Margaret W62	3) r:0.76 Beames, Phillip M66	4) Hurtado, Carlos M42		
	17.59	34.40 (16.81)	52.19 (17.79)	1:06.68 (14.49)		
3	Phoenix Masters Swimming Club	C			1:08.60	16
	1) Bigioli, Nicholas M61	2) r:0.48 Bigioli, Danila W59	3) r:0.38 Neumann, Rachel W44	4) r:0.56 Collins, Norm M61		
	r:+0.84 14.39	35.40 (21.01)	54.03 (18.63)	1:08.60 (14.57)		
4	Marion Masters Swimming	E			1:09.01	14
	1) Jungfer, Sarah W36	2) r:0.11 Smith, Andrew M60	3) r:0.51 Chavez, Claudia W51	4) r:0.34 Loader, Marc M59		
	r:+0.99 18.93	35.11 (16.18)	52.93 (17.82)	1:09.01 (16.08)		

**Event 18 Mixed 240-279 100 SC Metre Freestyle Relay****National: 54.95 N 3/08/2019 CLAREMONT****P BLACKBEARD, N CORSBIE, B TAIT, G CROFT****State: 56.91 S 17/07/2022 PHOENIX****J SUTCLIFFE, A LANYON, G SIMPSON, N WRIGHT**

1	Phoenix Masters Swimming Club	D			57.52	20
	1) Sutcliffe, Joanne W64	2) r:0.32 Simpson, Grant M68	3) r:0.41 Carne, Amanda W55	4) r:0.19 Osborne, Stephen M55		
	r:+0.72 15.27	29.55 (14.28)	44.98 (15.43)	57.52 (12.54)		
2	Phoenix Masters Swimming Club	B			1:05.97	18
	1) Taylor, Dean M59	2) Bertram, Neal M74	3) r:0.25 Taylor, Julie W57	4) McGiffert, Natalie W52		
	r:+0.69 15.34	33.15 (17.81)	49.96 (16.81)	1:05.97 (16.01)		
3	Marion Masters Swimming	D			1:12.91	16
	1) Crowder, George M68	2) Martin, Lindsay W59	3) Roberts, Charles M57	4) r:0.16 Langsford, Sarah W56		
	r:+0.98 18.23	37.79 (19.56)	54.43 (16.64)	1:12.91 (18.48)		
4	Adelaide Masters	A			1:13.17	14
	1) Gunn, Pamela W70	2) r:-0.19 Dean, Jock M76	3) Gallasch, Judith W60	4) r:0.14 Smedley, Mark M64		
		42.63 ( )	1:13.17 (30.54)			
5	Henley Beach Masters	C			1:14.40	12
	1) Walker, Michael M70	2) r:0.67 Dorgan, Kristie W51	3) r:0.37 Sands, Robert M69	4) r:0.85 Impagnatiello, Anna W63		
	17.46	36.25 (18.79)	53.87 (17.62)	1:14.40 (20.53)		
6	Atlantis Masters	D			1:29.89	10
	1) Beames, Leanne W62	2) r:0.92 Ferguson, Robert M64	3) r:-0.04 Lynch, Virginia W66	4) r:0.34 Bland, Tom M75		
	23.15	46.84 (23.69)	1:10.64 (23.80)	1:29.89 (19.25)		
7	Atlantis Masters	F			1:33.33	8
	1) Berry, Helen W67	2) r:0.88 Garrett, Lea W67	3) Garrett, Leigh M68	4) r:0.47 Smith, Ray M76		
	24.61		1:12.11 ( )	1:33.33 (21.22)		

**2024 MSSA Interclub 1 - 19/05/2024****Results****Event 18 Mixed 280-319 100 SC Metre Freestyle Relay****National: 1:00.59 N 29/10/2023 MALVERN MARLINS****L RODGERS, J JEFFREY, P HAWKING, G TUCKER****State: 1:04.47 S 16/07/2023 MARION****R HARDIE, M HEFFERNAN, D WAREING, I YOUNG**

1	Marion Masters Swimming	A			1:07.86	20
	1) Young, Ian M72	2) r:0.42 Carbone, Heather W66	3) Incher, David M75	4) r:0.56 Wareing, Deborah W68		
	15.08	33.71 (18.63)	50.70 (16.99)	1:07.86 (17.16)		
2	Atlantis Masters	C			1:29.92	18
	1) Harris, Robert M78	2) r:0.48 Koudelka, Antonin W76	3) r:0.77 Geelen, Denise W67	4) Ormsby, Robyn W69		
	r:+0.77 19.88	42.64 (22.76)	1:29.92 (47.28)			
3	Henley Beach Masters	B			1:33.44	16
	1) Wilson, Virginia W72	2) Stevens, Carol W74	3) Fuller, Geoff M73	4) r:0.53 Duffy, Kevin M69		
		54.50 ( )	1:33.44 (38.94)			
4	Atlantis Masters	E			1:39.85	14
	1) Calver, Tim M78	2) r:0.95 Nakell, Linda W73	3) r:0.32 Keast, Julie W72	4) Trapnell, Phillip M80		
	22.92	49.27 (26.35)	1:39.85 (50.58)			
5	Noarlunga Masters	A			1:50.32	12
	1) Watson, John M78	2) Armstrong, Margaret W91	3) Muter, Donna W61	4) Cox, John M72		
	26.75	1:50.32 (1:23.57)				

**Event 18 Mixed 320-359 100 SC Metre Freestyle Relay****National: 1:12.04 N 20/05/2022 MIAMI****C SIMPSON, D ROBERTSON, D SALTER, D BOYLSON****State: 1:36.10 S 22/09/2019 NOARLUNGA****ROY DREW, M. ARMSTRONG, WENDY DALLING, BRYAN AXTON**

1	Atlantis Masters	A			1:22.53 S	20
	1) Heffernan, Maryanne W68	2) Ramsay, Tubby M90	3) Page, Joy W82	4) r:0.68 Suskin, Allan M82		
		1:04.16 ( )	1:22.53 (18.37)			